



Happy Birthday!

Staff:

Alexis T.	11/6
Tyger F.	11/10
Hannah L.	11/17
Sydney K.	11/20
Carmen O.	11/20
Jacqueline A.	11/30

Residents:

Carol G.	11/1
Maureen H.	11/1
Hollis T.	11/4
Steven L.	11/4
Donna W.	11/6
Carmen O.	11/20
Alan P.	11/26
Judy C.	11/26
Joann S.	11/26
Joanne T.	11/27

Facility News:

Ingleside is proud to welcome our new Human Resources Generalist, Naman Nanda, and our new Director of Nursing, Vicky Thelen. They are both superb additions to our team. If you have not already done so, please stop in and say hi when you are in the building.

Thanks to everyone who participated in Ingleside's dress up week and Halloween costume day. Here are some fun Halloween pics to enjoy!



October 29, 2024 – Wild West Day!



407 North 8th Street, Mount Horeb, WI 53572
608-437-5511

Kevin Lawrence, Administrator
Brynna Ulrich, Admissions,
TBD Activities

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TODAY'S SENIOR LIVING

As a non-profit 501c3 community, we thank you for supporting our mission of service to seniors through tax-deductible donations of cash or useful items. Please call our office.

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Wisconsin Illinois
SENIOR HOUSING INC.

InglesideCommunities.org



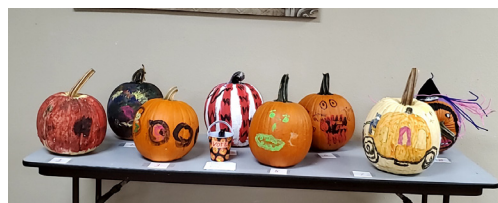
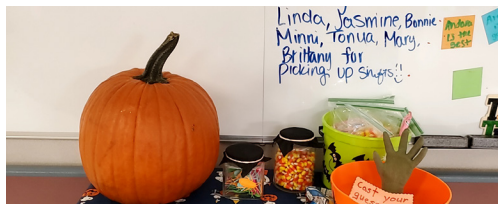
October 31, 2024 – Halloween Costume Day!

Ingleside's Annual Pie Eating Contest

Tom Brown, winner!! But Andora was a close second!



October FUN



Employee of the Month: Tom Brown

Not only one of the employees of the month, but also our reigning pie eating contest winner!

Hi! My name is Tom. I was born in Chicago but grew up in Stoughton, Wi and have lived in Mount Horeb for the last 2 years. I have had a couple of long-term jobs in my life. I was an electrician for about 10 years and then a cable guy for another 10 years.

I have lots of hobbies outside of work, but my favorites are Astrophysics and playing the piano. The expanse of the universe and the unknown are fascinating to me, and I just love playing and writing piano music. I used to teach piano before Covid. I have composed a few songs and am always happy to play whenever, wherever!

I came to Ingleside because I live close by. I have grown to enjoy working here in the maintenance department because I love to help others! Occasionally I will bring in my dog, Xena, to say hi to all of the residents and staff.



Employee of the Month: Marissa Walsh

Our dedicated RN famous for the care she provides and great attitude she brings!

Hi my name is Marissa! I was born in Madison but grew up in Mount Horeb. I have 2 children, Jayden (11), and Jamison (7). Together we love staying active! We like to go hiking, swimming and traveling. We also attend a lot of UW sports events like Volleyball and basketball and nearly everything else. One of the coolest places I have

traveled to was Isla Mujeres in Mexico. I was a teenager at the time and traveled there with my parents. This experience was one of my fondest memories. Some of my personal hobbies include crochet, hiking and attending concerts of all types. I like Rock, Country, Rap, you name it! Around 10 years ago, my little sister had been working at Ingleside and she convinced me to join the team! I have stayed after she left because this place, the residents, have become home to me.



Resident of the Month: Kathleen B.



I was born October 18, 1945, in Milwaukee, Wisconsin. I was the oldest daughter of Don and Eunice C. I had two older brothers, Gary and Lee. My younger sisters were Pattie, Chris and Margaret (Meg). Both my mother and father worked for the Phoenix Hosier Company in Milwaukee, where they met each other. When I was in grade school we moved to West Bend. There my father worked for the West Bend Company in the computer department. My mother had her hands full with her six children. I remember having responsibility for my younger sisters when my mother

needed help.

I had a number of friends in the neighborhood in grade school. I had a special friend, Sue Walters, while we lived in Milwaukee. We remained close friends until she passed away just a few years ago. In West Bend we had a nice house and enjoyed activities like ice skating, sledding, volleyball and bike riding. I enjoyed music, especially classical music, and learned to play the violin. While in high school I was diagnosed with a brain tumor that affected my memory and physical capabilities throughout my entire life.

Probably because this was a medically difficult time for me, I didn't enjoy high school much, so was pleased when I finally graduated in 1963. My dad helped me get a position with the West Bend Company. For a while, I worked in his data processing department. We got along so well, and I enjoyed working with him. He taught me a lot of skills.

Later I got an office position at Amity Leather Products Company in West Bend. I also worked at the VA Hospital in Milwaukee. I met my future husband there. Kim B. had been in the Navy,

and we dated a very short period of time before we were married in 1970. I remember that we had a wonderful honeymoon at Niagara Falls.

Kim and I had four children together. Unfortunately, our first child, Steven, died of sudden infant death syndrome (SIDS). Our twins were born December 11, 1974. John and Sheri were a joy to me throughout their early years. My son, Kenny, was born August 17, 1979. My husband Kim developed a drinking problem and died an early death. My two brothers were my best friends during these challenging years. I moved to the Madison area to be closer to my brothers. I was not able to work but received the care and support I needed while living in Madison and in Whitewater for a period of time.

The damage from my brain tumor in my teenage years continues to make my life difficult with physical and cognitive issues. For many years I was able to live alone in an apartment in Madison, with help from my brothers and my son, John. There were many times that I would fall or have other medical issues requiring me to go to the emergency room or to be hospitalized. When necessary, I would receive rehabilitation services. Ingleside Communities was one of the places I received these services. I lived in the assisted living apartments during these times.

About a year ago, it became necessary for me to move into the nursing care facility at Ingleside. Today, I have the help that I need from the nursing staff at Ingleside and support from my family members, especially my son John.

I am fortunate that my family lives near my home in Mount Horeb. My daughter, Sheri, lives in Monroe with her son Steven. My son, John, lives in Madison. My son, Kenny, lives in Roxbury. Kenny has three children. Emma, Elizabeth and James. I must also mention my cat, Luna, who lives with my son John. She is also an important "family member" to me. John brings her to visit me on occasion.

Candy Canes are Festive and Fun

Candy canes are a favorite holiday treat. Their versatility makes them perfect for all kinds of edible and decorative uses! Plastic versions work great for décor purposes too and can be reused each year!

Here are eight festive ways to use candy canes this season:

1. Enjoy them as a festive treat. Savor the traditional minty flavor or try new fruit flavors.
2. Stir your hot cocoa or coffee with a candy cane to add a touch of minty sweetness to your favorite warm beverages.
3. Attach candy canes to gifts as decorative and edible

embellishments.

4. Create festive holiday decorations. Add them to wreaths, trees or hang them around your house.



5. Incorporate crushed candy canes into your desserts or baking, using them as a crunchy topping for ice cream, brownies, cookies, or cupcakes.

No matter how or which candy canes you enjoy (traditional peppermint, fruit, or cinnamon), they are sure to make your holiday celebrations much more delightful.

A Sweet Tradition: Gingerbread Houses

Looking for something sweet to make your winter season complete? On December 12, bake up some fun on Gingerbread House Day!

Whether it's home-baked, a purchased kit, or made with graham crackers designing a tasty cottage can make for a fun and satisfying day.

Want to involve more friends and family in the fun? Take part in a local gingerbread house competition or hold one of your own! Share a picture of your tasty, architectural creation with friends on social media so everyone can enjoy it! Let your social media family decide the winner by asking them to cast their votes.

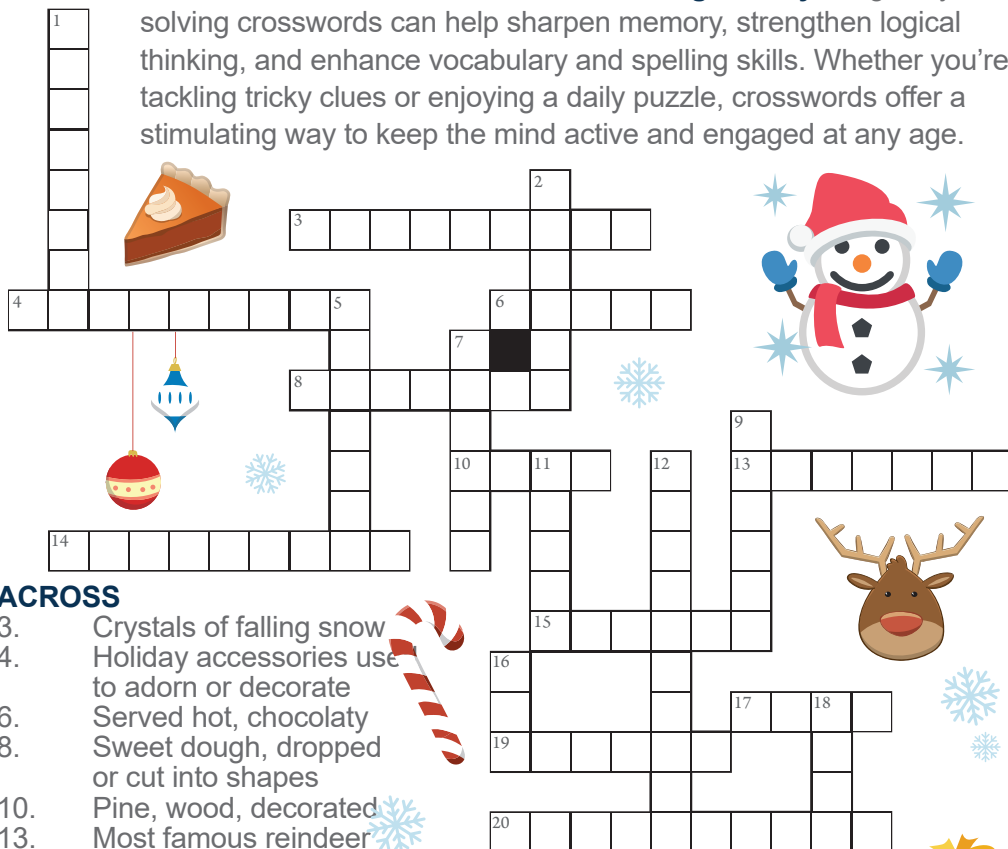
We owe our thanks to the Brothers Grimm for their tale Hansel and Gretel, which prompted the fun idea of a house made of gingerbread.

Fun Tip: Unsure what kind of gingerbread house to make? Try to recreate a local or famous architectural landmark with gingerbread.



Winter-Themed Crossword

December 21 is National Crossword Puzzle Day—a perfect time to celebrate the benefits of this fun and brain-boosting activity! Regularly solving crosswords can help sharpen memory, strengthen logical thinking, and enhance vocabulary and spelling skills. Whether you're tackling tricky clues or enjoying a daily puzzle, crosswords offer a stimulating way to keep the mind active and engaged at any age.



ACROSS

3. Crystals of falling snow
4. Holiday accessories used to adorn or decorate
6. Served hot, chocolaty
8. Sweet dough, dropped or cut into shapes
10. Pine, wood, decorated
13. Most famous reindeer
14. A hard, seasonal confection with a curve at one end (two words, no space)
15. Horse-drawn vehicle for snow
17. Something given, wrapped
19. A drink made of eggs, milk or cream; sugar, liquor is optional
20. A holiday plant with bright scarlet, pink, or white leaves

DOWN

1. 12th month of the year
2. A medley or collection of festive songs, sung aloud in a group
5. Figure of a person made of packed snow
7. Cold season between autumn and spring
9. Circular band of flowers/ foliage hung during the holidays
11. Small humans in folklore, pointed ears
12. Long-established customs that are passed on for generations
16. Circular baked good with a filling of meat or fruit
18. Any persons closely related or that comprise a single unit

Crossword Answers

Flip the page upside down for answers

ACROSS: 3. snowflake, 4. ornaments or trimmings, 6. cocoa, 8. cookies, 10. tree, 13. Rudolph, 14. candycane, 15. sleigh, 17. gift, 19. eggnog, 20. poinsettia
DOWN: 1. December, 2. carols, 5. snowman, 7. winter, 9. wreath, 11. elves, 12. traditions, 16. pie, 18. family

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make someone's
tomorrow



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