

CONNECTIONS



FULL SENIOR CARE: REHAB THERAPY, SENIOR CARE & ASSISTED LIVING NEWSLETTER | AUGUST 2025

Long Live the King: Celebrating Elvis Presley

There's only one King of Rock 'n' Roll—and his music still gets toes tapping decades later.

Born on January 8, 1935, Elvis Presley changed the world of music with his unforgettable voice, signature style, and undeniable charm.

Blending rockabilly, gospel, rhythm & blues, and country, Elvis created a sound all his own. From soulful ballads like "Can't Help Falling in Love" to the high-energy "Jailhouse Rock," his songs could make you swoon—or get up and dance. With his famous hip-shaking moves and movie-star good looks, he quickly became a cultural icon.


Elvis Week, held each August around the anniversary of his passing, is a time to celebrate his life, music, and legacy. Whether you're a lifelong

fan or just discovering his hits, here are a few fun ways to join in the celebration:

Sing Along or Karaoke

featuring fan favorites like:

- Hound Dog
- Suspicious Minds
- Love Me Tender
- Blue Suede Shoes

 **Movie Night** with popcorn and enjoy a classic like:

- Jailhouse Rock
- Viva Las Vegas
- Blue Hawaii

Test Your Elvis Trivia

- What was Elvis's middle name?
- What year did he serve in the U.S. Army?
- What's the name of his famous home?

Share Your Memories

- What was the first Elvis song you remember hearing?
- Did you ever see him on TV or in person?
- Which Elvis song still makes you want to dance?

However you choose to celebrate, Elvis Week is a great time to honor the music, joy, and memories he left behind. The King may be gone, but his spirit rocks on.



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Letter From The Administrator

Dear Residents, Families, and Friends,

Mark your calendars! The City of Montello is celebrating its 175th anniversary this summer, and Montello Care Center is proud to be part of the celebration. We will be sponsoring the event and joining in the fun on Saturday, August 9th, with a special float in the parade to highlight a milestone of our own: 2025 marks 50 years of caring and serving our community with compassionate senior care close to home in Marquette County. We're just getting started on ideas, but we'll be sure to include plenty of heart, history and hometown pride.

The following week, we'll keep our 50th anniversary celebration going with our annual Family Picnic on Saturday, August 16th. Jim Houdek, our activities director, and our dietary department are already working together to make this a special event with fun activities, food and drink. Invitations will be going out soon. Please call us by August 6th to RSVP so we can plan accordingly.

We're thankful to share special moments with all of you — our residents, families and staff — who make Montello Care Center feel like home. Here's to a season of memories, community and connection!

Sip into Summer – Root Beer Float Day, August 6th

On a hot summer day, few things are as satisfying as a creamy, fizzy root beer float. National Root Beer Float Day on August 6 is the perfect time to enjoy this timeless treat and maybe stir up a few sweet memories too.

The root beer float got its delicious start back in 1893, thanks to Frank J. Wisner of Cripple Creek Brewing in Colorado. Inspired by the snowy peaks of Cow Mountain, he imagined vanilla ice cream floating on top of dark soda—just like the mountaintop against the sky. The very next day, he served up the first “Black Cow Mountain,” made with Myers Avenue Red Root Beer and a scoop of vanilla ice cream. It was an instant hit!

Try a Twist on Tradition:

- **Ice Cream Swaps:** Use chocolate, butter pecan, or even dairy-free vanilla for a new flavor combo.
- **Bubbly Variations:** Not a fan of root beer? Try it with cola, orange soda, or cream soda!
- **Float Bar Fun:** Host a mini float bar with different sodas, toppings, and mix-ins like whipped cream, sprinkles, or maraschino cherries.

Whether you're sharing floats with grandkids, neighbors, or simply enjoying one yourself, take a moment to slow down, sip, and savor the simple joys of summer.



August 2 is National Coloring Book Day

The perfect reason to slow down and enjoy a creative, art-filled afternoon! Coloring isn't just for kids—it's a joyful activity that helps adults reconnect with fond childhood memories while also offering real benefits. Coloring can reduce stress, ease anxiety, boost creativity, and even improve focus, fine motor skills, and cognitive health. So grab your favorite pencils or markers, and bring today's image to life—one relaxing stroke at a time.

