Skilled Nursing • Respite Care • Rehabilitation Services

# Happy Birthday!

Best wishes to our residents and staff celebrating birthdays this month.

#### Residents

8/04 Jackie K. Jean E. 8/14 8/16 Rose S.

### **Activity Highlights**

August 13th Zoo Safari

**August 21st Cycling** 

Without Age

August 26th Resident

Council

August 28th Walworth

**County Fair** 



262,642,3995

Christie Leadley, Administrator June Lancour, Director of Nursing Crystal Hart, Activities

f Like Us On Facebook

As a non-profit 501c3 community, we thank you for supporting our mission of service to seniors through tax-deductible donations of cash or useful items. Please call our office.



Wisconsin Illinois SENIOR HOUSING INC.

EastTroyManor.org

WE ACCEPT CREDIT CARDS

# **Facility News**

Our Main Dining Room is being Remodeled. We wanted to Thank Everyone for their Patience and Understanding. We have a Great Team working hard in all the Departments to make this a Smooth Experience for Our Residents.

#### WISH List - For Activities

Our WISH List for the Month of August is for friends and family to come visit us in Our Courtyard. Our Staff from All Departments have been working hard to Create this Amazing Space for our Residents. The Courtyard will still have some finishing touches to come, but it will be Amazing! Come Join us out in the Courtyard for Some Summertime Fun!



## **Short-Term** Therapy **Success Story**

Angie is absolutely incredible! Her kindness and expertise helped my mom make amazing progress. Mom went from needing help to get to her walker to confidently maneuvering on the ramp on her own. Angie not only gave my mom the confidence she needed but also involved my dad, empowering him to support her effectively. We are eternally grateful for the care she provided!

#### **UPCOMING ACTIVITIES**

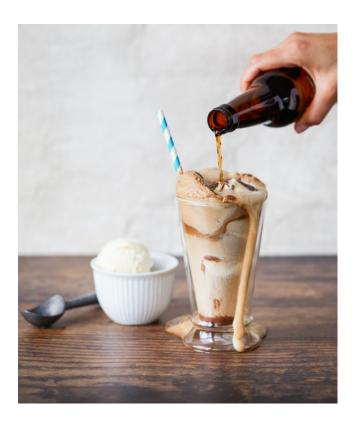
Take me to the Walworth County Fair! The Fair Theme this year is "As the Fair Turns". We will be taking the Residents to the Fair on Thursday, August 28th! Come Join Us!

Zoo Safari is an Adventure for Our Residents, Sign Up Today! Cycling Without Age is a Great Ride, Sign Up Today!

# Sip into Summer – Root Beer Float Day, August 6th

On a hot summer day, few things are as satisfying as a creamy, fizzy root beer float. National Root Beer Float Day on August 6 is the perfect time to enjoy this timeless treat and maybe stir up a few sweet memories too.

The root beer float got its delicious start back in 1893, thanks to Frank J. Wisner of Cripple Creek Brewing in Colorado. Inspired by the snowy peaks of Cow Mountain, he imagined vanilla ice cream floating on top of dark soda—just like the mountaintop against the sky. The very next day, he served up the first "Black Cow Mountain," made with Myers Avenue Red Root Beer and a scoop of vanilla ice cream. It was an instant hit!



#### **Try a Twist on Tradition:**

- Ice Cream Swaps: Use chocolate, butter pecan, or even dairy-free vanilla for a new flavor combo.
- Bubbly Variations: Not a fan of root beer? Try it with cola, orange soda, or cream soda!
- Float Bar Fun: Host a mini float bar with different sodas, toppings, and mix-ins like whipped cream, sprinkles, or maraschino cherries.

Whether you're sharing floats with grandkids, neighbors, or simply enjoying one yourself, take a moment to slow down, sip, and savor the simple joys of summer.

# August 2 is National Coloring Book Day

The perfect reason to slow down and enjoy a creative, art-filled afternoon! Coloring isn't just for kids—it's a joyful activity that helps adults reconnect with fond childhood memories while also offering real benefits. Coloring can reduce stress, ease anxiety, boost creativity, and even improve focus, fine motor skills, and cognitive health. So grab your favorite pencils or markers, and bring today's image to life—one relaxing stroke at a time.

 $Newsletter\ Production\ by\ Porter One Design. com$