| Sunday  | Monday 80   |  | Wednesday   | Thursday  | S. Friday   | Saturday  |
|---|---|--|---|---|---|---|
| Quail<br>Park<br>Memory Care<br>RESIDENCES<br>of Visalia<br>Brilliant Senior Living   | 10:00 Rotation of Residents on<br>Stationary Bikes in Wellness<br>Room<br>11:45 Lunch Transition<br>1:00 Manicure Mondays<br>2:30 Refreshments<br>4:45 Dinner Transition<br>6:00 Classic Theme Movie                              | <ul> <li>10:30 Exercise with Jill via Zoom<br/>11:45 Lunch Transition<br/>1:00 WORDATHON<br/>2:30 Social &amp; Snack<br/>3:15 Music and Movement<br/>4:45 Dinner Transition<br/>6:00 Comedy Theme Movie</li> </ul>                               | 2 10:00 Walking Wednesdays<br>11:45 Lunch Transition<br>1:00 Cranium Crunches<br>2:00 Eldergrow Garden Care<br>2:30 Social & Snack<br>3:15 Music and Movement<br>4:45 Dinner Transition<br>6:00 Comedy Theme Movie  | <ul> <li><b>3</b> 10:30 Exercise with Jill via Zoom 11:45 Lunch Transition 1:00 WORDATHON 2:30 Social &amp; Snack 3:15 Music and Movement 4:45 Dinner Transition 6:00 Family Theme Movie</li> </ul>     | <b>4</b> 10:00 Rotation of Residents on<br>Stationary Bikes in Wellness<br>Room<br>11:45 Lunch Transition<br>1:00 Nail Care<br>2:30 Refreshments<br>4:45 Dinner Transition<br>6:00 Drama Theme Movie  | <b>5</b> 10:00 Word Games<br>11:45 Lunch Transition<br>1:00 Art &Crafts<br>2:30 Social & Snack<br>4:45 Dinner Transition<br>6:00 TV-Series theme Movie  |
| 10:00 Prayer and Devotional <b>7</b><br>11:45 Lunch Transition<br>1:00 Fun & Games<br>2:30 Social & Snack<br>4:45 Dinner Transition<br>6:00 Documentary   | 10:00 Rotation of Residents on<br>Stationary Bikes in Wellness<br>Room<br>11:45 Lunch Transition<br>1:00 Manicure Mondays<br>2:30 Refreshments<br>4:45 Dinner Transition<br>6:00 Classic Theme Movie                              | <ul> <li>8 10:30 Exercise with Jill via Zoom<br/>11:45 Lunch Transition<br/>1:00 WORDATHON<br/>2:30 Social &amp; Snack<br/>3:15 Music and Movement<br/>4:45 Dinner Transition<br/>6:00 Comedy Theme Movie</li> </ul>                             | <ul> <li>9 10:00 Walking Wednesdays<br/>11:45 Lunch Transition<br/>1:00 Cranium Crunches</li> <li>2:30 June Birthday Bash!</li> <li>3:15 Music and Movement</li> <li>4:45 Dinner Transition</li> <li>6:00 Comedy Theme Movie</li> </ul>   | <b>10</b> 10:30 Exercise with Jill via Zoom <b>1</b> 11:45 Lunch Transition<br>1:00 WORDATHON<br>2:30 Social & Snack<br>3:15 Music and Movement<br>4:45 Dinner Transition<br>6:00 Family Theme Movie    | 1 10:00 Rotation of Residents on 12<br>Stationary Bikes in Wellness<br>Room<br>11:45 Lunch Transition<br>1:00 Nail Care<br>2:30 Refreshments<br>4:45 Dinner Transition<br>6:00 Drama Theme Movie<br>*Happy World Rose Day!                          | 2 10:00 Word Games 1<br>11:45 Lunch Transition<br>1:00 Art &Crafts<br>2:30 Social & Snack<br>4:45 Dinner Transition<br>6:00 TV-Series theme Movie   |
| 10:00 Prayer and Devotional<br>11:45 Lunch Transition<br>1:00 Fun & Games<br>2:30 Social & Snack<br>4:45 Dinner Transition<br>6:00 Documentary<br>*Happy Birthday to Alois<br>Alzheimer<br>Happy Flag Day!<br>Flag Day (US) | 10:00 Rotation of Residents on<br>Stationary Bikes in Wellness<br>Room<br>11:45 Lunch Transition<br>1:00 Manicure Mondays<br>2:30 Refreshments<br>4:45 Dinner Transition<br>6:00 Classic Theme Movie<br>*World Wide Day of Giving | <ul> <li>10:30 Exercise with Jill via Zoom</li> <li>11:45 Lunch Transition</li> <li>1:00 WORDATHON</li> <li>2:30 Social &amp; Snack</li> <li>3:15 Music and Movement</li> <li>4:45 Dinner Transition</li> <li>6:00 Comedy Theme Movie</li> </ul> | <ul> <li>6 10:00 Walking Wednesdays<br/>11:45 Lunch Transition<br/>1:00 Cranium Crunches</li> <li>2:00 Eldergrow Garden Care</li> <li>2:30 Social &amp; Snack</li> <li>3:15 Music and Movement</li> <li>4:45 Dinner Transition</li> <li>6:00 Comedy Theme Movie</li> </ul>        | <b>17</b> 10:30 Exercise with Jill via Zoom <b>1</b><br>11:45 Lunch Transition<br>1:00 WORDATHON<br>2:30 Social & Snack<br>3:15 Music and Movement<br>4:45 Dinner Transition<br>6:00 Family Theme Movie | 8 10:00 Rotation of Residents on 1<br>Stationary Bikes in Wellness<br>Room<br>11:45 Lunch Transition<br>1:00 Nail Care<br>2:30 Refreshments<br>4:45 Dinner Transition<br>6:00 Drama Theme Movie   | 10:00 Word Games       2         11:45 Lunch Transition       1:00 Art &Crafts         1:00 Art &Crafts       2:30 Social & Snack         4:45 Dinner Transition       6:00 TV-Series theme Movie         *Spring into Summer       Activities!**         Summer Begins |
| 21<br>If you would like to set up   | 10:00 Rotation of Residents on<br>Stationary Bikes in Wellness<br>Room<br>11:45 Lunch Transition<br>1:00 Manicure Mondays<br>2:30 Refreshments<br>4:45 Dinner Transition<br>6:00 Classic Theme Movie                              | <ul> <li>10:30 Exercise with Jill via Zoom</li> <li>11:45 Lunch Transition</li> <li>1:00 WORDATHON</li> <li>2:30 Social &amp; Snack</li> <li>3:15 Music and Movement</li> <li>4:45 Dinner Transition</li> <li>6:00 Comedy Theme Movie</li> </ul> | <ul> <li><b>3</b> 10:00 Walking Wednesdays<br/>11:45 Lunch Transition<br/>1:00 Cranium Crunches</li> <li>2:00 Eldergrow Garden Care</li> <li>2:30 Social &amp; Snack</li> <li>3:15 Music and Movement</li> <li>4:45 Dinner Transition</li> <li>6:00 Comedy Theme Movie</li> </ul> | 24 10:30 Exercise with Jill via Zoom<br>11:45 Lunch Transition<br>1:00 WORDATHON<br>2:30 Social & Snack<br>3:15 Music and Movement<br>4:45 Dinner Transition<br>6:00 Family Theme Movie                 | <ul> <li><b>5</b> 10:00 Rotation of Residents on 20 Stationary Bikes in Wellness Room</li> <li>11:45 Lunch Transition</li> <li>1:00 Nail Care</li> <li>2:30 Refreshments</li> <li>4:45 Dinner Transition</li> <li>6:00 Drama Theme Movie</li> </ul> |   |
| · · ·   | 10:00 Rotation of Residents on<br>Stationary Bikes in Wellness<br>Room<br>11:45 Lunch Transition<br>1:00 Manicure Mondays<br>2:30 Refreshments<br>4:45 Dinner Transition<br>6:00 Classic Theme Movie                              | <ul> <li>10:30 Exercise with Jill via Zoom</li> <li>11:45 Lunch Transition</li> <li>1:00 WORDATHON</li> <li>2:30 Social &amp; Snack</li> <li>3:15 Music and Movement</li> <li>4:45 Dinner Transition</li> <li>6:00 Comedy Theme Movie</li> </ul> | *Due to COVID 19 P<br>for each activity, so w   | recautions, we will not be doi<br>ve can rotate staff with reside<br>ties, we are practicing social   | nts in order to incorporate   | one-on-one activities. If we  |
|   | 2000mg  |  |   |   |   |   |



















