

2018. Bowling and track and field are the most costly sports offered by SOBC. Through community and private donations SOBC is able to offer all services

continues to grow with 70 bowlers participating in

📨 Boone REMC A Touchstone Energy Cooperative Kix



Thank you to everyone who supports the Boone **REMC** Operation Roundup grant program!



SPECIAL OLYMPICS

PINENTA

BOONE COU

PLAY HARD HAVE FUN



Congratulations to Coach Tom Easterday on his recent retirement from Subaru Of Indiana Automotive. Inc.!

In honor of Coach Easterday, SAI generously donated basketball sports equipment and a Dick's Sporting Goods gift card to SOBC. Coach Easterday coached basketball and softball for many years. He and his wife, Deb, coach our successful track & field and cross country programs.

"Thank you" Coach Easterday!

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ATHLETES AND PARTNERS NEEDED! JOIN THE CLUB!

<u>Club members receive a FREE "Move Band" to wear</u> and track how many steps they take each day!

Athletes and Unified Partners:

- Meet once a week for exercise and/or lessons on a health topic such as stretching, hydration, and nutrition. Information recorded on the Move Bands will be downloaded and tracked. If you already have a fitness band such as a FitBit, you should be able to use your own. Meetings are held in Lebanon and the Whitestown/Zionsville area. You may attend either location.....or both!!
- From time to time, special "challenges" will be organized for additional incentives and interaction with other club members.
- Earn points and incentives during the program that runs continually year round. Earn extra points for attending meetings!!
- Focus on walking and exercising while learning how to eat healthy and live a healthier lifestyle.

Lebanon Meetings

Thursday evenings 6:00 -7:00 beginning January 31 Lebanon Area Boys and Girls Club 403 W Main St.; Lebanon 46052

Zionsville/Whitestown Meetings

Saturday mornings 10:00 – 11:00 beginning February 9 Whitestown Municipal Complex 6210 Veterans Drive; Whitestown 46075

For more information:

- Attend a meeting
- Email <u>soboonecounty@gmail.com</u> with questions
- Refer to Fit Club flyer on the SOBC Facebook page
- Click on the Unified Fitness Club tab at http://soindiana.org/resource-library/



ATHLETE INPUT COUNCIL

SOBC is joining Special Olympics Indiana and other county programs in establishing an Athlete Input Council. (AIP)

The purpose of the AIP is to give athletes a voice in making decisions on how to grow and improve the Special Olympics Indiana program.

The AIC athletes will be recruited and trained and will meet quarterly to consider recommendations to SOBC and Special Olympics Indiana. All AIC recommendations will be considered and AIC members will be provided with a follow-up response.

AIC members are asked to understand that not all recommendations will be accepted.

Julie Daily will be the facilitator of the SOBC AIC. Details and more information will be available in the near future.

WATCH FOR INFORMATION ON THESE EXCITING PROGRAMS COMING TO SOBC IN 2019:

- UNIFIED FITNESS CLUB for athletes and partners
- ATHLETE INPUT COUNCIL Giving athletes a voice in SOBC
- COMPETITIVE SWIMMING PROGRAM Train and prepare for competition at Summer Games
- SOBC TRACK AND FIELD INVITATIONAL
- ATHLETE LEADERSHIP PROGRAM

SPORTS UPDATE!

BASKETBALL

SOBC is proud to introduce our very own 3 on 3 basketball league with 4 teams! There are also 4 traditional basketball teams this season. SOBC provides teams for athletes of all ability levels.

Skills athletes will begin practicing January 24 at the Lebanon Area Boys and Girls Club from 6:00 – 7:00

SWIMMING

A new swimming program will be starting soon! Swimmers will practice and train for Summer Games. Recreational swimming will also be available. Watch for more information.

TRACK & FIELD

Practice will begin Saturday, March 23. Watch for details coming soon. SOBC will be hosting an invitational track meet this season!

CYCLING

Cycling is a spring sport that allows athletes to compete at Summer Games. Athletes may ride standard or modified bikes such as 3-wheeled bikes, and there is also a category for tandem riders.

BECOME A SOBC VOLUNTEER

Volunteer opportunities include coaching, transporting, assisting with fundraising, joining the management team, and more!

To learn more about becoming a Class A Volunteer for Special Olympics, just follow the link below.

http://soindiana.org/class-a_volunteer/

SOBC is a non-profit organization and relies entirely on corporate, civic, and private donations, sponsorships, and fundraising projects. There are no paid coaches or administrators. All donations directly benefit Boone County athletes.

MAKE A DONATION TODAY!

Checks should be payable to:

Special Olympics Boone County P.O. Box 485 Lebanon, IN 46052

CALENDAR

January 14 –	Basketball Games! (Visit SOBC
March 26	website or Facebook for schedules)
January 24	First skills practice for basketball
February 23	Winter Bash!
February 27	SOBC day at El Meson Restaurant!!
March 2	Polar Plunge – Eagle Creek
March 23	First track practice!!
April 26, 27	Athlete Leadership University
May 5	SOBC Cycling Invitational
May 11	Area 8 Track & Field Meet
May 19	SOBC Track & Field Invitational
June 7-9	Summer Games!!
June 19	IHSAA Leadership Conference
July 21	Summer Bash Pool Party
August 11	Summer Bash Pool Party
	Corn Toss tourney
Sept 7	Fall Festival Parade Zionsville
Sept 8	EKS Corn Toss Games
	EKS Cross Country Meet
Sept 14	Bowling begins
	Equestrian Games
Sept 21	EKS Softball Tourney
Sept 28	Unified Bocce Tourney
Oct 13	SOBC Bowling Tourney
Oct 26	State Conference
Nov 2	Area 8 Bowling Tourney
	CMT Meeting/Elections
Nov 9	Basketball Callouts
Dec 7-8	State Bowling Tourney

SOBC SPORTS FACTS

- -- There is no cost to participate in Special Olympics sports
- -- SOBC offers sports year round
- -- Athletes may participate for fun and do not have to play competitively
- -- Sports accommodate all skill levels

DID YOU KNOW????

Many companies and employers have programs for donating to nonprofit organizations like Special Olympics? Does your company have a program?

SOBC received a \$1,000 donation from Allison Transmission through their nonprofit donation program. Employees write an essay about their involvement with a nonprofit, and the company chooses 5 organizations to receive donations. Thank you, Tim Noffke, for all you do as a SOBC volunteer and for nominating SOBC to receive this donation. Thank you Allison Transmission for your generosity.

Someone recently made a private donation to Marion County Special Olympics. When his employer heard about it, the employer matched the donation.

Some companies reward nonprofits by allowing employees to volunteer their time. Once employees meet a required amount of volunteer hours, the employee's nonprofit organization becomes eligible for a donation.

The programs vary from company to company. Please take a moment to learn whether your company has a nonprofit donation program. SOBC can help provide additional information you may need.

2018 SPONSORS and FRIENDS OF SPECIAL OLYMPICS

- Allison Transmission
- Boone County Sheriff's Department
- Centenary United Methodist Church
- Easterday Family Fund/CFBC
- Hometown Insurance, Brownsburg
- Homewood Health Campus, Lebanon
- St. Alphonsus Knights of Columbus
- St. Joseph Knights of Columbus
- Fraternal Order of Eagles, Lebanon
- Resource Recovery of Boone County
- Subaru of Indiana, Inc.

VOLUNTEERS NEEDED!!

SOBC is looking for volunteers to help transport athletes from Lebanon to basketball practices in Whitestown on Saturdays 11:30 – 1:30.

WELCOME NEW CMT MEMBER!

SOBC is pleased to announce that Brenda Flack has joined the Management Team! Thank you, Brenda, for giving SOBC your time and efforts!

SOBC County Management Team 2019 Terri Noffke – County Coordinator Jan Bullington – Asst. County Coordinator David Agarwal – Treasurer Lori Del-Vecchio – Secretary Ryan Hale and Joe Kelley – Athlete Representatives

SOBC CMT Meeting Dates 2019



February 7 March 14 April 11 May 9 June 13 July 11 August 8 September 12

October 10

November 14



Meetings are held at the Hussey-Mayfield Library 250 N. 5th Street Zionsville, IN 46077 6:30 – 8:00 p.m.

ATHLETE LEADERSHIP PROGRAM (ALPS)

ALPS University is held twice a year at Butler University. ALPS trains athletes to serve in leadership roles including:

- Athletes as Coaches
- Global Messenger
- Athletes as Health Messengers
- Athletes as technology Specialists
- and more

Training includes a 2-day course and completing a prescribed practicum during the following months. The athlete completes the course and practicum with the help of a volunteer mentor. ALPS University will be held April 26-27. Watch for more information.



CONTACT US!

soboonecounty@gmail.com



Special Olympics Boone County

http://www.specialolympicsboonecounty.org/

800.488.2043