

BRINGING **QUALITY CARE** TO YOU
HOME HEALTH CARE SERVING CENTRAL WISCONSIN



Staff Birthdays

Jodi E. Jan. 23rd
Kristin B. Feb. 25th

Staff Anniversary

Brenda S. PT
1 year • Jan. 6th

Upcoming Events

Look out for Motivational Mondays, Wisdom Wednesdays, and Fun Fridays on TAH-Central Facebook Page!

January, staff will be participating in National Trivia Day on January 2nd via TEXT message game! Also in January, staff will be celebrating National Popcorn Day on the 19th, National Compliment Day on 24th and National “Fun at Work” day on the 27th!

In February, it is National Wear Red Day on the 3rd for Heart Disease Awareness, National Pizza Day on the 9th, Mardi Gras on the 21st, National Margarita Day on the 22nd and National Chili Day on the 23rd – and you can bet we are going to be celebrating all of them at Central TAH!



Staff at Transitions at Home Central enjoyed belling ringing for the Salvation Army in December!

December was the time for giving! TAH Central held a Linen Drive for Assisted Living Facilities in Need as well as an adopt-a-resident for the holidays for Our House- Wisconsin Rapids, Rosemore Village in Wild Rose, Kinder Care-Green Lake, and Residents on Forest Lane in Montello.



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Transitions At Health is a non-profit 501c3 Wisconsin Illinois Senior Housing Inc. agency. Tax deductible financial and item donations are always appreciated and can be placed by calling our administrator. Thank you for supporting our mission and community.

www.TransitionsHealth.org

Transitions At Home accepts Medicare, Medicaid, private pay and other insurances. Please call us for details.

NEW YEAR'S RESOLUTIONS

THINGS TO DO BETTER: NEW SKILLS TO LEARN

Bite-Size Kernels of Popcorn Facts

Did you know...

- Americans consume approximately 13 billion quarts of popcorn a year. More than any country in the world!
- The word "corn" in Old English meant "grain." When Native Americans introduced their most common grain (maize) to the early Europeans, the early Europeans called it "corn."
- Charles Cretors, the inventor of the steam popping machine, is the reason popcorn is as popular as it is today in the United States.
- Glen W. Dickson was the first person to put in the effort and expense of placing popcorn machines inside his theaters. It was an instant and affordable hit! Other movie houses quickly added the profitable snack soon after.

If you love popcorn, National Popcorn Day on January 19 is the day to grab your friends, pop your favorite kind (regular, extra butter, or kettle) and celebrate!

CMS REVIEWS

P.T.s Danielle and Brenda Have Helped Immensely For Us Understand The Benefits Of The Exercises They Have Recommended, And To Keep Us Motivated To Exercise Everyday. We Enjoy Their Visits Very Much. – Joseph H.

Please thank them all. – Barbara I.

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Staff from Transitions helped spread some Holiday Cheer at Residences on Forest Lane with some Holiday Door Decorating.

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