

# The Wellington News

AUGUST  
2025

Assisted Living • Respite Care Services

## Happy Birthday

*Best wishes to our residents and staff  
celebrating birthdays this month.*

### Residents

Anola B.

Carolyn S.

## Upcoming Events:

We look forward to our Country/Western themed picnic!

Our planned outings in August are to the West Bend German Fest  
and to Kelley's Creamery

## Photo Highlights

### WISH List

We are raising money for the Alzheimer's Association with the sale of beautiful planter wands and horseshoe suncatchers. We invite you to join staff for the Washington County Walk to End Alzheimer's at Regner Park, West Bend, in September. If you would like to donate but not walk, that would be great as well.



## Wellington Place at Hartford

615 Hilldale Drive, Hartford, WI 53027  
262.673.3544

Monica Rakowski, Administrator

 Like Us On Facebook

As a non-profit 501c3 community, we  
thank you for supporting our mission of  
service to seniors through tax-deductible  
donations of cash or useful items.

Please call our office.



**Wisconsin Illinois**  
SENIOR HOUSING INC.

[WellingtonPlaceHartford.org](http://WellingtonPlaceHartford.org)

WE ACCEPT CREDIT CARDS

# Sip into Summer – Root Beer Float Day, August 6th

On a hot summer day, few things are as satisfying as a creamy, fizzy root beer float. National Root Beer Float Day on August 6 is the perfect time to enjoy this timeless treat and maybe stir up a few sweet memories too.

The root beer float got its delicious start back in 1893, thanks to Frank J. Wisner of Cripple Creek Brewing in Colorado. Inspired by the snowy peaks of Cow Mountain, he imagined vanilla ice cream floating on top of dark soda—just like the mountaintop against the sky. The very next day, he served up the first “Black Cow Mountain,” made with Myers Avenue Red Root Beer and a scoop of vanilla ice cream. It was an instant hit!



## Try a Twist on Tradition:

- **Ice Cream Swaps:** Use chocolate, butter pecan, or even dairy-free vanilla for a new flavor combo.
- **Bubbly Variations:** Not a fan of root beer? Try it with cola, orange soda, or cream soda!
- **Float Bar Fun:** Host a mini float bar with different sodas, toppings, and mix-ins like whipped cream, sprinkles, or maraschino cherries.

Whether you're sharing floats with grandkids, neighbors, or simply enjoying one yourself, take a moment to slow down, sip, and savor the simple joys of summer.

## August 2 is National Coloring Book Day

The perfect reason to slow down and enjoy a creative, art-filled afternoon! Coloring isn't just for kids—it's a joyful activity that helps adults reconnect with fond childhood memories while also offering real benefits. Coloring can reduce stress, ease anxiety, boost creativity, and even improve focus, fine motor skills, and cognitive health. So grab your favorite pencils or markers, and bring today's image to life—one relaxing stroke at a time.

# WiCAL

Wisconsin Center for Assisted Living

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