# The Wellington News

Assisted Living • Respite Care Services

## Happy Birthday

Best wishes to our residents and staff celebrating birthdays this month.

#### Residents

 Carol J.
 8/2

 Skip G.
 8/26

 Marlys Z.
 8/29

#### **WISH List**

- Cooler on wheels for outdoor activities
- Historical Framed art of Wausau and Rib Mountain
- Laundry baskets
- Twin sized sheets
- Wash clothes
- Countertop hot dog warmer

# Wellington Place at Rib Mountain

149500 County Rd. NN Wausau, WI 54401 715.842.5000 <u>Elizabeth Grubb, Administrator</u>

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As a non-profit 501c3 community, we thank you for supporting our mission of service to seniors through tax-deductible donations of cash or useful items.

Please call our office.



Wisconsin Illinois SENIOR HOUSING INC.

WellingtonPlaceRibMountain.org

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# **Summer Fun at Wellington Place!**



Summer is in full swing here at Wellington Place at Rib Mountain, and our residents are soaking up every sunny moment! The warm weather has brought everyone outside to enjoy our beautiful patio — whether it's for morning coffee, afternoon chats, or simply relaxing in the fresh air, there's always a reason to gather and enjoy the season.



We're making the most of the sunshine with outdoor activities every week! From games and gardening to music and ice cream socials, there's always something fun happening outside for everyone to enjoy.

Our 4th of July celebration was a big hit! We had a wonderful turnout, with so many families joining us for an evening full of fun, laughter, and community spirit. The snacks were delicious, the fireworks lit up the night sky, and the joy on everyone's faces said it all. Thank you to all who came and made it such a memorable holiday!

Here's to more sunshine, smiles, and special moments this summer!



#### **Visitation Guidelines**

We're happy to welcome visitors! Just a quick request: with flu season and illness going around, please monitor your health before visiting. If you're feeling unwell, we kindly ask that you stay home to help keep everyone safe and healthy. Thanks so much for your understanding!

# Celebrating Progress in Therapy!

We're so proud of the incredible progress our residents are making through physical and occupational therapy here at Wellington Place at Rib Mountain. Their hard work and determination are truly inspiring!

Some of our residents are now standing for over three minutes — a major milestone, especially for those who haven't stood up in years. These achievements are not just physical victories, but emotional ones too, bringing renewed confidence, independence, and joy.

Our therapy team continues to support and encourage each resident's individual goals, and the results speak for themselves. Every small step forward is a big reason to celebrate!

### Upcoming Events

August 6th 9:30am – Bible Study with Greater Wausau Christian Services in Chapel

August 13th 1pm – Music with Bradley in dining room

Augsut 21st 3:30pm - Home Health 101 with Compassus in the activity room

August 27th 5pm – Music with Kristin



Wisconsin Center for Assisted Living

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# **More Summer Fun Highlights**





