



Happy Birthday!

Staff:

Tiffany S.
Maddie G.
Gudelia T.
Gail B.
Karen G.
Andrea S.
Jessica O.
Delaney S.

Residents:

Paul D.
Barbara K.
Susan H.



Walk to End Alzheimer's

Our facility is honored to have caring staff who work hard to care for our amazing residents with dementia and Alzheimer's each and every day. We are walking to honor those staff, residents, and families, both current and past, who we have had the honor of caring for and working with.

We need your help to end this devastating disease. You can make an impact with a donation or even joining our team. To do that and to learn more, scan the QR code!

Activity Highlights

I'm no electrician but I can light up your day! July was hot and rainy, but that didn't stop us from having a great time! Coco our volunteer puppy that comes and visits us. She came with so much energy and left sleeping. We really know how to tire a dog out. We tried a couple new activities, Music Bingo, Soccer with pool noodles, Bible Study and FISHING!!!! Fishing is our first outing in a long time and well overdue. But all were so much fun that we are planning it again for this month! We are also signing up to walk for Alzheimer's! Staff and residents will be there walking! If you would like to join us scan the QR code and or you can make a donation as well! You can also stay updated with all the fun activities that we post about on our Facebook page! Thanks for read, but I gotta go, I'm afraid for the calendar, its days are numbered.



407 North 8th Street, Mount Horeb, WI 53572
608-437-5511

Matthew Paszcak, Administrator

Sean Barningham, Activities

Like Us On Facebook

TODAY'S SENIOR LIVING

As a non-profit 501c3 community, we thank you for supporting our mission of service to seniors through tax-deductible donations of cash or useful items. Please call our office.

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Wisconsin Illinois
SENIOR HOUSING INC.

InglesideCommunities.org

Attention Families & Residents

Next Dental Visit: TBD

Next Eye Care Visit: TBD

Next Podiatry Visit: TBD

Next Audiology Visit: TBD

Ingleside Communities

Check out our Facebook & Instagram by scanning the QR Code



Wish List

Check out our Amazon Wish List! If you would like to donate, just scan the QR Code, add to cart, and ship to:

Sean Barningham
407 N. 8th Street
Mount Horeb, WI 53572.



Job Postings

Under each of these departments, you will see some amazing career opportunities that are open **RIGHT NOW!** You can find all this on our website under careers.

- CBRF
- Dietary
- General and Administrative
- Housekeeping
- Nursing
- Occupational Therapy

Activity Photos ...continued



Laundry Reminder:

If you purchase clothing for a loved one, it is especially important that laundry staff labels the clothing with the resident's name. **PLEASE** bag the added items up and put a tag on it to be labeled with the resident's name. Give the bag to the receptionist and she will place it in the bin. Any questions, please ask a staff member.

Activity Photos ...continued



Long Live the King: Celebrating Elvis Presley


There's only one King of Rock 'n' Roll—and his music still gets toes tapping decades later.

Born on January 8, 1935, Elvis Presley changed the world of music with his unforgettable voice, signature style, and undeniable charm.


Blending rockabilly, gospel, rhythm & blues, and country, Elvis created a sound all his own. From soulful ballads like "Can't Help Falling in Love" to the high-energy "Jailhouse Rock," his songs could make you swoon—or get up and dance. With his famous hip-shaking moves and movie-star good looks, he quickly became a cultural icon.

Elvis Week, held each August around the anniversary of his passing, is a time to celebrate his life, music, and legacy. Whether you're a lifelong

fan or just discovering his hits, here are a few fun ways to join in the celebration:

 **Sing Along or Karaoke** featuring fan favorites like:

- Hound Dog
- Suspicious Minds
- Love Me Tender
- Blue Suede Shoes

 **Movie Night** with popcorn and enjoy a classic like:

- Jailhouse Rock
- Viva Las Vegas
- Blue Hawaii

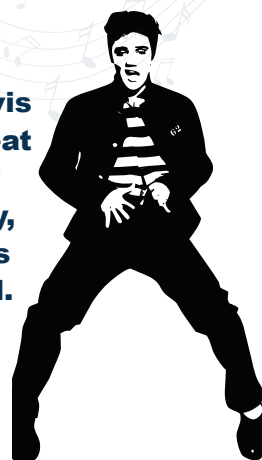
 **Test Your Elvis Trivia**

- What was Elvis's middle name?
- What year did he serve in the U.S. Army?
- What's the name of his famous home?

 **Share Your Memories**

- What was the first Elvis song you remember hearing?
- Did you ever see him on TV or in person?
- Which Elvis song still makes you want to dance?

However you choose to celebrate, Elvis Week is a great time to honor the music, joy, and memories he left behind. The King may be gone, but his spirit rocks on.



Corissa (Therapy Director)

There's a sign in my office that reads: "Be fearless in the pursuit of what sets your soul on fire." It's the first thing I see when I sit down at my desk and the last reminder I take with me as I walk out the door each day.

That simple quote is more than just décor—it's a daily motivator that shapes how I show up for my team. Supporting our incredible therapy department is not just part of my role; it's a calling. I'm committed to helping our therapists thrive so they, in turn, can help our residents achieve the highest level of independence and quality of life possible.

There's nothing more rewarding than watching a resident reach a goal—whether it's taking their first independent steps again, returning home, or simply gaining the strength to do what they love. Their progress is our purpose. And at the heart of it all is the belief that when we work with passion and fearlessness, we don't just meet expectations—we ignite potential, one success story at a time.

Quote of the Month

Top Secret (Resident)

"Don't be afraid to fail"

We learn best from our mistakes, so don't be afraid to fail at something. Challenge yourself every day and improve! I have set goals in my life that I was afraid to try because I have never been in that situation. But I stepped out of my comfort zone and went for it. Best decision of my life because I was able to move forward with my career and succeed with my goals!

Sip into Summer – Root Beer Float Day, August 6th

On a hot summer day, few things are as satisfying as a creamy, fizzy root beer float. National Root Beer Float Day on August 6 is the perfect time to enjoy this timeless treat and maybe stir up a few sweet memories too.

The root beer float got its delicious start back in 1893, thanks to Frank J. Wisner of Cripple Creek Brewing in Colorado. Inspired by the snowy peaks of Cow Mountain, he imagined vanilla ice cream floating on top of dark soda—just like the mountaintop against the sky. The very next day, he served up the first “Black Cow Mountain,” made with Myers Avenue Red Root Beer and a scoop of vanilla ice cream. It was an instant hit!

Try a Twist on Tradition:

- **Ice Cream Swaps:** Use chocolate, butter pecan, or even dairy-free vanilla for a new flavor combo.
- **Bubbly Variations:** Not a fan of root beer? Try it with cola, orange soda, or cream soda!
- **Float Bar Fun:** Host a mini float bar with different sodas, toppings, and mix-ins like whipped cream, sprinkles, or maraschino cherries.

Whether you're sharing floats with grandkids, neighbors, or simply enjoying one yourself, take a moment to slow down, sip, and savor the simple joys of summer.



August 2 is National Coloring Book Day

The perfect reason to slow down and enjoy a creative, art-filled afternoon! Coloring isn't just for kids—it's a joyful activity that helps adults reconnect with fond childhood memories while also offering real benefits. Coloring can reduce stress, ease anxiety, boost creativity, and even improve focus, fine motor skills, and cognitive health. So grab your favorite pencils or markers, and bring today's image to life—one relaxing stroke at a time.

