Sunday	Monday 80		Wednesday	Thursday	S. Friday	Saturday
Quail Park Memory Care RESIDENCES of Visalia Brilliant Senior Living	10:00 Rotation of Residents on Stationary Bikes in Wellness Room 11:45 Lunch Transition 1:00 Manicure Mondays 2:30 Refreshments 4:45 Dinner Transition 6:00 Classic Theme Movie	<ul> <li>10:30 Exercise with Jill via Zoom 11:45 Lunch Transition 1:00 WORDATHON 2:30 Social &amp; Snack 3:15 Music and Movement 4:45 Dinner Transition 6:00 Comedy Theme Movie</li> </ul>	2 10:00 Walking Wednesdays 11:45 Lunch Transition 1:00 Cranium Crunches 2:00 Eldergrow Garden Care 2:30 Social & Snack 3:15 Music and Movement 4:45 Dinner Transition 6:00 Comedy Theme Movie	<ul> <li><b>3</b> 10:30 Exercise with Jill via Zoom 11:45 Lunch Transition 1:00 WORDATHON 2:30 Social &amp; Snack 3:15 Music and Movement 4:45 Dinner Transition 6:00 Family Theme Movie</li> </ul>	<b>4</b> 10:00 Rotation of Residents on Stationary Bikes in Wellness Room 11:45 Lunch Transition 1:00 Nail Care 2:30 Refreshments 4:45 Dinner Transition 6:00 Drama Theme Movie	<b>5</b> 10:00 Word Games 11:45 Lunch Transition 1:00 Art &Crafts 2:30 Social & Snack 4:45 Dinner Transition 6:00 TV-Series theme Movie
10:00 Prayer and Devotional <b>7</b> 11:45 Lunch Transition 1:00 Fun & Games 2:30 Social & Snack 4:45 Dinner Transition 6:00 Documentary	10:00 Rotation of Residents on Stationary Bikes in Wellness Room 11:45 Lunch Transition 1:00 Manicure Mondays 2:30 Refreshments 4:45 Dinner Transition 6:00 Classic Theme Movie	<ul> <li>8 10:30 Exercise with Jill via Zoom 11:45 Lunch Transition 1:00 WORDATHON 2:30 Social &amp; Snack 3:15 Music and Movement 4:45 Dinner Transition 6:00 Comedy Theme Movie</li> </ul>	<ul> <li>9 10:00 Walking Wednesdays 11:45 Lunch Transition 1:00 Cranium Crunches</li> <li>2:30 June Birthday Bash!</li> <li>3:15 Music and Movement</li> <li>4:45 Dinner Transition</li> <li>6:00 Comedy Theme Movie</li> </ul>	<b>10</b> 10:30 Exercise with Jill via Zoom <b>1</b> 11:45 Lunch Transition 1:00 WORDATHON 2:30 Social & Snack 3:15 Music and Movement 4:45 Dinner Transition 6:00 Family Theme Movie	1 10:00 Rotation of Residents on 12 Stationary Bikes in Wellness Room 11:45 Lunch Transition 1:00 Nail Care 2:30 Refreshments 4:45 Dinner Transition 6:00 Drama Theme Movie *Happy World Rose Day!	2 10:00 Word Games 1 11:45 Lunch Transition 1:00 Art &Crafts 2:30 Social & Snack 4:45 Dinner Transition 6:00 TV-Series theme Movie
10:00 Prayer and Devotional 11:45 Lunch Transition 1:00 Fun & Games 2:30 Social & Snack 4:45 Dinner Transition 6:00 Documentary *Happy Birthday to Alois Alzheimer Happy Flag Day! Flag Day (US)	10:00 Rotation of Residents on Stationary Bikes in Wellness Room 11:45 Lunch Transition 1:00 Manicure Mondays 2:30 Refreshments 4:45 Dinner Transition 6:00 Classic Theme Movie *World Wide Day of Giving	<ul> <li>10:30 Exercise with Jill via Zoom</li> <li>11:45 Lunch Transition</li> <li>1:00 WORDATHON</li> <li>2:30 Social &amp; Snack</li> <li>3:15 Music and Movement</li> <li>4:45 Dinner Transition</li> <li>6:00 Comedy Theme Movie</li> </ul>	<ul> <li>6 10:00 Walking Wednesdays 11:45 Lunch Transition 1:00 Cranium Crunches</li> <li>2:00 Eldergrow Garden Care</li> <li>2:30 Social &amp; Snack</li> <li>3:15 Music and Movement</li> <li>4:45 Dinner Transition</li> <li>6:00 Comedy Theme Movie</li> </ul>	<b>17</b> 10:30 Exercise with Jill via Zoom <b>1</b> 11:45 Lunch Transition 1:00 WORDATHON 2:30 Social & Snack 3:15 Music and Movement 4:45 Dinner Transition 6:00 Family Theme Movie	8 10:00 Rotation of Residents on 1 Stationary Bikes in Wellness Room 11:45 Lunch Transition 1:00 Nail Care 2:30 Refreshments 4:45 Dinner Transition 6:00 Drama Theme Movie	10:00 Word Games       2         11:45 Lunch Transition       1:00 Art &Crafts         1:00 Art &Crafts       2:30 Social & Snack         4:45 Dinner Transition       6:00 TV-Series theme Movie         *Spring into Summer       Activities!**         Summer Begins
21 If you would like to set up	10:00 Rotation of Residents on Stationary Bikes in Wellness Room 11:45 Lunch Transition 1:00 Manicure Mondays 2:30 Refreshments 4:45 Dinner Transition 6:00 Classic Theme Movie	<ul> <li>10:30 Exercise with Jill via Zoom</li> <li>11:45 Lunch Transition</li> <li>1:00 WORDATHON</li> <li>2:30 Social &amp; Snack</li> <li>3:15 Music and Movement</li> <li>4:45 Dinner Transition</li> <li>6:00 Comedy Theme Movie</li> </ul>	<ul> <li><b>3</b> 10:00 Walking Wednesdays 11:45 Lunch Transition 1:00 Cranium Crunches</li> <li>2:00 Eldergrow Garden Care</li> <li>2:30 Social &amp; Snack</li> <li>3:15 Music and Movement</li> <li>4:45 Dinner Transition</li> <li>6:00 Comedy Theme Movie</li> </ul>	24 10:30 Exercise with Jill via Zoom 11:45 Lunch Transition 1:00 WORDATHON 2:30 Social & Snack 3:15 Music and Movement 4:45 Dinner Transition 6:00 Family Theme Movie	<ul> <li><b>5</b> 10:00 Rotation of Residents on 20 Stationary Bikes in Wellness Room</li> <li>11:45 Lunch Transition</li> <li>1:00 Nail Care</li> <li>2:30 Refreshments</li> <li>4:45 Dinner Transition</li> <li>6:00 Drama Theme Movie</li> </ul>	
· · ·	10:00 Rotation of Residents on Stationary Bikes in Wellness Room 11:45 Lunch Transition 1:00 Manicure Mondays 2:30 Refreshments 4:45 Dinner Transition 6:00 Classic Theme Movie	<ul> <li>10:30 Exercise with Jill via Zoom</li> <li>11:45 Lunch Transition</li> <li>1:00 WORDATHON</li> <li>2:30 Social &amp; Snack</li> <li>3:15 Music and Movement</li> <li>4:45 Dinner Transition</li> <li>6:00 Comedy Theme Movie</li> </ul>	*Due to COVID 19 P for each activity, so w	recautions, we will not be doi ve can rotate staff with reside ties, we are practicing social	nts in order to incorporate	one-on-one activities. If we
	2000mg					



















