



3G Artificial Turf Pitch (ATP) – footwear requirements

Only **PLASTIC STUDED OR BLADED** footwear is permitted on the 3G surface

- Plastic blades are permitted, but be advised there is an increased risk of injury
- Persons using plastic blades do so **at their own risk**
- Plastic studded footwear is preferred
- Studs can be moulded or plastic/nylon screw ins

NO flat soled shoes, including trainers

NO metal studs, blades or spikes, including metal studs with a plastic base

NO 'Astroboots' (boots with tiny moulded dimples, typically used for hockey)

All footwear **MUST BE CLEAN** prior to stepping on to
the 3G surface

Boot scrubbers are provided in the spectator area and outside the
entrance gate