

# Glenwood Place Calendar

# JANUARY 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>DOCTOR DAYS TUESDAYS</b> West of ANDRESEN Road. Salmon Creek, Hazel Dell, Downtown Vancouver &amp; the VA.</p> <p><b>THURSDAYS</b> East of ANDRESEN Road. 87<sup>th</sup> Ave, Cascade Park, Fisher's Landing, Orchards Mall</p>	<p><b>All outings are highlighted in YELLOW.</b></p> <p><b>Sign up for these events at the front desk. If bus is full, please add your name to the waiting list</b></p>	<p>Glenwood Place 5500 NE 82nd Ave. Vancouver, WA 98662 (360) 892-1100</p> <p><b>Email Activities</b> <a href="mailto:navdienko@glenwoodplace.net">navdienko@glenwoodplace.net</a></p>	<p>9:00 Rhythm Reaction Fitness (SG) <b>1</b></p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby)</p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Open Cribbage (CR)</p> <p><b>1:00 Shopping at Fred Meyer</b></p> <p><b>2:00 Rose Bowl on the Big Screen - Ducks vs. Badgers. Pizza &amp; Soda Provided!!! (P)</b></p> <p>5:45 Rummy Q (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>2</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p><b>11:00 History Talks with John Griffin (Tht)</b></p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag C &amp; D (SG)</p> <p>1:00 Five Crowns Game (TL)</p> <p>1:00 Open Pool (SP)</p> <p><b>1:00 Activity Calendar Forum with Nick (Tht)</b></p> <p>2:30 Glentucky Derby Horse Races (Tht)</p> <p>3:00 Tai-Chi (P)</p> <p>4:30 Linda on Piano (DR)</p> <p><b>4:45 Supper Outing to Cameo Cafe. RSVP. Limited Seating</b></p>	<p>9:00 Sit To Be Fit (SG) <b>3</b></p> <p><b>9:30 Shopping at Winco, Walgreens, Dollar Tree, Target, and Safeway</b></p> <p>10:00 Chair Massage Therapy - \$20 (ECU)</p> <p><b>10:30 Brain Games (Tht)</b></p> <p>10:30 Beanbag A &amp; B (SG)</p> <p><b>12:30 Bus to Vanc Mall RSVP</b></p> <p>1:00 Glenwood Choir (Tht)</p> <p>1:00 Wii Bowling (SG)</p> <p><b>2:30 Happy Hour with Monte Watters (DR)</b></p> <p><b>6:00 No Friday Movie (Tht)</b></p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>4</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p><b>10:30 Saturday Morning with Madeline (SG)</b></p> <p>11:00 Sewing Lady - Mending and hemming at a reasonable rate (MR)</p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p>1:00 Symphony Saturday - Yuja Wang performs Schubert and Schumann (Tht)</p> <p>2:30 BINGO (DR)</p> <p><b>6:00 No Saturday Night Movie (Tht)</b></p>
<p>8:20 Bus to Columbia Presbyterian <b>5</b></p> <p>8:20 Bus to St Joseph's. RSVP</p> <p>8:20 Bus to St. Paul Lutheran</p> <p>9:00 Bus to Immanuel Lutheran</p> <p>9:20 Bus to First Presbyterian</p> <p>9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht)</p> <p>1:00 Open Scrabble (P)</p> <p>1:00 Sunday Movie - "McFarland, USA" (2015) PG 2h 9min (Tht)</p> <p>1:30 Open Hand in Foot Card Game (CR)</p> <p>2:00 Episcopal Communion (ECU)</p> <p>3:00 First Christian Church Service (DR)</p> <p>3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge)</p> <p>5:45 Rummy Q in the Lofts (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>6</b></p> <p><b>9:30 Casino Outing to Ilani Casino - RSVP Bring \$</b></p> <p>9:30 Sit to be Fit in the Lofts (Lofts Lobby)</p> <p>9:30 Threading Needles (AR)</p> <p>10:30 "People and Stories" Reading Group (LLB)</p> <p>10:30 Computer Lab - Bring your laptop, phone, or tablet and get your questions answered. (COMP)</p> <p>12:30 Blood Pressures Reading for Plaza residents (P)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Monday Movie - "Cinema Paradiso" (1988) FOREIGN FILM - RATED R 2h 35min (Tht)</p> <p>1:00 Open Bridge (CR)</p> <p>1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p>3:00 Tai-Chi (P)</p> <p>5:45 Bunco with Vicki. RSVP with Vicki (P)</p> <p>6:30 Bible Study (ECU)</p> <p>6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>7</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:00 Glenwood Theater Rehearsal (Tht)</p> <p><b>10:00 NEW - Kitchen Tours. RSVP at the Front Desk. Meet in the Lobby (LL)</b></p> <p>10:30 Beach Ball Toss (in the Sky Gym)</p> <p>1:00 Beanbag Teams B &amp; D (SG)</p> <p>1:00 Farkle with Vicki (P)</p> <p>1:00 Open Pool (SP)</p> <p>1:00 Watercolor with Becky (AR)</p> <p><b>2:00 NEW - Kitchen Tours. RSVP at the Front Desk. Meet in the Lobby (LL)</b></p> <p>2:30 BINGO (DR)</p> <p>3:00 Happy Hour with William Spilette (P)</p> <p>6:00 Rock Painting (AR)</p> <p>6:30 Hymn Sing-A-Long (P)</p> <p>7:00 Open Poker (CR)</p>	<p>8:00 Pedicures with Dawn - Cost is \$25, pay her. Sign up at the front desk for a time slot. (AR) <b>8</b></p> <p>9:00 Rhythm Reaction Fitness (SG)</p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby)</p> <p>9:30 Veteran's Group (Tht)</p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Language Club - Want to Learn Sign Language? One of our residents will be teaching! (COMP)</p> <p>1:00 Open Cribbage (CR)</p> <p><b>1:00 Red Hat Ladies - Tea &amp; Movie (Tht)</b></p> <p><b>1:00 Shopping at Fred Meyer</b></p> <p>5:45 Rummy Q (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>9</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p><b>10:30 Health Talks with Sabrina (Tht)</b></p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag Baseball Teams C &amp; D (SG)</p> <p>1:00 Open Pool (SP)</p> <p><b>1:00 Po-Ke-No Card Game with Vicki (TL)</b></p> <p><b>2:30 Bingo Auction - Bring Your Bingo Bucks to Bid on Some Great Prizes (In the Dining Room)</b></p> <p>3:00 Tai-Chi - Moving for Better Balance (P)</p> <p>4:30 Linda on Piano (DR)</p> <p><b>4:30 Supper Outing to The Hammond Kitchen &amp; Craft Bar in Camas. RSVP</b></p>	<p>9:00 Sit To Be Fit (SG) <b>10</b></p> <p><b>9:30 Shopping trip: - Walmart, Trader Joe's, Fred Meyer (RSVP at the front desk.)</b></p> <p>10:00 Alzheimer's and Dementia Caregiver Support Group (Tht)</p> <p>10:00 Chair Massage Therapy - Sign up at the Front Desk. \$20 (ECU)</p> <p>10:30 Beanbag Teams A &amp; B (SG)</p> <p>11:15 Grief Support Group (Tht)</p> <p><b>12:30 Bus to Vanc Mall RSVP</b></p> <p><b>12:30 Glenwood Choir (Tht)</b></p> <p>1:00 Wii Bowling (SG)</p> <p><b>1:30 Residents Association Meeting (DR)</b></p> <p>2:30 Happy Hour with Karen Overton (DR)</p> <p>6:00 No Friday Movie</p> <p><b>7:00 Performance - The Dynamic Duo of Reno and Cindy Hollar. Great dancing music and songs (DR)</b></p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>11</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p>10:30 Saturday Morning with Madeline (SG)</p> <p><b>1:00 All the World's a Zoo (Tht)</b></p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p><b>2:00 Encore Performance - More Music with Reno and Cindy Hollar (DR)</b></p> <p>6:00 Saturday Night Movie - "Downton Abbey" (2019) PG 2h 2min (Tht)</p>
<p>8:20 Bus to Columbia Presbyterian <b>12</b></p> <p>8:20 Bus to St Joseph's. RSVP</p> <p>8:20 Bus to St. Paul Lutheran</p> <p>9:00 Bus to Immanuel Lutheran</p> <p>9:20 Bus to First Presbyterian</p> <p>9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht)</p> <p>1:00 Open Scrabble (P)</p> <p>1:00 Sunday Movie - "Larger Than Life" (1996) PG 1h 33min (Tht)</p> <p>1:30 Open Hand in Foot Card Game (CR)</p> <p>3:00 Open Boggle (Cue Room)</p> <p>5:45 Rummy Q (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>13</b></p> <p>9:30 Sit to be Fit (Lofts Lobby)</p> <p>9:30 Threading Needles (AR)</p> <p>10:30 Music Therapy with Dan (Tht)</p> <p><b>10:45 Lunch Outing to Red Lobster. RSVP</b></p> <p>12:30 Blood Pressures (P)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Monday Movie - "The Two Popes" (2019) PG-13 2h 5min (Tht)</p> <p>1:00 Open Bridge (CR)</p> <p>1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p><b>1:30 Outing to Local Thrift Stores. RSVP</b></p> <p>2:00 Bulletin Board Crafters - (AR)</p> <p>3:00 Tai-Chi (P)</p> <p>6:30 Bible Study (ECU)</p> <p>6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>14</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p><b>10:00 Glenwood Theater Open House - Come join the Acting Group! (Tht)</b></p> <p>10:30 Beach Ball Toss (in the Sky Gym)</p> <p>1:00 Beanbag Baseball Teams B &amp; D (SG)</p> <p>1:00 Open Pool (SP)</p> <p>2:30 BINGO (DR)</p> <p>3:00 Happy Hour with Pianist Diome Alcomendac (P)</p> <p>6:00 Rock Painting (AR)</p> <p>6:30 Hymn Sing-A-Long (P)</p> <p>7:00 Open Poker (CR)</p>	<p>7:30 Women &amp; Men's Breakfast! Free. (7:30 - 8:30) (BQ) <b>15</b></p> <p>9:00 Rhythm Reaction (SG)</p> <p>9:30 "Sit to be Fit" (Lofts Lobby)</p> <p>9:30 Veteran's Group (Tht)</p> <p>10:30 Beanbag Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Open Cribbage (CR)</p> <p><b>1:00 Shopping at Fred Meyer</b></p> <p><b>2:30 Let's Play Jeopardy! (Tht)</b></p> <p>5:45 Rummy Q (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>16</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:30 Book Club hosted by Cynthia (ECU)</p> <p>11:00 History Talks with John Griffin (Tht)</p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag Teams C &amp; D (SG)</p> <p>1:00 5 Crowns Card Game (TL)</p> <p>1:00 Open Pool (SP)</p> <p><b>2:30 Glentucky Derby Horse Racing - Store is open! Bring your Derby Bucks (Tht)</b></p> <p>3:00 Tai-Chi (P)</p> <p>4:30 Linda on Piano (DR)</p> <p><b>4:30 Supper Outing to Patrick's Hawaiian Cafe. RSVP</b></p>	<p>9:00 Sit To Be Fit (SG) <b>17</b></p> <p><b>9:30 Shopping at Winco, Walgreens, Dollar Tree, Target, and Safeway</b></p> <p>10:00 Alzheimer's and Dementia Support Group (Tht)</p> <p>10:00 Chair Massage Therapy - \$20 (ECU)</p> <p>10:30 Beanbag Teams A &amp; B (SG)</p> <p><b>10:30 Headlines and Donuts (TL)</b></p> <p>11:15 Grief Support Group (Tht)</p> <p><b>12:30 Bus to Vanc Mall RSVP</b></p> <p>1:00 Glenwood Choir (Tht)</p> <p>1:00 Wii Bowling (SG)</p> <p>2:30 Happy Hour Mike Hart (DR)</p> <p>6:00 Friday Night Movie - "The Report" (2019) RATED R 1h 59min (Tht)</p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>18</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p>10:30 Saturday Morning with Madeline (SG)</p> <p>11:00 Sewing Lady - Mending and hemming at a reasonable rate (MR)</p> <p><b>1:00 Mystery Drive with Carroll. RSVP</b></p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p>1:00 Symphony Saturday - Rachmaninov, Piano Concerto No. 2 in C minor - Yuja Wang, Yuri Temirkanov (Tht)</p> <p>2:30 BINGO (DR)</p> <p>6:00 Saturday Night Movie - "Seven Brides for Seven Brothers" (1954) G 1h 42min (Tht)</p>

<p>8:20 Bus to Columbia Presbyterian <b>19</b></p> <p>8:20 Bus to St Joseph's. RSVP 8:20 Bus to St. Paul Lutheran 9:00 Bus to Immanuel Lutheran 9:20 Bus to First Presbyterian 9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht) 11:00 Cherie The Card Lady (LL) 1:00 Open Scrabble (P) 1:00 Sunday Movie - "Operation Dumbo Drop" (1995) PG 1h 47min (Tht) 1:30 Open Hand in Foot Card Game (CR) 2:00 Episcopal Communion (ECU) 3:00 Columbia Christian Church (DR) 3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge) 5:45 Rummy Q in the Lofts (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>20</b></p> <p>9:30 Sit to be Fit in the Lofts (Lofts Lobby)</p> <p><b>9:30 Tour of Pendleton Weaving Mill in Washougal. Limited Seating. Free</b></p> <p>9:30 Threading Needles (AR) 12:30 Blood Pressures Reading for Plaza residents (P) 1:00 Aqua Fitness (Pool Room) 1:00 Monday Movie - "Annie" (1982) PG 2h 7min (Tht) 1:00 Open Bridge (CR) 1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p><b>1:00 Tour of Pendleton Weaving Mill in Washougal. Limited Seating Free.</b></p> <p><b>2:00 Photo Fun with Rebecca! Bring your Camera or Smartphone and let's take photos! (Computer Lab)</b></p> <p>3:00 Tai-Chi - Moving for Better Balance (P) 6:30 Bible Study (ECU) 6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>21</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) 10:00 Glenwood Theater Rehearsal (Tht) 10:30 Beach Ball Toss (in the Sky Gym) 11:30 Free Eyeglass Clinic - eyeglass cleaning and adjustments (LL) 1:00 Beanbag Baseball Teams B &amp; D (SG) 1:00 Farkle with Vicki (P) 1:00 Open Pool (SP) 2:30 BINGO (DR) 3:00 Happy Hour with Stan Lasley (P) 6:30 Hymn Sing-A-Long (P) 7:00 Open Poker (CR)</p> <p><b>7:00 Beanbag Baseball Banquet – Fried Chicken Dinner, drinks, and the award ceremony. Limited to one guest. RSVP. (DR)</b></p>	<p>9:00 Rhythm Reaction Fitness (SG) <b>22</b></p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby) 9:30 Veteran's Group (Tht) 10:30 Beanbag Baseball Teams A &amp; C (SG) 11:30 Jerlean on Piano (DR) 12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby) 1:00 Aqua Fitness (Pool Room) 1:00 Open Cribbage (CR) <b>1:00 Shopping at Fred Meyer</b> <b>2:30 Readings with Nick - Come listen to humorous stories from various popular authors (Tht)</b> 5:45 Rummy Q in the Lofts (Lofts Lobby) 6:30 Bridge (CR) 6:30 Open Pinochle Card Game (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>23</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) <b>10:30 Health Talks with Sabrina (Tht)</b> 12:30 Blood Pressure Reading for Terrace Residents (TL) 1:00 Beanbag Baseball Teams C &amp; D (SG) 1:00 Open Pool (SP) <b>1:00 Po-Ke-No Card Game with Vicki (TL)</b> 2:00 Life Goes On Support Group - with St. Luke's Episcopal Church (ECU) 2:30 BINGO (DR) 3:00 Tai-Chi - Moving for Better Balance (P) 4:30 Linda on Piano (DR) <b>4:30 Supper Outing to Golden City Restaurant. RSVP</b></p>	<p>9:00 Sit To Be Fit (SG) <b>24</b></p> <p><b>9:30 Shopping trip: - Walmart, Trader Joe's, Fred Meyer (RSVP at the front desk.)</b></p> <p>10:00 Chair Massage Therapy - Sign up at the Front Desk. \$20 (ECU) <b>10:30 Ted Talks (Tht)</b> 10:30 Beanbag Baseball Teams A &amp; B (SG) 12:30 Bus to Vancouver Mall. RSVP 1:00 Glenwood Choir (Tht) 1:00 Wii Bowling (SG) <b>2:30 Come Celebrate Chinese New Year with Shelly Voight (DR)</b> 6:00 Friday Night Movie - "Born Free" (1966) PG 1h 35min (Tht)</p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>25</b></p> <p>10:30 Open Chess &amp; Checkers (CR) 10:30 Saturday Morning with Madeline (SG) <b>1:00 5 Minute Mysteries - Entertaining stumpers will sharpen your powers of observation and test your deductive skills (Tht)</b> 1:00 Open Billiards (Cue Room 3rd Floor Lodge) <b>1:30 Outing to the Vancouver Symphony (Admission \$40)</b> 2:30 BINGO (DR) 6:00 Saturday Night Movie - "For Me and My Gal" (1942) 1h 44min (Tht)</p>
<p>8:20 Bus to Columbia Presbyterian <b>26</b></p> <p>8:20 Bus to St Joseph's. RSVP 8:20 Bus to St. Paul Lutheran 9:00 Bus to Immanuel Lutheran 9:20 Bus to First Presbyterian 9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht) 1:00 Open Scrabble (P) 1:00 Sunday Movie - "The Wild Country" (1970) G 1h 40min (Tht) 1:30 Open Hand in Foot Card Game (CR) 3:00 Hymns &amp; Devotions with Ron &amp; Donna (DR) 3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge) 5:45 Rummy Q in the Lofts (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>27</b></p> <p>9:30 Sit to be Fit in the Lofts (Lofts Lobby) 9:30 Threading Needles (AR) <b>10:30 Lunch Outing to Kitchen Table Cafe. RSVP</b></p> <p>10:30 Music Therapy with Dan - Join us for sing alongs and play instruments. (Tht) 12:30 Blood Pressures Reading for Plaza residents (P) 1:00 Aqua Fitness (Pool Room) 1:00 Monday Movie - "The Book Thief" (2013) PG-13 2h 11min (Tht) 1:00 Open Bridge (CR) 1:00 Open Farkle (Cue Room 3rd Floor Lodge) 2:00 Bulletin Board Crafters - come help decorate the bulletin boards with Rebecca! (AR) 3:00 Tai-Chi - Moving for Better Balance (P) 6:30 Bible Study (ECU) 6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>28</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) 10:00 Glenwood Theater Rehearsal (Tht) 10:30 Beach Ball Toss (in the Sky Gym) 1:00 Beanbag Baseball Teams B &amp; D (SG) 1:00 Open Pool (SP) 1:30 Classical Club with Terry. Must do if you are a music lover! (Tht) 2:30 BINGO (DR) 3:00 Happy Hour with Vladimir on Violin (P) 6:30 Hymn Sing-A-Long (P) <b>7:00 Bingo After Dark</b> 7:00 Open Poker (CR)</p>	<p>9:00 Rhythm Reaction Fitness (SG) <b>29</b></p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby) 9:30 Veteran's Group (Tht) <b>10:00 Outing to Fort Vancouver High School for their Community Love Lunch. Free. RSVP</b></p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG) 11:30 Jerlean on Piano (DR) 12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby) 1:00 Aqua Fitness (Pool Room) 1:00 Open Cribbage (CR) <b>1:00 Shopping at Fred Meyer</b> <b>2:30 Brain Games (Tht)</b> 4:00 Linda on Piano (DR) <b>4:00 Lodge Birthday Dinner - RSVP at the Front Desk (DR)</b> 5:45 Rummy Q in the Lofts (Lofts Lobby) 6:30 Bridge (CR) 6:30 Open Pinochle Card Game (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>30</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) <b>10:30 Film Appreciation with Nick - Come explore the aesthetics of cinema, the concepts behind storytelling and various elements of a film (Tht)</b> 12:30 Blood Pressure Reading for Terrace Residents (TL) 1:00 Beanbag Baseball Teams C &amp; D (SG) 1:00 Open Pool (SP) 2:30 BINGO (DR) 3:00 Tai-Chi - Moving for Better Balance (P) <b>4:00 Birthday Dinner for the Plaza, Terrace and Lofts (DR)</b> 4:30 Linda on Piano (DR)</p>	<p>9:00 Sit To Be Fit (SG) <b>31</b></p> <p><b>9:30 Shopping at Winco, Walgreens, Dollar Tree, Target, and Safeway</b></p> <p>10:00 Alzheimer's and Dementia Caregiver Support Group (Tht) 10:00 Chair Massage Therapy - Sign up at the Front Desk. \$20 (ECU) 10:30 Beanbag Baseball Teams A &amp; B (SG) 11:15 Grief Support Group (Tht) <b>12:30 Bus to Vancouver Mall. RSVP</b> <b>1:00 Glenwood Choir (Tht)</b> 1:00 Wii Bowling (SG) 2:30 Happy Hour with Emmy Horowitz (DR) 6:00 Friday Night Movie - "Armstrong" (2019) DOCUMENTARY 1h 40min (Tht)</p>	

## Room Key

(AR) = Activity Room	(AR) = Activity Room 2nd Floor Lodge	(BQ) = Buffet Dining Room	(CR) = Card Room, 3rd Floor Lodge	(COMP) = Computer Room	(CY) = Courtyard	(Cue) = Cue Room, 3rd Floor Lodge
(DR) = Dining Room	(ECU) = ECU Activity Room	(Lbal) = Lodge Balcony 2nd Floor	(Lbal) = Lodge Balcony, 2nd Floor	(DR) = Lodge Dining Room	(LG) = Lodge Gardens	(LLB) = Lodge Library
(LL) = Lodge Lobby	(MR) = Mailroom	(P) = Plaza Community Room	(P) = Plaza Community Room, 2nd floor	(PG) = Plaza Garage	(PP) = Pool Patio	(SP) = Pool Room, Lodge
(SG) = Sky Gym	(SR) = Spa Room, 2nd floor Lodge	(TP) = Terrace Front Patio	(TL) = Terrace Lobby	(TP) = Terrace Lobby/Front Patio Area	(Tht) = Theater	



# Glenwood Place Calendar

# JANUARY 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>DOCTOR DAYS TUESDAYS</b> West of ANDRESEN Road. Salmon Creek, Hazel Dell, Downtown Vancouver &amp; the VA.</p> <p><b>THURSDAYS</b> East of ANDRESEN Road. 87<sup>th</sup> Ave, Cascade Park, Fisher's Landing, Orchards Mall</p>	<p><b>All outings are highlighted in YELLOW.</b></p> <p><b>Sign up for these events at the front desk. If bus is full, please add your name to the waiting list</b></p>	<p>Glenwood Place 5500 NE 82nd Ave. Vancouver, WA 98662 (360) 892-1100</p> <p><b>Email Activities</b> <a href="mailto:navdienko@glenwoodplace.net">navdienko@glenwoodplace.net</a></p>	<p>9:00 Rhythm Reaction Fitness (SG) <b>1</b></p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby)</p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Open Cribbage (CR)</p> <p><b>1:00 Shopping at Fred Meyer</b></p> <p><b>2:00 Rose Bowl on the Big Screen - Ducks vs. Badgers. Pizza &amp; Soda Provided!!! (P)</b></p> <p>5:45 Rummy Q (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>2</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p><b>11:00 History Talks with John Griffin (Th)</b></p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag C &amp; D (SG)</p> <p>1:00 Five Crowns Game (TL)</p> <p>1:00 Open Pool (SP)</p> <p><b>1:00 Activity Calendar Forum with Nick (Th)</b></p> <p>2:30 Glentucky Derby Horse Races (Th)</p> <p>3:00 Tai-Chi (P)</p> <p>4:30 Linda on Piano (DR)</p> <p><b>4:45 Supper Outing to Cameo Cafe. RSVP. Limited Seating</b></p>	<p>9:00 Sit To Be Fit (SG) <b>3</b></p> <p><b>9:30 Shopping at Winco, Walgreens, Dollar Tree, Target, and Safeway</b></p> <p>10:00 Chair Massage Therapy - \$20 (ECU)</p> <p><b>10:30 Brain Games (Th)</b></p> <p>10:30 Beanbag A &amp; B (SG)</p> <p><b>12:30 Bus to Vanc Mall RSVP</b></p> <p>1:00 Glenwood Choir (Th)</p> <p>1:00 Wii Bowling (SG)</p> <p><b>2:30 Happy Hour with Monte Watters (DR)</b></p> <p><b>6:00 No Friday Movie (Th)</b></p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>4</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p><b>10:30 Saturday Morning with Madeline (SG)</b></p> <p>11:00 Sewing Lady - Mending and hemming at a reasonable rate (MR)</p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p>1:00 Symphony Saturday - Yuja Wang performs Schubert and Schumann (Th)</p> <p>2:30 BINGO (DR)</p> <p><b>6:00 No Saturday Night Movie (Th)</b></p>
<p>8:20 Bus to Columbia Presbyterian <b>5</b></p> <p>8:20 Bus to St Joseph's. RSVP</p> <p>8:20 Bus to St. Paul Lutheran</p> <p>9:00 Bus to Immanuel Lutheran</p> <p>9:20 Bus to First Presbyterian</p> <p>9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Th)</p> <p>1:00 Open Scrabble (P)</p> <p>1:00 Sunday Movie - "McFarland, USA" (2015) PG 2h 9min (Th)</p> <p>1:30 Open Hand in Foot Card Game (CR)</p> <p>2:00 Episcopal Communion (ECU)</p> <p>3:00 First Christian Church Service (DR)</p> <p>3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge)</p> <p>5:45 Rummy Q in the Lofts (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>6</b></p> <p><b>9:30 Casino Outing to Ilani Casino - RSVP Bring \$</b></p> <p>9:30 Sit to be Fit in the Lofts (Lofts Lobby)</p> <p>9:30 Threading Needles (AR)</p> <p>10:30 "People and Stories" Reading Group (LLB)</p> <p>10:30 Computer Lab - Bring your laptop, phone, or tablet and get your questions answered. (COMP)</p> <p>12:30 Blood Pressures Reading for Plaza residents (P)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Monday Movie - "Cinema Paradiso" (1988) FOREIGN FILM - RATED R 2h 35min (Th)</p> <p>1:00 Open Bridge (CR)</p> <p>1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p>3:00 Tai-Chi (P)</p> <p>5:45 Bunco with Vicki. RSVP with Vicki (P)</p> <p>6:30 Bible Study (ECU)</p> <p>6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>7</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:00 Glenwood Theater Rehearsal (Th)</p> <p><b>10:00 NEW - Kitchen Tours. RSVP at the Front Desk. Meet in the Lobby (LL)</b></p> <p>10:30 Beach Ball Toss (in the Sky Gym)</p> <p>1:00 Beanbag Teams B &amp; D (SG)</p> <p>1:00 Farkle with Vicki (P)</p> <p>1:00 Open Pool (SP)</p> <p>1:00 Watercolor with Becky (AR)</p> <p><b>2:00 NEW - Kitchen Tours. RSVP at the Front Desk. Meet in the Lobby (LL)</b></p> <p>2:30 BINGO (DR)</p> <p>3:00 Happy Hour with William Spilette (P)</p> <p>6:00 Rock Painting (AR)</p> <p>6:30 Hymn Sing-A-Long (P)</p> <p>7:00 Open Poker (CR)</p>	<p>8:00 Pedicures with Dawn - Cost is \$25, pay her. Sign up at the front desk for a time slot. (AR) <b>8</b></p> <p>9:00 Rhythm Reaction Fitness (SG)</p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby)</p> <p>9:30 Veteran's Group (Th)</p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Language Club - Want to Learn Sign Language? One of our residents will be teaching! (COMP)</p> <p>1:00 Open Cribbage (CR)</p> <p><b>1:00 Red Hat Ladies - Tea &amp; Movie (Th)</b></p> <p><b>1:00 Shopping at Fred Meyer</b></p> <p>5:45 Rummy Q (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>9</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p><b>10:30 Health Talks with Sabrina (Th)</b></p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag Baseball Teams C &amp; D (SG)</p> <p>1:00 Open Pool (SP)</p> <p><b>1:00 Po-Ke-No Card Game with Vicki (TL)</b></p> <p><b>2:30 Bingo Auction - Bring Your Bingo Bucks to Bid on Some Great Prizes (In the Dining Room)</b></p> <p>3:00 Tai-Chi - Moving for Better Balance (P)</p> <p>4:30 Linda on Piano (DR)</p> <p><b>4:30 Supper Outing to The Hammond Kitchen &amp; Craft Bar in Camas. RSVP</b></p>	<p>9:00 Sit To Be Fit (SG) <b>10</b></p> <p><b>9:30 Shopping trip: - Walmart, Trader Joe's, Fred Meyer (RSVP at the front desk.)</b></p> <p>10:00 Alzheimer's and Dementia Caregiver Support Group (Th)</p> <p>10:00 Chair Massage Therapy - Sign up at the Front Desk. \$20 (ECU)</p> <p>10:30 Beanbag Teams A &amp; B (SG)</p> <p>11:15 Grief Support Group (Th)</p> <p><b>12:30 Bus to Vanc Mall RSVP</b></p> <p><b>12:30 Glenwood Choir (Th)</b></p> <p>1:00 Wii Bowling (SG)</p> <p><b>1:30 Residents Association Meeting (DR)</b></p> <p>2:30 Happy Hour with Karen Overton (DR)</p> <p>6:00 No Friday Movie</p> <p><b>7:00 Performance - The Dynamic Duo of Reno and Cindy Hollar. Great dancing music and songs (DR)</b></p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>11</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p>10:30 Saturday Morning with Madeline (SG)</p> <p><b>1:00 All the World's a Zoo (Th)</b></p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p><b>2:00 Encore Performance - More Music with Reno and Cindy Hollar (DR)</b></p> <p>6:00 Saturday Night Movie - "Downton Abbey" (2019) PG 2h 2min (Th)</p>
<p>8:20 Bus to Columbia Presbyterian <b>12</b></p> <p>8:20 Bus to St Joseph's. RSVP</p> <p>8:20 Bus to St. Paul Lutheran</p> <p>9:00 Bus to Immanuel Lutheran</p> <p>9:20 Bus to First Presbyterian</p> <p>9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Th)</p> <p>1:00 Open Scrabble (P)</p> <p>1:00 Sunday Movie - "Larger Than Life" (1996) PG 1h 33min (Th)</p> <p>1:30 Open Hand in Foot Card Game (CR)</p> <p>3:00 Open Boggle (Cue Room)</p> <p>5:45 Rummy Q (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>13</b></p> <p>9:30 Sit to be Fit (Lofts Lobby)</p> <p>9:30 Threading Needles (AR)</p> <p>10:30 Music Therapy with Dan (Th)</p> <p><b>10:45 Lunch Outing to Red Lobster. RSVP</b></p> <p>12:30 Blood Pressures (P)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Monday Movie - "The Two Popes" (2019) PG-13 2h 5min (Th)</p> <p>1:00 Open Bridge (CR)</p> <p>1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p><b>1:30 Outing to Local Thrift Stores. RSVP</b></p> <p>2:00 Bulletin Board Crafters - (AR)</p> <p>3:00 Tai-Chi (P)</p> <p>6:30 Bible Study (ECU)</p> <p>6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>14</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p><b>10:00 Glenwood Theater Open House - Come join the Acting Group! (Th)</b></p> <p>10:30 Beach Ball Toss (in the Sky Gym)</p> <p>1:00 Beanbag Baseball Teams B &amp; D (SG)</p> <p>1:00 Open Pool (SP)</p> <p>2:30 BINGO (DR)</p> <p>3:00 Happy Hour with Pianist Diome Alcomendac (P)</p> <p>6:00 Rock Painting (AR)</p> <p>6:30 Hymn Sing-A-Long (P)</p> <p>7:00 Open Poker (CR)</p>	<p>7:30 Women &amp; Men's Breakfast! Free. (7:30 - 8:30) (BQ) <b>15</b></p> <p>9:00 Rhythm Reaction (SG)</p> <p>9:30 "Sit to be Fit" (Lofts Lobby)</p> <p>9:30 Veteran's Group (Th)</p> <p>10:30 Beanbag Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Open Cribbage (CR)</p> <p><b>1:00 Shopping at Fred Meyer</b></p> <p><b>2:30 Let's Play Jeopardy! (Th)</b></p> <p>5:45 Rummy Q (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>16</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:30 Book Club hosted by Cynthia (ECU)</p> <p>11:00 History Talks with John Griffin (Th)</p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag Teams C &amp; D (SG)</p> <p>1:00 5 Crowns Card Game (TL)</p> <p>1:00 Open Pool (SP)</p> <p><b>2:30 Glentucky Derby Horse Racing - Store is open! Bring your Derby Bucks (Th)</b></p> <p>3:00 Tai-Chi (P)</p> <p>4:30 Linda on Piano (DR)</p> <p><b>4:30 Supper Outing to Patrick's Hawaiian Cafe. RSVP</b></p>	<p>9:00 Sit To Be Fit (SG) <b>17</b></p> <p><b>9:30 Shopping at Winco, Walgreens, Dollar Tree, Target, and Safeway</b></p> <p>10:00 Alzheimer's and Dementia Support Group (Th)</p> <p>10:00 Chair Massage Therapy - \$20 (ECU)</p> <p>10:30 Beanbag Teams A &amp; B (SG)</p> <p><b>10:30 Headlines and Donuts (TL)</b></p> <p>11:15 Grief Support Group (Th)</p> <p><b>12:30 Bus to Vanc Mall RSVP</b></p> <p>1:00 Glenwood Choir (Th)</p> <p>1:00 Wii Bowling (SG)</p> <p>2:30 Happy Hour Mike Hart (DR)</p> <p>6:00 Friday Night Movie - "The Report" (2019) RATED R 1h 59min (Th)</p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>18</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p>10:30 Saturday Morning with Madeline (SG)</p> <p>11:00 Sewing Lady - Mending and hemming at a reasonable rate (MR)</p> <p><b>1:00 Mystery Drive with Carroll. RSVP</b></p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p>1:00 Symphony Saturday - Rachmaninov, Piano Concerto No. 2 in C minor - Yuja Wang, Yuri Temirkanov (Th)</p> <p>2:30 BINGO (DR)</p> <p>6:00 Saturday Night Movie - "Seven Brides for Seven Brothers" (1954) G 1h 42min (Th)</p>

<p>8:20 Bus to Columbia Presbyterian <b>19</b></p> <p>8:20 Bus to St Joseph's. RSVP 8:20 Bus to St. Paul Lutheran 9:00 Bus to Immanuel Lutheran 9:20 Bus to First Presbyterian 9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht) 11:00 Cherie The Card Lady (LL) 1:00 Open Scrabble (P) 1:00 Sunday Movie - "Operation Dumbo Drop" (1995) PG 1h 47min (Tht) 1:30 Open Hand in Foot Card Game (CR) 2:00 Episcopal Communion (ECU) 3:00 Columbia Christian Church (DR) 3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge) 5:45 Rummy Q in the Lofts (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>20</b></p> <p>9:30 Sit to be Fit in the Lofts (Lofts Lobby)</p> <p><b>9:30 Tour of Pendleton Weaving Mill in Washougal. Limited Seating. Free</b></p> <p>9:30 Threading Needles (AR) 12:30 Blood Pressures Reading for Plaza residents (P) 1:00 Aqua Fitness (Pool Room) 1:00 Monday Movie - "Annie" (1982) PG 2h 7min (Tht) 1:00 Open Bridge (CR) 1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p><b>1:00 Tour of Pendleton Weaving Mill in Washougal. Limited Seating Free.</b></p> <p><b>2:00 Photo Fun with Rebecca! Bring your Camera or Smartphone and let's take photos! (Computer Lab)</b></p> <p>3:00 Tai-Chi - Moving for Better Balance (P) 6:30 Bible Study (ECU) 6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>21</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) 10:00 Glenwood Theater Rehearsal (Tht) 10:30 Beach Ball Toss (in the Sky Gym) 11:30 Free Eyeglass Clinic - eyeglass cleaning and adjustments (LL) 1:00 Beanbag Baseball Teams B &amp; D (SG) 1:00 Farkle with Vicki (P) 1:00 Open Pool (SP) 2:30 BINGO (DR) 3:00 Happy Hour with Stan Lasley (P) 6:30 Hymn Sing-A-Long (P) 7:00 Open Poker (CR)</p> <p><b>7:00 Beanbag Baseball Banquet – Fried Chicken Dinner, drinks, and the award ceremony. Limited to one guest. RSVP. (DR)</b></p>	<p>9:00 Rhythm Reaction Fitness (SG) <b>22</b></p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby) 9:30 Veteran's Group (Tht) 10:30 Beanbag Baseball Teams A &amp; C (SG) 11:30 Jerlean on Piano (DR) 12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby) 1:00 Aqua Fitness (Pool Room) 1:00 Open Cribbage (CR) <b>1:00 Shopping at Fred Meyer</b> <b>2:30 Readings with Nick - Come listen to humorous stories from various popular authors (Tht)</b> 5:45 Rummy Q in the Lofts (Lofts Lobby) 6:30 Bridge (CR) 6:30 Open Pinochle Card Game (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>23</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG)</p> <p><b>10:30 Health Talks with Sabrina (Tht)</b></p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL) 1:00 Beanbag Baseball Teams C &amp; D (SG) 1:00 Open Pool (SP) <b>1:00 Po-Ke-No Card Game with Vicki (TL)</b> 2:00 Life Goes On Support Group - with St. Luke's Episcopal Church (ECU) 2:30 BINGO (DR) 3:00 Tai-Chi - Moving for Better Balance (P) 4:30 Linda on Piano (DR) <b>4:30 Supper Outing to Golden City Restaurant. RSVP</b></p>	<p>9:00 Sit To Be Fit (SG) <b>24</b></p> <p><b>9:30 Shopping trip: - Walmart, Trader Joe's, Fred Meyer (RSVP at the front desk.)</b></p> <p>10:00 Chair Massage Therapy - Sign up at the Front Desk. \$20 (ECU) <b>10:30 Ted Talks (Tht)</b> 10:30 Beanbag Baseball Teams A &amp; B (SG) 12:30 Bus to Vancouver Mall. RSVP 1:00 Glenwood Choir (Tht) 1:00 Wii Bowling (SG) <b>2:30 Come Celebrate Chinese New Year with Shelly Voight (DR)</b> 6:00 Friday Night Movie - "Born Free" (1966) PG 1h 35min (Tht)</p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>25</b></p> <p>10:30 Open Chess &amp; Checkers (CR) 10:30 Saturday Morning with Madeline (SG) <b>1:00 5 Minute Mysteries - Entertaining stumpers will sharpen your powers of observation and test your deductive skills (Tht)</b> 1:00 Open Billiards (Cue Room 3rd Floor Lodge) <b>1:30 Outing to the Vancouver Symphony (Admission \$40)</b> 2:30 BINGO (DR) 6:00 Saturday Night Movie - "For Me and My Gal" (1942) 1h 44min (Tht)</p>
<p>8:20 Bus to Columbia Presbyterian <b>26</b></p> <p>8:20 Bus to St Joseph's. RSVP 8:20 Bus to St. Paul Lutheran 9:00 Bus to Immanuel Lutheran 9:20 Bus to First Presbyterian 9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht) 1:00 Open Scrabble (P) 1:00 Sunday Movie - "The Wild Country" (1970) G 1h 40min (Tht) 1:30 Open Hand in Foot Card Game (CR) 3:00 Hymns &amp; Devotions with Ron &amp; Donna (DR) 3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge) 5:45 Rummy Q in the Lofts (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>27</b></p> <p>9:30 Sit to be Fit in the Lofts (Lofts Lobby) 9:30 Threading Needles (AR)</p> <p><b>10:30 Lunch Outing to Kitchen Table Cafe. RSVP</b></p> <p>10:30 Music Therapy with Dan - Join us for sing alongs and play instruments. (Tht) 12:30 Blood Pressures Reading for Plaza residents (P) 1:00 Aqua Fitness (Pool Room) 1:00 Monday Movie - "The Book Thief" (2013) PG-13 2h 11min (Tht) 1:00 Open Bridge (CR) 1:00 Open Farkle (Cue Room 3rd Floor Lodge) 2:00 Bulletin Board Crafters - come help decorate the bulletin boards with Rebecca! (AR) 3:00 Tai-Chi - Moving for Better Balance (P) 6:30 Bible Study (ECU) 6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>28</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) 10:00 Glenwood Theater Rehearsal (Tht) 10:30 Beach Ball Toss (in the Sky Gym) 1:00 Beanbag Baseball Teams B &amp; D (SG) 1:00 Open Pool (SP) 1:30 Classical Club with Terry. Must do if you are a music lover! (Tht) 2:30 BINGO (DR) 3:00 Happy Hour with Vladimir on Violin (P) 6:30 Hymn Sing-A-Long (P) <b>7:00 Bingo After Dark</b> 7:00 Open Poker (CR)</p>	<p>9:00 Rhythm Reaction Fitness (SG) <b>29</b></p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby) 9:30 Veteran's Group (Tht)</p> <p><b>10:00 Outing to Fort Vancouver High School for their Community Love Lunch. Free. RSVP</b></p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG) 11:30 Jerlean on Piano (DR) 12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby) 1:00 Aqua Fitness (Pool Room) 1:00 Open Cribbage (CR) <b>1:00 Shopping at Fred Meyer</b> <b>2:30 Brain Games (Tht)</b> 4:00 Linda on Piano (DR) <b>4:00 Lodge Birthday Dinner - RSVP at the Front Desk (DR)</b> 5:45 Rummy Q in the Lofts (Lofts Lobby) 6:30 Bridge (CR) 6:30 Open Pinochle Card Game (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>30</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG)</p> <p><b>10:30 Film Appreciation with Nick - Come explore the aesthetics of cinema, the concepts behind storytelling and various elements of a film (Tht)</b></p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL) 1:00 Beanbag Baseball Teams C &amp; D (SG) 1:00 Open Pool (SP) 2:30 BINGO (DR) 3:00 Tai-Chi - Moving for Better Balance (P) <b>4:00 Birthday Dinner for the Plaza, Terrace and Lofts (DR)</b> 4:30 Linda on Piano (DR)</p>	<p>9:00 Sit To Be Fit (SG) <b>31</b></p> <p><b>9:30 Shopping at Winco, Walgreens, Dollar Tree, Target, and Safeway</b></p> <p>10:00 Alzheimer's and Dementia Caregiver Support Group (Tht) 10:00 Chair Massage Therapy - Sign up at the Front Desk. \$20 (ECU) 10:30 Beanbag Baseball Teams A &amp; B (SG) 11:15 Grief Support Group (Tht) <b>12:30 Bus to Vancouver Mall. RSVP</b> <b>1:00 Glenwood Choir (Tht)</b> 1:00 Wii Bowling (SG) 2:30 Happy Hour with Emmy Horowitz (DR) 6:00 Friday Night Movie - "Armstrong" (2019) DOCUMENTARY 1h 40min (Tht)</p>	

## Room Key

(AR) = Activity Room	(AR) = Activity Room 2nd Floor Lodge	(BQ) = Buffet Dining Room	(CR) = Card Room, 3rd Floor Lodge	(COMP) = Computer Room	(CY) = Courtyard	(Cue) = Cue Room, 3rd Floor Lodge
(DR) = Dining Room	(ECU) = ECU Activity Room	(Lbal) = Lodge Balcony 2nd Floor	(Lbal) = Lodge Balcony, 2nd Floor	(DR) = Lodge Dining Room	(LG) = Lodge Gardens	(LLB) = Lodge Library
(LL) = Lodge Lobby	(MR) = Mailroom	(P) = Plaza Community Room	(P) = Plaza Community Room, 2nd floor	(PG) = Plaza Garage	(PP) = Pool Patio	(SP) = Pool Room, Lodge
(SG) = Sky Gym	(SR) = Spa Room, 2nd floor Lodge	(TP) = Terrace Front Patio	(TL) = Terrace Lobby	(TP) = Terrace Lobby/Front Patio Area	(Tht) = Theater	



# Glenwood Place Calendar

# JANUARY 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>DOCTOR DAYS TUESDAYS</b> West of ANDRESEN Road. Salmon Creek, Hazel Dell, Downtown Vancouver &amp; the VA.</p> <p><b>THURSDAYS</b> East of ANDRESEN Road. 87<sup>th</sup> Ave, Cascade Park, Fisher's Landing, Orchards Mall</p>	<p><b>All outings are highlighted in YELLOW.</b></p> <p><b>Sign up for these events at the front desk. If bus is full, please add your name to the waiting list</b></p>	<p>Glenwood Place 5500 NE 82nd Ave. Vancouver, WA 98662 (360) 892-1100</p> <p><b>Email Activities</b> <a href="mailto:navdienko@glenwoodplace.net">navdienko@glenwoodplace.net</a></p>	<p>9:00 Rhythm Reaction Fitness (SG) <b>1</b></p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby)</p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Open Cribbage (CR)</p> <p><b>1:00 Shopping at Fred Meyer</b></p> <p><b>2:00 Rose Bowl on the Big Screen - Ducks vs. Badgers. Pizza &amp; Soda Provided!!! (P)</b></p> <p>5:45 Rummy Q (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>2</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p><b>11:00 History Talks with John Griffin (Th)</b></p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag C &amp; D (SG)</p> <p>1:00 Five Crowns Game (TL)</p> <p>1:00 Open Pool (SP)</p> <p><b>1:00 Activity Calendar Forum with Nick (Th)</b></p> <p>2:30 Glentucky Derby Horse Races (Th)</p> <p>3:00 Tai-Chi (P)</p> <p>4:30 Linda on Piano (DR)</p> <p><b>4:45 Supper Outing to Cameo Cafe. RSVP. Limited Seating</b></p>	<p>9:00 Sit To Be Fit (SG) <b>3</b></p> <p><b>9:30 Shopping at Winco, Walgreens, Dollar Tree, Target, and Safeway</b></p> <p>10:00 Chair Massage Therapy - \$20 (ECU)</p> <p><b>10:30 Brain Games (Th)</b></p> <p>10:30 Beanbag A &amp; B (SG)</p> <p><b>12:30 Bus to Vanc Mall RSVP</b></p> <p>1:00 Glenwood Choir (Th)</p> <p>1:00 Wii Bowling (SG)</p> <p><b>2:30 Happy Hour with Monte Watters (DR)</b></p> <p><b>6:00 No Friday Movie (Th)</b></p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>4</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p><b>10:30 Saturday Morning with Madeline (SG)</b></p> <p>11:00 Sewing Lady - Mending and hemming at a reasonable rate (MR)</p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p>1:00 Symphony Saturday - Yuja Wang performs Schubert and Schumann (Th)</p> <p>2:30 BINGO (DR)</p> <p><b>6:00 No Saturday Night Movie (Th)</b></p>
<p>8:20 Bus to Columbia Presbyterian <b>5</b></p> <p>8:20 Bus to St Joseph's. RSVP</p> <p>8:20 Bus to St. Paul Lutheran</p> <p>9:00 Bus to Immanuel Lutheran</p> <p>9:20 Bus to First Presbyterian</p> <p>9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Th)</p> <p>1:00 Open Scrabble (P)</p> <p>1:00 Sunday Movie - "McFarland, USA" (2015) PG 2h 9min (Th)</p> <p>1:30 Open Hand in Foot Card Game (CR)</p> <p>2:00 Episcopal Communion (ECU)</p> <p>3:00 First Christian Church Service (DR)</p> <p>3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge)</p> <p>5:45 Rummy Q in the Lofts (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>6</b></p> <p><b>9:30 Casino Outing to Ilani Casino - RSVP Bring \$</b></p> <p>9:30 Sit to be Fit in the Lofts (Lofts Lobby)</p> <p>9:30 Threading Needles (AR)</p> <p>10:30 "People and Stories" Reading Group (LLB)</p> <p>10:30 Computer Lab - Bring your laptop, phone, or tablet and get your questions answered. (COMP)</p> <p>12:30 Blood Pressures Reading for Plaza residents (P)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Monday Movie - "Cinema Paradiso" (1988) FOREIGN FILM - RATED R 2h 35min (Th)</p> <p>1:00 Open Bridge (CR)</p> <p>1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p>3:00 Tai-Chi (P)</p> <p>5:45 Bunco with Vicki. RSVP with Vicki (P)</p> <p>6:30 Bible Study (ECU)</p> <p>6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>7</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:00 Glenwood Theater Rehearsal (Th)</p> <p><b>10:00 NEW - Kitchen Tours. RSVP at the Front Desk. Meet in the Lobby (LL)</b></p> <p>10:30 Beach Ball Toss (in the Sky Gym)</p> <p>1:00 Beanbag Teams B &amp; D (SG)</p> <p>1:00 Farkle with Vicki (P)</p> <p>1:00 Open Pool (SP)</p> <p>1:00 Watercolor with Becky (AR)</p> <p><b>2:00 NEW - Kitchen Tours. RSVP at the Front Desk. Meet in the Lobby (LL)</b></p> <p>2:30 BINGO (DR)</p> <p>3:00 Happy Hour with William Spilette (P)</p> <p>6:00 Rock Painting (AR)</p> <p>6:30 Hymn Sing-A-Long (P)</p> <p>7:00 Open Poker (CR)</p>	<p>8:00 Pedicures with Dawn - Cost is \$25, pay her. Sign up at the front desk for a time slot. (AR) <b>8</b></p> <p>9:00 Rhythm Reaction Fitness (SG)</p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby)</p> <p>9:30 Veteran's Group (Th)</p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Language Club - Want to Learn Sign Language? One of our residents will be teaching! (COMP)</p> <p>1:00 Open Cribbage (CR)</p> <p><b>1:00 Red Hat Ladies - Tea &amp; Movie (Th)</b></p> <p><b>1:00 Shopping at Fred Meyer</b></p> <p>5:45 Rummy Q (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>9</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p><b>10:30 Health Talks with Sabrina (Th)</b></p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag Baseball Teams C &amp; D (SG)</p> <p>1:00 Open Pool (SP)</p> <p><b>1:00 Po-Ke-No Card Game with Vicki (TL)</b></p> <p><b>2:30 Bingo Auction - Bring Your Bingo Bucks to Bid on Some Great Prizes (In the Dining Room)</b></p> <p>3:00 Tai-Chi - Moving for Better Balance (P)</p> <p>4:30 Linda on Piano (DR)</p> <p><b>4:30 Supper Outing to The Hammond Kitchen &amp; Craft Bar in Camas. RSVP</b></p>	<p>9:00 Sit To Be Fit (SG) <b>10</b></p> <p><b>9:30 Shopping trip: - Walmart, Trader Joe's, Fred Meyer (RSVP at the front desk.)</b></p> <p>10:00 Alzheimer's and Dementia Caregiver Support Group (Th)</p> <p>10:00 Chair Massage Therapy - Sign up at the Front Desk. \$20 (ECU)</p> <p>10:30 Beanbag Teams A &amp; B (SG)</p> <p>11:15 Grief Support Group (Th)</p> <p><b>12:30 Bus to Vanc Mall RSVP</b></p> <p><b>12:30 Glenwood Choir (Th)</b></p> <p>1:00 Wii Bowling (SG)</p> <p><b>1:30 Residents Association Meeting (DR)</b></p> <p>2:30 Happy Hour with Karen Overton (DR)</p> <p>6:00 No Friday Movie</p> <p><b>7:00 Performance - The Dynamic Duo of Reno and Cindy Hollar. Great dancing music and songs (DR)</b></p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>11</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p>10:30 Saturday Morning with Madeline (SG)</p> <p><b>1:00 All the World's a Zoo (Th)</b></p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p><b>2:00 Encore Performance - More Music with Reno and Cindy Hollar (DR)</b></p> <p>6:00 Saturday Night Movie - "Downton Abbey" (2019) PG 2h 2min (Th)</p>
<p>8:20 Bus to Columbia Presbyterian <b>12</b></p> <p>8:20 Bus to St Joseph's. RSVP</p> <p>8:20 Bus to St. Paul Lutheran</p> <p>9:00 Bus to Immanuel Lutheran</p> <p>9:20 Bus to First Presbyterian</p> <p>9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Th)</p> <p>1:00 Open Scrabble (P)</p> <p>1:00 Sunday Movie - "Larger Than Life" (1996) PG 1h 33min (Th)</p> <p>1:30 Open Hand in Foot Card Game (CR)</p> <p>3:00 Open Boggle (Cue Room)</p> <p>5:45 Rummy Q (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>13</b></p> <p>9:30 Sit to be Fit (Lofts Lobby)</p> <p>9:30 Threading Needles (AR)</p> <p>10:30 Music Therapy with Dan (Th)</p> <p><b>10:45 Lunch Outing to Red Lobster. RSVP</b></p> <p>12:30 Blood Pressures (P)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Monday Movie - "The Two Popes" (2019) PG-13 2h 5min (Th)</p> <p>1:00 Open Bridge (CR)</p> <p>1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p><b>1:30 Outing to Local Thrift Stores. RSVP</b></p> <p>2:00 Bulletin Board Crafters - (AR)</p> <p>3:00 Tai-Chi (P)</p> <p>6:30 Bible Study (ECU)</p> <p>6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>14</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p><b>10:00 Glenwood Theater Open House - Come join the Acting Group! (Th)</b></p> <p>10:30 Beach Ball Toss (in the Sky Gym)</p> <p>1:00 Beanbag Baseball Teams B &amp; D (SG)</p> <p>1:00 Open Pool (SP)</p> <p>2:30 BINGO (DR)</p> <p>3:00 Happy Hour with Pianist Diome Alcomendac (P)</p> <p>6:00 Rock Painting (AR)</p> <p>6:30 Hymn Sing-A-Long (P)</p> <p>7:00 Open Poker (CR)</p>	<p>7:30 Women &amp; Men's Breakfast! Free. (7:30 - 8:30) (BQ) <b>15</b></p> <p>9:00 Rhythm Reaction (SG)</p> <p>9:30 "Sit to be Fit" (Lofts Lobby)</p> <p>9:30 Veteran's Group (Th)</p> <p>10:30 Beanbag Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Open Cribbage (CR)</p> <p><b>1:00 Shopping at Fred Meyer</b></p> <p><b>2:30 Let's Play Jeopardy! (Th)</b></p> <p>5:45 Rummy Q (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>16</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:30 Book Club hosted by Cynthia (ECU)</p> <p>11:00 History Talks with John Griffin (Th)</p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag Teams C &amp; D (SG)</p> <p>1:00 5 Crowns Card Game (TL)</p> <p>1:00 Open Pool (SP)</p> <p><b>2:30 Glentucky Derby Horse Racing - Store is open! Bring your Derby Bucks (Th)</b></p> <p>3:00 Tai-Chi (P)</p> <p>4:30 Linda on Piano (DR)</p> <p><b>4:30 Supper Outing to Patrick's Hawaiian Cafe. RSVP</b></p>	<p>9:00 Sit To Be Fit (SG) <b>17</b></p> <p><b>9:30 Shopping at Winco, Walgreens, Dollar Tree, Target, and Safeway</b></p> <p>10:00 Alzheimer's and Dementia Support Group (Th)</p> <p>10:00 Chair Massage Therapy - \$20 (ECU)</p> <p>10:30 Beanbag Teams A &amp; B (SG)</p> <p><b>10:30 Headlines and Donuts (TL)</b></p> <p>11:15 Grief Support Group (Th)</p> <p><b>12:30 Bus to Vanc Mall RSVP</b></p> <p>1:00 Glenwood Choir (Th)</p> <p>1:00 Wii Bowling (SG)</p> <p>2:30 Happy Hour Mike Hart (DR)</p> <p>6:00 Friday Night Movie - "The Report" (2019) RATED R 1h 59min (Th)</p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>18</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p>10:30 Saturday Morning with Madeline (SG)</p> <p>11:00 Sewing Lady - Mending and hemming at a reasonable rate (MR)</p> <p><b>1:00 Mystery Drive with Carroll. RSVP</b></p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p>1:00 Symphony Saturday - Rachmaninov, Piano Concerto No. 2 in C minor - Yuja Wang, Yuri Temirkanov (Th)</p> <p>2:30 BINGO (DR)</p> <p>6:00 Saturday Night Movie - "Seven Brides for Seven Brothers" (1954) G 1h 42min (Th)</p>

<p>8:20 Bus to Columbia Presbyterian <b>19</b></p> <p>8:20 Bus to St Joseph's. RSVP</p> <p>8:20 Bus to St. Paul Lutheran</p> <p>9:00 Bus to Immanuel Lutheran</p> <p>9:20 Bus to First Presbyterian</p> <p>9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht)</p> <p>11:00 Cherie The Card Lady (LL)</p> <p>1:00 Open Scrabble (P)</p> <p>1:00 Sunday Movie - "Operation Dumbo Drop" (1995) PG 1h 47min (Tht)</p> <p>1:30 Open Hand in Foot Card Game (CR)</p> <p>2:00 Episcopal Communion (ECU)</p> <p>3:00 Columbia Christian Church (DR)</p> <p>3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge)</p> <p>5:45 Rummy Q in the Lofts (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>20</b></p> <p>9:30 Sit to be Fit in the Lofts (Lofts Lobby)</p> <p><b>9:30 Tour of Pendleton Weaving Mill in Washougal. Limited Seating. Free</b></p> <p>9:30 Threading Needles (AR)</p> <p>12:30 Blood Pressures Reading for Plaza residents (P)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Monday Movie - "Annie" (1982) PG 2h 7min (Tht)</p> <p>1:00 Open Bridge (CR)</p> <p>1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p><b>1:00 Tour of Pendleton Weaving Mill in Washougal. Limited Seating. Free.</b></p> <p><b>2:00 Photo Fun with Rebecca! Bring your Camera or Smartphone and let's take photos! (Computer Lab)</b></p> <p>3:00 Tai-Chi - Moving for Better Balance (P)</p> <p>6:30 Bible Study (ECU)</p> <p>6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>21</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:00 Glenwood Theater Rehearsal (Tht)</p> <p>10:30 Beach Ball Toss (in the Sky Gym)</p> <p>11:30 Free Eyeglass Clinic - eyeglass cleaning and adjustments (LL)</p> <p>1:00 Beanbag Baseball Teams B &amp; D (SG)</p> <p>1:00 Farkle with Vicki (P)</p> <p>1:00 Open Pool (SP)</p> <p>2:30 BINGO (DR)</p> <p>3:00 Happy Hour with Stan Lasley (P)</p> <p>6:30 Hymn Sing-A-Long (P)</p> <p>7:00 Open Poker (CR)</p> <p><b>7:00 Beanbag Baseball Banquet – Fried Chicken Dinner, drinks, and the award ceremony. Limited to one guest. RSVP. (DR)</b></p>	<p>9:00 Rhythm Reaction Fitness (SG) <b>22</b></p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby)</p> <p>9:30 Veteran's Group (Tht)</p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Open Cribbage (CR)</p> <p><b>1:00 Shopping at Fred Meyer</b></p> <p><b>2:30 Readings with Nick - Come listen to humorous stories from various popular authors (Tht)</b></p> <p>5:45 Rummy Q in the Lofts (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle Card Game (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>23</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p><b>10:30 Health Talks with Sabrina (Tht)</b></p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag Baseball Teams C &amp; D (SG)</p> <p>1:00 Open Pool (SP)</p> <p><b>1:00 Po-Ke-No Card Game with Vicki (TL)</b></p> <p>2:00 Life Goes On Support Group - with St. Luke's Episcopal Church (ECU)</p> <p>2:30 BINGO (DR)</p> <p>3:00 Tai-Chi - Moving for Better Balance (P)</p> <p>4:30 Linda on Piano (DR)</p> <p><b>4:30 Supper Outing to Golden City Restaurant. RSVP</b></p>	<p>9:00 Sit To Be Fit (SG) <b>24</b></p> <p><b>9:30 Shopping trip: - Walmart, Trader Joe's, Fred Meyer (RSVP at the front desk.)</b></p> <p>10:00 Chair Massage Therapy - Sign up at the Front Desk. \$20 (ECU)</p> <p><b>10:30 Ted Talks (Tht)</b></p> <p>10:30 Beanbag Baseball Teams A &amp; B (SG)</p> <p>12:30 Bus to Vancouver Mall. RSVP</p> <p>1:00 Glenwood Choir (Tht)</p> <p>1:00 Wii Bowling (SG)</p> <p><b>2:30 Come Celebrate Chinese New Year with Shelly Voight (DR)</b></p> <p>6:00 Friday Night Movie - "Born Free" (1966) PG 1h 35min (Tht)</p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>25</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p>10:30 Saturday Morning with Madeline (SG)</p> <p><b>1:00 5 Minute Mysteries - Entertaining stumpers will sharpen your powers of observation and test your deductive skills (Tht)</b></p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p><b>1:30 Outing to the Vancouver Symphony (Admission \$40)</b></p> <p>2:30 BINGO (DR)</p> <p>6:00 Saturday Night Movie - "For Me and My Gal" (1942) 1h 44min (Tht)</p>
<p>8:20 Bus to Columbia Presbyterian <b>26</b></p> <p>8:20 Bus to St Joseph's. RSVP</p> <p>8:20 Bus to St. Paul Lutheran</p> <p>9:00 Bus to Immanuel Lutheran</p> <p>9:20 Bus to First Presbyterian</p> <p>9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht)</p> <p>1:00 Open Scrabble (P)</p> <p>1:00 Sunday Movie - "The Wild Country" (1970) G 1h 40min (Tht)</p> <p>1:30 Open Hand in Foot Card Game (CR)</p> <p>3:00 Hymns &amp; Devotions with Ron &amp; Donna (DR)</p> <p>3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge)</p> <p>5:45 Rummy Q in the Lofts (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>27</b></p> <p>9:30 Sit to be Fit in the Lofts (Lofts Lobby)</p> <p>9:30 Threading Needles (AR)</p> <p><b>10:30 Lunch Outing to Kitchen Table Cafe. RSVP</b></p> <p>10:30 Music Therapy with Dan - Join us for sing alongs and play instruments. (Tht)</p> <p>12:30 Blood Pressures Reading for Plaza residents (P)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Monday Movie - "The Book Thief" (2013) PG-13 2h 11min (Tht)</p> <p>1:00 Open Bridge (CR)</p> <p>1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p>2:00 Bulletin Board Crafters - come help decorate the bulletin boards with Rebecca! (AR)</p> <p>3:00 Tai-Chi - Moving for Better Balance (P)</p> <p>6:30 Bible Study (ECU)</p> <p>6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>28</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:00 Glenwood Theater Rehearsal (Tht)</p> <p>10:30 Beach Ball Toss (in the Sky Gym)</p> <p>1:00 Beanbag Baseball Teams B &amp; D (SG)</p> <p>1:00 Open Pool (SP)</p> <p>1:30 Classical Club with Terry. Must do if you are a music lover! (Tht)</p> <p>2:30 BINGO (DR)</p> <p>3:00 Happy Hour with Vladimir on Violin (P)</p> <p>6:30 Hymn Sing-A-Long (P)</p> <p><b>7:00 Bingo After Dark</b></p> <p>7:00 Open Poker (CR)</p>	<p>9:00 Rhythm Reaction Fitness (SG) <b>29</b></p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby)</p> <p>9:30 Veteran's Group (Tht)</p> <p><b>10:00 Outing to Fort Vancouver High School for their Community Love Lunch. Free. RSVP</b></p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Open Cribbage (CR)</p> <p><b>1:00 Shopping at Fred Meyer</b></p> <p><b>2:30 Brain Games (Tht)</b></p> <p>4:00 Linda on Piano (DR)</p> <p><b>4:00 Lodge Birthday Dinner - RSVP at the Front Desk (DR)</b></p> <p>5:45 Rummy Q in the Lofts (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle Card Game (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>30</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p><b>10:30 Film Appreciation with Nick - Come explore the aesthetics of cinema, the concepts behind storytelling and various elements of a film (Tht)</b></p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag Baseball Teams C &amp; D (SG)</p> <p>1:00 Open Pool (SP)</p> <p>2:30 BINGO (DR)</p> <p>3:00 Tai-Chi - Moving for Better Balance (P)</p> <p><b>4:00 Birthday Dinner for the Plaza, Terrace and Lofts (DR)</b></p> <p>4:30 Linda on Piano (DR)</p>	<p>9:00 Sit To Be Fit (SG) <b>31</b></p> <p><b>9:30 Shopping at Winco, Walgreens, Dollar Tree, Target, and Safeway</b></p> <p>10:00 Alzheimer's and Dementia Caregiver Support Group (Tht)</p> <p>10:00 Chair Massage Therapy - Sign up at the Front Desk. \$20 (ECU)</p> <p>10:30 Beanbag Baseball Teams A &amp; B (SG)</p> <p>11:15 Grief Support Group (Tht)</p> <p><b>12:30 Bus to Vancouver Mall. RSVP</b></p> <p><b>1:00 Glenwood Choir (Tht)</b></p> <p>1:00 Wii Bowling (SG)</p> <p>2:30 Happy Hour with Emmy Horowitz (DR)</p> <p>6:00 Friday Night Movie - "Armstrong" (2019) DOCUMENTARY 1h 40min (Tht)</p>	

## Room Key

(AR) = Activity Room	(AR) = Activity Room 2nd Floor Lodge	(BQ) = Buffet Dining Room	(CR) = Card Room, 3rd Floor Lodge	(COMP) = Computer Room	(CY) = Courtyard	(Cue) = Cue Room, 3rd Floor Lodge
(DR) = Dining Room	(ECU) = ECU Activity Room	(Lbal) = Lodge Balcony 2nd Floor	(Lbal) = Lodge Balcony, 2nd Floor	(DR) = Lodge Dining Room	(LG) = Lodge Gardens	(LLB) = Lodge Library
(LL) = Lodge Lobby	(MR) = Mailroom	(P) = Plaza Community Room	(P) = Plaza Community Room, 2nd floor	(PG) = Plaza Garage	(PP) = Pool Patio	(SP) = Pool Room, Lodge
(SG) = Sky Gym	(SR) = Spa Room, 2nd floor Lodge	(TP) = Terrace Front Patio	(TL) = Terrace Lobby	(TP) = Terrace Lobby/Front Patio Area	(Tht) = Theater	



# Glenwood Place Calendar

# JANUARY 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>DOCTOR DAYS TUESDAYS</b> West of ANDRESEN Road. Salmon Creek, Hazel Dell, Downtown Vancouver &amp; the VA.</p> <p><b>THURSDAYS</b> East of ANDRESEN Road. 87<sup>th</sup> Ave, Cascade Park, Fisher's Landing, Orchards Mall</p>	<p><b>All outings are highlighted in YELLOW.</b></p> <p>Sign up for these events at the front desk. If bus is full, please add your name to the waiting list</p>	<p>Glenwood Place 5500 NE 82nd Ave. Vancouver, WA 98662 (360) 892-1100</p> <p>Email Activities <a href="mailto:navdienko@glenwoodplace.net">navdienko@glenwoodplace.net</a></p>	<p>9:00 Rhythm Reaction Fitness (SG) <b>1</b></p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby)</p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Open Cribbage (CR)</p> <p>1:00 Shopping at Fred Meyer</p> <p>2:00 Rose Bowl on the Big Screen - Ducks vs. Badgers. Pizza &amp; Soda Provided!!! (P)</p> <p>5:45 Rummy Q (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>2</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>11:00 History Talks with John Griffin (Tht)</p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag C &amp; D (SG)</p> <p>1:00 Five Crowns Game (TL)</p> <p>1:00 Open Pool (SP)</p> <p>1:00 Activity Calendar Forum with Nick (Tht)</p> <p>2:30 Glentucky Derby Horse Races (Tht)</p> <p>3:00 Tai-Chi (P)</p> <p>4:30 Linda on Piano (DR)</p> <p>4:45 Supper Outing to Cameo Cafe. RSVP. Limited Seating</p>	<p>9:00 Sit To Be Fit (SG) <b>3</b></p> <p>9:30 Shopping at Winco, Walgreens, Dollar Tree, Target, and Safeway</p> <p>10:00 Chair Massage Therapy - \$20 (ECU)</p> <p>10:30 Brain Games (Tht)</p> <p>10:30 Beanbag A &amp; B (SG)</p> <p>12:30 Bus to Vanc Mall RSVP</p> <p>1:00 Glenwood Choir (Tht)</p> <p>1:00 Wii Bowling (SG)</p> <p>2:30 Happy Hour with Monte Watters (DR)</p> <p>6:00 No Friday Movie (Tht)</p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>4</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p>10:30 Saturday Morning with Madeline (SG)</p> <p>11:00 Sewing Lady - Mending and hemming at a reasonable rate (MR)</p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p>1:00 Symphony Saturday - Yuja Wang performs Schubert and Schumann (Tht)</p> <p>2:30 BINGO (DR)</p> <p>6:00 No Saturday Night Movie (Tht)</p>
<p>8:20 Bus to Columbia Presbyterian <b>5</b></p> <p>8:20 Bus to St Joseph's. RSVP</p> <p>8:20 Bus to St. Paul Lutheran</p> <p>9:00 Bus to Immanuel Lutheran</p> <p>9:20 Bus to First Presbyterian</p> <p>9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht)</p> <p>1:00 Open Scrabble (P)</p> <p>1:00 Sunday Movie - "McFarland, USA" (2015) PG 2h 9min (Tht)</p> <p>1:30 Open Hand in Foot Card Game (CR)</p> <p>2:00 Episcopal Communion (ECU)</p> <p>3:00 First Christian Church Service (DR)</p> <p>3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge)</p> <p>5:45 Rummy Q in the Lofts (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>6</b></p> <p>9:30 Casino Outing to Ilani Casino - RSVP Bring \$</p> <p>9:30 Sit to be Fit in the Lofts (Lofts Lobby)</p> <p>9:30 Threading Needles (AR)</p> <p>10:30 "People and Stories" Reading Group (LLB)</p> <p>10:30 Computer Lab - Bring your laptop, phone, or tablet and get your questions answered. (COMP)</p> <p>12:30 Blood Pressures Reading for Plaza residents (P)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Monday Movie - "Cinema Paradiso" (1988) FOREIGN FILM - RATED R 2h 35min (Tht)</p> <p>1:00 Open Bridge (CR)</p> <p>1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p>3:00 Tai-Chi (P)</p> <p>5:45 Bunco with Vicki. RSVP with Vicki (P)</p> <p>6:30 Bible Study (ECU)</p> <p>6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>7</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:00 Glenwood Theater Rehearsal (Tht)</p> <p>10:00 NEW - Kitchen Tours. RSVP at the Front Desk. Meet in the Lobby (LL)</p> <p>10:30 Beach Ball Toss (in the Sky Gym)</p> <p>1:00 Beanbag Teams B &amp; D (SG)</p> <p>1:00 Farkle with Vicki (P)</p> <p>1:00 Open Pool (SP)</p> <p>1:00 Watercolor with Becky (AR)</p> <p>2:00 NEW - Kitchen Tours. RSVP at the Front Desk. Meet in the Lobby (LL)</p> <p>2:30 BINGO (DR)</p> <p>3:00 Happy Hour with William Spilette (P)</p> <p>6:00 Rock Painting (AR)</p> <p>6:30 Hymn Sing-A-Long (P)</p> <p>7:00 Open Poker (CR)</p>	<p>8:00 Pedicures with Dawn - Cost is \$25, pay her. Sign up at the front desk for a time slot. (AR) <b>8</b></p> <p>9:00 Rhythm Reaction Fitness (SG)</p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby)</p> <p>9:30 Veteran's Group (Tht)</p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Language Club - Want to Learn Sign Language? One of our residents will be teaching! (COMP)</p> <p>1:00 Open Cribbage (CR)</p> <p>1:00 Red Hat Ladies - Tea &amp; Movie (Tht)</p> <p>1:00 Shopping at Fred Meyer</p> <p>5:45 Rummy Q (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>9</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:30 Health Talks with Sabrina (Tht)</p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag Baseball Teams C &amp; D (SG)</p> <p>1:00 Open Pool (SP)</p> <p>1:00 Po-Ke-No Card Game with Vicki (TL)</p> <p>2:30 Bingo Auction - Bring Your Bingo Bucks to Bid on Some Great Prizes (In the Dining Room)</p> <p>3:00 Tai-Chi - Moving for Better Balance (P)</p> <p>4:30 Linda on Piano (DR)</p> <p>4:30 Supper Outing to The Hammond Kitchen &amp; Craft Bar in Camas. RSVP</p>	<p>9:00 Sit To Be Fit (SG) <b>10</b></p> <p>9:30 Shopping trip: - Walmart, Trader Joe's, Fred Meyer (RSVP at the front desk.)</p> <p>10:00 Alzheimer's and Dementia Caregiver Support Group (Tht)</p> <p>10:00 Chair Massage Therapy - Sign up at the Front Desk. \$20 (ECU)</p> <p>10:30 Beanbag Teams A &amp; B (SG)</p> <p>11:15 Grief Support Group (Tht)</p> <p>12:30 Bus to Vanc Mall RSVP</p> <p>12:30 Glenwood Choir (Tht)</p> <p>1:00 Wii Bowling (SG)</p> <p>1:30 Residents Association Meeting (DR)</p> <p>2:30 Happy Hour with Karen Overton (DR)</p> <p>6:00 No Friday Movie</p> <p>7:00 Performance - The Dynamic Duo of Reno and Cindy Hollar. Great dancing music and songs (DR)</p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>11</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p>10:30 Saturday Morning with Madeline (SG)</p> <p>1:00 All the World's a Zoo (Tht)</p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p>2:00 Encore Performance - More Music with Reno and Cindy Hollar (DR)</p> <p>6:00 Saturday Night Movie - "Downton Abbey" (2019) PG 2h 2min (Tht)</p>
<p>8:20 Bus to Columbia Presbyterian <b>12</b></p> <p>8:20 Bus to St Joseph's. RSVP</p> <p>8:20 Bus to St. Paul Lutheran</p> <p>9:00 Bus to Immanuel Lutheran</p> <p>9:20 Bus to First Presbyterian</p> <p>9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht)</p> <p>1:00 Open Scrabble (P)</p> <p>1:00 Sunday Movie - "Larger Than Life" (1996) PG 1h 33min (Tht)</p> <p>1:30 Open Hand in Foot Card Game (CR)</p> <p>3:00 Open Boggle (Cue Room)</p> <p>5:45 Rummy Q (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>13</b></p> <p>9:30 Sit to be Fit (Lofts Lobby)</p> <p>9:30 Threading Needles (AR)</p> <p>10:30 Music Therapy with Dan (Tht)</p> <p>10:45 Lunch Outing to Red Lobster. RSVP</p> <p>12:30 Blood Pressures (P)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Monday Movie - "The Two Popes" (2019) PG-13 2h 5min (Tht)</p> <p>1:00 Open Bridge (CR)</p> <p>1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p>1:30 Outing to Local Thrift Stores. RSVP</p> <p>2:00 Bulletin Board Crafters - (AR)</p> <p>3:00 Tai-Chi (P)</p> <p>6:30 Bible Study (ECU)</p> <p>6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>14</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:00 Glenwood Theater Open House - Come join the Acting Group! (Tht)</p> <p>10:30 Beach Ball Toss (in the Sky Gym)</p> <p>1:00 Beanbag Baseball Teams B &amp; D (SG)</p> <p>1:00 Open Pool (SP)</p> <p>2:30 BINGO (DR)</p> <p>3:00 Happy Hour with Pianist Diome Alcomendac (P)</p> <p>6:00 Rock Painting (AR)</p> <p>6:30 Hymn Sing-A-Long (P)</p> <p>7:00 Open Poker (CR)</p>	<p>7:30 Women &amp; Men's Breakfast! Free. (7:30 - 8:30) (BQ) <b>15</b></p> <p>9:00 Rhythm Reaction (SG)</p> <p>9:30 "Sit to be Fit" (Lofts Lobby)</p> <p>9:30 Veteran's Group (Tht)</p> <p>10:30 Beanbag Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Open Cribbage (CR)</p> <p>1:00 Shopping at Fred Meyer</p> <p>2:30 Let's Play Jeopardy! (Tht)</p> <p>5:45 Rummy Q (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>16</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:30 Book Club hosted by Cynthia (ECU)</p> <p>11:00 History Talks with John Griffin (Tht)</p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag Teams C &amp; D (SG)</p> <p>1:00 5 Crowns Card Game (TL)</p> <p>1:00 Open Pool (SP)</p> <p>2:30 Glentucky Derby Horse Racing - Store is open! Bring your Derby Bucks (Tht)</p> <p>3:00 Tai-Chi (P)</p> <p>4:30 Linda on Piano (DR)</p> <p>4:30 Supper Outing to Patrick's Hawaiian Cafe. RSVP</p>	<p>9:00 Sit To Be Fit (SG) <b>17</b></p> <p>9:30 Shopping at Winco, Walgreens, Dollar Tree, Target, and Safeway</p> <p>10:00 Alzheimer's and Dementia Support Group (Tht)</p> <p>10:00 Chair Massage Therapy - \$20 (ECU)</p> <p>10:30 Beanbag Teams A &amp; B (SG)</p> <p>10:30 Headlines and Donuts (TL)</p> <p>11:15 Grief Support Group (Tht)</p> <p>12:30 Bus to Vanc Mall RSVP</p> <p>1:00 Glenwood Choir (Tht)</p> <p>1:00 Wii Bowling (SG)</p> <p>2:30 Happy Hour Mike Hart (DR)</p> <p>6:00 Friday Night Movie - "The Report" (2019) RATED R 1h 59min (Tht)</p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>18</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p>10:30 Saturday Morning with Madeline (SG)</p> <p>11:00 Sewing Lady - Mending and hemming at a reasonable rate (MR)</p> <p>1:00 Mystery Drive with Carroll. RSVP</p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p>1:00 Symphony Saturday - Rachmaninov, Piano Concerto No. 2 in C minor - Yuja Wang, Yuri Temirkanov (Tht)</p> <p>2:30 BINGO (DR)</p> <p>6:00 Saturday Night Movie - "Seven Brides for Seven Brothers" (1954) G 1h 42min (Tht)</p>

<p>8:20 Bus to Columbia Presbyterian <b>19</b></p> <p>8:20 Bus to St Joseph's. RSVP 8:20 Bus to St. Paul Lutheran 9:00 Bus to Immanuel Lutheran 9:20 Bus to First Presbyterian 9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht) 11:00 Cherie The Card Lady (LL) 1:00 Open Scrabble (P) 1:00 Sunday Movie - "Operation Dumbo Drop" (1995) PG 1h 47min (Tht) 1:30 Open Hand in Foot Card Game (CR) 2:00 Episcopal Communion (ECU) 3:00 Columbia Christian Church (DR) 3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge) 5:45 Rummy Q in the Lofts (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>20</b></p> <p>9:30 Sit to be Fit in the Lofts (Lofts Lobby)</p> <p><b>9:30 Tour of Pendleton Weaving Mill in Washougal. Limited Seating. Free</b></p> <p>9:30 Threading Needles (AR) 12:30 Blood Pressures Reading for Plaza residents (P) 1:00 Aqua Fitness (Pool Room) 1:00 Monday Movie - "Annie" (1982) PG 2h 7min (Tht) 1:00 Open Bridge (CR) 1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p><b>1:00 Tour of Pendleton Weaving Mill in Washougal. Limited Seating Free.</b></p> <p><b>2:00 Photo Fun with Rebecca! Bring your Camera or Smartphone and let's take photos! (Computer Lab)</b></p> <p>3:00 Tai-Chi - Moving for Better Balance (P) 6:30 Bible Study (ECU) 6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>21</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) 10:00 Glenwood Theater Rehearsal (Tht) 10:30 Beach Ball Toss (in the Sky Gym) 11:30 Free Eyeglass Clinic - eyeglass cleaning and adjustments (LL) 1:00 Beanbag Baseball Teams B &amp; D (SG) 1:00 Farkle with Vicki (P) 1:00 Open Pool (SP) 2:30 BINGO (DR) 3:00 Happy Hour with Stan Lasley (P) 6:30 Hymn Sing-A-Long (P) 7:00 Open Poker (CR)</p> <p><b>7:00 Beanbag Baseball Banquet – Fried Chicken Dinner, drinks, and the award ceremony. Limited to one guest. RSVP. (DR)</b></p>	<p>9:00 Rhythm Reaction Fitness (SG) <b>22</b></p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby) 9:30 Veteran's Group (Tht) 10:30 Beanbag Baseball Teams A &amp; C (SG) 11:30 Jerlean on Piano (DR) 12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby) 1:00 Aqua Fitness (Pool Room) 1:00 Open Cribbage (CR) <b>1:00 Shopping at Fred Meyer</b> <b>2:30 Readings with Nick - Come listen to humorous stories from various popular authors (Tht)</b> 5:45 Rummy Q in the Lofts (Lofts Lobby) 6:30 Bridge (CR) 6:30 Open Pinochle Card Game (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>23</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) <b>10:30 Health Talks with Sabrina (Tht)</b> 12:30 Blood Pressure Reading for Terrace Residents (TL) 1:00 Beanbag Baseball Teams C &amp; D (SG) 1:00 Open Pool (SP) <b>1:00 Po-Ke-No Card Game with Vicki (TL)</b> 2:00 Life Goes On Support Group - with St. Luke's Episcopal Church (ECU) 2:30 BINGO (DR) 3:00 Tai-Chi - Moving for Better Balance (P) 4:30 Linda on Piano (DR) <b>4:30 Supper Outing to Golden City Restaurant. RSVP</b></p>	<p>9:00 Sit To Be Fit (SG) <b>24</b></p> <p><b>9:30 Shopping trip: - Walmart, Trader Joe's, Fred Meyer (RSVP at the front desk.)</b></p> <p>10:00 Chair Massage Therapy - Sign up at the Front Desk. \$20 (ECU) <b>10:30 Ted Talks (Tht)</b> 10:30 Beanbag Baseball Teams A &amp; B (SG) 12:30 Bus to Vancouver Mall. RSVP 1:00 Glenwood Choir (Tht) 1:00 Wii Bowling (SG) <b>2:30 Come Celebrate Chinese New Year with Shelly Voight (DR)</b> 6:00 Friday Night Movie - "Born Free" (1966) PG 1h 35min (Tht)</p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>25</b></p> <p>10:30 Open Chess &amp; Checkers (CR) 10:30 Saturday Morning with Madeline (SG) <b>1:00 5 Minute Mysteries - Entertaining stumpers will sharpen your powers of observation and test your deductive skills (Tht)</b> 1:00 Open Billiards (Cue Room 3rd Floor Lodge) <b>1:30 Outing to the Vancouver Symphony (Admission \$40)</b> 2:30 BINGO (DR) 6:00 Saturday Night Movie - "For Me and My Gal" (1942) 1h 44min (Tht)</p>
<p>8:20 Bus to Columbia Presbyterian <b>26</b></p> <p>8:20 Bus to St Joseph's. RSVP 8:20 Bus to St. Paul Lutheran 9:00 Bus to Immanuel Lutheran 9:20 Bus to First Presbyterian 9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht) 1:00 Open Scrabble (P) 1:00 Sunday Movie - "The Wild Country" (1970) G 1h 40min (Tht) 1:30 Open Hand in Foot Card Game (CR) 3:00 Hymns &amp; Devotions with Ron &amp; Donna (DR) 3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge) 5:45 Rummy Q in the Lofts (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>27</b></p> <p>9:30 Sit to be Fit in the Lofts (Lofts Lobby) 9:30 Threading Needles (AR) <b>10:30 Lunch Outing to Kitchen Table Cafe. RSVP</b></p> <p>10:30 Music Therapy with Dan - Join us for sing alongs and play instruments. (Tht) 12:30 Blood Pressures Reading for Plaza residents (P) 1:00 Aqua Fitness (Pool Room) 1:00 Monday Movie - "The Book Thief" (2013) PG-13 2h 11min (Tht) 1:00 Open Bridge (CR) 1:00 Open Farkle (Cue Room 3rd Floor Lodge) 2:00 Bulletin Board Crafters - come help decorate the bulletin boards with Rebecca! (AR) 3:00 Tai-Chi - Moving for Better Balance (P) 6:30 Bible Study (ECU) 6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>28</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) 10:00 Glenwood Theater Rehearsal (Tht) 10:30 Beach Ball Toss (in the Sky Gym) 1:00 Beanbag Baseball Teams B &amp; D (SG) 1:00 Open Pool (SP) 1:30 Classical Club with Terry. Must do if you are a music lover! (Tht) 2:30 BINGO (DR) 3:00 Happy Hour with Vladimir on Violin (P) 6:30 Hymn Sing-A-Long (P) <b>7:00 Bingo After Dark</b> 7:00 Open Poker (CR)</p>	<p>9:00 Rhythm Reaction Fitness (SG) <b>29</b></p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby) 9:30 Veteran's Group (Tht) <b>10:00 Outing to Fort Vancouver High School for their Community Love Lunch. Free. RSVP</b></p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG) 11:30 Jerlean on Piano (DR) 12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby) 1:00 Aqua Fitness (Pool Room) 1:00 Open Cribbage (CR) <b>1:00 Shopping at Fred Meyer</b> <b>2:30 Brain Games (Tht)</b> 4:00 Linda on Piano (DR) <b>4:00 Lodge Birthday Dinner - RSVP at the Front Desk (DR)</b> 5:45 Rummy Q in the Lofts (Lofts Lobby) 6:30 Bridge (CR) 6:30 Open Pinochle Card Game (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>30</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) <b>10:30 Film Appreciation with Nick - Come explore the aesthetics of cinema, the concepts behind storytelling and various elements of a film (Tht)</b> 12:30 Blood Pressure Reading for Terrace Residents (TL) 1:00 Beanbag Baseball Teams C &amp; D (SG) 1:00 Open Pool (SP) 2:30 BINGO (DR) 3:00 Tai-Chi - Moving for Better Balance (P) <b>4:00 Birthday Dinner for the Plaza, Terrace and Lofts (DR)</b> 4:30 Linda on Piano (DR)</p>	<p>9:00 Sit To Be Fit (SG) <b>31</b></p> <p><b>9:30 Shopping at Winco, Walgreens, Dollar Tree, Target, and Safeway</b></p> <p>10:00 Alzheimer's and Dementia Caregiver Support Group (Tht) 10:00 Chair Massage Therapy - Sign up at the Front Desk. \$20 (ECU) 10:30 Beanbag Baseball Teams A &amp; B (SG) 11:15 Grief Support Group (Tht) <b>12:30 Bus to Vancouver Mall. RSVP</b> <b>1:00 Glenwood Choir (Tht)</b> 1:00 Wii Bowling (SG) 2:30 Happy Hour with Emmy Horowitz (DR) 6:00 Friday Night Movie - "Armstrong" (2019) DOCUMENTARY 1h 40min (Tht)</p>	

## Room Key

(AR) = Activity Room	(AR) = Activity Room 2nd Floor Lodge	(BQ) = Buffet Dining Room	(CR) = Card Room, 3rd Floor Lodge	(COMP) = Computer Room	(CY) = Courtyard	(Cue) = Cue Room, 3rd Floor Lodge
(DR) = Dining Room	(ECU) = ECU Activity Room	(Lbal) = Lodge Balcony 2nd Floor	(Lbal) = Lodge Balcony, 2nd Floor	(DR) = Lodge Dining Room	(LG) = Lodge Gardens	(LLB) = Lodge Library
(LL) = Lodge Lobby	(MR) = Mailroom	(P) = Plaza Community Room	(P) = Plaza Community Room, 2nd floor	(PG) = Plaza Garage	(PP) = Pool Patio	(SP) = Pool Room, Lodge
(SG) = Sky Gym	(SR) = Spa Room, 2nd floor Lodge	(TP) = Terrace Front Patio	(TL) = Terrace Lobby	(TP) = Terrace Lobby/Front Patio Area	(Tht) = Theater	



# Glenwood Place Calendar

# JANUARY 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>DOCTOR DAYS TUESDAYS</b> West of ANDRESEN Road. Salmon Creek, Hazel Dell, Downtown Vancouver &amp; the VA.</p> <p><b>THURSDAYS</b> East of ANDRESEN Road. 87<sup>th</sup> Ave, Cascade Park, Fisher's Landing, Orchards Mall</p>	<p><b>All outings are highlighted in YELLOW.</b></p> <p><b>Sign up for these events at the front desk. If bus is full, please add your name to the waiting list</b></p>	<p>Glenwood Place 5500 NE 82nd Ave. Vancouver, WA 98662 (360) 892-1100</p> <p><b>Email Activities</b> <a href="mailto:navdienko@glenwoodplace.net">navdienko@glenwoodplace.net</a></p>	<p>9:00 Rhythm Reaction Fitness (SG) <b>1</b></p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby)</p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Open Cribbage (CR)</p> <p><b>1:00 Shopping at Fred Meyer</b></p> <p><b>2:00 Rose Bowl on the Big Screen - Ducks vs. Badgers. Pizza &amp; Soda Provided!!! (P)</b></p> <p>5:45 Rummy Q (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>2</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p><b>11:00 History Talks with John Griffin (Th)</b></p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag C &amp; D (SG)</p> <p>1:00 Five Crowns Game (TL)</p> <p>1:00 Open Pool (SP)</p> <p><b>1:00 Activity Calendar Forum with Nick (Th)</b></p> <p>2:30 Glentucky Derby Horse Races (Th)</p> <p>3:00 Tai-Chi (P)</p> <p>4:30 Linda on Piano (DR)</p> <p><b>4:45 Supper Outing to Cameo Cafe. RSVP. Limited Seating</b></p>	<p>9:00 Sit To Be Fit (SG) <b>3</b></p> <p><b>9:30 Shopping at Winco, Walgreens, Dollar Tree, Target, and Safeway</b></p> <p>10:00 Chair Massage Therapy - \$20 (ECU)</p> <p><b>10:30 Brain Games (Th)</b></p> <p>10:30 Beanbag A &amp; B (SG)</p> <p><b>12:30 Bus to Vanc Mall RSVP</b></p> <p>1:00 Glenwood Choir (Th)</p> <p>1:00 Wii Bowling (SG)</p> <p><b>2:30 Happy Hour with Monte Watters (DR)</b></p> <p><b>6:00 No Friday Movie (Th)</b></p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>4</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p><b>10:30 Saturday Morning with Madeline (SG)</b></p> <p>11:00 Sewing Lady - Mending and hemming at a reasonable rate (MR)</p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p>1:00 Symphony Saturday - Yuja Wang performs Schubert and Schumann (Th)</p> <p>2:30 BINGO (DR)</p> <p><b>6:00 No Saturday Night Movie (Th)</b></p>
<p>8:20 Bus to Columbia Presbyterian <b>5</b></p> <p>8:20 Bus to St Joseph's. RSVP</p> <p>8:20 Bus to St. Paul Lutheran</p> <p>9:00 Bus to Immanuel Lutheran</p> <p>9:20 Bus to First Presbyterian</p> <p>9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Th)</p> <p>1:00 Open Scrabble (P)</p> <p>1:00 Sunday Movie - "McFarland, USA" (2015) PG 2h 9min (Th)</p> <p>1:30 Open Hand in Foot Card Game (CR)</p> <p>2:00 Episcopal Communion (ECU)</p> <p>3:00 First Christian Church Service (DR)</p> <p>3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge)</p> <p>5:45 Rummy Q in the Lofts (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>6</b></p> <p><b>9:30 Casino Outing to Ilani Casino - RSVP Bring \$</b></p> <p>9:30 Sit to be Fit in the Lofts (Lofts Lobby)</p> <p>9:30 Threading Needles (AR)</p> <p>10:30 "People and Stories" Reading Group (LLB)</p> <p>10:30 Computer Lab - Bring your laptop, phone, or tablet and get your questions answered. (COMP)</p> <p>12:30 Blood Pressures Reading for Plaza residents (P)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Monday Movie - "Cinema Paradiso" (1988) FOREIGN FILM - RATED R 2h 35min (Th)</p> <p>1:00 Open Bridge (CR)</p> <p>1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p>3:00 Tai-Chi (P)</p> <p>5:45 Bunco with Vicki. RSVP with Vicki (P)</p> <p>6:30 Bible Study (ECU)</p> <p>6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>7</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:00 Glenwood Theater Rehearsal (Th)</p> <p><b>10:00 NEW - Kitchen Tours. RSVP at the Front Desk. Meet in the Lobby (LL)</b></p> <p>10:30 Beach Ball Toss (in the Sky Gym)</p> <p>1:00 Beanbag Teams B &amp; D (SG)</p> <p>1:00 Farkle with Vicki (P)</p> <p>1:00 Open Pool (SP)</p> <p>1:00 Watercolor with Becky (AR)</p> <p><b>2:00 NEW - Kitchen Tours. RSVP at the Front Desk. Meet in the Lobby (LL)</b></p> <p>2:30 BINGO (DR)</p> <p>3:00 Happy Hour with William Spilette (P)</p> <p>6:00 Rock Painting (AR)</p> <p>6:30 Hymn Sing-A-Long (P)</p> <p>7:00 Open Poker (CR)</p>	<p>8:00 Pedicures with Dawn - Cost is \$25, pay her. Sign up at the front desk for a time slot. (AR) <b>8</b></p> <p>9:00 Rhythm Reaction Fitness (SG)</p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby)</p> <p>9:30 Veteran's Group (Th)</p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Language Club - Want to Learn Sign Language? One of our residents will be teaching! (COMP)</p> <p>1:00 Open Cribbage (CR)</p> <p><b>1:00 Red Hat Ladies - Tea &amp; Movie (Th)</b></p> <p><b>1:00 Shopping at Fred Meyer</b></p> <p>5:45 Rummy Q (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>9</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p><b>10:30 Health Talks with Sabrina (Th)</b></p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag Baseball Teams C &amp; D (SG)</p> <p>1:00 Open Pool (SP)</p> <p><b>1:00 Po-Ke-No Card Game with Vicki (TL)</b></p> <p><b>2:30 Bingo Auction - Bring Your Bingo Bucks to Bid on Some Great Prizes (In the Dining Room)</b></p> <p>3:00 Tai-Chi - Moving for Better Balance (P)</p> <p>4:30 Linda on Piano (DR)</p> <p><b>4:30 Supper Outing to The Hammond Kitchen &amp; Craft Bar in Camas. RSVP</b></p>	<p>9:00 Sit To Be Fit (SG) <b>10</b></p> <p><b>9:30 Shopping trip: - Walmart, Trader Joe's, Fred Meyer (RSVP at the front desk.)</b></p> <p>10:00 Alzheimer's and Dementia Caregiver Support Group (Th)</p> <p>10:00 Chair Massage Therapy - Sign up at the Front Desk. \$20 (ECU)</p> <p>10:30 Beanbag Teams A &amp; B (SG)</p> <p>11:15 Grief Support Group (Th)</p> <p><b>12:30 Bus to Vanc Mall RSVP</b></p> <p><b>12:30 Glenwood Choir (Th)</b></p> <p>1:00 Wii Bowling (SG)</p> <p><b>1:30 Residents Association Meeting (DR)</b></p> <p>2:30 Happy Hour with Karen Overton (DR)</p> <p>6:00 No Friday Movie</p> <p><b>7:00 Performance - The Dynamic Duo of Reno and Cindy Hollar. Great dancing music and songs (DR)</b></p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>11</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p>10:30 Saturday Morning with Madeline (SG)</p> <p><b>1:00 All the World's a Zoo (Th)</b></p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p><b>2:00 Encore Performance - More Music with Reno and Cindy Hollar (DR)</b></p> <p>6:00 Saturday Night Movie - "Downton Abbey" (2019) PG 2h 2min (Th)</p>
<p>8:20 Bus to Columbia Presbyterian <b>12</b></p> <p>8:20 Bus to St Joseph's. RSVP</p> <p>8:20 Bus to St. Paul Lutheran</p> <p>9:00 Bus to Immanuel Lutheran</p> <p>9:20 Bus to First Presbyterian</p> <p>9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Th)</p> <p>1:00 Open Scrabble (P)</p> <p>1:00 Sunday Movie - "Larger Than Life" (1996) PG 1h 33min (Th)</p> <p>1:30 Open Hand in Foot Card Game (CR)</p> <p>3:00 Open Boggle (Cue Room)</p> <p>5:45 Rummy Q (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>13</b></p> <p>9:30 Sit to be Fit (Lofts Lobby)</p> <p>9:30 Threading Needles (AR)</p> <p>10:30 Music Therapy with Dan (Th)</p> <p><b>10:45 Lunch Outing to Red Lobster. RSVP</b></p> <p>12:30 Blood Pressures (P)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Monday Movie - "The Two Popes" (2019) PG-13 2h 5min (Th)</p> <p>1:00 Open Bridge (CR)</p> <p>1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p><b>1:30 Outing to Local Thrift Stores. RSVP</b></p> <p>2:00 Bulletin Board Crafters - (AR)</p> <p>3:00 Tai-Chi (P)</p> <p>6:30 Bible Study (ECU)</p> <p>6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>14</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p><b>10:00 Glenwood Theater Open House - Come join the Acting Group! (Th)</b></p> <p>10:30 Beach Ball Toss (in the Sky Gym)</p> <p>1:00 Beanbag Baseball Teams B &amp; D (SG)</p> <p>1:00 Open Pool (SP)</p> <p>2:30 BINGO (DR)</p> <p>3:00 Happy Hour with Pianist Diome Alcomendac (P)</p> <p>6:00 Rock Painting (AR)</p> <p>6:30 Hymn Sing-A-Long (P)</p> <p>7:00 Open Poker (CR)</p>	<p>7:30 Women &amp; Men's Breakfast! Free. (7:30 - 8:30) (BQ) <b>15</b></p> <p>9:00 Rhythm Reaction (SG)</p> <p>9:30 "Sit to be Fit" (Lofts Lobby)</p> <p>9:30 Veteran's Group (Th)</p> <p>10:30 Beanbag Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Open Cribbage (CR)</p> <p><b>1:00 Shopping at Fred Meyer</b></p> <p><b>2:30 Let's Play Jeopardy! (Th)</b></p> <p>5:45 Rummy Q (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>16</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:30 Book Club hosted by Cynthia (ECU)</p> <p>11:00 History Talks with John Griffin (Th)</p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag Teams C &amp; D (SG)</p> <p>1:00 5 Crowns Card Game (TL)</p> <p>1:00 Open Pool (SP)</p> <p><b>2:30 Glentucky Derby Horse Racing - Store is open! Bring your Derby Bucks (Th)</b></p> <p>3:00 Tai-Chi (P)</p> <p>4:30 Linda on Piano (DR)</p> <p><b>4:30 Supper Outing to Patrick's Hawaiian Cafe. RSVP</b></p>	<p>9:00 Sit To Be Fit (SG) <b>17</b></p> <p><b>9:30 Shopping at Winco, Walgreens, Dollar Tree, Target, and Safeway</b></p> <p>10:00 Alzheimer's and Dementia Support Group (Th)</p> <p>10:00 Chair Massage Therapy - \$20 (ECU)</p> <p>10:30 Beanbag Teams A &amp; B (SG)</p> <p><b>10:30 Headlines and Donuts (TL)</b></p> <p>11:15 Grief Support Group (Th)</p> <p><b>12:30 Bus to Vanc Mall RSVP</b></p> <p>1:00 Glenwood Choir (Th)</p> <p>1:00 Wii Bowling (SG)</p> <p>2:30 Happy Hour Mike Hart (DR)</p> <p>6:00 Friday Night Movie - "The Report" (2019) RATED R 1h 59min (Th)</p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>18</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p>10:30 Saturday Morning with Madeline (SG)</p> <p>11:00 Sewing Lady - Mending and hemming at a reasonable rate (MR)</p> <p><b>1:00 Mystery Drive with Carroll. RSVP</b></p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p>1:00 Symphony Saturday - Rachmaninov, Piano Concerto No. 2 in C minor - Yuja Wang, Yuri Temirkanov (Th)</p> <p>2:30 BINGO (DR)</p> <p>6:00 Saturday Night Movie - "Seven Brides for Seven Brothers" (1954) G 1h 42min (Th)</p>

<p>8:20 Bus to Columbia Presbyterian <b>19</b></p> <p>8:20 Bus to St Joseph's. RSVP 8:20 Bus to St. Paul Lutheran 9:00 Bus to Immanuel Lutheran 9:20 Bus to First Presbyterian 9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht) 11:00 Cherie The Card Lady (LL) 1:00 Open Scrabble (P) 1:00 Sunday Movie - "Operation Dumbo Drop" (1995) PG 1h 47min (Tht) 1:30 Open Hand in Foot Card Game (CR) 2:00 Episcopal Communion (ECU) 3:00 Columbia Christian Church (DR) 3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge) 5:45 Rummy Q in the Lofts (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>20</b></p> <p>9:30 Sit to be Fit in the Lofts (Lofts Lobby)</p> <p><b>9:30 Tour of Pendleton Weaving Mill in Washougal. Limited Seating. Free</b></p> <p>9:30 Threading Needles (AR) 12:30 Blood Pressures Reading for Plaza residents (P) 1:00 Aqua Fitness (Pool Room) 1:00 Monday Movie - "Annie" (1982) PG 2h 7min (Tht) 1:00 Open Bridge (CR) 1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p><b>1:00 Tour of Pendleton Weaving Mill in Washougal. Limited Seating Free.</b></p> <p><b>2:00 Photo Fun with Rebecca! Bring your Camera or Smartphone and let's take photos! (Computer Lab)</b></p> <p>3:00 Tai-Chi - Moving for Better Balance (P) 6:30 Bible Study (ECU) 6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>21</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) 10:00 Glenwood Theater Rehearsal (Tht) 10:30 Beach Ball Toss (in the Sky Gym) 11:30 Free Eyeglass Clinic - eyeglass cleaning and adjustments (LL) 1:00 Beanbag Baseball Teams B &amp; D (SG) 1:00 Farkle with Vicki (P) 1:00 Open Pool (SP) 2:30 BINGO (DR) 3:00 Happy Hour with Stan Lasley (P) 6:30 Hymn Sing-A-Long (P) 7:00 Open Poker (CR)</p> <p><b>7:00 Beanbag Baseball Banquet – Fried Chicken Dinner, drinks, and the award ceremony. Limited to one guest. RSVP. (DR)</b></p>	<p>9:00 Rhythm Reaction Fitness (SG) <b>22</b></p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby) 9:30 Veteran's Group (Tht) 10:30 Beanbag Baseball Teams A &amp; C (SG) 11:30 Jerlean on Piano (DR) 12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby) 1:00 Aqua Fitness (Pool Room) 1:00 Open Cribbage (CR) <b>1:00 Shopping at Fred Meyer</b> <b>2:30 Readings with Nick - Come listen to humorous stories from various popular authors (Tht)</b> 5:45 Rummy Q in the Lofts (Lofts Lobby) 6:30 Bridge (CR) 6:30 Open Pinochle Card Game (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>23</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) <b>10:30 Health Talks with Sabrina (Tht)</b> 12:30 Blood Pressure Reading for Terrace Residents (TL) 1:00 Beanbag Baseball Teams C &amp; D (SG) 1:00 Open Pool (SP) <b>1:00 Po-Ke-No Card Game with Vicki (TL)</b> 2:00 Life Goes On Support Group - with St. Luke's Episcopal Church (ECU) 2:30 BINGO (DR) 3:00 Tai-Chi - Moving for Better Balance (P) 4:30 Linda on Piano (DR) <b>4:30 Supper Outing to Golden City Restaurant. RSVP</b></p>	<p>9:00 Sit To Be Fit (SG) <b>24</b></p> <p><b>9:30 Shopping trip: - Walmart, Trader Joe's, Fred Meyer (RSVP at the front desk.)</b></p> <p>10:00 Chair Massage Therapy - Sign up at the Front Desk. \$20 (ECU) <b>10:30 Ted Talks (Tht)</b> 10:30 Beanbag Baseball Teams A &amp; B (SG) 12:30 Bus to Vancouver Mall. RSVP 1:00 Glenwood Choir (Tht) 1:00 Wii Bowling (SG) <b>2:30 Come Celebrate Chinese New Year with Shelly Voight (DR)</b> 6:00 Friday Night Movie - "Born Free" (1966) PG 1h 35min (Tht)</p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>25</b></p> <p>10:30 Open Chess &amp; Checkers (CR) 10:30 Saturday Morning with Madeline (SG) <b>1:00 5 Minute Mysteries - Entertaining stumpers will sharpen your powers of observation and test your deductive skills (Tht)</b> 1:00 Open Billiards (Cue Room 3rd Floor Lodge) <b>1:30 Outing to the Vancouver Symphony (Admission \$40)</b> 2:30 BINGO (DR) 6:00 Saturday Night Movie - "For Me and My Gal" (1942) 1h 44min (Tht)</p>
<p>8:20 Bus to Columbia Presbyterian <b>26</b></p> <p>8:20 Bus to St Joseph's. RSVP 8:20 Bus to St. Paul Lutheran 9:00 Bus to Immanuel Lutheran 9:20 Bus to First Presbyterian 9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht) 1:00 Open Scrabble (P) 1:00 Sunday Movie - "The Wild Country" (1970) G 1h 40min (Tht) 1:30 Open Hand in Foot Card Game (CR) 3:00 Hymns &amp; Devotions with Ron &amp; Donna (DR) 3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge) 5:45 Rummy Q in the Lofts (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>27</b></p> <p>9:30 Sit to be Fit in the Lofts (Lofts Lobby) 9:30 Threading Needles (AR) <b>10:30 Lunch Outing to Kitchen Table Cafe. RSVP</b></p> <p>10:30 Music Therapy with Dan - Join us for sing alongs and play instruments. (Tht) 12:30 Blood Pressures Reading for Plaza residents (P) 1:00 Aqua Fitness (Pool Room) 1:00 Monday Movie - "The Book Thief" (2013) PG-13 2h 11min (Tht) 1:00 Open Bridge (CR) 1:00 Open Farkle (Cue Room 3rd Floor Lodge) 2:00 Bulletin Board Crafters - come help decorate the bulletin boards with Rebecca! (AR) 3:00 Tai-Chi - Moving for Better Balance (P) 6:30 Bible Study (ECU) 6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>28</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) 10:00 Glenwood Theater Rehearsal (Tht) 10:30 Beach Ball Toss (in the Sky Gym) 1:00 Beanbag Baseball Teams B &amp; D (SG) 1:00 Open Pool (SP) 1:30 Classical Club with Terry. Must do if you are a music lover! (Tht) 2:30 BINGO (DR) 3:00 Happy Hour with Vladimir on Violin (P) 6:30 Hymn Sing-A-Long (P) <b>7:00 Bingo After Dark</b> 7:00 Open Poker (CR)</p>	<p>9:00 Rhythm Reaction Fitness (SG) <b>29</b></p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby) 9:30 Veteran's Group (Tht) <b>10:00 Outing to Fort Vancouver High School for their Community Love Lunch. Free. RSVP</b></p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG) 11:30 Jerlean on Piano (DR) 12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby) 1:00 Aqua Fitness (Pool Room) 1:00 Open Cribbage (CR) <b>1:00 Shopping at Fred Meyer</b> <b>2:30 Brain Games (Tht)</b> 4:00 Linda on Piano (DR) <b>4:00 Lodge Birthday Dinner - RSVP at the Front Desk (DR)</b> 5:45 Rummy Q in the Lofts (Lofts Lobby) 6:30 Bridge (CR) 6:30 Open Pinochle Card Game (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>30</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) <b>10:30 Film Appreciation with Nick - Come explore the aesthetics of cinema, the concepts behind storytelling and various elements of a film (Tht)</b> 12:30 Blood Pressure Reading for Terrace Residents (TL) 1:00 Beanbag Baseball Teams C &amp; D (SG) 1:00 Open Pool (SP) 2:30 BINGO (DR) 3:00 Tai-Chi - Moving for Better Balance (P) <b>4:00 Birthday Dinner for the Plaza, Terrace and Lofts (DR)</b> 4:30 Linda on Piano (DR)</p>	<p>9:00 Sit To Be Fit (SG) <b>31</b></p> <p><b>9:30 Shopping at Winco, Walgreens, Dollar Tree, Target, and Safeway</b></p> <p>10:00 Alzheimer's and Dementia Caregiver Support Group (Tht) 10:00 Chair Massage Therapy - Sign up at the Front Desk. \$20 (ECU) 10:30 Beanbag Baseball Teams A &amp; B (SG) 11:15 Grief Support Group (Tht) <b>12:30 Bus to Vancouver Mall. RSVP</b> <b>1:00 Glenwood Choir (Tht)</b> 1:00 Wii Bowling (SG) 2:30 Happy Hour with Emmy Horowitz (DR) 6:00 Friday Night Movie - "Armstrong" (2019) DOCUMENTARY 1h 40min (Tht)</p>	

## Room Key

<p>(AR) = Activity Room (DR) = Dining Room (LL) = Lodge Lobby (SG) = Sky Gym</p>	<p>(AR) = Activity Room 2nd Floor Lodge (ECU) = ECU Activity Room (MR) = Mailroom (SR) = Spa Room, 2nd floor Lodge</p>	<p>(BQ) = Buffet Dining Room (Lbal) = Lodge Balcony 2nd Floor (P) = Plaza Community Room (TP) = Terrace Front Patio</p>	<p>(CR) = Card Room, 3rd Floor Lodge (Lbal) = Lodge Balcony, 2nd Floor (P) = Plaza Community Room, 2nd floor (TL) = Terrace Lobby</p>	<p>(COMP) = Computer Room (DR) = Lodge Dining Room (PG) = Plaza Garage (TP) = Terrace Lobby/Front Patio Area</p>	<p>(CY) = Courtyard (LG) = Lodge Gardens (PP) = Pool Patio (Tht) = Theater</p>	<p>(Cue) = Cue Room, 3rd Floor Lodge (LLB) = Lodge Library (SP) = Pool Room, Lodge</p>
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# Glenwood Place Calendar

# JANUARY 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>DOCTOR DAYS TUESDAYS</b> West of ANDRESEN Road. Salmon Creek, Hazel Dell, Downtown Vancouver &amp; the VA.</p> <p><b>THURSDAYS</b> East of ANDRESEN Road. 87<sup>th</sup> Ave, Cascade Park, Fisher's Landing, Orchards Mall</p>	<p><b>All outings are highlighted in YELLOW.</b></p> <p><b>Sign up for these events at the front desk. If bus is full, please add your name to the waiting list</b></p>	<p>Glenwood Place 5500 NE 82nd Ave. Vancouver, WA 98662 (360) 892-1100</p> <p><b>Email Activities</b> <a href="mailto:navdienko@glenwoodplace.net">navdienko@glenwoodplace.net</a></p>	<p>9:00 Rhythm Reaction Fitness (SG) <b>1</b></p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby)</p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Open Cribbage (CR)</p> <p><b>1:00 Shopping at Fred Meyer</b></p> <p><b>2:00 Rose Bowl on the Big Screen - Ducks vs. Badgers. Pizza &amp; Soda Provided!!! (P)</b></p> <p>5:45 Rummy Q (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>2</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p><b>11:00 History Talks with John Griffin (Tht)</b></p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag C &amp; D (SG)</p> <p>1:00 Five Crowns Game (TL)</p> <p>1:00 Open Pool (SP)</p> <p><b>1:00 Activity Calendar Forum with Nick (Tht)</b></p> <p>2:30 Glentucky Derby Horse Races (Tht)</p> <p>3:00 Tai-Chi (P)</p> <p>4:30 Linda on Piano (DR)</p> <p><b>4:45 Supper Outing to Cameo Cafe. RSVP. Limited Seating</b></p>	<p>9:00 Sit To Be Fit (SG) <b>3</b></p> <p><b>9:30 Shopping at Winco, Walgreens, Dollar Tree, Target, and Safeway</b></p> <p>10:00 Chair Massage Therapy - \$20 (ECU)</p> <p><b>10:30 Brain Games (Tht)</b></p> <p>10:30 Beanbag A &amp; B (SG)</p> <p><b>12:30 Bus to Vanc Mall RSVP</b></p> <p>1:00 Glenwood Choir (Tht)</p> <p>1:00 Wii Bowling (SG)</p> <p><b>2:30 Happy Hour with Monte Watters (DR)</b></p> <p><b>6:00 No Friday Movie (Tht)</b></p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>4</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p><b>10:30 Saturday Morning with Madeline (SG)</b></p> <p>11:00 Sewing Lady - Mending and hemming at a reasonable rate (MR)</p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p>1:00 Symphony Saturday - Yuja Wang performs Schubert and Schumann (Tht)</p> <p>2:30 BINGO (DR)</p> <p><b>6:00 No Saturday Night Movie (Tht)</b></p>
<p>8:20 Bus to Columbia Presbyterian <b>5</b></p> <p>8:20 Bus to St Joseph's. RSVP</p> <p>8:20 Bus to St. Paul Lutheran</p> <p>9:00 Bus to Immanuel Lutheran</p> <p>9:20 Bus to First Presbyterian</p> <p>9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht)</p> <p>1:00 Open Scrabble (P)</p> <p>1:00 Sunday Movie - "McFarland, USA" (2015) PG 2h 9min (Tht)</p> <p>1:30 Open Hand in Foot Card Game (CR)</p> <p>2:00 Episcopal Communion (ECU)</p> <p>3:00 First Christian Church Service (DR)</p> <p>3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge)</p> <p>5:45 Rummy Q in the Lofts (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>6</b></p> <p><b>9:30 Casino Outing to Ilani Casino - RSVP Bring \$</b></p> <p>9:30 Sit to be Fit in the Lofts (Lofts Lobby)</p> <p>9:30 Threading Needles (AR)</p> <p>10:30 "People and Stories" Reading Group (LLB)</p> <p>10:30 Computer Lab - Bring your laptop, phone, or tablet and get your questions answered. (COMP)</p> <p>12:30 Blood Pressures Reading for Plaza residents (P)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Monday Movie - "Cinema Paradiso" (1988) FOREIGN FILM - RATED R 2h 35min (Tht)</p> <p>1:00 Open Bridge (CR)</p> <p>1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p>3:00 Tai-Chi (P)</p> <p>5:45 Bunco with Vicki. RSVP with Vicki (P)</p> <p>6:30 Bible Study (ECU)</p> <p>6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>7</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:00 Glenwood Theater Rehearsal (Tht)</p> <p><b>10:00 NEW - Kitchen Tours. RSVP at the Front Desk. Meet in the Lobby (LL)</b></p> <p>10:30 Beach Ball Toss (in the Sky Gym)</p> <p>1:00 Beanbag Teams B &amp; D (SG)</p> <p>1:00 Farkle with Vicki (P)</p> <p>1:00 Open Pool (SP)</p> <p>1:00 Watercolor with Becky (AR)</p> <p><b>2:00 NEW - Kitchen Tours. RSVP at the Front Desk. Meet in the Lobby (LL)</b></p> <p>2:30 BINGO (DR)</p> <p>3:00 Happy Hour with William Spilette (P)</p> <p>6:00 Rock Painting (AR)</p> <p>6:30 Hymn Sing-A-Long (P)</p> <p>7:00 Open Poker (CR)</p>	<p>8:00 Pedicures with Dawn - Cost is \$25, pay her. Sign up at the front desk for a time slot. (AR) <b>8</b></p> <p>9:00 Rhythm Reaction Fitness (SG)</p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby)</p> <p>9:30 Veteran's Group (Tht)</p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Language Club - Want to Learn Sign Language? One of our residents will be teaching! (COMP)</p> <p>1:00 Open Cribbage (CR)</p> <p><b>1:00 Red Hat Ladies - Tea &amp; Movie (Tht)</b></p> <p><b>1:00 Shopping at Fred Meyer</b></p> <p>5:45 Rummy Q (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>9</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p><b>10:30 Health Talks with Sabrina (Tht)</b></p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag Baseball Teams C &amp; D (SG)</p> <p>1:00 Open Pool (SP)</p> <p><b>1:00 Po-Ke-No Card Game with Vicki (TL)</b></p> <p><b>2:30 Bingo Auction - Bring Your Bingo Bucks to Bid on Some Great Prizes (In the Dining Room)</b></p> <p>3:00 Tai-Chi - Moving for Better Balance (P)</p> <p>4:30 Linda on Piano (DR)</p> <p><b>4:30 Supper Outing to The Hammond Kitchen &amp; Craft Bar in Camas. RSVP</b></p>	<p>9:00 Sit To Be Fit (SG) <b>10</b></p> <p><b>9:30 Shopping trip: - Walmart, Trader Joe's, Fred Meyer (RSVP at the front desk.)</b></p> <p>10:00 Alzheimer's and Dementia Caregiver Support Group (Tht)</p> <p>10:00 Chair Massage Therapy - Sign up at the Front Desk. \$20 (ECU)</p> <p>10:30 Beanbag Teams A &amp; B (SG)</p> <p>11:15 Grief Support Group (Tht)</p> <p><b>12:30 Bus to Vanc Mall RSVP</b></p> <p><b>12:30 Glenwood Choir (Tht)</b></p> <p>1:00 Wii Bowling (SG)</p> <p><b>1:30 Residents Association Meeting (DR)</b></p> <p>2:30 Happy Hour with Karen Overton (DR)</p> <p>6:00 No Friday Movie</p> <p><b>7:00 Performance - The Dynamic Duo of Reno and Cindy Hollar. Great dancing music and songs (DR)</b></p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>11</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p>10:30 Saturday Morning with Madeline (SG)</p> <p><b>1:00 All the World's a Zoo (Tht)</b></p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p><b>2:00 Encore Performance - More Music with Reno and Cindy Hollar (DR)</b></p> <p>6:00 Saturday Night Movie - "Downton Abbey" (2019) PG 2h 2min (Tht)</p>
<p>8:20 Bus to Columbia Presbyterian <b>12</b></p> <p>8:20 Bus to St Joseph's. RSVP</p> <p>8:20 Bus to St. Paul Lutheran</p> <p>9:00 Bus to Immanuel Lutheran</p> <p>9:20 Bus to First Presbyterian</p> <p>9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht)</p> <p>1:00 Open Scrabble (P)</p> <p>1:00 Sunday Movie - "Larger Than Life" (1996) PG 1h 33min (Tht)</p> <p>1:30 Open Hand in Foot Card Game (CR)</p> <p>3:00 Open Boggle (Cue Room)</p> <p>5:45 Rummy Q (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>13</b></p> <p>9:30 Sit to be Fit (Lofts Lobby)</p> <p>9:30 Threading Needles (AR)</p> <p>10:30 Music Therapy with Dan (Tht)</p> <p><b>10:45 Lunch Outing to Red Lobster. RSVP</b></p> <p>12:30 Blood Pressures (P)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Monday Movie - "The Two Popes" (2019) PG-13 2h 5min (Tht)</p> <p>1:00 Open Bridge (CR)</p> <p>1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p><b>1:30 Outing to Local Thrift Stores. RSVP</b></p> <p>2:00 Bulletin Board Crafters - (AR)</p> <p>3:00 Tai-Chi (P)</p> <p>6:30 Bible Study (ECU)</p> <p>6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>14</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p><b>10:00 Glenwood Theater Open House - Come join the Acting Group! (Tht)</b></p> <p>10:30 Beach Ball Toss (in the Sky Gym)</p> <p>1:00 Beanbag Baseball Teams B &amp; D (SG)</p> <p>1:00 Open Pool (SP)</p> <p>2:30 BINGO (DR)</p> <p>3:00 Happy Hour with Pianist Diome Alcomendac (P)</p> <p>6:00 Rock Painting (AR)</p> <p>6:30 Hymn Sing-A-Long (P)</p> <p>7:00 Open Poker (CR)</p>	<p>7:30 Women &amp; Men's Breakfast! Free. (7:30 - 8:30) (BQ) <b>15</b></p> <p>9:00 Rhythm Reaction (SG)</p> <p>9:30 "Sit to be Fit" (Lofts Lobby)</p> <p>9:30 Veteran's Group (Tht)</p> <p>10:30 Beanbag Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Open Cribbage (CR)</p> <p><b>1:00 Shopping at Fred Meyer</b></p> <p><b>2:30 Let's Play Jeopardy! (Tht)</b></p> <p>5:45 Rummy Q (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>16</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:30 Book Club hosted by Cynthia (ECU)</p> <p>11:00 History Talks with John Griffin (Tht)</p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag Teams C &amp; D (SG)</p> <p>1:00 5 Crowns Card Game (TL)</p> <p>1:00 Open Pool (SP)</p> <p><b>2:30 Glentucky Derby Horse Racing - Store is open! Bring your Derby Bucks (Tht)</b></p> <p>3:00 Tai-Chi (P)</p> <p>4:30 Linda on Piano (DR)</p> <p><b>4:30 Supper Outing to Patrick's Hawaiian Cafe. RSVP</b></p>	<p>9:00 Sit To Be Fit (SG) <b>17</b></p> <p><b>9:30 Shopping at Winco, Walgreens, Dollar Tree, Target, and Safeway</b></p> <p>10:00 Alzheimer's and Dementia Support Group (Tht)</p> <p>10:00 Chair Massage Therapy - \$20 (ECU)</p> <p>10:30 Beanbag Teams A &amp; B (SG)</p> <p><b>10:30 Headlines and Donuts (TL)</b></p> <p>11:15 Grief Support Group (Tht)</p> <p><b>12:30 Bus to Vanc Mall RSVP</b></p> <p>1:00 Glenwood Choir (Tht)</p> <p>1:00 Wii Bowling (SG)</p> <p>2:30 Happy Hour Mike Hart (DR)</p> <p>6:00 Friday Night Movie - "The Report" (2019) RATED R 1h 59min (Tht)</p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>18</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p>10:30 Saturday Morning with Madeline (SG)</p> <p>11:00 Sewing Lady - Mending and hemming at a reasonable rate (MR)</p> <p><b>1:00 Mystery Drive with Carroll. RSVP</b></p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p>1:00 Symphony Saturday - Rachmaninov, Piano Concerto No. 2 in C minor - Yuja Wang, Yuri Temirkanov (Tht)</p> <p>2:30 BINGO (DR)</p> <p>6:00 Saturday Night Movie - "Seven Brides for Seven Brothers" (1954) G 1h 42min (Tht)</p>

<p>8:20 Bus to Columbia Presbyterian <b>19</b></p> <p>8:20 Bus to St Joseph's. RSVP 8:20 Bus to St. Paul Lutheran 9:00 Bus to Immanuel Lutheran 9:20 Bus to First Presbyterian 9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht) 11:00 Cherie The Card Lady (LL) 1:00 Open Scrabble (P) 1:00 Sunday Movie - "Operation Dumbo Drop" (1995) PG 1h 47min (Tht) 1:30 Open Hand in Foot Card Game (CR) 2:00 Episcopal Communion (ECU) 3:00 Columbia Christian Church (DR) 3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge) 5:45 Rummy Q in the Lofts (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>20</b></p> <p>9:30 Sit to be Fit in the Lofts (Lofts Lobby)</p> <p><b>9:30 Tour of Pendleton Weaving Mill in Washougal. Limited Seating. Free</b></p> <p>9:30 Threading Needles (AR) 12:30 Blood Pressures Reading for Plaza residents (P) 1:00 Aqua Fitness (Pool Room) 1:00 Monday Movie - "Annie" (1982) PG 2h 7min (Tht) 1:00 Open Bridge (CR) 1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p><b>1:00 Tour of Pendleton Weaving Mill in Washougal. Limited Seating Free.</b></p> <p><b>2:00 Photo Fun with Rebecca! Bring your Camera or Smartphone and let's take photos! (Computer Lab)</b></p> <p>3:00 Tai-Chi - Moving for Better Balance (P) 6:30 Bible Study (ECU) 6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>21</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) 10:00 Glenwood Theater Rehearsal (Tht) 10:30 Beach Ball Toss (in the Sky Gym) 11:30 Free Eyeglass Clinic - eyeglass cleaning and adjustments (LL) 1:00 Beanbag Baseball Teams B &amp; D (SG) 1:00 Farkle with Vicki (P) 1:00 Open Pool (SP) 2:30 BINGO (DR) 3:00 Happy Hour with Stan Lasley (P) 6:30 Hymn Sing-A-Long (P) 7:00 Open Poker (CR)</p> <p><b>7:00 Beanbag Baseball Banquet – Fried Chicken Dinner, drinks, and the award ceremony. Limited to one guest. RSVP. (DR)</b></p>	<p>9:00 Rhythm Reaction Fitness (SG) <b>22</b></p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby) 9:30 Veteran's Group (Tht) 10:30 Beanbag Baseball Teams A &amp; C (SG) 11:30 Jerlean on Piano (DR) 12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby) 1:00 Aqua Fitness (Pool Room) 1:00 Open Cribbage (CR) <b>1:00 Shopping at Fred Meyer</b> <b>2:30 Readings with Nick - Come listen to humorous stories from various popular authors (Tht)</b> 5:45 Rummy Q in the Lofts (Lofts Lobby) 6:30 Bridge (CR) 6:30 Open Pinochle Card Game (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>23</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) <b>10:30 Health Talks with Sabrina (Tht)</b> 12:30 Blood Pressure Reading for Terrace Residents (TL) 1:00 Beanbag Baseball Teams C &amp; D (SG) 1:00 Open Pool (SP) <b>1:00 Po-Ke-No Card Game with Vicki (TL)</b> 2:00 Life Goes On Support Group - with St. Luke's Episcopal Church (ECU) 2:30 BINGO (DR) 3:00 Tai-Chi - Moving for Better Balance (P) 4:30 Linda on Piano (DR) <b>4:30 Supper Outing to Golden City Restaurant. RSVP</b></p>	<p>9:00 Sit To Be Fit (SG) <b>24</b></p> <p><b>9:30 Shopping trip: - Walmart, Trader Joe's, Fred Meyer (RSVP at the front desk.)</b></p> <p>10:00 Chair Massage Therapy - Sign up at the Front Desk. \$20 (ECU) <b>10:30 Ted Talks (Tht)</b> 10:30 Beanbag Baseball Teams A &amp; B (SG) 12:30 Bus to Vancouver Mall. RSVP 1:00 Glenwood Choir (Tht) 1:00 Wii Bowling (SG) <b>2:30 Come Celebrate Chinese New Year with Shelly Voight (DR)</b> 6:00 Friday Night Movie - "Born Free" (1966) PG 1h 35min (Tht)</p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>25</b></p> <p>10:30 Open Chess &amp; Checkers (CR) 10:30 Saturday Morning with Madeline (SG) <b>1:00 5 Minute Mysteries - Entertaining stumpers will sharpen your powers of observation and test your deductive skills (Tht)</b> 1:00 Open Billiards (Cue Room 3rd Floor Lodge) <b>1:30 Outing to the Vancouver Symphony (Admission \$40)</b> 2:30 BINGO (DR) 6:00 Saturday Night Movie - "For Me and My Gal" (1942) 1h 44min (Tht)</p>
<p>8:20 Bus to Columbia Presbyterian <b>26</b></p> <p>8:20 Bus to St Joseph's. RSVP 8:20 Bus to St. Paul Lutheran 9:00 Bus to Immanuel Lutheran 9:20 Bus to First Presbyterian 9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht) 1:00 Open Scrabble (P) 1:00 Sunday Movie - "The Wild Country" (1970) G 1h 40min (Tht) 1:30 Open Hand in Foot Card Game (CR) 3:00 Hymns &amp; Devotions with Ron &amp; Donna (DR) 3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge) 5:45 Rummy Q in the Lofts (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>27</b></p> <p>9:30 Sit to be Fit in the Lofts (Lofts Lobby) 9:30 Threading Needles (AR) <b>10:30 Lunch Outing to Kitchen Table Cafe. RSVP</b></p> <p>10:30 Music Therapy with Dan - Join us for sing alongs and play instruments. (Tht) 12:30 Blood Pressures Reading for Plaza residents (P) 1:00 Aqua Fitness (Pool Room) 1:00 Monday Movie - "The Book Thief" (2013) PG-13 2h 11min (Tht) 1:00 Open Bridge (CR) 1:00 Open Farkle (Cue Room 3rd Floor Lodge) 2:00 Bulletin Board Crafters - come help decorate the bulletin boards with Rebecca! (AR) 3:00 Tai-Chi - Moving for Better Balance (P) 6:30 Bible Study (ECU) 6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>28</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) 10:00 Glenwood Theater Rehearsal (Tht) 10:30 Beach Ball Toss (in the Sky Gym) 1:00 Beanbag Baseball Teams B &amp; D (SG) 1:00 Open Pool (SP) 1:30 Classical Club with Terry. Must do if you are a music lover! (Tht) 2:30 BINGO (DR) 3:00 Happy Hour with Vladimir on Violin (P) 6:30 Hymn Sing-A-Long (P) <b>7:00 Bingo After Dark</b> 7:00 Open Poker (CR)</p>	<p>9:00 Rhythm Reaction Fitness (SG) <b>29</b></p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby) 9:30 Veteran's Group (Tht) <b>10:00 Outing to Fort Vancouver High School for their Community Love Lunch. Free. RSVP</b></p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG) 11:30 Jerlean on Piano (DR) 12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby) 1:00 Aqua Fitness (Pool Room) 1:00 Open Cribbage (CR) <b>1:00 Shopping at Fred Meyer</b> <b>2:30 Brain Games (Tht)</b> 4:00 Linda on Piano (DR) <b>4:00 Lodge Birthday Dinner - RSVP at the Front Desk (DR)</b> 5:45 Rummy Q in the Lofts (Lofts Lobby) 6:30 Bridge (CR) 6:30 Open Pinochle Card Game (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>30</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) <b>10:30 Film Appreciation with Nick - Come explore the aesthetics of cinema, the concepts behind storytelling and various elements of a film (Tht)</b> 12:30 Blood Pressure Reading for Terrace Residents (TL) 1:00 Beanbag Baseball Teams C &amp; D (SG) 1:00 Open Pool (SP) 2:30 BINGO (DR) 3:00 Tai-Chi - Moving for Better Balance (P) <b>4:00 Birthday Dinner for the Plaza, Terrace and Lofts (DR)</b> 4:30 Linda on Piano (DR)</p>	<p>9:00 Sit To Be Fit (SG) <b>31</b></p> <p><b>9:30 Shopping at Winco, Walgreens, Dollar Tree, Target, and Safeway</b></p> <p>10:00 Alzheimer's and Dementia Caregiver Support Group (Tht) 10:00 Chair Massage Therapy - Sign up at the Front Desk. \$20 (ECU) 10:30 Beanbag Baseball Teams A &amp; B (SG) 11:15 Grief Support Group (Tht) <b>12:30 Bus to Vancouver Mall. RSVP</b> <b>1:00 Glenwood Choir (Tht)</b> 1:00 Wii Bowling (SG) 2:30 Happy Hour with Emmy Horowitz (DR) 6:00 Friday Night Movie - "Armstrong" (2019) DOCUMENTARY 1h 40min (Tht)</p>	

## Room Key

(AR) = Activity Room	(AR) = Activity Room 2nd Floor Lodge	(BQ) = Buffet Dining Room	(CR) = Card Room, 3rd Floor Lodge	(COMP) = Computer Room	(CY) = Courtyard	(Cue) = Cue Room, 3rd Floor Lodge
(DR) = Dining Room	(ECU) = ECU Activity Room	(Lbal) = Lodge Balcony 2nd Floor	(Lbal) = Lodge Balcony, 2nd Floor	(DR) = Lodge Dining Room	(LG) = Lodge Gardens	(LLB) = Lodge Library
(LL) = Lodge Lobby	(MR) = Mailroom	(P) = Plaza Community Room	(P) = Plaza Community Room, 2nd floor	(PG) = Plaza Garage	(PP) = Pool Patio	(SP) = Pool Room, Lodge
(SG) = Sky Gym	(SR) = Spa Room, 2nd floor Lodge	(TP) = Terrace Front Patio	(TL) = Terrace Lobby	(TP) = Terrace Lobby/Front Patio Area	(Tht) = Theater	



# Glenwood Place Calendar

# JANUARY 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>DOCTOR DAYS TUESDAYS</b> West of ANDRESEN Road. Salmon Creek, Hazel Dell, Downtown Vancouver &amp; the VA.</p> <p><b>THURSDAYS</b> East of ANDRESEN Road. 87<sup>th</sup> Ave, Cascade Park, Fisher's Landing, Orchards Mall</p>	<p><b>All outings are highlighted in YELLOW.</b></p> <p>Sign up for these events at the front desk. If bus is full, please add your name to the waiting list</p>	<p>Glenwood Place 5500 NE 82nd Ave. Vancouver, WA 98662 (360) 892-1100</p> <p>Email Activities <a href="mailto:navdienko@glenwoodplace.net">navdienko@glenwoodplace.net</a></p>	<p>9:00 Rhythm Reaction Fitness (SG) <b>1</b></p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby)</p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Open Cribbage (CR)</p> <p>1:00 Shopping at Fred Meyer</p> <p>2:00 Rose Bowl on the Big Screen - Ducks vs. Badgers. Pizza &amp; Soda Provided!!! (P)</p> <p>5:45 Rummy Q (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>2</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>11:00 History Talks with John Griffin (Tht)</p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag C &amp; D (SG)</p> <p>1:00 Five Crowns Game (TL)</p> <p>1:00 Open Pool (SP)</p> <p>1:00 Activity Calendar Forum with Nick (Tht)</p> <p>2:30 Glentucky Derby Horse Races (Tht)</p> <p>3:00 Tai-Chi (P)</p> <p>4:30 Linda on Piano (DR)</p> <p>4:45 Supper Outing to Cameo Cafe. RSVP. Limited Seating</p>	<p>9:00 Sit To Be Fit (SG) <b>3</b></p> <p>9:30 Shopping at Winco, Walgreens, Dollar Tree, Target, and Safeway</p> <p>10:00 Chair Massage Therapy - \$20 (ECU)</p> <p>10:30 Brain Games (Tht)</p> <p>10:30 Beanbag A &amp; B (SG)</p> <p>12:30 Bus to Vanc Mall RSVP</p> <p>1:00 Glenwood Choir (Tht)</p> <p>1:00 Wii Bowling (SG)</p> <p>2:30 Happy Hour with Monte Watters (DR)</p> <p>6:00 No Friday Movie (Tht)</p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>4</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p>10:30 Saturday Morning with Madeline (SG)</p> <p>11:00 Sewing Lady - Mending and hemming at a reasonable rate (MR)</p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p>1:00 Symphony Saturday - Yuja Wang performs Schubert and Schumann (Tht)</p> <p>2:30 BINGO (DR)</p> <p>6:00 No Saturday Night Movie (Tht)</p>
<p>8:20 Bus to Columbia Presbyterian <b>5</b></p> <p>8:20 Bus to St Joseph's. RSVP</p> <p>8:20 Bus to St. Paul Lutheran</p> <p>9:00 Bus to Immanuel Lutheran</p> <p>9:20 Bus to First Presbyterian</p> <p>9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht)</p> <p>1:00 Open Scrabble (P)</p> <p>1:00 Sunday Movie - "McFarland, USA" (2015) PG 2h 9min (Tht)</p> <p>1:30 Open Hand in Foot Card Game (CR)</p> <p>2:00 Episcopal Communion (ECU)</p> <p>3:00 First Christian Church Service (DR)</p> <p>3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge)</p> <p>5:45 Rummy Q in the Lofts (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>6</b></p> <p>9:30 Casino Outing to Ilani Casino - RSVP Bring \$</p> <p>9:30 Sit to be Fit in the Lofts (Lofts Lobby)</p> <p>9:30 Threading Needles (AR)</p> <p>10:30 "People and Stories" Reading Group (LLB)</p> <p>10:30 Computer Lab - Bring your laptop, phone, or tablet and get your questions answered. (COMP)</p> <p>12:30 Blood Pressures Reading for Plaza residents (P)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Monday Movie - "Cinema Paradiso" (1988) FOREIGN FILM - RATED R 2h 35min (Tht)</p> <p>1:00 Open Bridge (CR)</p> <p>1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p>3:00 Tai-Chi (P)</p> <p>5:45 Bunco with Vicki. RSVP with Vicki (P)</p> <p>6:30 Bible Study (ECU)</p> <p>6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>7</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:00 Glenwood Theater Rehearsal (Tht)</p> <p>10:00 NEW - Kitchen Tours. RSVP at the Front Desk. Meet in the Lobby (LL)</p> <p>10:30 Beach Ball Toss (in the Sky Gym)</p> <p>1:00 Beanbag Teams B &amp; D (SG)</p> <p>1:00 Farkle with Vicki (P)</p> <p>1:00 Open Pool (SP)</p> <p>1:00 Watercolor with Becky (AR)</p> <p>2:00 NEW - Kitchen Tours. RSVP at the Front Desk. Meet in the Lobby (LL)</p> <p>2:30 BINGO (DR)</p> <p>3:00 Happy Hour with William Spilette (P)</p> <p>6:00 Rock Painting (AR)</p> <p>6:30 Hymn Sing-A-Long (P)</p> <p>7:00 Open Poker (CR)</p>	<p>8:00 Pedicures with Dawn - Cost is \$25, pay her. Sign up at the front desk for a time slot. (AR) <b>8</b></p> <p>9:00 Rhythm Reaction Fitness (SG)</p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby)</p> <p>9:30 Veteran's Group (Tht)</p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Language Club - Want to Learn Sign Language? One of our residents will be teaching! (COMP)</p> <p>1:00 Open Cribbage (CR)</p> <p>1:00 Red Hat Ladies - Tea &amp; Movie (Tht)</p> <p>1:00 Shopping at Fred Meyer</p> <p>5:45 Rummy Q (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>9</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:30 Health Talks with Sabrina (Tht)</p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag Baseball Teams C &amp; D (SG)</p> <p>1:00 Open Pool (SP)</p> <p>1:00 Po-Ke-No Card Game with Vicki (TL)</p> <p>2:30 Bingo Auction - Bring Your Bingo Bucks to Bid on Some Great Prizes (In the Dining Room)</p> <p>3:00 Tai-Chi - Moving for Better Balance (P)</p> <p>4:30 Linda on Piano (DR)</p> <p>4:30 Supper Outing to The Hammond Kitchen &amp; Craft Bar in Camas. RSVP</p>	<p>9:00 Sit To Be Fit (SG) <b>10</b></p> <p>9:30 Shopping trip: - Walmart, Trader Joe's, Fred Meyer (RSVP at the front desk.)</p> <p>10:00 Alzheimer's and Dementia Caregiver Support Group (Tht)</p> <p>10:00 Chair Massage Therapy - Sign up at the Front Desk. \$20 (ECU)</p> <p>10:30 Beanbag Teams A &amp; B (SG)</p> <p>11:15 Grief Support Group (Tht)</p> <p>12:30 Bus to Vanc Mall RSVP</p> <p>12:30 Glenwood Choir (Tht)</p> <p>1:00 Wii Bowling (SG)</p> <p>1:30 Residents Association Meeting (DR)</p> <p>2:30 Happy Hour with Karen Overton (DR)</p> <p>6:00 No Friday Movie</p> <p>7:00 Performance - The Dynamic Duo of Reno and Cindy Hollar. Great dancing music and songs (DR)</p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>11</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p>10:30 Saturday Morning with Madeline (SG)</p> <p>1:00 All the World's a Zoo (Tht)</p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p>2:00 Encore Performance - More Music with Reno and Cindy Hollar (DR)</p> <p>6:00 Saturday Night Movie - "Downton Abbey" (2019) PG 2h 2min (Tht)</p>
<p>8:20 Bus to Columbia Presbyterian <b>12</b></p> <p>8:20 Bus to St Joseph's. RSVP</p> <p>8:20 Bus to St. Paul Lutheran</p> <p>9:00 Bus to Immanuel Lutheran</p> <p>9:20 Bus to First Presbyterian</p> <p>9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht)</p> <p>1:00 Open Scrabble (P)</p> <p>1:00 Sunday Movie - "Larger Than Life" (1996) PG 1h 33min (Tht)</p> <p>1:30 Open Hand in Foot Card Game (CR)</p> <p>3:00 Open Boggle (Cue Room)</p> <p>5:45 Rummy Q (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>13</b></p> <p>9:30 Sit to be Fit (Lofts Lobby)</p> <p>9:30 Threading Needles (AR)</p> <p>10:30 Music Therapy with Dan (Tht)</p> <p>10:45 Lunch Outing to Red Lobster. RSVP</p> <p>12:30 Blood Pressures (P)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Monday Movie - "The Two Popes" (2019) PG-13 2h 5min (Tht)</p> <p>1:00 Open Bridge (CR)</p> <p>1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p>1:30 Outing to Local Thrift Stores. RSVP</p> <p>2:00 Bulletin Board Crafters - (AR)</p> <p>3:00 Tai-Chi (P)</p> <p>6:30 Bible Study (ECU)</p> <p>6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>14</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:00 Glenwood Theater Open House - Come join the Acting Group! (Tht)</p> <p>10:30 Beach Ball Toss (in the Sky Gym)</p> <p>1:00 Beanbag Baseball Teams B &amp; D (SG)</p> <p>1:00 Open Pool (SP)</p> <p>2:30 BINGO (DR)</p> <p>3:00 Happy Hour with Pianist Diome Alcomendac (P)</p> <p>6:00 Rock Painting (AR)</p> <p>6:30 Hymn Sing-A-Long (P)</p> <p>7:00 Open Poker (CR)</p>	<p>7:30 Women &amp; Men's Breakfast! Free. (7:30 - 8:30) (BQ) <b>15</b></p> <p>9:00 Rhythm Reaction (SG)</p> <p>9:30 "Sit to be Fit" (Lofts Lobby)</p> <p>9:30 Veteran's Group (Tht)</p> <p>10:30 Beanbag Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Open Cribbage (CR)</p> <p>1:00 Shopping at Fred Meyer</p> <p>2:30 Let's Play Jeopardy! (Tht)</p> <p>5:45 Rummy Q (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>16</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:30 Book Club hosted by Cynthia (ECU)</p> <p>11:00 History Talks with John Griffin (Tht)</p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag Teams C &amp; D (SG)</p> <p>1:00 5 Crowns Card Game (TL)</p> <p>1:00 Open Pool (SP)</p> <p>2:30 Glentucky Derby Horse Racing - Store is open! Bring your Derby Bucks (Tht)</p> <p>3:00 Tai-Chi (P)</p> <p>4:30 Linda on Piano (DR)</p> <p>4:30 Supper Outing to Patrick's Hawaiian Cafe. RSVP</p>	<p>9:00 Sit To Be Fit (SG) <b>17</b></p> <p>9:30 Shopping at Winco, Walgreens, Dollar Tree, Target, and Safeway</p> <p>10:00 Alzheimer's and Dementia Support Group (Tht)</p> <p>10:00 Chair Massage Therapy - \$20 (ECU)</p> <p>10:30 Beanbag Teams A &amp; B (SG)</p> <p>10:30 Headlines and Donuts (TL)</p> <p>11:15 Grief Support Group (Tht)</p> <p>12:30 Bus to Vanc Mall RSVP</p> <p>1:00 Glenwood Choir (Tht)</p> <p>1:00 Wii Bowling (SG)</p> <p>2:30 Happy Hour Mike Hart (DR)</p> <p>6:00 Friday Night Movie - "The Report" (2019) RATED R 1h 59min (Tht)</p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>18</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p>10:30 Saturday Morning with Madeline (SG)</p> <p>11:00 Sewing Lady - Mending and hemming at a reasonable rate (MR)</p> <p>1:00 Mystery Drive with Carroll. RSVP</p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p>1:00 Symphony Saturday - Rachmaninov, Piano Concerto No. 2 in C minor - Yuja Wang, Yuri Temirkanov (Tht)</p> <p>2:30 BINGO (DR)</p> <p>6:00 Saturday Night Movie - "Seven Brides for Seven Brothers" (1954) G 1h 42min (Tht)</p>

<p>8:20 Bus to Columbia Presbyterian <b>19</b></p> <p>8:20 Bus to St Joseph's. RSVP</p> <p>8:20 Bus to St. Paul Lutheran</p> <p>9:00 Bus to Immanuel Lutheran</p> <p>9:20 Bus to First Presbyterian</p> <p>9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht)</p> <p>11:00 Cherie The Card Lady (LL)</p> <p>1:00 Open Scrabble (P)</p> <p>1:00 Sunday Movie - "Operation Dumbo Drop" (1995) PG 1h 47min (Tht)</p> <p>1:30 Open Hand in Foot Card Game (CR)</p> <p>2:00 Episcopal Communion (ECU)</p> <p>3:00 Columbia Christian Church (DR)</p> <p>3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge)</p> <p>5:45 Rummy Q in the Lofts (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>20</b></p> <p>9:30 Sit to be Fit in the Lofts (Lofts Lobby)</p> <p><b>9:30 Tour of Pendleton Weaving Mill in Washougal. Limited Seating. Free</b></p> <p>9:30 Threading Needles (AR)</p> <p>12:30 Blood Pressures Reading for Plaza residents (P)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Monday Movie - "Annie" (1982) PG 2h 7min (Tht)</p> <p>1:00 Open Bridge (CR)</p> <p>1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p><b>1:00 Tour of Pendleton Weaving Mill in Washougal. Limited Seating Free.</b></p> <p><b>2:00 Photo Fun with Rebecca! Bring your Camera or Smartphone and let's take photos! (Computer Lab)</b></p> <p>3:00 Tai-Chi - Moving for Better Balance (P)</p> <p>6:30 Bible Study (ECU)</p> <p>6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>21</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:00 Glenwood Theater Rehearsal (Tht)</p> <p>10:30 Beach Ball Toss (in the Sky Gym)</p> <p>11:30 Free Eyeglass Clinic - eyeglass cleaning and adjustments (LL)</p> <p>1:00 Beanbag Baseball Teams B &amp; D (SG)</p> <p>1:00 Farkle with Vicki (P)</p> <p>1:00 Open Pool (SP)</p> <p>2:30 BINGO (DR)</p> <p>3:00 Happy Hour with Stan Lasley (P)</p> <p>6:30 Hymn Sing-A-Long (P)</p> <p>7:00 Open Poker (CR)</p> <p><b>7:00 Beanbag Baseball Banquet – Fried Chicken Dinner, drinks, and the award ceremony. Limited to one guest. RSVP. (DR)</b></p>	<p>9:00 Rhythm Reaction Fitness (SG) <b>22</b></p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby)</p> <p>9:30 Veteran's Group (Tht)</p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Open Cribbage (CR)</p> <p><b>1:00 Shopping at Fred Meyer</b></p> <p><b>2:30 Readings with Nick - Come listen to humorous stories from various popular authors (Tht)</b></p> <p>5:45 Rummy Q in the Lofts (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle Card Game (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>23</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p><b>10:30 Health Talks with Sabrina (Tht)</b></p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag Baseball Teams C &amp; D (SG)</p> <p>1:00 Open Pool (SP)</p> <p><b>1:00 Po-Ke-No Card Game with Vicki (TL)</b></p> <p>2:00 Life Goes On Support Group - with St. Luke's Episcopal Church (ECU)</p> <p>2:30 BINGO (DR)</p> <p>3:00 Tai-Chi - Moving for Better Balance (P)</p> <p>4:30 Linda on Piano (DR)</p> <p><b>4:30 Supper Outing to Golden City Restaurant. RSVP</b></p>	<p>9:00 Sit To Be Fit (SG) <b>24</b></p> <p><b>9:30 Shopping trip: - Walmart, Trader Joe's, Fred Meyer (RSVP at the front desk.)</b></p> <p>10:00 Chair Massage Therapy - Sign up at the Front Desk. \$20 (ECU)</p> <p><b>10:30 Ted Talks (Tht)</b></p> <p>10:30 Beanbag Baseball Teams A &amp; B (SG)</p> <p>12:30 Bus to Vancouver Mall. RSVP</p> <p>1:00 Glenwood Choir (Tht)</p> <p>1:00 Wii Bowling (SG)</p> <p><b>2:30 Come Celebrate Chinese New Year with Shelly Voight (DR)</b></p> <p>6:00 Friday Night Movie - "Born Free" (1966) PG 1h 35min (Tht)</p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>25</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p>10:30 Saturday Morning with Madeline (SG)</p> <p><b>1:00 5 Minute Mysteries - Entertaining stumpers will sharpen your powers of observation and test your deductive skills (Tht)</b></p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p><b>1:30 Outing to the Vancouver Symphony (Admission \$40)</b></p> <p>2:30 BINGO (DR)</p> <p>6:00 Saturday Night Movie - "For Me and My Gal" (1942) 1h 44min (Tht)</p>
<p>8:20 Bus to Columbia Presbyterian <b>26</b></p> <p>8:20 Bus to St Joseph's. RSVP</p> <p>8:20 Bus to St. Paul Lutheran</p> <p>9:00 Bus to Immanuel Lutheran</p> <p>9:20 Bus to First Presbyterian</p> <p>9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht)</p> <p>1:00 Open Scrabble (P)</p> <p>1:00 Sunday Movie - "The Wild Country" (1970) G 1h 40min (Tht)</p> <p>1:30 Open Hand in Foot Card Game (CR)</p> <p>3:00 Hymns &amp; Devotions with Ron &amp; Donna (DR)</p> <p>3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge)</p> <p>5:45 Rummy Q in the Lofts (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>27</b></p> <p>9:30 Sit to be Fit in the Lofts (Lofts Lobby)</p> <p>9:30 Threading Needles (AR)</p> <p><b>10:30 Lunch Outing to Kitchen Table Cafe. RSVP</b></p> <p>10:30 Music Therapy with Dan - Join us for sing alongs and play instruments. (Tht)</p> <p>12:30 Blood Pressures Reading for Plaza residents (P)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Monday Movie - "The Book Thief" (2013) PG-13 2h 11min (Tht)</p> <p>1:00 Open Bridge (CR)</p> <p>1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p>2:00 Bulletin Board Crafters - come help decorate the bulletin boards with Rebecca! (AR)</p> <p>3:00 Tai-Chi - Moving for Better Balance (P)</p> <p>6:30 Bible Study (ECU)</p> <p>6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>28</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:00 Glenwood Theater Rehearsal (Tht)</p> <p>10:30 Beach Ball Toss (in the Sky Gym)</p> <p>1:00 Beanbag Baseball Teams B &amp; D (SG)</p> <p>1:00 Open Pool (SP)</p> <p>1:30 Classical Club with Terry. Must do if you are a music lover! (Tht)</p> <p>2:30 BINGO (DR)</p> <p>3:00 Happy Hour with Vladimir on Violin (P)</p> <p>6:30 Hymn Sing-A-Long (P)</p> <p><b>7:00 Bingo After Dark</b></p> <p>7:00 Open Poker (CR)</p>	<p>9:00 Rhythm Reaction Fitness (SG) <b>29</b></p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby)</p> <p>9:30 Veteran's Group (Tht)</p> <p><b>10:00 Outing to Fort Vancouver High School for their Community Love Lunch. Free. RSVP</b></p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Open Cribbage (CR)</p> <p><b>1:00 Shopping at Fred Meyer</b></p> <p><b>2:30 Brain Games (Tht)</b></p> <p>4:00 Linda on Piano (DR)</p> <p><b>4:00 Lodge Birthday Dinner - RSVP at the Front Desk (DR)</b></p> <p>5:45 Rummy Q in the Lofts (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle Card Game (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>30</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p><b>10:30 Film Appreciation with Nick - Come explore the aesthetics of cinema, the concepts behind storytelling and various elements of a film (Tht)</b></p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag Baseball Teams C &amp; D (SG)</p> <p>1:00 Open Pool (SP)</p> <p>2:30 BINGO (DR)</p> <p>3:00 Tai-Chi - Moving for Better Balance (P)</p> <p><b>4:00 Birthday Dinner for the Plaza, Terrace and Lofts (DR)</b></p> <p>4:30 Linda on Piano (DR)</p>	<p>9:00 Sit To Be Fit (SG) <b>31</b></p> <p><b>9:30 Shopping at Winco, Walgreens, Dollar Tree, Target, and Safeway</b></p> <p>10:00 Alzheimer's and Dementia Caregiver Support Group (Tht)</p> <p>10:00 Chair Massage Therapy - Sign up at the Front Desk. \$20 (ECU)</p> <p>10:30 Beanbag Baseball Teams A &amp; B (SG)</p> <p>11:15 Grief Support Group (Tht)</p> <p><b>12:30 Bus to Vancouver Mall. RSVP</b></p> <p><b>1:00 Glenwood Choir (Tht)</b></p> <p>1:00 Wii Bowling (SG)</p> <p>2:30 Happy Hour with Emmy Horowitz (DR)</p> <p>6:00 Friday Night Movie - "Armstrong" (2019) DOCUMENTARY 1h 40min (Tht)</p>	

## Room Key

(AR) = Activity Room	(AR) = Activity Room 2nd Floor Lodge	(BQ) = Buffet Dining Room	(CR) = Card Room, 3rd Floor Lodge	(COMP) = Computer Room	(CY) = Courtyard	(Cue) = Cue Room, 3rd Floor Lodge
(DR) = Dining Room	(ECU) = ECU Activity Room	(Lbal) = Lodge Balcony 2nd Floor	(Lbal) = Lodge Balcony, 2nd Floor	(DR) = Lodge Dining Room	(LG) = Lodge Gardens	(LLB) = Lodge Library
(LL) = Lodge Lobby	(MR) = Mailroom	(P) = Plaza Community Room	(P) = Plaza Community Room, 2nd floor	(PG) = Plaza Garage	(PP) = Pool Patio	(SP) = Pool Room, Lodge
(SG) = Sky Gym	(SR) = Spa Room, 2nd floor Lodge	(TP) = Terrace Front Patio	(TL) = Terrace Lobby	(TP) = Terrace Lobby/Front Patio Area	(Tht) = Theater	



# Glenwood Place Calendar

# JANUARY 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>DOCTOR DAYS TUESDAYS</b> West of ANDRESEN Road. Salmon Creek, Hazel Dell, Downtown Vancouver &amp; the VA.</p> <p><b>THURSDAYS</b> East of ANDRESEN Road. 87<sup>th</sup> Ave, Cascade Park, Fisher's Landing, Orchards Mall</p>	<p><b>All outings are highlighted in YELLOW.</b></p> <p>Sign up for these events at the front desk. If bus is full, please add your name to the waiting list</p>	<p>Glenwood Place 5500 NE 82nd Ave. Vancouver, WA 98662 (360) 892-1100</p> <p>Email Activities <a href="mailto:navdienko@glenwoodplace.net">navdienko@glenwoodplace.net</a></p>	<p>9:00 Rhythm Reaction Fitness (SG) <b>1</b></p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby)</p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Open Cribbage (CR)</p> <p>1:00 Shopping at Fred Meyer</p> <p>2:00 Rose Bowl on the Big Screen - Ducks vs. Badgers. Pizza &amp; Soda Provided!!! (P)</p> <p>5:45 Rummy Q (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>2</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>11:00 History Talks with John Griffin (Tht)</p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag C &amp; D (SG)</p> <p>1:00 Five Crowns Game (TL)</p> <p>1:00 Open Pool (SP)</p> <p>1:00 Activity Calendar Forum with Nick (Tht)</p> <p>2:30 Glentucky Derby Horse Races (Tht)</p> <p>3:00 Tai-Chi (P)</p> <p>4:30 Linda on Piano (DR)</p> <p>4:45 Supper Outing to Cameo Cafe. RSVP. Limited Seating</p>	<p>9:00 Sit To Be Fit (SG) <b>3</b></p> <p>9:30 Shopping at Winco, Walgreens, Dollar Tree, Target, and Safeway</p> <p>10:00 Chair Massage Therapy - \$20 (ECU)</p> <p>10:30 Brain Games (Tht)</p> <p>10:30 Beanbag A &amp; B (SG)</p> <p>12:30 Bus to Vanc Mall RSVP</p> <p>1:00 Glenwood Choir (Tht)</p> <p>1:00 Wii Bowling (SG)</p> <p>2:30 Happy Hour with Monte Watters (DR)</p> <p>6:00 No Friday Movie (Tht)</p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>4</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p>10:30 Saturday Morning with Madeline (SG)</p> <p>11:00 Sewing Lady - Mending and hemming at a reasonable rate (MR)</p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p>1:00 Symphony Saturday - Yuja Wang performs Schubert and Schumann (Tht)</p> <p>2:30 BINGO (DR)</p> <p>6:00 No Saturday Night Movie (Tht)</p>
<p>8:20 Bus to Columbia Presbyterian <b>5</b></p> <p>8:20 Bus to St Joseph's. RSVP</p> <p>8:20 Bus to St. Paul Lutheran</p> <p>9:00 Bus to Immanuel Lutheran</p> <p>9:20 Bus to First Presbyterian</p> <p>9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht)</p> <p>1:00 Open Scrabble (P)</p> <p>1:00 Sunday Movie - "McFarland, USA" (2015) PG 2h 9min (Tht)</p> <p>1:30 Open Hand in Foot Card Game (CR)</p> <p>2:00 Episcopal Communion (ECU)</p> <p>3:00 First Christian Church Service (DR)</p> <p>3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge)</p> <p>5:45 Rummy Q in the Lofts (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>6</b></p> <p>9:30 Casino Outing to Ilani Casino - RSVP Bring \$</p> <p>9:30 Sit to be Fit in the Lofts (Lofts Lobby)</p> <p>9:30 Threading Needles (AR)</p> <p>10:30 "People and Stories" Reading Group (LLB)</p> <p>10:30 Computer Lab - Bring your laptop, phone, or tablet and get your questions answered. (COMP)</p> <p>12:30 Blood Pressures Reading for Plaza residents (P)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Monday Movie - "Cinema Paradiso" (1988) FOREIGN FILM - RATED R 2h 35min (Tht)</p> <p>1:00 Open Bridge (CR)</p> <p>1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p>3:00 Tai-Chi (P)</p> <p>5:45 Bunco with Vicki. RSVP with Vicki (P)</p> <p>6:30 Bible Study (ECU)</p> <p>6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>7</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:00 Glenwood Theater Rehearsal (Tht)</p> <p>10:00 NEW - Kitchen Tours. RSVP at the Front Desk. Meet in the Lobby (LL)</p> <p>10:30 Beach Ball Toss (in the Sky Gym)</p> <p>1:00 Beanbag Teams B &amp; D (SG)</p> <p>1:00 Farkle with Vicki (P)</p> <p>1:00 Open Pool (SP)</p> <p>1:00 Watercolor with Becky (AR)</p> <p>2:00 NEW - Kitchen Tours. RSVP at the Front Desk. Meet in the Lobby (LL)</p> <p>2:30 BINGO (DR)</p> <p>3:00 Happy Hour with William Spilette (P)</p> <p>6:00 Rock Painting (AR)</p> <p>6:30 Hymn Sing-A-Long (P)</p> <p>7:00 Open Poker (CR)</p>	<p>8:00 Pedicures with Dawn - Cost is \$25, pay her. Sign up at the front desk for a time slot. (AR) <b>8</b></p> <p>9:00 Rhythm Reaction Fitness (SG)</p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby)</p> <p>9:30 Veteran's Group (Tht)</p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Language Club - Want to Learn Sign Language? One of our residents will be teaching! (COMP)</p> <p>1:00 Open Cribbage (CR)</p> <p>1:00 Red Hat Ladies - Tea &amp; Movie (Tht)</p> <p>1:00 Shopping at Fred Meyer</p> <p>5:45 Rummy Q (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>9</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:30 Health Talks with Sabrina (Tht)</p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag Baseball Teams C &amp; D (SG)</p> <p>1:00 Open Pool (SP)</p> <p>1:00 Po-Ke-No Card Game with Vicki (TL)</p> <p>2:30 Bingo Auction - Bring Your Bingo Bucks to Bid on Some Great Prizes (In the Dining Room)</p> <p>3:00 Tai-Chi - Moving for Better Balance (P)</p> <p>4:30 Linda on Piano (DR)</p> <p>4:30 Supper Outing to The Hammond Kitchen &amp; Craft Bar in Camas. RSVP</p>	<p>9:00 Sit To Be Fit (SG) <b>10</b></p> <p>9:30 Shopping trip: - Walmart, Trader Joe's, Fred Meyer (RSVP at the front desk.)</p> <p>10:00 Alzheimer's and Dementia Caregiver Support Group (Tht)</p> <p>10:00 Chair Massage Therapy - Sign up at the Front Desk. \$20 (ECU)</p> <p>10:30 Beanbag Teams A &amp; B (SG)</p> <p>11:15 Grief Support Group (Tht)</p> <p>12:30 Bus to Vanc Mall RSVP</p> <p>12:30 Glenwood Choir (Tht)</p> <p>1:00 Wii Bowling (SG)</p> <p>1:30 Residents Association Meeting (DR)</p> <p>2:30 Happy Hour with Karen Overton (DR)</p> <p>6:00 No Friday Movie</p> <p>7:00 Performance - The Dynamic Duo of Reno and Cindy Hollar. Great dancing music and songs (DR)</p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>11</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p>10:30 Saturday Morning with Madeline (SG)</p> <p>1:00 All the World's a Zoo (Tht)</p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p>2:00 Encore Performance - More Music with Reno and Cindy Hollar (DR)</p> <p>6:00 Saturday Night Movie - "Downton Abbey" (2019) PG 2h 2min (Tht)</p>
<p>8:20 Bus to Columbia Presbyterian <b>12</b></p> <p>8:20 Bus to St Joseph's. RSVP</p> <p>8:20 Bus to St. Paul Lutheran</p> <p>9:00 Bus to Immanuel Lutheran</p> <p>9:20 Bus to First Presbyterian</p> <p>9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht)</p> <p>1:00 Open Scrabble (P)</p> <p>1:00 Sunday Movie - "Larger Than Life" (1996) PG 1h 33min (Tht)</p> <p>1:30 Open Hand in Foot Card Game (CR)</p> <p>3:00 Open Boggle (Cue Room)</p> <p>5:45 Rummy Q (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>13</b></p> <p>9:30 Sit to be Fit (Lofts Lobby)</p> <p>9:30 Threading Needles (AR)</p> <p>10:30 Music Therapy with Dan (Tht)</p> <p>10:45 Lunch Outing to Red Lobster. RSVP</p> <p>12:30 Blood Pressures (P)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Monday Movie - "The Two Popes" (2019) PG-13 2h 5min (Tht)</p> <p>1:00 Open Bridge (CR)</p> <p>1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p>1:30 Outing to Local Thrift Stores. RSVP</p> <p>2:00 Bulletin Board Crafters - (AR)</p> <p>3:00 Tai-Chi (P)</p> <p>6:30 Bible Study (ECU)</p> <p>6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>14</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:00 Glenwood Theater Open House - Come join the Acting Group! (Tht)</p> <p>10:30 Beach Ball Toss (in the Sky Gym)</p> <p>1:00 Beanbag Baseball Teams B &amp; D (SG)</p> <p>1:00 Open Pool (SP)</p> <p>2:30 BINGO (DR)</p> <p>3:00 Happy Hour with Pianist Diome Alcomendac (P)</p> <p>6:00 Rock Painting (AR)</p> <p>6:30 Hymn Sing-A-Long (P)</p> <p>7:00 Open Poker (CR)</p>	<p>7:30 Women &amp; Men's Breakfast! Free. (7:30 - 8:30) (BQ) <b>15</b></p> <p>9:00 Rhythm Reaction (SG)</p> <p>9:30 "Sit to be Fit" (Lofts Lobby)</p> <p>9:30 Veteran's Group (Tht)</p> <p>10:30 Beanbag Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Open Cribbage (CR)</p> <p>1:00 Shopping at Fred Meyer</p> <p>2:30 Let's Play Jeopardy! (Tht)</p> <p>5:45 Rummy Q (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>16</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:30 Book Club hosted by Cynthia (ECU)</p> <p>11:00 History Talks with John Griffin (Tht)</p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag Teams C &amp; D (SG)</p> <p>1:00 5 Crowns Card Game (TL)</p> <p>1:00 Open Pool (SP)</p> <p>2:30 Glentucky Derby Horse Racing - Store is open! Bring your Derby Bucks (Tht)</p> <p>3:00 Tai-Chi (P)</p> <p>4:30 Linda on Piano (DR)</p> <p>4:30 Supper Outing to Patrick's Hawaiian Cafe. RSVP</p>	<p>9:00 Sit To Be Fit (SG) <b>17</b></p> <p>9:30 Shopping at Winco, Walgreens, Dollar Tree, Target, and Safeway</p> <p>10:00 Alzheimer's and Dementia Support Group (Tht)</p> <p>10:00 Chair Massage Therapy - \$20 (ECU)</p> <p>10:30 Beanbag Teams A &amp; B (SG)</p> <p>10:30 Headlines and Donuts (TL)</p> <p>11:15 Grief Support Group (Tht)</p> <p>12:30 Bus to Vanc Mall RSVP</p> <p>1:00 Glenwood Choir (Tht)</p> <p>1:00 Wii Bowling (SG)</p> <p>2:30 Happy Hour Mike Hart (DR)</p> <p>6:00 Friday Night Movie - "The Report" (2019) RATED R 1h 59min (Tht)</p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>18</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p>10:30 Saturday Morning with Madeline (SG)</p> <p>11:00 Sewing Lady - Mending and hemming at a reasonable rate (MR)</p> <p>1:00 Mystery Drive with Carroll. RSVP</p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p>1:00 Symphony Saturday - Rachmaninov, Piano Concerto No. 2 in C minor - Yuja Wang, Yuri Temirkanov (Tht)</p> <p>2:30 BINGO (DR)</p> <p>6:00 Saturday Night Movie - "Seven Brides for Seven Brothers" (1954) G 1h 42min (Tht)</p>

<p>8:20 Bus to Columbia Presbyterian <b>19</b></p> <p>8:20 Bus to St Joseph's. RSVP</p> <p>8:20 Bus to St. Paul Lutheran</p> <p>9:00 Bus to Immanuel Lutheran</p> <p>9:20 Bus to First Presbyterian</p> <p>9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht)</p> <p>11:00 Cherie The Card Lady (LL)</p> <p>1:00 Open Scrabble (P)</p> <p>1:00 Sunday Movie - "Operation Dumbo Drop" (1995) PG 1h 47min (Tht)</p> <p>1:30 Open Hand in Foot Card Game (CR)</p> <p>2:00 Episcopal Communion (ECU)</p> <p>3:00 Columbia Christian Church (DR)</p> <p>3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge)</p> <p>5:45 Rummy Q in the Lofts (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>20</b></p> <p>9:30 Sit to be Fit in the Lofts (Lofts Lobby)</p> <p><b>9:30 Tour of Pendleton Weaving Mill in Washougal. Limited Seating. Free</b></p> <p>9:30 Threading Needles (AR)</p> <p>12:30 Blood Pressures Reading for Plaza residents (P)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Monday Movie - "Annie" (1982) PG 2h 7min (Tht)</p> <p>1:00 Open Bridge (CR)</p> <p>1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p><b>1:00 Tour of Pendleton Weaving Mill in Washougal. Limited Seating Free.</b></p> <p><b>2:00 Photo Fun with Rebecca! Bring your Camera or Smartphone and let's take photos! (Computer Lab)</b></p> <p>3:00 Tai-Chi - Moving for Better Balance (P)</p> <p>6:30 Bible Study (ECU)</p> <p>6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>21</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:00 Glenwood Theater Rehearsal (Tht)</p> <p>10:30 Beach Ball Toss (in the Sky Gym)</p> <p>11:30 Free Eyeglass Clinic - eyeglass cleaning and adjustments (LL)</p> <p>1:00 Beanbag Baseball Teams B &amp; D (SG)</p> <p>1:00 Farkle with Vicki (P)</p> <p>1:00 Open Pool (SP)</p> <p>2:30 BINGO (DR)</p> <p>3:00 Happy Hour with Stan Lasley (P)</p> <p>6:30 Hymn Sing-A-Long (P)</p> <p>7:00 Open Poker (CR)</p> <p><b>7:00 Beanbag Baseball Banquet – Fried Chicken Dinner, drinks, and the award ceremony. Limited to one guest. RSVP. (DR)</b></p>	<p>9:00 Rhythm Reaction Fitness (SG) <b>22</b></p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby)</p> <p>9:30 Veteran's Group (Tht)</p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Open Cribbage (CR)</p> <p><b>1:00 Shopping at Fred Meyer</b></p> <p><b>2:30 Readings with Nick - Come listen to humorous stories from various popular authors (Tht)</b></p> <p>5:45 Rummy Q in the Lofts (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle Card Game (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>23</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p><b>10:30 Health Talks with Sabrina (Tht)</b></p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag Baseball Teams C &amp; D (SG)</p> <p>1:00 Open Pool (SP)</p> <p><b>1:00 Po-Ke-No Card Game with Vicki (TL)</b></p> <p>2:00 Life Goes On Support Group - with St. Luke's Episcopal Church (ECU)</p> <p>2:30 BINGO (DR)</p> <p>3:00 Tai-Chi - Moving for Better Balance (P)</p> <p>4:30 Linda on Piano (DR)</p> <p><b>4:30 Supper Outing to Golden City Restaurant. RSVP</b></p>	<p>9:00 Sit To Be Fit (SG) <b>24</b></p> <p><b>9:30 Shopping trip: - Walmart, Trader Joe's, Fred Meyer (RSVP at the front desk.)</b></p> <p>10:00 Chair Massage Therapy - Sign up at the Front Desk. \$20 (ECU)</p> <p><b>10:30 Ted Talks (Tht)</b></p> <p>10:30 Beanbag Baseball Teams A &amp; B (SG)</p> <p>12:30 Bus to Vancouver Mall. RSVP</p> <p>1:00 Glenwood Choir (Tht)</p> <p>1:00 Wii Bowling (SG)</p> <p><b>2:30 Come Celebrate Chinese New Year with Shelly Voight (DR)</b></p> <p>6:00 Friday Night Movie - "Born Free" (1966) PG 1h 35min (Tht)</p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>25</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p>10:30 Saturday Morning with Madeline (SG)</p> <p><b>1:00 5 Minute Mysteries - Entertaining stumpers will sharpen your powers of observation and test your deductive skills (Tht)</b></p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p><b>1:30 Outing to the Vancouver Symphony (Admission \$40)</b></p> <p>2:30 BINGO (DR)</p> <p>6:00 Saturday Night Movie - "For Me and My Gal" (1942) 1h 44min (Tht)</p>
<p>8:20 Bus to Columbia Presbyterian <b>26</b></p> <p>8:20 Bus to St Joseph's. RSVP</p> <p>8:20 Bus to St. Paul Lutheran</p> <p>9:00 Bus to Immanuel Lutheran</p> <p>9:20 Bus to First Presbyterian</p> <p>9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht)</p> <p>1:00 Open Scrabble (P)</p> <p>1:00 Sunday Movie - "The Wild Country" (1970) G 1h 40min (Tht)</p> <p>1:30 Open Hand in Foot Card Game (CR)</p> <p>3:00 Hymns &amp; Devotions with Ron &amp; Donna (DR)</p> <p>3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge)</p> <p>5:45 Rummy Q in the Lofts (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>27</b></p> <p>9:30 Sit to be Fit in the Lofts (Lofts Lobby)</p> <p>9:30 Threading Needles (AR)</p> <p><b>10:30 Lunch Outing to Kitchen Table Cafe. RSVP</b></p> <p>10:30 Music Therapy with Dan - Join us for sing alongs and play instruments. (Tht)</p> <p>12:30 Blood Pressures Reading for Plaza residents (P)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Monday Movie - "The Book Thief" (2013) PG-13 2h 11min (Tht)</p> <p>1:00 Open Bridge (CR)</p> <p>1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p>2:00 Bulletin Board Crafters - come help decorate the bulletin boards with Rebecca! (AR)</p> <p>3:00 Tai-Chi - Moving for Better Balance (P)</p> <p>6:30 Bible Study (ECU)</p> <p>6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>28</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:00 Glenwood Theater Rehearsal (Tht)</p> <p>10:30 Beach Ball Toss (in the Sky Gym)</p> <p>1:00 Beanbag Baseball Teams B &amp; D (SG)</p> <p>1:00 Open Pool (SP)</p> <p>1:30 Classical Club with Terry. Must do if you are a music lover! (Tht)</p> <p>2:30 BINGO (DR)</p> <p>3:00 Happy Hour with Vladimir on Violin (P)</p> <p>6:30 Hymn Sing-A-Long (P)</p> <p><b>7:00 Bingo After Dark</b></p> <p>7:00 Open Poker (CR)</p>	<p>9:00 Rhythm Reaction Fitness (SG) <b>29</b></p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby)</p> <p>9:30 Veteran's Group (Tht)</p> <p><b>10:00 Outing to Fort Vancouver High School for their Community Love Lunch. Free. RSVP</b></p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Open Cribbage (CR)</p> <p><b>1:00 Shopping at Fred Meyer</b></p> <p><b>2:30 Brain Games (Tht)</b></p> <p>4:00 Linda on Piano (DR)</p> <p><b>4:00 Lodge Birthday Dinner - RSVP at the Front Desk (DR)</b></p> <p>5:45 Rummy Q in the Lofts (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle Card Game (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>30</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p><b>10:30 Film Appreciation with Nick - Come explore the aesthetics of cinema, the concepts behind storytelling and various elements of a film (Tht)</b></p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag Baseball Teams C &amp; D (SG)</p> <p>1:00 Open Pool (SP)</p> <p>2:30 BINGO (DR)</p> <p>3:00 Tai-Chi - Moving for Better Balance (P)</p> <p><b>4:00 Birthday Dinner for the Plaza, Terrace and Lofts (DR)</b></p> <p>4:30 Linda on Piano (DR)</p>	<p>9:00 Sit To Be Fit (SG) <b>31</b></p> <p><b>9:30 Shopping at Winco, Walgreens, Dollar Tree, Target, and Safeway</b></p> <p>10:00 Alzheimer's and Dementia Caregiver Support Group (Tht)</p> <p>10:00 Chair Massage Therapy - Sign up at the Front Desk. \$20 (ECU)</p> <p>10:30 Beanbag Baseball Teams A &amp; B (SG)</p> <p>11:15 Grief Support Group (Tht)</p> <p><b>12:30 Bus to Vancouver Mall. RSVP</b></p> <p><b>1:00 Glenwood Choir (Tht)</b></p> <p>1:00 Wii Bowling (SG)</p> <p>2:30 Happy Hour with Emmy Horowitz (DR)</p> <p>6:00 Friday Night Movie - "Armstrong" (2019) DOCUMENTARY 1h 40min (Tht)</p>	

## Room Key

(AR) = Activity Room	(AR) = Activity Room 2nd Floor Lodge	(BQ) = Buffet Dining Room	(CR) = Card Room, 3rd Floor Lodge	(COMP) = Computer Room	(CY) = Courtyard	(Cue) = Cue Room, 3rd Floor Lodge
(DR) = Dining Room	(ECU) = ECU Activity Room	(Lbal) = Lodge Balcony 2nd Floor	(Lbal) = Lodge Balcony, 2nd Floor	(DR) = Lodge Dining Room	(LG) = Lodge Gardens	(LLB) = Lodge Library
(LL) = Lodge Lobby	(MR) = Mailroom	(P) = Plaza Community Room	(P) = Plaza Community Room, 2nd floor	(PG) = Plaza Garage	(PP) = Pool Patio	(SP) = Pool Room, Lodge
(SG) = Sky Gym	(SR) = Spa Room, 2nd floor Lodge	(TP) = Terrace Front Patio	(TL) = Terrace Lobby	(TP) = Terrace Lobby/Front Patio Area	(Tht) = Theater	



# Glenwood Place Calendar

# JANUARY 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>DOCTOR DAYS TUESDAYS</b> West of ANDRESEN Road. Salmon Creek, Hazel Dell, Downtown Vancouver &amp; the VA.</p> <p><b>THURSDAYS</b> East of ANDRESEN Road. 87<sup>th</sup> Ave, Cascade Park, Fisher's Landing, Orchards Mall</p>	<p><b>All outings are highlighted in YELLOW.</b></p> <p><b>Sign up for these events at the front desk. If bus is full, please add your name to the waiting list</b></p>	<p>Glenwood Place 5500 NE 82nd Ave. Vancouver, WA 98662 (360) 892-1100</p> <p><b>Email Activities</b> <a href="mailto:navdienko@glenwoodplace.net">navdienko@glenwoodplace.net</a></p>	<p>9:00 Rhythm Reaction Fitness (SG) <b>1</b></p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby)</p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Open Cribbage (CR)</p> <p><b>1:00 Shopping at Fred Meyer</b></p> <p><b>2:00 Rose Bowl on the Big Screen - Ducks vs. Badgers. Pizza &amp; Soda Provided!!! (P)</b></p> <p>5:45 Rummy Q (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>2</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p><b>11:00 History Talks with John Griffin (Th)</b></p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag C &amp; D (SG)</p> <p>1:00 Five Crowns Game (TL)</p> <p>1:00 Open Pool (SP)</p> <p><b>1:00 Activity Calendar Forum with Nick (Th)</b></p> <p>2:30 Glentucky Derby Horse Races (Th)</p> <p>3:00 Tai-Chi (P)</p> <p>4:30 Linda on Piano (DR)</p> <p><b>4:45 Supper Outing to Cameo Cafe. RSVP. Limited Seating</b></p>	<p>9:00 Sit To Be Fit (SG) <b>3</b></p> <p><b>9:30 Shopping at Winco, Walgreens, Dollar Tree, Target, and Safeway</b></p> <p>10:00 Chair Massage Therapy - \$20 (ECU)</p> <p><b>10:30 Brain Games (Th)</b></p> <p>10:30 Beanbag A &amp; B (SG)</p> <p><b>12:30 Bus to Vanc Mall RSVP</b></p> <p>1:00 Glenwood Choir (Th)</p> <p>1:00 Wii Bowling (SG)</p> <p><b>2:30 Happy Hour with Monte Watters (DR)</b></p> <p><b>6:00 No Friday Movie (Th)</b></p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>4</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p><b>10:30 Saturday Morning with Madeline (SG)</b></p> <p>11:00 Sewing Lady - Mending and hemming at a reasonable rate (MR)</p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p>1:00 Symphony Saturday - Yuja Wang performs Schubert and Schumann (Th)</p> <p>2:30 BINGO (DR)</p> <p><b>6:00 No Saturday Night Movie (Th)</b></p>
<p>8:20 Bus to Columbia Presbyterian <b>5</b></p> <p>8:20 Bus to St Joseph's. RSVP</p> <p>8:20 Bus to St. Paul Lutheran</p> <p>9:00 Bus to Immanuel Lutheran</p> <p>9:20 Bus to First Presbyterian</p> <p>9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Th)</p> <p>1:00 Open Scrabble (P)</p> <p>1:00 Sunday Movie - "McFarland, USA" (2015) PG 2h 9min (Th)</p> <p>1:30 Open Hand in Foot Card Game (CR)</p> <p>2:00 Episcopal Communion (ECU)</p> <p>3:00 First Christian Church Service (DR)</p> <p>3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge)</p> <p>5:45 Rummy Q in the Lofts (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>6</b></p> <p><b>9:30 Casino Outing to Ilani Casino - RSVP Bring \$</b></p> <p>9:30 Sit to be Fit in the Lofts (Lofts Lobby)</p> <p>9:30 Threading Needles (AR)</p> <p>10:30 "People and Stories" Reading Group (LLB)</p> <p>10:30 Computer Lab - Bring your laptop, phone, or tablet and get your questions answered. (COMP)</p> <p>12:30 Blood Pressures Reading for Plaza residents (P)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Monday Movie - "Cinema Paradiso" (1988) FOREIGN FILM - RATED R 2h 35min (Th)</p> <p>1:00 Open Bridge (CR)</p> <p>1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p>3:00 Tai-Chi (P)</p> <p>5:45 Bunco with Vicki. RSVP with Vicki (P)</p> <p>6:30 Bible Study (ECU)</p> <p>6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>7</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:00 Glenwood Theater Rehearsal (Th)</p> <p><b>10:00 NEW - Kitchen Tours. RSVP at the Front Desk. Meet in the Lobby (LL)</b></p> <p>10:30 Beach Ball Toss (in the Sky Gym)</p> <p>1:00 Beanbag Teams B &amp; D (SG)</p> <p>1:00 Farkle with Vicki (P)</p> <p>1:00 Open Pool (SP)</p> <p>1:00 Watercolor with Becky (AR)</p> <p><b>2:00 NEW - Kitchen Tours. RSVP at the Front Desk. Meet in the Lobby (LL)</b></p> <p>2:30 BINGO (DR)</p> <p>3:00 Happy Hour with William Spilette (P)</p> <p>6:00 Rock Painting (AR)</p> <p>6:30 Hymn Sing-A-Long (P)</p> <p>7:00 Open Poker (CR)</p>	<p>8:00 Pedicures with Dawn - Cost is \$25, pay her. Sign up at the front desk for a time slot. (AR) <b>8</b></p> <p>9:00 Rhythm Reaction Fitness (SG)</p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby)</p> <p>9:30 Veteran's Group (Th)</p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Language Club - Want to Learn Sign Language? One of our residents will be teaching! (COMP)</p> <p>1:00 Open Cribbage (CR)</p> <p><b>1:00 Red Hat Ladies - Tea &amp; Movie (Th)</b></p> <p><b>1:00 Shopping at Fred Meyer</b></p> <p>5:45 Rummy Q (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>9</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p><b>10:30 Health Talks with Sabrina (Th)</b></p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag Baseball Teams C &amp; D (SG)</p> <p>1:00 Open Pool (SP)</p> <p><b>1:00 Po-Ke-No Card Game with Vicki (TL)</b></p> <p><b>2:30 Bingo Auction - Bring Your Bingo Bucks to Bid on Some Great Prizes (In the Dining Room)</b></p> <p>3:00 Tai-Chi - Moving for Better Balance (P)</p> <p>4:30 Linda on Piano (DR)</p> <p><b>4:30 Supper Outing to The Hammond Kitchen &amp; Craft Bar in Camas. RSVP</b></p>	<p>9:00 Sit To Be Fit (SG) <b>10</b></p> <p><b>9:30 Shopping trip: - Walmart, Trader Joe's, Fred Meyer (RSVP at the front desk.)</b></p> <p>10:00 Alzheimer's and Dementia Caregiver Support Group (Th)</p> <p>10:00 Chair Massage Therapy - Sign up at the Front Desk. \$20 (ECU)</p> <p>10:30 Beanbag Teams A &amp; B (SG)</p> <p>11:15 Grief Support Group (Th)</p> <p><b>12:30 Bus to Vanc Mall RSVP</b></p> <p><b>12:30 Glenwood Choir (Th)</b></p> <p>1:00 Wii Bowling (SG)</p> <p><b>1:30 Residents Association Meeting (DR)</b></p> <p>2:30 Happy Hour with Karen Overton (DR)</p> <p>6:00 No Friday Movie</p> <p><b>7:00 Performance - The Dynamic Duo of Reno and Cindy Hollar. Great dancing music and songs (DR)</b></p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>11</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p>10:30 Saturday Morning with Madeline (SG)</p> <p><b>1:00 All the World's a Zoo (Th)</b></p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p><b>2:00 Encore Performance - More Music with Reno and Cindy Hollar (DR)</b></p> <p>6:00 Saturday Night Movie - "Downton Abbey" (2019) PG 2h 2min (Th)</p>
<p>8:20 Bus to Columbia Presbyterian <b>12</b></p> <p>8:20 Bus to St Joseph's. RSVP</p> <p>8:20 Bus to St. Paul Lutheran</p> <p>9:00 Bus to Immanuel Lutheran</p> <p>9:20 Bus to First Presbyterian</p> <p>9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Th)</p> <p>1:00 Open Scrabble (P)</p> <p>1:00 Sunday Movie - "Larger Than Life" (1996) PG 1h 33min (Th)</p> <p>1:30 Open Hand in Foot Card Game (CR)</p> <p>3:00 Open Boggle (Cue Room)</p> <p>5:45 Rummy Q (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>13</b></p> <p>9:30 Sit to be Fit (Lofts Lobby)</p> <p>9:30 Threading Needles (AR)</p> <p>10:30 Music Therapy with Dan (Th)</p> <p><b>10:45 Lunch Outing to Red Lobster. RSVP</b></p> <p>12:30 Blood Pressures (P)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Monday Movie - "The Two Popes" (2019) PG-13 2h 5min (Th)</p> <p>1:00 Open Bridge (CR)</p> <p>1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p><b>1:30 Outing to Local Thrift Stores. RSVP</b></p> <p>2:00 Bulletin Board Crafters - (AR)</p> <p>3:00 Tai-Chi (P)</p> <p>6:30 Bible Study (ECU)</p> <p>6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>14</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p><b>10:00 Glenwood Theater Open House - Come join the Acting Group! (Th)</b></p> <p>10:30 Beach Ball Toss (in the Sky Gym)</p> <p>1:00 Beanbag Baseball Teams B &amp; D (SG)</p> <p>1:00 Open Pool (SP)</p> <p>2:30 BINGO (DR)</p> <p>3:00 Happy Hour with Pianist Diome Alcomendac (P)</p> <p>6:00 Rock Painting (AR)</p> <p>6:30 Hymn Sing-A-Long (P)</p> <p>7:00 Open Poker (CR)</p>	<p>7:30 Women &amp; Men's Breakfast! Free. (7:30 - 8:30) (BQ) <b>15</b></p> <p>9:00 Rhythm Reaction (SG)</p> <p>9:30 "Sit to be Fit" (Lofts Lobby)</p> <p>9:30 Veteran's Group (Th)</p> <p>10:30 Beanbag Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Open Cribbage (CR)</p> <p><b>1:00 Shopping at Fred Meyer</b></p> <p><b>2:30 Let's Play Jeopardy! (Th)</b></p> <p>5:45 Rummy Q (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>16</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:30 Book Club hosted by Cynthia (ECU)</p> <p>11:00 History Talks with John Griffin (Th)</p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag Teams C &amp; D (SG)</p> <p>1:00 5 Crowns Card Game (TL)</p> <p>1:00 Open Pool (SP)</p> <p><b>2:30 Glentucky Derby Horse Racing - Store is open! Bring your Derby Bucks (Th)</b></p> <p>3:00 Tai-Chi (P)</p> <p>4:30 Linda on Piano (DR)</p> <p><b>4:30 Supper Outing to Patrick's Hawaiian Cafe. RSVP</b></p>	<p>9:00 Sit To Be Fit (SG) <b>17</b></p> <p><b>9:30 Shopping at Winco, Walgreens, Dollar Tree, Target, and Safeway</b></p> <p>10:00 Alzheimer's and Dementia Support Group (Th)</p> <p>10:00 Chair Massage Therapy - \$20 (ECU)</p> <p>10:30 Beanbag Teams A &amp; B (SG)</p> <p><b>10:30 Headlines and Donuts (TL)</b></p> <p>11:15 Grief Support Group (Th)</p> <p><b>12:30 Bus to Vanc Mall RSVP</b></p> <p>1:00 Glenwood Choir (Th)</p> <p>1:00 Wii Bowling (SG)</p> <p>2:30 Happy Hour Mike Hart (DR)</p> <p>6:00 Friday Night Movie - "The Report" (2019) RATED R 1h 59min (Th)</p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>18</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p>10:30 Saturday Morning with Madeline (SG)</p> <p>11:00 Sewing Lady - Mending and hemming at a reasonable rate (MR)</p> <p><b>1:00 Mystery Drive with Carroll. RSVP</b></p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p>1:00 Symphony Saturday - Rachmaninov, Piano Concerto No. 2 in C minor - Yuja Wang, Yuri Temirkanov (Th)</p> <p>2:30 BINGO (DR)</p> <p>6:00 Saturday Night Movie - "Seven Brides for Seven Brothers" (1954) G 1h 42min (Th)</p>

<p>8:20 Bus to Columbia Presbyterian <b>19</b></p> <p>8:20 Bus to St Joseph's. RSVP 8:20 Bus to St. Paul Lutheran 9:00 Bus to Immanuel Lutheran 9:20 Bus to First Presbyterian 9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht) 11:00 Cherie The Card Lady (LL) 1:00 Open Scrabble (P) 1:00 Sunday Movie - "Operation Dumbo Drop" (1995) PG 1h 47min (Tht) 1:30 Open Hand in Foot Card Game (CR) 2:00 Episcopal Communion (ECU) 3:00 Columbia Christian Church (DR) 3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge) 5:45 Rummy Q in the Lofts (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>20</b></p> <p>9:30 Sit to be Fit in the Lofts (Lofts Lobby)</p> <p><b>9:30 Tour of Pendleton Weaving Mill in Washougal. Limited Seating. Free</b></p> <p>9:30 Threading Needles (AR) 12:30 Blood Pressures Reading for Plaza residents (P) 1:00 Aqua Fitness (Pool Room) 1:00 Monday Movie - "Annie" (1982) PG 2h 7min (Tht) 1:00 Open Bridge (CR) 1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p><b>1:00 Tour of Pendleton Weaving Mill in Washougal. Limited Seating Free.</b></p> <p><b>2:00 Photo Fun with Rebecca! Bring your Camera or Smartphone and let's take photos! (Computer Lab)</b></p> <p>3:00 Tai-Chi - Moving for Better Balance (P) 6:30 Bible Study (ECU) 6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>21</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) 10:00 Glenwood Theater Rehearsal (Tht) 10:30 Beach Ball Toss (in the Sky Gym) 11:30 Free Eyeglass Clinic - eyeglass cleaning and adjustments (LL) 1:00 Beanbag Baseball Teams B &amp; D (SG) 1:00 Farkle with Vicki (P) 1:00 Open Pool (SP) 2:30 BINGO (DR) 3:00 Happy Hour with Stan Lasley (P) 6:30 Hymn Sing-A-Long (P) 7:00 Open Poker (CR)</p> <p><b>7:00 Beanbag Baseball Banquet – Fried Chicken Dinner, drinks, and the award ceremony. Limited to one guest. RSVP. (DR)</b></p>	<p>9:00 Rhythm Reaction Fitness (SG) <b>22</b></p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby) 9:30 Veteran's Group (Tht) 10:30 Beanbag Baseball Teams A &amp; C (SG) 11:30 Jerlean on Piano (DR) 12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby) 1:00 Aqua Fitness (Pool Room) 1:00 Open Cribbage (CR) <b>1:00 Shopping at Fred Meyer</b> <b>2:30 Readings with Nick - Come listen to humorous stories from various popular authors (Tht)</b> 5:45 Rummy Q in the Lofts (Lofts Lobby) 6:30 Bridge (CR) 6:30 Open Pinochle Card Game (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>23</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) <b>10:30 Health Talks with Sabrina (Tht)</b> 12:30 Blood Pressure Reading for Terrace Residents (TL) 1:00 Beanbag Baseball Teams C &amp; D (SG) 1:00 Open Pool (SP) <b>1:00 Po-Ke-No Card Game with Vicki (TL)</b> 2:00 Life Goes On Support Group - with St. Luke's Episcopal Church (ECU) 2:30 BINGO (DR) 3:00 Tai-Chi - Moving for Better Balance (P) 4:30 Linda on Piano (DR) <b>4:30 Supper Outing to Golden City Restaurant. RSVP</b></p>	<p>9:00 Sit To Be Fit (SG) <b>24</b></p> <p><b>9:30 Shopping trip: - Walmart, Trader Joe's, Fred Meyer (RSVP at the front desk.)</b></p> <p>10:00 Chair Massage Therapy - Sign up at the Front Desk. \$20 (ECU) <b>10:30 Ted Talks (Tht)</b> 10:30 Beanbag Baseball Teams A &amp; B (SG) 12:30 Bus to Vancouver Mall. RSVP 1:00 Glenwood Choir (Tht) 1:00 Wii Bowling (SG) <b>2:30 Come Celebrate Chinese New Year with Shelly Voight (DR)</b> 6:00 Friday Night Movie - "Born Free" (1966) PG 1h 35min (Tht)</p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>25</b></p> <p>10:30 Open Chess &amp; Checkers (CR) 10:30 Saturday Morning with Madeline (SG) <b>1:00 5 Minute Mysteries - Entertaining stumpers will sharpen your powers of observation and test your deductive skills (Tht)</b> 1:00 Open Billiards (Cue Room 3rd Floor Lodge) <b>1:30 Outing to the Vancouver Symphony (Admission \$40)</b> 2:30 BINGO (DR) 6:00 Saturday Night Movie - "For Me and My Gal" (1942) 1h 44min (Tht)</p>
<p>8:20 Bus to Columbia Presbyterian <b>26</b></p> <p>8:20 Bus to St Joseph's. RSVP 8:20 Bus to St. Paul Lutheran 9:00 Bus to Immanuel Lutheran 9:20 Bus to First Presbyterian 9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht) 1:00 Open Scrabble (P) 1:00 Sunday Movie - "The Wild Country" (1970) G 1h 40min (Tht) 1:30 Open Hand in Foot Card Game (CR) 3:00 Hymns &amp; Devotions with Ron &amp; Donna (DR) 3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge) 5:45 Rummy Q in the Lofts (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>27</b></p> <p>9:30 Sit to be Fit in the Lofts (Lofts Lobby) 9:30 Threading Needles (AR) <b>10:30 Lunch Outing to Kitchen Table Cafe. RSVP</b></p> <p>10:30 Music Therapy with Dan - Join us for sing alongs and play instruments. (Tht) 12:30 Blood Pressures Reading for Plaza residents (P) 1:00 Aqua Fitness (Pool Room) 1:00 Monday Movie - "The Book Thief" (2013) PG-13 2h 11min (Tht) 1:00 Open Bridge (CR) 1:00 Open Farkle (Cue Room 3rd Floor Lodge) 2:00 Bulletin Board Crafters - come help decorate the bulletin boards with Rebecca! (AR) 3:00 Tai-Chi - Moving for Better Balance (P) 6:30 Bible Study (ECU) 6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>28</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) 10:00 Glenwood Theater Rehearsal (Tht) 10:30 Beach Ball Toss (in the Sky Gym) 1:00 Beanbag Baseball Teams B &amp; D (SG) 1:00 Open Pool (SP) 1:30 Classical Club with Terry. Must do if you are a music lover! (Tht) 2:30 BINGO (DR) 3:00 Happy Hour with Vladimir on Violin (P) 6:30 Hymn Sing-A-Long (P) <b>7:00 Bingo After Dark</b> 7:00 Open Poker (CR)</p>	<p>9:00 Rhythm Reaction Fitness (SG) <b>29</b></p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby) 9:30 Veteran's Group (Tht) <b>10:00 Outing to Fort Vancouver High School for their Community Love Lunch. Free. RSVP</b></p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG) 11:30 Jerlean on Piano (DR) 12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby) 1:00 Aqua Fitness (Pool Room) 1:00 Open Cribbage (CR) <b>1:00 Shopping at Fred Meyer</b> <b>2:30 Brain Games (Tht)</b> 4:00 Linda on Piano (DR) <b>4:00 Lodge Birthday Dinner - RSVP at the Front Desk (DR)</b> 5:45 Rummy Q in the Lofts (Lofts Lobby) 6:30 Bridge (CR) 6:30 Open Pinochle Card Game (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>30</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) <b>10:30 Film Appreciation with Nick - Come explore the aesthetics of cinema, the concepts behind storytelling and various elements of a film (Tht)</b> 12:30 Blood Pressure Reading for Terrace Residents (TL) 1:00 Beanbag Baseball Teams C &amp; D (SG) 1:00 Open Pool (SP) 2:30 BINGO (DR) 3:00 Tai-Chi - Moving for Better Balance (P) <b>4:00 Birthday Dinner for the Plaza, Terrace and Lofts (DR)</b> 4:30 Linda on Piano (DR)</p>	<p>9:00 Sit To Be Fit (SG) <b>31</b></p> <p><b>9:30 Shopping at Winco, Walgreens, Dollar Tree, Target, and Safeway</b></p> <p>10:00 Alzheimer's and Dementia Caregiver Support Group (Tht) 10:00 Chair Massage Therapy - Sign up at the Front Desk. \$20 (ECU) 10:30 Beanbag Baseball Teams A &amp; B (SG) 11:15 Grief Support Group (Tht) <b>12:30 Bus to Vancouver Mall. RSVP</b> <b>1:00 Glenwood Choir (Tht)</b> 1:00 Wii Bowling (SG) 2:30 Happy Hour with Emmy Horowitz (DR) 6:00 Friday Night Movie - "Armstrong" (2019) DOCUMENTARY 1h 40min (Tht)</p>	

## Room Key

(AR) = Activity Room	(AR) = Activity Room 2nd Floor Lodge	(BQ) = Buffet Dining Room	(CR) = Card Room, 3rd Floor Lodge	(COMP) = Computer Room	(CY) = Courtyard	(Cue) = Cue Room, 3rd Floor Lodge
(DR) = Dining Room	(ECU) = ECU Activity Room	(Lbal) = Lodge Balcony 2nd Floor	(Lbal) = Lodge Balcony, 2nd Floor	(DR) = Lodge Dining Room	(LG) = Lodge Gardens	(LLB) = Lodge Library
(LL) = Lodge Lobby	(MR) = Mailroom	(P) = Plaza Community Room	(P) = Plaza Community Room, 2nd floor	(PG) = Plaza Garage	(PP) = Pool Patio	(SP) = Pool Room, Lodge
(SG) = Sky Gym	(SR) = Spa Room, 2nd floor Lodge	(TP) = Terrace Front Patio	(TL) = Terrace Lobby	(TP) = Terrace Lobby/Front Patio Area	(Tht) = Theater	



# Glenwood Place Calendar

# JANUARY 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>DOCTOR DAYS TUESDAYS</b> West of ANDRESEN Road. Salmon Creek, Hazel Dell, Downtown Vancouver &amp; the VA.</p> <p><b>THURSDAYS</b> East of ANDRESEN Road. 87<sup>th</sup> Ave, Cascade Park, Fisher's Landing, Orchards Mall</p>	<p><b>All outings are highlighted in YELLOW.</b></p> <p><b>Sign up for these events at the front desk. If bus is full, please add your name to the waiting list</b></p>	<p>Glenwood Place 5500 NE 82nd Ave. Vancouver, WA 98662 (360) 892-1100</p> <p><b>Email Activities</b> <a href="mailto:navdienko@glenwoodplace.net">navdienko@glenwoodplace.net</a></p>	<p>9:00 Rhythm Reaction Fitness (SG) <b>1</b></p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby)</p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Open Cribbage (CR)</p> <p><b>1:00 Shopping at Fred Meyer</b></p> <p><b>2:00 Rose Bowl on the Big Screen - Ducks vs. Badgers. Pizza &amp; Soda Provided!!! (P)</b></p> <p>5:45 Rummy Q (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>2</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p><b>11:00 History Talks with John Griffin (Th)</b></p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag C &amp; D (SG)</p> <p>1:00 Five Crowns Game (TL)</p> <p>1:00 Open Pool (SP)</p> <p><b>1:00 Activity Calendar Forum with Nick (Th)</b></p> <p>2:30 Glentucky Derby Horse Races (Th)</p> <p>3:00 Tai-Chi (P)</p> <p>4:30 Linda on Piano (DR)</p> <p><b>4:45 Supper Outing to Cameo Cafe. RSVP. Limited Seating</b></p>	<p>9:00 Sit To Be Fit (SG) <b>3</b></p> <p><b>9:30 Shopping at Winco, Walgreens, Dollar Tree, Target, and Safeway</b></p> <p>10:00 Chair Massage Therapy - \$20 (ECU)</p> <p><b>10:30 Brain Games (Th)</b></p> <p>10:30 Beanbag A &amp; B (SG)</p> <p><b>12:30 Bus to Vanc Mall RSVP</b></p> <p>1:00 Glenwood Choir (Th)</p> <p>1:00 Wii Bowling (SG)</p> <p><b>2:30 Happy Hour with Monte Watters (DR)</b></p> <p><b>6:00 No Friday Movie (Th)</b></p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>4</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p><b>10:30 Saturday Morning with Madeline (SG)</b></p> <p>11:00 Sewing Lady - Mending and hemming at a reasonable rate (MR)</p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p>1:00 Symphony Saturday - Yuja Wang performs Schubert and Schumann (Th)</p> <p>2:30 BINGO (DR)</p> <p><b>6:00 No Saturday Night Movie (Th)</b></p>
<p>8:20 Bus to Columbia Presbyterian <b>5</b></p> <p>8:20 Bus to St Joseph's. RSVP</p> <p>8:20 Bus to St. Paul Lutheran</p> <p>9:00 Bus to Immanuel Lutheran</p> <p>9:20 Bus to First Presbyterian</p> <p>9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Th)</p> <p>1:00 Open Scrabble (P)</p> <p>1:00 Sunday Movie - "McFarland, USA" (2015) PG 2h 9min (Th)</p> <p>1:30 Open Hand in Foot Card Game (CR)</p> <p>2:00 Episcopal Communion (ECU)</p> <p>3:00 First Christian Church Service (DR)</p> <p>3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge)</p> <p>5:45 Rummy Q in the Lofts (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>6</b></p> <p><b>9:30 Casino Outing to Ilani Casino - RSVP Bring \$</b></p> <p>9:30 Sit to be Fit in the Lofts (Lofts Lobby)</p> <p>9:30 Threading Needles (AR)</p> <p>10:30 "People and Stories" Reading Group (LLB)</p> <p>10:30 Computer Lab - Bring your laptop, phone, or tablet and get your questions answered. (COMP)</p> <p>12:30 Blood Pressures Reading for Plaza residents (P)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Monday Movie - "Cinema Paradiso" (1988) FOREIGN FILM - RATED R 2h 35min (Th)</p> <p>1:00 Open Bridge (CR)</p> <p>1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p>3:00 Tai-Chi (P)</p> <p>5:45 Bunco with Vicki. RSVP with Vicki (P)</p> <p>6:30 Bible Study (ECU)</p> <p>6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>7</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:00 Glenwood Theater Rehearsal (Th)</p> <p><b>10:00 NEW - Kitchen Tours. RSVP at the Front Desk. Meet in the Lobby (LL)</b></p> <p>10:30 Beach Ball Toss (in the Sky Gym)</p> <p>1:00 Beanbag Teams B &amp; D (SG)</p> <p>1:00 Farkle with Vicki (P)</p> <p>1:00 Open Pool (SP)</p> <p>1:00 Watercolor with Becky (AR)</p> <p><b>2:00 NEW - Kitchen Tours. RSVP at the Front Desk. Meet in the Lobby (LL)</b></p> <p>2:30 BINGO (DR)</p> <p>3:00 Happy Hour with William Spilette (P)</p> <p>6:00 Rock Painting (AR)</p> <p>6:30 Hymn Sing-A-Long (P)</p> <p>7:00 Open Poker (CR)</p>	<p>8:00 Pedicures with Dawn - Cost is \$25, pay her. Sign up at the front desk for a time slot. (AR) <b>8</b></p> <p>9:00 Rhythm Reaction Fitness (SG)</p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby)</p> <p>9:30 Veteran's Group (Th)</p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Language Club - Want to Learn Sign Language? One of our residents will be teaching! (COMP)</p> <p>1:00 Open Cribbage (CR)</p> <p><b>1:00 Red Hat Ladies - Tea &amp; Movie (Th)</b></p> <p><b>1:00 Shopping at Fred Meyer</b></p> <p>5:45 Rummy Q (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>9</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p><b>10:30 Health Talks with Sabrina (Th)</b></p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag Baseball Teams C &amp; D (SG)</p> <p>1:00 Open Pool (SP)</p> <p><b>1:00 Po-Ke-No Card Game with Vicki (TL)</b></p> <p><b>2:30 Bingo Auction - Bring Your Bingo Bucks to Bid on Some Great Prizes (In the Dining Room)</b></p> <p>3:00 Tai-Chi - Moving for Better Balance (P)</p> <p>4:30 Linda on Piano (DR)</p> <p><b>4:30 Supper Outing to The Hammond Kitchen &amp; Craft Bar in Camas. RSVP</b></p>	<p>9:00 Sit To Be Fit (SG) <b>10</b></p> <p><b>9:30 Shopping trip: - Walmart, Trader Joe's, Fred Meyer (RSVP at the front desk.)</b></p> <p>10:00 Alzheimer's and Dementia Caregiver Support Group (Th)</p> <p>10:00 Chair Massage Therapy - Sign up at the Front Desk. \$20 (ECU)</p> <p>10:30 Beanbag Teams A &amp; B (SG)</p> <p>11:15 Grief Support Group (Th)</p> <p><b>12:30 Bus to Vanc Mall RSVP</b></p> <p><b>12:30 Glenwood Choir (Th)</b></p> <p>1:00 Wii Bowling (SG)</p> <p><b>1:30 Residents Association Meeting (DR)</b></p> <p>2:30 Happy Hour with Karen Overton (DR)</p> <p>6:00 No Friday Movie</p> <p><b>7:00 Performance - The Dynamic Duo of Reno and Cindy Hollar. Great dancing music and songs (DR)</b></p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>11</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p>10:30 Saturday Morning with Madeline (SG)</p> <p><b>1:00 All the World's a Zoo (Th)</b></p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p><b>2:00 Encore Performance - More Music with Reno and Cindy Hollar (DR)</b></p> <p>6:00 Saturday Night Movie - "Downton Abbey" (2019) PG 2h 2min (Th)</p>
<p>8:20 Bus to Columbia Presbyterian <b>12</b></p> <p>8:20 Bus to St Joseph's. RSVP</p> <p>8:20 Bus to St. Paul Lutheran</p> <p>9:00 Bus to Immanuel Lutheran</p> <p>9:20 Bus to First Presbyterian</p> <p>9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Th)</p> <p>1:00 Open Scrabble (P)</p> <p>1:00 Sunday Movie - "Larger Than Life" (1996) PG 1h 33min (Th)</p> <p>1:30 Open Hand in Foot Card Game (CR)</p> <p>3:00 Open Boggle (Cue Room)</p> <p>5:45 Rummy Q (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>13</b></p> <p>9:30 Sit to be Fit (Lofts Lobby)</p> <p>9:30 Threading Needles (AR)</p> <p>10:30 Music Therapy with Dan (Th)</p> <p><b>10:45 Lunch Outing to Red Lobster. RSVP</b></p> <p>12:30 Blood Pressures (P)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Monday Movie - "The Two Popes" (2019) PG-13 2h 5min (Th)</p> <p>1:00 Open Bridge (CR)</p> <p>1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p><b>1:30 Outing to Local Thrift Stores. RSVP</b></p> <p>2:00 Bulletin Board Crafters - (AR)</p> <p>3:00 Tai-Chi (P)</p> <p>6:30 Bible Study (ECU)</p> <p>6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>14</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p><b>10:00 Glenwood Theater Open House - Come join the Acting Group! (Th)</b></p> <p>10:30 Beach Ball Toss (in the Sky Gym)</p> <p>1:00 Beanbag Baseball Teams B &amp; D (SG)</p> <p>1:00 Open Pool (SP)</p> <p>2:30 BINGO (DR)</p> <p>3:00 Happy Hour with Pianist Diome Alcomendac (P)</p> <p>6:00 Rock Painting (AR)</p> <p>6:30 Hymn Sing-A-Long (P)</p> <p>7:00 Open Poker (CR)</p>	<p>7:30 Women &amp; Men's Breakfast! Free. (7:30 - 8:30) (BQ) <b>15</b></p> <p>9:00 Rhythm Reaction (SG)</p> <p>9:30 "Sit to be Fit" (Lofts Lobby)</p> <p>9:30 Veteran's Group (Th)</p> <p>10:30 Beanbag Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Open Cribbage (CR)</p> <p><b>1:00 Shopping at Fred Meyer</b></p> <p><b>2:30 Let's Play Jeopardy! (Th)</b></p> <p>5:45 Rummy Q (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>16</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:30 Book Club hosted by Cynthia (ECU)</p> <p>11:00 History Talks with John Griffin (Th)</p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag Teams C &amp; D (SG)</p> <p>1:00 5 Crowns Card Game (TL)</p> <p>1:00 Open Pool (SP)</p> <p><b>2:30 Glentucky Derby Horse Racing - Store is open! Bring your Derby Bucks (Th)</b></p> <p>3:00 Tai-Chi (P)</p> <p>4:30 Linda on Piano (DR)</p> <p><b>4:30 Supper Outing to Patrick's Hawaiian Cafe. RSVP</b></p>	<p>9:00 Sit To Be Fit (SG) <b>17</b></p> <p><b>9:30 Shopping at Winco, Walgreens, Dollar Tree, Target, and Safeway</b></p> <p>10:00 Alzheimer's and Dementia Support Group (Th)</p> <p>10:00 Chair Massage Therapy - \$20 (ECU)</p> <p>10:30 Beanbag Teams A &amp; B (SG)</p> <p><b>10:30 Headlines and Donuts (TL)</b></p> <p>11:15 Grief Support Group (Th)</p> <p><b>12:30 Bus to Vanc Mall RSVP</b></p> <p>1:00 Glenwood Choir (Th)</p> <p>1:00 Wii Bowling (SG)</p> <p>2:30 Happy Hour Mike Hart (DR)</p> <p>6:00 Friday Night Movie - "The Report" (2019) RATED R 1h 59min (Th)</p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>18</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p>10:30 Saturday Morning with Madeline (SG)</p> <p>11:00 Sewing Lady - Mending and hemming at a reasonable rate (MR)</p> <p><b>1:00 Mystery Drive with Carroll. RSVP</b></p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p>1:00 Symphony Saturday - Rachmaninov, Piano Concerto No. 2 in C minor - Yuja Wang, Yuri Temirkanov (Th)</p> <p>2:30 BINGO (DR)</p> <p>6:00 Saturday Night Movie - "Seven Brides for Seven Brothers" (1954) G 1h 42min (Th)</p>

<p>8:20 Bus to Columbia Presbyterian <b>19</b></p> <p>8:20 Bus to St Joseph's. RSVP 8:20 Bus to St. Paul Lutheran 9:00 Bus to Immanuel Lutheran 9:20 Bus to First Presbyterian 9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht) 11:00 Cherie The Card Lady (LL) 1:00 Open Scrabble (P) 1:00 Sunday Movie - "Operation Dumbo Drop" (1995) PG 1h 47min (Tht) 1:30 Open Hand in Foot Card Game (CR) 2:00 Episcopal Communion (ECU) 3:00 Columbia Christian Church (DR) 3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge) 5:45 Rummy Q in the Lofts (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>20</b></p> <p>9:30 Sit to be Fit in the Lofts (Lofts Lobby)</p> <p><b>9:30 Tour of Pendleton Weaving Mill in Washougal. Limited Seating. Free</b></p> <p>9:30 Threading Needles (AR) 12:30 Blood Pressures Reading for Plaza residents (P) 1:00 Aqua Fitness (Pool Room) 1:00 Monday Movie - "Annie" (1982) PG 2h 7min (Tht) 1:00 Open Bridge (CR) 1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p><b>1:00 Tour of Pendleton Weaving Mill in Washougal. Limited Seating Free.</b></p> <p><b>2:00 Photo Fun with Rebecca! Bring your Camera or Smartphone and let's take photos! (Computer Lab)</b></p> <p>3:00 Tai-Chi - Moving for Better Balance (P) 6:30 Bible Study (ECU) 6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>21</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) 10:00 Glenwood Theater Rehearsal (Tht) 10:30 Beach Ball Toss (in the Sky Gym) 11:30 Free Eyeglass Clinic - eyeglass cleaning and adjustments (LL) 1:00 Beanbag Baseball Teams B &amp; D (SG) 1:00 Farkle with Vicki (P) 1:00 Open Pool (SP) 2:30 BINGO (DR) 3:00 Happy Hour with Stan Lasley (P) 6:30 Hymn Sing-A-Long (P) 7:00 Open Poker (CR)</p> <p><b>7:00 Beanbag Baseball Banquet – Fried Chicken Dinner, drinks, and the award ceremony. Limited to one guest. RSVP. (DR)</b></p>	<p>9:00 Rhythm Reaction Fitness (SG) <b>22</b></p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby) 9:30 Veteran's Group (Tht) 10:30 Beanbag Baseball Teams A &amp; C (SG) 11:30 Jerlean on Piano (DR) 12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby) 1:00 Aqua Fitness (Pool Room) 1:00 Open Cribbage (CR) <b>1:00 Shopping at Fred Meyer</b> <b>2:30 Readings with Nick - Come listen to humorous stories from various popular authors (Tht)</b> 5:45 Rummy Q in the Lofts (Lofts Lobby) 6:30 Bridge (CR) 6:30 Open Pinochle Card Game (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>23</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) <b>10:30 Health Talks with Sabrina (Tht)</b> 12:30 Blood Pressure Reading for Terrace Residents (TL) 1:00 Beanbag Baseball Teams C &amp; D (SG) 1:00 Open Pool (SP) <b>1:00 Po-Ke-No Card Game with Vicki (TL)</b> 2:00 Life Goes On Support Group - with St. Luke's Episcopal Church (ECU) 2:30 BINGO (DR) 3:00 Tai-Chi - Moving for Better Balance (P) 4:30 Linda on Piano (DR) <b>4:30 Supper Outing to Golden City Restaurant. RSVP</b></p>	<p>9:00 Sit To Be Fit (SG) <b>24</b></p> <p><b>9:30 Shopping trip: - Walmart, Trader Joe's, Fred Meyer (RSVP at the front desk.)</b></p> <p>10:00 Chair Massage Therapy - Sign up at the Front Desk. \$20 (ECU) <b>10:30 Ted Talks (Tht)</b> 10:30 Beanbag Baseball Teams A &amp; B (SG) 12:30 Bus to Vancouver Mall. RSVP 1:00 Glenwood Choir (Tht) 1:00 Wii Bowling (SG) <b>2:30 Come Celebrate Chinese New Year with Shelly Voight (DR)</b> 6:00 Friday Night Movie - "Born Free" (1966) PG 1h 35min (Tht)</p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>25</b></p> <p>10:30 Open Chess &amp; Checkers (CR) 10:30 Saturday Morning with Madeline (SG) <b>1:00 5 Minute Mysteries - Entertaining stumpers will sharpen your powers of observation and test your deductive skills (Tht)</b> 1:00 Open Billiards (Cue Room 3rd Floor Lodge) <b>1:30 Outing to the Vancouver Symphony (Admission \$40)</b> 2:30 BINGO (DR) 6:00 Saturday Night Movie - "For Me and My Gal" (1942) 1h 44min (Tht)</p>
<p>8:20 Bus to Columbia Presbyterian <b>26</b></p> <p>8:20 Bus to St Joseph's. RSVP 8:20 Bus to St. Paul Lutheran 9:00 Bus to Immanuel Lutheran 9:20 Bus to First Presbyterian 9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht) 1:00 Open Scrabble (P) 1:00 Sunday Movie - "The Wild Country" (1970) G 1h 40min (Tht) 1:30 Open Hand in Foot Card Game (CR) 3:00 Hymns &amp; Devotions with Ron &amp; Donna (DR) 3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge) 5:45 Rummy Q in the Lofts (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>27</b></p> <p>9:30 Sit to be Fit in the Lofts (Lofts Lobby) 9:30 Threading Needles (AR) <b>10:30 Lunch Outing to Kitchen Table Cafe. RSVP</b></p> <p>10:30 Music Therapy with Dan - Join us for sing alongs and play instruments. (Tht) 12:30 Blood Pressures Reading for Plaza residents (P) 1:00 Aqua Fitness (Pool Room) 1:00 Monday Movie - "The Book Thief" (2013) PG-13 2h 11min (Tht) 1:00 Open Bridge (CR) 1:00 Open Farkle (Cue Room 3rd Floor Lodge) 2:00 Bulletin Board Crafters - come help decorate the bulletin boards with Rebecca! (AR) 3:00 Tai-Chi - Moving for Better Balance (P) 6:30 Bible Study (ECU) 6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>28</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) 10:00 Glenwood Theater Rehearsal (Tht) 10:30 Beach Ball Toss (in the Sky Gym) 1:00 Beanbag Baseball Teams B &amp; D (SG) 1:00 Open Pool (SP) 1:30 Classical Club with Terry. Must do if you are a music lover! (Tht) 2:30 BINGO (DR) 3:00 Happy Hour with Vladimir on Violin (P) 6:30 Hymn Sing-A-Long (P) <b>7:00 Bingo After Dark</b> 7:00 Open Poker (CR)</p>	<p>9:00 Rhythm Reaction Fitness (SG) <b>29</b></p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby) 9:30 Veteran's Group (Tht) <b>10:00 Outing to Fort Vancouver High School for their Community Love Lunch. Free. RSVP</b></p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG) 11:30 Jerlean on Piano (DR) 12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby) 1:00 Aqua Fitness (Pool Room) 1:00 Open Cribbage (CR) <b>1:00 Shopping at Fred Meyer</b> <b>2:30 Brain Games (Tht)</b> 4:00 Linda on Piano (DR) <b>4:00 Lodge Birthday Dinner - RSVP at the Front Desk (DR)</b> 5:45 Rummy Q in the Lofts (Lofts Lobby) 6:30 Bridge (CR) 6:30 Open Pinochle Card Game (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>30</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) <b>10:30 Film Appreciation with Nick - Come explore the aesthetics of cinema, the concepts behind storytelling and various elements of a film (Tht)</b> 12:30 Blood Pressure Reading for Terrace Residents (TL) 1:00 Beanbag Baseball Teams C &amp; D (SG) 1:00 Open Pool (SP) 2:30 BINGO (DR) 3:00 Tai-Chi - Moving for Better Balance (P) <b>4:00 Birthday Dinner for the Plaza, Terrace and Lofts (DR)</b> 4:30 Linda on Piano (DR)</p>	<p>9:00 Sit To Be Fit (SG) <b>31</b></p> <p><b>9:30 Shopping at Winco, Walgreens, Dollar Tree, Target, and Safeway</b></p> <p>10:00 Alzheimer's and Dementia Caregiver Support Group (Tht) 10:00 Chair Massage Therapy - Sign up at the Front Desk. \$20 (ECU) 10:30 Beanbag Baseball Teams A &amp; B (SG) 11:15 Grief Support Group (Tht) <b>12:30 Bus to Vancouver Mall. RSVP</b> <b>1:00 Glenwood Choir (Tht)</b> 1:00 Wii Bowling (SG) 2:30 Happy Hour with Emmy Horowitz (DR) 6:00 Friday Night Movie - "Armstrong" (2019) DOCUMENTARY 1h 40min (Tht)</p>	

## Room Key

(AR) = Activity Room	(AR) = Activity Room 2nd Floor Lodge	(BQ) = Buffet Dining Room	(CR) = Card Room, 3rd Floor Lodge	(COMP) = Computer Room	(CY) = Courtyard	(Cue) = Cue Room, 3rd Floor Lodge
(DR) = Dining Room	(ECU) = ECU Activity Room	(Lbal) = Lodge Balcony 2nd Floor	(Lbal) = Lodge Balcony, 2nd Floor	(DR) = Lodge Dining Room	(LG) = Lodge Gardens	(LLB) = Lodge Library
(LL) = Lodge Lobby	(MR) = Mailroom	(P) = Plaza Community Room	(P) = Plaza Community Room, 2nd floor	(PG) = Plaza Garage	(PP) = Pool Patio	(SP) = Pool Room, Lodge
(SG) = Sky Gym	(SR) = Spa Room, 2nd floor Lodge	(TP) = Terrace Front Patio	(TL) = Terrace Lobby	(TP) = Terrace Lobby/Front Patio Area	(Tht) = Theater	



# Glenwood Place Calendar

# JANUARY 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>DOCTOR DAYS TUESDAYS</b> West of ANDRESEN Road. Salmon Creek, Hazel Dell, Downtown Vancouver &amp; the VA.</p> <p><b>THURSDAYS</b> East of ANDRESEN Road. 87<sup>th</sup> Ave, Cascade Park, Fisher's Landing, Orchards Mall</p>	<p><b>All outings are highlighted in YELLOW.</b></p> <p><b>Sign up for these events at the front desk. If bus is full, please add your name to the waiting list</b></p>	<p>Glenwood Place 5500 NE 82nd Ave. Vancouver, WA 98662 (360) 892-1100</p> <p><b>Email Activities</b> <a href="mailto:navdienko@glenwoodplace.net">navdienko@glenwoodplace.net</a></p>	<p>9:00 Rhythm Reaction Fitness (SG) <b>1</b></p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby)</p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Open Cribbage (CR)</p> <p><b>1:00 Shopping at Fred Meyer</b></p> <p><b>2:00 Rose Bowl on the Big Screen - Ducks vs. Badgers. Pizza &amp; Soda Provided!!! (P)</b></p> <p>5:45 Rummy Q (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>2</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p><b>11:00 History Talks with John Griffin (Th)</b></p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag C &amp; D (SG)</p> <p>1:00 Five Crowns Game (TL)</p> <p>1:00 Open Pool (SP)</p> <p><b>1:00 Activity Calendar Forum with Nick (Th)</b></p> <p>2:30 Glentucky Derby Horse Races (Th)</p> <p>3:00 Tai-Chi (P)</p> <p>4:30 Linda on Piano (DR)</p> <p><b>4:45 Supper Outing to Cameo Cafe. RSVP. Limited Seating</b></p>	<p>9:00 Sit To Be Fit (SG) <b>3</b></p> <p><b>9:30 Shopping at Winco, Walgreens, Dollar Tree, Target, and Safeway</b></p> <p>10:00 Chair Massage Therapy - \$20 (ECU)</p> <p><b>10:30 Brain Games (Th)</b></p> <p>10:30 Beanbag A &amp; B (SG)</p> <p><b>12:30 Bus to Vanc Mall RSVP</b></p> <p>1:00 Glenwood Choir (Th)</p> <p>1:00 Wii Bowling (SG)</p> <p><b>2:30 Happy Hour with Monte Watters (DR)</b></p> <p><b>6:00 No Friday Movie (Th)</b></p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>4</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p><b>10:30 Saturday Morning with Madeline (SG)</b></p> <p>11:00 Sewing Lady - Mending and hemming at a reasonable rate (MR)</p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p>1:00 Symphony Saturday - Yuja Wang performs Schubert and Schumann (Th)</p> <p>2:30 BINGO (DR)</p> <p><b>6:00 No Saturday Night Movie (Th)</b></p>
<p>8:20 Bus to Columbia Presbyterian <b>5</b></p> <p>8:20 Bus to St Joseph's. RSVP</p> <p>8:20 Bus to St. Paul Lutheran</p> <p>9:00 Bus to Immanuel Lutheran</p> <p>9:20 Bus to First Presbyterian</p> <p>9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Th)</p> <p>1:00 Open Scrabble (P)</p> <p>1:00 Sunday Movie - "McFarland, USA" (2015) PG 2h 9min (Th)</p> <p>1:30 Open Hand in Foot Card Game (CR)</p> <p>2:00 Episcopal Communion (ECU)</p> <p>3:00 First Christian Church Service (DR)</p> <p>3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge)</p> <p>5:45 Rummy Q in the Lofts (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>6</b></p> <p><b>9:30 Casino Outing to Ilani Casino - RSVP Bring \$</b></p> <p>9:30 Sit to be Fit in the Lofts (Lofts Lobby)</p> <p>9:30 Threading Needles (AR)</p> <p>10:30 "People and Stories" Reading Group (LLB)</p> <p>10:30 Computer Lab - Bring your laptop, phone, or tablet and get your questions answered. (COMP)</p> <p>12:30 Blood Pressures Reading for Plaza residents (P)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Monday Movie - "Cinema Paradiso" (1988) FOREIGN FILM - RATED R 2h 35min (Th)</p> <p>1:00 Open Bridge (CR)</p> <p>1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p>3:00 Tai-Chi (P)</p> <p>5:45 Bunco with Vicki. RSVP with Vicki (P)</p> <p>6:30 Bible Study (ECU)</p> <p>6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>7</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:00 Glenwood Theater Rehearsal (Th)</p> <p><b>10:00 NEW - Kitchen Tours. RSVP at the Front Desk. Meet in the Lobby (LL)</b></p> <p>10:30 Beach Ball Toss (in the Sky Gym)</p> <p>1:00 Beanbag Teams B &amp; D (SG)</p> <p>1:00 Farkle with Vicki (P)</p> <p>1:00 Open Pool (SP)</p> <p>1:00 Watercolor with Becky (AR)</p> <p><b>2:00 NEW - Kitchen Tours. RSVP at the Front Desk. Meet in the Lobby (LL)</b></p> <p>2:30 BINGO (DR)</p> <p>3:00 Happy Hour with William Spilette (P)</p> <p>6:00 Rock Painting (AR)</p> <p>6:30 Hymn Sing-A-Long (P)</p> <p>7:00 Open Poker (CR)</p>	<p>8:00 Pedicures with Dawn - Cost is \$25, pay her. Sign up at the front desk for a time slot. (AR) <b>8</b></p> <p>9:00 Rhythm Reaction Fitness (SG)</p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby)</p> <p>9:30 Veteran's Group (Th)</p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Language Club - Want to Learn Sign Language? One of our residents will be teaching! (COMP)</p> <p>1:00 Open Cribbage (CR)</p> <p><b>1:00 Red Hat Ladies - Tea &amp; Movie (Th)</b></p> <p><b>1:00 Shopping at Fred Meyer</b></p> <p>5:45 Rummy Q (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>9</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p><b>10:30 Health Talks with Sabrina (Th)</b></p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag Baseball Teams C &amp; D (SG)</p> <p>1:00 Open Pool (SP)</p> <p><b>1:00 Po-Ke-No Card Game with Vicki (TL)</b></p> <p><b>2:30 Bingo Auction - Bring Your Bingo Bucks to Bid on Some Great Prizes (In the Dining Room)</b></p> <p>3:00 Tai-Chi - Moving for Better Balance (P)</p> <p>4:30 Linda on Piano (DR)</p> <p><b>4:30 Supper Outing to The Hammond Kitchen &amp; Craft Bar in Camas. RSVP</b></p>	<p>9:00 Sit To Be Fit (SG) <b>10</b></p> <p><b>9:30 Shopping trip: - Walmart, Trader Joe's, Fred Meyer (RSVP at the front desk.)</b></p> <p>10:00 Alzheimer's and Dementia Caregiver Support Group (Th)</p> <p>10:00 Chair Massage Therapy - Sign up at the Front Desk. \$20 (ECU)</p> <p>10:30 Beanbag Teams A &amp; B (SG)</p> <p>11:15 Grief Support Group (Th)</p> <p><b>12:30 Bus to Vanc Mall RSVP</b></p> <p><b>12:30 Glenwood Choir (Th)</b></p> <p>1:00 Wii Bowling (SG)</p> <p><b>1:30 Residents Association Meeting (DR)</b></p> <p>2:30 Happy Hour with Karen Overton (DR)</p> <p>6:00 No Friday Movie</p> <p><b>7:00 Performance - The Dynamic Duo of Reno and Cindy Hollar. Great dancing music and songs (DR)</b></p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>11</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p>10:30 Saturday Morning with Madeline (SG)</p> <p><b>1:00 All the World's a Zoo (Th)</b></p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p><b>2:00 Encore Performance - More Music with Reno and Cindy Hollar (DR)</b></p> <p>6:00 Saturday Night Movie - "Downton Abbey" (2019) PG 2h 2min (Th)</p>
<p>8:20 Bus to Columbia Presbyterian <b>12</b></p> <p>8:20 Bus to St Joseph's. RSVP</p> <p>8:20 Bus to St. Paul Lutheran</p> <p>9:00 Bus to Immanuel Lutheran</p> <p>9:20 Bus to First Presbyterian</p> <p>9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Th)</p> <p>1:00 Open Scrabble (P)</p> <p>1:00 Sunday Movie - "Larger Than Life" (1996) PG 1h 33min (Th)</p> <p>1:30 Open Hand in Foot Card Game (CR)</p> <p>3:00 Open Boggle (Cue Room)</p> <p>5:45 Rummy Q (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>13</b></p> <p>9:30 Sit to be Fit (Lofts Lobby)</p> <p>9:30 Threading Needles (AR)</p> <p>10:30 Music Therapy with Dan (Th)</p> <p><b>10:45 Lunch Outing to Red Lobster. RSVP</b></p> <p>12:30 Blood Pressures (P)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Monday Movie - "The Two Popes" (2019) PG-13 2h 5min (Th)</p> <p>1:00 Open Bridge (CR)</p> <p>1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p><b>1:30 Outing to Local Thrift Stores. RSVP</b></p> <p>2:00 Bulletin Board Crafters - (AR)</p> <p>3:00 Tai-Chi (P)</p> <p>6:30 Bible Study (ECU)</p> <p>6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>14</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p><b>10:00 Glenwood Theater Open House - Come join the Acting Group! (Th)</b></p> <p>10:30 Beach Ball Toss (in the Sky Gym)</p> <p>1:00 Beanbag Baseball Teams B &amp; D (SG)</p> <p>1:00 Open Pool (SP)</p> <p>2:30 BINGO (DR)</p> <p>3:00 Happy Hour with Pianist Diome Alcomendac (P)</p> <p>6:00 Rock Painting (AR)</p> <p>6:30 Hymn Sing-A-Long (P)</p> <p>7:00 Open Poker (CR)</p>	<p>7:30 Women &amp; Men's Breakfast! Free. (7:30 - 8:30) (BQ) <b>15</b></p> <p>9:00 Rhythm Reaction (SG)</p> <p>9:30 "Sit to be Fit" (Lofts Lobby)</p> <p>9:30 Veteran's Group (Th)</p> <p>10:30 Beanbag Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Open Cribbage (CR)</p> <p><b>1:00 Shopping at Fred Meyer</b></p> <p><b>2:30 Let's Play Jeopardy! (Th)</b></p> <p>5:45 Rummy Q (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>16</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:30 Book Club hosted by Cynthia (ECU)</p> <p>11:00 History Talks with John Griffin (Th)</p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag Teams C &amp; D (SG)</p> <p>1:00 5 Crowns Card Game (TL)</p> <p>1:00 Open Pool (SP)</p> <p><b>2:30 Glentucky Derby Horse Racing - Store is open! Bring your Derby Bucks (Th)</b></p> <p>3:00 Tai-Chi (P)</p> <p>4:30 Linda on Piano (DR)</p> <p><b>4:30 Supper Outing to Patrick's Hawaiian Cafe. RSVP</b></p>	<p>9:00 Sit To Be Fit (SG) <b>17</b></p> <p><b>9:30 Shopping at Winco, Walgreens, Dollar Tree, Target, and Safeway</b></p> <p>10:00 Alzheimer's and Dementia Support Group (Th)</p> <p>10:00 Chair Massage Therapy - \$20 (ECU)</p> <p>10:30 Beanbag Teams A &amp; B (SG)</p> <p><b>10:30 Headlines and Donuts (TL)</b></p> <p>11:15 Grief Support Group (Th)</p> <p><b>12:30 Bus to Vanc Mall RSVP</b></p> <p>1:00 Glenwood Choir (Th)</p> <p>1:00 Wii Bowling (SG)</p> <p>2:30 Happy Hour Mike Hart (DR)</p> <p>6:00 Friday Night Movie - "The Report" (2019) RATED R 1h 59min (Th)</p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>18</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p>10:30 Saturday Morning with Madeline (SG)</p> <p>11:00 Sewing Lady - Mending and hemming at a reasonable rate (MR)</p> <p><b>1:00 Mystery Drive with Carroll. RSVP</b></p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p>1:00 Symphony Saturday - Rachmaninov, Piano Concerto No. 2 in C minor - Yuja Wang, Yuri Temirkanov (Th)</p> <p>2:30 BINGO (DR)</p> <p>6:00 Saturday Night Movie - "Seven Brides for Seven Brothers" (1954) G 1h 42min (Th)</p>

<p>8:20 Bus to Columbia Presbyterian <b>19</b></p> <p>8:20 Bus to St Joseph's. RSVP</p> <p>8:20 Bus to St. Paul Lutheran</p> <p>9:00 Bus to Immanuel Lutheran</p> <p>9:20 Bus to First Presbyterian</p> <p>9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht)</p> <p>11:00 Cherie The Card Lady (LL)</p> <p>1:00 Open Scrabble (P)</p> <p>1:00 Sunday Movie - "Operation Dumbo Drop" (1995) PG 1h 47min (Tht)</p> <p>1:30 Open Hand in Foot Card Game (CR)</p> <p>2:00 Episcopal Communion (ECU)</p> <p>3:00 Columbia Christian Church (DR)</p> <p>3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge)</p> <p>5:45 Rummy Q in the Lofts (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>20</b></p> <p>9:30 Sit to be Fit in the Lofts (Lofts Lobby)</p> <p><b>9:30 Tour of Pendleton Weaving Mill in Washougal. Limited Seating. Free</b></p> <p>9:30 Threading Needles (AR)</p> <p>12:30 Blood Pressures Reading for Plaza residents (P)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Monday Movie - "Annie" (1982) PG 2h 7min (Tht)</p> <p>1:00 Open Bridge (CR)</p> <p>1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p><b>1:00 Tour of Pendleton Weaving Mill in Washougal. Limited Seating Free.</b></p> <p><b>2:00 Photo Fun with Rebecca! Bring your Camera or Smartphone and let's take photos! (Computer Lab)</b></p> <p>3:00 Tai-Chi - Moving for Better Balance (P)</p> <p>6:30 Bible Study (ECU)</p> <p>6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>21</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:00 Glenwood Theater Rehearsal (Tht)</p> <p>10:30 Beach Ball Toss (in the Sky Gym)</p> <p>11:30 Free Eyeglass Clinic - eyeglass cleaning and adjustments (LL)</p> <p>1:00 Beanbag Baseball Teams B &amp; D (SG)</p> <p>1:00 Farkle with Vicki (P)</p> <p>1:00 Open Pool (SP)</p> <p>2:30 BINGO (DR)</p> <p>3:00 Happy Hour with Stan Lasley (P)</p> <p>6:30 Hymn Sing-A-Long (P)</p> <p>7:00 Open Poker (CR)</p> <p><b>7:00 Beanbag Baseball Banquet – Fried Chicken Dinner, drinks, and the award ceremony. Limited to one guest. RSVP. (DR)</b></p>	<p>9:00 Rhythm Reaction Fitness (SG) <b>22</b></p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby)</p> <p>9:30 Veteran's Group (Tht)</p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Open Cribbage (CR)</p> <p><b>1:00 Shopping at Fred Meyer</b></p> <p><b>2:30 Readings with Nick - Come listen to humorous stories from various popular authors (Tht)</b></p> <p>5:45 Rummy Q in the Lofts (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle Card Game (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>23</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p><b>10:30 Health Talks with Sabrina (Tht)</b></p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag Baseball Teams C &amp; D (SG)</p> <p>1:00 Open Pool (SP)</p> <p><b>1:00 Po-Ke-No Card Game with Vicki (TL)</b></p> <p>2:00 Life Goes On Support Group - with St. Luke's Episcopal Church (ECU)</p> <p>2:30 BINGO (DR)</p> <p>3:00 Tai-Chi - Moving for Better Balance (P)</p> <p>4:30 Linda on Piano (DR)</p> <p><b>4:30 Supper Outing to Golden City Restaurant. RSVP</b></p>	<p>9:00 Sit To Be Fit (SG) <b>24</b></p> <p><b>9:30 Shopping trip: - Walmart, Trader Joe's, Fred Meyer (RSVP at the front desk.)</b></p> <p>10:00 Chair Massage Therapy - Sign up at the Front Desk. \$20 (ECU)</p> <p><b>10:30 Ted Talks (Tht)</b></p> <p>10:30 Beanbag Baseball Teams A &amp; B (SG)</p> <p>12:30 Bus to Vancouver Mall. RSVP</p> <p>1:00 Glenwood Choir (Tht)</p> <p>1:00 Wii Bowling (SG)</p> <p><b>2:30 Come Celebrate Chinese New Year with Shelly Voight (DR)</b></p> <p>6:00 Friday Night Movie - "Born Free" (1966) PG 1h 35min (Tht)</p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>25</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p>10:30 Saturday Morning with Madeline (SG)</p> <p><b>1:00 5 Minute Mysteries - Entertaining stumpers will sharpen your powers of observation and test your deductive skills (Tht)</b></p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p><b>1:30 Outing to the Vancouver Symphony (Admission \$40)</b></p> <p>2:30 BINGO (DR)</p> <p>6:00 Saturday Night Movie - "For Me and My Gal" (1942) 1h 44min (Tht)</p>
<p>8:20 Bus to Columbia Presbyterian <b>26</b></p> <p>8:20 Bus to St Joseph's. RSVP</p> <p>8:20 Bus to St. Paul Lutheran</p> <p>9:00 Bus to Immanuel Lutheran</p> <p>9:20 Bus to First Presbyterian</p> <p>9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht)</p> <p>1:00 Open Scrabble (P)</p> <p>1:00 Sunday Movie - "The Wild Country" (1970) G 1h 40min (Tht)</p> <p>1:30 Open Hand in Foot Card Game (CR)</p> <p>3:00 Hymns &amp; Devotions with Ron &amp; Donna (DR)</p> <p>3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge)</p> <p>5:45 Rummy Q in the Lofts (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>27</b></p> <p>9:30 Sit to be Fit in the Lofts (Lofts Lobby)</p> <p>9:30 Threading Needles (AR)</p> <p><b>10:30 Lunch Outing to Kitchen Table Cafe. RSVP</b></p> <p>10:30 Music Therapy with Dan - Join us for sing alongs and play instruments. (Tht)</p> <p>12:30 Blood Pressures Reading for Plaza residents (P)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Monday Movie - "The Book Thief" (2013) PG-13 2h 11min (Tht)</p> <p>1:00 Open Bridge (CR)</p> <p>1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p>2:00 Bulletin Board Crafters - come help decorate the bulletin boards with Rebecca! (AR)</p> <p>3:00 Tai-Chi - Moving for Better Balance (P)</p> <p>6:30 Bible Study (ECU)</p> <p>6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>28</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:00 Glenwood Theater Rehearsal (Tht)</p> <p>10:30 Beach Ball Toss (in the Sky Gym)</p> <p>1:00 Beanbag Baseball Teams B &amp; D (SG)</p> <p>1:00 Open Pool (SP)</p> <p>1:30 Classical Club with Terry. Must do if you are a music lover! (Tht)</p> <p>2:30 BINGO (DR)</p> <p>3:00 Happy Hour with Vladimir on Violin (P)</p> <p>6:30 Hymn Sing-A-Long (P)</p> <p><b>7:00 Bingo After Dark</b></p> <p>7:00 Open Poker (CR)</p>	<p>9:00 Rhythm Reaction Fitness (SG) <b>29</b></p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby)</p> <p>9:30 Veteran's Group (Tht)</p> <p><b>10:00 Outing to Fort Vancouver High School for their Community Love Lunch. Free. RSVP</b></p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Open Cribbage (CR)</p> <p><b>1:00 Shopping at Fred Meyer</b></p> <p><b>2:30 Brain Games (Tht)</b></p> <p>4:00 Linda on Piano (DR)</p> <p><b>4:00 Lodge Birthday Dinner - RSVP at the Front Desk (DR)</b></p> <p>5:45 Rummy Q in the Lofts (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle Card Game (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>30</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p><b>10:30 Film Appreciation with Nick - Come explore the aesthetics of cinema, the concepts behind storytelling and various elements of a film (Tht)</b></p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag Baseball Teams C &amp; D (SG)</p> <p>1:00 Open Pool (SP)</p> <p>2:30 BINGO (DR)</p> <p>3:00 Tai-Chi - Moving for Better Balance (P)</p> <p><b>4:00 Birthday Dinner for the Plaza, Terrace and Lofts (DR)</b></p> <p>4:30 Linda on Piano (DR)</p>	<p>9:00 Sit To Be Fit (SG) <b>31</b></p> <p><b>9:30 Shopping at Winco, Walgreens, Dollar Tree, Target, and Safeway</b></p> <p>10:00 Alzheimer's and Dementia Caregiver Support Group (Tht)</p> <p>10:00 Chair Massage Therapy - Sign up at the Front Desk. \$20 (ECU)</p> <p>10:30 Beanbag Baseball Teams A &amp; B (SG)</p> <p>11:15 Grief Support Group (Tht)</p> <p><b>12:30 Bus to Vancouver Mall. RSVP</b></p> <p><b>1:00 Glenwood Choir (Tht)</b></p> <p>1:00 Wii Bowling (SG)</p> <p>2:30 Happy Hour with Emmy Horowitz (DR)</p> <p>6:00 Friday Night Movie - "Armstrong" (2019) DOCUMENTARY 1h 40min (Tht)</p>	

## Room Key

(AR) = Activity Room	(AR) = Activity Room 2nd Floor Lodge	(BQ) = Buffet Dining Room	(CR) = Card Room, 3rd Floor Lodge	(COMP) = Computer Room	(CY) = Courtyard	(Cue) = Cue Room, 3rd Floor Lodge
(DR) = Dining Room	(ECU) = ECU Activity Room	(Lbal) = Lodge Balcony 2nd Floor	(Lbal) = Lodge Balcony, 2nd Floor	(DR) = Lodge Dining Room	(LG) = Lodge Gardens	(LLB) = Lodge Library
(LL) = Lodge Lobby	(MR) = Mailroom	(P) = Plaza Community Room	(P) = Plaza Community Room, 2nd floor	(PG) = Plaza Garage	(PP) = Pool Patio	(SP) = Pool Room, Lodge
(SG) = Sky Gym	(SR) = Spa Room, 2nd floor Lodge	(TP) = Terrace Front Patio	(TL) = Terrace Lobby	(TP) = Terrace Lobby/Front Patio Area	(Tht) = Theater	



# Glenwood Place Calendar

# JANUARY 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>DOCTOR DAYS TUESDAYS</b> West of ANDRESEN Road. Salmon Creek, Hazel Dell, Downtown Vancouver &amp; the VA.</p> <p><b>THURSDAYS</b> East of ANDRESEN Road. 87<sup>th</sup> Ave, Cascade Park, Fisher's Landing, Orchards Mall</p>	<p><b>All outings are highlighted in YELLOW.</b></p> <p>Sign up for these events at the front desk. If bus is full, please add your name to the waiting list</p>	<p>Glenwood Place 5500 NE 82nd Ave. Vancouver, WA 98662 (360) 892-1100</p> <p>Email Activities <a href="mailto:navdienko@glenwoodplace.net">navdienko@glenwoodplace.net</a></p>	<p>9:00 Rhythm Reaction Fitness (SG) <b>1</b></p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby)</p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Open Cribbage (CR)</p> <p>1:00 Shopping at Fred Meyer</p> <p>2:00 Rose Bowl on the Big Screen - Ducks vs. Badgers. Pizza &amp; Soda Provided!!! (P)</p> <p>5:45 Rummy Q (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>2</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>11:00 History Talks with John Griffin (Tht)</p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag C &amp; D (SG)</p> <p>1:00 Five Crowns Game (TL)</p> <p>1:00 Open Pool (SP)</p> <p>1:00 Activity Calendar Forum with Nick (Tht)</p> <p>2:30 Glentucky Derby Horse Races (Tht)</p> <p>3:00 Tai-Chi (P)</p> <p>4:30 Linda on Piano (DR)</p> <p>4:45 Supper Outing to Cameo Cafe. RSVP. Limited Seating</p>	<p>9:00 Sit To Be Fit (SG) <b>3</b></p> <p>9:30 Shopping at Winco, Walgreens, Dollar Tree, Target, and Safeway</p> <p>10:00 Chair Massage Therapy - \$20 (ECU)</p> <p>10:30 Brain Games (Tht)</p> <p>10:30 Beanbag A &amp; B (SG)</p> <p>12:30 Bus to Vanc Mall RSVP</p> <p>1:00 Glenwood Choir (Tht)</p> <p>1:00 Wii Bowling (SG)</p> <p>2:30 Happy Hour with Monte Watters (DR)</p> <p>6:00 No Friday Movie (Tht)</p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>4</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p>10:30 Saturday Morning with Madeline (SG)</p> <p>11:00 Sewing Lady - Mending and hemming at a reasonable rate (MR)</p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p>1:00 Symphony Saturday - Yuja Wang performs Schubert and Schumann (Tht)</p> <p>2:30 BINGO (DR)</p> <p>6:00 No Saturday Night Movie (Tht)</p>
<p>8:20 Bus to Columbia Presbyterian <b>5</b></p> <p>8:20 Bus to St Joseph's. RSVP</p> <p>8:20 Bus to St. Paul Lutheran</p> <p>9:00 Bus to Immanuel Lutheran</p> <p>9:20 Bus to First Presbyterian</p> <p>9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht)</p> <p>1:00 Open Scrabble (P)</p> <p>1:00 Sunday Movie - "McFarland, USA" (2015) PG 2h 9min (Tht)</p> <p>1:30 Open Hand in Foot Card Game (CR)</p> <p>2:00 Episcopal Communion (ECU)</p> <p>3:00 First Christian Church Service (DR)</p> <p>3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge)</p> <p>5:45 Rummy Q in the Lofts (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>6</b></p> <p>9:30 Casino Outing to Ilani Casino - RSVP Bring \$</p> <p>9:30 Sit to be Fit in the Lofts (Lofts Lobby)</p> <p>9:30 Threading Needles (AR)</p> <p>10:30 "People and Stories" Reading Group (LLB)</p> <p>10:30 Computer Lab - Bring your laptop, phone, or tablet and get your questions answered. (COMP)</p> <p>12:30 Blood Pressures Reading for Plaza residents (P)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Monday Movie - "Cinema Paradiso" (1988) FOREIGN FILM - RATED R 2h 35min (Tht)</p> <p>1:00 Open Bridge (CR)</p> <p>1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p>3:00 Tai-Chi (P)</p> <p>5:45 Bunco with Vicki. RSVP with Vicki (P)</p> <p>6:30 Bible Study (ECU)</p> <p>6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>7</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:00 Glenwood Theater Rehearsal (Tht)</p> <p>10:00 NEW - Kitchen Tours. RSVP at the Front Desk. Meet in the Lobby (LL)</p> <p>10:30 Beach Ball Toss (in the Sky Gym)</p> <p>1:00 Beanbag Teams B &amp; D (SG)</p> <p>1:00 Farkle with Vicki (P)</p> <p>1:00 Open Pool (SP)</p> <p>1:00 Watercolor with Becky (AR)</p> <p>2:00 NEW - Kitchen Tours. RSVP at the Front Desk. Meet in the Lobby (LL)</p> <p>2:30 BINGO (DR)</p> <p>3:00 Happy Hour with William Spilette (P)</p> <p>6:00 Rock Painting (AR)</p> <p>6:30 Hymn Sing-A-Long (P)</p> <p>7:00 Open Poker (CR)</p>	<p>8:00 Pedicures with Dawn - Cost is \$25, pay her. Sign up at the front desk for a time slot. (AR) <b>8</b></p> <p>9:00 Rhythm Reaction Fitness (SG)</p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby)</p> <p>9:30 Veteran's Group (Tht)</p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Language Club - Want to Learn Sign Language? One of our residents will be teaching! (COMP)</p> <p>1:00 Open Cribbage (CR)</p> <p>1:00 Red Hat Ladies - Tea &amp; Movie (Tht)</p> <p>1:00 Shopping at Fred Meyer</p> <p>5:45 Rummy Q (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>9</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:30 Health Talks with Sabrina (Tht)</p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag Baseball Teams C &amp; D (SG)</p> <p>1:00 Open Pool (SP)</p> <p>1:00 Po-Ke-No Card Game with Vicki (TL)</p> <p>2:30 Bingo Auction - Bring Your Bingo Bucks to Bid on Some Great Prizes (In the Dining Room)</p> <p>3:00 Tai-Chi - Moving for Better Balance (P)</p> <p>4:30 Linda on Piano (DR)</p> <p>4:30 Supper Outing to The Hammond Kitchen &amp; Craft Bar in Camas. RSVP</p>	<p>9:00 Sit To Be Fit (SG) <b>10</b></p> <p>9:30 Shopping trip: - Walmart, Trader Joe's, Fred Meyer (RSVP at the front desk.)</p> <p>10:00 Alzheimer's and Dementia Caregiver Support Group (Tht)</p> <p>10:00 Chair Massage Therapy - Sign up at the Front Desk. \$20 (ECU)</p> <p>10:30 Beanbag Teams A &amp; B (SG)</p> <p>11:15 Grief Support Group (Tht)</p> <p>12:30 Bus to Vanc Mall RSVP</p> <p>12:30 Glenwood Choir (Tht)</p> <p>1:00 Wii Bowling (SG)</p> <p>1:30 Residents Association Meeting (DR)</p> <p>2:30 Happy Hour with Karen Overton (DR)</p> <p>6:00 No Friday Movie</p> <p>7:00 Performance - The Dynamic Duo of Reno and Cindy Hollar. Great dancing music and songs (DR)</p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>11</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p>10:30 Saturday Morning with Madeline (SG)</p> <p>1:00 All the World's a Zoo (Tht)</p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p>2:00 Encore Performance - More Music with Reno and Cindy Hollar (DR)</p> <p>6:00 Saturday Night Movie - "Downton Abbey" (2019) PG 2h 2min (Tht)</p>
<p>8:20 Bus to Columbia Presbyterian <b>12</b></p> <p>8:20 Bus to St Joseph's. RSVP</p> <p>8:20 Bus to St. Paul Lutheran</p> <p>9:00 Bus to Immanuel Lutheran</p> <p>9:20 Bus to First Presbyterian</p> <p>9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht)</p> <p>1:00 Open Scrabble (P)</p> <p>1:00 Sunday Movie - "Larger Than Life" (1996) PG 1h 33min (Tht)</p> <p>1:30 Open Hand in Foot Card Game (CR)</p> <p>3:00 Open Boggle (Cue Room)</p> <p>5:45 Rummy Q (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>13</b></p> <p>9:30 Sit to be Fit (Lofts Lobby)</p> <p>9:30 Threading Needles (AR)</p> <p>10:30 Music Therapy with Dan (Tht)</p> <p>10:45 Lunch Outing to Red Lobster. RSVP</p> <p>12:30 Blood Pressures (P)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Monday Movie - "The Two Popes" (2019) PG-13 2h 5min (Tht)</p> <p>1:00 Open Bridge (CR)</p> <p>1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p>1:30 Outing to Local Thrift Stores. RSVP</p> <p>2:00 Bulletin Board Crafters - (AR)</p> <p>3:00 Tai-Chi (P)</p> <p>6:30 Bible Study (ECU)</p> <p>6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>14</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:00 Glenwood Theater Open House - Come join the Acting Group! (Tht)</p> <p>10:30 Beach Ball Toss (in the Sky Gym)</p> <p>1:00 Beanbag Baseball Teams B &amp; D (SG)</p> <p>1:00 Open Pool (SP)</p> <p>2:30 BINGO (DR)</p> <p>3:00 Happy Hour with Pianist Diome Alcomendac (P)</p> <p>6:00 Rock Painting (AR)</p> <p>6:30 Hymn Sing-A-Long (P)</p> <p>7:00 Open Poker (CR)</p>	<p>7:30 Women &amp; Men's Breakfast! Free. (7:30 - 8:30) (BQ) <b>15</b></p> <p>9:00 Rhythm Reaction (SG)</p> <p>9:30 "Sit to be Fit" (Lofts Lobby)</p> <p>9:30 Veteran's Group (Tht)</p> <p>10:30 Beanbag Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Open Cribbage (CR)</p> <p>1:00 Shopping at Fred Meyer</p> <p>2:30 Let's Play Jeopardy! (Tht)</p> <p>5:45 Rummy Q (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>16</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:30 Book Club hosted by Cynthia (ECU)</p> <p>11:00 History Talks with John Griffin (Tht)</p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag Teams C &amp; D (SG)</p> <p>1:00 5 Crowns Card Game (TL)</p> <p>1:00 Open Pool (SP)</p> <p>2:30 Glentucky Derby Horse Racing - Store is open! Bring your Derby Bucks (Tht)</p> <p>3:00 Tai-Chi (P)</p> <p>4:30 Linda on Piano (DR)</p> <p>4:30 Supper Outing to Patrick's Hawaiian Cafe. RSVP</p>	<p>9:00 Sit To Be Fit (SG) <b>17</b></p> <p>9:30 Shopping at Winco, Walgreens, Dollar Tree, Target, and Safeway</p> <p>10:00 Alzheimer's and Dementia Support Group (Tht)</p> <p>10:00 Chair Massage Therapy - \$20 (ECU)</p> <p>10:30 Beanbag Teams A &amp; B (SG)</p> <p>10:30 Headlines and Donuts (TL)</p> <p>11:15 Grief Support Group (Tht)</p> <p>12:30 Bus to Vanc Mall RSVP</p> <p>1:00 Glenwood Choir (Tht)</p> <p>1:00 Wii Bowling (SG)</p> <p>2:30 Happy Hour Mike Hart (DR)</p> <p>6:00 Friday Night Movie - "The Report" (2019) RATED R 1h 59min (Tht)</p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>18</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p>10:30 Saturday Morning with Madeline (SG)</p> <p>11:00 Sewing Lady - Mending and hemming at a reasonable rate (MR)</p> <p>1:00 Mystery Drive with Carroll. RSVP</p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p>1:00 Symphony Saturday - Rachmaninov, Piano Concerto No. 2 in C minor - Yuja Wang, Yuri Temirkanov (Tht)</p> <p>2:30 BINGO (DR)</p> <p>6:00 Saturday Night Movie - "Seven Brides for Seven Brothers" (1954) G 1h 42min (Tht)</p>

<p>8:20 Bus to Columbia Presbyterian <b>19</b></p> <p>8:20 Bus to St Joseph's. RSVP 8:20 Bus to St. Paul Lutheran 9:00 Bus to Immanuel Lutheran 9:20 Bus to First Presbyterian 9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht) 11:00 Cherie The Card Lady (LL) 1:00 Open Scrabble (P) 1:00 Sunday Movie - "Operation Dumbo Drop" (1995) PG 1h 47min (Tht) 1:30 Open Hand in Foot Card Game (CR) 2:00 Episcopal Communion (ECU) 3:00 Columbia Christian Church (DR) 3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge) 5:45 Rummy Q in the Lofts (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>20</b></p> <p>9:30 Sit to be Fit in the Lofts (Lofts Lobby)</p> <p><b>9:30 Tour of Pendleton Weaving Mill in Washougal. Limited Seating. Free</b></p> <p>9:30 Threading Needles (AR) 12:30 Blood Pressures Reading for Plaza residents (P) 1:00 Aqua Fitness (Pool Room) 1:00 Monday Movie - "Annie" (1982) PG 2h 7min (Tht) 1:00 Open Bridge (CR) 1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p><b>1:00 Tour of Pendleton Weaving Mill in Washougal. Limited Seating Free.</b></p> <p><b>2:00 Photo Fun with Rebecca! Bring your Camera or Smartphone and let's take photos! (Computer Lab)</b></p> <p>3:00 Tai-Chi - Moving for Better Balance (P) 6:30 Bible Study (ECU) 6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>21</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) 10:00 Glenwood Theater Rehearsal (Tht) 10:30 Beach Ball Toss (in the Sky Gym) 11:30 Free Eyeglass Clinic - eyeglass cleaning and adjustments (LL) 1:00 Beanbag Baseball Teams B &amp; D (SG) 1:00 Farkle with Vicki (P) 1:00 Open Pool (SP) 2:30 BINGO (DR) 3:00 Happy Hour with Stan Lasley (P) 6:30 Hymn Sing-A-Long (P) 7:00 Open Poker (CR)</p> <p><b>7:00 Beanbag Baseball Banquet – Fried Chicken Dinner, drinks, and the award ceremony. Limited to one guest. RSVP. (DR)</b></p>	<p>9:00 Rhythm Reaction Fitness (SG) <b>22</b></p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby) 9:30 Veteran's Group (Tht) 10:30 Beanbag Baseball Teams A &amp; C (SG) 11:30 Jerlean on Piano (DR) 12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby) 1:00 Aqua Fitness (Pool Room) 1:00 Open Cribbage (CR) <b>1:00 Shopping at Fred Meyer</b> <b>2:30 Readings with Nick - Come listen to humorous stories from various popular authors (Tht)</b> 5:45 Rummy Q in the Lofts (Lofts Lobby) 6:30 Bridge (CR) 6:30 Open Pinochle Card Game (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>23</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG)</p> <p><b>10:30 Health Talks with Sabrina (Tht)</b></p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL) 1:00 Beanbag Baseball Teams C &amp; D (SG) 1:00 Open Pool (SP) <b>1:00 Po-Ke-No Card Game with Vicki (TL)</b> 2:00 Life Goes On Support Group - with St. Luke's Episcopal Church (ECU) 2:30 BINGO (DR) 3:00 Tai-Chi - Moving for Better Balance (P) 4:30 Linda on Piano (DR) <b>4:30 Supper Outing to Golden City Restaurant. RSVP</b></p>	<p>9:00 Sit To Be Fit (SG) <b>24</b></p> <p><b>9:30 Shopping trip: - Walmart, Trader Joe's, Fred Meyer (RSVP at the front desk.)</b></p> <p>10:00 Chair Massage Therapy - Sign up at the Front Desk. \$20 (ECU) <b>10:30 Ted Talks (Tht)</b> 10:30 Beanbag Baseball Teams A &amp; B (SG) 12:30 Bus to Vancouver Mall. RSVP 1:00 Glenwood Choir (Tht) 1:00 Wii Bowling (SG) <b>2:30 Come Celebrate Chinese New Year with Shelly Voight (DR)</b> 6:00 Friday Night Movie - "Born Free" (1966) PG 1h 35min (Tht)</p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>25</b></p> <p>10:30 Open Chess &amp; Checkers (CR) 10:30 Saturday Morning with Madeline (SG) <b>1:00 5 Minute Mysteries - Entertaining stumpers will sharpen your powers of observation and test your deductive skills (Tht)</b> 1:00 Open Billiards (Cue Room 3rd Floor Lodge) <b>1:30 Outing to the Vancouver Symphony (Admission \$40)</b> 2:30 BINGO (DR) 6:00 Saturday Night Movie - "For Me and My Gal" (1942) 1h 44min (Tht)</p>
<p>8:20 Bus to Columbia Presbyterian <b>26</b></p> <p>8:20 Bus to St Joseph's. RSVP 8:20 Bus to St. Paul Lutheran 9:00 Bus to Immanuel Lutheran 9:20 Bus to First Presbyterian 9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht) 1:00 Open Scrabble (P) 1:00 Sunday Movie - "The Wild Country" (1970) G 1h 40min (Tht) 1:30 Open Hand in Foot Card Game (CR) 3:00 Hymns &amp; Devotions with Ron &amp; Donna (DR) 3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge) 5:45 Rummy Q in the Lofts (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>27</b></p> <p>9:30 Sit to be Fit in the Lofts (Lofts Lobby) 9:30 Threading Needles (AR)</p> <p><b>10:30 Lunch Outing to Kitchen Table Cafe. RSVP</b></p> <p>10:30 Music Therapy with Dan - Join us for sing alongs and play instruments. (Tht) 12:30 Blood Pressures Reading for Plaza residents (P) 1:00 Aqua Fitness (Pool Room) 1:00 Monday Movie - "The Book Thief" (2013) PG-13 2h 11min (Tht) 1:00 Open Bridge (CR) 1:00 Open Farkle (Cue Room 3rd Floor Lodge) 2:00 Bulletin Board Crafters - come help decorate the bulletin boards with Rebecca! (AR) 3:00 Tai-Chi - Moving for Better Balance (P) 6:30 Bible Study (ECU) 6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>28</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) 10:00 Glenwood Theater Rehearsal (Tht) 10:30 Beach Ball Toss (in the Sky Gym) 1:00 Beanbag Baseball Teams B &amp; D (SG) 1:00 Open Pool (SP) 1:30 Classical Club with Terry. Must do if you are a music lover! (Tht) 2:30 BINGO (DR) 3:00 Happy Hour with Vladimir on Violin (P) 6:30 Hymn Sing-A-Long (P) <b>7:00 Bingo After Dark</b> 7:00 Open Poker (CR)</p>	<p>9:00 Rhythm Reaction Fitness (SG) <b>29</b></p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby) 9:30 Veteran's Group (Tht)</p> <p><b>10:00 Outing to Fort Vancouver High School for their Community Love Lunch. Free. RSVP</b></p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG) 11:30 Jerlean on Piano (DR) 12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby) 1:00 Aqua Fitness (Pool Room) 1:00 Open Cribbage (CR) <b>1:00 Shopping at Fred Meyer</b> <b>2:30 Brain Games (Tht)</b> 4:00 Linda on Piano (DR) <b>4:00 Lodge Birthday Dinner - RSVP at the Front Desk (DR)</b> 5:45 Rummy Q in the Lofts (Lofts Lobby) 6:30 Bridge (CR) 6:30 Open Pinochle Card Game (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>30</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG)</p> <p><b>10:30 Film Appreciation with Nick - Come explore the aesthetics of cinema, the concepts behind storytelling and various elements of a film (Tht)</b></p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL) 1:00 Beanbag Baseball Teams C &amp; D (SG) 1:00 Open Pool (SP) 2:30 BINGO (DR) 3:00 Tai-Chi - Moving for Better Balance (P) <b>4:00 Birthday Dinner for the Plaza, Terrace and Lofts (DR)</b> 4:30 Linda on Piano (DR)</p>	<p>9:00 Sit To Be Fit (SG) <b>31</b></p> <p><b>9:30 Shopping at Winco, Walgreens, Dollar Tree, Target, and Safeway</b></p> <p>10:00 Alzheimer's and Dementia Caregiver Support Group (Tht) 10:00 Chair Massage Therapy - Sign up at the Front Desk. \$20 (ECU) 10:30 Beanbag Baseball Teams A &amp; B (SG) 11:15 Grief Support Group (Tht) <b>12:30 Bus to Vancouver Mall. RSVP</b> <b>1:00 Glenwood Choir (Tht)</b> 1:00 Wii Bowling (SG) 2:30 Happy Hour with Emmy Horowitz (DR) 6:00 Friday Night Movie - "Armstrong" (2019) DOCUMENTARY 1h 40min (Tht)</p>	

## Room Key

(AR) = Activity Room	(AR) = Activity Room 2nd Floor Lodge	(BQ) = Buffet Dining Room	(CR) = Card Room, 3rd Floor Lodge	(COMP) = Computer Room	(CY) = Courtyard	(Cue) = Cue Room, 3rd Floor Lodge
(DR) = Dining Room	(ECU) = ECU Activity Room	(Lbal) = Lodge Balcony 2nd Floor	(Lbal) = Lodge Balcony, 2nd Floor	(DR) = Lodge Dining Room	(LG) = Lodge Gardens	(LLB) = Lodge Library
(LL) = Lodge Lobby	(MR) = Mailroom	(P) = Plaza Community Room	(P) = Plaza Community Room, 2nd floor	(PG) = Plaza Garage	(PP) = Pool Patio	(SP) = Pool Room, Lodge
(SG) = Sky Gym	(SR) = Spa Room, 2nd floor Lodge	(TP) = Terrace Front Patio	(TL) = Terrace Lobby	(TP) = Terrace Lobby/Front Patio Area	(Tht) = Theater	



# Glenwood Place Calendar

# JANUARY 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>DOCTOR DAYS TUESDAYS</b> West of ANDRESEN Road. Salmon Creek, Hazel Dell, Downtown Vancouver &amp; the VA.</p> <p><b>THURSDAYS</b> East of ANDRESEN Road. 87<sup>th</sup> Ave, Cascade Park, Fisher's Landing, Orchards Mall</p>	<p><b>All outings are highlighted in YELLOW.</b></p> <p>Sign up for these events at the front desk. If bus is full, please add your name to the waiting list</p>	<p>Glenwood Place 5500 NE 82nd Ave. Vancouver, WA 98662 (360) 892-1100</p> <p>Email Activities <a href="mailto:navdienko@glenwoodplace.net">navdienko@glenwoodplace.net</a></p>	<p>9:00 Rhythm Reaction Fitness (SG) <b>1</b></p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby)</p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Open Cribbage (CR)</p> <p>1:00 Shopping at Fred Meyer</p> <p>2:00 Rose Bowl on the Big Screen - Ducks vs. Badgers. Pizza &amp; Soda Provided!!! (P)</p> <p>5:45 Rummy Q (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>2</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>11:00 History Talks with John Griffin (Tht)</p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag C &amp; D (SG)</p> <p>1:00 Five Crowns Game (TL)</p> <p>1:00 Open Pool (SP)</p> <p>1:00 Activity Calendar Forum with Nick (Tht)</p> <p>2:30 Glentucky Derby Horse Races (Tht)</p> <p>3:00 Tai-Chi (P)</p> <p>4:30 Linda on Piano (DR)</p> <p>4:45 Supper Outing to Cameo Cafe. RSVP. Limited Seating</p>	<p>9:00 Sit To Be Fit (SG) <b>3</b></p> <p>9:30 Shopping at Winco, Walgreens, Dollar Tree, Target, and Safeway</p> <p>10:00 Chair Massage Therapy - \$20 (ECU)</p> <p>10:30 Brain Games (Tht)</p> <p>10:30 Beanbag A &amp; B (SG)</p> <p>12:30 Bus to Vanc Mall RSVP</p> <p>1:00 Glenwood Choir (Tht)</p> <p>1:00 Wii Bowling (SG)</p> <p>2:30 Happy Hour with Monte Watters (DR)</p> <p>6:00 No Friday Movie (Tht)</p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>4</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p>10:30 Saturday Morning with Madeline (SG)</p> <p>11:00 Sewing Lady - Mending and hemming at a reasonable rate (MR)</p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p>1:00 Symphony Saturday - Yuja Wang performs Schubert and Schumann (Tht)</p> <p>2:30 BINGO (DR)</p> <p>6:00 No Saturday Night Movie (Tht)</p>
<p>8:20 Bus to Columbia Presbyterian <b>5</b></p> <p>8:20 Bus to St Joseph's. RSVP</p> <p>8:20 Bus to St. Paul Lutheran</p> <p>9:00 Bus to Immanuel Lutheran</p> <p>9:20 Bus to First Presbyterian</p> <p>9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht)</p> <p>1:00 Open Scrabble (P)</p> <p>1:00 Sunday Movie - "McFarland, USA" (2015) PG 2h 9min (Tht)</p> <p>1:30 Open Hand in Foot Card Game (CR)</p> <p>2:00 Episcopal Communion (ECU)</p> <p>3:00 First Christian Church Service (DR)</p> <p>3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge)</p> <p>5:45 Rummy Q in the Lofts (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>6</b></p> <p>9:30 Casino Outing to Ilani Casino - RSVP Bring \$</p> <p>9:30 Sit to be Fit in the Lofts (Lofts Lobby)</p> <p>9:30 Threading Needles (AR)</p> <p>10:30 "People and Stories" Reading Group (LLB)</p> <p>10:30 Computer Lab - Bring your laptop, phone, or tablet and get your questions answered. (COMP)</p> <p>12:30 Blood Pressures Reading for Plaza residents (P)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Monday Movie - "Cinema Paradiso" (1988) FOREIGN FILM - RATED R 2h 35min (Tht)</p> <p>1:00 Open Bridge (CR)</p> <p>1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p>3:00 Tai-Chi (P)</p> <p>5:45 Bunco with Vicki. RSVP with Vicki (P)</p> <p>6:30 Bible Study (ECU)</p> <p>6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>7</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:00 Glenwood Theater Rehearsal (Tht)</p> <p>10:00 NEW - Kitchen Tours. RSVP at the Front Desk. Meet in the Lobby (LL)</p> <p>10:30 Beach Ball Toss (in the Sky Gym)</p> <p>1:00 Beanbag Teams B &amp; D (SG)</p> <p>1:00 Farkle with Vicki (P)</p> <p>1:00 Open Pool (SP)</p> <p>1:00 Watercolor with Becky (AR)</p> <p>2:00 NEW - Kitchen Tours. RSVP at the Front Desk. Meet in the Lobby (LL)</p> <p>2:30 BINGO (DR)</p> <p>3:00 Happy Hour with William Spilette (P)</p> <p>6:00 Rock Painting (AR)</p> <p>6:30 Hymn Sing-A-Long (P)</p> <p>7:00 Open Poker (CR)</p>	<p>8:00 Pedicures with Dawn - Cost is \$25, pay her. Sign up at the front desk for a time slot. (AR) <b>8</b></p> <p>9:00 Rhythm Reaction Fitness (SG)</p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby)</p> <p>9:30 Veteran's Group (Tht)</p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Language Club - Want to Learn Sign Language? One of our residents will be teaching! (COMP)</p> <p>1:00 Open Cribbage (CR)</p> <p>1:00 Red Hat Ladies - Tea &amp; Movie (Tht)</p> <p>1:00 Shopping at Fred Meyer</p> <p>5:45 Rummy Q (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>9</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:30 Health Talks with Sabrina (Tht)</p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag Baseball Teams C &amp; D (SG)</p> <p>1:00 Open Pool (SP)</p> <p>1:00 Po-Ke-No Card Game with Vicki (TL)</p> <p>2:30 Bingo Auction - Bring Your Bingo Bucks to Bid on Some Great Prizes (In the Dining Room)</p> <p>3:00 Tai-Chi - Moving for Better Balance (P)</p> <p>4:30 Linda on Piano (DR)</p> <p>4:30 Supper Outing to The Hammond Kitchen &amp; Craft Bar in Camas. RSVP</p>	<p>9:00 Sit To Be Fit (SG) <b>10</b></p> <p>9:30 Shopping trip: - Walmart, Trader Joe's, Fred Meyer (RSVP at the front desk.)</p> <p>10:00 Alzheimer's and Dementia Caregiver Support Group (Tht)</p> <p>10:00 Chair Massage Therapy - Sign up at the Front Desk. \$20 (ECU)</p> <p>10:30 Beanbag Teams A &amp; B (SG)</p> <p>11:15 Grief Support Group (Tht)</p> <p>12:30 Bus to Vanc Mall RSVP</p> <p>12:30 Glenwood Choir (Tht)</p> <p>1:00 Wii Bowling (SG)</p> <p>1:30 Residents Association Meeting (DR)</p> <p>2:30 Happy Hour with Karen Overton (DR)</p> <p>6:00 No Friday Movie</p> <p>7:00 Performance - The Dynamic Duo of Reno and Cindy Hollar. Great dancing music and songs (DR)</p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>11</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p>10:30 Saturday Morning with Madeline (SG)</p> <p>1:00 All the World's a Zoo (Tht)</p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p>2:00 Encore Performance - More Music with Reno and Cindy Hollar (DR)</p> <p>6:00 Saturday Night Movie - "Downton Abbey" (2019) PG 2h 2min (Tht)</p>
<p>8:20 Bus to Columbia Presbyterian <b>12</b></p> <p>8:20 Bus to St Joseph's. RSVP</p> <p>8:20 Bus to St. Paul Lutheran</p> <p>9:00 Bus to Immanuel Lutheran</p> <p>9:20 Bus to First Presbyterian</p> <p>9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht)</p> <p>1:00 Open Scrabble (P)</p> <p>1:00 Sunday Movie - "Larger Than Life" (1996) PG 1h 33min (Tht)</p> <p>1:30 Open Hand in Foot Card Game (CR)</p> <p>3:00 Open Boggle (Cue Room)</p> <p>5:45 Rummy Q (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>13</b></p> <p>9:30 Sit to be Fit (Lofts Lobby)</p> <p>9:30 Threading Needles (AR)</p> <p>10:30 Music Therapy with Dan (Tht)</p> <p>10:45 Lunch Outing to Red Lobster. RSVP</p> <p>12:30 Blood Pressures (P)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Monday Movie - "The Two Popes" (2019) PG-13 2h 5min (Tht)</p> <p>1:00 Open Bridge (CR)</p> <p>1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p>1:30 Outing to Local Thrift Stores. RSVP</p> <p>2:00 Bulletin Board Crafters - (AR)</p> <p>3:00 Tai-Chi (P)</p> <p>6:30 Bible Study (ECU)</p> <p>6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>14</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:00 Glenwood Theater Open House - Come join the Acting Group! (Tht)</p> <p>10:30 Beach Ball Toss (in the Sky Gym)</p> <p>1:00 Beanbag Baseball Teams B &amp; D (SG)</p> <p>1:00 Open Pool (SP)</p> <p>2:30 BINGO (DR)</p> <p>3:00 Happy Hour with Pianist Diome Alcomendac (P)</p> <p>6:00 Rock Painting (AR)</p> <p>6:30 Hymn Sing-A-Long (P)</p> <p>7:00 Open Poker (CR)</p>	<p>7:30 Women &amp; Men's Breakfast! Free. (7:30 - 8:30) (BQ) <b>15</b></p> <p>9:00 Rhythm Reaction (SG)</p> <p>9:30 "Sit to be Fit" (Lofts Lobby)</p> <p>9:30 Veteran's Group (Tht)</p> <p>10:30 Beanbag Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Open Cribbage (CR)</p> <p>1:00 Shopping at Fred Meyer</p> <p>2:30 Let's Play Jeopardy! (Tht)</p> <p>5:45 Rummy Q (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>16</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:30 Book Club hosted by Cynthia (ECU)</p> <p>11:00 History Talks with John Griffin (Tht)</p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag Teams C &amp; D (SG)</p> <p>1:00 5 Crowns Card Game (TL)</p> <p>1:00 Open Pool (SP)</p> <p>2:30 Glentucky Derby Horse Racing - Store is open! Bring your Derby Bucks (Tht)</p> <p>3:00 Tai-Chi (P)</p> <p>4:30 Linda on Piano (DR)</p> <p>4:30 Supper Outing to Patrick's Hawaiian Cafe. RSVP</p>	<p>9:00 Sit To Be Fit (SG) <b>17</b></p> <p>9:30 Shopping at Winco, Walgreens, Dollar Tree, Target, and Safeway</p> <p>10:00 Alzheimer's and Dementia Support Group (Tht)</p> <p>10:00 Chair Massage Therapy - \$20 (ECU)</p> <p>10:30 Beanbag Teams A &amp; B (SG)</p> <p>10:30 Headlines and Donuts (TL)</p> <p>11:15 Grief Support Group (Tht)</p> <p>12:30 Bus to Vanc Mall RSVP</p> <p>1:00 Glenwood Choir (Tht)</p> <p>1:00 Wii Bowling (SG)</p> <p>2:30 Happy Hour Mike Hart (DR)</p> <p>6:00 Friday Night Movie - "The Report" (2019) RATED R 1h 59min (Tht)</p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>18</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p>10:30 Saturday Morning with Madeline (SG)</p> <p>11:00 Sewing Lady - Mending and hemming at a reasonable rate (MR)</p> <p>1:00 Mystery Drive with Carroll. RSVP</p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p>1:00 Symphony Saturday - Rachmaninov, Piano Concerto No. 2 in C minor - Yuja Wang, Yuri Temirkanov (Tht)</p> <p>2:30 BINGO (DR)</p> <p>6:00 Saturday Night Movie - "Seven Brides for Seven Brothers" (1954) G 1h 42min (Tht)</p>

<p>8:20 Bus to Columbia Presbyterian <b>19</b></p> <p>8:20 Bus to St Joseph's. RSVP</p> <p>8:20 Bus to St. Paul Lutheran</p> <p>9:00 Bus to Immanuel Lutheran</p> <p>9:20 Bus to First Presbyterian</p> <p>9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht)</p> <p>11:00 Cherie The Card Lady (LL)</p> <p>1:00 Open Scrabble (P)</p> <p>1:00 Sunday Movie - "Operation Dumbo Drop" (1995) PG 1h 47min (Tht)</p> <p>1:30 Open Hand in Foot Card Game (CR)</p> <p>2:00 Episcopal Communion (ECU)</p> <p>3:00 Columbia Christian Church (DR)</p> <p>3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge)</p> <p>5:45 Rummy Q in the Lofts (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>20</b></p> <p>9:30 Sit to be Fit in the Lofts (Lofts Lobby)</p> <p><b>9:30 Tour of Pendleton Weaving Mill in Washougal. Limited Seating. Free</b></p> <p>9:30 Threading Needles (AR)</p> <p>12:30 Blood Pressures Reading for Plaza residents (P)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Monday Movie - "Annie" (1982) PG 2h 7min (Tht)</p> <p>1:00 Open Bridge (CR)</p> <p>1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p><b>1:00 Tour of Pendleton Weaving Mill in Washougal. Limited Seating Free.</b></p> <p><b>2:00 Photo Fun with Rebecca! Bring your Camera or Smartphone and let's take photos! (Computer Lab)</b></p> <p>3:00 Tai-Chi - Moving for Better Balance (P)</p> <p>6:30 Bible Study (ECU)</p> <p>6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>21</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:00 Glenwood Theater Rehearsal (Tht)</p> <p>10:30 Beach Ball Toss (in the Sky Gym)</p> <p>11:30 Free Eyeglass Clinic - eyeglass cleaning and adjustments (LL)</p> <p>1:00 Beanbag Baseball Teams B &amp; D (SG)</p> <p>1:00 Farkle with Vicki (P)</p> <p>1:00 Open Pool (SP)</p> <p>2:30 BINGO (DR)</p> <p>3:00 Happy Hour with Stan Lasley (P)</p> <p>6:30 Hymn Sing-A-Long (P)</p> <p>7:00 Open Poker (CR)</p> <p><b>7:00 Beanbag Baseball Banquet – Fried Chicken Dinner, drinks, and the award ceremony. Limited to one guest. RSVP. (DR)</b></p>	<p>9:00 Rhythm Reaction Fitness (SG) <b>22</b></p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby)</p> <p>9:30 Veteran's Group (Tht)</p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Open Cribbage (CR)</p> <p><b>1:00 Shopping at Fred Meyer</b></p> <p><b>2:30 Readings with Nick - Come listen to humorous stories from various popular authors (Tht)</b></p> <p>5:45 Rummy Q in the Lofts (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle Card Game (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>23</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p><b>10:30 Health Talks with Sabrina (Tht)</b></p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag Baseball Teams C &amp; D (SG)</p> <p>1:00 Open Pool (SP)</p> <p><b>1:00 Po-Ke-No Card Game with Vicki (TL)</b></p> <p>2:00 Life Goes On Support Group - with St. Luke's Episcopal Church (ECU)</p> <p>2:30 BINGO (DR)</p> <p>3:00 Tai-Chi - Moving for Better Balance (P)</p> <p>4:30 Linda on Piano (DR)</p> <p><b>4:30 Supper Outing to Golden City Restaurant. RSVP</b></p>	<p>9:00 Sit To Be Fit (SG) <b>24</b></p> <p><b>9:30 Shopping trip: - Walmart, Trader Joe's, Fred Meyer (RSVP at the front desk.)</b></p> <p>10:00 Chair Massage Therapy - Sign up at the Front Desk. \$20 (ECU)</p> <p><b>10:30 Ted Talks (Tht)</b></p> <p>10:30 Beanbag Baseball Teams A &amp; B (SG)</p> <p>12:30 Bus to Vancouver Mall. RSVP</p> <p>1:00 Glenwood Choir (Tht)</p> <p>1:00 Wii Bowling (SG)</p> <p><b>2:30 Come Celebrate Chinese New Year with Shelly Voight (DR)</b></p> <p>6:00 Friday Night Movie - "Born Free" (1966) PG 1h 35min (Tht)</p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>25</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p>10:30 Saturday Morning with Madeline (SG)</p> <p><b>1:00 5 Minute Mysteries - Entertaining stumpers will sharpen your powers of observation and test your deductive skills (Tht)</b></p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p><b>1:30 Outing to the Vancouver Symphony (Admission \$40)</b></p> <p>2:30 BINGO (DR)</p> <p>6:00 Saturday Night Movie - "For Me and My Gal" (1942) 1h 44min (Tht)</p>
<p>8:20 Bus to Columbia Presbyterian <b>26</b></p> <p>8:20 Bus to St Joseph's. RSVP</p> <p>8:20 Bus to St. Paul Lutheran</p> <p>9:00 Bus to Immanuel Lutheran</p> <p>9:20 Bus to First Presbyterian</p> <p>9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht)</p> <p>1:00 Open Scrabble (P)</p> <p>1:00 Sunday Movie - "The Wild Country" (1970) G 1h 40min (Tht)</p> <p>1:30 Open Hand in Foot Card Game (CR)</p> <p>3:00 Hymns &amp; Devotions with Ron &amp; Donna (DR)</p> <p>3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge)</p> <p>5:45 Rummy Q in the Lofts (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>27</b></p> <p>9:30 Sit to be Fit in the Lofts (Lofts Lobby)</p> <p>9:30 Threading Needles (AR)</p> <p><b>10:30 Lunch Outing to Kitchen Table Cafe. RSVP</b></p> <p>10:30 Music Therapy with Dan - Join us for sing alongs and play instruments. (Tht)</p> <p>12:30 Blood Pressures Reading for Plaza residents (P)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Monday Movie - "The Book Thief" (2013) PG-13 2h 11min (Tht)</p> <p>1:00 Open Bridge (CR)</p> <p>1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p>2:00 Bulletin Board Crafters - come help decorate the bulletin boards with Rebecca! (AR)</p> <p>3:00 Tai-Chi - Moving for Better Balance (P)</p> <p>6:30 Bible Study (ECU)</p> <p>6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>28</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:00 Glenwood Theater Rehearsal (Tht)</p> <p>10:30 Beach Ball Toss (in the Sky Gym)</p> <p>1:00 Beanbag Baseball Teams B &amp; D (SG)</p> <p>1:00 Open Pool (SP)</p> <p>1:30 Classical Club with Terry. Must do if you are a music lover! (Tht)</p> <p>2:30 BINGO (DR)</p> <p>3:00 Happy Hour with Vladimir on Violin (P)</p> <p>6:30 Hymn Sing-A-Long (P)</p> <p><b>7:00 Bingo After Dark</b></p> <p>7:00 Open Poker (CR)</p>	<p>9:00 Rhythm Reaction Fitness (SG) <b>29</b></p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby)</p> <p>9:30 Veteran's Group (Tht)</p> <p><b>10:00 Outing to Fort Vancouver High School for their Community Love Lunch. Free. RSVP</b></p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Open Cribbage (CR)</p> <p><b>1:00 Shopping at Fred Meyer</b></p> <p><b>2:30 Brain Games (Tht)</b></p> <p>4:00 Linda on Piano (DR)</p> <p><b>4:00 Lodge Birthday Dinner - RSVP at the Front Desk (DR)</b></p> <p>5:45 Rummy Q in the Lofts (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle Card Game (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>30</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p><b>10:30 Film Appreciation with Nick - Come explore the aesthetics of cinema, the concepts behind storytelling and various elements of a film (Tht)</b></p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag Baseball Teams C &amp; D (SG)</p> <p>1:00 Open Pool (SP)</p> <p>2:30 BINGO (DR)</p> <p>3:00 Tai-Chi - Moving for Better Balance (P)</p> <p><b>4:00 Birthday Dinner for the Plaza, Terrace and Lofts (DR)</b></p> <p>4:30 Linda on Piano (DR)</p>	<p>9:00 Sit To Be Fit (SG) <b>31</b></p> <p><b>9:30 Shopping at Winco, Walgreens, Dollar Tree, Target, and Safeway</b></p> <p>10:00 Alzheimer's and Dementia Caregiver Support Group (Tht)</p> <p>10:00 Chair Massage Therapy - Sign up at the Front Desk. \$20 (ECU)</p> <p>10:30 Beanbag Baseball Teams A &amp; B (SG)</p> <p>11:15 Grief Support Group (Tht)</p> <p><b>12:30 Bus to Vancouver Mall. RSVP</b></p> <p><b>1:00 Glenwood Choir (Tht)</b></p> <p>1:00 Wii Bowling (SG)</p> <p>2:30 Happy Hour with Emmy Horowitz (DR)</p> <p>6:00 Friday Night Movie - "Armstrong" (2019) DOCUMENTARY 1h 40min (Tht)</p>	

## Room Key

(AR) = Activity Room	(AR) = Activity Room 2nd Floor Lodge	(BQ) = Buffet Dining Room	(CR) = Card Room, 3rd Floor Lodge	(COMP) = Computer Room	(CY) = Courtyard	(Cue) = Cue Room, 3rd Floor Lodge
(DR) = Dining Room	(ECU) = ECU Activity Room	(Lbal) = Lodge Balcony 2nd Floor	(Lbal) = Lodge Balcony, 2nd Floor	(DR) = Lodge Dining Room	(LG) = Lodge Gardens	(LLB) = Lodge Library
(LL) = Lodge Lobby	(MR) = Mailroom	(P) = Plaza Community Room	(P) = Plaza Community Room, 2nd floor	(PG) = Plaza Garage	(PP) = Pool Patio	(SP) = Pool Room, Lodge
(SG) = Sky Gym	(SR) = Spa Room, 2nd floor Lodge	(TP) = Terrace Front Patio	(TL) = Terrace Lobby	(TP) = Terrace Lobby/Front Patio Area	(Tht) = Theater	



# Glenwood Place Calendar

# JANUARY 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>DOCTOR DAYS TUESDAYS</b> West of ANDRESEN Road. Salmon Creek, Hazel Dell, Downtown Vancouver &amp; the VA.</p> <p><b>THURSDAYS</b> East of ANDRESEN Road. 87<sup>th</sup> Ave, Cascade Park, Fisher's Landing, Orchards Mall</p>	<p><b>All outings are highlighted in YELLOW.</b></p> <p><b>Sign up for these events at the front desk. If bus is full, please add your name to the waiting list</b></p>	<p>Glenwood Place 5500 NE 82nd Ave. Vancouver, WA 98662 (360) 892-1100</p> <p><b>Email Activities</b> <a href="mailto:navdienko@glenwoodplace.net">navdienko@glenwoodplace.net</a></p>	<p>9:00 Rhythm Reaction Fitness (SG) <b>1</b></p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby)</p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Open Cribbage (CR)</p> <p><b>1:00 Shopping at Fred Meyer</b></p> <p><b>2:00 Rose Bowl on the Big Screen - Ducks vs. Badgers. Pizza &amp; Soda Provided!!! (P)</b></p> <p>5:45 Rummy Q (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>2</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p><b>11:00 History Talks with John Griffin (Th)</b></p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag C &amp; D (SG)</p> <p>1:00 Five Crowns Game (TL)</p> <p>1:00 Open Pool (SP)</p> <p><b>1:00 Activity Calendar Forum with Nick (Th)</b></p> <p>2:30 Glentucky Derby Horse Races (Th)</p> <p>3:00 Tai-Chi (P)</p> <p>4:30 Linda on Piano (DR)</p> <p><b>4:45 Supper Outing to Cameo Cafe. RSVP. Limited Seating</b></p>	<p>9:00 Sit To Be Fit (SG) <b>3</b></p> <p><b>9:30 Shopping at Winco, Walgreens, Dollar Tree, Target, and Safeway</b></p> <p>10:00 Chair Massage Therapy - \$20 (ECU)</p> <p><b>10:30 Brain Games (Th)</b></p> <p>10:30 Beanbag A &amp; B (SG)</p> <p><b>12:30 Bus to Vanc Mall RSVP</b></p> <p>1:00 Glenwood Choir (Th)</p> <p>1:00 Wii Bowling (SG)</p> <p><b>2:30 Happy Hour with Monte Watters (DR)</b></p> <p><b>6:00 No Friday Movie (Th)</b></p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>4</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p><b>10:30 Saturday Morning with Madeline (SG)</b></p> <p>11:00 Sewing Lady - Mending and hemming at a reasonable rate (MR)</p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p>1:00 Symphony Saturday - Yuja Wang performs Schubert and Schumann (Th)</p> <p>2:30 BINGO (DR)</p> <p><b>6:00 No Saturday Night Movie (Th)</b></p>
<p>8:20 Bus to Columbia Presbyterian <b>5</b></p> <p>8:20 Bus to St Joseph's. RSVP</p> <p>8:20 Bus to St. Paul Lutheran</p> <p>9:00 Bus to Immanuel Lutheran</p> <p>9:20 Bus to First Presbyterian</p> <p>9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Th)</p> <p>1:00 Open Scrabble (P)</p> <p>1:00 Sunday Movie - "McFarland, USA" (2015) PG 2h 9min (Th)</p> <p>1:30 Open Hand in Foot Card Game (CR)</p> <p>2:00 Episcopal Communion (ECU)</p> <p>3:00 First Christian Church Service (DR)</p> <p>3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge)</p> <p>5:45 Rummy Q in the Lofts (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>6</b></p> <p><b>9:30 Casino Outing to Ilani Casino - RSVP Bring \$</b></p> <p>9:30 Sit to be Fit in the Lofts (Lofts Lobby)</p> <p>9:30 Threading Needles (AR)</p> <p>10:30 "People and Stories" Reading Group (LLB)</p> <p>10:30 Computer Lab - Bring your laptop, phone, or tablet and get your questions answered. (COMP)</p> <p>12:30 Blood Pressures Reading for Plaza residents (P)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Monday Movie - "Cinema Paradiso" (1988) FOREIGN FILM - RATED R 2h 35min (Th)</p> <p>1:00 Open Bridge (CR)</p> <p>1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p>3:00 Tai-Chi (P)</p> <p>5:45 Bunco with Vicki. RSVP with Vicki (P)</p> <p>6:30 Bible Study (ECU)</p> <p>6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>7</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:00 Glenwood Theater Rehearsal (Th)</p> <p><b>10:00 NEW - Kitchen Tours. RSVP at the Front Desk. Meet in the Lobby (LL)</b></p> <p>10:30 Beach Ball Toss (in the Sky Gym)</p> <p>1:00 Beanbag Teams B &amp; D (SG)</p> <p>1:00 Farkle with Vicki (P)</p> <p>1:00 Open Pool (SP)</p> <p>1:00 Watercolor with Becky (AR)</p> <p><b>2:00 NEW - Kitchen Tours. RSVP at the Front Desk. Meet in the Lobby (LL)</b></p> <p>2:30 BINGO (DR)</p> <p>3:00 Happy Hour with William Spilette (P)</p> <p>6:00 Rock Painting (AR)</p> <p>6:30 Hymn Sing-A-Long (P)</p> <p>7:00 Open Poker (CR)</p>	<p>8:00 Pedicures with Dawn - Cost is \$25, pay her. Sign up at the front desk for a time slot. (AR) <b>8</b></p> <p>9:00 Rhythm Reaction Fitness (SG)</p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby)</p> <p>9:30 Veteran's Group (Th)</p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Language Club - Want to Learn Sign Language? One of our residents will be teaching! (COMP)</p> <p>1:00 Open Cribbage (CR)</p> <p><b>1:00 Red Hat Ladies - Tea &amp; Movie (Th)</b></p> <p><b>1:00 Shopping at Fred Meyer</b></p> <p>5:45 Rummy Q (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>9</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p><b>10:30 Health Talks with Sabrina (Th)</b></p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag Baseball Teams C &amp; D (SG)</p> <p>1:00 Open Pool (SP)</p> <p><b>1:00 Po-Ke-No Card Game with Vicki (TL)</b></p> <p><b>2:30 Bingo Auction - Bring Your Bingo Bucks to Bid on Some Great Prizes (In the Dining Room)</b></p> <p>3:00 Tai-Chi - Moving for Better Balance (P)</p> <p>4:30 Linda on Piano (DR)</p> <p><b>4:30 Supper Outing to The Hammond Kitchen &amp; Craft Bar in Camas. RSVP</b></p>	<p>9:00 Sit To Be Fit (SG) <b>10</b></p> <p><b>9:30 Shopping trip: - Walmart, Trader Joe's, Fred Meyer (RSVP at the front desk.)</b></p> <p>10:00 Alzheimer's and Dementia Caregiver Support Group (Th)</p> <p>10:00 Chair Massage Therapy - Sign up at the Front Desk. \$20 (ECU)</p> <p>10:30 Beanbag Teams A &amp; B (SG)</p> <p>11:15 Grief Support Group (Th)</p> <p><b>12:30 Bus to Vanc Mall RSVP</b></p> <p><b>12:30 Glenwood Choir (Th)</b></p> <p>1:00 Wii Bowling (SG)</p> <p><b>1:30 Residents Association Meeting (DR)</b></p> <p>2:30 Happy Hour with Karen Overton (DR)</p> <p>6:00 No Friday Movie</p> <p><b>7:00 Performance - The Dynamic Duo of Reno and Cindy Hollar. Great dancing music and songs (DR)</b></p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>11</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p>10:30 Saturday Morning with Madeline (SG)</p> <p><b>1:00 All the World's a Zoo (Th)</b></p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p><b>2:00 Encore Performance - More Music with Reno and Cindy Hollar (DR)</b></p> <p>6:00 Saturday Night Movie - "Downton Abbey" (2019) PG 2h 2min (Th)</p>
<p>8:20 Bus to Columbia Presbyterian <b>12</b></p> <p>8:20 Bus to St Joseph's. RSVP</p> <p>8:20 Bus to St. Paul Lutheran</p> <p>9:00 Bus to Immanuel Lutheran</p> <p>9:20 Bus to First Presbyterian</p> <p>9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Th)</p> <p>1:00 Open Scrabble (P)</p> <p>1:00 Sunday Movie - "Larger Than Life" (1996) PG 1h 33min (Th)</p> <p>1:30 Open Hand in Foot Card Game (CR)</p> <p>3:00 Open Boggle (Cue Room)</p> <p>5:45 Rummy Q (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>13</b></p> <p>9:30 Sit to be Fit (Lofts Lobby)</p> <p>9:30 Threading Needles (AR)</p> <p>10:30 Music Therapy with Dan (Th)</p> <p><b>10:45 Lunch Outing to Red Lobster. RSVP</b></p> <p>12:30 Blood Pressures (P)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Monday Movie - "The Two Popes" (2019) PG-13 2h 5min (Th)</p> <p>1:00 Open Bridge (CR)</p> <p>1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p><b>1:30 Outing to Local Thrift Stores. RSVP</b></p> <p>2:00 Bulletin Board Crafters - (AR)</p> <p>3:00 Tai-Chi (P)</p> <p>6:30 Bible Study (ECU)</p> <p>6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>14</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p><b>10:00 Glenwood Theater Open House - Come join the Acting Group! (Th)</b></p> <p>10:30 Beach Ball Toss (in the Sky Gym)</p> <p>1:00 Beanbag Baseball Teams B &amp; D (SG)</p> <p>1:00 Open Pool (SP)</p> <p>2:30 BINGO (DR)</p> <p>3:00 Happy Hour with Pianist Diome Alcomendac (P)</p> <p>6:00 Rock Painting (AR)</p> <p>6:30 Hymn Sing-A-Long (P)</p> <p>7:00 Open Poker (CR)</p>	<p>7:30 Women &amp; Men's Breakfast! Free. (7:30 - 8:30) (BQ) <b>15</b></p> <p>9:00 Rhythm Reaction (SG)</p> <p>9:30 "Sit to be Fit" (Lofts Lobby)</p> <p>9:30 Veteran's Group (Th)</p> <p>10:30 Beanbag Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Open Cribbage (CR)</p> <p><b>1:00 Shopping at Fred Meyer</b></p> <p><b>2:30 Let's Play Jeopardy! (Th)</b></p> <p>5:45 Rummy Q (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>16</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:30 Book Club hosted by Cynthia (ECU)</p> <p>11:00 History Talks with John Griffin (Th)</p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag Teams C &amp; D (SG)</p> <p>1:00 5 Crowns Card Game (TL)</p> <p>1:00 Open Pool (SP)</p> <p><b>2:30 Glentucky Derby Horse Racing - Store is open! Bring your Derby Bucks (Th)</b></p> <p>3:00 Tai-Chi (P)</p> <p>4:30 Linda on Piano (DR)</p> <p><b>4:30 Supper Outing to Patrick's Hawaiian Cafe. RSVP</b></p>	<p>9:00 Sit To Be Fit (SG) <b>17</b></p> <p><b>9:30 Shopping at Winco, Walgreens, Dollar Tree, Target, and Safeway</b></p> <p>10:00 Alzheimer's and Dementia Support Group (Th)</p> <p>10:00 Chair Massage Therapy - \$20 (ECU)</p> <p>10:30 Beanbag Teams A &amp; B (SG)</p> <p><b>10:30 Headlines and Donuts (TL)</b></p> <p>11:15 Grief Support Group (Th)</p> <p><b>12:30 Bus to Vanc Mall RSVP</b></p> <p>1:00 Glenwood Choir (Th)</p> <p>1:00 Wii Bowling (SG)</p> <p>2:30 Happy Hour Mike Hart (DR)</p> <p>6:00 Friday Night Movie - "The Report" (2019) RATED R 1h 59min (Th)</p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>18</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p>10:30 Saturday Morning with Madeline (SG)</p> <p>11:00 Sewing Lady - Mending and hemming at a reasonable rate (MR)</p> <p><b>1:00 Mystery Drive with Carroll. RSVP</b></p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p>1:00 Symphony Saturday - Rachmaninov, Piano Concerto No. 2 in C minor - Yuja Wang, Yuri Temirkanov (Th)</p> <p>2:30 BINGO (DR)</p> <p>6:00 Saturday Night Movie - "Seven Brides for Seven Brothers" (1954) G 1h 42min (Th)</p>

<p>8:20 Bus to Columbia Presbyterian <b>19</b></p> <p>8:20 Bus to St Joseph's. RSVP 8:20 Bus to St. Paul Lutheran 9:00 Bus to Immanuel Lutheran 9:20 Bus to First Presbyterian 9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht) 11:00 Cherie The Card Lady (LL) 1:00 Open Scrabble (P) 1:00 Sunday Movie - "Operation Dumbo Drop" (1995) PG 1h 47min (Tht) 1:30 Open Hand in Foot Card Game (CR) 2:00 Episcopal Communion (ECU) 3:00 Columbia Christian Church (DR) 3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge) 5:45 Rummy Q in the Lofts (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>20</b></p> <p>9:30 Sit to be Fit in the Lofts (Lofts Lobby)</p> <p><b>9:30 Tour of Pendleton Weaving Mill in Washougal. Limited Seating. Free</b></p> <p>9:30 Threading Needles (AR) 12:30 Blood Pressures Reading for Plaza residents (P) 1:00 Aqua Fitness (Pool Room) 1:00 Monday Movie - "Annie" (1982) PG 2h 7min (Tht) 1:00 Open Bridge (CR) 1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p><b>1:00 Tour of Pendleton Weaving Mill in Washougal. Limited Seating Free.</b></p> <p><b>2:00 Photo Fun with Rebecca! Bring your Camera or Smartphone and let's take photos! (Computer Lab)</b></p> <p>3:00 Tai-Chi - Moving for Better Balance (P) 6:30 Bible Study (ECU) 6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>21</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) 10:00 Glenwood Theater Rehearsal (Tht) 10:30 Beach Ball Toss (in the Sky Gym) 11:30 Free Eyeglass Clinic - eyeglass cleaning and adjustments (LL) 1:00 Beanbag Baseball Teams B &amp; D (SG) 1:00 Farkle with Vicki (P) 1:00 Open Pool (SP) 2:30 BINGO (DR) 3:00 Happy Hour with Stan Lasley (P) 6:30 Hymn Sing-A-Long (P) 7:00 Open Poker (CR)</p> <p><b>7:00 Beanbag Baseball Banquet – Fried Chicken Dinner, drinks, and the award ceremony. Limited to one guest. RSVP. (DR)</b></p>	<p>9:00 Rhythm Reaction Fitness (SG) <b>22</b></p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby) 9:30 Veteran's Group (Tht) 10:30 Beanbag Baseball Teams A &amp; C (SG) 11:30 Jerlean on Piano (DR) 12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby) 1:00 Aqua Fitness (Pool Room) 1:00 Open Cribbage (CR) <b>1:00 Shopping at Fred Meyer</b> <b>2:30 Readings with Nick - Come listen to humorous stories from various popular authors (Tht)</b> 5:45 Rummy Q in the Lofts (Lofts Lobby) 6:30 Bridge (CR) 6:30 Open Pinochle Card Game (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>23</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG)</p> <p><b>10:30 Health Talks with Sabrina (Tht)</b></p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL) 1:00 Beanbag Baseball Teams C &amp; D (SG) 1:00 Open Pool (SP) <b>1:00 Po-Ke-No Card Game with Vicki (TL)</b> 2:00 Life Goes On Support Group - with St. Luke's Episcopal Church (ECU) 2:30 BINGO (DR) 3:00 Tai-Chi - Moving for Better Balance (P) 4:30 Linda on Piano (DR) <b>4:30 Supper Outing to Golden City Restaurant. RSVP</b></p>	<p>9:00 Sit To Be Fit (SG) <b>24</b></p> <p><b>9:30 Shopping trip: - Walmart, Trader Joe's, Fred Meyer (RSVP at the front desk.)</b></p> <p>10:00 Chair Massage Therapy - Sign up at the Front Desk. \$20 (ECU) <b>10:30 Ted Talks (Tht)</b> 10:30 Beanbag Baseball Teams A &amp; B (SG) 12:30 Bus to Vancouver Mall. RSVP 1:00 Glenwood Choir (Tht) 1:00 Wii Bowling (SG) <b>2:30 Come Celebrate Chinese New Year with Shelly Voight (DR)</b> 6:00 Friday Night Movie - "Born Free" (1966) PG 1h 35min (Tht)</p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>25</b></p> <p>10:30 Open Chess &amp; Checkers (CR) 10:30 Saturday Morning with Madeline (SG) <b>1:00 5 Minute Mysteries - Entertaining stumpers will sharpen your powers of observation and test your deductive skills (Tht)</b> 1:00 Open Billiards (Cue Room 3rd Floor Lodge) <b>1:30 Outing to the Vancouver Symphony (Admission \$40)</b> 2:30 BINGO (DR) 6:00 Saturday Night Movie - "For Me and My Gal" (1942) 1h 44min (Tht)</p>
<p>8:20 Bus to Columbia Presbyterian <b>26</b></p> <p>8:20 Bus to St Joseph's. RSVP 8:20 Bus to St. Paul Lutheran 9:00 Bus to Immanuel Lutheran 9:20 Bus to First Presbyterian 9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht) 1:00 Open Scrabble (P) 1:00 Sunday Movie - "The Wild Country" (1970) G 1h 40min (Tht) 1:30 Open Hand in Foot Card Game (CR) 3:00 Hymns &amp; Devotions with Ron &amp; Donna (DR) 3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge) 5:45 Rummy Q in the Lofts (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>27</b></p> <p>9:30 Sit to be Fit in the Lofts (Lofts Lobby) 9:30 Threading Needles (AR)</p> <p><b>10:30 Lunch Outing to Kitchen Table Cafe. RSVP</b></p> <p>10:30 Music Therapy with Dan - Join us for sing alongs and play instruments. (Tht) 12:30 Blood Pressures Reading for Plaza residents (P) 1:00 Aqua Fitness (Pool Room) 1:00 Monday Movie - "The Book Thief" (2013) PG-13 2h 11min (Tht) 1:00 Open Bridge (CR) 1:00 Open Farkle (Cue Room 3rd Floor Lodge) 2:00 Bulletin Board Crafters - come help decorate the bulletin boards with Rebecca! (AR) 3:00 Tai-Chi - Moving for Better Balance (P) 6:30 Bible Study (ECU) 6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>28</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) 10:00 Glenwood Theater Rehearsal (Tht) 10:30 Beach Ball Toss (in the Sky Gym) 1:00 Beanbag Baseball Teams B &amp; D (SG) 1:00 Open Pool (SP) 1:30 Classical Club with Terry. Must do if you are a music lover! (Tht) 2:30 BINGO (DR) 3:00 Happy Hour with Vladimir on Violin (P) 6:30 Hymn Sing-A-Long (P) <b>7:00 Bingo After Dark</b> 7:00 Open Poker (CR)</p>	<p>9:00 Rhythm Reaction Fitness (SG) <b>29</b></p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby) 9:30 Veteran's Group (Tht)</p> <p><b>10:00 Outing to Fort Vancouver High School for their Community Love Lunch. Free. RSVP</b></p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG) 11:30 Jerlean on Piano (DR) 12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby) 1:00 Aqua Fitness (Pool Room) 1:00 Open Cribbage (CR) <b>1:00 Shopping at Fred Meyer</b> <b>2:30 Brain Games (Tht)</b> 4:00 Linda on Piano (DR) <b>4:00 Lodge Birthday Dinner - RSVP at the Front Desk (DR)</b> 5:45 Rummy Q in the Lofts (Lofts Lobby) 6:30 Bridge (CR) 6:30 Open Pinochle Card Game (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>30</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG)</p> <p><b>10:30 Film Appreciation with Nick - Come explore the aesthetics of cinema, the concepts behind storytelling and various elements of a film (Tht)</b></p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL) 1:00 Beanbag Baseball Teams C &amp; D (SG) 1:00 Open Pool (SP) 2:30 BINGO (DR) 3:00 Tai-Chi - Moving for Better Balance (P) <b>4:00 Birthday Dinner for the Plaza, Terrace and Lofts (DR)</b> 4:30 Linda on Piano (DR)</p>	<p>9:00 Sit To Be Fit (SG) <b>31</b></p> <p><b>9:30 Shopping at Winco, Walgreens, Dollar Tree, Target, and Safeway</b></p> <p>10:00 Alzheimer's and Dementia Caregiver Support Group (Tht) 10:00 Chair Massage Therapy - Sign up at the Front Desk. \$20 (ECU) 10:30 Beanbag Baseball Teams A &amp; B (SG) 11:15 Grief Support Group (Tht) <b>12:30 Bus to Vancouver Mall. RSVP</b> <b>1:00 Glenwood Choir (Tht)</b> 1:00 Wii Bowling (SG) 2:30 Happy Hour with Emmy Horowitz (DR) 6:00 Friday Night Movie - "Armstrong" (2019) DOCUMENTARY 1h 40min (Tht)</p>	

## Room Key

(AR) = Activity Room	(AR) = Activity Room 2nd Floor Lodge	(BQ) = Buffet Dining Room	(CR) = Card Room, 3rd Floor Lodge	(COMP) = Computer Room	(CY) = Courtyard	(Cue) = Cue Room, 3rd Floor Lodge
(DR) = Dining Room	(ECU) = ECU Activity Room	(Lbal) = Lodge Balcony 2nd Floor	(Lbal) = Lodge Balcony, 2nd Floor	(DR) = Lodge Dining Room	(LG) = Lodge Gardens	(LLB) = Lodge Library
(LL) = Lodge Lobby	(MR) = Mailroom	(P) = Plaza Community Room	(P) = Plaza Community Room, 2nd floor	(PG) = Plaza Garage	(PP) = Pool Patio	(SP) = Pool Room, Lodge
(SG) = Sky Gym	(SR) = Spa Room, 2nd floor Lodge	(TP) = Terrace Front Patio	(TL) = Terrace Lobby	(TP) = Terrace Lobby/Front Patio Area	(Tht) = Theater	



# Glenwood Place Calendar

# JANUARY 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>DOCTOR DAYS TUESDAYS</b> West of ANDRESEN Road. Salmon Creek, Hazel Dell, Downtown Vancouver &amp; the VA.</p> <p><b>THURSDAYS</b> East of ANDRESEN Road. 87<sup>th</sup> Ave, Cascade Park, Fisher's Landing, Orchards Mall</p>	<p><b>All outings are highlighted in YELLOW.</b></p> <p><b>Sign up for these events at the front desk. If bus is full, please add your name to the waiting list</b></p>	<p>Glenwood Place 5500 NE 82nd Ave. Vancouver, WA 98662 (360) 892-1100</p> <p><b>Email Activities</b> <a href="mailto:navdienko@glenwoodplace.net">navdienko@glenwoodplace.net</a></p>	<p>9:00 Rhythm Reaction Fitness (SG) <b>1</b></p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby)</p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Open Cribbage (CR)</p> <p><b>1:00 Shopping at Fred Meyer</b></p> <p><b>2:00 Rose Bowl on the Big Screen - Ducks vs. Badgers. Pizza &amp; Soda Provided!!! (P)</b></p> <p>5:45 Rummy Q (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>2</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p><b>11:00 History Talks with John Griffin (Tht)</b></p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag C &amp; D (SG)</p> <p>1:00 Five Crowns Game (TL)</p> <p>1:00 Open Pool (SP)</p> <p><b>1:00 Activity Calendar Forum with Nick (Tht)</b></p> <p>2:30 Glentucky Derby Horse Races (Tht)</p> <p>3:00 Tai-Chi (P)</p> <p>4:30 Linda on Piano (DR)</p> <p><b>4:45 Supper Outing to Cameo Cafe. RSVP. Limited Seating</b></p>	<p>9:00 Sit To Be Fit (SG) <b>3</b></p> <p><b>9:30 Shopping at Winco, Walgreens, Dollar Tree, Target, and Safeway</b></p> <p>10:00 Chair Massage Therapy - \$20 (ECU)</p> <p><b>10:30 Brain Games (Tht)</b></p> <p>10:30 Beanbag A &amp; B (SG)</p> <p><b>12:30 Bus to Vanc Mall RSVP</b></p> <p>1:00 Glenwood Choir (Tht)</p> <p>1:00 Wii Bowling (SG)</p> <p><b>2:30 Happy Hour with Monte Watters (DR)</b></p> <p><b>6:00 No Friday Movie (Tht)</b></p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>4</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p><b>10:30 Saturday Morning with Madeline (SG)</b></p> <p>11:00 Sewing Lady - Mending and hemming at a reasonable rate (MR)</p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p>1:00 Symphony Saturday - Yuja Wang performs Schubert and Schumann (Tht)</p> <p>2:30 BINGO (DR)</p> <p><b>6:00 No Saturday Night Movie (Tht)</b></p>
<p>8:20 Bus to Columbia Presbyterian <b>5</b></p> <p>8:20 Bus to St Joseph's. RSVP</p> <p>8:20 Bus to St. Paul Lutheran</p> <p>9:00 Bus to Immanuel Lutheran</p> <p>9:20 Bus to First Presbyterian</p> <p>9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht)</p> <p>1:00 Open Scrabble (P)</p> <p>1:00 Sunday Movie - "McFarland, USA" (2015) PG 2h 9min (Tht)</p> <p>1:30 Open Hand in Foot Card Game (CR)</p> <p>2:00 Episcopal Communion (ECU)</p> <p>3:00 First Christian Church Service (DR)</p> <p>3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge)</p> <p>5:45 Rummy Q in the Lofts (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>6</b></p> <p><b>9:30 Casino Outing to Ilani Casino - RSVP Bring \$</b></p> <p>9:30 Sit to be Fit in the Lofts (Lofts Lobby)</p> <p>9:30 Threading Needles (AR)</p> <p>10:30 "People and Stories" Reading Group (LLB)</p> <p>10:30 Computer Lab - Bring your laptop, phone, or tablet and get your questions answered. (COMP)</p> <p>12:30 Blood Pressures Reading for Plaza residents (P)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Monday Movie - "Cinema Paradiso" (1988) FOREIGN FILM - RATED R 2h 35min (Tht)</p> <p>1:00 Open Bridge (CR)</p> <p>1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p>3:00 Tai-Chi (P)</p> <p>5:45 Bunco with Vicki. RSVP with Vicki (P)</p> <p>6:30 Bible Study (ECU)</p> <p>6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>7</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:00 Glenwood Theater Rehearsal (Tht)</p> <p><b>10:00 NEW - Kitchen Tours. RSVP at the Front Desk. Meet in the Lobby (LL)</b></p> <p>10:30 Beach Ball Toss (in the Sky Gym)</p> <p>1:00 Beanbag Teams B &amp; D (SG)</p> <p>1:00 Farkle with Vicki (P)</p> <p>1:00 Open Pool (SP)</p> <p>1:00 Watercolor with Becky (AR)</p> <p><b>2:00 NEW - Kitchen Tours. RSVP at the Front Desk. Meet in the Lobby (LL)</b></p> <p>2:30 BINGO (DR)</p> <p>3:00 Happy Hour with William Spilette (P)</p> <p>6:00 Rock Painting (AR)</p> <p>6:30 Hymn Sing-A-Long (P)</p> <p>7:00 Open Poker (CR)</p>	<p>8:00 Pedicures with Dawn - Cost is \$25, pay her. Sign up at the front desk for a time slot. (AR) <b>8</b></p> <p>9:00 Rhythm Reaction Fitness (SG)</p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby)</p> <p>9:30 Veteran's Group (Tht)</p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Language Club - Want to Learn Sign Language? One of our residents will be teaching! (COMP)</p> <p>1:00 Open Cribbage (CR)</p> <p><b>1:00 Red Hat Ladies - Tea &amp; Movie (Tht)</b></p> <p><b>1:00 Shopping at Fred Meyer</b></p> <p>5:45 Rummy Q (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>9</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p><b>10:30 Health Talks with Sabrina (Tht)</b></p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag Baseball Teams C &amp; D (SG)</p> <p>1:00 Open Pool (SP)</p> <p><b>1:00 Po-Ke-No Card Game with Vicki (TL)</b></p> <p><b>2:30 Bingo Auction - Bring Your Bingo Bucks to Bid on Some Great Prizes (In the Dining Room)</b></p> <p>3:00 Tai-Chi - Moving for Better Balance (P)</p> <p>4:30 Linda on Piano (DR)</p> <p><b>4:30 Supper Outing to The Hammond Kitchen &amp; Craft Bar in Camas. RSVP</b></p>	<p>9:00 Sit To Be Fit (SG) <b>10</b></p> <p><b>9:30 Shopping trip: - Walmart, Trader Joe's, Fred Meyer (RSVP at the front desk.)</b></p> <p>10:00 Alzheimer's and Dementia Caregiver Support Group (Tht)</p> <p>10:00 Chair Massage Therapy - Sign up at the Front Desk. \$20 (ECU)</p> <p>10:30 Beanbag Teams A &amp; B (SG)</p> <p>11:15 Grief Support Group (Tht)</p> <p><b>12:30 Bus to Vanc Mall RSVP</b></p> <p><b>12:30 Glenwood Choir (Tht)</b></p> <p>1:00 Wii Bowling (SG)</p> <p><b>1:30 Residents Association Meeting (DR)</b></p> <p>2:30 Happy Hour with Karen Overton (DR)</p> <p>6:00 No Friday Movie</p> <p><b>7:00 Performance - The Dynamic Duo of Reno and Cindy Hollar. Great dancing music and songs (DR)</b></p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>11</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p>10:30 Saturday Morning with Madeline (SG)</p> <p><b>1:00 All the World's a Zoo (Tht)</b></p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p><b>2:00 Encore Performance - More Music with Reno and Cindy Hollar (DR)</b></p> <p>6:00 Saturday Night Movie - "Downton Abbey" (2019) PG 2h 2min (Tht)</p>
<p>8:20 Bus to Columbia Presbyterian <b>12</b></p> <p>8:20 Bus to St Joseph's. RSVP</p> <p>8:20 Bus to St. Paul Lutheran</p> <p>9:00 Bus to Immanuel Lutheran</p> <p>9:20 Bus to First Presbyterian</p> <p>9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht)</p> <p>1:00 Open Scrabble (P)</p> <p>1:00 Sunday Movie - "Larger Than Life" (1996) PG 1h 33min (Tht)</p> <p>1:30 Open Hand in Foot Card Game (CR)</p> <p>3:00 Open Boggle (Cue Room)</p> <p>5:45 Rummy Q (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>13</b></p> <p>9:30 Sit to be Fit (Lofts Lobby)</p> <p>9:30 Threading Needles (AR)</p> <p>10:30 Music Therapy with Dan (Tht)</p> <p><b>10:45 Lunch Outing to Red Lobster. RSVP</b></p> <p>12:30 Blood Pressures (P)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Monday Movie - "The Two Popes" (2019) PG-13 2h 5min (Tht)</p> <p>1:00 Open Bridge (CR)</p> <p>1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p><b>1:30 Outing to Local Thrift Stores. RSVP</b></p> <p>2:00 Bulletin Board Crafters - (AR)</p> <p>3:00 Tai-Chi (P)</p> <p>6:30 Bible Study (ECU)</p> <p>6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>14</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p><b>10:00 Glenwood Theater Open House - Come join the Acting Group! (Tht)</b></p> <p>10:30 Beach Ball Toss (in the Sky Gym)</p> <p>1:00 Beanbag Baseball Teams B &amp; D (SG)</p> <p>1:00 Open Pool (SP)</p> <p>2:30 BINGO (DR)</p> <p>3:00 Happy Hour with Pianist Diome Alcomendac (P)</p> <p>6:00 Rock Painting (AR)</p> <p>6:30 Hymn Sing-A-Long (P)</p> <p>7:00 Open Poker (CR)</p>	<p>7:30 Women &amp; Men's Breakfast! Free. (7:30 - 8:30) (BQ) <b>15</b></p> <p>9:00 Rhythm Reaction (SG)</p> <p>9:30 "Sit to be Fit" (Lofts Lobby)</p> <p>9:30 Veteran's Group (Tht)</p> <p>10:30 Beanbag Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Open Cribbage (CR)</p> <p><b>1:00 Shopping at Fred Meyer</b></p> <p><b>2:30 Let's Play Jeopardy! (Tht)</b></p> <p>5:45 Rummy Q (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>16</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:30 Book Club hosted by Cynthia (ECU)</p> <p>11:00 History Talks with John Griffin (Tht)</p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag Teams C &amp; D (SG)</p> <p>1:00 5 Crowns Card Game (TL)</p> <p>1:00 Open Pool (SP)</p> <p><b>2:30 Glentucky Derby Horse Racing - Store is open! Bring your Derby Bucks (Tht)</b></p> <p>3:00 Tai-Chi (P)</p> <p>4:30 Linda on Piano (DR)</p> <p><b>4:30 Supper Outing to Patrick's Hawaiian Cafe. RSVP</b></p>	<p>9:00 Sit To Be Fit (SG) <b>17</b></p> <p><b>9:30 Shopping at Winco, Walgreens, Dollar Tree, Target, and Safeway</b></p> <p>10:00 Alzheimer's and Dementia Support Group (Tht)</p> <p>10:00 Chair Massage Therapy - \$20 (ECU)</p> <p>10:30 Beanbag Teams A &amp; B (SG)</p> <p><b>10:30 Headlines and Donuts (TL)</b></p> <p>11:15 Grief Support Group (Tht)</p> <p><b>12:30 Bus to Vanc Mall RSVP</b></p> <p>1:00 Glenwood Choir (Tht)</p> <p>1:00 Wii Bowling (SG)</p> <p>2:30 Happy Hour Mike Hart (DR)</p> <p>6:00 Friday Night Movie - "The Report" (2019) RATED R 1h 59min (Tht)</p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>18</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p>10:30 Saturday Morning with Madeline (SG)</p> <p>11:00 Sewing Lady - Mending and hemming at a reasonable rate (MR)</p> <p><b>1:00 Mystery Drive with Carroll. RSVP</b></p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p>1:00 Symphony Saturday - Rachmaninov, Piano Concerto No. 2 in C minor - Yuja Wang, Yuri Temirkanov (Tht)</p> <p>2:30 BINGO (DR)</p> <p>6:00 Saturday Night Movie - "Seven Brides for Seven Brothers" (1954) G 1h 42min (Tht)</p>

<p>8:20 Bus to Columbia Presbyterian <b>19</b></p> <p>8:20 Bus to St Joseph's. RSVP 8:20 Bus to St. Paul Lutheran 9:00 Bus to Immanuel Lutheran 9:20 Bus to First Presbyterian 9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht) 11:00 Cherie The Card Lady (LL) 1:00 Open Scrabble (P) 1:00 Sunday Movie - "Operation Dumbo Drop" (1995) PG 1h 47min (Tht) 1:30 Open Hand in Foot Card Game (CR) 2:00 Episcopal Communion (ECU) 3:00 Columbia Christian Church (DR) 3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge) 5:45 Rummy Q in the Lofts (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>20</b></p> <p>9:30 Sit to be Fit in the Lofts (Lofts Lobby)</p> <p><b>9:30 Tour of Pendleton Weaving Mill in Washougal. Limited Seating. Free</b></p> <p>9:30 Threading Needles (AR) 12:30 Blood Pressures Reading for Plaza residents (P) 1:00 Aqua Fitness (Pool Room) 1:00 Monday Movie - "Annie" (1982) PG 2h 7min (Tht) 1:00 Open Bridge (CR) 1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p><b>1:00 Tour of Pendleton Weaving Mill in Washougal. Limited Seating Free.</b></p> <p><b>2:00 Photo Fun with Rebecca! Bring your Camera or Smartphone and let's take photos! (Computer Lab)</b></p> <p>3:00 Tai-Chi - Moving for Better Balance (P) 6:30 Bible Study (ECU) 6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>21</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) 10:00 Glenwood Theater Rehearsal (Tht) 10:30 Beach Ball Toss (in the Sky Gym) 11:30 Free Eyeglass Clinic - eyeglass cleaning and adjustments (LL) 1:00 Beanbag Baseball Teams B &amp; D (SG) 1:00 Farkle with Vicki (P) 1:00 Open Pool (SP) 2:30 BINGO (DR) 3:00 Happy Hour with Stan Lasley (P) 6:30 Hymn Sing-A-Long (P) 7:00 Open Poker (CR)</p> <p><b>7:00 Beanbag Baseball Banquet – Fried Chicken Dinner, drinks, and the award ceremony. Limited to one guest. RSVP. (DR)</b></p>	<p>9:00 Rhythm Reaction Fitness (SG) <b>22</b></p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby) 9:30 Veteran's Group (Tht) 10:30 Beanbag Baseball Teams A &amp; C (SG) 11:30 Jerlean on Piano (DR) 12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby) 1:00 Aqua Fitness (Pool Room) 1:00 Open Cribbage (CR) <b>1:00 Shopping at Fred Meyer</b> <b>2:30 Readings with Nick - Come listen to humorous stories from various popular authors (Tht)</b> 5:45 Rummy Q in the Lofts (Lofts Lobby) 6:30 Bridge (CR) 6:30 Open Pinochle Card Game (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>23</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) <b>10:30 Health Talks with Sabrina (Tht)</b> 12:30 Blood Pressure Reading for Terrace Residents (TL) 1:00 Beanbag Baseball Teams C &amp; D (SG) 1:00 Open Pool (SP) <b>1:00 Po-Ke-No Card Game with Vicki (TL)</b> 2:00 Life Goes On Support Group - with St. Luke's Episcopal Church (ECU) 2:30 BINGO (DR) 3:00 Tai-Chi - Moving for Better Balance (P) 4:30 Linda on Piano (DR) <b>4:30 Supper Outing to Golden City Restaurant. RSVP</b></p>	<p>9:00 Sit To Be Fit (SG) <b>24</b></p> <p><b>9:30 Shopping trip: - Walmart, Trader Joe's, Fred Meyer (RSVP at the front desk.)</b></p> <p>10:00 Chair Massage Therapy - Sign up at the Front Desk. \$20 (ECU) <b>10:30 Ted Talks (Tht)</b> 10:30 Beanbag Baseball Teams A &amp; B (SG) 12:30 Bus to Vancouver Mall. RSVP 1:00 Glenwood Choir (Tht) 1:00 Wii Bowling (SG) <b>2:30 Come Celebrate Chinese New Year with Shelly Voight (DR)</b> 6:00 Friday Night Movie - "Born Free" (1966) PG 1h 35min (Tht)</p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>25</b></p> <p>10:30 Open Chess &amp; Checkers (CR) 10:30 Saturday Morning with Madeline (SG) <b>1:00 5 Minute Mysteries - Entertaining stumpers will sharpen your powers of observation and test your deductive skills (Tht)</b> 1:00 Open Billiards (Cue Room 3rd Floor Lodge) <b>1:30 Outing to the Vancouver Symphony (Admission \$40)</b> 2:30 BINGO (DR) 6:00 Saturday Night Movie - "For Me and My Gal" (1942) 1h 44min (Tht)</p>
<p>8:20 Bus to Columbia Presbyterian <b>26</b></p> <p>8:20 Bus to St Joseph's. RSVP 8:20 Bus to St. Paul Lutheran 9:00 Bus to Immanuel Lutheran 9:20 Bus to First Presbyterian 9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht) 1:00 Open Scrabble (P) 1:00 Sunday Movie - "The Wild Country" (1970) G 1h 40min (Tht) 1:30 Open Hand in Foot Card Game (CR) 3:00 Hymns &amp; Devotions with Ron &amp; Donna (DR) 3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge) 5:45 Rummy Q in the Lofts (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>27</b></p> <p>9:30 Sit to be Fit in the Lofts (Lofts Lobby) 9:30 Threading Needles (AR) <b>10:30 Lunch Outing to Kitchen Table Cafe. RSVP</b></p> <p>10:30 Music Therapy with Dan - Join us for sing alongs and play instruments. (Tht) 12:30 Blood Pressures Reading for Plaza residents (P) 1:00 Aqua Fitness (Pool Room) 1:00 Monday Movie - "The Book Thief" (2013) PG-13 2h 11min (Tht) 1:00 Open Bridge (CR) 1:00 Open Farkle (Cue Room 3rd Floor Lodge) 2:00 Bulletin Board Crafters - come help decorate the bulletin boards with Rebecca! (AR) 3:00 Tai-Chi - Moving for Better Balance (P) 6:30 Bible Study (ECU) 6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>28</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) 10:00 Glenwood Theater Rehearsal (Tht) 10:30 Beach Ball Toss (in the Sky Gym) 1:00 Beanbag Baseball Teams B &amp; D (SG) 1:00 Open Pool (SP) 1:30 Classical Club with Terry. Must do if you are a music lover! (Tht) 2:30 BINGO (DR) 3:00 Happy Hour with Vladimir on Violin (P) 6:30 Hymn Sing-A-Long (P) <b>7:00 Bingo After Dark</b> 7:00 Open Poker (CR)</p>	<p>9:00 Rhythm Reaction Fitness (SG) <b>29</b></p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby) 9:30 Veteran's Group (Tht) <b>10:00 Outing to Fort Vancouver High School for their Community Love Lunch. Free. RSVP</b></p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG) 11:30 Jerlean on Piano (DR) 12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby) 1:00 Aqua Fitness (Pool Room) 1:00 Open Cribbage (CR) <b>1:00 Shopping at Fred Meyer</b> <b>2:30 Brain Games (Tht)</b> 4:00 Linda on Piano (DR) <b>4:00 Lodge Birthday Dinner - RSVP at the Front Desk (DR)</b> 5:45 Rummy Q in the Lofts (Lofts Lobby) 6:30 Bridge (CR) 6:30 Open Pinochle Card Game (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>30</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) <b>10:30 Film Appreciation with Nick - Come explore the aesthetics of cinema, the concepts behind storytelling and various elements of a film (Tht)</b> 12:30 Blood Pressure Reading for Terrace Residents (TL) 1:00 Beanbag Baseball Teams C &amp; D (SG) 1:00 Open Pool (SP) 2:30 BINGO (DR) 3:00 Tai-Chi - Moving for Better Balance (P) <b>4:00 Birthday Dinner for the Plaza, Terrace and Lofts (DR)</b> 4:30 Linda on Piano (DR)</p>	<p>9:00 Sit To Be Fit (SG) <b>31</b></p> <p><b>9:30 Shopping at Winco, Walgreens, Dollar Tree, Target, and Safeway</b></p> <p>10:00 Alzheimer's and Dementia Caregiver Support Group (Tht) 10:00 Chair Massage Therapy - Sign up at the Front Desk. \$20 (ECU) 10:30 Beanbag Baseball Teams A &amp; B (SG) 11:15 Grief Support Group (Tht) <b>12:30 Bus to Vancouver Mall. RSVP</b> <b>1:00 Glenwood Choir (Tht)</b> 1:00 Wii Bowling (SG) 2:30 Happy Hour with Emmy Horowitz (DR) 6:00 Friday Night Movie - "Armstrong" (2019) DOCUMENTARY 1h 40min (Tht)</p>	

## Room Key

(AR) = Activity Room	(AR) = Activity Room 2nd Floor Lodge	(BQ) = Buffet Dining Room	(CR) = Card Room, 3rd Floor Lodge	(COMP) = Computer Room	(CY) = Courtyard	(Cue) = Cue Room, 3rd Floor Lodge
(DR) = Dining Room	(ECU) = ECU Activity Room	(Lbal) = Lodge Balcony 2nd Floor	(Lbal) = Lodge Balcony, 2nd Floor	(DR) = Lodge Dining Room	(LG) = Lodge Gardens	(LLB) = Lodge Library
(LL) = Lodge Lobby	(MR) = Mailroom	(P) = Plaza Community Room	(P) = Plaza Community Room, 2nd floor	(PG) = Plaza Garage	(PP) = Pool Patio	(SP) = Pool Room, Lodge
(SG) = Sky Gym	(SR) = Spa Room, 2nd floor Lodge	(TP) = Terrace Front Patio	(TL) = Terrace Lobby	(TP) = Terrace Lobby/Front Patio Area	(Tht) = Theater	



# Glenwood Place Calendar

# JANUARY 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>DOCTOR DAYS TUESDAYS</b> West of ANDRESEN Road. Salmon Creek, Hazel Dell, Downtown Vancouver &amp; the VA.</p> <p><b>THURSDAYS</b> East of ANDRESEN Road. 87<sup>th</sup> Ave, Cascade Park, Fisher's Landing, Orchards Mall</p>	<p><b>All outings are highlighted in YELLOW.</b></p> <p>Sign up for these events at the front desk. If bus is full, please add your name to the waiting list</p>	<p>Glenwood Place 5500 NE 82nd Ave. Vancouver, WA 98662 (360) 892-1100</p> <p>Email Activities <a href="mailto:navdienko@glenwoodplace.net">navdienko@glenwoodplace.net</a></p>	<p>9:00 Rhythm Reaction Fitness (SG) <b>1</b></p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby)</p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Open Cribbage (CR)</p> <p>1:00 Shopping at Fred Meyer</p> <p>2:00 Rose Bowl on the Big Screen - Ducks vs. Badgers. Pizza &amp; Soda Provided!!! (P)</p> <p>5:45 Rummy Q (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>2</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>11:00 History Talks with John Griffin (Tht)</p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag C &amp; D (SG)</p> <p>1:00 Five Crowns Game (TL)</p> <p>1:00 Open Pool (SP)</p> <p>1:00 Activity Calendar Forum with Nick (Tht)</p> <p>2:30 Glentucky Derby Horse Races (Tht)</p> <p>3:00 Tai-Chi (P)</p> <p>4:30 Linda on Piano (DR)</p> <p>4:45 Supper Outing to Cameo Cafe. RSVP. Limited Seating</p>	<p>9:00 Sit To Be Fit (SG) <b>3</b></p> <p>9:30 Shopping at Winco, Walgreens, Dollar Tree, Target, and Safeway</p> <p>10:00 Chair Massage Therapy - \$20 (ECU)</p> <p>10:30 Brain Games (Tht)</p> <p>10:30 Beanbag A &amp; B (SG)</p> <p>12:30 Bus to Vanc Mall RSVP</p> <p>1:00 Glenwood Choir (Tht)</p> <p>1:00 Wii Bowling (SG)</p> <p>2:30 Happy Hour with Monte Watters (DR)</p> <p>6:00 No Friday Movie (Tht)</p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>4</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p>10:30 Saturday Morning with Madeline (SG)</p> <p>11:00 Sewing Lady - Mending and hemming at a reasonable rate (MR)</p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p>1:00 Symphony Saturday - Yuja Wang performs Schubert and Schumann (Tht)</p> <p>2:30 BINGO (DR)</p> <p>6:00 No Saturday Night Movie (Tht)</p>
<p>8:20 Bus to Columbia Presbyterian <b>5</b></p> <p>8:20 Bus to St Joseph's. RSVP</p> <p>8:20 Bus to St. Paul Lutheran</p> <p>9:00 Bus to Immanuel Lutheran</p> <p>9:20 Bus to First Presbyterian</p> <p>9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht)</p> <p>1:00 Open Scrabble (P)</p> <p>1:00 Sunday Movie - "McFarland, USA" (2015) PG 2h 9min (Tht)</p> <p>1:30 Open Hand in Foot Card Game (CR)</p> <p>2:00 Episcopal Communion (ECU)</p> <p>3:00 First Christian Church Service (DR)</p> <p>3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge)</p> <p>5:45 Rummy Q in the Lofts (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>6</b></p> <p>9:30 Casino Outing to Ilani Casino - RSVP Bring \$</p> <p>9:30 Sit to be Fit in the Lofts (Lofts Lobby)</p> <p>9:30 Threading Needles (AR)</p> <p>10:30 "People and Stories" Reading Group (LLB)</p> <p>10:30 Computer Lab - Bring your laptop, phone, or tablet and get your questions answered. (COMP)</p> <p>12:30 Blood Pressures Reading for Plaza residents (P)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Monday Movie - "Cinema Paradiso" (1988) FOREIGN FILM - RATED R 2h 35min (Tht)</p> <p>1:00 Open Bridge (CR)</p> <p>1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p>3:00 Tai-Chi (P)</p> <p>5:45 Bunco with Vicki. RSVP with Vicki (P)</p> <p>6:30 Bible Study (ECU)</p> <p>6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>7</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:00 Glenwood Theater Rehearsal (Tht)</p> <p>10:00 NEW - Kitchen Tours. RSVP at the Front Desk. Meet in the Lobby (LL)</p> <p>10:30 Beach Ball Toss (in the Sky Gym)</p> <p>1:00 Beanbag Teams B &amp; D (SG)</p> <p>1:00 Farkle with Vicki (P)</p> <p>1:00 Open Pool (SP)</p> <p>1:00 Watercolor with Becky (AR)</p> <p>2:00 NEW - Kitchen Tours. RSVP at the Front Desk. Meet in the Lobby (LL)</p> <p>2:30 BINGO (DR)</p> <p>3:00 Happy Hour with William Spilette (P)</p> <p>6:00 Rock Painting (AR)</p> <p>6:30 Hymn Sing-A-Long (P)</p> <p>7:00 Open Poker (CR)</p>	<p>8:00 Pedicures with Dawn - Cost is \$25, pay her. Sign up at the front desk for a time slot. (AR) <b>8</b></p> <p>9:00 Rhythm Reaction Fitness (SG)</p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby)</p> <p>9:30 Veteran's Group (Tht)</p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Language Club - Want to Learn Sign Language? One of our residents will be teaching! (COMP)</p> <p>1:00 Open Cribbage (CR)</p> <p>1:00 Red Hat Ladies - Tea &amp; Movie (Tht)</p> <p>1:00 Shopping at Fred Meyer</p> <p>5:45 Rummy Q (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>9</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:30 Health Talks with Sabrina (Tht)</p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag Baseball Teams C &amp; D (SG)</p> <p>1:00 Open Pool (SP)</p> <p>1:00 Po-Ke-No Card Game with Vicki (TL)</p> <p>2:30 Bingo Auction - Bring Your Bingo Bucks to Bid on Some Great Prizes (In the Dining Room)</p> <p>3:00 Tai-Chi - Moving for Better Balance (P)</p> <p>4:30 Linda on Piano (DR)</p> <p>4:30 Supper Outing to The Hammond Kitchen &amp; Craft Bar in Camas. RSVP</p>	<p>9:00 Sit To Be Fit (SG) <b>10</b></p> <p>9:30 Shopping trip: - Walmart, Trader Joe's, Fred Meyer (RSVP at the front desk.)</p> <p>10:00 Alzheimer's and Dementia Caregiver Support Group (Tht)</p> <p>10:00 Chair Massage Therapy - Sign up at the Front Desk. \$20 (ECU)</p> <p>10:30 Beanbag Teams A &amp; B (SG)</p> <p>11:15 Grief Support Group (Tht)</p> <p>12:30 Bus to Vanc Mall RSVP</p> <p>12:30 Glenwood Choir (Tht)</p> <p>1:00 Wii Bowling (SG)</p> <p>1:30 Residents Association Meeting (DR)</p> <p>2:30 Happy Hour with Karen Overton (DR)</p> <p>6:00 No Friday Movie</p> <p>7:00 Performance - The Dynamic Duo of Reno and Cindy Hollar. Great dancing music and songs (DR)</p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>11</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p>10:30 Saturday Morning with Madeline (SG)</p> <p>1:00 All the World's a Zoo (Tht)</p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p>2:00 Encore Performance - More Music with Reno and Cindy Hollar (DR)</p> <p>6:00 Saturday Night Movie - "Downton Abbey" (2019) PG 2h 2min (Tht)</p>
<p>8:20 Bus to Columbia Presbyterian <b>12</b></p> <p>8:20 Bus to St Joseph's. RSVP</p> <p>8:20 Bus to St. Paul Lutheran</p> <p>9:00 Bus to Immanuel Lutheran</p> <p>9:20 Bus to First Presbyterian</p> <p>9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht)</p> <p>1:00 Open Scrabble (P)</p> <p>1:00 Sunday Movie - "Larger Than Life" (1996) PG 1h 33min (Tht)</p> <p>1:30 Open Hand in Foot Card Game (CR)</p> <p>3:00 Open Boggle (Cue Room)</p> <p>5:45 Rummy Q (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>13</b></p> <p>9:30 Sit to be Fit (Lofts Lobby)</p> <p>9:30 Threading Needles (AR)</p> <p>10:30 Music Therapy with Dan (Tht)</p> <p>10:45 Lunch Outing to Red Lobster. RSVP</p> <p>12:30 Blood Pressures (P)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Monday Movie - "The Two Popes" (2019) PG-13 2h 5min (Tht)</p> <p>1:00 Open Bridge (CR)</p> <p>1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p>1:30 Outing to Local Thrift Stores. RSVP</p> <p>2:00 Bulletin Board Crafters - (AR)</p> <p>3:00 Tai-Chi (P)</p> <p>6:30 Bible Study (ECU)</p> <p>6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>14</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:00 Glenwood Theater Open House - Come join the Acting Group! (Tht)</p> <p>10:30 Beach Ball Toss (in the Sky Gym)</p> <p>1:00 Beanbag Baseball Teams B &amp; D (SG)</p> <p>1:00 Open Pool (SP)</p> <p>2:30 BINGO (DR)</p> <p>3:00 Happy Hour with Pianist Diome Alcomendac (P)</p> <p>6:00 Rock Painting (AR)</p> <p>6:30 Hymn Sing-A-Long (P)</p> <p>7:00 Open Poker (CR)</p>	<p>7:30 Women &amp; Men's Breakfast! Free. (7:30 - 8:30) (BQ) <b>15</b></p> <p>9:00 Rhythm Reaction (SG)</p> <p>9:30 "Sit to be Fit" (Lofts Lobby)</p> <p>9:30 Veteran's Group (Tht)</p> <p>10:30 Beanbag Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Open Cribbage (CR)</p> <p>1:00 Shopping at Fred Meyer</p> <p>2:30 Let's Play Jeopardy! (Tht)</p> <p>5:45 Rummy Q (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>16</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:30 Book Club hosted by Cynthia (ECU)</p> <p>11:00 History Talks with John Griffin (Tht)</p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag Teams C &amp; D (SG)</p> <p>1:00 5 Crowns Card Game (TL)</p> <p>1:00 Open Pool (SP)</p> <p>2:30 Glentucky Derby Horse Racing - Store is open! Bring your Derby Bucks (Tht)</p> <p>3:00 Tai-Chi (P)</p> <p>4:30 Linda on Piano (DR)</p> <p>4:30 Supper Outing to Patrick's Hawaiian Cafe. RSVP</p>	<p>9:00 Sit To Be Fit (SG) <b>17</b></p> <p>9:30 Shopping at Winco, Walgreens, Dollar Tree, Target, and Safeway</p> <p>10:00 Alzheimer's and Dementia Support Group (Tht)</p> <p>10:00 Chair Massage Therapy - \$20 (ECU)</p> <p>10:30 Beanbag Teams A &amp; B (SG)</p> <p>10:30 Headlines and Donuts (TL)</p> <p>11:15 Grief Support Group (Tht)</p> <p>12:30 Bus to Vanc Mall RSVP</p> <p>1:00 Glenwood Choir (Tht)</p> <p>1:00 Wii Bowling (SG)</p> <p>2:30 Happy Hour Mike Hart (DR)</p> <p>6:00 Friday Night Movie - "The Report" (2019) RATED R 1h 59min (Tht)</p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>18</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p>10:30 Saturday Morning with Madeline (SG)</p> <p>11:00 Sewing Lady - Mending and hemming at a reasonable rate (MR)</p> <p>1:00 Mystery Drive with Carroll. RSVP</p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p>1:00 Symphony Saturday - Rachmaninov, Piano Concerto No. 2 in C minor - Yuja Wang, Yuri Temirkanov (Tht)</p> <p>2:30 BINGO (DR)</p> <p>6:00 Saturday Night Movie - "Seven Brides for Seven Brothers" (1954) G 1h 42min (Tht)</p>

<p>8:20 Bus to Columbia Presbyterian <b>19</b></p> <p>8:20 Bus to St Joseph's. RSVP 8:20 Bus to St. Paul Lutheran 9:00 Bus to Immanuel Lutheran 9:20 Bus to First Presbyterian 9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht) 11:00 Cherie The Card Lady (LL) 1:00 Open Scrabble (P) 1:00 Sunday Movie - "Operation Dumbo Drop" (1995) PG 1h 47min (Tht) 1:30 Open Hand in Foot Card Game (CR) 2:00 Episcopal Communion (ECU) 3:00 Columbia Christian Church (DR) 3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge) 5:45 Rummy Q in the Lofts (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>20</b></p> <p>9:30 Sit to be Fit in the Lofts (Lofts Lobby)</p> <p><b>9:30 Tour of Pendleton Weaving Mill in Washougal. Limited Seating. Free</b></p> <p>9:30 Threading Needles (AR) 12:30 Blood Pressures Reading for Plaza residents (P) 1:00 Aqua Fitness (Pool Room) 1:00 Monday Movie - "Annie" (1982) PG 2h 7min (Tht) 1:00 Open Bridge (CR) 1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p><b>1:00 Tour of Pendleton Weaving Mill in Washougal. Limited Seating Free.</b></p> <p><b>2:00 Photo Fun with Rebecca! Bring your Camera or Smartphone and let's take photos! (Computer Lab)</b></p> <p>3:00 Tai-Chi - Moving for Better Balance (P) 6:30 Bible Study (ECU) 6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>21</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) 10:00 Glenwood Theater Rehearsal (Tht) 10:30 Beach Ball Toss (in the Sky Gym) 11:30 Free Eyeglass Clinic - eyeglass cleaning and adjustments (LL) 1:00 Beanbag Baseball Teams B &amp; D (SG) 1:00 Farkle with Vicki (P) 1:00 Open Pool (SP) 2:30 BINGO (DR) 3:00 Happy Hour with Stan Lasley (P) 6:30 Hymn Sing-A-Long (P) 7:00 Open Poker (CR)</p> <p><b>7:00 Beanbag Baseball Banquet – Fried Chicken Dinner, drinks, and the award ceremony. Limited to one guest. RSVP. (DR)</b></p>	<p>9:00 Rhythm Reaction Fitness (SG) <b>22</b></p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby) 9:30 Veteran's Group (Tht) 10:30 Beanbag Baseball Teams A &amp; C (SG) 11:30 Jerlean on Piano (DR) 12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby) 1:00 Aqua Fitness (Pool Room) 1:00 Open Cribbage (CR) <b>1:00 Shopping at Fred Meyer</b> <b>2:30 Readings with Nick - Come listen to humorous stories from various popular authors (Tht)</b> 5:45 Rummy Q in the Lofts (Lofts Lobby) 6:30 Bridge (CR) 6:30 Open Pinochle Card Game (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>23</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) <b>10:30 Health Talks with Sabrina (Tht)</b> 12:30 Blood Pressure Reading for Terrace Residents (TL) 1:00 Beanbag Baseball Teams C &amp; D (SG) 1:00 Open Pool (SP) <b>1:00 Po-Ke-No Card Game with Vicki (TL)</b> 2:00 Life Goes On Support Group - with St. Luke's Episcopal Church (ECU) 2:30 BINGO (DR) 3:00 Tai-Chi - Moving for Better Balance (P) 4:30 Linda on Piano (DR) <b>4:30 Supper Outing to Golden City Restaurant. RSVP</b></p>	<p>9:00 Sit To Be Fit (SG) <b>24</b></p> <p><b>9:30 Shopping trip: - Walmart, Trader Joe's, Fred Meyer (RSVP at the front desk.)</b></p> <p>10:00 Chair Massage Therapy - Sign up at the Front Desk. \$20 (ECU) <b>10:30 Ted Talks (Tht)</b> 10:30 Beanbag Baseball Teams A &amp; B (SG) 12:30 Bus to Vancouver Mall. RSVP 1:00 Glenwood Choir (Tht) 1:00 Wii Bowling (SG) <b>2:30 Come Celebrate Chinese New Year with Shelly Voight (DR)</b> 6:00 Friday Night Movie - "Born Free" (1966) PG 1h 35min (Tht)</p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>25</b></p> <p>10:30 Open Chess &amp; Checkers (CR) 10:30 Saturday Morning with Madeline (SG) <b>1:00 5 Minute Mysteries - Entertaining stumpers will sharpen your powers of observation and test your deductive skills (Tht)</b> 1:00 Open Billiards (Cue Room 3rd Floor Lodge) <b>1:30 Outing to the Vancouver Symphony (Admission \$40)</b> 2:30 BINGO (DR) 6:00 Saturday Night Movie - "For Me and My Gal" (1942) 1h 44min (Tht)</p>
<p>8:20 Bus to Columbia Presbyterian <b>26</b></p> <p>8:20 Bus to St Joseph's. RSVP 8:20 Bus to St. Paul Lutheran 9:00 Bus to Immanuel Lutheran 9:20 Bus to First Presbyterian 9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht) 1:00 Open Scrabble (P) 1:00 Sunday Movie - "The Wild Country" (1970) G 1h 40min (Tht) 1:30 Open Hand in Foot Card Game (CR) 3:00 Hymns &amp; Devotions with Ron &amp; Donna (DR) 3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge) 5:45 Rummy Q in the Lofts (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>27</b></p> <p>9:30 Sit to be Fit in the Lofts (Lofts Lobby) 9:30 Threading Needles (AR) <b>10:30 Lunch Outing to Kitchen Table Cafe. RSVP</b></p> <p>10:30 Music Therapy with Dan - Join us for sing alongs and play instruments. (Tht) 12:30 Blood Pressures Reading for Plaza residents (P) 1:00 Aqua Fitness (Pool Room) 1:00 Monday Movie - "The Book Thief" (2013) PG-13 2h 11min (Tht) 1:00 Open Bridge (CR) 1:00 Open Farkle (Cue Room 3rd Floor Lodge) 2:00 Bulletin Board Crafters - come help decorate the bulletin boards with Rebecca! (AR) 3:00 Tai-Chi - Moving for Better Balance (P) 6:30 Bible Study (ECU) 6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>28</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) 10:00 Glenwood Theater Rehearsal (Tht) 10:30 Beach Ball Toss (in the Sky Gym) 1:00 Beanbag Baseball Teams B &amp; D (SG) 1:00 Open Pool (SP) 1:30 Classical Club with Terry. Must do if you are a music lover! (Tht) 2:30 BINGO (DR) 3:00 Happy Hour with Vladimir on Violin (P) 6:30 Hymn Sing-A-Long (P) <b>7:00 Bingo After Dark</b> 7:00 Open Poker (CR)</p>	<p>9:00 Rhythm Reaction Fitness (SG) <b>29</b></p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby) 9:30 Veteran's Group (Tht) <b>10:00 Outing to Fort Vancouver High School for their Community Love Lunch. Free. RSVP</b></p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG) 11:30 Jerlean on Piano (DR) 12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby) 1:00 Aqua Fitness (Pool Room) 1:00 Open Cribbage (CR) <b>1:00 Shopping at Fred Meyer</b> <b>2:30 Brain Games (Tht)</b> 4:00 Linda on Piano (DR) <b>4:00 Lodge Birthday Dinner - RSVP at the Front Desk (DR)</b> 5:45 Rummy Q in the Lofts (Lofts Lobby) 6:30 Bridge (CR) 6:30 Open Pinochle Card Game (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>30</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) <b>10:30 Film Appreciation with Nick - Come explore the aesthetics of cinema, the concepts behind storytelling and various elements of a film (Tht)</b> 12:30 Blood Pressure Reading for Terrace Residents (TL) 1:00 Beanbag Baseball Teams C &amp; D (SG) 1:00 Open Pool (SP) 2:30 BINGO (DR) 3:00 Tai-Chi - Moving for Better Balance (P) <b>4:00 Birthday Dinner for the Plaza, Terrace and Lofts (DR)</b> 4:30 Linda on Piano (DR)</p>	<p>9:00 Sit To Be Fit (SG) <b>31</b></p> <p><b>9:30 Shopping at Winco, Walgreens, Dollar Tree, Target, and Safeway</b></p> <p>10:00 Alzheimer's and Dementia Caregiver Support Group (Tht) 10:00 Chair Massage Therapy - Sign up at the Front Desk. \$20 (ECU) 10:30 Beanbag Baseball Teams A &amp; B (SG) 11:15 Grief Support Group (Tht) <b>12:30 Bus to Vancouver Mall. RSVP</b> <b>1:00 Glenwood Choir (Tht)</b> 1:00 Wii Bowling (SG) 2:30 Happy Hour with Emmy Horowitz (DR) 6:00 Friday Night Movie - "Armstrong" (2019) DOCUMENTARY 1h 40min (Tht)</p>	

## Room Key

<p>(AR) = Activity Room (DR) = Dining Room (LL) = Lodge Lobby (SG) = Sky Gym</p>	<p>(AR) = Activity Room 2nd Floor Lodge (ECU) = ECU Activity Room (MR) = Mailroom (SR) = Spa Room, 2nd floor Lodge</p>	<p>(BQ) = Buffet Dining Room (Lbal) = Lodge Balcony 2nd Floor (P) = Plaza Community Room (TP) = Terrace Front Patio</p>	<p>(CR) = Card Room, 3rd Floor Lodge (Lbal) = Lodge Balcony, 2nd Floor (P) = Plaza Community Room, 2nd floor (TL) = Terrace Lobby</p>	<p>(COMP) = Computer Room (DR) = Lodge Dining Room (PG) = Plaza Garage (TP) = Terrace Lobby/Front Patio Area</p>	<p>(CY) = Courtyard (LG) = Lodge Gardens (PP) = Pool Patio (Tht) = Theater</p>	<p>(Cue) = Cue Room, 3rd Floor Lodge (LLB) = Lodge Library (SP) = Pool Room, Lodge</p>
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# Glenwood Place Calendar

# JANUARY 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>DOCTOR DAYS TUESDAYS</b> West of ANDRESEN Road. Salmon Creek, Hazel Dell, Downtown Vancouver &amp; the VA.</p> <p><b>THURSDAYS</b> East of ANDRESEN Road. 87<sup>th</sup> Ave, Cascade Park, Fisher's Landing, Orchards Mall</p>	<p><b>All outings are highlighted in YELLOW.</b></p> <p>Sign up for these events at the front desk. If bus is full, please add your name to the waiting list</p>	<p>Glenwood Place 5500 NE 82nd Ave. Vancouver, WA 98662 (360) 892-1100</p> <p>Email Activities <a href="mailto:navdienko@glenwoodplace.net">navdienko@glenwoodplace.net</a></p>	<p>9:00 Rhythm Reaction Fitness (SG) <b>1</b></p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby)</p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Open Cribbage (CR)</p> <p>1:00 Shopping at Fred Meyer</p> <p>2:00 Rose Bowl on the Big Screen - Ducks vs. Badgers. Pizza &amp; Soda Provided!!! (P)</p> <p>5:45 Rummy Q (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>2</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>11:00 History Talks with John Griffin (Tht)</p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag C &amp; D (SG)</p> <p>1:00 Five Crowns Game (TL)</p> <p>1:00 Open Pool (SP)</p> <p>1:00 Activity Calendar Forum with Nick (Tht)</p> <p>2:30 Glentucky Derby Horse Races (Tht)</p> <p>3:00 Tai-Chi (P)</p> <p>4:30 Linda on Piano (DR)</p> <p>4:45 Supper Outing to Cameo Cafe. RSVP. Limited Seating</p>	<p>9:00 Sit To Be Fit (SG) <b>3</b></p> <p>9:30 Shopping at Winco, Walgreens, Dollar Tree, Target, and Safeway</p> <p>10:00 Chair Massage Therapy - \$20 (ECU)</p> <p>10:30 Brain Games (Tht)</p> <p>10:30 Beanbag A &amp; B (SG)</p> <p>12:30 Bus to Vanc Mall RSVP</p> <p>1:00 Glenwood Choir (Tht)</p> <p>1:00 Wii Bowling (SG)</p> <p>2:30 Happy Hour with Monte Watters (DR)</p> <p>6:00 No Friday Movie (Tht)</p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>4</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p>10:30 Saturday Morning with Madeline (SG)</p> <p>11:00 Sewing Lady - Mending and hemming at a reasonable rate (MR)</p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p>1:00 Symphony Saturday - Yuja Wang performs Schubert and Schumann (Tht)</p> <p>2:30 BINGO (DR)</p> <p>6:00 No Saturday Night Movie (Tht)</p>
<p>8:20 Bus to Columbia Presbyterian <b>5</b></p> <p>8:20 Bus to St Joseph's. RSVP</p> <p>8:20 Bus to St. Paul Lutheran</p> <p>9:00 Bus to Immanuel Lutheran</p> <p>9:20 Bus to First Presbyterian</p> <p>9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht)</p> <p>1:00 Open Scrabble (P)</p> <p>1:00 Sunday Movie - "McFarland, USA" (2015) PG 2h 9min (Tht)</p> <p>1:30 Open Hand in Foot Card Game (CR)</p> <p>2:00 Episcopal Communion (ECU)</p> <p>3:00 First Christian Church Service (DR)</p> <p>3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge)</p> <p>5:45 Rummy Q in the Lofts (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>6</b></p> <p>9:30 Casino Outing to Ilani Casino - RSVP Bring \$</p> <p>9:30 Sit to be Fit in the Lofts (Lofts Lobby)</p> <p>9:30 Threading Needles (AR)</p> <p>10:30 "People and Stories" Reading Group (LLB)</p> <p>10:30 Computer Lab - Bring your laptop, phone, or tablet and get your questions answered. (COMP)</p> <p>12:30 Blood Pressures Reading for Plaza residents (P)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Monday Movie - "Cinema Paradiso" (1988) FOREIGN FILM - RATED R 2h 35min (Tht)</p> <p>1:00 Open Bridge (CR)</p> <p>1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p>3:00 Tai-Chi (P)</p> <p>5:45 Bunco with Vicki. RSVP with Vicki (P)</p> <p>6:30 Bible Study (ECU)</p> <p>6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>7</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:00 Glenwood Theater Rehearsal (Tht)</p> <p>10:00 NEW - Kitchen Tours. RSVP at the Front Desk. Meet in the Lobby (LL)</p> <p>10:30 Beach Ball Toss (in the Sky Gym)</p> <p>1:00 Beanbag Teams B &amp; D (SG)</p> <p>1:00 Farkle with Vicki (P)</p> <p>1:00 Open Pool (SP)</p> <p>1:00 Watercolor with Becky (AR)</p> <p>2:00 NEW - Kitchen Tours. RSVP at the Front Desk. Meet in the Lobby (LL)</p> <p>2:30 BINGO (DR)</p> <p>3:00 Happy Hour with William Spilette (P)</p> <p>6:00 Rock Painting (AR)</p> <p>6:30 Hymn Sing-A-Long (P)</p> <p>7:00 Open Poker (CR)</p>	<p>8:00 Pedicures with Dawn - Cost is \$25, pay her. Sign up at the front desk for a time slot. (AR) <b>8</b></p> <p>9:00 Rhythm Reaction Fitness (SG)</p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby)</p> <p>9:30 Veteran's Group (Tht)</p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Language Club - Want to Learn Sign Language? One of our residents will be teaching! (COMP)</p> <p>1:00 Open Cribbage (CR)</p> <p>1:00 Red Hat Ladies - Tea &amp; Movie (Tht)</p> <p>1:00 Shopping at Fred Meyer</p> <p>5:45 Rummy Q (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>9</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:30 Health Talks with Sabrina (Tht)</p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag Baseball Teams C &amp; D (SG)</p> <p>1:00 Open Pool (SP)</p> <p>1:00 Po-Ke-No Card Game with Vicki (TL)</p> <p>2:30 Bingo Auction - Bring Your Bingo Bucks to Bid on Some Great Prizes (In the Dining Room)</p> <p>3:00 Tai-Chi - Moving for Better Balance (P)</p> <p>4:30 Linda on Piano (DR)</p> <p>4:30 Supper Outing to The Hammond Kitchen &amp; Craft Bar in Camas. RSVP</p>	<p>9:00 Sit To Be Fit (SG) <b>10</b></p> <p>9:30 Shopping trip: - Walmart, Trader Joe's, Fred Meyer (RSVP at the front desk.)</p> <p>10:00 Alzheimer's and Dementia Caregiver Support Group (Tht)</p> <p>10:00 Chair Massage Therapy - Sign up at the Front Desk. \$20 (ECU)</p> <p>10:30 Beanbag Teams A &amp; B (SG)</p> <p>11:15 Grief Support Group (Tht)</p> <p>12:30 Bus to Vanc Mall RSVP</p> <p>12:30 Glenwood Choir (Tht)</p> <p>1:00 Wii Bowling (SG)</p> <p>1:30 Residents Association Meeting (DR)</p> <p>2:30 Happy Hour with Karen Overton (DR)</p> <p>6:00 No Friday Movie</p> <p>7:00 Performance - The Dynamic Duo of Reno and Cindy Hollar. Great dancing music and songs (DR)</p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>11</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p>10:30 Saturday Morning with Madeline (SG)</p> <p>1:00 All the World's a Zoo (Tht)</p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p>2:00 Encore Performance - More Music with Reno and Cindy Hollar (DR)</p> <p>6:00 Saturday Night Movie - "Downton Abbey" (2019) PG 2h 2min (Tht)</p>
<p>8:20 Bus to Columbia Presbyterian <b>12</b></p> <p>8:20 Bus to St Joseph's. RSVP</p> <p>8:20 Bus to St. Paul Lutheran</p> <p>9:00 Bus to Immanuel Lutheran</p> <p>9:20 Bus to First Presbyterian</p> <p>9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht)</p> <p>1:00 Open Scrabble (P)</p> <p>1:00 Sunday Movie - "Larger Than Life" (1996) PG 1h 33min (Tht)</p> <p>1:30 Open Hand in Foot Card Game (CR)</p> <p>3:00 Open Boggle (Cue Room)</p> <p>5:45 Rummy Q (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>13</b></p> <p>9:30 Sit to be Fit (Lofts Lobby)</p> <p>9:30 Threading Needles (AR)</p> <p>10:30 Music Therapy with Dan (Tht)</p> <p>10:45 Lunch Outing to Red Lobster. RSVP</p> <p>12:30 Blood Pressures (P)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Monday Movie - "The Two Popes" (2019) PG-13 2h 5min (Tht)</p> <p>1:00 Open Bridge (CR)</p> <p>1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p>1:30 Outing to Local Thrift Stores. RSVP</p> <p>2:00 Bulletin Board Crafters - (AR)</p> <p>3:00 Tai-Chi (P)</p> <p>6:30 Bible Study (ECU)</p> <p>6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>14</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:00 Glenwood Theater Open House - Come join the Acting Group! (Tht)</p> <p>10:30 Beach Ball Toss (in the Sky Gym)</p> <p>1:00 Beanbag Baseball Teams B &amp; D (SG)</p> <p>1:00 Open Pool (SP)</p> <p>2:30 BINGO (DR)</p> <p>3:00 Happy Hour with Pianist Diome Alcomendac (P)</p> <p>6:00 Rock Painting (AR)</p> <p>6:30 Hymn Sing-A-Long (P)</p> <p>7:00 Open Poker (CR)</p>	<p>7:30 Women &amp; Men's Breakfast! Free. (7:30 - 8:30) (BQ) <b>15</b></p> <p>9:00 Rhythm Reaction (SG)</p> <p>9:30 "Sit to be Fit" (Lofts Lobby)</p> <p>9:30 Veteran's Group (Tht)</p> <p>10:30 Beanbag Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Open Cribbage (CR)</p> <p>1:00 Shopping at Fred Meyer</p> <p>2:30 Let's Play Jeopardy! (Tht)</p> <p>5:45 Rummy Q (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>16</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:30 Book Club hosted by Cynthia (ECU)</p> <p>11:00 History Talks with John Griffin (Tht)</p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag Teams C &amp; D (SG)</p> <p>1:00 5 Crowns Card Game (TL)</p> <p>1:00 Open Pool (SP)</p> <p>2:30 Glentucky Derby Horse Racing - Store is open! Bring your Derby Bucks (Tht)</p> <p>3:00 Tai-Chi (P)</p> <p>4:30 Linda on Piano (DR)</p> <p>4:30 Supper Outing to Patrick's Hawaiian Cafe. RSVP</p>	<p>9:00 Sit To Be Fit (SG) <b>17</b></p> <p>9:30 Shopping at Winco, Walgreens, Dollar Tree, Target, and Safeway</p> <p>10:00 Alzheimer's and Dementia Support Group (Tht)</p> <p>10:00 Chair Massage Therapy - \$20 (ECU)</p> <p>10:30 Beanbag Teams A &amp; B (SG)</p> <p>10:30 Headlines and Donuts (TL)</p> <p>11:15 Grief Support Group (Tht)</p> <p>12:30 Bus to Vanc Mall RSVP</p> <p>1:00 Glenwood Choir (Tht)</p> <p>1:00 Wii Bowling (SG)</p> <p>2:30 Happy Hour Mike Hart (DR)</p> <p>6:00 Friday Night Movie - "The Report" (2019) RATED R 1h 59min (Tht)</p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>18</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p>10:30 Saturday Morning with Madeline (SG)</p> <p>11:00 Sewing Lady - Mending and hemming at a reasonable rate (MR)</p> <p>1:00 Mystery Drive with Carroll. RSVP</p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p>1:00 Symphony Saturday - Rachmaninov, Piano Concerto No. 2 in C minor - Yuja Wang, Yuri Temirkanov (Tht)</p> <p>2:30 BINGO (DR)</p> <p>6:00 Saturday Night Movie - "Seven Brides for Seven Brothers" (1954) G 1h 42min (Tht)</p>

<p>8:20 Bus to Columbia Presbyterian <b>19</b></p> <p>8:20 Bus to St Joseph's. RSVP 8:20 Bus to St. Paul Lutheran 9:00 Bus to Immanuel Lutheran 9:20 Bus to First Presbyterian 9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht) 11:00 Cherie The Card Lady (LL) 1:00 Open Scrabble (P) 1:00 Sunday Movie - "Operation Dumbo Drop" (1995) PG 1h 47min (Tht) 1:30 Open Hand in Foot Card Game (CR) 2:00 Episcopal Communion (ECU) 3:00 Columbia Christian Church (DR) 3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge) 5:45 Rummy Q in the Lofts (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>20</b></p> <p>9:30 Sit to be Fit in the Lofts (Lofts Lobby)</p> <p><b>9:30 Tour of Pendleton Weaving Mill in Washougal. Limited Seating. Free</b></p> <p>9:30 Threading Needles (AR) 12:30 Blood Pressures Reading for Plaza residents (P) 1:00 Aqua Fitness (Pool Room) 1:00 Monday Movie - "Annie" (1982) PG 2h 7min (Tht) 1:00 Open Bridge (CR) 1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p><b>1:00 Tour of Pendleton Weaving Mill in Washougal. Limited Seating Free.</b></p> <p><b>2:00 Photo Fun with Rebecca! Bring your Camera or Smartphone and let's take photos! (Computer Lab)</b></p> <p>3:00 Tai-Chi - Moving for Better Balance (P) 6:30 Bible Study (ECU) 6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>21</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) 10:00 Glenwood Theater Rehearsal (Tht) 10:30 Beach Ball Toss (in the Sky Gym) 11:30 Free Eyeglass Clinic - eyeglass cleaning and adjustments (LL) 1:00 Beanbag Baseball Teams B &amp; D (SG) 1:00 Farkle with Vicki (P) 1:00 Open Pool (SP) 2:30 BINGO (DR) 3:00 Happy Hour with Stan Lasley (P) 6:30 Hymn Sing-A-Long (P) 7:00 Open Poker (CR)</p> <p><b>7:00 Beanbag Baseball Banquet – Fried Chicken Dinner, drinks, and the award ceremony. Limited to one guest. RSVP. (DR)</b></p>	<p>9:00 Rhythm Reaction Fitness (SG) <b>22</b></p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby) 9:30 Veteran's Group (Tht) 10:30 Beanbag Baseball Teams A &amp; C (SG) 11:30 Jerlean on Piano (DR) 12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby) 1:00 Aqua Fitness (Pool Room) 1:00 Open Cribbage (CR) <b>1:00 Shopping at Fred Meyer</b> <b>2:30 Readings with Nick - Come listen to humorous stories from various popular authors (Tht)</b> 5:45 Rummy Q in the Lofts (Lofts Lobby) 6:30 Bridge (CR) 6:30 Open Pinochle Card Game (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>23</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) <b>10:30 Health Talks with Sabrina (Tht)</b> 12:30 Blood Pressure Reading for Terrace Residents (TL) 1:00 Beanbag Baseball Teams C &amp; D (SG) 1:00 Open Pool (SP) <b>1:00 Po-Ke-No Card Game with Vicki (TL)</b> 2:00 Life Goes On Support Group - with St. Luke's Episcopal Church (ECU) 2:30 BINGO (DR) 3:00 Tai-Chi - Moving for Better Balance (P) 4:30 Linda on Piano (DR) <b>4:30 Supper Outing to Golden City Restaurant. RSVP</b></p>	<p>9:00 Sit To Be Fit (SG) <b>24</b></p> <p><b>9:30 Shopping trip: - Walmart, Trader Joe's, Fred Meyer (RSVP at the front desk.)</b></p> <p>10:00 Chair Massage Therapy - Sign up at the Front Desk. \$20 (ECU) <b>10:30 Ted Talks (Tht)</b> 10:30 Beanbag Baseball Teams A &amp; B (SG) 12:30 Bus to Vancouver Mall. RSVP 1:00 Glenwood Choir (Tht) 1:00 Wii Bowling (SG) <b>2:30 Come Celebrate Chinese New Year with Shelly Voight (DR)</b> 6:00 Friday Night Movie - "Born Free" (1966) PG 1h 35min (Tht)</p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>25</b></p> <p>10:30 Open Chess &amp; Checkers (CR) 10:30 Saturday Morning with Madeline (SG) <b>1:00 5 Minute Mysteries - Entertaining stumpers will sharpen your powers of observation and test your deductive skills (Tht)</b> 1:00 Open Billiards (Cue Room 3rd Floor Lodge) <b>1:30 Outing to the Vancouver Symphony (Admission \$40)</b> 2:30 BINGO (DR) 6:00 Saturday Night Movie - "For Me and My Gal" (1942) 1h 44min (Tht)</p>
<p>8:20 Bus to Columbia Presbyterian <b>26</b></p> <p>8:20 Bus to St Joseph's. RSVP 8:20 Bus to St. Paul Lutheran 9:00 Bus to Immanuel Lutheran 9:20 Bus to First Presbyterian 9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht) 1:00 Open Scrabble (P) 1:00 Sunday Movie - "The Wild Country" (1970) G 1h 40min (Tht) 1:30 Open Hand in Foot Card Game (CR) 3:00 Hymns &amp; Devotions with Ron &amp; Donna (DR) 3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge) 5:45 Rummy Q in the Lofts (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>27</b></p> <p>9:30 Sit to be Fit in the Lofts (Lofts Lobby) 9:30 Threading Needles (AR) <b>10:30 Lunch Outing to Kitchen Table Cafe. RSVP</b></p> <p>10:30 Music Therapy with Dan - Join us for sing alongs and play instruments. (Tht) 12:30 Blood Pressures Reading for Plaza residents (P) 1:00 Aqua Fitness (Pool Room) 1:00 Monday Movie - "The Book Thief" (2013) PG-13 2h 11min (Tht) 1:00 Open Bridge (CR) 1:00 Open Farkle (Cue Room 3rd Floor Lodge) 2:00 Bulletin Board Crafters - come help decorate the bulletin boards with Rebecca! (AR) 3:00 Tai-Chi - Moving for Better Balance (P) 6:30 Bible Study (ECU) 6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>28</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) 10:00 Glenwood Theater Rehearsal (Tht) 10:30 Beach Ball Toss (in the Sky Gym) 1:00 Beanbag Baseball Teams B &amp; D (SG) 1:00 Open Pool (SP) 1:30 Classical Club with Terry. Must do if you are a music lover! (Tht) 2:30 BINGO (DR) 3:00 Happy Hour with Vladimir on Violin (P) 6:30 Hymn Sing-A-Long (P) <b>7:00 Bingo After Dark</b> 7:00 Open Poker (CR)</p>	<p>9:00 Rhythm Reaction Fitness (SG) <b>29</b></p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby) 9:30 Veteran's Group (Tht) <b>10:00 Outing to Fort Vancouver High School for their Community Love Lunch. Free. RSVP</b></p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG) 11:30 Jerlean on Piano (DR) 12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby) 1:00 Aqua Fitness (Pool Room) 1:00 Open Cribbage (CR) <b>1:00 Shopping at Fred Meyer</b> <b>2:30 Brain Games (Tht)</b> 4:00 Linda on Piano (DR) <b>4:00 Lodge Birthday Dinner - RSVP at the Front Desk (DR)</b> 5:45 Rummy Q in the Lofts (Lofts Lobby) 6:30 Bridge (CR) 6:30 Open Pinochle Card Game (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>30</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) <b>10:30 Film Appreciation with Nick - Come explore the aesthetics of cinema, the concepts behind storytelling and various elements of a film (Tht)</b> 12:30 Blood Pressure Reading for Terrace Residents (TL) 1:00 Beanbag Baseball Teams C &amp; D (SG) 1:00 Open Pool (SP) 2:30 BINGO (DR) 3:00 Tai-Chi - Moving for Better Balance (P) <b>4:00 Birthday Dinner for the Plaza, Terrace and Lofts (DR)</b> 4:30 Linda on Piano (DR)</p>	<p>9:00 Sit To Be Fit (SG) <b>31</b></p> <p><b>9:30 Shopping at Winco, Walgreens, Dollar Tree, Target, and Safeway</b></p> <p>10:00 Alzheimer's and Dementia Caregiver Support Group (Tht) 10:00 Chair Massage Therapy - Sign up at the Front Desk. \$20 (ECU) 10:30 Beanbag Baseball Teams A &amp; B (SG) 11:15 Grief Support Group (Tht) <b>12:30 Bus to Vancouver Mall. RSVP</b> <b>1:00 Glenwood Choir (Tht)</b> 1:00 Wii Bowling (SG) 2:30 Happy Hour with Emmy Horowitz (DR) 6:00 Friday Night Movie - "Armstrong" (2019) DOCUMENTARY 1h 40min (Tht)</p>	

## Room Key

(AR) = Activity Room	(AR) = Activity Room 2nd Floor Lodge	(BQ) = Buffet Dining Room	(CR) = Card Room, 3rd Floor Lodge	(COMP) = Computer Room	(CY) = Courtyard	(Cue) = Cue Room, 3rd Floor Lodge
(DR) = Dining Room	(ECU) = ECU Activity Room	(Lbal) = Lodge Balcony 2nd Floor	(Lbal) = Lodge Balcony, 2nd Floor	(DR) = Lodge Dining Room	(LG) = Lodge Gardens	(LLB) = Lodge Library
(LL) = Lodge Lobby	(MR) = Mailroom	(P) = Plaza Community Room	(P) = Plaza Community Room, 2nd floor	(PG) = Plaza Garage	(PP) = Pool Patio	(SP) = Pool Room, Lodge
(SG) = Sky Gym	(SR) = Spa Room, 2nd floor Lodge	(TP) = Terrace Front Patio	(TL) = Terrace Lobby	(TP) = Terrace Lobby/Front Patio Area	(Tht) = Theater	



# Glenwood Place Calendar

# JANUARY 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>DOCTOR DAYS TUESDAYS</b> West of ANDRESEN Road. Salmon Creek, Hazel Dell, Downtown Vancouver &amp; the VA.</p> <p><b>THURSDAYS</b> East of ANDRESEN Road. 87<sup>th</sup> Ave, Cascade Park, Fisher's Landing, Orchards Mall</p>	<p><b>All outings are highlighted in YELLOW.</b></p> <p>Sign up for these events at the front desk. If bus is full, please add your name to the waiting list</p>	<p>Glenwood Place 5500 NE 82nd Ave. Vancouver, WA 98662 (360) 892-1100</p> <p>Email Activities <a href="mailto:navdienko@glenwoodplace.net">navdienko@glenwoodplace.net</a></p>	<p>9:00 Rhythm Reaction Fitness (SG) <b>1</b></p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby)</p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Open Cribbage (CR)</p> <p>1:00 Shopping at Fred Meyer</p> <p>2:00 Rose Bowl on the Big Screen - Ducks vs. Badgers. Pizza &amp; Soda Provided!!! (P)</p> <p>5:45 Rummy Q (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>2</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>11:00 History Talks with John Griffin (Tht)</p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag C &amp; D (SG)</p> <p>1:00 Five Crowns Game (TL)</p> <p>1:00 Open Pool (SP)</p> <p>1:00 Activity Calendar Forum with Nick (Tht)</p> <p>2:30 Glentucky Derby Horse Races (Tht)</p> <p>3:00 Tai-Chi (P)</p> <p>4:30 Linda on Piano (DR)</p> <p>4:45 Supper Outing to Cameo Cafe. RSVP. Limited Seating</p>	<p>9:00 Sit To Be Fit (SG) <b>3</b></p> <p>9:30 Shopping at Winco, Walgreens, Dollar Tree, Target, and Safeway</p> <p>10:00 Chair Massage Therapy - \$20 (ECU)</p> <p>10:30 Brain Games (Tht)</p> <p>10:30 Beanbag A &amp; B (SG)</p> <p>12:30 Bus to Vanc Mall RSVP</p> <p>1:00 Glenwood Choir (Tht)</p> <p>1:00 Wii Bowling (SG)</p> <p>2:30 Happy Hour with Monte Watters (DR)</p> <p>6:00 No Friday Movie (Tht)</p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>4</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p>10:30 Saturday Morning with Madeline (SG)</p> <p>11:00 Sewing Lady - Mending and hemming at a reasonable rate (MR)</p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p>1:00 Symphony Saturday - Yuja Wang performs Schubert and Schumann (Tht)</p> <p>2:30 BINGO (DR)</p> <p>6:00 No Saturday Night Movie (Tht)</p>
<p>8:20 Bus to Columbia Presbyterian <b>5</b></p> <p>8:20 Bus to St Joseph's. RSVP</p> <p>8:20 Bus to St. Paul Lutheran</p> <p>9:00 Bus to Immanuel Lutheran</p> <p>9:20 Bus to First Presbyterian</p> <p>9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht)</p> <p>1:00 Open Scrabble (P)</p> <p>1:00 Sunday Movie - "McFarland, USA" (2015) PG 2h 9min (Tht)</p> <p>1:30 Open Hand in Foot Card Game (CR)</p> <p>2:00 Episcopal Communion (ECU)</p> <p>3:00 First Christian Church Service (DR)</p> <p>3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge)</p> <p>5:45 Rummy Q in the Lofts (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>6</b></p> <p>9:30 Casino Outing to Ilani Casino - RSVP Bring \$</p> <p>9:30 Sit to be Fit in the Lofts (Lofts Lobby)</p> <p>9:30 Threading Needles (AR)</p> <p>10:30 "People and Stories" Reading Group (LLB)</p> <p>10:30 Computer Lab - Bring your laptop, phone, or tablet and get your questions answered. (COMP)</p> <p>12:30 Blood Pressures Reading for Plaza residents (P)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Monday Movie - "Cinema Paradiso" (1988) FOREIGN FILM - RATED R 2h 35min (Tht)</p> <p>1:00 Open Bridge (CR)</p> <p>1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p>3:00 Tai-Chi (P)</p> <p>5:45 Bunco with Vicki. RSVP with Vicki (P)</p> <p>6:30 Bible Study (ECU)</p> <p>6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>7</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:00 Glenwood Theater Rehearsal (Tht)</p> <p>10:00 NEW - Kitchen Tours. RSVP at the Front Desk. Meet in the Lobby (LL)</p> <p>10:30 Beach Ball Toss (in the Sky Gym)</p> <p>1:00 Beanbag Teams B &amp; D (SG)</p> <p>1:00 Farkle with Vicki (P)</p> <p>1:00 Open Pool (SP)</p> <p>1:00 Watercolor with Becky (AR)</p> <p>2:00 NEW - Kitchen Tours. RSVP at the Front Desk. Meet in the Lobby (LL)</p> <p>2:30 BINGO (DR)</p> <p>3:00 Happy Hour with William Spilette (P)</p> <p>6:00 Rock Painting (AR)</p> <p>6:30 Hymn Sing-A-Long (P)</p> <p>7:00 Open Poker (CR)</p>	<p>8:00 Pedicures with Dawn - Cost is \$25, pay her. Sign up at the front desk for a time slot. (AR) <b>8</b></p> <p>9:00 Rhythm Reaction Fitness (SG)</p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby)</p> <p>9:30 Veteran's Group (Tht)</p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Language Club - Want to Learn Sign Language? One of our residents will be teaching! (COMP)</p> <p>1:00 Open Cribbage (CR)</p> <p>1:00 Red Hat Ladies - Tea &amp; Movie (Tht)</p> <p>1:00 Shopping at Fred Meyer</p> <p>5:45 Rummy Q (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>9</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:30 Health Talks with Sabrina (Tht)</p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag Baseball Teams C &amp; D (SG)</p> <p>1:00 Open Pool (SP)</p> <p>1:00 Po-Ke-No Card Game with Vicki (TL)</p> <p>2:30 Bingo Auction - Bring Your Bingo Bucks to Bid on Some Great Prizes (In the Dining Room)</p> <p>3:00 Tai-Chi - Moving for Better Balance (P)</p> <p>4:30 Linda on Piano (DR)</p> <p>4:30 Supper Outing to The Hammond Kitchen &amp; Craft Bar in Camas. RSVP</p>	<p>9:00 Sit To Be Fit (SG) <b>10</b></p> <p>9:30 Shopping trip: - Walmart, Trader Joe's, Fred Meyer (RSVP at the front desk.)</p> <p>10:00 Alzheimer's and Dementia Caregiver Support Group (Tht)</p> <p>10:00 Chair Massage Therapy - Sign up at the Front Desk. \$20 (ECU)</p> <p>10:30 Beanbag Teams A &amp; B (SG)</p> <p>11:15 Grief Support Group (Tht)</p> <p>12:30 Bus to Vanc Mall RSVP</p> <p>12:30 Glenwood Choir (Tht)</p> <p>1:00 Wii Bowling (SG)</p> <p>1:30 Residents Association Meeting (DR)</p> <p>2:30 Happy Hour with Karen Overton (DR)</p> <p>6:00 No Friday Movie</p> <p>7:00 Performance - The Dynamic Duo of Reno and Cindy Hollar. Great dancing music and songs (DR)</p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>11</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p>10:30 Saturday Morning with Madeline (SG)</p> <p>1:00 All the World's a Zoo (Tht)</p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p>2:00 Encore Performance - More Music with Reno and Cindy Hollar (DR)</p> <p>6:00 Saturday Night Movie - "Downton Abbey" (2019) PG 2h 2min (Tht)</p>
<p>8:20 Bus to Columbia Presbyterian <b>12</b></p> <p>8:20 Bus to St Joseph's. RSVP</p> <p>8:20 Bus to St. Paul Lutheran</p> <p>9:00 Bus to Immanuel Lutheran</p> <p>9:20 Bus to First Presbyterian</p> <p>9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht)</p> <p>1:00 Open Scrabble (P)</p> <p>1:00 Sunday Movie - "Larger Than Life" (1996) PG 1h 33min (Tht)</p> <p>1:30 Open Hand in Foot Card Game (CR)</p> <p>3:00 Open Boggle (Cue Room)</p> <p>5:45 Rummy Q (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>13</b></p> <p>9:30 Sit to be Fit (Lofts Lobby)</p> <p>9:30 Threading Needles (AR)</p> <p>10:30 Music Therapy with Dan (Tht)</p> <p>10:45 Lunch Outing to Red Lobster. RSVP</p> <p>12:30 Blood Pressures (P)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Monday Movie - "The Two Popes" (2019) PG-13 2h 5min (Tht)</p> <p>1:00 Open Bridge (CR)</p> <p>1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p>1:30 Outing to Local Thrift Stores. RSVP</p> <p>2:00 Bulletin Board Crafters - (AR)</p> <p>3:00 Tai-Chi (P)</p> <p>6:30 Bible Study (ECU)</p> <p>6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>14</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:00 Glenwood Theater Open House - Come join the Acting Group! (Tht)</p> <p>10:30 Beach Ball Toss (in the Sky Gym)</p> <p>1:00 Beanbag Baseball Teams B &amp; D (SG)</p> <p>1:00 Open Pool (SP)</p> <p>2:30 BINGO (DR)</p> <p>3:00 Happy Hour with Pianist Diome Alcomendac (P)</p> <p>6:00 Rock Painting (AR)</p> <p>6:30 Hymn Sing-A-Long (P)</p> <p>7:00 Open Poker (CR)</p>	<p>7:30 Women &amp; Men's Breakfast! Free. (7:30 - 8:30) (BQ) <b>15</b></p> <p>9:00 Rhythm Reaction (SG)</p> <p>9:30 "Sit to be Fit" (Lofts Lobby)</p> <p>9:30 Veteran's Group (Tht)</p> <p>10:30 Beanbag Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Open Cribbage (CR)</p> <p>1:00 Shopping at Fred Meyer</p> <p>2:30 Let's Play Jeopardy! (Tht)</p> <p>5:45 Rummy Q (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>16</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:30 Book Club hosted by Cynthia (ECU)</p> <p>11:00 History Talks with John Griffin (Tht)</p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag Teams C &amp; D (SG)</p> <p>1:00 5 Crowns Card Game (TL)</p> <p>1:00 Open Pool (SP)</p> <p>2:30 Glentucky Derby Horse Racing - Store is open! Bring your Derby Bucks (Tht)</p> <p>3:00 Tai-Chi (P)</p> <p>4:30 Linda on Piano (DR)</p> <p>4:30 Supper Outing to Patrick's Hawaiian Cafe. RSVP</p>	<p>9:00 Sit To Be Fit (SG) <b>17</b></p> <p>9:30 Shopping at Winco, Walgreens, Dollar Tree, Target, and Safeway</p> <p>10:00 Alzheimer's and Dementia Support Group (Tht)</p> <p>10:00 Chair Massage Therapy - \$20 (ECU)</p> <p>10:30 Beanbag Teams A &amp; B (SG)</p> <p>10:30 Headlines and Donuts (TL)</p> <p>11:15 Grief Support Group (Tht)</p> <p>12:30 Bus to Vanc Mall RSVP</p> <p>1:00 Glenwood Choir (Tht)</p> <p>1:00 Wii Bowling (SG)</p> <p>2:30 Happy Hour Mike Hart (DR)</p> <p>6:00 Friday Night Movie - "The Report" (2019) RATED R 1h 59min (Tht)</p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>18</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p>10:30 Saturday Morning with Madeline (SG)</p> <p>11:00 Sewing Lady - Mending and hemming at a reasonable rate (MR)</p> <p>1:00 Mystery Drive with Carroll. RSVP</p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p>1:00 Symphony Saturday - Rachmaninov, Piano Concerto No. 2 in C minor - Yuja Wang, Yuri Temirkanov (Tht)</p> <p>2:30 BINGO (DR)</p> <p>6:00 Saturday Night Movie - "Seven Brides for Seven Brothers" (1954) G 1h 42min (Tht)</p>

<p>8:20 Bus to Columbia Presbyterian <b>19</b></p> <p>8:20 Bus to St Joseph's. RSVP 8:20 Bus to St. Paul Lutheran 9:00 Bus to Immanuel Lutheran 9:20 Bus to First Presbyterian 9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht) 11:00 Cherie The Card Lady (LL) 1:00 Open Scrabble (P) 1:00 Sunday Movie - "Operation Dumbo Drop" (1995) PG 1h 47min (Tht) 1:30 Open Hand in Foot Card Game (CR) 2:00 Episcopal Communion (ECU) 3:00 Columbia Christian Church (DR) 3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge) 5:45 Rummy Q in the Lofts (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>20</b></p> <p>9:30 Sit to be Fit in the Lofts (Lofts Lobby)</p> <p><b>9:30 Tour of Pendleton Weaving Mill in Washougal. Limited Seating. Free</b></p> <p>9:30 Threading Needles (AR) 12:30 Blood Pressures Reading for Plaza residents (P) 1:00 Aqua Fitness (Pool Room) 1:00 Monday Movie - "Annie" (1982) PG 2h 7min (Tht) 1:00 Open Bridge (CR) 1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p><b>1:00 Tour of Pendleton Weaving Mill in Washougal. Limited Seating Free.</b></p> <p><b>2:00 Photo Fun with Rebecca! Bring your Camera or Smartphone and let's take photos! (Computer Lab)</b></p> <p>3:00 Tai-Chi - Moving for Better Balance (P) 6:30 Bible Study (ECU) 6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>21</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) 10:00 Glenwood Theater Rehearsal (Tht) 10:30 Beach Ball Toss (in the Sky Gym) 11:30 Free Eyeglass Clinic - eyeglass cleaning and adjustments (LL) 1:00 Beanbag Baseball Teams B &amp; D (SG) 1:00 Farkle with Vicki (P) 1:00 Open Pool (SP) 2:30 BINGO (DR) 3:00 Happy Hour with Stan Lasley (P) 6:30 Hymn Sing-A-Long (P) 7:00 Open Poker (CR)</p> <p><b>7:00 Beanbag Baseball Banquet – Fried Chicken Dinner, drinks, and the award ceremony. Limited to one guest. RSVP. (DR)</b></p>	<p>9:00 Rhythm Reaction Fitness (SG) <b>22</b></p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby) 9:30 Veteran's Group (Tht) 10:30 Beanbag Baseball Teams A &amp; C (SG) 11:30 Jerlean on Piano (DR) 12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby) 1:00 Aqua Fitness (Pool Room) 1:00 Open Cribbage (CR) <b>1:00 Shopping at Fred Meyer</b> <b>2:30 Readings with Nick - Come listen to humorous stories from various popular authors (Tht)</b> 5:45 Rummy Q in the Lofts (Lofts Lobby) 6:30 Bridge (CR) 6:30 Open Pinochle Card Game (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>23</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) <b>10:30 Health Talks with Sabrina (Tht)</b> 12:30 Blood Pressure Reading for Terrace Residents (TL) 1:00 Beanbag Baseball Teams C &amp; D (SG) 1:00 Open Pool (SP) <b>1:00 Po-Ke-No Card Game with Vicki (TL)</b> 2:00 Life Goes On Support Group - with St. Luke's Episcopal Church (ECU) 2:30 BINGO (DR) 3:00 Tai-Chi - Moving for Better Balance (P) 4:30 Linda on Piano (DR) <b>4:30 Supper Outing to Golden City Restaurant. RSVP</b></p>	<p>9:00 Sit To Be Fit (SG) <b>24</b></p> <p><b>9:30 Shopping trip: - Walmart, Trader Joe's, Fred Meyer (RSVP at the front desk.)</b></p> <p>10:00 Chair Massage Therapy - Sign up at the Front Desk. \$20 (ECU) <b>10:30 Ted Talks (Tht)</b> 10:30 Beanbag Baseball Teams A &amp; B (SG) 12:30 Bus to Vancouver Mall. RSVP 1:00 Glenwood Choir (Tht) 1:00 Wii Bowling (SG) <b>2:30 Come Celebrate Chinese New Year with Shelly Voight (DR)</b> 6:00 Friday Night Movie - "Born Free" (1966) PG 1h 35min (Tht)</p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>25</b></p> <p>10:30 Open Chess &amp; Checkers (CR) 10:30 Saturday Morning with Madeline (SG) <b>1:00 5 Minute Mysteries - Entertaining stumpers will sharpen your powers of observation and test your deductive skills (Tht)</b> 1:00 Open Billiards (Cue Room 3rd Floor Lodge) <b>1:30 Outing to the Vancouver Symphony (Admission \$40)</b> 2:30 BINGO (DR) 6:00 Saturday Night Movie - "For Me and My Gal" (1942) 1h 44min (Tht)</p>
<p>8:20 Bus to Columbia Presbyterian <b>26</b></p> <p>8:20 Bus to St Joseph's. RSVP 8:20 Bus to St. Paul Lutheran 9:00 Bus to Immanuel Lutheran 9:20 Bus to First Presbyterian 9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht) 1:00 Open Scrabble (P) 1:00 Sunday Movie - "The Wild Country" (1970) G 1h 40min (Tht) 1:30 Open Hand in Foot Card Game (CR) 3:00 Hymns &amp; Devotions with Ron &amp; Donna (DR) 3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge) 5:45 Rummy Q in the Lofts (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>27</b></p> <p>9:30 Sit to be Fit in the Lofts (Lofts Lobby) 9:30 Threading Needles (AR) <b>10:30 Lunch Outing to Kitchen Table Cafe. RSVP</b></p> <p>10:30 Music Therapy with Dan - Join us for sing alongs and play instruments. (Tht) 12:30 Blood Pressures Reading for Plaza residents (P) 1:00 Aqua Fitness (Pool Room) 1:00 Monday Movie - "The Book Thief" (2013) PG-13 2h 11min (Tht) 1:00 Open Bridge (CR) 1:00 Open Farkle (Cue Room 3rd Floor Lodge) 2:00 Bulletin Board Crafters - come help decorate the bulletin boards with Rebecca! (AR) 3:00 Tai-Chi - Moving for Better Balance (P) 6:30 Bible Study (ECU) 6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>28</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) 10:00 Glenwood Theater Rehearsal (Tht) 10:30 Beach Ball Toss (in the Sky Gym) 1:00 Beanbag Baseball Teams B &amp; D (SG) 1:00 Open Pool (SP) 1:30 Classical Club with Terry. Must do if you are a music lover! (Tht) 2:30 BINGO (DR) 3:00 Happy Hour with Vladimir on Violin (P) 6:30 Hymn Sing-A-Long (P) <b>7:00 Bingo After Dark</b> 7:00 Open Poker (CR)</p>	<p>9:00 Rhythm Reaction Fitness (SG) <b>29</b></p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby) 9:30 Veteran's Group (Tht) <b>10:00 Outing to Fort Vancouver High School for their Community Love Lunch. Free. RSVP</b></p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG) 11:30 Jerlean on Piano (DR) 12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby) 1:00 Aqua Fitness (Pool Room) 1:00 Open Cribbage (CR) <b>1:00 Shopping at Fred Meyer</b> <b>2:30 Brain Games (Tht)</b> 4:00 Linda on Piano (DR) <b>4:00 Lodge Birthday Dinner - RSVP at the Front Desk (DR)</b> 5:45 Rummy Q in the Lofts (Lofts Lobby) 6:30 Bridge (CR) 6:30 Open Pinochle Card Game (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>30</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) <b>10:30 Film Appreciation with Nick - Come explore the aesthetics of cinema, the concepts behind storytelling and various elements of a film (Tht)</b> 12:30 Blood Pressure Reading for Terrace Residents (TL) 1:00 Beanbag Baseball Teams C &amp; D (SG) 1:00 Open Pool (SP) 2:30 BINGO (DR) 3:00 Tai-Chi - Moving for Better Balance (P) <b>4:00 Birthday Dinner for the Plaza, Terrace and Lofts (DR)</b> 4:30 Linda on Piano (DR)</p>	<p>9:00 Sit To Be Fit (SG) <b>31</b></p> <p><b>9:30 Shopping at Winco, Walgreens, Dollar Tree, Target, and Safeway</b></p> <p>10:00 Alzheimer's and Dementia Caregiver Support Group (Tht) 10:00 Chair Massage Therapy - Sign up at the Front Desk. \$20 (ECU) 10:30 Beanbag Baseball Teams A &amp; B (SG) 11:15 Grief Support Group (Tht) <b>12:30 Bus to Vancouver Mall. RSVP</b> <b>1:00 Glenwood Choir (Tht)</b> 1:00 Wii Bowling (SG) 2:30 Happy Hour with Emmy Horowitz (DR) 6:00 Friday Night Movie - "Armstrong" (2019) DOCUMENTARY 1h 40min (Tht)</p>	

## Room Key

(AR) = Activity Room	(AR) = Activity Room 2nd Floor Lodge	(BQ) = Buffet Dining Room	(CR) = Card Room, 3rd Floor Lodge	(COMP) = Computer Room	(CY) = Courtyard	(Cue) = Cue Room, 3rd Floor Lodge
(DR) = Dining Room	(ECU) = ECU Activity Room	(Lbal) = Lodge Balcony 2nd Floor	(Lbal) = Lodge Balcony, 2nd Floor	(DR) = Lodge Dining Room	(LG) = Lodge Gardens	(LLB) = Lodge Library
(LL) = Lodge Lobby	(MR) = Mailroom	(P) = Plaza Community Room	(P) = Plaza Community Room, 2nd floor	(PG) = Plaza Garage	(PP) = Pool Patio	(SP) = Pool Room, Lodge
(SG) = Sky Gym	(SR) = Spa Room, 2nd floor Lodge	(TP) = Terrace Front Patio	(TL) = Terrace Lobby	(TP) = Terrace Lobby/Front Patio Area	(Tht) = Theater	



# Glenwood Place Calendar

# JANUARY 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>DOCTOR DAYS TUESDAYS</b> West of ANDRESEN Road. Salmon Creek, Hazel Dell, Downtown Vancouver &amp; the VA.</p> <p><b>THURSDAYS</b> East of ANDRESEN Road. 87<sup>th</sup> Ave, Cascade Park, Fisher's Landing, Orchards Mall</p>	<p><b>All outings are highlighted in YELLOW.</b></p> <p>Sign up for these events at the front desk. If bus is full, please add your name to the waiting list</p>	<p>Glenwood Place 5500 NE 82nd Ave. Vancouver, WA 98662 (360) 892-1100</p> <p>Email Activities <a href="mailto:navdienko@glenwoodplace.net">navdienko@glenwoodplace.net</a></p>	<p>9:00 Rhythm Reaction Fitness (SG) <b>1</b></p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby)</p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Open Cribbage (CR)</p> <p>1:00 Shopping at Fred Meyer</p> <p>2:00 Rose Bowl on the Big Screen - Ducks vs. Badgers. Pizza &amp; Soda Provided!!! (P)</p> <p>5:45 Rummy Q (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>2</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>11:00 History Talks with John Griffin (Tht)</p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag C &amp; D (SG)</p> <p>1:00 Five Crowns Game (TL)</p> <p>1:00 Open Pool (SP)</p> <p>1:00 Activity Calendar Forum with Nick (Tht)</p> <p>2:30 Glentucky Derby Horse Races (Tht)</p> <p>3:00 Tai-Chi (P)</p> <p>4:30 Linda on Piano (DR)</p> <p>4:45 Supper Outing to Cameo Cafe. RSVP. Limited Seating</p>	<p>9:00 Sit To Be Fit (SG) <b>3</b></p> <p>9:30 Shopping at Winco, Walgreens, Dollar Tree, Target, and Safeway</p> <p>10:00 Chair Massage Therapy - \$20 (ECU)</p> <p>10:30 Brain Games (Tht)</p> <p>10:30 Beanbag A &amp; B (SG)</p> <p>12:30 Bus to Vanc Mall RSVP</p> <p>1:00 Glenwood Choir (Tht)</p> <p>1:00 Wii Bowling (SG)</p> <p>2:30 Happy Hour with Monte Watters (DR)</p> <p>6:00 No Friday Movie (Tht)</p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>4</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p>10:30 Saturday Morning with Madeline (SG)</p> <p>11:00 Sewing Lady - Mending and hemming at a reasonable rate (MR)</p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p>1:00 Symphony Saturday - Yuja Wang performs Schubert and Schumann (Tht)</p> <p>2:30 BINGO (DR)</p> <p>6:00 No Saturday Night Movie (Tht)</p>
<p>8:20 Bus to Columbia Presbyterian <b>5</b></p> <p>8:20 Bus to St Joseph's. RSVP</p> <p>8:20 Bus to St. Paul Lutheran</p> <p>9:00 Bus to Immanuel Lutheran</p> <p>9:20 Bus to First Presbyterian</p> <p>9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht)</p> <p>1:00 Open Scrabble (P)</p> <p>1:00 Sunday Movie - "McFarland, USA" (2015) PG 2h 9min (Tht)</p> <p>1:30 Open Hand in Foot Card Game (CR)</p> <p>2:00 Episcopal Communion (ECU)</p> <p>3:00 First Christian Church Service (DR)</p> <p>3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge)</p> <p>5:45 Rummy Q in the Lofts (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>6</b></p> <p>9:30 Casino Outing to Ilani Casino - RSVP Bring \$</p> <p>9:30 Sit to be Fit in the Lofts (Lofts Lobby)</p> <p>9:30 Threading Needles (AR)</p> <p>10:30 "People and Stories" Reading Group (LLB)</p> <p>10:30 Computer Lab - Bring your laptop, phone, or tablet and get your questions answered. (COMP)</p> <p>12:30 Blood Pressures Reading for Plaza residents (P)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Monday Movie - "Cinema Paradiso" (1988) FOREIGN FILM - RATED R 2h 35min (Tht)</p> <p>1:00 Open Bridge (CR)</p> <p>1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p>3:00 Tai-Chi (P)</p> <p>5:45 Bunco with Vicki. RSVP with Vicki (P)</p> <p>6:30 Bible Study (ECU)</p> <p>6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>7</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:00 Glenwood Theater Rehearsal (Tht)</p> <p>10:00 NEW - Kitchen Tours. RSVP at the Front Desk. Meet in the Lobby (LL)</p> <p>10:30 Beach Ball Toss (in the Sky Gym)</p> <p>1:00 Beanbag Teams B &amp; D (SG)</p> <p>1:00 Farkle with Vicki (P)</p> <p>1:00 Open Pool (SP)</p> <p>1:00 Watercolor with Becky (AR)</p> <p>2:00 NEW - Kitchen Tours. RSVP at the Front Desk. Meet in the Lobby (LL)</p> <p>2:30 BINGO (DR)</p> <p>3:00 Happy Hour with William Spilette (P)</p> <p>6:00 Rock Painting (AR)</p> <p>6:30 Hymn Sing-A-Long (P)</p> <p>7:00 Open Poker (CR)</p>	<p>8:00 Pedicures with Dawn - Cost is \$25, pay her. Sign up at the front desk for a time slot. (AR) <b>8</b></p> <p>9:00 Rhythm Reaction Fitness (SG)</p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby)</p> <p>9:30 Veteran's Group (Tht)</p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Language Club - Want to Learn Sign Language? One of our residents will be teaching! (COMP)</p> <p>1:00 Open Cribbage (CR)</p> <p>1:00 Red Hat Ladies - Tea &amp; Movie (Tht)</p> <p>1:00 Shopping at Fred Meyer</p> <p>5:45 Rummy Q (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>9</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:30 Health Talks with Sabrina (Tht)</p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag Baseball Teams C &amp; D (SG)</p> <p>1:00 Open Pool (SP)</p> <p>1:00 Po-Ke-No Card Game with Vicki (TL)</p> <p>2:30 Bingo Auction - Bring Your Bingo Bucks to Bid on Some Great Prizes (In the Dining Room)</p> <p>3:00 Tai-Chi - Moving for Better Balance (P)</p> <p>4:30 Linda on Piano (DR)</p> <p>4:30 Supper Outing to The Hammond Kitchen &amp; Craft Bar in Camas. RSVP</p>	<p>9:00 Sit To Be Fit (SG) <b>10</b></p> <p>9:30 Shopping trip: - Walmart, Trader Joe's, Fred Meyer (RSVP at the front desk.)</p> <p>10:00 Alzheimer's and Dementia Caregiver Support Group (Tht)</p> <p>10:00 Chair Massage Therapy - Sign up at the Front Desk. \$20 (ECU)</p> <p>10:30 Beanbag Teams A &amp; B (SG)</p> <p>11:15 Grief Support Group (Tht)</p> <p>12:30 Bus to Vanc Mall RSVP</p> <p>12:30 Glenwood Choir (Tht)</p> <p>1:00 Wii Bowling (SG)</p> <p>1:30 Residents Association Meeting (DR)</p> <p>2:30 Happy Hour with Karen Overton (DR)</p> <p>6:00 No Friday Movie</p> <p>7:00 Performance - The Dynamic Duo of Reno and Cindy Hollar. Great dancing music and songs (DR)</p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>11</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p>10:30 Saturday Morning with Madeline (SG)</p> <p>1:00 All the World's a Zoo (Tht)</p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p>2:00 Encore Performance - More Music with Reno and Cindy Hollar (DR)</p> <p>6:00 Saturday Night Movie - "Downton Abbey" (2019) PG 2h 2min (Tht)</p>
<p>8:20 Bus to Columbia Presbyterian <b>12</b></p> <p>8:20 Bus to St Joseph's. RSVP</p> <p>8:20 Bus to St. Paul Lutheran</p> <p>9:00 Bus to Immanuel Lutheran</p> <p>9:20 Bus to First Presbyterian</p> <p>9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht)</p> <p>1:00 Open Scrabble (P)</p> <p>1:00 Sunday Movie - "Larger Than Life" (1996) PG 1h 33min (Tht)</p> <p>1:30 Open Hand in Foot Card Game (CR)</p> <p>3:00 Open Boggle (Cue Room)</p> <p>5:45 Rummy Q (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>13</b></p> <p>9:30 Sit to be Fit (Lofts Lobby)</p> <p>9:30 Threading Needles (AR)</p> <p>10:30 Music Therapy with Dan (Tht)</p> <p>10:45 Lunch Outing to Red Lobster. RSVP</p> <p>12:30 Blood Pressures (P)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Monday Movie - "The Two Popes" (2019) PG-13 2h 5min (Tht)</p> <p>1:00 Open Bridge (CR)</p> <p>1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p>1:30 Outing to Local Thrift Stores. RSVP</p> <p>2:00 Bulletin Board Crafters - (AR)</p> <p>3:00 Tai-Chi (P)</p> <p>6:30 Bible Study (ECU)</p> <p>6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>14</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:00 Glenwood Theater Open House - Come join the Acting Group! (Tht)</p> <p>10:30 Beach Ball Toss (in the Sky Gym)</p> <p>1:00 Beanbag Baseball Teams B &amp; D (SG)</p> <p>1:00 Open Pool (SP)</p> <p>2:30 BINGO (DR)</p> <p>3:00 Happy Hour with Pianist Diome Alcomendac (P)</p> <p>6:00 Rock Painting (AR)</p> <p>6:30 Hymn Sing-A-Long (P)</p> <p>7:00 Open Poker (CR)</p>	<p>7:30 Women &amp; Men's Breakfast! Free. (7:30 - 8:30) (BQ) <b>15</b></p> <p>9:00 Rhythm Reaction (SG)</p> <p>9:30 "Sit to be Fit" (Lofts Lobby)</p> <p>9:30 Veteran's Group (Tht)</p> <p>10:30 Beanbag Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Open Cribbage (CR)</p> <p>1:00 Shopping at Fred Meyer</p> <p>2:30 Let's Play Jeopardy! (Tht)</p> <p>5:45 Rummy Q (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>16</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:30 Book Club hosted by Cynthia (ECU)</p> <p>11:00 History Talks with John Griffin (Tht)</p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag Teams C &amp; D (SG)</p> <p>1:00 5 Crowns Card Game (TL)</p> <p>1:00 Open Pool (SP)</p> <p>2:30 Glentucky Derby Horse Racing - Store is open! Bring your Derby Bucks (Tht)</p> <p>3:00 Tai-Chi (P)</p> <p>4:30 Linda on Piano (DR)</p> <p>4:30 Supper Outing to Patrick's Hawaiian Cafe. RSVP</p>	<p>9:00 Sit To Be Fit (SG) <b>17</b></p> <p>9:30 Shopping at Winco, Walgreens, Dollar Tree, Target, and Safeway</p> <p>10:00 Alzheimer's and Dementia Support Group (Tht)</p> <p>10:00 Chair Massage Therapy - \$20 (ECU)</p> <p>10:30 Beanbag Teams A &amp; B (SG)</p> <p>10:30 Headlines and Donuts (TL)</p> <p>11:15 Grief Support Group (Tht)</p> <p>12:30 Bus to Vanc Mall RSVP</p> <p>1:00 Glenwood Choir (Tht)</p> <p>1:00 Wii Bowling (SG)</p> <p>2:30 Happy Hour Mike Hart (DR)</p> <p>6:00 Friday Night Movie - "The Report" (2019) RATED R 1h 59min (Tht)</p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>18</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p>10:30 Saturday Morning with Madeline (SG)</p> <p>11:00 Sewing Lady - Mending and hemming at a reasonable rate (MR)</p> <p>1:00 Mystery Drive with Carroll. RSVP</p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p>1:00 Symphony Saturday - Rachmaninov, Piano Concerto No. 2 in C minor - Yuja Wang, Yuri Temirkanov (Tht)</p> <p>2:30 BINGO (DR)</p> <p>6:00 Saturday Night Movie - "Seven Brides for Seven Brothers" (1954) G 1h 42min (Tht)</p>

<p>8:20 Bus to Columbia Presbyterian <b>19</b></p> <p>8:20 Bus to St Joseph's. RSVP 8:20 Bus to St. Paul Lutheran 9:00 Bus to Immanuel Lutheran 9:20 Bus to First Presbyterian 9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht) 11:00 Cherie The Card Lady (LL) 1:00 Open Scrabble (P) 1:00 Sunday Movie - "Operation Dumbo Drop" (1995) PG 1h 47min (Tht) 1:30 Open Hand in Foot Card Game (CR) 2:00 Episcopal Communion (ECU) 3:00 Columbia Christian Church (DR) 3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge) 5:45 Rummy Q in the Lofts (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>20</b></p> <p>9:30 Sit to be Fit in the Lofts (Lofts Lobby)</p> <p><b>9:30 Tour of Pendleton Weaving Mill in Washougal. Limited Seating. Free</b></p> <p>9:30 Threading Needles (AR) 12:30 Blood Pressures Reading for Plaza residents (P) 1:00 Aqua Fitness (Pool Room) 1:00 Monday Movie - "Annie" (1982) PG 2h 7min (Tht) 1:00 Open Bridge (CR) 1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p><b>1:00 Tour of Pendleton Weaving Mill in Washougal. Limited Seating. Free.</b></p> <p><b>2:00 Photo Fun with Rebecca! Bring your Camera or Smartphone and let's take photos! (Computer Lab)</b></p> <p>3:00 Tai-Chi - Moving for Better Balance (P) 6:30 Bible Study (ECU) 6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>21</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) 10:00 Glenwood Theater Rehearsal (Tht) 10:30 Beach Ball Toss (in the Sky Gym) 11:30 Free Eyeglass Clinic - eyeglass cleaning and adjustments (LL) 1:00 Beanbag Baseball Teams B &amp; D (SG) 1:00 Farkle with Vicki (P) 1:00 Open Pool (SP) 2:30 BINGO (DR) 3:00 Happy Hour with Stan Lasley (P) 6:30 Hymn Sing-A-Long (P) 7:00 Open Poker (CR)</p> <p><b>7:00 Beanbag Baseball Banquet – Fried Chicken Dinner, drinks, and the award ceremony. Limited to one guest. RSVP. (DR)</b></p>	<p>9:00 Rhythm Reaction Fitness (SG) <b>22</b></p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby) 9:30 Veteran's Group (Tht) 10:30 Beanbag Baseball Teams A &amp; C (SG) 11:30 Jerlean on Piano (DR) 12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby) 1:00 Aqua Fitness (Pool Room) 1:00 Open Cribbage (CR) <b>1:00 Shopping at Fred Meyer</b> <b>2:30 Readings with Nick - Come listen to humorous stories from various popular authors (Tht)</b> 5:45 Rummy Q in the Lofts (Lofts Lobby) 6:30 Bridge (CR) 6:30 Open Pinochle Card Game (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>23</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) <b>10:30 Health Talks with Sabrina (Tht)</b> 12:30 Blood Pressure Reading for Terrace Residents (TL) 1:00 Beanbag Baseball Teams C &amp; D (SG) 1:00 Open Pool (SP) <b>1:00 Po-Ke-No Card Game with Vicki (TL)</b> 2:00 Life Goes On Support Group - with St. Luke's Episcopal Church (ECU) 2:30 BINGO (DR) 3:00 Tai-Chi - Moving for Better Balance (P) 4:30 Linda on Piano (DR) <b>4:30 Supper Outing to Golden City Restaurant. RSVP</b></p>	<p>9:00 Sit To Be Fit (SG) <b>24</b></p> <p><b>9:30 Shopping trip: - Walmart, Trader Joe's, Fred Meyer (RSVP at the front desk.)</b></p> <p>10:00 Chair Massage Therapy - Sign up at the Front Desk. \$20 (ECU) <b>10:30 Ted Talks (Tht)</b> 10:30 Beanbag Baseball Teams A &amp; B (SG) 12:30 Bus to Vancouver Mall. RSVP 1:00 Glenwood Choir (Tht) 1:00 Wii Bowling (SG) <b>2:30 Come Celebrate Chinese New Year with Shelly Voight (DR)</b> 6:00 Friday Night Movie - "Born Free" (1966) PG 1h 35min (Tht)</p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>25</b></p> <p>10:30 Open Chess &amp; Checkers (CR) 10:30 Saturday Morning with Madeline (SG) <b>1:00 5 Minute Mysteries - Entertaining stumpers will sharpen your powers of observation and test your deductive skills (Tht)</b> 1:00 Open Billiards (Cue Room 3rd Floor Lodge) <b>1:30 Outing to the Vancouver Symphony (Admission \$40)</b> 2:30 BINGO (DR) 6:00 Saturday Night Movie - "For Me and My Gal" (1942) 1h 44min (Tht)</p>
<p>8:20 Bus to Columbia Presbyterian <b>26</b></p> <p>8:20 Bus to St Joseph's. RSVP 8:20 Bus to St. Paul Lutheran 9:00 Bus to Immanuel Lutheran 9:20 Bus to First Presbyterian 9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht) 1:00 Open Scrabble (P) 1:00 Sunday Movie - "The Wild Country" (1970) G 1h 40min (Tht) 1:30 Open Hand in Foot Card Game (CR) 3:00 Hymns &amp; Devotions with Ron &amp; Donna (DR) 3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge) 5:45 Rummy Q in the Lofts (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>27</b></p> <p>9:30 Sit to be Fit in the Lofts (Lofts Lobby) 9:30 Threading Needles (AR) <b>10:30 Lunch Outing to Kitchen Table Cafe. RSVP</b></p> <p>10:30 Music Therapy with Dan - Join us for sing alongs and play instruments. (Tht) 12:30 Blood Pressures Reading for Plaza residents (P) 1:00 Aqua Fitness (Pool Room) 1:00 Monday Movie - "The Book Thief" (2013) PG-13 2h 11min (Tht) 1:00 Open Bridge (CR) 1:00 Open Farkle (Cue Room 3rd Floor Lodge) 2:00 Bulletin Board Crafters - come help decorate the bulletin boards with Rebecca! (AR) 3:00 Tai-Chi - Moving for Better Balance (P) 6:30 Bible Study (ECU) 6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>28</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) 10:00 Glenwood Theater Rehearsal (Tht) 10:30 Beach Ball Toss (in the Sky Gym) 1:00 Beanbag Baseball Teams B &amp; D (SG) 1:00 Open Pool (SP) 1:30 Classical Club with Terry. Must do if you are a music lover! (Tht) 2:30 BINGO (DR) 3:00 Happy Hour with Vladimir on Violin (P) 6:30 Hymn Sing-A-Long (P) <b>7:00 Bingo After Dark</b> 7:00 Open Poker (CR)</p>	<p>9:00 Rhythm Reaction Fitness (SG) <b>29</b></p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby) 9:30 Veteran's Group (Tht) <b>10:00 Outing to Fort Vancouver High School for their Community Love Lunch. Free. RSVP</b></p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG) 11:30 Jerlean on Piano (DR) 12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby) 1:00 Aqua Fitness (Pool Room) 1:00 Open Cribbage (CR) <b>1:00 Shopping at Fred Meyer</b> <b>2:30 Brain Games (Tht)</b> 4:00 Linda on Piano (DR) <b>4:00 Lodge Birthday Dinner - RSVP at the Front Desk (DR)</b> 5:45 Rummy Q in the Lofts (Lofts Lobby) 6:30 Bridge (CR) 6:30 Open Pinochle Card Game (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>30</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) <b>10:30 Film Appreciation with Nick - Come explore the aesthetics of cinema, the concepts behind storytelling and various elements of a film (Tht)</b> 12:30 Blood Pressure Reading for Terrace Residents (TL) 1:00 Beanbag Baseball Teams C &amp; D (SG) 1:00 Open Pool (SP) 2:30 BINGO (DR) 3:00 Tai-Chi - Moving for Better Balance (P) <b>4:00 Birthday Dinner for the Plaza, Terrace and Lofts (DR)</b> 4:30 Linda on Piano (DR)</p>	<p>9:00 Sit To Be Fit (SG) <b>31</b></p> <p><b>9:30 Shopping at Winco, Walgreens, Dollar Tree, Target, and Safeway</b></p> <p>10:00 Alzheimer's and Dementia Caregiver Support Group (Tht) 10:00 Chair Massage Therapy - Sign up at the Front Desk. \$20 (ECU) 10:30 Beanbag Baseball Teams A &amp; B (SG) 11:15 Grief Support Group (Tht) <b>12:30 Bus to Vancouver Mall. RSVP</b> <b>1:00 Glenwood Choir (Tht)</b> 1:00 Wii Bowling (SG) 2:30 Happy Hour with Emmy Horowitz (DR) 6:00 Friday Night Movie - "Armstrong" (2019) DOCUMENTARY 1h 40min (Tht)</p>	

## Room Key

(AR) = Activity Room	(AR) = Activity Room 2nd Floor Lodge	(BQ) = Buffet Dining Room	(CR) = Card Room, 3rd Floor Lodge	(COMP) = Computer Room	(CY) = Courtyard	(Cue) = Cue Room, 3rd Floor Lodge
(DR) = Dining Room	(ECU) = ECU Activity Room	(Lbal) = Lodge Balcony 2nd Floor	(Lbal) = Lodge Balcony, 2nd Floor	(DR) = Lodge Dining Room	(LG) = Lodge Gardens	(LLB) = Lodge Library
(LL) = Lodge Lobby	(MR) = Mailroom	(P) = Plaza Community Room	(P) = Plaza Community Room, 2nd floor	(PG) = Plaza Garage	(PP) = Pool Patio	(SP) = Pool Room, Lodge
(SG) = Sky Gym	(SR) = Spa Room, 2nd floor Lodge	(TP) = Terrace Front Patio	(TL) = Terrace Lobby	(TP) = Terrace Lobby/Front Patio Area	(Tht) = Theater	



# Glenwood Place Calendar

# JANUARY 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>DOCTOR DAYS TUESDAYS</b> West of ANDRESEN Road. Salmon Creek, Hazel Dell, Downtown Vancouver &amp; the VA.</p> <p><b>THURSDAYS</b> East of ANDRESEN Road. 87<sup>th</sup> Ave, Cascade Park, Fisher's Landing, Orchards Mall</p>	<p><b>All outings are highlighted in YELLOW.</b></p> <p>Sign up for these events at the front desk. If bus is full, please add your name to the waiting list</p>	<p>Glenwood Place 5500 NE 82nd Ave. Vancouver, WA 98662 (360) 892-1100</p> <p>Email Activities <a href="mailto:navdienko@glenwoodplace.net">navdienko@glenwoodplace.net</a></p>	<p>9:00 Rhythm Reaction Fitness (SG) <b>1</b></p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby)</p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Open Cribbage (CR)</p> <p>1:00 Shopping at Fred Meyer</p> <p>2:00 Rose Bowl on the Big Screen - Ducks vs. Badgers. Pizza &amp; Soda Provided!!! (P)</p> <p>5:45 Rummy Q (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>2</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>11:00 History Talks with John Griffin (Tht)</p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag C &amp; D (SG)</p> <p>1:00 Five Crowns Game (TL)</p> <p>1:00 Open Pool (SP)</p> <p>1:00 Activity Calendar Forum with Nick (Tht)</p> <p>2:30 Glentucky Derby Horse Races (Tht)</p> <p>3:00 Tai-Chi (P)</p> <p>4:30 Linda on Piano (DR)</p> <p>4:45 Supper Outing to Cameo Cafe. RSVP. Limited Seating</p>	<p>9:00 Sit To Be Fit (SG) <b>3</b></p> <p>9:30 Shopping at Winco, Walgreens, Dollar Tree, Target, and Safeway</p> <p>10:00 Chair Massage Therapy - \$20 (ECU)</p> <p>10:30 Brain Games (Tht)</p> <p>10:30 Beanbag A &amp; B (SG)</p> <p>12:30 Bus to Vanc Mall RSVP</p> <p>1:00 Glenwood Choir (Tht)</p> <p>1:00 Wii Bowling (SG)</p> <p>2:30 Happy Hour with Monte Watters (DR)</p> <p>6:00 No Friday Movie (Tht)</p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>4</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p>10:30 Saturday Morning with Madeline (SG)</p> <p>11:00 Sewing Lady - Mending and hemming at a reasonable rate (MR)</p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p>1:00 Symphony Saturday - Yuja Wang performs Schubert and Schumann (Tht)</p> <p>2:30 BINGO (DR)</p> <p>6:00 No Saturday Night Movie (Tht)</p>
<p>8:20 Bus to Columbia Presbyterian <b>5</b></p> <p>8:20 Bus to St Joseph's. RSVP</p> <p>8:20 Bus to St. Paul Lutheran</p> <p>9:00 Bus to Immanuel Lutheran</p> <p>9:20 Bus to First Presbyterian</p> <p>9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht)</p> <p>1:00 Open Scrabble (P)</p> <p>1:00 Sunday Movie - "McFarland, USA" (2015) PG 2h 9min (Tht)</p> <p>1:30 Open Hand in Foot Card Game (CR)</p> <p>2:00 Episcopal Communion (ECU)</p> <p>3:00 First Christian Church Service (DR)</p> <p>3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge)</p> <p>5:45 Rummy Q in the Lofts (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>6</b></p> <p>9:30 Casino Outing to Ilani Casino - RSVP Bring \$</p> <p>9:30 Sit to be Fit in the Lofts (Lofts Lobby)</p> <p>9:30 Threading Needles (AR)</p> <p>10:30 "People and Stories" Reading Group (LLB)</p> <p>10:30 Computer Lab - Bring your laptop, phone, or tablet and get your questions answered. (COMP)</p> <p>12:30 Blood Pressures Reading for Plaza residents (P)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Monday Movie - "Cinema Paradiso" (1988) FOREIGN FILM - RATED R 2h 35min (Tht)</p> <p>1:00 Open Bridge (CR)</p> <p>1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p>3:00 Tai-Chi (P)</p> <p>5:45 Bunco with Vicki. RSVP with Vicki (P)</p> <p>6:30 Bible Study (ECU)</p> <p>6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>7</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:00 Glenwood Theater Rehearsal (Tht)</p> <p>10:00 NEW - Kitchen Tours. RSVP at the Front Desk. Meet in the Lobby (LL)</p> <p>10:30 Beach Ball Toss (in the Sky Gym)</p> <p>1:00 Beanbag Teams B &amp; D (SG)</p> <p>1:00 Farkle with Vicki (P)</p> <p>1:00 Open Pool (SP)</p> <p>1:00 Watercolor with Becky (AR)</p> <p>2:00 NEW - Kitchen Tours. RSVP at the Front Desk. Meet in the Lobby (LL)</p> <p>2:30 BINGO (DR)</p> <p>3:00 Happy Hour with William Spilette (P)</p> <p>6:00 Rock Painting (AR)</p> <p>6:30 Hymn Sing-A-Long (P)</p> <p>7:00 Open Poker (CR)</p>	<p>8:00 Pedicures with Dawn - Cost is \$25, pay her. Sign up at the front desk for a time slot. (AR) <b>8</b></p> <p>9:00 Rhythm Reaction Fitness (SG)</p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby)</p> <p>9:30 Veteran's Group (Tht)</p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Language Club - Want to Learn Sign Language? One of our residents will be teaching! (COMP)</p> <p>1:00 Open Cribbage (CR)</p> <p>1:00 Red Hat Ladies - Tea &amp; Movie (Tht)</p> <p>1:00 Shopping at Fred Meyer</p> <p>5:45 Rummy Q (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>9</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:30 Health Talks with Sabrina (Tht)</p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag Baseball Teams C &amp; D (SG)</p> <p>1:00 Open Pool (SP)</p> <p>1:00 Po-Ke-No Card Game with Vicki (TL)</p> <p>2:30 Bingo Auction - Bring Your Bingo Bucks to Bid on Some Great Prizes (In the Dining Room)</p> <p>3:00 Tai-Chi - Moving for Better Balance (P)</p> <p>4:30 Linda on Piano (DR)</p> <p>4:30 Supper Outing to The Hammond Kitchen &amp; Craft Bar in Camas. RSVP</p>	<p>9:00 Sit To Be Fit (SG) <b>10</b></p> <p>9:30 Shopping trip: - Walmart, Trader Joe's, Fred Meyer (RSVP at the front desk.)</p> <p>10:00 Alzheimer's and Dementia Caregiver Support Group (Tht)</p> <p>10:00 Chair Massage Therapy - Sign up at the Front Desk. \$20 (ECU)</p> <p>10:30 Beanbag Teams A &amp; B (SG)</p> <p>11:15 Grief Support Group (Tht)</p> <p>12:30 Bus to Vanc Mall RSVP</p> <p>12:30 Glenwood Choir (Tht)</p> <p>1:00 Wii Bowling (SG)</p> <p>1:30 Residents Association Meeting (DR)</p> <p>2:30 Happy Hour with Karen Overton (DR)</p> <p>6:00 No Friday Movie</p> <p>7:00 Performance - The Dynamic Duo of Reno and Cindy Hollar. Great dancing music and songs (DR)</p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>11</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p>10:30 Saturday Morning with Madeline (SG)</p> <p>1:00 All the World's a Zoo (Tht)</p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p>2:00 Encore Performance - More Music with Reno and Cindy Hollar (DR)</p> <p>6:00 Saturday Night Movie - "Downton Abbey" (2019) PG 2h 2min (Tht)</p>
<p>8:20 Bus to Columbia Presbyterian <b>12</b></p> <p>8:20 Bus to St Joseph's. RSVP</p> <p>8:20 Bus to St. Paul Lutheran</p> <p>9:00 Bus to Immanuel Lutheran</p> <p>9:20 Bus to First Presbyterian</p> <p>9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht)</p> <p>1:00 Open Scrabble (P)</p> <p>1:00 Sunday Movie - "Larger Than Life" (1996) PG 1h 33min (Tht)</p> <p>1:30 Open Hand in Foot Card Game (CR)</p> <p>3:00 Open Boggle (Cue Room)</p> <p>5:45 Rummy Q (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>13</b></p> <p>9:30 Sit to be Fit (Lofts Lobby)</p> <p>9:30 Threading Needles (AR)</p> <p>10:30 Music Therapy with Dan (Tht)</p> <p>10:45 Lunch Outing to Red Lobster. RSVP</p> <p>12:30 Blood Pressures (P)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Monday Movie - "The Two Popes" (2019) PG-13 2h 5min (Tht)</p> <p>1:00 Open Bridge (CR)</p> <p>1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p>1:30 Outing to Local Thrift Stores. RSVP</p> <p>2:00 Bulletin Board Crafters - (AR)</p> <p>3:00 Tai-Chi (P)</p> <p>6:30 Bible Study (ECU)</p> <p>6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>14</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:00 Glenwood Theater Open House - Come join the Acting Group! (Tht)</p> <p>10:30 Beach Ball Toss (in the Sky Gym)</p> <p>1:00 Beanbag Baseball Teams B &amp; D (SG)</p> <p>1:00 Open Pool (SP)</p> <p>2:30 BINGO (DR)</p> <p>3:00 Happy Hour with Pianist Diome Alcomendac (P)</p> <p>6:00 Rock Painting (AR)</p> <p>6:30 Hymn Sing-A-Long (P)</p> <p>7:00 Open Poker (CR)</p>	<p>7:30 Women &amp; Men's Breakfast! Free. (7:30 - 8:30) (BQ) <b>15</b></p> <p>9:00 Rhythm Reaction (SG)</p> <p>9:30 "Sit to be Fit" (Lofts Lobby)</p> <p>9:30 Veteran's Group (Tht)</p> <p>10:30 Beanbag Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Open Cribbage (CR)</p> <p>1:00 Shopping at Fred Meyer</p> <p>2:30 Let's Play Jeopardy! (Tht)</p> <p>5:45 Rummy Q (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>16</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:30 Book Club hosted by Cynthia (ECU)</p> <p>11:00 History Talks with John Griffin (Tht)</p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag Teams C &amp; D (SG)</p> <p>1:00 5 Crowns Card Game (TL)</p> <p>1:00 Open Pool (SP)</p> <p>2:30 Glentucky Derby Horse Racing - Store is open! Bring your Derby Bucks (Tht)</p> <p>3:00 Tai-Chi (P)</p> <p>4:30 Linda on Piano (DR)</p> <p>4:30 Supper Outing to Patrick's Hawaiian Cafe. RSVP</p>	<p>9:00 Sit To Be Fit (SG) <b>17</b></p> <p>9:30 Shopping at Winco, Walgreens, Dollar Tree, Target, and Safeway</p> <p>10:00 Alzheimer's and Dementia Support Group (Tht)</p> <p>10:00 Chair Massage Therapy - \$20 (ECU)</p> <p>10:30 Beanbag Teams A &amp; B (SG)</p> <p>10:30 Headlines and Donuts (TL)</p> <p>11:15 Grief Support Group (Tht)</p> <p>12:30 Bus to Vanc Mall RSVP</p> <p>1:00 Glenwood Choir (Tht)</p> <p>1:00 Wii Bowling (SG)</p> <p>2:30 Happy Hour Mike Hart (DR)</p> <p>6:00 Friday Night Movie - "The Report" (2019) RATED R 1h 59min (Tht)</p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>18</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p>10:30 Saturday Morning with Madeline (SG)</p> <p>11:00 Sewing Lady - Mending and hemming at a reasonable rate (MR)</p> <p>1:00 Mystery Drive with Carroll. RSVP</p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p>1:00 Symphony Saturday - Rachmaninov, Piano Concerto No. 2 in C minor - Yuja Wang, Yuri Temirkanov (Tht)</p> <p>2:30 BINGO (DR)</p> <p>6:00 Saturday Night Movie - "Seven Brides for Seven Brothers" (1954) G 1h 42min (Tht)</p>

<p>8:20 Bus to Columbia Presbyterian <b>19</b></p> <p>8:20 Bus to St Joseph's. RSVP 8:20 Bus to St. Paul Lutheran 9:00 Bus to Immanuel Lutheran 9:20 Bus to First Presbyterian 9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht) 11:00 Cherie The Card Lady (LL) 1:00 Open Scrabble (P) 1:00 Sunday Movie - "Operation Dumbo Drop" (1995) PG 1h 47min (Tht) 1:30 Open Hand in Foot Card Game (CR) 2:00 Episcopal Communion (ECU) 3:00 Columbia Christian Church (DR) 3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge) 5:45 Rummy Q in the Lofts (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>20</b></p> <p>9:30 Sit to be Fit in the Lofts (Lofts Lobby)</p> <p><b>9:30 Tour of Pendleton Weaving Mill in Washougal. Limited Seating. Free</b></p> <p>9:30 Threading Needles (AR) 12:30 Blood Pressures Reading for Plaza residents (P) 1:00 Aqua Fitness (Pool Room) 1:00 Monday Movie - "Annie" (1982) PG 2h 7min (Tht) 1:00 Open Bridge (CR) 1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p><b>1:00 Tour of Pendleton Weaving Mill in Washougal. Limited Seating Free.</b></p> <p><b>2:00 Photo Fun with Rebecca! Bring your Camera or Smartphone and let's take photos! (Computer Lab)</b></p> <p>3:00 Tai-Chi - Moving for Better Balance (P) 6:30 Bible Study (ECU) 6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>21</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) 10:00 Glenwood Theater Rehearsal (Tht) 10:30 Beach Ball Toss (in the Sky Gym) 11:30 Free Eyeglass Clinic - eyeglass cleaning and adjustments (LL) 1:00 Beanbag Baseball Teams B &amp; D (SG) 1:00 Farkle with Vicki (P) 1:00 Open Pool (SP) 2:30 BINGO (DR) 3:00 Happy Hour with Stan Lasley (P) 6:30 Hymn Sing-A-Long (P) 7:00 Open Poker (CR)</p> <p><b>7:00 Beanbag Baseball Banquet – Fried Chicken Dinner, drinks, and the award ceremony. Limited to one guest. RSVP. (DR)</b></p>	<p>9:00 Rhythm Reaction Fitness (SG) <b>22</b></p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby) 9:30 Veteran's Group (Tht) 10:30 Beanbag Baseball Teams A &amp; C (SG) 11:30 Jerlean on Piano (DR) 12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby) 1:00 Aqua Fitness (Pool Room) 1:00 Open Cribbage (CR) <b>1:00 Shopping at Fred Meyer</b> <b>2:30 Readings with Nick - Come listen to humorous stories from various popular authors (Tht)</b> 5:45 Rummy Q in the Lofts (Lofts Lobby) 6:30 Bridge (CR) 6:30 Open Pinochle Card Game (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>23</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) <b>10:30 Health Talks with Sabrina (Tht)</b> 12:30 Blood Pressure Reading for Terrace Residents (TL) 1:00 Beanbag Baseball Teams C &amp; D (SG) 1:00 Open Pool (SP) <b>1:00 Po-Ke-No Card Game with Vicki (TL)</b> 2:00 Life Goes On Support Group - with St. Luke's Episcopal Church (ECU) 2:30 BINGO (DR) 3:00 Tai-Chi - Moving for Better Balance (P) 4:30 Linda on Piano (DR) <b>4:30 Supper Outing to Golden City Restaurant. RSVP</b></p>	<p>9:00 Sit To Be Fit (SG) <b>24</b></p> <p><b>9:30 Shopping trip: - Walmart, Trader Joe's, Fred Meyer (RSVP at the front desk.)</b></p> <p>10:00 Chair Massage Therapy - Sign up at the Front Desk. \$20 (ECU) <b>10:30 Ted Talks (Tht)</b> 10:30 Beanbag Baseball Teams A &amp; B (SG) 12:30 Bus to Vancouver Mall. RSVP 1:00 Glenwood Choir (Tht) 1:00 Wii Bowling (SG) <b>2:30 Come Celebrate Chinese New Year with Shelly Voight (DR)</b> 6:00 Friday Night Movie - "Born Free" (1966) PG 1h 35min (Tht)</p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>25</b></p> <p>10:30 Open Chess &amp; Checkers (CR) 10:30 Saturday Morning with Madeline (SG) <b>1:00 5 Minute Mysteries - Entertaining stumpers will sharpen your powers of observation and test your deductive skills (Tht)</b> 1:00 Open Billiards (Cue Room 3rd Floor Lodge) <b>1:30 Outing to the Vancouver Symphony (Admission \$40)</b> 2:30 BINGO (DR) 6:00 Saturday Night Movie - "For Me and My Gal" (1942) 1h 44min (Tht)</p>
<p>8:20 Bus to Columbia Presbyterian <b>26</b></p> <p>8:20 Bus to St Joseph's. RSVP 8:20 Bus to St. Paul Lutheran 9:00 Bus to Immanuel Lutheran 9:20 Bus to First Presbyterian 9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht) 1:00 Open Scrabble (P) 1:00 Sunday Movie - "The Wild Country" (1970) G 1h 40min (Tht) 1:30 Open Hand in Foot Card Game (CR) 3:00 Hymns &amp; Devotions with Ron &amp; Donna (DR) 3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge) 5:45 Rummy Q in the Lofts (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>27</b></p> <p>9:30 Sit to be Fit in the Lofts (Lofts Lobby) 9:30 Threading Needles (AR) <b>10:30 Lunch Outing to Kitchen Table Cafe. RSVP</b></p> <p>10:30 Music Therapy with Dan - Join us for sing alongs and play instruments. (Tht) 12:30 Blood Pressures Reading for Plaza residents (P) 1:00 Aqua Fitness (Pool Room) 1:00 Monday Movie - "The Book Thief" (2013) PG-13 2h 11min (Tht) 1:00 Open Bridge (CR) 1:00 Open Farkle (Cue Room 3rd Floor Lodge) 2:00 Bulletin Board Crafters - come help decorate the bulletin boards with Rebecca! (AR) 3:00 Tai-Chi - Moving for Better Balance (P) 6:30 Bible Study (ECU) 6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>28</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) 10:00 Glenwood Theater Rehearsal (Tht) 10:30 Beach Ball Toss (in the Sky Gym) 1:00 Beanbag Baseball Teams B &amp; D (SG) 1:00 Open Pool (SP) 1:30 Classical Club with Terry. Must do if you are a music lover! (Tht) 2:30 BINGO (DR) 3:00 Happy Hour with Vladimir on Violin (P) 6:30 Hymn Sing-A-Long (P) <b>7:00 Bingo After Dark</b> 7:00 Open Poker (CR)</p>	<p>9:00 Rhythm Reaction Fitness (SG) <b>29</b></p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby) 9:30 Veteran's Group (Tht) <b>10:00 Outing to Fort Vancouver High School for their Community Love Lunch. Free. RSVP</b></p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG) 11:30 Jerlean on Piano (DR) 12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby) 1:00 Aqua Fitness (Pool Room) 1:00 Open Cribbage (CR) <b>1:00 Shopping at Fred Meyer</b> <b>2:30 Brain Games (Tht)</b> 4:00 Linda on Piano (DR) <b>4:00 Lodge Birthday Dinner - RSVP at the Front Desk (DR)</b> 5:45 Rummy Q in the Lofts (Lofts Lobby) 6:30 Bridge (CR) 6:30 Open Pinochle Card Game (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>30</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) <b>10:30 Film Appreciation with Nick - Come explore the aesthetics of cinema, the concepts behind storytelling and various elements of a film (Tht)</b> 12:30 Blood Pressure Reading for Terrace Residents (TL) 1:00 Beanbag Baseball Teams C &amp; D (SG) 1:00 Open Pool (SP) 2:30 BINGO (DR) 3:00 Tai-Chi - Moving for Better Balance (P) <b>4:00 Birthday Dinner for the Plaza, Terrace and Lofts (DR)</b> 4:30 Linda on Piano (DR)</p>	<p>9:00 Sit To Be Fit (SG) <b>31</b></p> <p><b>9:30 Shopping at Winco, Walgreens, Dollar Tree, Target, and Safeway</b></p> <p>10:00 Alzheimer's and Dementia Caregiver Support Group (Tht) 10:00 Chair Massage Therapy - Sign up at the Front Desk. \$20 (ECU) 10:30 Beanbag Baseball Teams A &amp; B (SG) 11:15 Grief Support Group (Tht) <b>12:30 Bus to Vancouver Mall. RSVP</b> <b>1:00 Glenwood Choir (Tht)</b> 1:00 Wii Bowling (SG) 2:30 Happy Hour with Emmy Horowitz (DR) 6:00 Friday Night Movie - "Armstrong" (2019) DOCUMENTARY 1h 40min (Tht)</p>	

## Room Key

(AR) = Activity Room	(AR) = Activity Room 2nd Floor Lodge	(BQ) = Buffet Dining Room	(CR) = Card Room, 3rd Floor Lodge	(COMP) = Computer Room	(CY) = Courtyard	(Cue) = Cue Room, 3rd Floor Lodge
(DR) = Dining Room	(ECU) = ECU Activity Room	(Lbal) = Lodge Balcony 2nd Floor	(Lbal) = Lodge Balcony, 2nd Floor	(DR) = Lodge Dining Room	(LG) = Lodge Gardens	(LLB) = Lodge Library
(LL) = Lodge Lobby	(MR) = Mailroom	(P) = Plaza Community Room	(P) = Plaza Community Room, 2nd floor	(PG) = Plaza Garage	(PP) = Pool Patio	(SP) = Pool Room, Lodge
(SG) = Sky Gym	(SR) = Spa Room, 2nd floor Lodge	(TP) = Terrace Front Patio	(TL) = Terrace Lobby	(TP) = Terrace Lobby/Front Patio Area	(Tht) = Theater	



# Glenwood Place Calendar

# JANUARY 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>DOCTOR DAYS TUESDAYS</b> West of ANDRESEN Road. Salmon Creek, Hazel Dell, Downtown Vancouver &amp; the VA.</p> <p><b>THURSDAYS</b> East of ANDRESEN Road. 87<sup>th</sup> Ave, Cascade Park, Fisher's Landing, Orchards Mall</p>	<p><b>All outings are highlighted in YELLOW.</b></p> <p><b>Sign up for these events at the front desk. If bus is full, please add your name to the waiting list</b></p>	<p>Glenwood Place 5500 NE 82nd Ave. Vancouver, WA 98662 (360) 892-1100</p> <p><b>Email Activities</b> <a href="mailto:navdienko@glenwoodplace.net">navdienko@glenwoodplace.net</a></p>	<p>9:00 Rhythm Reaction Fitness (SG) <b>1</b></p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby)</p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Open Cribbage (CR)</p> <p><b>1:00 Shopping at Fred Meyer</b></p> <p><b>2:00 Rose Bowl on the Big Screen - Ducks vs. Badgers. Pizza &amp; Soda Provided!!! (P)</b></p> <p>5:45 Rummy Q (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>2</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p><b>11:00 History Talks with John Griffin (Th)</b></p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag C &amp; D (SG)</p> <p>1:00 Five Crowns Game (TL)</p> <p>1:00 Open Pool (SP)</p> <p><b>1:00 Activity Calendar Forum with Nick (Th)</b></p> <p>2:30 Glentucky Derby Horse Races (Th)</p> <p>3:00 Tai-Chi (P)</p> <p>4:30 Linda on Piano (DR)</p> <p><b>4:45 Supper Outing to Cameo Cafe. RSVP. Limited Seating</b></p>	<p>9:00 Sit To Be Fit (SG) <b>3</b></p> <p><b>9:30 Shopping at Winco, Walgreens, Dollar Tree, Target, and Safeway</b></p> <p>10:00 Chair Massage Therapy - \$20 (ECU)</p> <p><b>10:30 Brain Games (Th)</b></p> <p>10:30 Beanbag A &amp; B (SG)</p> <p><b>12:30 Bus to Vanc Mall RSVP</b></p> <p>1:00 Glenwood Choir (Th)</p> <p>1:00 Wii Bowling (SG)</p> <p><b>2:30 Happy Hour with Monte Watters (DR)</b></p> <p><b>6:00 No Friday Movie (Th)</b></p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>4</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p><b>10:30 Saturday Morning with Madeline (SG)</b></p> <p>11:00 Sewing Lady - Mending and hemming at a reasonable rate (MR)</p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p>1:00 Symphony Saturday - Yuja Wang performs Schubert and Schumann (Th)</p> <p>2:30 BINGO (DR)</p> <p><b>6:00 No Saturday Night Movie (Th)</b></p>
<p><b>5</b></p> <p>8:20 Bus to Columbia Presbyterian</p> <p>8:20 Bus to St Joseph's. RSVP</p> <p>8:20 Bus to St. Paul Lutheran</p> <p>9:00 Bus to Immanuel Lutheran</p> <p>9:20 Bus to First Presbyterian</p> <p>9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Th)</p> <p>1:00 Open Scrabble (P)</p> <p>1:00 Sunday Movie - "McFarland, USA" (2015) PG 2h 9min (Th)</p> <p>1:30 Open Hand in Foot Card Game (CR)</p> <p>2:00 Episcopal Communion (ECU)</p> <p>3:00 First Christian Church Service (DR)</p> <p>3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge)</p> <p>5:45 Rummy Q in the Lofts (Lofts Lobby)</p>	<p><b>6</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p><b>9:30 Casino Outing to Ilani Casino - RSVP Bring \$</b></p> <p>9:30 Sit to be Fit in the Lofts (Lofts Lobby)</p> <p>9:30 Threading Needles (AR)</p> <p>10:30 "People and Stories" Reading Group (LLB)</p> <p>10:30 Computer Lab - Bring your laptop, phone, or tablet and get your questions answered. (COMP)</p> <p>12:30 Blood Pressures Reading for Plaza residents (P)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Monday Movie - "Cinema Paradiso" (1988) FOREIGN FILM - RATED R 2h 35min (Th)</p> <p>1:00 Open Bridge (CR)</p> <p>1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p>3:00 Tai-Chi (P)</p> <p>5:45 Bunco with Vicki. RSVP with Vicki (P)</p> <p>6:30 Bible Study (ECU)</p> <p>6:30 Open Pinochle (CR)</p>	<p><b>7</b></p> <p>7:00 Aqua Fitness (SP)</p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:00 Glenwood Theater Rehearsal (Th)</p> <p><b>10:00 NEW - Kitchen Tours. RSVP at the Front Desk. Meet in the Lobby (LL)</b></p> <p>10:30 Beach Ball Toss (in the Sky Gym)</p> <p>1:00 Beanbag Teams B &amp; D (SG)</p> <p>1:00 Farkle with Vicki (P)</p> <p>1:00 Open Pool (SP)</p> <p>1:00 Watercolor with Becky (AR)</p> <p><b>2:00 NEW - Kitchen Tours. RSVP at the Front Desk. Meet in the Lobby (LL)</b></p> <p>2:30 BINGO (DR)</p> <p>3:00 Happy Hour with William Spilette (P)</p> <p>6:00 Rock Painting (AR)</p> <p>6:30 Hymn Sing-A-Long (P)</p> <p>7:00 Open Poker (CR)</p>	<p><b>8</b></p> <p>8:00 Pedicures with Dawn - Cost is \$25, pay her. Sign up at the front desk for a time slot. (AR)</p> <p>9:00 Rhythm Reaction Fitness (SG)</p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby)</p> <p>9:30 Veteran's Group (Th)</p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Language Club - Want to Learn Sign Language? One of our residents will be teaching! (COMP)</p> <p>1:00 Open Cribbage (CR)</p> <p><b>1:00 Red Hat Ladies - Tea &amp; Movie (Th)</b></p> <p><b>1:00 Shopping at Fred Meyer</b></p> <p>5:45 Rummy Q (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle (COMP)</p>	<p><b>9</b></p> <p>7:00 Aqua Fitness (SP)</p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p><b>10:30 Health Talks with Sabrina (Th)</b></p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag Baseball Teams C &amp; D (SG)</p> <p>1:00 Open Pool (SP)</p> <p><b>1:00 Po-Ke-No Card Game with Vicki (TL)</b></p> <p><b>2:30 Bingo Auction - Bring Your Bingo Bucks to Bid on Some Great Prizes (In the Dining Room)</b></p> <p>3:00 Tai-Chi - Moving for Better Balance (P)</p> <p>4:30 Linda on Piano (DR)</p> <p><b>4:30 Supper Outing to The Hammond Kitchen &amp; Craft Bar in Camas. RSVP</b></p>	<p><b>10</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p><b>9:30 Shopping trip: - Walmart, Trader Joe's, Fred Meyer (RSVP at the front desk.)</b></p> <p>10:00 Alzheimer's and Dementia Caregiver Support Group (Th)</p> <p>10:00 Chair Massage Therapy - Sign up at the Front Desk. \$20 (ECU)</p> <p>10:30 Beanbag Teams A &amp; B (SG)</p> <p>11:15 Grief Support Group (Th)</p> <p><b>12:30 Bus to Vanc Mall RSVP</b></p> <p><b>12:30 Glenwood Choir (Th)</b></p> <p>1:00 Wii Bowling (SG)</p> <p><b>1:30 Residents Association Meeting (DR)</b></p> <p>2:30 Happy Hour with Karen Overton (DR)</p> <p>6:00 No Friday Movie</p> <p><b>7:00 Performance - The Dynamic Duo of Reno and Cindy Hollar. Great dancing music and songs (DR)</b></p>	<p><b>11</b></p> <p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge)</p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p>10:30 Saturday Morning with Madeline (SG)</p> <p><b>1:00 All the World's a Zoo (Th)</b></p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p><b>2:00 Encore Performance - More Music with Reno and Cindy Hollar (DR)</b></p> <p>6:00 Saturday Night Movie - "Downton Abbey" (2019) PG 2h 2min (Th)</p>
<p><b>12</b></p> <p>8:20 Bus to Columbia Presbyterian</p> <p>8:20 Bus to St Joseph's. RSVP</p> <p>8:20 Bus to St. Paul Lutheran</p> <p>9:00 Bus to Immanuel Lutheran</p> <p>9:20 Bus to First Presbyterian</p> <p>9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Th)</p> <p>1:00 Open Scrabble (P)</p> <p>1:00 Sunday Movie - "Larger Than Life" (1996) PG 1h 33min (Th)</p> <p>1:30 Open Hand in Foot Card Game (CR)</p> <p>3:00 Open Boggle (Cue Room)</p> <p>5:45 Rummy Q (Lofts Lobby)</p>	<p><b>13</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:30 Sit to be Fit (Lofts Lobby)</p> <p>9:30 Threading Needles (AR)</p> <p>10:30 Music Therapy with Dan (Th)</p> <p><b>10:45 Lunch Outing to Red Lobster. RSVP</b></p> <p>12:30 Blood Pressures (P)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Monday Movie - "The Two Popes" (2019) PG-13 2h 5min (Th)</p> <p>1:00 Open Bridge (CR)</p> <p>1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p><b>1:30 Outing to Local Thrift Stores. RSVP</b></p> <p>2:00 Bulletin Board Crafters - (AR)</p> <p>3:00 Tai-Chi (P)</p> <p>6:30 Bible Study (ECU)</p> <p>6:30 Open Pinochle (CR)</p>	<p><b>14</b></p> <p>7:00 Aqua Fitness (SP)</p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p><b>10:00 Glenwood Theater Open House - Come join the Acting Group! (Th)</b></p> <p>10:30 Beach Ball Toss (in the Sky Gym)</p> <p>1:00 Beanbag Baseball Teams B &amp; D (SG)</p> <p>1:00 Open Pool (SP)</p> <p>2:30 BINGO (DR)</p> <p>3:00 Happy Hour with Pianist Diome Alcomendac (P)</p> <p>6:00 Rock Painting (AR)</p> <p>6:30 Hymn Sing-A-Long (P)</p> <p>7:00 Open Poker (CR)</p>	<p><b>15</b></p> <p>7:30 Women &amp; Men's Breakfast! Free. (7:30 - 8:30) (BQ)</p> <p>9:00 Rhythm Reaction (SG)</p> <p>9:30 "Sit to be Fit" (Lofts Lobby)</p> <p>9:30 Veteran's Group (Th)</p> <p>10:30 Beanbag Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Open Cribbage (CR)</p> <p><b>1:00 Shopping at Fred Meyer</b></p> <p><b>2:30 Let's Play Jeopardy! (Th)</b></p> <p>5:45 Rummy Q (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle (COMP)</p>	<p><b>16</b></p> <p>7:00 Aqua Fitness (SP)</p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:30 Book Club hosted by Cynthia (ECU)</p> <p>11:00 History Talks with John Griffin (Th)</p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag Teams C &amp; D (SG)</p> <p>1:00 5 Crowns Card Game (TL)</p> <p>1:00 Open Pool (SP)</p> <p><b>2:30 Glentucky Derby Horse Racing - Store is open! Bring your Derby Bucks (Th)</b></p> <p>3:00 Tai-Chi (P)</p> <p>4:30 Linda on Piano (DR)</p> <p><b>4:30 Supper Outing to Patrick's Hawaiian Cafe. RSVP</b></p>	<p><b>17</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p><b>9:30 Shopping at Winco, Walgreens, Dollar Tree, Target, and Safeway</b></p> <p>10:00 Alzheimer's and Dementia Support Group (Th)</p> <p>10:00 Chair Massage Therapy - \$20 (ECU)</p> <p>10:30 Beanbag Teams A &amp; B (SG)</p> <p><b>10:30 Headlines and Donuts (TL)</b></p> <p>11:15 Grief Support Group (Th)</p> <p><b>12:30 Bus to Vanc Mall RSVP</b></p> <p>1:00 Glenwood Choir (Th)</p> <p>1:00 Wii Bowling (SG)</p> <p>2:30 Happy Hour Mike Hart (DR)</p> <p>6:00 Friday Night Movie - "The Report" (2019) RATED R 1h 59min (Th)</p>	<p><b>18</b></p> <p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge)</p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p>10:30 Saturday Morning with Madeline (SG)</p> <p>11:00 Sewing Lady - Mending and hemming at a reasonable rate (MR)</p> <p><b>1:00 Mystery Drive with Carroll. RSVP</b></p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p>1:00 Symphony Saturday - Rachmaninov, Piano Concerto No. 2 in C minor - Yuja Wang, Yuri Temirkanov (Th)</p> <p>2:30 BINGO (DR)</p> <p>6:00 Saturday Night Movie - "Seven Brides for Seven Brothers" (1954) G 1h 42min (Th)</p>

<p>8:20 Bus to Columbia Presbyterian <b>19</b></p> <p>8:20 Bus to St Joseph's. RSVP 8:20 Bus to St. Paul Lutheran 9:00 Bus to Immanuel Lutheran 9:20 Bus to First Presbyterian 9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht) 11:00 Cherie The Card Lady (LL) 1:00 Open Scrabble (P) 1:00 Sunday Movie - "Operation Dumbo Drop" (1995) PG 1h 47min (Tht) 1:30 Open Hand in Foot Card Game (CR) 2:00 Episcopal Communion (ECU) 3:00 Columbia Christian Church (DR) 3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge) 5:45 Rummy Q in the Lofts (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>20</b></p> <p>9:30 Sit to be Fit in the Lofts (Lofts Lobby)</p> <p><b>9:30 Tour of Pendleton Weaving Mill in Washougal. Limited Seating. Free</b></p> <p>9:30 Threading Needles (AR) 12:30 Blood Pressures Reading for Plaza residents (P) 1:00 Aqua Fitness (Pool Room) 1:00 Monday Movie - "Annie" (1982) PG 2h 7min (Tht) 1:00 Open Bridge (CR) 1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p><b>1:00 Tour of Pendleton Weaving Mill in Washougal. Limited Seating Free.</b></p> <p><b>2:00 Photo Fun with Rebecca! Bring your Camera or Smartphone and let's take photos! (Computer Lab)</b></p> <p>3:00 Tai-Chi - Moving for Better Balance (P) 6:30 Bible Study (ECU) 6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>21</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) 10:00 Glenwood Theater Rehearsal (Tht) 10:30 Beach Ball Toss (in the Sky Gym) 11:30 Free Eyeglass Clinic - eyeglass cleaning and adjustments (LL) 1:00 Beanbag Baseball Teams B &amp; D (SG) 1:00 Farkle with Vicki (P) 1:00 Open Pool (SP) 2:30 BINGO (DR) 3:00 Happy Hour with Stan Lasley (P) 6:30 Hymn Sing-A-Long (P) 7:00 Open Poker (CR)</p> <p><b>7:00 Beanbag Baseball Banquet – Fried Chicken Dinner, drinks, and the award ceremony. Limited to one guest. RSVP. (DR)</b></p>	<p>9:00 Rhythm Reaction Fitness (SG) <b>22</b></p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby) 9:30 Veteran's Group (Tht) 10:30 Beanbag Baseball Teams A &amp; C (SG) 11:30 Jerlean on Piano (DR) 12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby) 1:00 Aqua Fitness (Pool Room) 1:00 Open Cribbage (CR) <b>1:00 Shopping at Fred Meyer</b> <b>2:30 Readings with Nick - Come listen to humorous stories from various popular authors (Tht)</b> 5:45 Rummy Q in the Lofts (Lofts Lobby) 6:30 Bridge (CR) 6:30 Open Pinochle Card Game (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>23</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) <b>10:30 Health Talks with Sabrina (Tht)</b> 12:30 Blood Pressure Reading for Terrace Residents (TL) 1:00 Beanbag Baseball Teams C &amp; D (SG) 1:00 Open Pool (SP) <b>1:00 Po-Ke-No Card Game with Vicki (TL)</b> 2:00 Life Goes On Support Group - with St. Luke's Episcopal Church (ECU) 2:30 BINGO (DR) 3:00 Tai-Chi - Moving for Better Balance (P) 4:30 Linda on Piano (DR) <b>4:30 Supper Outing to Golden City Restaurant. RSVP</b></p>	<p>9:00 Sit To Be Fit (SG) <b>24</b></p> <p><b>9:30 Shopping trip: - Walmart, Trader Joe's, Fred Meyer (RSVP at the front desk.)</b></p> <p>10:00 Chair Massage Therapy - Sign up at the Front Desk. \$20 (ECU) <b>10:30 Ted Talks (Tht)</b> 10:30 Beanbag Baseball Teams A &amp; B (SG) 12:30 Bus to Vancouver Mall. RSVP 1:00 Glenwood Choir (Tht) 1:00 Wii Bowling (SG) <b>2:30 Come Celebrate Chinese New Year with Shelly Voight (DR)</b> 6:00 Friday Night Movie - "Born Free" (1966) PG 1h 35min (Tht)</p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>25</b></p> <p>10:30 Open Chess &amp; Checkers (CR) 10:30 Saturday Morning with Madeline (SG) <b>1:00 5 Minute Mysteries - Entertaining stumpers will sharpen your powers of observation and test your deductive skills (Tht)</b> 1:00 Open Billiards (Cue Room 3rd Floor Lodge) <b>1:30 Outing to the Vancouver Symphony (Admission \$40)</b> 2:30 BINGO (DR) 6:00 Saturday Night Movie - "For Me and My Gal" (1942) 1h 44min (Tht)</p>
<p>8:20 Bus to Columbia Presbyterian <b>26</b></p> <p>8:20 Bus to St Joseph's. RSVP 8:20 Bus to St. Paul Lutheran 9:00 Bus to Immanuel Lutheran 9:20 Bus to First Presbyterian 9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht) 1:00 Open Scrabble (P) 1:00 Sunday Movie - "The Wild Country" (1970) G 1h 40min (Tht) 1:30 Open Hand in Foot Card Game (CR) 3:00 Hymns &amp; Devotions with Ron &amp; Donna (DR) 3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge) 5:45 Rummy Q in the Lofts (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>27</b></p> <p>9:30 Sit to be Fit in the Lofts (Lofts Lobby) 9:30 Threading Needles (AR) <b>10:30 Lunch Outing to Kitchen Table Cafe. RSVP</b></p> <p>10:30 Music Therapy with Dan - Join us for sing alongs and play instruments. (Tht) 12:30 Blood Pressures Reading for Plaza residents (P) 1:00 Aqua Fitness (Pool Room) 1:00 Monday Movie - "The Book Thief" (2013) PG-13 2h 11min (Tht) 1:00 Open Bridge (CR) 1:00 Open Farkle (Cue Room 3rd Floor Lodge) 2:00 Bulletin Board Crafters - come help decorate the bulletin boards with Rebecca! (AR) 3:00 Tai-Chi - Moving for Better Balance (P) 6:30 Bible Study (ECU) 6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>28</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) 10:00 Glenwood Theater Rehearsal (Tht) 10:30 Beach Ball Toss (in the Sky Gym) 1:00 Beanbag Baseball Teams B &amp; D (SG) 1:00 Open Pool (SP) 1:30 Classical Club with Terry. Must do if you are a music lover! (Tht) 2:30 BINGO (DR) 3:00 Happy Hour with Vladimir on Violin (P) 6:30 Hymn Sing-A-Long (P) <b>7:00 Bingo After Dark</b> 7:00 Open Poker (CR)</p>	<p>9:00 Rhythm Reaction Fitness (SG) <b>29</b></p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby) 9:30 Veteran's Group (Tht) <b>10:00 Outing to Fort Vancouver High School for their Community Love Lunch. Free. RSVP</b></p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG) 11:30 Jerlean on Piano (DR) 12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby) 1:00 Aqua Fitness (Pool Room) 1:00 Open Cribbage (CR) <b>1:00 Shopping at Fred Meyer</b> <b>2:30 Brain Games (Tht)</b> 4:00 Linda on Piano (DR) <b>4:00 Lodge Birthday Dinner - RSVP at the Front Desk (DR)</b> 5:45 Rummy Q in the Lofts (Lofts Lobby) 6:30 Bridge (CR) 6:30 Open Pinochle Card Game (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>30</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) <b>10:30 Film Appreciation with Nick - Come explore the aesthetics of cinema, the concepts behind storytelling and various elements of a film (Tht)</b> 12:30 Blood Pressure Reading for Terrace Residents (TL) 1:00 Beanbag Baseball Teams C &amp; D (SG) 1:00 Open Pool (SP) 2:30 BINGO (DR) 3:00 Tai-Chi - Moving for Better Balance (P) <b>4:00 Birthday Dinner for the Plaza, Terrace and Lofts (DR)</b> 4:30 Linda on Piano (DR)</p>	<p>9:00 Sit To Be Fit (SG) <b>31</b></p> <p><b>9:30 Shopping at Winco, Walgreens, Dollar Tree, Target, and Safeway</b></p> <p>10:00 Alzheimer's and Dementia Caregiver Support Group (Tht) 10:00 Chair Massage Therapy - Sign up at the Front Desk. \$20 (ECU) 10:30 Beanbag Baseball Teams A &amp; B (SG) 11:15 Grief Support Group (Tht) <b>12:30 Bus to Vancouver Mall. RSVP</b> <b>1:00 Glenwood Choir (Tht)</b> 1:00 Wii Bowling (SG) 2:30 Happy Hour with Emmy Horowitz (DR) 6:00 Friday Night Movie - "Armstrong" (2019) DOCUMENTARY 1h 40min (Tht)</p>	

## Room Key

(AR) = Activity Room	(AR) = Activity Room 2nd Floor Lodge	(BQ) = Buffet Dining Room	(CR) = Card Room, 3rd Floor Lodge	(COMP) = Computer Room	(CY) = Courtyard	(Cue) = Cue Room, 3rd Floor Lodge
(DR) = Dining Room	(ECU) = ECU Activity Room	(Lbal) = Lodge Balcony 2nd Floor	(Lbal) = Lodge Balcony, 2nd Floor	(DR) = Lodge Dining Room	(LG) = Lodge Gardens	(LLB) = Lodge Library
(LL) = Lodge Lobby	(MR) = Mailroom	(P) = Plaza Community Room	(P) = Plaza Community Room, 2nd floor	(PG) = Plaza Garage	(PP) = Pool Patio	(SP) = Pool Room, Lodge
(SG) = Sky Gym	(SR) = Spa Room, 2nd floor Lodge	(TP) = Terrace Front Patio	(TL) = Terrace Lobby	(TP) = Terrace Lobby/Front Patio Area	(Tht) = Theater	



# Glenwood Place Calendar

# JANUARY 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>DOCTOR DAYS TUESDAYS</b> West of ANDRESEN Road. Salmon Creek, Hazel Dell, Downtown Vancouver &amp; the VA.</p> <p><b>THURSDAYS</b> East of ANDRESEN Road. 87<sup>th</sup> Ave, Cascade Park, Fisher's Landing, Orchards Mall</p>	<p><b>All outings are highlighted in YELLOW.</b></p> <p><b>Sign up for these events at the front desk. If bus is full, please add your name to the waiting list</b></p>	<p>Glenwood Place 5500 NE 82nd Ave. Vancouver, WA 98662 (360) 892-1100</p> <p><b>Email Activities</b> <a href="mailto:navdienko@glenwoodplace.net">navdienko@glenwoodplace.net</a></p>	<p>9:00 Rhythm Reaction Fitness (SG) <b>1</b></p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby)</p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Open Cribbage (CR)</p> <p><b>1:00 Shopping at Fred Meyer</b></p> <p><b>2:00 Rose Bowl on the Big Screen - Ducks vs. Badgers. Pizza &amp; Soda Provided!!! (P)</b></p> <p>5:45 Rummy Q (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>2</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p><b>11:00 History Talks with John Griffin (Th)</b></p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag C &amp; D (SG)</p> <p>1:00 Five Crowns Game (TL)</p> <p>1:00 Open Pool (SP)</p> <p><b>1:00 Activity Calendar Forum with Nick (Th)</b></p> <p>2:30 Glentucky Derby Horse Races (Th)</p> <p>3:00 Tai-Chi (P)</p> <p>4:30 Linda on Piano (DR)</p> <p><b>4:45 Supper Outing to Cameo Cafe. RSVP. Limited Seating</b></p>	<p>9:00 Sit To Be Fit (SG) <b>3</b></p> <p><b>9:30 Shopping at Winco, Walgreens, Dollar Tree, Target, and Safeway</b></p> <p>10:00 Chair Massage Therapy - \$20 (ECU)</p> <p><b>10:30 Brain Games (Th)</b></p> <p>10:30 Beanbag A &amp; B (SG)</p> <p><b>12:30 Bus to Vanc Mall RSVP</b></p> <p>1:00 Glenwood Choir (Th)</p> <p>1:00 Wii Bowling (SG)</p> <p><b>2:30 Happy Hour with Monte Watters (DR)</b></p> <p><b>6:00 No Friday Movie (Th)</b></p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>4</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p><b>10:30 Saturday Morning with Madeline (SG)</b></p> <p>11:00 Sewing Lady - Mending and hemming at a reasonable rate (MR)</p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p>1:00 Symphony Saturday - Yuja Wang performs Schubert and Schumann (Th)</p> <p>2:30 BINGO (DR)</p> <p><b>6:00 No Saturday Night Movie (Th)</b></p>
<p>8:20 Bus to Columbia Presbyterian <b>5</b></p> <p>8:20 Bus to St Joseph's. RSVP</p> <p>8:20 Bus to St. Paul Lutheran</p> <p>9:00 Bus to Immanuel Lutheran</p> <p>9:20 Bus to First Presbyterian</p> <p>9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Th)</p> <p>1:00 Open Scrabble (P)</p> <p>1:00 Sunday Movie - "McFarland, USA" (2015) PG 2h 9min (Th)</p> <p>1:30 Open Hand in Foot Card Game (CR)</p> <p>2:00 Episcopal Communion (ECU)</p> <p>3:00 First Christian Church Service (DR)</p> <p>3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge)</p> <p>5:45 Rummy Q in the Lofts (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>6</b></p> <p><b>9:30 Casino Outing to Ilani Casino - RSVP Bring \$</b></p> <p>9:30 Sit to be Fit in the Lofts (Lofts Lobby)</p> <p>9:30 Threading Needles (AR)</p> <p>10:30 "People and Stories" Reading Group (LLB)</p> <p>10:30 Computer Lab - Bring your laptop, phone, or tablet and get your questions answered. (COMP)</p> <p>12:30 Blood Pressures Reading for Plaza residents (P)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Monday Movie - "Cinema Paradiso" (1988) FOREIGN FILM - RATED R 2h 35min (Th)</p> <p>1:00 Open Bridge (CR)</p> <p>1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p>3:00 Tai-Chi (P)</p> <p>5:45 Bunco with Vicki. RSVP with Vicki (P)</p> <p>6:30 Bible Study (ECU)</p> <p>6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>7</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:00 Glenwood Theater Rehearsal (Th)</p> <p><b>10:00 NEW - Kitchen Tours. RSVP at the Front Desk. Meet in the Lobby (LL)</b></p> <p>10:30 Beach Ball Toss (in the Sky Gym)</p> <p>1:00 Beanbag Teams B &amp; D (SG)</p> <p>1:00 Farkle with Vicki (P)</p> <p>1:00 Open Pool (SP)</p> <p>1:00 Watercolor with Becky (AR)</p> <p><b>2:00 NEW - Kitchen Tours. RSVP at the Front Desk. Meet in the Lobby (LL)</b></p> <p>2:30 BINGO (DR)</p> <p>3:00 Happy Hour with William Spilette (P)</p> <p>6:00 Rock Painting (AR)</p> <p>6:30 Hymn Sing-A-Long (P)</p> <p>7:00 Open Poker (CR)</p>	<p>8:00 Pedicures with Dawn - Cost is \$25, pay her. Sign up at the front desk for a time slot. (AR) <b>8</b></p> <p>9:00 Rhythm Reaction Fitness (SG)</p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby)</p> <p>9:30 Veteran's Group (Th)</p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Language Club - Want to Learn Sign Language? One of our residents will be teaching! (COMP)</p> <p>1:00 Open Cribbage (CR)</p> <p><b>1:00 Red Hat Ladies - Tea &amp; Movie (Th)</b></p> <p><b>1:00 Shopping at Fred Meyer</b></p> <p>5:45 Rummy Q (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>9</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p><b>10:30 Health Talks with Sabrina (Th)</b></p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag Baseball Teams C &amp; D (SG)</p> <p>1:00 Open Pool (SP)</p> <p><b>1:00 Po-Ke-No Card Game with Vicki (TL)</b></p> <p><b>2:30 Bingo Auction - Bring Your Bingo Bucks to Bid on Some Great Prizes (In the Dining Room)</b></p> <p>3:00 Tai-Chi - Moving for Better Balance (P)</p> <p>4:30 Linda on Piano (DR)</p> <p><b>4:30 Supper Outing to The Hammond Kitchen &amp; Craft Bar in Camas. RSVP</b></p>	<p>9:00 Sit To Be Fit (SG) <b>10</b></p> <p><b>9:30 Shopping trip: - Walmart, Trader Joe's, Fred Meyer (RSVP at the front desk.)</b></p> <p>10:00 Alzheimer's and Dementia Caregiver Support Group (Th)</p> <p>10:00 Chair Massage Therapy - Sign up at the Front Desk. \$20 (ECU)</p> <p>10:30 Beanbag Teams A &amp; B (SG)</p> <p>11:15 Grief Support Group (Th)</p> <p><b>12:30 Bus to Vanc Mall RSVP</b></p> <p><b>12:30 Glenwood Choir (Th)</b></p> <p>1:00 Wii Bowling (SG)</p> <p><b>1:30 Residents Association Meeting (DR)</b></p> <p>2:30 Happy Hour with Karen Overton (DR)</p> <p>6:00 No Friday Movie</p> <p><b>7:00 Performance - The Dynamic Duo of Reno and Cindy Hollar. Great dancing music and songs (DR)</b></p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>11</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p>10:30 Saturday Morning with Madeline (SG)</p> <p><b>1:00 All the World's a Zoo (Th)</b></p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p><b>2:00 Encore Performance - More Music with Reno and Cindy Hollar (DR)</b></p> <p>6:00 Saturday Night Movie - "Downton Abbey" (2019) PG 2h 2min (Th)</p>
<p>8:20 Bus to Columbia Presbyterian <b>12</b></p> <p>8:20 Bus to St Joseph's. RSVP</p> <p>8:20 Bus to St. Paul Lutheran</p> <p>9:00 Bus to Immanuel Lutheran</p> <p>9:20 Bus to First Presbyterian</p> <p>9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Th)</p> <p>1:00 Open Scrabble (P)</p> <p>1:00 Sunday Movie - "Larger Than Life" (1996) PG 1h 33min (Th)</p> <p>1:30 Open Hand in Foot Card Game (CR)</p> <p>3:00 Open Boggle (Cue Room)</p> <p>5:45 Rummy Q (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>13</b></p> <p>9:30 Sit to be Fit (Lofts Lobby)</p> <p>9:30 Threading Needles (AR)</p> <p>10:30 Music Therapy with Dan (Th)</p> <p><b>10:45 Lunch Outing to Red Lobster. RSVP</b></p> <p>12:30 Blood Pressures (P)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Monday Movie - "The Two Popes" (2019) PG-13 2h 5min (Th)</p> <p>1:00 Open Bridge (CR)</p> <p>1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p><b>1:30 Outing to Local Thrift Stores. RSVP</b></p> <p>2:00 Bulletin Board Crafters - (AR)</p> <p>3:00 Tai-Chi (P)</p> <p>6:30 Bible Study (ECU)</p> <p>6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>14</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p><b>10:00 Glenwood Theater Open House - Come join the Acting Group! (Th)</b></p> <p>10:30 Beach Ball Toss (in the Sky Gym)</p> <p>1:00 Beanbag Baseball Teams B &amp; D (SG)</p> <p>1:00 Open Pool (SP)</p> <p>2:30 BINGO (DR)</p> <p>3:00 Happy Hour with Pianist Diome Alcomendac (P)</p> <p>6:00 Rock Painting (AR)</p> <p>6:30 Hymn Sing-A-Long (P)</p> <p>7:00 Open Poker (CR)</p>	<p>7:30 Women &amp; Men's Breakfast! Free. (7:30 - 8:30) (BQ) <b>15</b></p> <p>9:00 Rhythm Reaction (SG)</p> <p>9:30 "Sit to be Fit" (Lofts Lobby)</p> <p>9:30 Veteran's Group (Th)</p> <p>10:30 Beanbag Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Open Cribbage (CR)</p> <p><b>1:00 Shopping at Fred Meyer</b></p> <p><b>2:30 Let's Play Jeopardy! (Th)</b></p> <p>5:45 Rummy Q (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>16</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:30 Book Club hosted by Cynthia (ECU)</p> <p>11:00 History Talks with John Griffin (Th)</p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag Teams C &amp; D (SG)</p> <p>1:00 5 Crowns Card Game (TL)</p> <p>1:00 Open Pool (SP)</p> <p><b>2:30 Glentucky Derby Horse Racing - Store is open! Bring your Derby Bucks (Th)</b></p> <p>3:00 Tai-Chi (P)</p> <p>4:30 Linda on Piano (DR)</p> <p><b>4:30 Supper Outing to Patrick's Hawaiian Cafe. RSVP</b></p>	<p>9:00 Sit To Be Fit (SG) <b>17</b></p> <p><b>9:30 Shopping at Winco, Walgreens, Dollar Tree, Target, and Safeway</b></p> <p>10:00 Alzheimer's and Dementia Support Group (Th)</p> <p>10:00 Chair Massage Therapy - \$20 (ECU)</p> <p>10:30 Beanbag Teams A &amp; B (SG)</p> <p><b>10:30 Headlines and Donuts (TL)</b></p> <p>11:15 Grief Support Group (Th)</p> <p><b>12:30 Bus to Vanc Mall RSVP</b></p> <p>1:00 Glenwood Choir (Th)</p> <p>1:00 Wii Bowling (SG)</p> <p>2:30 Happy Hour Mike Hart (DR)</p> <p>6:00 Friday Night Movie - "The Report" (2019) RATED R 1h 59min (Th)</p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>18</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p>10:30 Saturday Morning with Madeline (SG)</p> <p>11:00 Sewing Lady - Mending and hemming at a reasonable rate (MR)</p> <p><b>1:00 Mystery Drive with Carroll. RSVP</b></p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p>1:00 Symphony Saturday - Rachmaninov, Piano Concerto No. 2 in C minor - Yuja Wang, Yuri Temirkanov (Th)</p> <p>2:30 BINGO (DR)</p> <p>6:00 Saturday Night Movie - "Seven Brides for Seven Brothers" (1954) G 1h 42min (Th)</p>

<p>8:20 Bus to Columbia Presbyterian <b>19</b></p> <p>8:20 Bus to St Joseph's. RSVP</p> <p>8:20 Bus to St. Paul Lutheran</p> <p>9:00 Bus to Immanuel Lutheran</p> <p>9:20 Bus to First Presbyterian</p> <p>9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht)</p> <p>11:00 Cherie The Card Lady (LL)</p> <p>1:00 Open Scrabble (P)</p> <p>1:00 Sunday Movie - "Operation Dumbo Drop" (1995) PG 1h 47min (Tht)</p> <p>1:30 Open Hand in Foot Card Game (CR)</p> <p>2:00 Episcopal Communion (ECU)</p> <p>3:00 Columbia Christian Church (DR)</p> <p>3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge)</p> <p>5:45 Rummy Q in the Lofts (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>20</b></p> <p>9:30 Sit to be Fit in the Lofts (Lofts Lobby)</p> <p><b>9:30 Tour of Pendleton Weaving Mill in Washougal. Limited Seating. Free</b></p> <p>9:30 Threading Needles (AR)</p> <p>12:30 Blood Pressures Reading for Plaza residents (P)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Monday Movie - "Annie" (1982) PG 2h 7min (Tht)</p> <p>1:00 Open Bridge (CR)</p> <p>1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p><b>1:00 Tour of Pendleton Weaving Mill in Washougal. Limited Seating Free.</b></p> <p><b>2:00 Photo Fun with Rebecca! Bring your Camera or Smartphone and let's take photos! (Computer Lab)</b></p> <p>3:00 Tai-Chi - Moving for Better Balance (P)</p> <p>6:30 Bible Study (ECU)</p> <p>6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>21</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:00 Glenwood Theater Rehearsal (Tht)</p> <p>10:30 Beach Ball Toss (in the Sky Gym)</p> <p>11:30 Free Eyeglass Clinic - eyeglass cleaning and adjustments (LL)</p> <p>1:00 Beanbag Baseball Teams B &amp; D (SG)</p> <p>1:00 Farkle with Vicki (P)</p> <p>1:00 Open Pool (SP)</p> <p>2:30 BINGO (DR)</p> <p>3:00 Happy Hour with Stan Lasley (P)</p> <p>6:30 Hymn Sing-A-Long (P)</p> <p>7:00 Open Poker (CR)</p> <p><b>7:00 Beanbag Baseball Banquet – Fried Chicken Dinner, drinks, and the award ceremony. Limited to one guest. RSVP. (DR)</b></p>	<p>9:00 Rhythm Reaction Fitness (SG) <b>22</b></p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby)</p> <p>9:30 Veteran's Group (Tht)</p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Open Cribbage (CR)</p> <p><b>1:00 Shopping at Fred Meyer</b></p> <p><b>2:30 Readings with Nick - Come listen to humorous stories from various popular authors (Tht)</b></p> <p>5:45 Rummy Q in the Lofts (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle Card Game (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>23</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p><b>10:30 Health Talks with Sabrina (Tht)</b></p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag Baseball Teams C &amp; D (SG)</p> <p>1:00 Open Pool (SP)</p> <p><b>1:00 Po-Ke-No Card Game with Vicki (TL)</b></p> <p>2:00 Life Goes On Support Group - with St. Luke's Episcopal Church (ECU)</p> <p>2:30 BINGO (DR)</p> <p>3:00 Tai-Chi - Moving for Better Balance (P)</p> <p>4:30 Linda on Piano (DR)</p> <p><b>4:30 Supper Outing to Golden City Restaurant. RSVP</b></p>	<p>9:00 Sit To Be Fit (SG) <b>24</b></p> <p><b>9:30 Shopping trip: - Walmart, Trader Joe's, Fred Meyer (RSVP at the front desk.)</b></p> <p>10:00 Chair Massage Therapy - Sign up at the Front Desk. \$20 (ECU)</p> <p><b>10:30 Ted Talks (Tht)</b></p> <p>10:30 Beanbag Baseball Teams A &amp; B (SG)</p> <p>12:30 Bus to Vancouver Mall. RSVP</p> <p>1:00 Glenwood Choir (Tht)</p> <p>1:00 Wii Bowling (SG)</p> <p><b>2:30 Come Celebrate Chinese New Year with Shelly Voight (DR)</b></p> <p>6:00 Friday Night Movie - "Born Free" (1966) PG 1h 35min (Tht)</p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>25</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p>10:30 Saturday Morning with Madeline (SG)</p> <p><b>1:00 5 Minute Mysteries - Entertaining stumpers will sharpen your powers of observation and test your deductive skills (Tht)</b></p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p><b>1:30 Outing to the Vancouver Symphony (Admission \$40)</b></p> <p>2:30 BINGO (DR)</p> <p>6:00 Saturday Night Movie - "For Me and My Gal" (1942) 1h 44min (Tht)</p>
<p>8:20 Bus to Columbia Presbyterian <b>26</b></p> <p>8:20 Bus to St Joseph's. RSVP</p> <p>8:20 Bus to St. Paul Lutheran</p> <p>9:00 Bus to Immanuel Lutheran</p> <p>9:20 Bus to First Presbyterian</p> <p>9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht)</p> <p>1:00 Open Scrabble (P)</p> <p>1:00 Sunday Movie - "The Wild Country" (1970) G 1h 40min (Tht)</p> <p>1:30 Open Hand in Foot Card Game (CR)</p> <p>3:00 Hymns &amp; Devotions with Ron &amp; Donna (DR)</p> <p>3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge)</p> <p>5:45 Rummy Q in the Lofts (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>27</b></p> <p>9:30 Sit to be Fit in the Lofts (Lofts Lobby)</p> <p>9:30 Threading Needles (AR)</p> <p><b>10:30 Lunch Outing to Kitchen Table Cafe. RSVP</b></p> <p>10:30 Music Therapy with Dan - Join us for sing alongs and play instruments. (Tht)</p> <p>12:30 Blood Pressures Reading for Plaza residents (P)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Monday Movie - "The Book Thief" (2013) PG-13 2h 11min (Tht)</p> <p>1:00 Open Bridge (CR)</p> <p>1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p>2:00 Bulletin Board Crafters - come help decorate the bulletin boards with Rebecca! (AR)</p> <p>3:00 Tai-Chi - Moving for Better Balance (P)</p> <p>6:30 Bible Study (ECU)</p> <p>6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>28</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:00 Glenwood Theater Rehearsal (Tht)</p> <p>10:30 Beach Ball Toss (in the Sky Gym)</p> <p>1:00 Beanbag Baseball Teams B &amp; D (SG)</p> <p>1:00 Open Pool (SP)</p> <p>1:30 Classical Club with Terry. Must do if you are a music lover! (Tht)</p> <p>2:30 BINGO (DR)</p> <p>3:00 Happy Hour with Vladimir on Violin (P)</p> <p>6:30 Hymn Sing-A-Long (P)</p> <p><b>7:00 Bingo After Dark</b></p> <p>7:00 Open Poker (CR)</p>	<p>9:00 Rhythm Reaction Fitness (SG) <b>29</b></p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby)</p> <p>9:30 Veteran's Group (Tht)</p> <p><b>10:00 Outing to Fort Vancouver High School for their Community Love Lunch. Free. RSVP</b></p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Open Cribbage (CR)</p> <p><b>1:00 Shopping at Fred Meyer</b></p> <p><b>2:30 Brain Games (Tht)</b></p> <p>4:00 Linda on Piano (DR)</p> <p><b>4:00 Lodge Birthday Dinner - RSVP at the Front Desk (DR)</b></p> <p>5:45 Rummy Q in the Lofts (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle Card Game (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>30</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p><b>10:30 Film Appreciation with Nick - Come explore the aesthetics of cinema, the concepts behind storytelling and various elements of a film (Tht)</b></p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag Baseball Teams C &amp; D (SG)</p> <p>1:00 Open Pool (SP)</p> <p>2:30 BINGO (DR)</p> <p>3:00 Tai-Chi - Moving for Better Balance (P)</p> <p><b>4:00 Birthday Dinner for the Plaza, Terrace and Lofts (DR)</b></p> <p>4:30 Linda on Piano (DR)</p>	<p>9:00 Sit To Be Fit (SG) <b>31</b></p> <p><b>9:30 Shopping at Winco, Walgreens, Dollar Tree, Target, and Safeway</b></p> <p>10:00 Alzheimer's and Dementia Caregiver Support Group (Tht)</p> <p>10:00 Chair Massage Therapy - Sign up at the Front Desk. \$20 (ECU)</p> <p>10:30 Beanbag Baseball Teams A &amp; B (SG)</p> <p>11:15 Grief Support Group (Tht)</p> <p><b>12:30 Bus to Vancouver Mall. RSVP</b></p> <p><b>1:00 Glenwood Choir (Tht)</b></p> <p>1:00 Wii Bowling (SG)</p> <p>2:30 Happy Hour with Emmy Horowitz (DR)</p> <p>6:00 Friday Night Movie - "Armstrong" (2019) DOCUMENTARY 1h 40min (Tht)</p>	

## Room Key

(AR) = Activity Room	(AR) = Activity Room 2nd Floor Lodge	(BQ) = Buffet Dining Room	(CR) = Card Room, 3rd Floor Lodge	(COMP) = Computer Room	(CY) = Courtyard	(Cue) = Cue Room, 3rd Floor Lodge
(DR) = Dining Room	(ECU) = ECU Activity Room	(Lbal) = Lodge Balcony 2nd Floor	(Lbal) = Lodge Balcony, 2nd Floor	(DR) = Lodge Dining Room	(LG) = Lodge Gardens	(LLB) = Lodge Library
(LL) = Lodge Lobby	(MR) = Mailroom	(P) = Plaza Community Room	(P) = Plaza Community Room, 2nd floor	(PG) = Plaza Garage	(PP) = Pool Patio	(SP) = Pool Room, Lodge
(SG) = Sky Gym	(SR) = Spa Room, 2nd floor Lodge	(TP) = Terrace Front Patio	(TL) = Terrace Lobby	(TP) = Terrace Lobby/Front Patio Area	(Tht) = Theater	



# Glenwood Place Calendar

# JANUARY 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>DOCTOR DAYS TUESDAYS</b> West of ANDRESEN Road. Salmon Creek, Hazel Dell, Downtown Vancouver &amp; the VA.</p> <p><b>THURSDAYS</b> East of ANDRESEN Road. 87<sup>th</sup> Ave, Cascade Park, Fisher's Landing, Orchards Mall</p>	<p><b>All outings are highlighted in YELLOW.</b></p> <p><b>Sign up for these events at the front desk. If bus is full, please add your name to the waiting list</b></p>	<p>Glenwood Place 5500 NE 82nd Ave. Vancouver, WA 98662 (360) 892-1100</p> <p><b>Email Activities</b> <a href="mailto:navdienko@glenwoodplace.net">navdienko@glenwoodplace.net</a></p>	<p>9:00 Rhythm Reaction Fitness (SG) <b>1</b></p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby)</p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Open Cribbage (CR)</p> <p><b>1:00 Shopping at Fred Meyer</b></p> <p><b>2:00 Rose Bowl on the Big Screen - Ducks vs. Badgers. Pizza &amp; Soda Provided!!! (P)</b></p> <p>5:45 Rummy Q (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>2</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p><b>11:00 History Talks with John Griffin (Th)</b></p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag C &amp; D (SG)</p> <p>1:00 Five Crowns Game (TL)</p> <p>1:00 Open Pool (SP)</p> <p><b>1:00 Activity Calendar Forum with Nick (Th)</b></p> <p>2:30 Glentucky Derby Horse Races (Th)</p> <p>3:00 Tai-Chi (P)</p> <p>4:30 Linda on Piano (DR)</p> <p><b>4:45 Supper Outing to Cameo Cafe. RSVP. Limited Seating</b></p>	<p>9:00 Sit To Be Fit (SG) <b>3</b></p> <p><b>9:30 Shopping at Winco, Walgreens, Dollar Tree, Target, and Safeway</b></p> <p>10:00 Chair Massage Therapy - \$20 (ECU)</p> <p><b>10:30 Brain Games (Th)</b></p> <p>10:30 Beanbag A &amp; B (SG)</p> <p><b>12:30 Bus to Vanc Mall RSVP</b></p> <p>1:00 Glenwood Choir (Th)</p> <p>1:00 Wii Bowling (SG)</p> <p><b>2:30 Happy Hour with Monte Watters (DR)</b></p> <p><b>6:00 No Friday Movie (Th)</b></p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>4</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p><b>10:30 Saturday Morning with Madeline (SG)</b></p> <p>11:00 Sewing Lady - Mending and hemming at a reasonable rate (MR)</p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p>1:00 Symphony Saturday - Yuja Wang performs Schubert and Schumann (Th)</p> <p>2:30 BINGO (DR)</p> <p><b>6:00 No Saturday Night Movie (Th)</b></p>
<p>8:20 Bus to Columbia Presbyterian <b>5</b></p> <p>8:20 Bus to St Joseph's. RSVP</p> <p>8:20 Bus to St. Paul Lutheran</p> <p>9:00 Bus to Immanuel Lutheran</p> <p>9:20 Bus to First Presbyterian</p> <p>9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Th)</p> <p>1:00 Open Scrabble (P)</p> <p>1:00 Sunday Movie - "McFarland, USA" (2015) PG 2h 9min (Th)</p> <p>1:30 Open Hand in Foot Card Game (CR)</p> <p>2:00 Episcopal Communion (ECU)</p> <p>3:00 First Christian Church Service (DR)</p> <p>3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge)</p> <p>5:45 Rummy Q in the Lofts (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>6</b></p> <p><b>9:30 Casino Outing to Ilani Casino - RSVP Bring \$</b></p> <p>9:30 Sit to be Fit in the Lofts (Lofts Lobby)</p> <p>9:30 Threading Needles (AR)</p> <p>10:30 "People and Stories" Reading Group (LLB)</p> <p>10:30 Computer Lab - Bring your laptop, phone, or tablet and get your questions answered. (COMP)</p> <p>12:30 Blood Pressures Reading for Plaza residents (P)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Monday Movie - "Cinema Paradiso" (1988) FOREIGN FILM - RATED R 2h 35min (Th)</p> <p>1:00 Open Bridge (CR)</p> <p>1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p>3:00 Tai-Chi (P)</p> <p>5:45 Bunco with Vicki. RSVP with Vicki (P)</p> <p>6:30 Bible Study (ECU)</p> <p>6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>7</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:00 Glenwood Theater Rehearsal (Th)</p> <p><b>10:00 NEW - Kitchen Tours. RSVP at the Front Desk. Meet in the Lobby (LL)</b></p> <p>10:30 Beach Ball Toss (in the Sky Gym)</p> <p>1:00 Beanbag Teams B &amp; D (SG)</p> <p>1:00 Farkle with Vicki (P)</p> <p>1:00 Open Pool (SP)</p> <p>1:00 Watercolor with Becky (AR)</p> <p><b>2:00 NEW - Kitchen Tours. RSVP at the Front Desk. Meet in the Lobby (LL)</b></p> <p>2:30 BINGO (DR)</p> <p>3:00 Happy Hour with William Spilette (P)</p> <p>6:00 Rock Painting (AR)</p> <p>6:30 Hymn Sing-A-Long (P)</p> <p>7:00 Open Poker (CR)</p>	<p>8:00 Pedicures with Dawn - Cost is \$25, pay her. Sign up at the front desk for a time slot. (AR) <b>8</b></p> <p>9:00 Rhythm Reaction Fitness (SG)</p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby)</p> <p>9:30 Veteran's Group (Th)</p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Language Club - Want to Learn Sign Language? One of our residents will be teaching! (COMP)</p> <p>1:00 Open Cribbage (CR)</p> <p><b>1:00 Red Hat Ladies - Tea &amp; Movie (Th)</b></p> <p><b>1:00 Shopping at Fred Meyer</b></p> <p>5:45 Rummy Q (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>9</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p><b>10:30 Health Talks with Sabrina (Th)</b></p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag Baseball Teams C &amp; D (SG)</p> <p>1:00 Open Pool (SP)</p> <p><b>1:00 Po-Ke-No Card Game with Vicki (TL)</b></p> <p><b>2:30 Bingo Auction - Bring Your Bingo Bucks to Bid on Some Great Prizes (In the Dining Room)</b></p> <p>3:00 Tai-Chi - Moving for Better Balance (P)</p> <p>4:30 Linda on Piano (DR)</p> <p><b>4:30 Supper Outing to The Hammond Kitchen &amp; Craft Bar in Camas. RSVP</b></p>	<p>9:00 Sit To Be Fit (SG) <b>10</b></p> <p><b>9:30 Shopping trip: - Walmart, Trader Joe's, Fred Meyer (RSVP at the front desk.)</b></p> <p>10:00 Alzheimer's and Dementia Caregiver Support Group (Th)</p> <p>10:00 Chair Massage Therapy - Sign up at the Front Desk. \$20 (ECU)</p> <p>10:30 Beanbag Teams A &amp; B (SG)</p> <p>11:15 Grief Support Group (Th)</p> <p><b>12:30 Bus to Vanc Mall RSVP</b></p> <p><b>12:30 Glenwood Choir (Th)</b></p> <p>1:00 Wii Bowling (SG)</p> <p><b>1:30 Residents Association Meeting (DR)</b></p> <p>2:30 Happy Hour with Karen Overton (DR)</p> <p>6:00 No Friday Movie</p> <p><b>7:00 Performance - The Dynamic Duo of Reno and Cindy Hollar. Great dancing music and songs (DR)</b></p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>11</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p>10:30 Saturday Morning with Madeline (SG)</p> <p><b>1:00 All the World's a Zoo (Th)</b></p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p><b>2:00 Encore Performance - More Music with Reno and Cindy Hollar (DR)</b></p> <p>6:00 Saturday Night Movie - "Downton Abbey" (2019) PG 2h 2min (Th)</p>
<p>8:20 Bus to Columbia Presbyterian <b>12</b></p> <p>8:20 Bus to St Joseph's. RSVP</p> <p>8:20 Bus to St. Paul Lutheran</p> <p>9:00 Bus to Immanuel Lutheran</p> <p>9:20 Bus to First Presbyterian</p> <p>9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Th)</p> <p>1:00 Open Scrabble (P)</p> <p>1:00 Sunday Movie - "Larger Than Life" (1996) PG 1h 33min (Th)</p> <p>1:30 Open Hand in Foot Card Game (CR)</p> <p>3:00 Open Boggle (Cue Room)</p> <p>5:45 Rummy Q (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>13</b></p> <p>9:30 Sit to be Fit (Lofts Lobby)</p> <p>9:30 Threading Needles (AR)</p> <p>10:30 Music Therapy with Dan (Th)</p> <p><b>10:45 Lunch Outing to Red Lobster. RSVP</b></p> <p>12:30 Blood Pressures (P)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Monday Movie - "The Two Popes" (2019) PG-13 2h 5min (Th)</p> <p>1:00 Open Bridge (CR)</p> <p>1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p><b>1:30 Outing to Local Thrift Stores. RSVP</b></p> <p>2:00 Bulletin Board Crafters - (AR)</p> <p>3:00 Tai-Chi (P)</p> <p>6:30 Bible Study (ECU)</p> <p>6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>14</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p><b>10:00 Glenwood Theater Open House - Come join the Acting Group! (Th)</b></p> <p>10:30 Beach Ball Toss (in the Sky Gym)</p> <p>1:00 Beanbag Baseball Teams B &amp; D (SG)</p> <p>1:00 Open Pool (SP)</p> <p>2:30 BINGO (DR)</p> <p>3:00 Happy Hour with Pianist Diome Alcomendac (P)</p> <p>6:00 Rock Painting (AR)</p> <p>6:30 Hymn Sing-A-Long (P)</p> <p>7:00 Open Poker (CR)</p>	<p>7:30 Women &amp; Men's Breakfast! Free. (7:30 - 8:30) (BQ) <b>15</b></p> <p>9:00 Rhythm Reaction (SG)</p> <p>9:30 "Sit to be Fit" (Lofts Lobby)</p> <p>9:30 Veteran's Group (Th)</p> <p>10:30 Beanbag Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Open Cribbage (CR)</p> <p><b>1:00 Shopping at Fred Meyer</b></p> <p><b>2:30 Let's Play Jeopardy! (Th)</b></p> <p>5:45 Rummy Q (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>16</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:30 Book Club hosted by Cynthia (ECU)</p> <p>11:00 History Talks with John Griffin (Th)</p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag Teams C &amp; D (SG)</p> <p>1:00 5 Crowns Card Game (TL)</p> <p>1:00 Open Pool (SP)</p> <p><b>2:30 Glentucky Derby Horse Racing - Store is open! Bring your Derby Bucks (Th)</b></p> <p>3:00 Tai-Chi (P)</p> <p>4:30 Linda on Piano (DR)</p> <p><b>4:30 Supper Outing to Patrick's Hawaiian Cafe. RSVP</b></p>	<p>9:00 Sit To Be Fit (SG) <b>17</b></p> <p><b>9:30 Shopping at Winco, Walgreens, Dollar Tree, Target, and Safeway</b></p> <p>10:00 Alzheimer's and Dementia Support Group (Th)</p> <p>10:00 Chair Massage Therapy - \$20 (ECU)</p> <p>10:30 Beanbag Teams A &amp; B (SG)</p> <p><b>10:30 Headlines and Donuts (TL)</b></p> <p>11:15 Grief Support Group (Th)</p> <p><b>12:30 Bus to Vanc Mall RSVP</b></p> <p>1:00 Glenwood Choir (Th)</p> <p>1:00 Wii Bowling (SG)</p> <p>2:30 Happy Hour Mike Hart (DR)</p> <p>6:00 Friday Night Movie - "The Report" (2019) RATED R 1h 59min (Th)</p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>18</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p>10:30 Saturday Morning with Madeline (SG)</p> <p>11:00 Sewing Lady - Mending and hemming at a reasonable rate (MR)</p> <p><b>1:00 Mystery Drive with Carroll. RSVP</b></p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p>1:00 Symphony Saturday - Rachmaninov, Piano Concerto No. 2 in C minor - Yuja Wang, Yuri Temirkanov (Th)</p> <p>2:30 BINGO (DR)</p> <p>6:00 Saturday Night Movie - "Seven Brides for Seven Brothers" (1954) G 1h 42min (Th)</p>

<p>8:20 Bus to Columbia Presbyterian <b>19</b></p> <p>8:20 Bus to St Joseph's. RSVP 8:20 Bus to St. Paul Lutheran 9:00 Bus to Immanuel Lutheran 9:20 Bus to First Presbyterian 9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht) 11:00 Cherie The Card Lady (LL) 1:00 Open Scrabble (P) 1:00 Sunday Movie - "Operation Dumbo Drop" (1995) PG 1h 47min (Tht) 1:30 Open Hand in Foot Card Game (CR) 2:00 Episcopal Communion (ECU) 3:00 Columbia Christian Church (DR) 3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge) 5:45 Rummy Q in the Lofts (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>20</b></p> <p>9:30 Sit to be Fit in the Lofts (Lofts Lobby)</p> <p><b>9:30 Tour of Pendleton Weaving Mill in Washougal. Limited Seating. Free</b></p> <p>9:30 Threading Needles (AR) 12:30 Blood Pressures Reading for Plaza residents (P) 1:00 Aqua Fitness (Pool Room) 1:00 Monday Movie - "Annie" (1982) PG 2h 7min (Tht) 1:00 Open Bridge (CR) 1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p><b>1:00 Tour of Pendleton Weaving Mill in Washougal. Limited Seating Free.</b></p> <p><b>2:00 Photo Fun with Rebecca! Bring your Camera or Smartphone and let's take photos! (Computer Lab)</b></p> <p>3:00 Tai-Chi - Moving for Better Balance (P) 6:30 Bible Study (ECU) 6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>21</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) 10:00 Glenwood Theater Rehearsal (Tht) 10:30 Beach Ball Toss (in the Sky Gym) 11:30 Free Eyeglass Clinic - eyeglass cleaning and adjustments (LL) 1:00 Beanbag Baseball Teams B &amp; D (SG) 1:00 Farkle with Vicki (P) 1:00 Open Pool (SP) 2:30 BINGO (DR) 3:00 Happy Hour with Stan Lasley (P) 6:30 Hymn Sing-A-Long (P) 7:00 Open Poker (CR)</p> <p><b>7:00 Beanbag Baseball Banquet – Fried Chicken Dinner, drinks, and the award ceremony. Limited to one guest. RSVP. (DR)</b></p>	<p>9:00 Rhythm Reaction Fitness (SG) <b>22</b></p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby) 9:30 Veteran's Group (Tht) 10:30 Beanbag Baseball Teams A &amp; C (SG) 11:30 Jerlean on Piano (DR) 12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby) 1:00 Aqua Fitness (Pool Room) 1:00 Open Cribbage (CR) <b>1:00 Shopping at Fred Meyer</b> <b>2:30 Readings with Nick - Come listen to humorous stories from various popular authors (Tht)</b> 5:45 Rummy Q in the Lofts (Lofts Lobby) 6:30 Bridge (CR) 6:30 Open Pinochle Card Game (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>23</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) <b>10:30 Health Talks with Sabrina (Tht)</b> 12:30 Blood Pressure Reading for Terrace Residents (TL) 1:00 Beanbag Baseball Teams C &amp; D (SG) 1:00 Open Pool (SP) <b>1:00 Po-Ke-No Card Game with Vicki (TL)</b> 2:00 Life Goes On Support Group - with St. Luke's Episcopal Church (ECU) 2:30 BINGO (DR) 3:00 Tai-Chi - Moving for Better Balance (P) 4:30 Linda on Piano (DR) <b>4:30 Supper Outing to Golden City Restaurant. RSVP</b></p>	<p>9:00 Sit To Be Fit (SG) <b>24</b></p> <p><b>9:30 Shopping trip: - Walmart, Trader Joe's, Fred Meyer (RSVP at the front desk.)</b></p> <p>10:00 Chair Massage Therapy - Sign up at the Front Desk. \$20 (ECU) <b>10:30 Ted Talks (Tht)</b> 10:30 Beanbag Baseball Teams A &amp; B (SG) 12:30 Bus to Vancouver Mall. RSVP 1:00 Glenwood Choir (Tht) 1:00 Wii Bowling (SG) <b>2:30 Come Celebrate Chinese New Year with Shelly Voight (DR)</b> 6:00 Friday Night Movie - "Born Free" (1966) PG 1h 35min (Tht)</p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>25</b></p> <p>10:30 Open Chess &amp; Checkers (CR) 10:30 Saturday Morning with Madeline (SG) <b>1:00 5 Minute Mysteries - Entertaining stumpers will sharpen your powers of observation and test your deductive skills (Tht)</b> 1:00 Open Billiards (Cue Room 3rd Floor Lodge) <b>1:30 Outing to the Vancouver Symphony (Admission \$40)</b> 2:30 BINGO (DR) 6:00 Saturday Night Movie - "For Me and My Gal" (1942) 1h 44min (Tht)</p>
<p>8:20 Bus to Columbia Presbyterian <b>26</b></p> <p>8:20 Bus to St Joseph's. RSVP 8:20 Bus to St. Paul Lutheran 9:00 Bus to Immanuel Lutheran 9:20 Bus to First Presbyterian 9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht) 1:00 Open Scrabble (P) 1:00 Sunday Movie - "The Wild Country" (1970) G 1h 40min (Tht) 1:30 Open Hand in Foot Card Game (CR) 3:00 Hymns &amp; Devotions with Ron &amp; Donna (DR) 3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge) 5:45 Rummy Q in the Lofts (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>27</b></p> <p>9:30 Sit to be Fit in the Lofts (Lofts Lobby) 9:30 Threading Needles (AR) <b>10:30 Lunch Outing to Kitchen Table Cafe. RSVP</b></p> <p>10:30 Music Therapy with Dan - Join us for sing alongs and play instruments. (Tht) 12:30 Blood Pressures Reading for Plaza residents (P) 1:00 Aqua Fitness (Pool Room) 1:00 Monday Movie - "The Book Thief" (2013) PG-13 2h 11min (Tht) 1:00 Open Bridge (CR) 1:00 Open Farkle (Cue Room 3rd Floor Lodge) 2:00 Bulletin Board Crafters - come help decorate the bulletin boards with Rebecca! (AR) 3:00 Tai-Chi - Moving for Better Balance (P) 6:30 Bible Study (ECU) 6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>28</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) 10:00 Glenwood Theater Rehearsal (Tht) 10:30 Beach Ball Toss (in the Sky Gym) 1:00 Beanbag Baseball Teams B &amp; D (SG) 1:00 Open Pool (SP) 1:30 Classical Club with Terry. Must do if you are a music lover! (Tht) 2:30 BINGO (DR) 3:00 Happy Hour with Vladimir on Violin (P) 6:30 Hymn Sing-A-Long (P) <b>7:00 Bingo After Dark</b> 7:00 Open Poker (CR)</p>	<p>9:00 Rhythm Reaction Fitness (SG) <b>29</b></p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby) 9:30 Veteran's Group (Tht) <b>10:00 Outing to Fort Vancouver High School for their Community Love Lunch. Free. RSVP</b></p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG) 11:30 Jerlean on Piano (DR) 12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby) 1:00 Aqua Fitness (Pool Room) 1:00 Open Cribbage (CR) <b>1:00 Shopping at Fred Meyer</b> <b>2:30 Brain Games (Tht)</b> 4:00 Linda on Piano (DR) <b>4:00 Lodge Birthday Dinner - RSVP at the Front Desk (DR)</b> 5:45 Rummy Q in the Lofts (Lofts Lobby) 6:30 Bridge (CR) 6:30 Open Pinochle Card Game (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>30</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) <b>10:30 Film Appreciation with Nick - Come explore the aesthetics of cinema, the concepts behind storytelling and various elements of a film (Tht)</b> 12:30 Blood Pressure Reading for Terrace Residents (TL) 1:00 Beanbag Baseball Teams C &amp; D (SG) 1:00 Open Pool (SP) 2:30 BINGO (DR) 3:00 Tai-Chi - Moving for Better Balance (P) <b>4:00 Birthday Dinner for the Plaza, Terrace and Lofts (DR)</b> 4:30 Linda on Piano (DR)</p>	<p>9:00 Sit To Be Fit (SG) <b>31</b></p> <p><b>9:30 Shopping at Winco, Walgreens, Dollar Tree, Target, and Safeway</b></p> <p>10:00 Alzheimer's and Dementia Caregiver Support Group (Tht) 10:00 Chair Massage Therapy - Sign up at the Front Desk. \$20 (ECU) 10:30 Beanbag Baseball Teams A &amp; B (SG) 11:15 Grief Support Group (Tht) <b>12:30 Bus to Vancouver Mall. RSVP</b> <b>1:00 Glenwood Choir (Tht)</b> 1:00 Wii Bowling (SG) 2:30 Happy Hour with Emmy Horowitz (DR) 6:00 Friday Night Movie - "Armstrong" (2019) DOCUMENTARY 1h 40min (Tht)</p>	

## Room Key

(AR) = Activity Room	(AR) = Activity Room 2nd Floor Lodge	(BQ) = Buffet Dining Room	(CR) = Card Room, 3rd Floor Lodge	(COMP) = Computer Room	(CY) = Courtyard	(Cue) = Cue Room, 3rd Floor Lodge
(DR) = Dining Room	(ECU) = ECU Activity Room	(Lbal) = Lodge Balcony 2nd Floor	(Lbal) = Lodge Balcony, 2nd Floor	(DR) = Lodge Dining Room	(LG) = Lodge Gardens	(LLB) = Lodge Library
(LL) = Lodge Lobby	(MR) = Mailroom	(P) = Plaza Community Room	(P) = Plaza Community Room, 2nd floor	(PG) = Plaza Garage	(PP) = Pool Patio	(SP) = Pool Room, Lodge
(SG) = Sky Gym	(SR) = Spa Room, 2nd floor Lodge	(TP) = Terrace Front Patio	(TL) = Terrace Lobby	(TP) = Terrace Lobby/Front Patio Area	(Tht) = Theater	



# Glenwood Place Calendar

# JANUARY 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>DOCTOR DAYS TUESDAYS</b> West of ANDRESEN Road. Salmon Creek, Hazel Dell, Downtown Vancouver &amp; the VA.</p> <p><b>THURSDAYS</b> East of ANDRESEN Road. 87<sup>th</sup> Ave, Cascade Park, Fisher's Landing, Orchards Mall</p>	<p><b>All outings are highlighted in YELLOW.</b></p> <p><b>Sign up for these events at the front desk. If bus is full, please add your name to the waiting list</b></p>	<p>Glenwood Place 5500 NE 82nd Ave. Vancouver, WA 98662 (360) 892-1100</p> <p><b>Email Activities</b> <a href="mailto:navdienko@glenwoodplace.net">navdienko@glenwoodplace.net</a></p>	<p>9:00 Rhythm Reaction Fitness (SG) <b>1</b></p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby)</p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Open Cribbage (CR)</p> <p><b>1:00 Shopping at Fred Meyer</b></p> <p><b>2:00 Rose Bowl on the Big Screen - Ducks vs. Badgers. Pizza &amp; Soda Provided!!! (P)</b></p> <p>5:45 Rummy Q (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>2</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p><b>11:00 History Talks with John Griffin (Th)</b></p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag C &amp; D (SG)</p> <p>1:00 Five Crowns Game (TL)</p> <p>1:00 Open Pool (SP)</p> <p><b>1:00 Activity Calendar Forum with Nick (Th)</b></p> <p>2:30 Glentucky Derby Horse Races (Th)</p> <p>3:00 Tai-Chi (P)</p> <p>4:30 Linda on Piano (DR)</p> <p><b>4:45 Supper Outing to Cameo Cafe. RSVP. Limited Seating</b></p>	<p>9:00 Sit To Be Fit (SG) <b>3</b></p> <p><b>9:30 Shopping at Winco, Walgreens, Dollar Tree, Target, and Safeway</b></p> <p>10:00 Chair Massage Therapy - \$20 (ECU)</p> <p><b>10:30 Brain Games (Th)</b></p> <p>10:30 Beanbag A &amp; B (SG)</p> <p><b>12:30 Bus to Vanc Mall RSVP</b></p> <p>1:00 Glenwood Choir (Th)</p> <p>1:00 Wii Bowling (SG)</p> <p><b>2:30 Happy Hour with Monte Watters (DR)</b></p> <p><b>6:00 No Friday Movie (Th)</b></p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>4</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p><b>10:30 Saturday Morning with Madeline (SG)</b></p> <p>11:00 Sewing Lady - Mending and hemming at a reasonable rate (MR)</p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p>1:00 Symphony Saturday - Yuja Wang performs Schubert and Schumann (Th)</p> <p>2:30 BINGO (DR)</p> <p><b>6:00 No Saturday Night Movie (Th)</b></p>
<p>8:20 Bus to Columbia Presbyterian <b>5</b></p> <p>8:20 Bus to St Joseph's. RSVP</p> <p>8:20 Bus to St. Paul Lutheran</p> <p>9:00 Bus to Immanuel Lutheran</p> <p>9:20 Bus to First Presbyterian</p> <p>9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Th)</p> <p>1:00 Open Scrabble (P)</p> <p>1:00 Sunday Movie - "McFarland, USA" (2015) PG 2h 9min (Th)</p> <p>1:30 Open Hand in Foot Card Game (CR)</p> <p>2:00 Episcopal Communion (ECU)</p> <p>3:00 First Christian Church Service (DR)</p> <p>3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge)</p> <p>5:45 Rummy Q in the Lofts (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>6</b></p> <p><b>9:30 Casino Outing to Ilani Casino - RSVP Bring \$</b></p> <p>9:30 Sit to be Fit in the Lofts (Lofts Lobby)</p> <p>9:30 Threading Needles (AR)</p> <p>10:30 "People and Stories" Reading Group (LLB)</p> <p>10:30 Computer Lab - Bring your laptop, phone, or tablet and get your questions answered. (COMP)</p> <p>12:30 Blood Pressures Reading for Plaza residents (P)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Monday Movie - "Cinema Paradiso" (1988) FOREIGN FILM - RATED R 2h 35min (Th)</p> <p>1:00 Open Bridge (CR)</p> <p>1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p>3:00 Tai-Chi (P)</p> <p>5:45 Bunco with Vicki. RSVP with Vicki (P)</p> <p>6:30 Bible Study (ECU)</p> <p>6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>7</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:00 Glenwood Theater Rehearsal (Th)</p> <p><b>10:00 NEW - Kitchen Tours. RSVP at the Front Desk. Meet in the Lobby (LL)</b></p> <p>10:30 Beach Ball Toss (in the Sky Gym)</p> <p>1:00 Beanbag Teams B &amp; D (SG)</p> <p>1:00 Farkle with Vicki (P)</p> <p>1:00 Open Pool (SP)</p> <p>1:00 Watercolor with Becky (AR)</p> <p><b>2:00 NEW - Kitchen Tours. RSVP at the Front Desk. Meet in the Lobby (LL)</b></p> <p>2:30 BINGO (DR)</p> <p>3:00 Happy Hour with William Spilette (P)</p> <p>6:00 Rock Painting (AR)</p> <p>6:30 Hymn Sing-A-Long (P)</p> <p>7:00 Open Poker (CR)</p>	<p>8:00 Pedicures with Dawn - Cost is \$25, pay her. Sign up at the front desk for a time slot. (AR) <b>8</b></p> <p>9:00 Rhythm Reaction Fitness (SG)</p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby)</p> <p>9:30 Veteran's Group (Th)</p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Language Club - Want to Learn Sign Language? One of our residents will be teaching! (COMP)</p> <p>1:00 Open Cribbage (CR)</p> <p><b>1:00 Red Hat Ladies - Tea &amp; Movie (Th)</b></p> <p><b>1:00 Shopping at Fred Meyer</b></p> <p>5:45 Rummy Q (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>9</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p><b>10:30 Health Talks with Sabrina (Th)</b></p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag Baseball Teams C &amp; D (SG)</p> <p>1:00 Open Pool (SP)</p> <p><b>1:00 Po-Ke-No Card Game with Vicki (TL)</b></p> <p><b>2:30 Bingo Auction - Bring Your Bingo Bucks to Bid on Some Great Prizes (In the Dining Room)</b></p> <p>3:00 Tai-Chi - Moving for Better Balance (P)</p> <p>4:30 Linda on Piano (DR)</p> <p><b>4:30 Supper Outing to The Hammond Kitchen &amp; Craft Bar in Camas. RSVP</b></p>	<p>9:00 Sit To Be Fit (SG) <b>10</b></p> <p><b>9:30 Shopping trip: - Walmart, Trader Joe's, Fred Meyer (RSVP at the front desk.)</b></p> <p>10:00 Alzheimer's and Dementia Caregiver Support Group (Th)</p> <p>10:00 Chair Massage Therapy - Sign up at the Front Desk. \$20 (ECU)</p> <p>10:30 Beanbag Teams A &amp; B (SG)</p> <p>11:15 Grief Support Group (Th)</p> <p><b>12:30 Bus to Vanc Mall RSVP</b></p> <p><b>12:30 Glenwood Choir (Th)</b></p> <p>1:00 Wii Bowling (SG)</p> <p><b>1:30 Residents Association Meeting (DR)</b></p> <p>2:30 Happy Hour with Karen Overton (DR)</p> <p>6:00 No Friday Movie</p> <p><b>7:00 Performance - The Dynamic Duo of Reno and Cindy Hollar. Great dancing music and songs (DR)</b></p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>11</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p>10:30 Saturday Morning with Madeline (SG)</p> <p><b>1:00 All the World's a Zoo (Th)</b></p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p><b>2:00 Encore Performance - More Music with Reno and Cindy Hollar (DR)</b></p> <p>6:00 Saturday Night Movie - "Downton Abbey" (2019) PG 2h 2min (Th)</p>
<p>8:20 Bus to Columbia Presbyterian <b>12</b></p> <p>8:20 Bus to St Joseph's. RSVP</p> <p>8:20 Bus to St. Paul Lutheran</p> <p>9:00 Bus to Immanuel Lutheran</p> <p>9:20 Bus to First Presbyterian</p> <p>9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Th)</p> <p>1:00 Open Scrabble (P)</p> <p>1:00 Sunday Movie - "Larger Than Life" (1996) PG 1h 33min (Th)</p> <p>1:30 Open Hand in Foot Card Game (CR)</p> <p>3:00 Open Boggle (Cue Room)</p> <p>5:45 Rummy Q (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>13</b></p> <p>9:30 Sit to be Fit (Lofts Lobby)</p> <p>9:30 Threading Needles (AR)</p> <p>10:30 Music Therapy with Dan (Th)</p> <p><b>10:45 Lunch Outing to Red Lobster. RSVP</b></p> <p>12:30 Blood Pressures (P)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Monday Movie - "The Two Popes" (2019) PG-13 2h 5min (Th)</p> <p>1:00 Open Bridge (CR)</p> <p>1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p><b>1:30 Outing to Local Thrift Stores. RSVP</b></p> <p>2:00 Bulletin Board Crafters - (AR)</p> <p>3:00 Tai-Chi (P)</p> <p>6:30 Bible Study (ECU)</p> <p>6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>14</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p><b>10:00 Glenwood Theater Open House - Come join the Acting Group! (Th)</b></p> <p>10:30 Beach Ball Toss (in the Sky Gym)</p> <p>1:00 Beanbag Baseball Teams B &amp; D (SG)</p> <p>1:00 Open Pool (SP)</p> <p>2:30 BINGO (DR)</p> <p>3:00 Happy Hour with Pianist Diome Alcomendac (P)</p> <p>6:00 Rock Painting (AR)</p> <p>6:30 Hymn Sing-A-Long (P)</p> <p>7:00 Open Poker (CR)</p>	<p>7:30 Women &amp; Men's Breakfast! Free. (7:30 - 8:30) (BQ) <b>15</b></p> <p>9:00 Rhythm Reaction (SG)</p> <p>9:30 "Sit to be Fit" (Lofts Lobby)</p> <p>9:30 Veteran's Group (Th)</p> <p>10:30 Beanbag Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Open Cribbage (CR)</p> <p><b>1:00 Shopping at Fred Meyer</b></p> <p><b>2:30 Let's Play Jeopardy! (Th)</b></p> <p>5:45 Rummy Q (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>16</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:30 Book Club hosted by Cynthia (ECU)</p> <p>11:00 History Talks with John Griffin (Th)</p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag Teams C &amp; D (SG)</p> <p>1:00 5 Crowns Card Game (TL)</p> <p>1:00 Open Pool (SP)</p> <p><b>2:30 Glentucky Derby Horse Racing - Store is open! Bring your Derby Bucks (Th)</b></p> <p>3:00 Tai-Chi (P)</p> <p>4:30 Linda on Piano (DR)</p> <p><b>4:30 Supper Outing to Patrick's Hawaiian Cafe. RSVP</b></p>	<p>9:00 Sit To Be Fit (SG) <b>17</b></p> <p><b>9:30 Shopping at Winco, Walgreens, Dollar Tree, Target, and Safeway</b></p> <p>10:00 Alzheimer's and Dementia Support Group (Th)</p> <p>10:00 Chair Massage Therapy - \$20 (ECU)</p> <p>10:30 Beanbag Teams A &amp; B (SG)</p> <p><b>10:30 Headlines and Donuts (TL)</b></p> <p>11:15 Grief Support Group (Th)</p> <p><b>12:30 Bus to Vanc Mall RSVP</b></p> <p>1:00 Glenwood Choir (Th)</p> <p>1:00 Wii Bowling (SG)</p> <p>2:30 Happy Hour Mike Hart (DR)</p> <p>6:00 Friday Night Movie - "The Report" (2019) RATED R 1h 59min (Th)</p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>18</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p>10:30 Saturday Morning with Madeline (SG)</p> <p>11:00 Sewing Lady - Mending and hemming at a reasonable rate (MR)</p> <p><b>1:00 Mystery Drive with Carroll. RSVP</b></p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p>1:00 Symphony Saturday - Rachmaninov, Piano Concerto No. 2 in C minor - Yuja Wang, Yuri Temirkanov (Th)</p> <p>2:30 BINGO (DR)</p> <p>6:00 Saturday Night Movie - "Seven Brides for Seven Brothers" (1954) G 1h 42min (Th)</p>

<p>8:20 Bus to Columbia Presbyterian <b>19</b></p> <p>8:20 Bus to St Joseph's. RSVP</p> <p>8:20 Bus to St. Paul Lutheran</p> <p>9:00 Bus to Immanuel Lutheran</p> <p>9:20 Bus to First Presbyterian</p> <p>9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht)</p> <p>11:00 Cherie The Card Lady (LL)</p> <p>1:00 Open Scrabble (P)</p> <p>1:00 Sunday Movie - "Operation Dumbo Drop" (1995) PG 1h 47min (Tht)</p> <p>1:30 Open Hand in Foot Card Game (CR)</p> <p>2:00 Episcopal Communion (ECU)</p> <p>3:00 Columbia Christian Church (DR)</p> <p>3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge)</p> <p>5:45 Rummy Q in the Lofts (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>20</b></p> <p>9:30 Sit to be Fit in the Lofts (Lofts Lobby)</p> <p><b>9:30 Tour of Pendleton Weaving Mill in Washougal. Limited Seating. Free</b></p> <p>9:30 Threading Needles (AR)</p> <p>12:30 Blood Pressures Reading for Plaza residents (P)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Monday Movie - "Annie" (1982) PG 2h 7min (Tht)</p> <p>1:00 Open Bridge (CR)</p> <p>1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p><b>1:00 Tour of Pendleton Weaving Mill in Washougal. Limited Seating Free.</b></p> <p><b>2:00 Photo Fun with Rebecca! Bring your Camera or Smartphone and let's take photos! (Computer Lab)</b></p> <p>3:00 Tai-Chi - Moving for Better Balance (P)</p> <p>6:30 Bible Study (ECU)</p> <p>6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>21</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:00 Glenwood Theater Rehearsal (Tht)</p> <p>10:30 Beach Ball Toss (in the Sky Gym)</p> <p>11:30 Free Eyeglass Clinic - eyeglass cleaning and adjustments (LL)</p> <p>1:00 Beanbag Baseball Teams B &amp; D (SG)</p> <p>1:00 Farkle with Vicki (P)</p> <p>1:00 Open Pool (SP)</p> <p>2:30 BINGO (DR)</p> <p>3:00 Happy Hour with Stan Lasley (P)</p> <p>6:30 Hymn Sing-A-Long (P)</p> <p>7:00 Open Poker (CR)</p> <p><b>7:00 Beanbag Baseball Banquet – Fried Chicken Dinner, drinks, and the award ceremony. Limited to one guest. RSVP. (DR)</b></p>	<p>9:00 Rhythm Reaction Fitness (SG) <b>22</b></p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby)</p> <p>9:30 Veteran's Group (Tht)</p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Open Cribbage (CR)</p> <p><b>1:00 Shopping at Fred Meyer</b></p> <p><b>2:30 Readings with Nick - Come listen to humorous stories from various popular authors (Tht)</b></p> <p>5:45 Rummy Q in the Lofts (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle Card Game (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>23</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p><b>10:30 Health Talks with Sabrina (Tht)</b></p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag Baseball Teams C &amp; D (SG)</p> <p>1:00 Open Pool (SP)</p> <p><b>1:00 Po-Ke-No Card Game with Vicki (TL)</b></p> <p>2:00 Life Goes On Support Group - with St. Luke's Episcopal Church (ECU)</p> <p>2:30 BINGO (DR)</p> <p>3:00 Tai-Chi - Moving for Better Balance (P)</p> <p>4:30 Linda on Piano (DR)</p> <p><b>4:30 Supper Outing to Golden City Restaurant. RSVP</b></p>	<p>9:00 Sit To Be Fit (SG) <b>24</b></p> <p><b>9:30 Shopping trip: - Walmart, Trader Joe's, Fred Meyer (RSVP at the front desk.)</b></p> <p>10:00 Chair Massage Therapy - Sign up at the Front Desk. \$20 (ECU)</p> <p><b>10:30 Ted Talks (Tht)</b></p> <p>10:30 Beanbag Baseball Teams A &amp; B (SG)</p> <p>12:30 Bus to Vancouver Mall. RSVP</p> <p>1:00 Glenwood Choir (Tht)</p> <p>1:00 Wii Bowling (SG)</p> <p><b>2:30 Come Celebrate Chinese New Year with Shelly Voight (DR)</b></p> <p>6:00 Friday Night Movie - "Born Free" (1966) PG 1h 35min (Tht)</p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>25</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p>10:30 Saturday Morning with Madeline (SG)</p> <p><b>1:00 5 Minute Mysteries - Entertaining stumpers will sharpen your powers of observation and test your deductive skills (Tht)</b></p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p><b>1:30 Outing to the Vancouver Symphony (Admission \$40)</b></p> <p>2:30 BINGO (DR)</p> <p>6:00 Saturday Night Movie - "For Me and My Gal" (1942) 1h 44min (Tht)</p>
<p>8:20 Bus to Columbia Presbyterian <b>26</b></p> <p>8:20 Bus to St Joseph's. RSVP</p> <p>8:20 Bus to St. Paul Lutheran</p> <p>9:00 Bus to Immanuel Lutheran</p> <p>9:20 Bus to First Presbyterian</p> <p>9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht)</p> <p>1:00 Open Scrabble (P)</p> <p>1:00 Sunday Movie - "The Wild Country" (1970) G 1h 40min (Tht)</p> <p>1:30 Open Hand in Foot Card Game (CR)</p> <p>3:00 Hymns &amp; Devotions with Ron &amp; Donna (DR)</p> <p>3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge)</p> <p>5:45 Rummy Q in the Lofts (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>27</b></p> <p>9:30 Sit to be Fit in the Lofts (Lofts Lobby)</p> <p>9:30 Threading Needles (AR)</p> <p><b>10:30 Lunch Outing to Kitchen Table Cafe. RSVP</b></p> <p>10:30 Music Therapy with Dan - Join us for sing alongs and play instruments. (Tht)</p> <p>12:30 Blood Pressures Reading for Plaza residents (P)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Monday Movie - "The Book Thief" (2013) PG-13 2h 11min (Tht)</p> <p>1:00 Open Bridge (CR)</p> <p>1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p>2:00 Bulletin Board Crafters - come help decorate the bulletin boards with Rebecca! (AR)</p> <p>3:00 Tai-Chi - Moving for Better Balance (P)</p> <p>6:30 Bible Study (ECU)</p> <p>6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>28</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:00 Glenwood Theater Rehearsal (Tht)</p> <p>10:30 Beach Ball Toss (in the Sky Gym)</p> <p>1:00 Beanbag Baseball Teams B &amp; D (SG)</p> <p>1:00 Open Pool (SP)</p> <p>1:30 Classical Club with Terry. Must do if you are a music lover! (Tht)</p> <p>2:30 BINGO (DR)</p> <p>3:00 Happy Hour with Vladimir on Violin (P)</p> <p>6:30 Hymn Sing-A-Long (P)</p> <p><b>7:00 Bingo After Dark</b></p> <p>7:00 Open Poker (CR)</p>	<p>9:00 Rhythm Reaction Fitness (SG) <b>29</b></p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby)</p> <p>9:30 Veteran's Group (Tht)</p> <p><b>10:00 Outing to Fort Vancouver High School for their Community Love Lunch. Free. RSVP</b></p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Open Cribbage (CR)</p> <p><b>1:00 Shopping at Fred Meyer</b></p> <p><b>2:30 Brain Games (Tht)</b></p> <p>4:00 Linda on Piano (DR)</p> <p><b>4:00 Lodge Birthday Dinner - RSVP at the Front Desk (DR)</b></p> <p>5:45 Rummy Q in the Lofts (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle Card Game (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>30</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p><b>10:30 Film Appreciation with Nick - Come explore the aesthetics of cinema, the concepts behind storytelling and various elements of a film (Tht)</b></p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag Baseball Teams C &amp; D (SG)</p> <p>1:00 Open Pool (SP)</p> <p>2:30 BINGO (DR)</p> <p>3:00 Tai-Chi - Moving for Better Balance (P)</p> <p><b>4:00 Birthday Dinner for the Plaza, Terrace and Lofts (DR)</b></p> <p>4:30 Linda on Piano (DR)</p>	<p>9:00 Sit To Be Fit (SG) <b>31</b></p> <p><b>9:30 Shopping at Winco, Walgreens, Dollar Tree, Target, and Safeway</b></p> <p>10:00 Alzheimer's and Dementia Caregiver Support Group (Tht)</p> <p>10:00 Chair Massage Therapy - Sign up at the Front Desk. \$20 (ECU)</p> <p>10:30 Beanbag Baseball Teams A &amp; B (SG)</p> <p>11:15 Grief Support Group (Tht)</p> <p><b>12:30 Bus to Vancouver Mall. RSVP</b></p> <p><b>1:00 Glenwood Choir (Tht)</b></p> <p>1:00 Wii Bowling (SG)</p> <p>2:30 Happy Hour with Emmy Horowitz (DR)</p> <p>6:00 Friday Night Movie - "Armstrong" (2019) DOCUMENTARY 1h 40min (Tht)</p>	

## Room Key

(AR) = Activity Room	(AR) = Activity Room 2nd Floor Lodge	(BQ) = Buffet Dining Room	(CR) = Card Room, 3rd Floor Lodge	(COMP) = Computer Room	(CY) = Courtyard	(Cue) = Cue Room, 3rd Floor Lodge
(DR) = Dining Room	(ECU) = ECU Activity Room	(Lbal) = Lodge Balcony 2nd Floor	(Lbal) = Lodge Balcony, 2nd Floor	(DR) = Lodge Dining Room	(LG) = Lodge Gardens	(LLB) = Lodge Library
(LL) = Lodge Lobby	(MR) = Mailroom	(P) = Plaza Community Room	(P) = Plaza Community Room, 2nd floor	(PG) = Plaza Garage	(PP) = Pool Patio	(SP) = Pool Room, Lodge
(SG) = Sky Gym	(SR) = Spa Room, 2nd floor Lodge	(TP) = Terrace Front Patio	(TL) = Terrace Lobby	(TP) = Terrace Lobby/Front Patio Area	(Tht) = Theater	



# Glenwood Place Calendar

# JANUARY 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>DOCTOR DAYS TUESDAYS</b> West of ANDRESEN Road. Salmon Creek, Hazel Dell, Downtown Vancouver &amp; the VA.</p> <p><b>THURSDAYS</b> East of ANDRESEN Road. 87<sup>th</sup> Ave, Cascade Park, Fisher's Landing, Orchards Mall</p>	<p><b>All outings are highlighted in YELLOW.</b></p> <p>Sign up for these events at the front desk. If bus is full, please add your name to the waiting list</p>	<p>Glenwood Place 5500 NE 82nd Ave. Vancouver, WA 98662 (360) 892-1100</p> <p>Email Activities <a href="mailto:navdienko@glenwoodplace.net">navdienko@glenwoodplace.net</a></p>	<p>9:00 Rhythm Reaction Fitness (SG) <b>1</b></p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby)</p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Open Cribbage (CR)</p> <p>1:00 Shopping at Fred Meyer</p> <p>2:00 Rose Bowl on the Big Screen - Ducks vs. Badgers. Pizza &amp; Soda Provided!!! (P)</p> <p>5:45 Rummy Q (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>2</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>11:00 History Talks with John Griffin (Tht)</p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag C &amp; D (SG)</p> <p>1:00 Five Crowns Game (TL)</p> <p>1:00 Open Pool (SP)</p> <p>1:00 Activity Calendar Forum with Nick (Tht)</p> <p>2:30 Glentucky Derby Horse Races (Tht)</p> <p>3:00 Tai-Chi (P)</p> <p>4:30 Linda on Piano (DR)</p> <p>4:45 Supper Outing to Cameo Cafe. RSVP. Limited Seating</p>	<p>9:00 Sit To Be Fit (SG) <b>3</b></p> <p>9:30 Shopping at Winco, Walgreens, Dollar Tree, Target, and Safeway</p> <p>10:00 Chair Massage Therapy - \$20 (ECU)</p> <p>10:30 Brain Games (Tht)</p> <p>10:30 Beanbag A &amp; B (SG)</p> <p>12:30 Bus to Vanc Mall RSVP</p> <p>1:00 Glenwood Choir (Tht)</p> <p>1:00 Wii Bowling (SG)</p> <p>2:30 Happy Hour with Monte Watters (DR)</p> <p>6:00 No Friday Movie (Tht)</p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>4</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p>10:30 Saturday Morning with Madeline (SG)</p> <p>11:00 Sewing Lady - Mending and hemming at a reasonable rate (MR)</p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p>1:00 Symphony Saturday - Yuja Wang performs Schubert and Schumann (Tht)</p> <p>2:30 BINGO (DR)</p> <p>6:00 No Saturday Night Movie (Tht)</p>
<p>8:20 Bus to Columbia Presbyterian <b>5</b></p> <p>8:20 Bus to St Joseph's. RSVP</p> <p>8:20 Bus to St. Paul Lutheran</p> <p>9:00 Bus to Immanuel Lutheran</p> <p>9:20 Bus to First Presbyterian</p> <p>9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht)</p> <p>1:00 Open Scrabble (P)</p> <p>1:00 Sunday Movie - "McFarland, USA" (2015) PG 2h 9min (Tht)</p> <p>1:30 Open Hand in Foot Card Game (CR)</p> <p>2:00 Episcopal Communion (ECU)</p> <p>3:00 First Christian Church Service (DR)</p> <p>3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge)</p> <p>5:45 Rummy Q in the Lofts (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>6</b></p> <p>9:30 Casino Outing to Ilani Casino - RSVP Bring \$</p> <p>9:30 Sit to be Fit in the Lofts (Lofts Lobby)</p> <p>9:30 Threading Needles (AR)</p> <p>10:30 "People and Stories" Reading Group (LLB)</p> <p>10:30 Computer Lab - Bring your laptop, phone, or tablet and get your questions answered. (COMP)</p> <p>12:30 Blood Pressures Reading for Plaza residents (P)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Monday Movie - "Cinema Paradiso" (1988) FOREIGN FILM - RATED R 2h 35min (Tht)</p> <p>1:00 Open Bridge (CR)</p> <p>1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p>3:00 Tai-Chi (P)</p> <p>5:45 Bunco with Vicki. RSVP with Vicki (P)</p> <p>6:30 Bible Study (ECU)</p> <p>6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>7</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:00 Glenwood Theater Rehearsal (Tht)</p> <p>10:00 NEW - Kitchen Tours. RSVP at the Front Desk. Meet in the Lobby (LL)</p> <p>10:30 Beach Ball Toss (in the Sky Gym)</p> <p>1:00 Beanbag Teams B &amp; D (SG)</p> <p>1:00 Farkle with Vicki (P)</p> <p>1:00 Open Pool (SP)</p> <p>1:00 Watercolor with Becky (AR)</p> <p>2:00 NEW - Kitchen Tours. RSVP at the Front Desk. Meet in the Lobby (LL)</p> <p>2:30 BINGO (DR)</p> <p>3:00 Happy Hour with William Spilette (P)</p> <p>6:00 Rock Painting (AR)</p> <p>6:30 Hymn Sing-A-Long (P)</p> <p>7:00 Open Poker (CR)</p>	<p>8:00 Pedicures with Dawn - Cost is \$25, pay her. Sign up at the front desk for a time slot. (AR) <b>8</b></p> <p>9:00 Rhythm Reaction Fitness (SG)</p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby)</p> <p>9:30 Veteran's Group (Tht)</p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Language Club - Want to Learn Sign Language? One of our residents will be teaching! (COMP)</p> <p>1:00 Open Cribbage (CR)</p> <p>1:00 Red Hat Ladies - Tea &amp; Movie (Tht)</p> <p>1:00 Shopping at Fred Meyer</p> <p>5:45 Rummy Q (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>9</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:30 Health Talks with Sabrina (Tht)</p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag Baseball Teams C &amp; D (SG)</p> <p>1:00 Open Pool (SP)</p> <p>1:00 Po-Ke-No Card Game with Vicki (TL)</p> <p>2:30 Bingo Auction - Bring Your Bingo Bucks to Bid on Some Great Prizes (In the Dining Room)</p> <p>3:00 Tai-Chi - Moving for Better Balance (P)</p> <p>4:30 Linda on Piano (DR)</p> <p>4:30 Supper Outing to The Hammond Kitchen &amp; Craft Bar in Camas. RSVP</p>	<p>9:00 Sit To Be Fit (SG) <b>10</b></p> <p>9:30 Shopping trip: - Walmart, Trader Joe's, Fred Meyer (RSVP at the front desk.)</p> <p>10:00 Alzheimer's and Dementia Caregiver Support Group (Tht)</p> <p>10:00 Chair Massage Therapy - Sign up at the Front Desk. \$20 (ECU)</p> <p>10:30 Beanbag Teams A &amp; B (SG)</p> <p>11:15 Grief Support Group (Tht)</p> <p>12:30 Bus to Vanc Mall RSVP</p> <p>12:30 Glenwood Choir (Tht)</p> <p>1:00 Wii Bowling (SG)</p> <p>1:30 Residents Association Meeting (DR)</p> <p>2:30 Happy Hour with Karen Overton (DR)</p> <p>6:00 No Friday Movie</p> <p>7:00 Performance - The Dynamic Duo of Reno and Cindy Hollar. Great dancing music and songs (DR)</p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>11</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p>10:30 Saturday Morning with Madeline (SG)</p> <p>1:00 All the World's a Zoo (Tht)</p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p>2:00 Encore Performance - More Music with Reno and Cindy Hollar (DR)</p> <p>6:00 Saturday Night Movie - "Downton Abbey" (2019) PG 2h 2min (Tht)</p>
<p>8:20 Bus to Columbia Presbyterian <b>12</b></p> <p>8:20 Bus to St Joseph's. RSVP</p> <p>8:20 Bus to St. Paul Lutheran</p> <p>9:00 Bus to Immanuel Lutheran</p> <p>9:20 Bus to First Presbyterian</p> <p>9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht)</p> <p>1:00 Open Scrabble (P)</p> <p>1:00 Sunday Movie - "Larger Than Life" (1996) PG 1h 33min (Tht)</p> <p>1:30 Open Hand in Foot Card Game (CR)</p> <p>3:00 Open Boggle (Cue Room)</p> <p>5:45 Rummy Q (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>13</b></p> <p>9:30 Sit to be Fit (Lofts Lobby)</p> <p>9:30 Threading Needles (AR)</p> <p>10:30 Music Therapy with Dan (Tht)</p> <p>10:45 Lunch Outing to Red Lobster. RSVP</p> <p>12:30 Blood Pressures (P)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Monday Movie - "The Two Popes" (2019) PG-13 2h 5min (Tht)</p> <p>1:00 Open Bridge (CR)</p> <p>1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p>1:30 Outing to Local Thrift Stores. RSVP</p> <p>2:00 Bulletin Board Crafters - (AR)</p> <p>3:00 Tai-Chi (P)</p> <p>6:30 Bible Study (ECU)</p> <p>6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>14</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:00 Glenwood Theater Open House - Come join the Acting Group! (Tht)</p> <p>10:30 Beach Ball Toss (in the Sky Gym)</p> <p>1:00 Beanbag Baseball Teams B &amp; D (SG)</p> <p>1:00 Open Pool (SP)</p> <p>2:30 BINGO (DR)</p> <p>3:00 Happy Hour with Pianist Diome Alcomendac (P)</p> <p>6:00 Rock Painting (AR)</p> <p>6:30 Hymn Sing-A-Long (P)</p> <p>7:00 Open Poker (CR)</p>	<p>7:30 Women &amp; Men's Breakfast! Free. (7:30 - 8:30) (BQ) <b>15</b></p> <p>9:00 Rhythm Reaction (SG)</p> <p>9:30 "Sit to be Fit" (Lofts Lobby)</p> <p>9:30 Veteran's Group (Tht)</p> <p>10:30 Beanbag Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Open Cribbage (CR)</p> <p>1:00 Shopping at Fred Meyer</p> <p>2:30 Let's Play Jeopardy! (Tht)</p> <p>5:45 Rummy Q (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>16</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:30 Book Club hosted by Cynthia (ECU)</p> <p>11:00 History Talks with John Griffin (Tht)</p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag Teams C &amp; D (SG)</p> <p>1:00 5 Crowns Card Game (TL)</p> <p>1:00 Open Pool (SP)</p> <p>2:30 Glentucky Derby Horse Racing - Store is open! Bring your Derby Bucks (Tht)</p> <p>3:00 Tai-Chi (P)</p> <p>4:30 Linda on Piano (DR)</p> <p>4:30 Supper Outing to Patrick's Hawaiian Cafe. RSVP</p>	<p>9:00 Sit To Be Fit (SG) <b>17</b></p> <p>9:30 Shopping at Winco, Walgreens, Dollar Tree, Target, and Safeway</p> <p>10:00 Alzheimer's and Dementia Support Group (Tht)</p> <p>10:00 Chair Massage Therapy - \$20 (ECU)</p> <p>10:30 Beanbag Teams A &amp; B (SG)</p> <p>10:30 Headlines and Donuts (TL)</p> <p>11:15 Grief Support Group (Tht)</p> <p>12:30 Bus to Vanc Mall RSVP</p> <p>1:00 Glenwood Choir (Tht)</p> <p>1:00 Wii Bowling (SG)</p> <p>2:30 Happy Hour Mike Hart (DR)</p> <p>6:00 Friday Night Movie - "The Report" (2019) RATED R 1h 59min (Tht)</p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>18</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p>10:30 Saturday Morning with Madeline (SG)</p> <p>11:00 Sewing Lady - Mending and hemming at a reasonable rate (MR)</p> <p>1:00 Mystery Drive with Carroll. RSVP</p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p>1:00 Symphony Saturday - Rachmaninov, Piano Concerto No. 2 in C minor - Yuja Wang, Yuri Temirkanov (Tht)</p> <p>2:30 BINGO (DR)</p> <p>6:00 Saturday Night Movie - "Seven Brides for Seven Brothers" (1954) G 1h 42min (Tht)</p>

<p>8:20 Bus to Columbia Presbyterian <b>19</b></p> <p>8:20 Bus to St Joseph's. RSVP</p> <p>8:20 Bus to St. Paul Lutheran</p> <p>9:00 Bus to Immanuel Lutheran</p> <p>9:20 Bus to First Presbyterian</p> <p>9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht)</p> <p>11:00 Cherie The Card Lady (LL)</p> <p>1:00 Open Scrabble (P)</p> <p>1:00 Sunday Movie - "Operation Dumbo Drop" (1995) PG 1h 47min (Tht)</p> <p>1:30 Open Hand in Foot Card Game (CR)</p> <p>2:00 Episcopal Communion (ECU)</p> <p>3:00 Columbia Christian Church (DR)</p> <p>3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge)</p> <p>5:45 Rummy Q in the Lofts (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>20</b></p> <p>9:30 Sit to be Fit in the Lofts (Lofts Lobby)</p> <p><b>9:30 Tour of Pendleton Weaving Mill in Washougal. Limited Seating. Free</b></p> <p>9:30 Threading Needles (AR)</p> <p>12:30 Blood Pressures Reading for Plaza residents (P)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Monday Movie - "Annie" (1982) PG 2h 7min (Tht)</p> <p>1:00 Open Bridge (CR)</p> <p>1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p><b>1:00 Tour of Pendleton Weaving Mill in Washougal. Limited Seating Free.</b></p> <p><b>2:00 Photo Fun with Rebecca! Bring your Camera or Smartphone and let's take photos! (Computer Lab)</b></p> <p>3:00 Tai-Chi - Moving for Better Balance (P)</p> <p>6:30 Bible Study (ECU)</p> <p>6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>21</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:00 Glenwood Theater Rehearsal (Tht)</p> <p>10:30 Beach Ball Toss (in the Sky Gym)</p> <p>11:30 Free Eyeglass Clinic - eyeglass cleaning and adjustments (LL)</p> <p>1:00 Beanbag Baseball Teams B &amp; D (SG)</p> <p>1:00 Farkle with Vicki (P)</p> <p>1:00 Open Pool (SP)</p> <p>2:30 BINGO (DR)</p> <p>3:00 Happy Hour with Stan Lasley (P)</p> <p>6:30 Hymn Sing-A-Long (P)</p> <p>7:00 Open Poker (CR)</p> <p><b>7:00 Beanbag Baseball Banquet – Fried Chicken Dinner, drinks, and the award ceremony. Limited to one guest. RSVP. (DR)</b></p>	<p>9:00 Rhythm Reaction Fitness (SG) <b>22</b></p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby)</p> <p>9:30 Veteran's Group (Tht)</p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Open Cribbage (CR)</p> <p><b>1:00 Shopping at Fred Meyer</b></p> <p><b>2:30 Readings with Nick - Come listen to humorous stories from various popular authors (Tht)</b></p> <p>5:45 Rummy Q in the Lofts (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle Card Game (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>23</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p><b>10:30 Health Talks with Sabrina (Tht)</b></p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag Baseball Teams C &amp; D (SG)</p> <p>1:00 Open Pool (SP)</p> <p><b>1:00 Po-Ke-No Card Game with Vicki (TL)</b></p> <p>2:00 Life Goes On Support Group - with St. Luke's Episcopal Church (ECU)</p> <p>2:30 BINGO (DR)</p> <p>3:00 Tai-Chi - Moving for Better Balance (P)</p> <p>4:30 Linda on Piano (DR)</p> <p><b>4:30 Supper Outing to Golden City Restaurant. RSVP</b></p>	<p>9:00 Sit To Be Fit (SG) <b>24</b></p> <p><b>9:30 Shopping trip: - Walmart, Trader Joe's, Fred Meyer (RSVP at the front desk.)</b></p> <p>10:00 Chair Massage Therapy - Sign up at the Front Desk. \$20 (ECU)</p> <p><b>10:30 Ted Talks (Tht)</b></p> <p>10:30 Beanbag Baseball Teams A &amp; B (SG)</p> <p>12:30 Bus to Vancouver Mall. RSVP</p> <p>1:00 Glenwood Choir (Tht)</p> <p>1:00 Wii Bowling (SG)</p> <p><b>2:30 Come Celebrate Chinese New Year with Shelly Voight (DR)</b></p> <p>6:00 Friday Night Movie - "Born Free" (1966) PG 1h 35min (Tht)</p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>25</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p>10:30 Saturday Morning with Madeline (SG)</p> <p><b>1:00 5 Minute Mysteries - Entertaining stumpers will sharpen your powers of observation and test your deductive skills (Tht)</b></p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p><b>1:30 Outing to the Vancouver Symphony (Admission \$40)</b></p> <p>2:30 BINGO (DR)</p> <p>6:00 Saturday Night Movie - "For Me and My Gal" (1942) 1h 44min (Tht)</p>
<p>8:20 Bus to Columbia Presbyterian <b>26</b></p> <p>8:20 Bus to St Joseph's. RSVP</p> <p>8:20 Bus to St. Paul Lutheran</p> <p>9:00 Bus to Immanuel Lutheran</p> <p>9:20 Bus to First Presbyterian</p> <p>9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht)</p> <p>1:00 Open Scrabble (P)</p> <p>1:00 Sunday Movie - "The Wild Country" (1970) G 1h 40min (Tht)</p> <p>1:30 Open Hand in Foot Card Game (CR)</p> <p>3:00 Hymns &amp; Devotions with Ron &amp; Donna (DR)</p> <p>3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge)</p> <p>5:45 Rummy Q in the Lofts (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>27</b></p> <p>9:30 Sit to be Fit in the Lofts (Lofts Lobby)</p> <p>9:30 Threading Needles (AR)</p> <p><b>10:30 Lunch Outing to Kitchen Table Cafe. RSVP</b></p> <p>10:30 Music Therapy with Dan - Join us for sing alongs and play instruments. (Tht)</p> <p>12:30 Blood Pressures Reading for Plaza residents (P)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Monday Movie - "The Book Thief" (2013) PG-13 2h 11min (Tht)</p> <p>1:00 Open Bridge (CR)</p> <p>1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p>2:00 Bulletin Board Crafters - come help decorate the bulletin boards with Rebecca! (AR)</p> <p>3:00 Tai-Chi - Moving for Better Balance (P)</p> <p>6:30 Bible Study (ECU)</p> <p>6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>28</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:00 Glenwood Theater Rehearsal (Tht)</p> <p>10:30 Beach Ball Toss (in the Sky Gym)</p> <p>1:00 Beanbag Baseball Teams B &amp; D (SG)</p> <p>1:00 Open Pool (SP)</p> <p>1:30 Classical Club with Terry. Must do if you are a music lover! (Tht)</p> <p>2:30 BINGO (DR)</p> <p>3:00 Happy Hour with Vladimir on Violin (P)</p> <p>6:30 Hymn Sing-A-Long (P)</p> <p><b>7:00 Bingo After Dark</b></p> <p>7:00 Open Poker (CR)</p>	<p>9:00 Rhythm Reaction Fitness (SG) <b>29</b></p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby)</p> <p>9:30 Veteran's Group (Tht)</p> <p><b>10:00 Outing to Fort Vancouver High School for their Community Love Lunch. Free. RSVP</b></p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Open Cribbage (CR)</p> <p><b>1:00 Shopping at Fred Meyer</b></p> <p><b>2:30 Brain Games (Tht)</b></p> <p>4:00 Linda on Piano (DR)</p> <p><b>4:00 Lodge Birthday Dinner - RSVP at the Front Desk (DR)</b></p> <p>5:45 Rummy Q in the Lofts (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle Card Game (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>30</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p><b>10:30 Film Appreciation with Nick - Come explore the aesthetics of cinema, the concepts behind storytelling and various elements of a film (Tht)</b></p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag Baseball Teams C &amp; D (SG)</p> <p>1:00 Open Pool (SP)</p> <p>2:30 BINGO (DR)</p> <p>3:00 Tai-Chi - Moving for Better Balance (P)</p> <p><b>4:00 Birthday Dinner for the Plaza, Terrace and Lofts (DR)</b></p> <p>4:30 Linda on Piano (DR)</p>	<p>9:00 Sit To Be Fit (SG) <b>31</b></p> <p><b>9:30 Shopping at Winco, Walgreens, Dollar Tree, Target, and Safeway</b></p> <p>10:00 Alzheimer's and Dementia Caregiver Support Group (Tht)</p> <p>10:00 Chair Massage Therapy - Sign up at the Front Desk. \$20 (ECU)</p> <p>10:30 Beanbag Baseball Teams A &amp; B (SG)</p> <p>11:15 Grief Support Group (Tht)</p> <p><b>12:30 Bus to Vancouver Mall. RSVP</b></p> <p><b>1:00 Glenwood Choir (Tht)</b></p> <p>1:00 Wii Bowling (SG)</p> <p>2:30 Happy Hour with Emmy Horowitz (DR)</p> <p>6:00 Friday Night Movie - "Armstrong" (2019) DOCUMENTARY 1h 40min (Tht)</p>	

## Room Key

(AR) = Activity Room	(AR) = Activity Room 2nd Floor Lodge	(BQ) = Buffet Dining Room	(CR) = Card Room, 3rd Floor Lodge	(COMP) = Computer Room	(CY) = Courtyard	(Cue) = Cue Room, 3rd Floor Lodge
(DR) = Dining Room	(ECU) = ECU Activity Room	(Lbal) = Lodge Balcony 2nd Floor	(Lbal) = Lodge Balcony, 2nd Floor	(DR) = Lodge Dining Room	(LG) = Lodge Gardens	(LLB) = Lodge Library
(LL) = Lodge Lobby	(MR) = Mailroom	(P) = Plaza Community Room	(P) = Plaza Community Room, 2nd floor	(PG) = Plaza Garage	(PP) = Pool Patio	(SP) = Pool Room, Lodge
(SG) = Sky Gym	(SR) = Spa Room, 2nd floor Lodge	(TP) = Terrace Front Patio	(TL) = Terrace Lobby	(TP) = Terrace Lobby/Front Patio Area	(Tht) = Theater	



# Glenwood Place Calendar

# JANUARY 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>DOCTOR DAYS TUESDAYS</b> West of ANDRESEN Road. Salmon Creek, Hazel Dell, Downtown Vancouver &amp; the VA.</p> <p><b>THURSDAYS</b> East of ANDRESEN Road. 87<sup>th</sup> Ave, Cascade Park, Fisher's Landing, Orchards Mall</p>	<p><b>All outings are highlighted in YELLOW.</b></p> <p>Sign up for these events at the front desk. If bus is full, please add your name to the waiting list</p>	<p>Glenwood Place 5500 NE 82nd Ave. Vancouver, WA 98662 (360) 892-1100</p> <p>Email Activities <a href="mailto:navdienko@glenwoodplace.net">navdienko@glenwoodplace.net</a></p>	<p>9:00 Rhythm Reaction Fitness (SG) <b>1</b></p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby)</p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Open Cribbage (CR)</p> <p>1:00 Shopping at Fred Meyer</p> <p>2:00 Rose Bowl on the Big Screen - Ducks vs. Badgers. Pizza &amp; Soda Provided!!! (P)</p> <p>5:45 Rummy Q (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>2</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>11:00 History Talks with John Griffin (Tht)</p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag C &amp; D (SG)</p> <p>1:00 Five Crowns Game (TL)</p> <p>1:00 Open Pool (SP)</p> <p>1:00 Activity Calendar Forum with Nick (Tht)</p> <p>2:30 Glentucky Derby Horse Races (Tht)</p> <p>3:00 Tai-Chi (P)</p> <p>4:30 Linda on Piano (DR)</p> <p>4:45 Supper Outing to Cameo Cafe. RSVP. Limited Seating</p>	<p>9:00 Sit To Be Fit (SG) <b>3</b></p> <p>9:30 Shopping at Winco, Walgreens, Dollar Tree, Target, and Safeway</p> <p>10:00 Chair Massage Therapy - \$20 (ECU)</p> <p>10:30 Brain Games (Tht)</p> <p>10:30 Beanbag A &amp; B (SG)</p> <p>12:30 Bus to Vanc Mall RSVP</p> <p>1:00 Glenwood Choir (Tht)</p> <p>1:00 Wii Bowling (SG)</p> <p>2:30 Happy Hour with Monte Watters (DR)</p> <p>6:00 No Friday Movie (Tht)</p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>4</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p>10:30 Saturday Morning with Madeline (SG)</p> <p>11:00 Sewing Lady - Mending and hemming at a reasonable rate (MR)</p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p>1:00 Symphony Saturday - Yuja Wang performs Schubert and Schumann (Tht)</p> <p>2:30 BINGO (DR)</p> <p>6:00 No Saturday Night Movie (Tht)</p>
<p>8:20 Bus to Columbia Presbyterian <b>5</b></p> <p>8:20 Bus to St Joseph's. RSVP</p> <p>8:20 Bus to St. Paul Lutheran</p> <p>9:00 Bus to Immanuel Lutheran</p> <p>9:20 Bus to First Presbyterian</p> <p>9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht)</p> <p>1:00 Open Scrabble (P)</p> <p>1:00 Sunday Movie - "McFarland, USA" (2015) PG 2h 9min (Tht)</p> <p>1:30 Open Hand in Foot Card Game (CR)</p> <p>2:00 Episcopal Communion (ECU)</p> <p>3:00 First Christian Church Service (DR)</p> <p>3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge)</p> <p>5:45 Rummy Q in the Lofts (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>6</b></p> <p>9:30 Casino Outing to Ilani Casino - RSVP Bring \$</p> <p>9:30 Sit to be Fit in the Lofts (Lofts Lobby)</p> <p>9:30 Threading Needles (AR)</p> <p>10:30 "People and Stories" Reading Group (LLB)</p> <p>10:30 Computer Lab - Bring your laptop, phone, or tablet and get your questions answered. (COMP)</p> <p>12:30 Blood Pressures Reading for Plaza residents (P)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Monday Movie - "Cinema Paradiso" (1988) FOREIGN FILM - RATED R 2h 35min (Tht)</p> <p>1:00 Open Bridge (CR)</p> <p>1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p>3:00 Tai-Chi (P)</p> <p>5:45 Bunco with Vicki. RSVP with Vicki (P)</p> <p>6:30 Bible Study (ECU)</p> <p>6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>7</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:00 Glenwood Theater Rehearsal (Tht)</p> <p>10:00 NEW - Kitchen Tours. RSVP at the Front Desk. Meet in the Lobby (LL)</p> <p>10:30 Beach Ball Toss (in the Sky Gym)</p> <p>1:00 Beanbag Teams B &amp; D (SG)</p> <p>1:00 Farkle with Vicki (P)</p> <p>1:00 Open Pool (SP)</p> <p>1:00 Watercolor with Becky (AR)</p> <p>2:00 NEW - Kitchen Tours. RSVP at the Front Desk. Meet in the Lobby (LL)</p> <p>2:30 BINGO (DR)</p> <p>3:00 Happy Hour with William Spilette (P)</p> <p>6:00 Rock Painting (AR)</p> <p>6:30 Hymn Sing-A-Long (P)</p> <p>7:00 Open Poker (CR)</p>	<p>8:00 Pedicures with Dawn - Cost is \$25, pay her. Sign up at the front desk for a time slot. (AR) <b>8</b></p> <p>9:00 Rhythm Reaction Fitness (SG)</p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby)</p> <p>9:30 Veteran's Group (Tht)</p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Language Club - Want to Learn Sign Language? One of our residents will be teaching! (COMP)</p> <p>1:00 Open Cribbage (CR)</p> <p>1:00 Red Hat Ladies - Tea &amp; Movie (Tht)</p> <p>1:00 Shopping at Fred Meyer</p> <p>5:45 Rummy Q (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>9</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:30 Health Talks with Sabrina (Tht)</p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag Baseball Teams C &amp; D (SG)</p> <p>1:00 Open Pool (SP)</p> <p>1:00 Po-Ke-No Card Game with Vicki (TL)</p> <p>2:30 Bingo Auction - Bring Your Bingo Bucks to Bid on Some Great Prizes (In the Dining Room)</p> <p>3:00 Tai-Chi - Moving for Better Balance (P)</p> <p>4:30 Linda on Piano (DR)</p> <p>4:30 Supper Outing to The Hammond Kitchen &amp; Craft Bar in Camas. RSVP</p>	<p>9:00 Sit To Be Fit (SG) <b>10</b></p> <p>9:30 Shopping trip: - Walmart, Trader Joe's, Fred Meyer (RSVP at the front desk.)</p> <p>10:00 Alzheimer's and Dementia Caregiver Support Group (Tht)</p> <p>10:00 Chair Massage Therapy - Sign up at the Front Desk. \$20 (ECU)</p> <p>10:30 Beanbag Teams A &amp; B (SG)</p> <p>11:15 Grief Support Group (Tht)</p> <p>12:30 Bus to Vanc Mall RSVP</p> <p>12:30 Glenwood Choir (Tht)</p> <p>1:00 Wii Bowling (SG)</p> <p>1:30 Residents Association Meeting (DR)</p> <p>2:30 Happy Hour with Karen Overton (DR)</p> <p>6:00 No Friday Movie</p> <p>7:00 Performance - The Dynamic Duo of Reno and Cindy Hollar. Great dancing music and songs (DR)</p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>11</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p>10:30 Saturday Morning with Madeline (SG)</p> <p>1:00 All the World's a Zoo (Tht)</p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p>2:00 Encore Performance - More Music with Reno and Cindy Hollar (DR)</p> <p>6:00 Saturday Night Movie - "Downton Abbey" (2019) PG 2h 2min (Tht)</p>
<p>8:20 Bus to Columbia Presbyterian <b>12</b></p> <p>8:20 Bus to St Joseph's. RSVP</p> <p>8:20 Bus to St. Paul Lutheran</p> <p>9:00 Bus to Immanuel Lutheran</p> <p>9:20 Bus to First Presbyterian</p> <p>9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht)</p> <p>1:00 Open Scrabble (P)</p> <p>1:00 Sunday Movie - "Larger Than Life" (1996) PG 1h 33min (Tht)</p> <p>1:30 Open Hand in Foot Card Game (CR)</p> <p>3:00 Open Boggle (Cue Room)</p> <p>5:45 Rummy Q (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>13</b></p> <p>9:30 Sit to be Fit (Lofts Lobby)</p> <p>9:30 Threading Needles (AR)</p> <p>10:30 Music Therapy with Dan (Tht)</p> <p>10:45 Lunch Outing to Red Lobster. RSVP</p> <p>12:30 Blood Pressures (P)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Monday Movie - "The Two Popes" (2019) PG-13 2h 5min (Tht)</p> <p>1:00 Open Bridge (CR)</p> <p>1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p>1:30 Outing to Local Thrift Stores. RSVP</p> <p>2:00 Bulletin Board Crafters - (AR)</p> <p>3:00 Tai-Chi (P)</p> <p>6:30 Bible Study (ECU)</p> <p>6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>14</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:00 Glenwood Theater Open House - Come join the Acting Group! (Tht)</p> <p>10:30 Beach Ball Toss (in the Sky Gym)</p> <p>1:00 Beanbag Baseball Teams B &amp; D (SG)</p> <p>1:00 Open Pool (SP)</p> <p>2:30 BINGO (DR)</p> <p>3:00 Happy Hour with Pianist Diome Alcomendac (P)</p> <p>6:00 Rock Painting (AR)</p> <p>6:30 Hymn Sing-A-Long (P)</p> <p>7:00 Open Poker (CR)</p>	<p>7:30 Women &amp; Men's Breakfast! Free. (7:30 - 8:30) (BQ) <b>15</b></p> <p>9:00 Rhythm Reaction (SG)</p> <p>9:30 "Sit to be Fit" (Lofts Lobby)</p> <p>9:30 Veteran's Group (Tht)</p> <p>10:30 Beanbag Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Open Cribbage (CR)</p> <p>1:00 Shopping at Fred Meyer</p> <p>2:30 Let's Play Jeopardy! (Tht)</p> <p>5:45 Rummy Q (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>16</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:30 Book Club hosted by Cynthia (ECU)</p> <p>11:00 History Talks with John Griffin (Tht)</p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag Teams C &amp; D (SG)</p> <p>1:00 5 Crowns Card Game (TL)</p> <p>1:00 Open Pool (SP)</p> <p>2:30 Glentucky Derby Horse Racing - Store is open! Bring your Derby Bucks (Tht)</p> <p>3:00 Tai-Chi (P)</p> <p>4:30 Linda on Piano (DR)</p> <p>4:30 Supper Outing to Patrick's Hawaiian Cafe. RSVP</p>	<p>9:00 Sit To Be Fit (SG) <b>17</b></p> <p>9:30 Shopping at Winco, Walgreens, Dollar Tree, Target, and Safeway</p> <p>10:00 Alzheimer's and Dementia Support Group (Tht)</p> <p>10:00 Chair Massage Therapy - \$20 (ECU)</p> <p>10:30 Beanbag Teams A &amp; B (SG)</p> <p>10:30 Headlines and Donuts (TL)</p> <p>11:15 Grief Support Group (Tht)</p> <p>12:30 Bus to Vanc Mall RSVP</p> <p>1:00 Glenwood Choir (Tht)</p> <p>1:00 Wii Bowling (SG)</p> <p>2:30 Happy Hour Mike Hart (DR)</p> <p>6:00 Friday Night Movie - "The Report" (2019) RATED R 1h 59min (Tht)</p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>18</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p>10:30 Saturday Morning with Madeline (SG)</p> <p>11:00 Sewing Lady - Mending and hemming at a reasonable rate (MR)</p> <p>1:00 Mystery Drive with Carroll. RSVP</p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p>1:00 Symphony Saturday - Rachmaninov, Piano Concerto No. 2 in C minor - Yuja Wang, Yuri Temirkanov (Tht)</p> <p>2:30 BINGO (DR)</p> <p>6:00 Saturday Night Movie - "Seven Brides for Seven Brothers" (1954) G 1h 42min (Tht)</p>

<p>8:20 Bus to Columbia Presbyterian <b>19</b></p> <p>8:20 Bus to St Joseph's. RSVP 8:20 Bus to St. Paul Lutheran 9:00 Bus to Immanuel Lutheran 9:20 Bus to First Presbyterian 9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht) 11:00 Cherie The Card Lady (LL) 1:00 Open Scrabble (P) 1:00 Sunday Movie - "Operation Dumbo Drop" (1995) PG 1h 47min (Tht) 1:30 Open Hand in Foot Card Game (CR) 2:00 Episcopal Communion (ECU) 3:00 Columbia Christian Church (DR) 3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge) 5:45 Rummy Q in the Lofts (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>20</b></p> <p>9:30 Sit to be Fit in the Lofts (Lofts Lobby)</p> <p><b>9:30 Tour of Pendleton Weaving Mill in Washougal. Limited Seating. Free</b></p> <p>9:30 Threading Needles (AR) 12:30 Blood Pressures Reading for Plaza residents (P) 1:00 Aqua Fitness (Pool Room) 1:00 Monday Movie - "Annie" (1982) PG 2h 7min (Tht) 1:00 Open Bridge (CR) 1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p><b>1:00 Tour of Pendleton Weaving Mill in Washougal. Limited Seating Free.</b></p> <p><b>2:00 Photo Fun with Rebecca! Bring your Camera or Smartphone and let's take photos! (Computer Lab)</b></p> <p>3:00 Tai-Chi - Moving for Better Balance (P) 6:30 Bible Study (ECU) 6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>21</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) 10:00 Glenwood Theater Rehearsal (Tht) 10:30 Beach Ball Toss (in the Sky Gym) 11:30 Free Eyeglass Clinic - eyeglass cleaning and adjustments (LL) 1:00 Beanbag Baseball Teams B &amp; D (SG) 1:00 Farkle with Vicki (P) 1:00 Open Pool (SP) 2:30 BINGO (DR) 3:00 Happy Hour with Stan Lasley (P) 6:30 Hymn Sing-A-Long (P) 7:00 Open Poker (CR)</p> <p><b>7:00 Beanbag Baseball Banquet – Fried Chicken Dinner, drinks, and the award ceremony. Limited to one guest. RSVP. (DR)</b></p>	<p>9:00 Rhythm Reaction Fitness (SG) <b>22</b></p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby) 9:30 Veteran's Group (Tht) 10:30 Beanbag Baseball Teams A &amp; C (SG) 11:30 Jerlean on Piano (DR) 12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby) 1:00 Aqua Fitness (Pool Room) 1:00 Open Cribbage (CR) <b>1:00 Shopping at Fred Meyer</b> <b>2:30 Readings with Nick - Come listen to humorous stories from various popular authors (Tht)</b> 5:45 Rummy Q in the Lofts (Lofts Lobby) 6:30 Bridge (CR) 6:30 Open Pinochle Card Game (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>23</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) <b>10:30 Health Talks with Sabrina (Tht)</b> 12:30 Blood Pressure Reading for Terrace Residents (TL) 1:00 Beanbag Baseball Teams C &amp; D (SG) 1:00 Open Pool (SP) <b>1:00 Po-Ke-No Card Game with Vicki (TL)</b> 2:00 Life Goes On Support Group - with St. Luke's Episcopal Church (ECU) 2:30 BINGO (DR) 3:00 Tai-Chi - Moving for Better Balance (P) 4:30 Linda on Piano (DR) <b>4:30 Supper Outing to Golden City Restaurant. RSVP</b></p>	<p>9:00 Sit To Be Fit (SG) <b>24</b></p> <p><b>9:30 Shopping trip: - Walmart, Trader Joe's, Fred Meyer (RSVP at the front desk.)</b></p> <p>10:00 Chair Massage Therapy - Sign up at the Front Desk. \$20 (ECU) <b>10:30 Ted Talks (Tht)</b> 10:30 Beanbag Baseball Teams A &amp; B (SG) 12:30 Bus to Vancouver Mall. RSVP 1:00 Glenwood Choir (Tht) 1:00 Wii Bowling (SG) <b>2:30 Come Celebrate Chinese New Year with Shelly Voight (DR)</b> 6:00 Friday Night Movie - "Born Free" (1966) PG 1h 35min (Tht)</p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>25</b></p> <p>10:30 Open Chess &amp; Checkers (CR) 10:30 Saturday Morning with Madeline (SG) <b>1:00 5 Minute Mysteries - Entertaining stumpers will sharpen your powers of observation and test your deductive skills (Tht)</b> 1:00 Open Billiards (Cue Room 3rd Floor Lodge) <b>1:30 Outing to the Vancouver Symphony (Admission \$40)</b> 2:30 BINGO (DR) 6:00 Saturday Night Movie - "For Me and My Gal" (1942) 1h 44min (Tht)</p>
<p>8:20 Bus to Columbia Presbyterian <b>26</b></p> <p>8:20 Bus to St Joseph's. RSVP 8:20 Bus to St. Paul Lutheran 9:00 Bus to Immanuel Lutheran 9:20 Bus to First Presbyterian 9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht) 1:00 Open Scrabble (P) 1:00 Sunday Movie - "The Wild Country" (1970) G 1h 40min (Tht) 1:30 Open Hand in Foot Card Game (CR) 3:00 Hymns &amp; Devotions with Ron &amp; Donna (DR) 3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge) 5:45 Rummy Q in the Lofts (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>27</b></p> <p>9:30 Sit to be Fit in the Lofts (Lofts Lobby) 9:30 Threading Needles (AR) <b>10:30 Lunch Outing to Kitchen Table Cafe. RSVP</b></p> <p>10:30 Music Therapy with Dan - Join us for sing alongs and play instruments. (Tht) 12:30 Blood Pressures Reading for Plaza residents (P) 1:00 Aqua Fitness (Pool Room) 1:00 Monday Movie - "The Book Thief" (2013) PG-13 2h 11min (Tht) 1:00 Open Bridge (CR) 1:00 Open Farkle (Cue Room 3rd Floor Lodge) 2:00 Bulletin Board Crafters - come help decorate the bulletin boards with Rebecca! (AR) 3:00 Tai-Chi - Moving for Better Balance (P) 6:30 Bible Study (ECU) 6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>28</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) 10:00 Glenwood Theater Rehearsal (Tht) 10:30 Beach Ball Toss (in the Sky Gym) 1:00 Beanbag Baseball Teams B &amp; D (SG) 1:00 Open Pool (SP) 1:30 Classical Club with Terry. Must do if you are a music lover! (Tht) 2:30 BINGO (DR) 3:00 Happy Hour with Vladimir on Violin (P) 6:30 Hymn Sing-A-Long (P) <b>7:00 Bingo After Dark</b> 7:00 Open Poker (CR)</p>	<p>9:00 Rhythm Reaction Fitness (SG) <b>29</b></p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby) 9:30 Veteran's Group (Tht) <b>10:00 Outing to Fort Vancouver High School for their Community Love Lunch. Free. RSVP</b></p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG) 11:30 Jerlean on Piano (DR) 12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby) 1:00 Aqua Fitness (Pool Room) 1:00 Open Cribbage (CR) <b>1:00 Shopping at Fred Meyer</b> <b>2:30 Brain Games (Tht)</b> 4:00 Linda on Piano (DR) <b>4:00 Lodge Birthday Dinner - RSVP at the Front Desk (DR)</b> 5:45 Rummy Q in the Lofts (Lofts Lobby) 6:30 Bridge (CR) 6:30 Open Pinochle Card Game (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>30</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) <b>10:30 Film Appreciation with Nick - Come explore the aesthetics of cinema, the concepts behind storytelling and various elements of a film (Tht)</b> 12:30 Blood Pressure Reading for Terrace Residents (TL) 1:00 Beanbag Baseball Teams C &amp; D (SG) 1:00 Open Pool (SP) 2:30 BINGO (DR) 3:00 Tai-Chi - Moving for Better Balance (P) <b>4:00 Birthday Dinner for the Plaza, Terrace and Lofts (DR)</b> 4:30 Linda on Piano (DR)</p>	<p>9:00 Sit To Be Fit (SG) <b>31</b></p> <p><b>9:30 Shopping at Winco, Walgreens, Dollar Tree, Target, and Safeway</b></p> <p>10:00 Alzheimer's and Dementia Caregiver Support Group (Tht) 10:00 Chair Massage Therapy - Sign up at the Front Desk. \$20 (ECU) 10:30 Beanbag Baseball Teams A &amp; B (SG) 11:15 Grief Support Group (Tht) <b>12:30 Bus to Vancouver Mall. RSVP</b> <b>1:00 Glenwood Choir (Tht)</b> 1:00 Wii Bowling (SG) 2:30 Happy Hour with Emmy Horowitz (DR) 6:00 Friday Night Movie - "Armstrong" (2019) DOCUMENTARY 1h 40min (Tht)</p>	

## Room Key

(AR) = Activity Room	(AR) = Activity Room 2nd Floor Lodge	(BQ) = Buffet Dining Room	(CR) = Card Room, 3rd Floor Lodge	(COMP) = Computer Room	(CY) = Courtyard	(Cue) = Cue Room, 3rd Floor Lodge
(DR) = Dining Room	(ECU) = ECU Activity Room	(Lbal) = Lodge Balcony 2nd Floor	(Lbal) = Lodge Balcony, 2nd Floor	(DR) = Lodge Dining Room	(LG) = Lodge Gardens	(LLB) = Lodge Library
(LL) = Lodge Lobby	(MR) = Mailroom	(P) = Plaza Community Room	(P) = Plaza Community Room, 2nd floor	(PG) = Plaza Garage	(PP) = Pool Patio	(SP) = Pool Room, Lodge
(SG) = Sky Gym	(SR) = Spa Room, 2nd floor Lodge	(TP) = Terrace Front Patio	(TL) = Terrace Lobby	(TP) = Terrace Lobby/Front Patio Area	(Tht) = Theater	



# Glenwood Place Calendar

# JANUARY 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>DOCTOR DAYS TUESDAYS</b> West of ANDRESEN Road. Salmon Creek, Hazel Dell, Downtown Vancouver &amp; the VA.</p> <p><b>THURSDAYS</b> East of ANDRESEN Road. 87<sup>th</sup> Ave, Cascade Park, Fisher's Landing, Orchards Mall</p>	<p><b>All outings are highlighted in YELLOW.</b></p> <p>Sign up for these events at the front desk. If bus is full, please add your name to the waiting list</p>	<p>Glenwood Place 5500 NE 82nd Ave. Vancouver, WA 98662 (360) 892-1100</p> <p>Email Activities <a href="mailto:navdienko@glenwoodplace.net">navdienko@glenwoodplace.net</a></p>	<p>9:00 Rhythm Reaction Fitness (SG) <b>1</b></p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby)</p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Open Cribbage (CR)</p> <p>1:00 Shopping at Fred Meyer</p> <p>2:00 Rose Bowl on the Big Screen - Ducks vs. Badgers. Pizza &amp; Soda Provided!!! (P)</p> <p>5:45 Rummy Q (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>2</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>11:00 History Talks with John Griffin (Tht)</p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag C &amp; D (SG)</p> <p>1:00 Five Crowns Game (TL)</p> <p>1:00 Open Pool (SP)</p> <p>1:00 Activity Calendar Forum with Nick (Tht)</p> <p>2:30 Glentucky Derby Horse Races (Tht)</p> <p>3:00 Tai-Chi (P)</p> <p>4:30 Linda on Piano (DR)</p> <p>4:45 Supper Outing to Cameo Cafe. RSVP. Limited Seating</p>	<p>9:00 Sit To Be Fit (SG) <b>3</b></p> <p>9:30 Shopping at Winco, Walgreens, Dollar Tree, Target, and Safeway</p> <p>10:00 Chair Massage Therapy - \$20 (ECU)</p> <p>10:30 Brain Games (Tht)</p> <p>10:30 Beanbag A &amp; B (SG)</p> <p>12:30 Bus to Vanc Mall RSVP</p> <p>1:00 Glenwood Choir (Tht)</p> <p>1:00 Wii Bowling (SG)</p> <p>2:30 Happy Hour with Monte Watters (DR)</p> <p>6:00 No Friday Movie (Tht)</p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>4</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p>10:30 Saturday Morning with Madeline (SG)</p> <p>11:00 Sewing Lady - Mending and hemming at a reasonable rate (MR)</p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p>1:00 Symphony Saturday - Yuja Wang performs Schubert and Schumann (Tht)</p> <p>2:30 BINGO (DR)</p> <p>6:00 No Saturday Night Movie (Tht)</p>
<p>8:20 Bus to Columbia Presbyterian <b>5</b></p> <p>8:20 Bus to St Joseph's. RSVP</p> <p>8:20 Bus to St. Paul Lutheran</p> <p>9:00 Bus to Immanuel Lutheran</p> <p>9:20 Bus to First Presbyterian</p> <p>9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht)</p> <p>1:00 Open Scrabble (P)</p> <p>1:00 Sunday Movie - "McFarland, USA" (2015) PG 2h 9min (Tht)</p> <p>1:30 Open Hand in Foot Card Game (CR)</p> <p>2:00 Episcopal Communion (ECU)</p> <p>3:00 First Christian Church Service (DR)</p> <p>3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge)</p> <p>5:45 Rummy Q in the Lofts (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>6</b></p> <p>9:30 Casino Outing to Ilani Casino - RSVP Bring \$</p> <p>9:30 Sit to be Fit in the Lofts (Lofts Lobby)</p> <p>9:30 Threading Needles (AR)</p> <p>10:30 "People and Stories" Reading Group (LLB)</p> <p>10:30 Computer Lab - Bring your laptop, phone, or tablet and get your questions answered. (COMP)</p> <p>12:30 Blood Pressures Reading for Plaza residents (P)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Monday Movie - "Cinema Paradiso" (1988) FOREIGN FILM - RATED R 2h 35min (Tht)</p> <p>1:00 Open Bridge (CR)</p> <p>1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p>3:00 Tai-Chi (P)</p> <p>5:45 Bunco with Vicki. RSVP with Vicki (P)</p> <p>6:30 Bible Study (ECU)</p> <p>6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>7</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:00 Glenwood Theater Rehearsal (Tht)</p> <p>10:00 NEW - Kitchen Tours. RSVP at the Front Desk. Meet in the Lobby (LL)</p> <p>10:30 Beach Ball Toss (in the Sky Gym)</p> <p>1:00 Beanbag Teams B &amp; D (SG)</p> <p>1:00 Farkle with Vicki (P)</p> <p>1:00 Open Pool (SP)</p> <p>1:00 Watercolor with Becky (AR)</p> <p>2:00 NEW - Kitchen Tours. RSVP at the Front Desk. Meet in the Lobby (LL)</p> <p>2:30 BINGO (DR)</p> <p>3:00 Happy Hour with William Spilette (P)</p> <p>6:00 Rock Painting (AR)</p> <p>6:30 Hymn Sing-A-Long (P)</p> <p>7:00 Open Poker (CR)</p>	<p>8:00 Pedicures with Dawn - Cost is \$25, pay her. Sign up at the front desk for a time slot. (AR) <b>8</b></p> <p>9:00 Rhythm Reaction Fitness (SG)</p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby)</p> <p>9:30 Veteran's Group (Tht)</p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Language Club - Want to Learn Sign Language? One of our residents will be teaching! (COMP)</p> <p>1:00 Open Cribbage (CR)</p> <p>1:00 Red Hat Ladies - Tea &amp; Movie (Tht)</p> <p>1:00 Shopping at Fred Meyer</p> <p>5:45 Rummy Q (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>9</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:30 Health Talks with Sabrina (Tht)</p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag Baseball Teams C &amp; D (SG)</p> <p>1:00 Open Pool (SP)</p> <p>1:00 Po-Ke-No Card Game with Vicki (TL)</p> <p>2:30 Bingo Auction - Bring Your Bingo Bucks to Bid on Some Great Prizes (In the Dining Room)</p> <p>3:00 Tai-Chi - Moving for Better Balance (P)</p> <p>4:30 Linda on Piano (DR)</p> <p>4:30 Supper Outing to The Hammond Kitchen &amp; Craft Bar in Camas. RSVP</p>	<p>9:00 Sit To Be Fit (SG) <b>10</b></p> <p>9:30 Shopping trip: - Walmart, Trader Joe's, Fred Meyer (RSVP at the front desk.)</p> <p>10:00 Alzheimer's and Dementia Caregiver Support Group (Tht)</p> <p>10:00 Chair Massage Therapy - Sign up at the Front Desk. \$20 (ECU)</p> <p>10:30 Beanbag Teams A &amp; B (SG)</p> <p>11:15 Grief Support Group (Tht)</p> <p>12:30 Bus to Vanc Mall RSVP</p> <p>12:30 Glenwood Choir (Tht)</p> <p>1:00 Wii Bowling (SG)</p> <p>1:30 Residents Association Meeting (DR)</p> <p>2:30 Happy Hour with Karen Overton (DR)</p> <p>6:00 No Friday Movie</p> <p>7:00 Performance - The Dynamic Duo of Reno and Cindy Hollar. Great dancing music and songs (DR)</p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>11</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p>10:30 Saturday Morning with Madeline (SG)</p> <p>1:00 All the World's a Zoo (Tht)</p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p>2:00 Encore Performance - More Music with Reno and Cindy Hollar (DR)</p> <p>6:00 Saturday Night Movie - "Downton Abbey" (2019) PG 2h 2min (Tht)</p>
<p>8:20 Bus to Columbia Presbyterian <b>12</b></p> <p>8:20 Bus to St Joseph's. RSVP</p> <p>8:20 Bus to St. Paul Lutheran</p> <p>9:00 Bus to Immanuel Lutheran</p> <p>9:20 Bus to First Presbyterian</p> <p>9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht)</p> <p>1:00 Open Scrabble (P)</p> <p>1:00 Sunday Movie - "Larger Than Life" (1996) PG 1h 33min (Tht)</p> <p>1:30 Open Hand in Foot Card Game (CR)</p> <p>3:00 Open Boggle (Cue Room)</p> <p>5:45 Rummy Q (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>13</b></p> <p>9:30 Sit to be Fit (Lofts Lobby)</p> <p>9:30 Threading Needles (AR)</p> <p>10:30 Music Therapy with Dan (Tht)</p> <p>10:45 Lunch Outing to Red Lobster. RSVP</p> <p>12:30 Blood Pressures (P)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Monday Movie - "The Two Popes" (2019) PG-13 2h 5min (Tht)</p> <p>1:00 Open Bridge (CR)</p> <p>1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p>1:30 Outing to Local Thrift Stores. RSVP</p> <p>2:00 Bulletin Board Crafters - (AR)</p> <p>3:00 Tai-Chi (P)</p> <p>6:30 Bible Study (ECU)</p> <p>6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>14</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:00 Glenwood Theater Open House - Come join the Acting Group! (Tht)</p> <p>10:30 Beach Ball Toss (in the Sky Gym)</p> <p>1:00 Beanbag Baseball Teams B &amp; D (SG)</p> <p>1:00 Open Pool (SP)</p> <p>2:30 BINGO (DR)</p> <p>3:00 Happy Hour with Pianist Diome Alcomendac (P)</p> <p>6:00 Rock Painting (AR)</p> <p>6:30 Hymn Sing-A-Long (P)</p> <p>7:00 Open Poker (CR)</p>	<p>7:30 Women &amp; Men's Breakfast! Free. (7:30 - 8:30) (BQ) <b>15</b></p> <p>9:00 Rhythm Reaction (SG)</p> <p>9:30 "Sit to be Fit" (Lofts Lobby)</p> <p>9:30 Veteran's Group (Tht)</p> <p>10:30 Beanbag Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Open Cribbage (CR)</p> <p>1:00 Shopping at Fred Meyer</p> <p>2:30 Let's Play Jeopardy! (Tht)</p> <p>5:45 Rummy Q (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>16</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:30 Book Club hosted by Cynthia (ECU)</p> <p>11:00 History Talks with John Griffin (Tht)</p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag Teams C &amp; D (SG)</p> <p>1:00 5 Crowns Card Game (TL)</p> <p>1:00 Open Pool (SP)</p> <p>2:30 Glentucky Derby Horse Racing - Store is open! Bring your Derby Bucks (Tht)</p> <p>3:00 Tai-Chi (P)</p> <p>4:30 Linda on Piano (DR)</p> <p>4:30 Supper Outing to Patrick's Hawaiian Cafe. RSVP</p>	<p>9:00 Sit To Be Fit (SG) <b>17</b></p> <p>9:30 Shopping at Winco, Walgreens, Dollar Tree, Target, and Safeway</p> <p>10:00 Alzheimer's and Dementia Support Group (Tht)</p> <p>10:00 Chair Massage Therapy - \$20 (ECU)</p> <p>10:30 Beanbag Teams A &amp; B (SG)</p> <p>10:30 Headlines and Donuts (TL)</p> <p>11:15 Grief Support Group (Tht)</p> <p>12:30 Bus to Vanc Mall RSVP</p> <p>1:00 Glenwood Choir (Tht)</p> <p>1:00 Wii Bowling (SG)</p> <p>2:30 Happy Hour Mike Hart (DR)</p> <p>6:00 Friday Night Movie - "The Report" (2019) RATED R 1h 59min (Tht)</p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>18</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p>10:30 Saturday Morning with Madeline (SG)</p> <p>11:00 Sewing Lady - Mending and hemming at a reasonable rate (MR)</p> <p>1:00 Mystery Drive with Carroll. RSVP</p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p>1:00 Symphony Saturday - Rachmaninov, Piano Concerto No. 2 in C minor - Yuja Wang, Yuri Temirkanov (Tht)</p> <p>2:30 BINGO (DR)</p> <p>6:00 Saturday Night Movie - "Seven Brides for Seven Brothers" (1954) G 1h 42min (Tht)</p>

<p>8:20 Bus to Columbia Presbyterian <b>19</b></p> <p>8:20 Bus to St Joseph's. RSVP 8:20 Bus to St. Paul Lutheran 9:00 Bus to Immanuel Lutheran 9:20 Bus to First Presbyterian 9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht) 11:00 Cherie The Card Lady (LL) 1:00 Open Scrabble (P) 1:00 Sunday Movie - "Operation Dumbo Drop" (1995) PG 1h 47min (Tht) 1:30 Open Hand in Foot Card Game (CR) 2:00 Episcopal Communion (ECU) 3:00 Columbia Christian Church (DR) 3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge) 5:45 Rummy Q in the Lofts (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>20</b></p> <p>9:30 Sit to be Fit in the Lofts (Lofts Lobby)</p> <p><b>9:30 Tour of Pendleton Weaving Mill in Washougal. Limited Seating. Free</b></p> <p>9:30 Threading Needles (AR) 12:30 Blood Pressures Reading for Plaza residents (P) 1:00 Aqua Fitness (Pool Room) 1:00 Monday Movie - "Annie" (1982) PG 2h 7min (Tht) 1:00 Open Bridge (CR) 1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p><b>1:00 Tour of Pendleton Weaving Mill in Washougal. Limited Seating Free.</b></p> <p><b>2:00 Photo Fun with Rebecca! Bring your Camera or Smartphone and let's take photos! (Computer Lab)</b></p> <p>3:00 Tai-Chi - Moving for Better Balance (P) 6:30 Bible Study (ECU) 6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>21</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) 10:00 Glenwood Theater Rehearsal (Tht) 10:30 Beach Ball Toss (in the Sky Gym) 11:30 Free Eyeglass Clinic - eyeglass cleaning and adjustments (LL) 1:00 Beanbag Baseball Teams B &amp; D (SG) 1:00 Farkle with Vicki (P) 1:00 Open Pool (SP) 2:30 BINGO (DR) 3:00 Happy Hour with Stan Lasley (P) 6:30 Hymn Sing-A-Long (P) 7:00 Open Poker (CR)</p> <p><b>7:00 Beanbag Baseball Banquet – Fried Chicken Dinner, drinks, and the award ceremony. Limited to one guest. RSVP. (DR)</b></p>	<p>9:00 Rhythm Reaction Fitness (SG) <b>22</b></p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby) 9:30 Veteran's Group (Tht) 10:30 Beanbag Baseball Teams A &amp; C (SG) 11:30 Jerlean on Piano (DR) 12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby) 1:00 Aqua Fitness (Pool Room) 1:00 Open Cribbage (CR) <b>1:00 Shopping at Fred Meyer</b> <b>2:30 Readings with Nick - Come listen to humorous stories from various popular authors (Tht)</b> 5:45 Rummy Q in the Lofts (Lofts Lobby) 6:30 Bridge (CR) 6:30 Open Pinochle Card Game (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>23</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) <b>10:30 Health Talks with Sabrina (Tht)</b> 12:30 Blood Pressure Reading for Terrace Residents (TL) 1:00 Beanbag Baseball Teams C &amp; D (SG) 1:00 Open Pool (SP) <b>1:00 Po-Ke-No Card Game with Vicki (TL)</b> 2:00 Life Goes On Support Group - with St. Luke's Episcopal Church (ECU) 2:30 BINGO (DR) 3:00 Tai-Chi - Moving for Better Balance (P) 4:30 Linda on Piano (DR) <b>4:30 Supper Outing to Golden City Restaurant. RSVP</b></p>	<p>9:00 Sit To Be Fit (SG) <b>24</b></p> <p><b>9:30 Shopping trip: - Walmart, Trader Joe's, Fred Meyer (RSVP at the front desk.)</b></p> <p>10:00 Chair Massage Therapy - Sign up at the Front Desk. \$20 (ECU) <b>10:30 Ted Talks (Tht)</b> 10:30 Beanbag Baseball Teams A &amp; B (SG) 12:30 Bus to Vancouver Mall. RSVP 1:00 Glenwood Choir (Tht) 1:00 Wii Bowling (SG) <b>2:30 Come Celebrate Chinese New Year with Shelly Voight (DR)</b> 6:00 Friday Night Movie - "Born Free" (1966) PG 1h 35min (Tht)</p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>25</b></p> <p>10:30 Open Chess &amp; Checkers (CR) 10:30 Saturday Morning with Madeline (SG) <b>1:00 5 Minute Mysteries - Entertaining stumpers will sharpen your powers of observation and test your deductive skills (Tht)</b> 1:00 Open Billiards (Cue Room 3rd Floor Lodge) <b>1:30 Outing to the Vancouver Symphony (Admission \$40)</b> 2:30 BINGO (DR) 6:00 Saturday Night Movie - "For Me and My Gal" (1942) 1h 44min (Tht)</p>
<p>8:20 Bus to Columbia Presbyterian <b>26</b></p> <p>8:20 Bus to St Joseph's. RSVP 8:20 Bus to St. Paul Lutheran 9:00 Bus to Immanuel Lutheran 9:20 Bus to First Presbyterian 9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht) 1:00 Open Scrabble (P) 1:00 Sunday Movie - "The Wild Country" (1970) G 1h 40min (Tht) 1:30 Open Hand in Foot Card Game (CR) 3:00 Hymns &amp; Devotions with Ron &amp; Donna (DR) 3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge) 5:45 Rummy Q in the Lofts (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>27</b></p> <p>9:30 Sit to be Fit in the Lofts (Lofts Lobby) 9:30 Threading Needles (AR) <b>10:30 Lunch Outing to Kitchen Table Cafe. RSVP</b></p> <p>10:30 Music Therapy with Dan - Join us for sing alongs and play instruments. (Tht) 12:30 Blood Pressures Reading for Plaza residents (P) 1:00 Aqua Fitness (Pool Room) 1:00 Monday Movie - "The Book Thief" (2013) PG-13 2h 11min (Tht) 1:00 Open Bridge (CR) 1:00 Open Farkle (Cue Room 3rd Floor Lodge) 2:00 Bulletin Board Crafters - come help decorate the bulletin boards with Rebecca! (AR) 3:00 Tai-Chi - Moving for Better Balance (P) 6:30 Bible Study (ECU) 6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>28</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) 10:00 Glenwood Theater Rehearsal (Tht) 10:30 Beach Ball Toss (in the Sky Gym) 1:00 Beanbag Baseball Teams B &amp; D (SG) 1:00 Open Pool (SP) 1:30 Classical Club with Terry. Must do if you are a music lover! (Tht) 2:30 BINGO (DR) 3:00 Happy Hour with Vladimir on Violin (P) 6:30 Hymn Sing-A-Long (P) <b>7:00 Bingo After Dark</b> 7:00 Open Poker (CR)</p>	<p>9:00 Rhythm Reaction Fitness (SG) <b>29</b></p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby) 9:30 Veteran's Group (Tht) <b>10:00 Outing to Fort Vancouver High School for their Community Love Lunch. Free. RSVP</b></p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG) 11:30 Jerlean on Piano (DR) 12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby) 1:00 Aqua Fitness (Pool Room) 1:00 Open Cribbage (CR) <b>1:00 Shopping at Fred Meyer</b> <b>2:30 Brain Games (Tht)</b> 4:00 Linda on Piano (DR) <b>4:00 Lodge Birthday Dinner - RSVP at the Front Desk (DR)</b> 5:45 Rummy Q in the Lofts (Lofts Lobby) 6:30 Bridge (CR) 6:30 Open Pinochle Card Game (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>30</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) <b>10:30 Film Appreciation with Nick - Come explore the aesthetics of cinema, the concepts behind storytelling and various elements of a film (Tht)</b> 12:30 Blood Pressure Reading for Terrace Residents (TL) 1:00 Beanbag Baseball Teams C &amp; D (SG) 1:00 Open Pool (SP) 2:30 BINGO (DR) 3:00 Tai-Chi - Moving for Better Balance (P) <b>4:00 Birthday Dinner for the Plaza, Terrace and Lofts (DR)</b> 4:30 Linda on Piano (DR)</p>	<p>9:00 Sit To Be Fit (SG) <b>31</b></p> <p><b>9:30 Shopping at Winco, Walgreens, Dollar Tree, Target, and Safeway</b></p> <p>10:00 Alzheimer's and Dementia Caregiver Support Group (Tht) 10:00 Chair Massage Therapy - Sign up at the Front Desk. \$20 (ECU) 10:30 Beanbag Baseball Teams A &amp; B (SG) 11:15 Grief Support Group (Tht) <b>12:30 Bus to Vancouver Mall. RSVP</b> <b>1:00 Glenwood Choir (Tht)</b> 1:00 Wii Bowling (SG) 2:30 Happy Hour with Emmy Horowitz (DR) 6:00 Friday Night Movie - "Armstrong" (2019) DOCUMENTARY 1h 40min (Tht)</p>	

## Room Key

(AR) = Activity Room	(AR) = Activity Room 2nd Floor Lodge	(BQ) = Buffet Dining Room	(CR) = Card Room, 3rd Floor Lodge	(COMP) = Computer Room	(CY) = Courtyard	(Cue) = Cue Room, 3rd Floor Lodge
(DR) = Dining Room	(ECU) = ECU Activity Room	(Lbal) = Lodge Balcony 2nd Floor	(Lbal) = Lodge Balcony, 2nd Floor	(DR) = Lodge Dining Room	(LG) = Lodge Gardens	(LLB) = Lodge Library
(LL) = Lodge Lobby	(MR) = Mailroom	(P) = Plaza Community Room	(P) = Plaza Community Room, 2nd floor	(PG) = Plaza Garage	(PP) = Pool Patio	(SP) = Pool Room, Lodge
(SG) = Sky Gym	(SR) = Spa Room, 2nd floor Lodge	(TP) = Terrace Front Patio	(TL) = Terrace Lobby	(TP) = Terrace Lobby/Front Patio Area	(Tht) = Theater	



# Glenwood Place Calendar

# JANUARY 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>DOCTOR DAYS TUESDAYS</b> West of ANDRESEN Road. Salmon Creek, Hazel Dell, Downtown Vancouver &amp; the VA.</p> <p><b>THURSDAYS</b> East of ANDRESEN Road. 87<sup>th</sup> Ave, Cascade Park, Fisher's Landing, Orchards Mall</p>	<p><b>All outings are highlighted in YELLOW.</b></p> <p>Sign up for these events at the front desk. If bus is full, please add your name to the waiting list</p>	<p>Glenwood Place 5500 NE 82nd Ave. Vancouver, WA 98662 (360) 892-1100</p> <p>Email Activities <a href="mailto:navdienko@glenwoodplace.net">navdienko@glenwoodplace.net</a></p>	<p>9:00 Rhythm Reaction Fitness (SG) <b>1</b></p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby)</p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Open Cribbage (CR)</p> <p>1:00 Shopping at Fred Meyer</p> <p>2:00 Rose Bowl on the Big Screen - Ducks vs. Badgers. Pizza &amp; Soda Provided!!! (P)</p> <p>5:45 Rummy Q (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>2</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>11:00 History Talks with John Griffin (Tht)</p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag C &amp; D (SG)</p> <p>1:00 Five Crowns Game (TL)</p> <p>1:00 Open Pool (SP)</p> <p>1:00 Activity Calendar Forum with Nick (Tht)</p> <p>2:30 Glentucky Derby Horse Races (Tht)</p> <p>3:00 Tai-Chi (P)</p> <p>4:30 Linda on Piano (DR)</p> <p>4:45 Supper Outing to Cameo Cafe. RSVP. Limited Seating</p>	<p>9:00 Sit To Be Fit (SG) <b>3</b></p> <p>9:30 Shopping at Winco, Walgreens, Dollar Tree, Target, and Safeway</p> <p>10:00 Chair Massage Therapy - \$20 (ECU)</p> <p>10:30 Brain Games (Tht)</p> <p>10:30 Beanbag A &amp; B (SG)</p> <p>12:30 Bus to Vanc Mall RSVP</p> <p>1:00 Glenwood Choir (Tht)</p> <p>1:00 Wii Bowling (SG)</p> <p>2:30 Happy Hour with Monte Watters (DR)</p> <p>6:00 No Friday Movie (Tht)</p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>4</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p>10:30 Saturday Morning with Madeline (SG)</p> <p>11:00 Sewing Lady - Mending and hemming at a reasonable rate (MR)</p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p>1:00 Symphony Saturday - Yuja Wang performs Schubert and Schumann (Tht)</p> <p>2:30 BINGO (DR)</p> <p>6:00 No Saturday Night Movie (Tht)</p>
<p>8:20 Bus to Columbia Presbyterian <b>5</b></p> <p>8:20 Bus to St Joseph's. RSVP</p> <p>8:20 Bus to St. Paul Lutheran</p> <p>9:00 Bus to Immanuel Lutheran</p> <p>9:20 Bus to First Presbyterian</p> <p>9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht)</p> <p>1:00 Open Scrabble (P)</p> <p>1:00 Sunday Movie - "McFarland, USA" (2015) PG 2h 9min (Tht)</p> <p>1:30 Open Hand in Foot Card Game (CR)</p> <p>2:00 Episcopal Communion (ECU)</p> <p>3:00 First Christian Church Service (DR)</p> <p>3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge)</p> <p>5:45 Rummy Q in the Lofts (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>6</b></p> <p>9:30 Casino Outing to Ilani Casino - RSVP Bring \$</p> <p>9:30 Sit to be Fit in the Lofts (Lofts Lobby)</p> <p>9:30 Threading Needles (AR)</p> <p>10:30 "People and Stories" Reading Group (LLB)</p> <p>10:30 Computer Lab - Bring your laptop, phone, or tablet and get your questions answered. (COMP)</p> <p>12:30 Blood Pressures Reading for Plaza residents (P)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Monday Movie - "Cinema Paradiso" (1988) FOREIGN FILM - RATED R 2h 35min (Tht)</p> <p>1:00 Open Bridge (CR)</p> <p>1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p>3:00 Tai-Chi (P)</p> <p>5:45 Bunco with Vicki. RSVP with Vicki (P)</p> <p>6:30 Bible Study (ECU)</p> <p>6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>7</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:00 Glenwood Theater Rehearsal (Tht)</p> <p>10:00 NEW - Kitchen Tours. RSVP at the Front Desk. Meet in the Lobby (LL)</p> <p>10:30 Beach Ball Toss (in the Sky Gym)</p> <p>1:00 Beanbag Teams B &amp; D (SG)</p> <p>1:00 Farkle with Vicki (P)</p> <p>1:00 Open Pool (SP)</p> <p>1:00 Watercolor with Becky (AR)</p> <p>2:00 NEW - Kitchen Tours. RSVP at the Front Desk. Meet in the Lobby (LL)</p> <p>2:30 BINGO (DR)</p> <p>3:00 Happy Hour with William Spilette (P)</p> <p>6:00 Rock Painting (AR)</p> <p>6:30 Hymn Sing-A-Long (P)</p> <p>7:00 Open Poker (CR)</p>	<p>8:00 Pedicures with Dawn - Cost is \$25, pay her. Sign up at the front desk for a time slot. (AR) <b>8</b></p> <p>9:00 Rhythm Reaction Fitness (SG)</p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby)</p> <p>9:30 Veteran's Group (Tht)</p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Language Club - Want to Learn Sign Language? One of our residents will be teaching! (COMP)</p> <p>1:00 Open Cribbage (CR)</p> <p>1:00 Red Hat Ladies - Tea &amp; Movie (Tht)</p> <p>1:00 Shopping at Fred Meyer</p> <p>5:45 Rummy Q (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>9</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:30 Health Talks with Sabrina (Tht)</p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag Baseball Teams C &amp; D (SG)</p> <p>1:00 Open Pool (SP)</p> <p>1:00 Po-Ke-No Card Game with Vicki (TL)</p> <p>2:30 Bingo Auction - Bring Your Bingo Bucks to Bid on Some Great Prizes (In the Dining Room)</p> <p>3:00 Tai-Chi - Moving for Better Balance (P)</p> <p>4:30 Linda on Piano (DR)</p> <p>4:30 Supper Outing to The Hammond Kitchen &amp; Craft Bar in Camas. RSVP</p>	<p>9:00 Sit To Be Fit (SG) <b>10</b></p> <p>9:30 Shopping trip: - Walmart, Trader Joe's, Fred Meyer (RSVP at the front desk.)</p> <p>10:00 Alzheimer's and Dementia Caregiver Support Group (Tht)</p> <p>10:00 Chair Massage Therapy - Sign up at the Front Desk. \$20 (ECU)</p> <p>10:30 Beanbag Teams A &amp; B (SG)</p> <p>11:15 Grief Support Group (Tht)</p> <p>12:30 Bus to Vanc Mall RSVP</p> <p>12:30 Glenwood Choir (Tht)</p> <p>1:00 Wii Bowling (SG)</p> <p>1:30 Residents Association Meeting (DR)</p> <p>2:30 Happy Hour with Karen Overton (DR)</p> <p>6:00 No Friday Movie</p> <p>7:00 Performance - The Dynamic Duo of Reno and Cindy Hollar. Great dancing music and songs (DR)</p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>11</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p>10:30 Saturday Morning with Madeline (SG)</p> <p>1:00 All the World's a Zoo (Tht)</p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p>2:00 Encore Performance - More Music with Reno and Cindy Hollar (DR)</p> <p>6:00 Saturday Night Movie - "Downton Abbey" (2019) PG 2h 2min (Tht)</p>
<p>8:20 Bus to Columbia Presbyterian <b>12</b></p> <p>8:20 Bus to St Joseph's. RSVP</p> <p>8:20 Bus to St. Paul Lutheran</p> <p>9:00 Bus to Immanuel Lutheran</p> <p>9:20 Bus to First Presbyterian</p> <p>9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht)</p> <p>1:00 Open Scrabble (P)</p> <p>1:00 Sunday Movie - "Larger Than Life" (1996) PG 1h 33min (Tht)</p> <p>1:30 Open Hand in Foot Card Game (CR)</p> <p>3:00 Open Boggle (Cue Room)</p> <p>5:45 Rummy Q (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>13</b></p> <p>9:30 Sit to be Fit (Lofts Lobby)</p> <p>9:30 Threading Needles (AR)</p> <p>10:30 Music Therapy with Dan (Tht)</p> <p>10:45 Lunch Outing to Red Lobster. RSVP</p> <p>12:30 Blood Pressures (P)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Monday Movie - "The Two Popes" (2019) PG-13 2h 5min (Tht)</p> <p>1:00 Open Bridge (CR)</p> <p>1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p>1:30 Outing to Local Thrift Stores. RSVP</p> <p>2:00 Bulletin Board Crafters - (AR)</p> <p>3:00 Tai-Chi (P)</p> <p>6:30 Bible Study (ECU)</p> <p>6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>14</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:00 Glenwood Theater Open House - Come join the Acting Group! (Tht)</p> <p>10:30 Beach Ball Toss (in the Sky Gym)</p> <p>1:00 Beanbag Baseball Teams B &amp; D (SG)</p> <p>1:00 Open Pool (SP)</p> <p>2:30 BINGO (DR)</p> <p>3:00 Happy Hour with Pianist Diome Alcomendac (P)</p> <p>6:00 Rock Painting (AR)</p> <p>6:30 Hymn Sing-A-Long (P)</p> <p>7:00 Open Poker (CR)</p>	<p>7:30 Women &amp; Men's Breakfast! Free. (7:30 - 8:30) (BQ) <b>15</b></p> <p>9:00 Rhythm Reaction (SG)</p> <p>9:30 "Sit to be Fit" (Lofts Lobby)</p> <p>9:30 Veteran's Group (Tht)</p> <p>10:30 Beanbag Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Open Cribbage (CR)</p> <p>1:00 Shopping at Fred Meyer</p> <p>2:30 Let's Play Jeopardy! (Tht)</p> <p>5:45 Rummy Q (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>16</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:30 Book Club hosted by Cynthia (ECU)</p> <p>11:00 History Talks with John Griffin (Tht)</p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag Teams C &amp; D (SG)</p> <p>1:00 5 Crowns Card Game (TL)</p> <p>1:00 Open Pool (SP)</p> <p>2:30 Glentucky Derby Horse Racing - Store is open! Bring your Derby Bucks (Tht)</p> <p>3:00 Tai-Chi (P)</p> <p>4:30 Linda on Piano (DR)</p> <p>4:30 Supper Outing to Patrick's Hawaiian Cafe. RSVP</p>	<p>9:00 Sit To Be Fit (SG) <b>17</b></p> <p>9:30 Shopping at Winco, Walgreens, Dollar Tree, Target, and Safeway</p> <p>10:00 Alzheimer's and Dementia Support Group (Tht)</p> <p>10:00 Chair Massage Therapy - \$20 (ECU)</p> <p>10:30 Beanbag Teams A &amp; B (SG)</p> <p>10:30 Headlines and Donuts (TL)</p> <p>11:15 Grief Support Group (Tht)</p> <p>12:30 Bus to Vanc Mall RSVP</p> <p>1:00 Glenwood Choir (Tht)</p> <p>1:00 Wii Bowling (SG)</p> <p>2:30 Happy Hour Mike Hart (DR)</p> <p>6:00 Friday Night Movie - "The Report" (2019) RATED R 1h 59min (Tht)</p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>18</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p>10:30 Saturday Morning with Madeline (SG)</p> <p>11:00 Sewing Lady - Mending and hemming at a reasonable rate (MR)</p> <p>1:00 Mystery Drive with Carroll. RSVP</p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p>1:00 Symphony Saturday - Rachmaninov, Piano Concerto No. 2 in C minor - Yuja Wang, Yuri Temirkanov (Tht)</p> <p>2:30 BINGO (DR)</p> <p>6:00 Saturday Night Movie - "Seven Brides for Seven Brothers" (1954) G 1h 42min (Tht)</p>

<p>8:20 Bus to Columbia Presbyterian <b>19</b></p> <p>8:20 Bus to St Joseph's. RSVP 8:20 Bus to St. Paul Lutheran 9:00 Bus to Immanuel Lutheran 9:20 Bus to First Presbyterian 9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht) 11:00 Cherie The Card Lady (LL) 1:00 Open Scrabble (P) 1:00 Sunday Movie - "Operation Dumbo Drop" (1995) PG 1h 47min (Tht) 1:30 Open Hand in Foot Card Game (CR) 2:00 Episcopal Communion (ECU) 3:00 Columbia Christian Church (DR) 3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge) 5:45 Rummy Q in the Lofts (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>20</b></p> <p>9:30 Sit to be Fit in the Lofts (Lofts Lobby)</p> <p><b>9:30 Tour of Pendleton Weaving Mill in Washougal. Limited Seating. Free</b></p> <p>9:30 Threading Needles (AR) 12:30 Blood Pressures Reading for Plaza residents (P) 1:00 Aqua Fitness (Pool Room) 1:00 Monday Movie - "Annie" (1982) PG 2h 7min (Tht) 1:00 Open Bridge (CR) 1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p><b>1:00 Tour of Pendleton Weaving Mill in Washougal. Limited Seating Free.</b></p> <p><b>2:00 Photo Fun with Rebecca! Bring your Camera or Smartphone and let's take photos! (Computer Lab)</b></p> <p>3:00 Tai-Chi - Moving for Better Balance (P) 6:30 Bible Study (ECU) 6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>21</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) 10:00 Glenwood Theater Rehearsal (Tht) 10:30 Beach Ball Toss (in the Sky Gym) 11:30 Free Eyeglass Clinic - eyeglass cleaning and adjustments (LL) 1:00 Beanbag Baseball Teams B &amp; D (SG) 1:00 Farkle with Vicki (P) 1:00 Open Pool (SP) 2:30 BINGO (DR) 3:00 Happy Hour with Stan Lasley (P) 6:30 Hymn Sing-A-Long (P) 7:00 Open Poker (CR)</p> <p><b>7:00 Beanbag Baseball Banquet – Fried Chicken Dinner, drinks, and the award ceremony. Limited to one guest. RSVP. (DR)</b></p>	<p>9:00 Rhythm Reaction Fitness (SG) <b>22</b></p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby) 9:30 Veteran's Group (Tht) 10:30 Beanbag Baseball Teams A &amp; C (SG) 11:30 Jerlean on Piano (DR) 12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby) 1:00 Aqua Fitness (Pool Room) 1:00 Open Cribbage (CR) <b>1:00 Shopping at Fred Meyer</b> <b>2:30 Readings with Nick - Come listen to humorous stories from various popular authors (Tht)</b> 5:45 Rummy Q in the Lofts (Lofts Lobby) 6:30 Bridge (CR) 6:30 Open Pinochle Card Game (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>23</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) <b>10:30 Health Talks with Sabrina (Tht)</b> 12:30 Blood Pressure Reading for Terrace Residents (TL) 1:00 Beanbag Baseball Teams C &amp; D (SG) 1:00 Open Pool (SP) <b>1:00 Po-Ke-No Card Game with Vicki (TL)</b> 2:00 Life Goes On Support Group - with St. Luke's Episcopal Church (ECU) 2:30 BINGO (DR) 3:00 Tai-Chi - Moving for Better Balance (P) 4:30 Linda on Piano (DR) <b>4:30 Supper Outing to Golden City Restaurant. RSVP</b></p>	<p>9:00 Sit To Be Fit (SG) <b>24</b></p> <p><b>9:30 Shopping trip: - Walmart, Trader Joe's, Fred Meyer (RSVP at the front desk.)</b></p> <p>10:00 Chair Massage Therapy - Sign up at the Front Desk. \$20 (ECU) <b>10:30 Ted Talks (Tht)</b> 10:30 Beanbag Baseball Teams A &amp; B (SG) 12:30 Bus to Vancouver Mall. RSVP 1:00 Glenwood Choir (Tht) 1:00 Wii Bowling (SG) <b>2:30 Come Celebrate Chinese New Year with Shelly Voight (DR)</b> 6:00 Friday Night Movie - "Born Free" (1966) PG 1h 35min (Tht)</p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>25</b></p> <p>10:30 Open Chess &amp; Checkers (CR) 10:30 Saturday Morning with Madeline (SG) <b>1:00 5 Minute Mysteries - Entertaining stumpers will sharpen your powers of observation and test your deductive skills (Tht)</b> 1:00 Open Billiards (Cue Room 3rd Floor Lodge) <b>1:30 Outing to the Vancouver Symphony (Admission \$40)</b> 2:30 BINGO (DR) 6:00 Saturday Night Movie - "For Me and My Gal" (1942) 1h 44min (Tht)</p>
<p>8:20 Bus to Columbia Presbyterian <b>26</b></p> <p>8:20 Bus to St Joseph's. RSVP 8:20 Bus to St. Paul Lutheran 9:00 Bus to Immanuel Lutheran 9:20 Bus to First Presbyterian 9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht) 1:00 Open Scrabble (P) 1:00 Sunday Movie - "The Wild Country" (1970) G 1h 40min (Tht) 1:30 Open Hand in Foot Card Game (CR) 3:00 Hymns &amp; Devotions with Ron &amp; Donna (DR) 3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge) 5:45 Rummy Q in the Lofts (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>27</b></p> <p>9:30 Sit to be Fit in the Lofts (Lofts Lobby) 9:30 Threading Needles (AR) <b>10:30 Lunch Outing to Kitchen Table Cafe. RSVP</b></p> <p>10:30 Music Therapy with Dan - Join us for sing alongs and play instruments. (Tht) 12:30 Blood Pressures Reading for Plaza residents (P) 1:00 Aqua Fitness (Pool Room) 1:00 Monday Movie - "The Book Thief" (2013) PG-13 2h 11min (Tht) 1:00 Open Bridge (CR) 1:00 Open Farkle (Cue Room 3rd Floor Lodge) 2:00 Bulletin Board Crafters - come help decorate the bulletin boards with Rebecca! (AR) 3:00 Tai-Chi - Moving for Better Balance (P) 6:30 Bible Study (ECU) 6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>28</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) 10:00 Glenwood Theater Rehearsal (Tht) 10:30 Beach Ball Toss (in the Sky Gym) 1:00 Beanbag Baseball Teams B &amp; D (SG) 1:00 Open Pool (SP) 1:30 Classical Club with Terry. Must do if you are a music lover! (Tht) 2:30 BINGO (DR) 3:00 Happy Hour with Vladimir on Violin (P) 6:30 Hymn Sing-A-Long (P) <b>7:00 Bingo After Dark</b> 7:00 Open Poker (CR)</p>	<p>9:00 Rhythm Reaction Fitness (SG) <b>29</b></p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby) 9:30 Veteran's Group (Tht) <b>10:00 Outing to Fort Vancouver High School for their Community Love Lunch. Free. RSVP</b></p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG) 11:30 Jerlean on Piano (DR) 12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby) 1:00 Aqua Fitness (Pool Room) 1:00 Open Cribbage (CR) <b>1:00 Shopping at Fred Meyer</b> <b>2:30 Brain Games (Tht)</b> 4:00 Linda on Piano (DR) <b>4:00 Lodge Birthday Dinner - RSVP at the Front Desk (DR)</b> 5:45 Rummy Q in the Lofts (Lofts Lobby) 6:30 Bridge (CR) 6:30 Open Pinochle Card Game (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>30</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) <b>10:30 Film Appreciation with Nick - Come explore the aesthetics of cinema, the concepts behind storytelling and various elements of a film (Tht)</b> 12:30 Blood Pressure Reading for Terrace Residents (TL) 1:00 Beanbag Baseball Teams C &amp; D (SG) 1:00 Open Pool (SP) 2:30 BINGO (DR) 3:00 Tai-Chi - Moving for Better Balance (P) <b>4:00 Birthday Dinner for the Plaza, Terrace and Lofts (DR)</b> 4:30 Linda on Piano (DR)</p>	<p>9:00 Sit To Be Fit (SG) <b>31</b></p> <p><b>9:30 Shopping at Winco, Walgreens, Dollar Tree, Target, and Safeway</b></p> <p>10:00 Alzheimer's and Dementia Caregiver Support Group (Tht) 10:00 Chair Massage Therapy - Sign up at the Front Desk. \$20 (ECU) 10:30 Beanbag Baseball Teams A &amp; B (SG) 11:15 Grief Support Group (Tht) <b>12:30 Bus to Vancouver Mall. RSVP</b> <b>1:00 Glenwood Choir (Tht)</b> 1:00 Wii Bowling (SG) 2:30 Happy Hour with Emmy Horowitz (DR) 6:00 Friday Night Movie - "Armstrong" (2019) DOCUMENTARY 1h 40min (Tht)</p>	

## Room Key

<p>(AR) = Activity Room (DR) = Dining Room (LL) = Lodge Lobby (SG) = Sky Gym</p>	<p>(AR) = Activity Room 2nd Floor Lodge (ECU) = ECU Activity Room (MR) = Mailroom (SR) = Spa Room, 2nd floor Lodge</p>	<p>(BQ) = Buffet Dining Room (Lbal) = Lodge Balcony 2nd Floor (P) = Plaza Community Room (TP) = Terrace Front Patio</p>	<p>(CR) = Card Room, 3rd Floor Lodge (Lbal) = Lodge Balcony, 2nd Floor (P) = Plaza Community Room, 2nd floor (TL) = Terrace Lobby</p>	<p>(COMP) = Computer Room (DR) = Lodge Dining Room (PG) = Plaza Garage (TP) = Terrace Lobby/Front Patio Area</p>	<p>(CY) = Courtyard (LG) = Lodge Gardens (PP) = Pool Patio (Tht) = Theater</p>	<p>(Cue) = Cue Room, 3rd Floor Lodge (LLB) = Lodge Library (SP) = Pool Room, Lodge</p>
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# Glenwood Place Calendar

# JANUARY 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>DOCTOR DAYS TUESDAYS</b> West of ANDRESEN Road. Salmon Creek, Hazel Dell, Downtown Vancouver &amp; the VA.</p> <p><b>THURSDAYS</b> East of ANDRESEN Road. 87<sup>th</sup> Ave, Cascade Park, Fisher's Landing, Orchards Mall</p>	<p><b>All outings are highlighted in YELLOW.</b></p> <p><b>Sign up for these events at the front desk. If bus is full, please add your name to the waiting list</b></p>	<p>Glenwood Place 5500 NE 82nd Ave. Vancouver, WA 98662 (360) 892-1100</p> <p><b>Email Activities</b> <a href="mailto:navdienko@glenwoodplace.net">navdienko@glenwoodplace.net</a></p>	<p>9:00 Rhythm Reaction Fitness (SG) <b>1</b></p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby)</p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Open Cribbage (CR)</p> <p><b>1:00 Shopping at Fred Meyer</b></p> <p><b>2:00 Rose Bowl on the Big Screen - Ducks vs. Badgers. Pizza &amp; Soda Provided!!! (P)</b></p> <p>5:45 Rummy Q (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>2</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p><b>11:00 History Talks with John Griffin (Tht)</b></p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag C &amp; D (SG)</p> <p>1:00 Five Crowns Game (TL)</p> <p>1:00 Open Pool (SP)</p> <p><b>1:00 Activity Calendar Forum with Nick (Tht)</b></p> <p>2:30 Glentucky Derby Horse Races (Tht)</p> <p>3:00 Tai-Chi (P)</p> <p>4:30 Linda on Piano (DR)</p> <p><b>4:45 Supper Outing to Cameo Cafe. RSVP. Limited Seating</b></p>	<p>9:00 Sit To Be Fit (SG) <b>3</b></p> <p><b>9:30 Shopping at Winco, Walgreens, Dollar Tree, Target, and Safeway</b></p> <p>10:00 Chair Massage Therapy - \$20 (ECU)</p> <p><b>10:30 Brain Games (Tht)</b></p> <p>10:30 Beanbag A &amp; B (SG)</p> <p><b>12:30 Bus to Vanc Mall RSVP</b></p> <p>1:00 Glenwood Choir (Tht)</p> <p>1:00 Wii Bowling (SG)</p> <p><b>2:30 Happy Hour with Monte Watters (DR)</b></p> <p><b>6:00 No Friday Movie (Tht)</b></p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>4</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p><b>10:30 Saturday Morning with Madeline (SG)</b></p> <p>11:00 Sewing Lady - Mending and hemming at a reasonable rate (MR)</p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p>1:00 Symphony Saturday - Yuja Wang performs Schubert and Schumann (Tht)</p> <p>2:30 BINGO (DR)</p> <p><b>6:00 No Saturday Night Movie (Tht)</b></p>
<p>8:20 Bus to Columbia Presbyterian <b>5</b></p> <p>8:20 Bus to St Joseph's. RSVP</p> <p>8:20 Bus to St. Paul Lutheran</p> <p>9:00 Bus to Immanuel Lutheran</p> <p>9:20 Bus to First Presbyterian</p> <p>9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht)</p> <p>1:00 Open Scrabble (P)</p> <p>1:00 Sunday Movie - "McFarland, USA" (2015) PG 2h 9min (Tht)</p> <p>1:30 Open Hand in Foot Card Game (CR)</p> <p>2:00 Episcopal Communion (ECU)</p> <p>3:00 First Christian Church Service (DR)</p> <p>3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge)</p> <p>5:45 Rummy Q in the Lofts (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>6</b></p> <p><b>9:30 Casino Outing to Ilani Casino - RSVP Bring \$</b></p> <p>9:30 Sit to be Fit in the Lofts (Lofts Lobby)</p> <p>9:30 Threading Needles (AR)</p> <p>10:30 "People and Stories" Reading Group (LLB)</p> <p>10:30 Computer Lab - Bring your laptop, phone, or tablet and get your questions answered. (COMP)</p> <p>12:30 Blood Pressures Reading for Plaza residents (P)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Monday Movie - "Cinema Paradiso" (1988) FOREIGN FILM - RATED R 2h 35min (Tht)</p> <p>1:00 Open Bridge (CR)</p> <p>1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p>3:00 Tai-Chi (P)</p> <p>5:45 Bunco with Vicki. RSVP with Vicki (P)</p> <p>6:30 Bible Study (ECU)</p> <p>6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>7</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:00 Glenwood Theater Rehearsal (Tht)</p> <p><b>10:00 NEW - Kitchen Tours. RSVP at the Front Desk. Meet in the Lobby (LL)</b></p> <p>10:30 Beach Ball Toss (in the Sky Gym)</p> <p>1:00 Beanbag Teams B &amp; D (SG)</p> <p>1:00 Farkle with Vicki (P)</p> <p>1:00 Open Pool (SP)</p> <p>1:00 Watercolor with Becky (AR)</p> <p><b>2:00 NEW - Kitchen Tours. RSVP at the Front Desk. Meet in the Lobby (LL)</b></p> <p>2:30 BINGO (DR)</p> <p>3:00 Happy Hour with William Spilette (P)</p> <p>6:00 Rock Painting (AR)</p> <p>6:30 Hymn Sing-A-Long (P)</p> <p>7:00 Open Poker (CR)</p>	<p>8:00 Pedicures with Dawn - Cost is \$25, pay her. Sign up at the front desk for a time slot. (AR) <b>8</b></p> <p>9:00 Rhythm Reaction Fitness (SG)</p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby)</p> <p>9:30 Veteran's Group (Tht)</p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Language Club - Want to Learn Sign Language? One of our residents will be teaching! (COMP)</p> <p>1:00 Open Cribbage (CR)</p> <p><b>1:00 Red Hat Ladies - Tea &amp; Movie (Tht)</b></p> <p><b>1:00 Shopping at Fred Meyer</b></p> <p>5:45 Rummy Q (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>9</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p><b>10:30 Health Talks with Sabrina (Tht)</b></p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag Baseball Teams C &amp; D (SG)</p> <p>1:00 Open Pool (SP)</p> <p><b>1:00 Po-Ke-No Card Game with Vicki (TL)</b></p> <p><b>2:30 Bingo Auction - Bring Your Bingo Bucks to Bid on Some Great Prizes (In the Dining Room)</b></p> <p>3:00 Tai-Chi - Moving for Better Balance (P)</p> <p>4:30 Linda on Piano (DR)</p> <p><b>4:30 Supper Outing to The Hammond Kitchen &amp; Craft Bar in Camas. RSVP</b></p>	<p>9:00 Sit To Be Fit (SG) <b>10</b></p> <p><b>9:30 Shopping trip: - Walmart, Trader Joe's, Fred Meyer (RSVP at the front desk.)</b></p> <p>10:00 Alzheimer's and Dementia Caregiver Support Group (Tht)</p> <p>10:00 Chair Massage Therapy - Sign up at the Front Desk. \$20 (ECU)</p> <p>10:30 Beanbag Teams A &amp; B (SG)</p> <p>11:15 Grief Support Group (Tht)</p> <p><b>12:30 Bus to Vanc Mall RSVP</b></p> <p><b>12:30 Glenwood Choir (Tht)</b></p> <p>1:00 Wii Bowling (SG)</p> <p><b>1:30 Residents Association Meeting (DR)</b></p> <p>2:30 Happy Hour with Karen Overton (DR)</p> <p>6:00 No Friday Movie</p> <p><b>7:00 Performance - The Dynamic Duo of Reno and Cindy Hollar. Great dancing music and songs (DR)</b></p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>11</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p>10:30 Saturday Morning with Madeline (SG)</p> <p><b>1:00 All the World's a Zoo (Tht)</b></p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p><b>2:00 Encore Performance - More Music with Reno and Cindy Hollar (DR)</b></p> <p>6:00 Saturday Night Movie - "Downton Abbey" (2019) PG 2h 2min (Tht)</p>
<p>8:20 Bus to Columbia Presbyterian <b>12</b></p> <p>8:20 Bus to St Joseph's. RSVP</p> <p>8:20 Bus to St. Paul Lutheran</p> <p>9:00 Bus to Immanuel Lutheran</p> <p>9:20 Bus to First Presbyterian</p> <p>9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht)</p> <p>1:00 Open Scrabble (P)</p> <p>1:00 Sunday Movie - "Larger Than Life" (1996) PG 1h 33min (Tht)</p> <p>1:30 Open Hand in Foot Card Game (CR)</p> <p>3:00 Open Boggle (Cue Room)</p> <p>5:45 Rummy Q (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>13</b></p> <p>9:30 Sit to be Fit (Lofts Lobby)</p> <p>9:30 Threading Needles (AR)</p> <p>10:30 Music Therapy with Dan (Tht)</p> <p><b>10:45 Lunch Outing to Red Lobster. RSVP</b></p> <p>12:30 Blood Pressures (P)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Monday Movie - "The Two Popes" (2019) PG-13 2h 5min (Tht)</p> <p>1:00 Open Bridge (CR)</p> <p>1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p><b>1:30 Outing to Local Thrift Stores. RSVP</b></p> <p>2:00 Bulletin Board Crafters - (AR)</p> <p>3:00 Tai-Chi (P)</p> <p>6:30 Bible Study (ECU)</p> <p>6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>14</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p><b>10:00 Glenwood Theater Open House - Come join the Acting Group! (Tht)</b></p> <p>10:30 Beach Ball Toss (in the Sky Gym)</p> <p>1:00 Beanbag Baseball Teams B &amp; D (SG)</p> <p>1:00 Open Pool (SP)</p> <p>2:30 BINGO (DR)</p> <p>3:00 Happy Hour with Pianist Diome Alcomendac (P)</p> <p>6:00 Rock Painting (AR)</p> <p>6:30 Hymn Sing-A-Long (P)</p> <p>7:00 Open Poker (CR)</p>	<p>7:30 Women &amp; Men's Breakfast! Free. (7:30 - 8:30) (BQ) <b>15</b></p> <p>9:00 Rhythm Reaction (SG)</p> <p>9:30 "Sit to be Fit" (Lofts Lobby)</p> <p>9:30 Veteran's Group (Tht)</p> <p>10:30 Beanbag Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Open Cribbage (CR)</p> <p><b>1:00 Shopping at Fred Meyer</b></p> <p><b>2:30 Let's Play Jeopardy! (Tht)</b></p> <p>5:45 Rummy Q (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>16</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:30 Book Club hosted by Cynthia (ECU)</p> <p>11:00 History Talks with John Griffin (Tht)</p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag Teams C &amp; D (SG)</p> <p>1:00 5 Crowns Card Game (TL)</p> <p>1:00 Open Pool (SP)</p> <p><b>2:30 Glentucky Derby Horse Racing - Store is open! Bring your Derby Bucks (Tht)</b></p> <p>3:00 Tai-Chi (P)</p> <p>4:30 Linda on Piano (DR)</p> <p><b>4:30 Supper Outing to Patrick's Hawaiian Cafe. RSVP</b></p>	<p>9:00 Sit To Be Fit (SG) <b>17</b></p> <p><b>9:30 Shopping at Winco, Walgreens, Dollar Tree, Target, and Safeway</b></p> <p>10:00 Alzheimer's and Dementia Support Group (Tht)</p> <p>10:00 Chair Massage Therapy - \$20 (ECU)</p> <p>10:30 Beanbag Teams A &amp; B (SG)</p> <p><b>10:30 Headlines and Donuts (TL)</b></p> <p>11:15 Grief Support Group (Tht)</p> <p><b>12:30 Bus to Vanc Mall RSVP</b></p> <p>1:00 Glenwood Choir (Tht)</p> <p>1:00 Wii Bowling (SG)</p> <p>2:30 Happy Hour Mike Hart (DR)</p> <p>6:00 Friday Night Movie - "The Report" (2019) RATED R 1h 59min (Tht)</p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>18</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p>10:30 Saturday Morning with Madeline (SG)</p> <p>11:00 Sewing Lady - Mending and hemming at a reasonable rate (MR)</p> <p><b>1:00 Mystery Drive with Carroll. RSVP</b></p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p>1:00 Symphony Saturday - Rachmaninov, Piano Concerto No. 2 in C minor - Yuja Wang, Yuri Temirkanov (Tht)</p> <p>2:30 BINGO (DR)</p> <p>6:00 Saturday Night Movie - "Seven Brides for Seven Brothers" (1954) G 1h 42min (Tht)</p>

<p>8:20 Bus to Columbia Presbyterian <b>19</b></p> <p>8:20 Bus to St Joseph's. RSVP 8:20 Bus to St. Paul Lutheran 9:00 Bus to Immanuel Lutheran 9:20 Bus to First Presbyterian 9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht) 11:00 Cherie The Card Lady (LL) 1:00 Open Scrabble (P) 1:00 Sunday Movie - "Operation Dumbo Drop" (1995) PG 1h 47min (Tht) 1:30 Open Hand in Foot Card Game (CR) 2:00 Episcopal Communion (ECU) 3:00 Columbia Christian Church (DR) 3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge) 5:45 Rummy Q in the Lofts (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>20</b></p> <p>9:30 Sit to be Fit in the Lofts (Lofts Lobby)</p> <p><b>9:30 Tour of Pendleton Weaving Mill in Washougal. Limited Seating. Free</b></p> <p>9:30 Threading Needles (AR) 12:30 Blood Pressures Reading for Plaza residents (P) 1:00 Aqua Fitness (Pool Room) 1:00 Monday Movie - "Annie" (1982) PG 2h 7min (Tht) 1:00 Open Bridge (CR) 1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p><b>1:00 Tour of Pendleton Weaving Mill in Washougal. Limited Seating Free.</b></p> <p><b>2:00 Photo Fun with Rebecca! Bring your Camera or Smartphone and let's take photos! (Computer Lab)</b></p> <p>3:00 Tai-Chi - Moving for Better Balance (P) 6:30 Bible Study (ECU) 6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>21</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) 10:00 Glenwood Theater Rehearsal (Tht) 10:30 Beach Ball Toss (in the Sky Gym) 11:30 Free Eyeglass Clinic - eyeglass cleaning and adjustments (LL) 1:00 Beanbag Baseball Teams B &amp; D (SG) 1:00 Farkle with Vicki (P) 1:00 Open Pool (SP) 2:30 BINGO (DR) 3:00 Happy Hour with Stan Lasley (P) 6:30 Hymn Sing-A-Long (P) 7:00 Open Poker (CR)</p> <p><b>7:00 Beanbag Baseball Banquet – Fried Chicken Dinner, drinks, and the award ceremony. Limited to one guest. RSVP. (DR)</b></p>	<p>9:00 Rhythm Reaction Fitness (SG) <b>22</b></p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby) 9:30 Veteran's Group (Tht) 10:30 Beanbag Baseball Teams A &amp; C (SG) 11:30 Jerlean on Piano (DR) 12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby) 1:00 Aqua Fitness (Pool Room) 1:00 Open Cribbage (CR) <b>1:00 Shopping at Fred Meyer</b> <b>2:30 Readings with Nick - Come listen to humorous stories from various popular authors (Tht)</b> 5:45 Rummy Q in the Lofts (Lofts Lobby) 6:30 Bridge (CR) 6:30 Open Pinochle Card Game (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>23</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) <b>10:30 Health Talks with Sabrina (Tht)</b> 12:30 Blood Pressure Reading for Terrace Residents (TL) 1:00 Beanbag Baseball Teams C &amp; D (SG) 1:00 Open Pool (SP) <b>1:00 Po-Ke-No Card Game with Vicki (TL)</b> 2:00 Life Goes On Support Group - with St. Luke's Episcopal Church (ECU) 2:30 BINGO (DR) 3:00 Tai-Chi - Moving for Better Balance (P) 4:30 Linda on Piano (DR) <b>4:30 Supper Outing to Golden City Restaurant. RSVP</b></p>	<p>9:00 Sit To Be Fit (SG) <b>24</b></p> <p><b>9:30 Shopping trip: - Walmart, Trader Joe's, Fred Meyer (RSVP at the front desk.)</b></p> <p>10:00 Chair Massage Therapy - Sign up at the Front Desk. \$20 (ECU) <b>10:30 Ted Talks (Tht)</b> 10:30 Beanbag Baseball Teams A &amp; B (SG) 12:30 Bus to Vancouver Mall. RSVP 1:00 Glenwood Choir (Tht) 1:00 Wii Bowling (SG) <b>2:30 Come Celebrate Chinese New Year with Shelly Voight (DR)</b> 6:00 Friday Night Movie - "Born Free" (1966) PG 1h 35min (Tht)</p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>25</b></p> <p>10:30 Open Chess &amp; Checkers (CR) 10:30 Saturday Morning with Madeline (SG) <b>1:00 5 Minute Mysteries - Entertaining stumpers will sharpen your powers of observation and test your deductive skills (Tht)</b> 1:00 Open Billiards (Cue Room 3rd Floor Lodge) <b>1:30 Outing to the Vancouver Symphony (Admission \$40)</b> 2:30 BINGO (DR) 6:00 Saturday Night Movie - "For Me and My Gal" (1942) 1h 44min (Tht)</p>
<p>8:20 Bus to Columbia Presbyterian <b>26</b></p> <p>8:20 Bus to St Joseph's. RSVP 8:20 Bus to St. Paul Lutheran 9:00 Bus to Immanuel Lutheran 9:20 Bus to First Presbyterian 9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht) 1:00 Open Scrabble (P) 1:00 Sunday Movie - "The Wild Country" (1970) G 1h 40min (Tht) 1:30 Open Hand in Foot Card Game (CR) 3:00 Hymns &amp; Devotions with Ron &amp; Donna (DR) 3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge) 5:45 Rummy Q in the Lofts (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>27</b></p> <p>9:30 Sit to be Fit in the Lofts (Lofts Lobby) 9:30 Threading Needles (AR) <b>10:30 Lunch Outing to Kitchen Table Cafe. RSVP</b></p> <p>10:30 Music Therapy with Dan - Join us for sing alongs and play instruments. (Tht) 12:30 Blood Pressures Reading for Plaza residents (P) 1:00 Aqua Fitness (Pool Room) 1:00 Monday Movie - "The Book Thief" (2013) PG-13 2h 11min (Tht) 1:00 Open Bridge (CR) 1:00 Open Farkle (Cue Room 3rd Floor Lodge) 2:00 Bulletin Board Crafters - come help decorate the bulletin boards with Rebecca! (AR) 3:00 Tai-Chi - Moving for Better Balance (P) 6:30 Bible Study (ECU) 6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>28</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) 10:00 Glenwood Theater Rehearsal (Tht) 10:30 Beach Ball Toss (in the Sky Gym) 1:00 Beanbag Baseball Teams B &amp; D (SG) 1:00 Open Pool (SP) 1:30 Classical Club with Terry. Must do if you are a music lover! (Tht) 2:30 BINGO (DR) 3:00 Happy Hour with Vladimir on Violin (P) 6:30 Hymn Sing-A-Long (P) <b>7:00 Bingo After Dark</b> 7:00 Open Poker (CR)</p>	<p>9:00 Rhythm Reaction Fitness (SG) <b>29</b></p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby) 9:30 Veteran's Group (Tht) <b>10:00 Outing to Fort Vancouver High School for their Community Love Lunch. Free. RSVP</b></p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG) 11:30 Jerlean on Piano (DR) 12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby) 1:00 Aqua Fitness (Pool Room) 1:00 Open Cribbage (CR) <b>1:00 Shopping at Fred Meyer</b> <b>2:30 Brain Games (Tht)</b> 4:00 Linda on Piano (DR) <b>4:00 Lodge Birthday Dinner - RSVP at the Front Desk (DR)</b> 5:45 Rummy Q in the Lofts (Lofts Lobby) 6:30 Bridge (CR) 6:30 Open Pinochle Card Game (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>30</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) <b>10:30 Film Appreciation with Nick - Come explore the aesthetics of cinema, the concepts behind storytelling and various elements of a film (Tht)</b> 12:30 Blood Pressure Reading for Terrace Residents (TL) 1:00 Beanbag Baseball Teams C &amp; D (SG) 1:00 Open Pool (SP) 2:30 BINGO (DR) 3:00 Tai-Chi - Moving for Better Balance (P) <b>4:00 Birthday Dinner for the Plaza, Terrace and Lofts (DR)</b> 4:30 Linda on Piano (DR)</p>	<p>9:00 Sit To Be Fit (SG) <b>31</b></p> <p><b>9:30 Shopping at Winco, Walgreens, Dollar Tree, Target, and Safeway</b></p> <p>10:00 Alzheimer's and Dementia Caregiver Support Group (Tht) 10:00 Chair Massage Therapy - Sign up at the Front Desk. \$20 (ECU) 10:30 Beanbag Baseball Teams A &amp; B (SG) 11:15 Grief Support Group (Tht) <b>12:30 Bus to Vancouver Mall. RSVP</b> <b>1:00 Glenwood Choir (Tht)</b> 1:00 Wii Bowling (SG) 2:30 Happy Hour with Emmy Horowitz (DR) 6:00 Friday Night Movie - "Armstrong" (2019) DOCUMENTARY 1h 40min (Tht)</p>	

## Room Key

(AR) = Activity Room	(AR) = Activity Room 2nd Floor Lodge	(BQ) = Buffet Dining Room	(CR) = Card Room, 3rd Floor Lodge	(COMP) = Computer Room	(CY) = Courtyard	(Cue) = Cue Room, 3rd Floor Lodge
(DR) = Dining Room	(ECU) = ECU Activity Room	(Lbal) = Lodge Balcony 2nd Floor	(Lbal) = Lodge Balcony, 2nd Floor	(DR) = Lodge Dining Room	(LG) = Lodge Gardens	(LLB) = Lodge Library
(LL) = Lodge Lobby	(MR) = Mailroom	(P) = Plaza Community Room	(P) = Plaza Community Room, 2nd floor	(PG) = Plaza Garage	(PP) = Pool Patio	(SP) = Pool Room, Lodge
(SG) = Sky Gym	(SR) = Spa Room, 2nd floor Lodge	(TP) = Terrace Front Patio	(TL) = Terrace Lobby	(TP) = Terrace Lobby/Front Patio Area	(Tht) = Theater	



# Glenwood Place Calendar

# JANUARY 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>DOCTOR DAYS TUESDAYS</b> West of ANDRESEN Road. Salmon Creek, Hazel Dell, Downtown Vancouver &amp; the VA.</p> <p><b>THURSDAYS</b> East of ANDRESEN Road. 87<sup>th</sup> Ave, Cascade Park, Fisher's Landing, Orchards Mall</p>	<p><b>All outings are highlighted in YELLOW.</b></p> <p>Sign up for these events at the front desk. If bus is full, please add your name to the waiting list</p>	<p>Glenwood Place 5500 NE 82nd Ave. Vancouver, WA 98662 (360) 892-1100</p> <p>Email Activities <a href="mailto:navdienko@glenwoodplace.net">navdienko@glenwoodplace.net</a></p>	<p>9:00 Rhythm Reaction Fitness (SG) <b>1</b></p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby)</p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Open Cribbage (CR)</p> <p>1:00 Shopping at Fred Meyer</p> <p>2:00 Rose Bowl on the Big Screen - Ducks vs. Badgers. Pizza &amp; Soda Provided!!! (P)</p> <p>5:45 Rummy Q (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>2</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>11:00 History Talks with John Griffin (Tht)</p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag C &amp; D (SG)</p> <p>1:00 Five Crowns Game (TL)</p> <p>1:00 Open Pool (SP)</p> <p>1:00 Activity Calendar Forum with Nick (Tht)</p> <p>2:30 Glentucky Derby Horse Races (Tht)</p> <p>3:00 Tai-Chi (P)</p> <p>4:30 Linda on Piano (DR)</p> <p>4:45 Supper Outing to Cameo Cafe. RSVP. Limited Seating</p>	<p>9:00 Sit To Be Fit (SG) <b>3</b></p> <p>9:30 Shopping at Winco, Walgreens, Dollar Tree, Target, and Safeway</p> <p>10:00 Chair Massage Therapy - \$20 (ECU)</p> <p>10:30 Brain Games (Tht)</p> <p>10:30 Beanbag A &amp; B (SG)</p> <p>12:30 Bus to Vanc Mall RSVP</p> <p>1:00 Glenwood Choir (Tht)</p> <p>1:00 Wii Bowling (SG)</p> <p>2:30 Happy Hour with Monte Watters (DR)</p> <p>6:00 No Friday Movie (Tht)</p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>4</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p>10:30 Saturday Morning with Madeline (SG)</p> <p>11:00 Sewing Lady - Mending and hemming at a reasonable rate (MR)</p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p>1:00 Symphony Saturday - Yuja Wang performs Schubert and Schumann (Tht)</p> <p>2:30 BINGO (DR)</p> <p>6:00 No Saturday Night Movie (Tht)</p>
<p>8:20 Bus to Columbia Presbyterian <b>5</b></p> <p>8:20 Bus to St Joseph's. RSVP</p> <p>8:20 Bus to St. Paul Lutheran</p> <p>9:00 Bus to Immanuel Lutheran</p> <p>9:20 Bus to First Presbyterian</p> <p>9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht)</p> <p>1:00 Open Scrabble (P)</p> <p>1:00 Sunday Movie - "McFarland, USA" (2015) PG 2h 9min (Tht)</p> <p>1:30 Open Hand in Foot Card Game (CR)</p> <p>2:00 Episcopal Communion (ECU)</p> <p>3:00 First Christian Church Service (DR)</p> <p>3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge)</p> <p>5:45 Rummy Q in the Lofts (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>6</b></p> <p>9:30 Casino Outing to Ilani Casino - RSVP Bring \$</p> <p>9:30 Sit to be Fit in the Lofts (Lofts Lobby)</p> <p>9:30 Threading Needles (AR)</p> <p>10:30 "People and Stories" Reading Group (LLB)</p> <p>10:30 Computer Lab - Bring your laptop, phone, or tablet and get your questions answered. (COMP)</p> <p>12:30 Blood Pressures Reading for Plaza residents (P)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Monday Movie - "Cinema Paradiso" (1988) FOREIGN FILM - RATED R 2h 35min (Tht)</p> <p>1:00 Open Bridge (CR)</p> <p>1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p>3:00 Tai-Chi (P)</p> <p>5:45 Bunco with Vicki. RSVP with Vicki (P)</p> <p>6:30 Bible Study (ECU)</p> <p>6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>7</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:00 Glenwood Theater Rehearsal (Tht)</p> <p>10:00 NEW - Kitchen Tours. RSVP at the Front Desk. Meet in the Lobby (LL)</p> <p>10:30 Beach Ball Toss (in the Sky Gym)</p> <p>1:00 Beanbag Teams B &amp; D (SG)</p> <p>1:00 Farkle with Vicki (P)</p> <p>1:00 Open Pool (SP)</p> <p>1:00 Watercolor with Becky (AR)</p> <p>2:00 NEW - Kitchen Tours. RSVP at the Front Desk. Meet in the Lobby (LL)</p> <p>2:30 BINGO (DR)</p> <p>3:00 Happy Hour with William Spilette (P)</p> <p>6:00 Rock Painting (AR)</p> <p>6:30 Hymn Sing-A-Long (P)</p> <p>7:00 Open Poker (CR)</p>	<p>8:00 Pedicures with Dawn - Cost is \$25, pay her. Sign up at the front desk for a time slot. (AR) <b>8</b></p> <p>9:00 Rhythm Reaction Fitness (SG)</p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby)</p> <p>9:30 Veteran's Group (Tht)</p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Language Club - Want to Learn Sign Language? One of our residents will be teaching! (COMP)</p> <p>1:00 Open Cribbage (CR)</p> <p>1:00 Red Hat Ladies - Tea &amp; Movie (Tht)</p> <p>1:00 Shopping at Fred Meyer</p> <p>5:45 Rummy Q (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>9</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:30 Health Talks with Sabrina (Tht)</p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag Baseball Teams C &amp; D (SG)</p> <p>1:00 Open Pool (SP)</p> <p>1:00 Po-Ke-No Card Game with Vicki (TL)</p> <p>2:30 Bingo Auction - Bring Your Bingo Bucks to Bid on Some Great Prizes (In the Dining Room)</p> <p>3:00 Tai-Chi - Moving for Better Balance (P)</p> <p>4:30 Linda on Piano (DR)</p> <p>4:30 Supper Outing to The Hammond Kitchen &amp; Craft Bar in Camas. RSVP</p>	<p>9:00 Sit To Be Fit (SG) <b>10</b></p> <p>9:30 Shopping trip: - Walmart, Trader Joe's, Fred Meyer (RSVP at the front desk.)</p> <p>10:00 Alzheimer's and Dementia Caregiver Support Group (Tht)</p> <p>10:00 Chair Massage Therapy - Sign up at the Front Desk. \$20 (ECU)</p> <p>10:30 Beanbag Teams A &amp; B (SG)</p> <p>11:15 Grief Support Group (Tht)</p> <p>12:30 Bus to Vanc Mall RSVP</p> <p>12:30 Glenwood Choir (Tht)</p> <p>1:00 Wii Bowling (SG)</p> <p>1:30 Residents Association Meeting (DR)</p> <p>2:30 Happy Hour with Karen Overton (DR)</p> <p>6:00 No Friday Movie</p> <p>7:00 Performance - The Dynamic Duo of Reno and Cindy Hollar. Great dancing music and songs (DR)</p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>11</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p>10:30 Saturday Morning with Madeline (SG)</p> <p>1:00 All the World's a Zoo (Tht)</p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p>2:00 Encore Performance - More Music with Reno and Cindy Hollar (DR)</p> <p>6:00 Saturday Night Movie - "Downton Abbey" (2019) PG 2h 2min (Tht)</p>
<p>8:20 Bus to Columbia Presbyterian <b>12</b></p> <p>8:20 Bus to St Joseph's. RSVP</p> <p>8:20 Bus to St. Paul Lutheran</p> <p>9:00 Bus to Immanuel Lutheran</p> <p>9:20 Bus to First Presbyterian</p> <p>9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht)</p> <p>1:00 Open Scrabble (P)</p> <p>1:00 Sunday Movie - "Larger Than Life" (1996) PG 1h 33min (Tht)</p> <p>1:30 Open Hand in Foot Card Game (CR)</p> <p>3:00 Open Boggle (Cue Room)</p> <p>5:45 Rummy Q (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>13</b></p> <p>9:30 Sit to be Fit (Lofts Lobby)</p> <p>9:30 Threading Needles (AR)</p> <p>10:30 Music Therapy with Dan (Tht)</p> <p>10:45 Lunch Outing to Red Lobster. RSVP</p> <p>12:30 Blood Pressures (P)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Monday Movie - "The Two Popes" (2019) PG-13 2h 5min (Tht)</p> <p>1:00 Open Bridge (CR)</p> <p>1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p>1:30 Outing to Local Thrift Stores. RSVP</p> <p>2:00 Bulletin Board Crafters - (AR)</p> <p>3:00 Tai-Chi (P)</p> <p>6:30 Bible Study (ECU)</p> <p>6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>14</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:00 Glenwood Theater Open House - Come join the Acting Group! (Tht)</p> <p>10:30 Beach Ball Toss (in the Sky Gym)</p> <p>1:00 Beanbag Baseball Teams B &amp; D (SG)</p> <p>1:00 Open Pool (SP)</p> <p>2:30 BINGO (DR)</p> <p>3:00 Happy Hour with Pianist Diome Alcomendac (P)</p> <p>6:00 Rock Painting (AR)</p> <p>6:30 Hymn Sing-A-Long (P)</p> <p>7:00 Open Poker (CR)</p>	<p>7:30 Women &amp; Men's Breakfast! Free. (7:30 - 8:30) (BQ) <b>15</b></p> <p>9:00 Rhythm Reaction (SG)</p> <p>9:30 "Sit to be Fit" (Lofts Lobby)</p> <p>9:30 Veteran's Group (Tht)</p> <p>10:30 Beanbag Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Open Cribbage (CR)</p> <p>1:00 Shopping at Fred Meyer</p> <p>2:30 Let's Play Jeopardy! (Tht)</p> <p>5:45 Rummy Q (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>16</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:30 Book Club hosted by Cynthia (ECU)</p> <p>11:00 History Talks with John Griffin (Tht)</p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag Teams C &amp; D (SG)</p> <p>1:00 5 Crowns Card Game (TL)</p> <p>1:00 Open Pool (SP)</p> <p>2:30 Glentucky Derby Horse Racing - Store is open! Bring your Derby Bucks (Tht)</p> <p>3:00 Tai-Chi (P)</p> <p>4:30 Linda on Piano (DR)</p> <p>4:30 Supper Outing to Patrick's Hawaiian Cafe. RSVP</p>	<p>9:00 Sit To Be Fit (SG) <b>17</b></p> <p>9:30 Shopping at Winco, Walgreens, Dollar Tree, Target, and Safeway</p> <p>10:00 Alzheimer's and Dementia Support Group (Tht)</p> <p>10:00 Chair Massage Therapy - \$20 (ECU)</p> <p>10:30 Beanbag Teams A &amp; B (SG)</p> <p>10:30 Headlines and Donuts (TL)</p> <p>11:15 Grief Support Group (Tht)</p> <p>12:30 Bus to Vanc Mall RSVP</p> <p>1:00 Glenwood Choir (Tht)</p> <p>1:00 Wii Bowling (SG)</p> <p>2:30 Happy Hour Mike Hart (DR)</p> <p>6:00 Friday Night Movie - "The Report" (2019) RATED R 1h 59min (Tht)</p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>18</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p>10:30 Saturday Morning with Madeline (SG)</p> <p>11:00 Sewing Lady - Mending and hemming at a reasonable rate (MR)</p> <p>1:00 Mystery Drive with Carroll. RSVP</p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p>1:00 Symphony Saturday - Rachmaninov, Piano Concerto No. 2 in C minor - Yuja Wang, Yuri Temirkanov (Tht)</p> <p>2:30 BINGO (DR)</p> <p>6:00 Saturday Night Movie - "Seven Brides for Seven Brothers" (1954) G 1h 42min (Tht)</p>

<p>8:20 Bus to Columbia Presbyterian <b>19</b></p> <p>8:20 Bus to St Joseph's. RSVP 8:20 Bus to St. Paul Lutheran 9:00 Bus to Immanuel Lutheran 9:20 Bus to First Presbyterian 9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht) 11:00 Cherie The Card Lady (LL) 1:00 Open Scrabble (P) 1:00 Sunday Movie - "Operation Dumbo Drop" (1995) PG 1h 47min (Tht) 1:30 Open Hand in Foot Card Game (CR) 2:00 Episcopal Communion (ECU) 3:00 Columbia Christian Church (DR) 3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge) 5:45 Rummy Q in the Lofts (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>20</b></p> <p>9:30 Sit to be Fit in the Lofts (Lofts Lobby)</p> <p><b>9:30 Tour of Pendleton Weaving Mill in Washougal. Limited Seating. Free</b></p> <p>9:30 Threading Needles (AR) 12:30 Blood Pressures Reading for Plaza residents (P) 1:00 Aqua Fitness (Pool Room) 1:00 Monday Movie - "Annie" (1982) PG 2h 7min (Tht) 1:00 Open Bridge (CR) 1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p><b>1:00 Tour of Pendleton Weaving Mill in Washougal. Limited Seating Free.</b></p> <p><b>2:00 Photo Fun with Rebecca! Bring your Camera or Smartphone and let's take photos! (Computer Lab)</b></p> <p>3:00 Tai-Chi - Moving for Better Balance (P) 6:30 Bible Study (ECU) 6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>21</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) 10:00 Glenwood Theater Rehearsal (Tht) 10:30 Beach Ball Toss (in the Sky Gym) 11:30 Free Eyeglass Clinic - eyeglass cleaning and adjustments (LL) 1:00 Beanbag Baseball Teams B &amp; D (SG) 1:00 Farkle with Vicki (P) 1:00 Open Pool (SP) 2:30 BINGO (DR) 3:00 Happy Hour with Stan Lasley (P) 6:30 Hymn Sing-A-Long (P) 7:00 Open Poker (CR)</p> <p><b>7:00 Beanbag Baseball Banquet – Fried Chicken Dinner, drinks, and the award ceremony. Limited to one guest. RSVP. (DR)</b></p>	<p>9:00 Rhythm Reaction Fitness (SG) <b>22</b></p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby) 9:30 Veteran's Group (Tht) 10:30 Beanbag Baseball Teams A &amp; C (SG) 11:30 Jerlean on Piano (DR) 12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby) 1:00 Aqua Fitness (Pool Room) 1:00 Open Cribbage (CR) <b>1:00 Shopping at Fred Meyer</b> <b>2:30 Readings with Nick - Come listen to humorous stories from various popular authors (Tht)</b> 5:45 Rummy Q in the Lofts (Lofts Lobby) 6:30 Bridge (CR) 6:30 Open Pinochle Card Game (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>23</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) <b>10:30 Health Talks with Sabrina (Tht)</b> 12:30 Blood Pressure Reading for Terrace Residents (TL) 1:00 Beanbag Baseball Teams C &amp; D (SG) 1:00 Open Pool (SP) <b>1:00 Po-Ke-No Card Game with Vicki (TL)</b> 2:00 Life Goes On Support Group - with St. Luke's Episcopal Church (ECU) 2:30 BINGO (DR) 3:00 Tai-Chi - Moving for Better Balance (P) 4:30 Linda on Piano (DR) <b>4:30 Supper Outing to Golden City Restaurant. RSVP</b></p>	<p>9:00 Sit To Be Fit (SG) <b>24</b></p> <p><b>9:30 Shopping trip: - Walmart, Trader Joe's, Fred Meyer (RSVP at the front desk.)</b></p> <p>10:00 Chair Massage Therapy - Sign up at the Front Desk. \$20 (ECU) <b>10:30 Ted Talks (Tht)</b> 10:30 Beanbag Baseball Teams A &amp; B (SG) 12:30 Bus to Vancouver Mall. RSVP 1:00 Glenwood Choir (Tht) 1:00 Wii Bowling (SG) <b>2:30 Come Celebrate Chinese New Year with Shelly Voight (DR)</b> 6:00 Friday Night Movie - "Born Free" (1966) PG 1h 35min (Tht)</p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>25</b></p> <p>10:30 Open Chess &amp; Checkers (CR) 10:30 Saturday Morning with Madeline (SG) <b>1:00 5 Minute Mysteries - Entertaining stumpers will sharpen your powers of observation and test your deductive skills (Tht)</b> 1:00 Open Billiards (Cue Room 3rd Floor Lodge) <b>1:30 Outing to the Vancouver Symphony (Admission \$40)</b> 2:30 BINGO (DR) 6:00 Saturday Night Movie - "For Me and My Gal" (1942) 1h 44min (Tht)</p>
<p>8:20 Bus to Columbia Presbyterian <b>26</b></p> <p>8:20 Bus to St Joseph's. RSVP 8:20 Bus to St. Paul Lutheran 9:00 Bus to Immanuel Lutheran 9:20 Bus to First Presbyterian 9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht) 1:00 Open Scrabble (P) 1:00 Sunday Movie - "The Wild Country" (1970) G 1h 40min (Tht) 1:30 Open Hand in Foot Card Game (CR) 3:00 Hymns &amp; Devotions with Ron &amp; Donna (DR) 3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge) 5:45 Rummy Q in the Lofts (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>27</b></p> <p>9:30 Sit to be Fit in the Lofts (Lofts Lobby) 9:30 Threading Needles (AR) <b>10:30 Lunch Outing to Kitchen Table Cafe. RSVP</b></p> <p>10:30 Music Therapy with Dan - Join us for sing alongs and play instruments. (Tht) 12:30 Blood Pressures Reading for Plaza residents (P) 1:00 Aqua Fitness (Pool Room) 1:00 Monday Movie - "The Book Thief" (2013) PG-13 2h 11min (Tht) 1:00 Open Bridge (CR) 1:00 Open Farkle (Cue Room 3rd Floor Lodge) 2:00 Bulletin Board Crafters - come help decorate the bulletin boards with Rebecca! (AR) 3:00 Tai-Chi - Moving for Better Balance (P) 6:30 Bible Study (ECU) 6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>28</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) 10:00 Glenwood Theater Rehearsal (Tht) 10:30 Beach Ball Toss (in the Sky Gym) 1:00 Beanbag Baseball Teams B &amp; D (SG) 1:00 Open Pool (SP) 1:30 Classical Club with Terry. Must do if you are a music lover! (Tht) 2:30 BINGO (DR) 3:00 Happy Hour with Vladimir on Violin (P) 6:30 Hymn Sing-A-Long (P) <b>7:00 Bingo After Dark</b> 7:00 Open Poker (CR)</p>	<p>9:00 Rhythm Reaction Fitness (SG) <b>29</b></p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby) 9:30 Veteran's Group (Tht) <b>10:00 Outing to Fort Vancouver High School for their Community Love Lunch. Free. RSVP</b></p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG) 11:30 Jerlean on Piano (DR) 12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby) 1:00 Aqua Fitness (Pool Room) 1:00 Open Cribbage (CR) <b>1:00 Shopping at Fred Meyer</b> <b>2:30 Brain Games (Tht)</b> 4:00 Linda on Piano (DR) <b>4:00 Lodge Birthday Dinner - RSVP at the Front Desk (DR)</b> 5:45 Rummy Q in the Lofts (Lofts Lobby) 6:30 Bridge (CR) 6:30 Open Pinochle Card Game (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>30</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) <b>10:30 Film Appreciation with Nick - Come explore the aesthetics of cinema, the concepts behind storytelling and various elements of a film (Tht)</b> 12:30 Blood Pressure Reading for Terrace Residents (TL) 1:00 Beanbag Baseball Teams C &amp; D (SG) 1:00 Open Pool (SP) 2:30 BINGO (DR) 3:00 Tai-Chi - Moving for Better Balance (P) <b>4:00 Birthday Dinner for the Plaza, Terrace and Lofts (DR)</b> 4:30 Linda on Piano (DR)</p>	<p>9:00 Sit To Be Fit (SG) <b>31</b></p> <p><b>9:30 Shopping at Winco, Walgreens, Dollar Tree, Target, and Safeway</b></p> <p>10:00 Alzheimer's and Dementia Caregiver Support Group (Tht) 10:00 Chair Massage Therapy - Sign up at the Front Desk. \$20 (ECU) 10:30 Beanbag Baseball Teams A &amp; B (SG) 11:15 Grief Support Group (Tht) <b>12:30 Bus to Vancouver Mall. RSVP</b> <b>1:00 Glenwood Choir (Tht)</b> 1:00 Wii Bowling (SG) 2:30 Happy Hour with Emmy Horowitz (DR) 6:00 Friday Night Movie - "Armstrong" (2019) DOCUMENTARY 1h 40min (Tht)</p>	

## Room Key

(AR) = Activity Room	(AR) = Activity Room 2nd Floor Lodge	(BQ) = Buffet Dining Room	(CR) = Card Room, 3rd Floor Lodge	(COMP) = Computer Room	(CY) = Courtyard	(Cue) = Cue Room, 3rd Floor Lodge
(DR) = Dining Room	(ECU) = ECU Activity Room	(Lbal) = Lodge Balcony 2nd Floor	(Lbal) = Lodge Balcony, 2nd Floor	(DR) = Lodge Dining Room	(LG) = Lodge Gardens	(LLB) = Lodge Library
(LL) = Lodge Lobby	(MR) = Mailroom	(P) = Plaza Community Room	(P) = Plaza Community Room, 2nd floor	(PG) = Plaza Garage	(PP) = Pool Patio	(SP) = Pool Room, Lodge
(SG) = Sky Gym	(SR) = Spa Room, 2nd floor Lodge	(TP) = Terrace Front Patio	(TL) = Terrace Lobby	(TP) = Terrace Lobby/Front Patio Area	(Tht) = Theater	



# Glenwood Place Calendar

# JANUARY 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>DOCTOR DAYS TUESDAYS</b> West of ANDRESEN Road. Salmon Creek, Hazel Dell, Downtown Vancouver &amp; the VA.</p> <p><b>THURSDAYS</b> East of ANDRESEN Road. 87<sup>th</sup> Ave, Cascade Park, Fisher's Landing, Orchards Mall</p>	<p><b>All outings are highlighted in YELLOW.</b></p> <p>Sign up for these events at the front desk. If bus is full, please add your name to the waiting list</p>	<p>Glenwood Place 5500 NE 82nd Ave. Vancouver, WA 98662 (360) 892-1100</p> <p>Email Activities <a href="mailto:navdienko@glenwoodplace.net">navdienko@glenwoodplace.net</a></p>	<p>9:00 Rhythm Reaction Fitness (SG) <b>1</b></p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby)</p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Open Cribbage (CR)</p> <p>1:00 Shopping at Fred Meyer</p> <p>2:00 Rose Bowl on the Big Screen - Ducks vs. Badgers. Pizza &amp; Soda Provided!!! (P)</p> <p>5:45 Rummy Q (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>2</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>11:00 History Talks with John Griffin (Tht)</p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag C &amp; D (SG)</p> <p>1:00 Five Crowns Game (TL)</p> <p>1:00 Open Pool (SP)</p> <p>1:00 Activity Calendar Forum with Nick (Tht)</p> <p>2:30 Glentucky Derby Horse Races (Tht)</p> <p>3:00 Tai-Chi (P)</p> <p>4:30 Linda on Piano (DR)</p> <p>4:45 Supper Outing to Cameo Cafe. RSVP. Limited Seating</p>	<p>9:00 Sit To Be Fit (SG) <b>3</b></p> <p>9:30 Shopping at Winco, Walgreens, Dollar Tree, Target, and Safeway</p> <p>10:00 Chair Massage Therapy - \$20 (ECU)</p> <p>10:30 Brain Games (Tht)</p> <p>10:30 Beanbag A &amp; B (SG)</p> <p>12:30 Bus to Vanc Mall RSVP</p> <p>1:00 Glenwood Choir (Tht)</p> <p>1:00 Wii Bowling (SG)</p> <p>2:30 Happy Hour with Monte Watters (DR)</p> <p>6:00 No Friday Movie (Tht)</p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>4</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p>10:30 Saturday Morning with Madeline (SG)</p> <p>11:00 Sewing Lady - Mending and hemming at a reasonable rate (MR)</p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p>1:00 Symphony Saturday - Yuja Wang performs Schubert and Schumann (Tht)</p> <p>2:30 BINGO (DR)</p> <p>6:00 No Saturday Night Movie (Tht)</p>
<p>8:20 Bus to Columbia Presbyterian <b>5</b></p> <p>8:20 Bus to St Joseph's. RSVP</p> <p>8:20 Bus to St. Paul Lutheran</p> <p>9:00 Bus to Immanuel Lutheran</p> <p>9:20 Bus to First Presbyterian</p> <p>9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht)</p> <p>1:00 Open Scrabble (P)</p> <p>1:00 Sunday Movie - "McFarland, USA" (2015) PG 2h 9min (Tht)</p> <p>1:30 Open Hand in Foot Card Game (CR)</p> <p>2:00 Episcopal Communion (ECU)</p> <p>3:00 First Christian Church Service (DR)</p> <p>3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge)</p> <p>5:45 Rummy Q in the Lofts (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>6</b></p> <p>9:30 Casino Outing to Ilani Casino - RSVP Bring \$</p> <p>9:30 Sit to be Fit in the Lofts (Lofts Lobby)</p> <p>9:30 Threading Needles (AR)</p> <p>10:30 "People and Stories" Reading Group (LLB)</p> <p>10:30 Computer Lab - Bring your laptop, phone, or tablet and get your questions answered. (COMP)</p> <p>12:30 Blood Pressures Reading for Plaza residents (P)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Monday Movie - "Cinema Paradiso" (1988) FOREIGN FILM - RATED R 2h 35min (Tht)</p> <p>1:00 Open Bridge (CR)</p> <p>1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p>3:00 Tai-Chi (P)</p> <p>5:45 Bunco with Vicki. RSVP with Vicki (P)</p> <p>6:30 Bible Study (ECU)</p> <p>6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>7</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:00 Glenwood Theater Rehearsal (Tht)</p> <p>10:00 NEW - Kitchen Tours. RSVP at the Front Desk. Meet in the Lobby (LL)</p> <p>10:30 Beach Ball Toss (in the Sky Gym)</p> <p>1:00 Beanbag Teams B &amp; D (SG)</p> <p>1:00 Farkle with Vicki (P)</p> <p>1:00 Open Pool (SP)</p> <p>1:00 Watercolor with Becky (AR)</p> <p>2:00 NEW - Kitchen Tours. RSVP at the Front Desk. Meet in the Lobby (LL)</p> <p>2:30 BINGO (DR)</p> <p>3:00 Happy Hour with William Spilette (P)</p> <p>6:00 Rock Painting (AR)</p> <p>6:30 Hymn Sing-A-Long (P)</p> <p>7:00 Open Poker (CR)</p>	<p>8:00 Pedicures with Dawn - Cost is \$25, pay her. Sign up at the front desk for a time slot. (AR) <b>8</b></p> <p>9:00 Rhythm Reaction Fitness (SG)</p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby)</p> <p>9:30 Veteran's Group (Tht)</p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Language Club - Want to Learn Sign Language? One of our residents will be teaching! (COMP)</p> <p>1:00 Open Cribbage (CR)</p> <p>1:00 Red Hat Ladies - Tea &amp; Movie (Tht)</p> <p>1:00 Shopping at Fred Meyer</p> <p>5:45 Rummy Q (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>9</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:30 Health Talks with Sabrina (Tht)</p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag Baseball Teams C &amp; D (SG)</p> <p>1:00 Open Pool (SP)</p> <p>1:00 Po-Ke-No Card Game with Vicki (TL)</p> <p>2:30 Bingo Auction - Bring Your Bingo Bucks to Bid on Some Great Prizes (In the Dining Room)</p> <p>3:00 Tai-Chi - Moving for Better Balance (P)</p> <p>4:30 Linda on Piano (DR)</p> <p>4:30 Supper Outing to The Hammond Kitchen &amp; Craft Bar in Camas. RSVP</p>	<p>9:00 Sit To Be Fit (SG) <b>10</b></p> <p>9:30 Shopping trip: - Walmart, Trader Joe's, Fred Meyer (RSVP at the front desk.)</p> <p>10:00 Alzheimer's and Dementia Caregiver Support Group (Tht)</p> <p>10:00 Chair Massage Therapy - Sign up at the Front Desk. \$20 (ECU)</p> <p>10:30 Beanbag Teams A &amp; B (SG)</p> <p>11:15 Grief Support Group (Tht)</p> <p>12:30 Bus to Vanc Mall RSVP</p> <p>12:30 Glenwood Choir (Tht)</p> <p>1:00 Wii Bowling (SG)</p> <p>1:30 Residents Association Meeting (DR)</p> <p>2:30 Happy Hour with Karen Overton (DR)</p> <p>6:00 No Friday Movie</p> <p>7:00 Performance - The Dynamic Duo of Reno and Cindy Hollar. Great dancing music and songs (DR)</p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>11</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p>10:30 Saturday Morning with Madeline (SG)</p> <p>1:00 All the World's a Zoo (Tht)</p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p>2:00 Encore Performance - More Music with Reno and Cindy Hollar (DR)</p> <p>6:00 Saturday Night Movie - "Downton Abbey" (2019) PG 2h 2min (Tht)</p>
<p>8:20 Bus to Columbia Presbyterian <b>12</b></p> <p>8:20 Bus to St Joseph's. RSVP</p> <p>8:20 Bus to St. Paul Lutheran</p> <p>9:00 Bus to Immanuel Lutheran</p> <p>9:20 Bus to First Presbyterian</p> <p>9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht)</p> <p>1:00 Open Scrabble (P)</p> <p>1:00 Sunday Movie - "Larger Than Life" (1996) PG 1h 33min (Tht)</p> <p>1:30 Open Hand in Foot Card Game (CR)</p> <p>3:00 Open Boggle (Cue Room)</p> <p>5:45 Rummy Q (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>13</b></p> <p>9:30 Sit to be Fit (Lofts Lobby)</p> <p>9:30 Threading Needles (AR)</p> <p>10:30 Music Therapy with Dan (Tht)</p> <p>10:45 Lunch Outing to Red Lobster. RSVP</p> <p>12:30 Blood Pressures (P)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Monday Movie - "The Two Popes" (2019) PG-13 2h 5min (Tht)</p> <p>1:00 Open Bridge (CR)</p> <p>1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p>1:30 Outing to Local Thrift Stores. RSVP</p> <p>2:00 Bulletin Board Crafters - (AR)</p> <p>3:00 Tai-Chi (P)</p> <p>6:30 Bible Study (ECU)</p> <p>6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>14</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:00 Glenwood Theater Open House - Come join the Acting Group! (Tht)</p> <p>10:30 Beach Ball Toss (in the Sky Gym)</p> <p>1:00 Beanbag Baseball Teams B &amp; D (SG)</p> <p>1:00 Open Pool (SP)</p> <p>2:30 BINGO (DR)</p> <p>3:00 Happy Hour with Pianist Diome Alcomendac (P)</p> <p>6:00 Rock Painting (AR)</p> <p>6:30 Hymn Sing-A-Long (P)</p> <p>7:00 Open Poker (CR)</p>	<p>7:30 Women &amp; Men's Breakfast! Free. (7:30 - 8:30) (BQ) <b>15</b></p> <p>9:00 Rhythm Reaction (SG)</p> <p>9:30 "Sit to be Fit" (Lofts Lobby)</p> <p>9:30 Veteran's Group (Tht)</p> <p>10:30 Beanbag Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Open Cribbage (CR)</p> <p>1:00 Shopping at Fred Meyer</p> <p>2:30 Let's Play Jeopardy! (Tht)</p> <p>5:45 Rummy Q (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>16</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:30 Book Club hosted by Cynthia (ECU)</p> <p>11:00 History Talks with John Griffin (Tht)</p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag Teams C &amp; D (SG)</p> <p>1:00 5 Crowns Card Game (TL)</p> <p>1:00 Open Pool (SP)</p> <p>2:30 Glentucky Derby Horse Racing - Store is open! Bring your Derby Bucks (Tht)</p> <p>3:00 Tai-Chi (P)</p> <p>4:30 Linda on Piano (DR)</p> <p>4:30 Supper Outing to Patrick's Hawaiian Cafe. RSVP</p>	<p>9:00 Sit To Be Fit (SG) <b>17</b></p> <p>9:30 Shopping at Winco, Walgreens, Dollar Tree, Target, and Safeway</p> <p>10:00 Alzheimer's and Dementia Support Group (Tht)</p> <p>10:00 Chair Massage Therapy - \$20 (ECU)</p> <p>10:30 Beanbag Teams A &amp; B (SG)</p> <p>10:30 Headlines and Donuts (TL)</p> <p>11:15 Grief Support Group (Tht)</p> <p>12:30 Bus to Vanc Mall RSVP</p> <p>1:00 Glenwood Choir (Tht)</p> <p>1:00 Wii Bowling (SG)</p> <p>2:30 Happy Hour Mike Hart (DR)</p> <p>6:00 Friday Night Movie - "The Report" (2019) RATED R 1h 59min (Tht)</p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>18</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p>10:30 Saturday Morning with Madeline (SG)</p> <p>11:00 Sewing Lady - Mending and hemming at a reasonable rate (MR)</p> <p>1:00 Mystery Drive with Carroll. RSVP</p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p>1:00 Symphony Saturday - Rachmaninov, Piano Concerto No. 2 in C minor - Yuja Wang, Yuri Temirkanov (Tht)</p> <p>2:30 BINGO (DR)</p> <p>6:00 Saturday Night Movie - "Seven Brides for Seven Brothers" (1954) G 1h 42min (Tht)</p>

<p>8:20 Bus to Columbia Presbyterian <b>19</b></p> <p>8:20 Bus to St Joseph's. RSVP 8:20 Bus to St. Paul Lutheran 9:00 Bus to Immanuel Lutheran 9:20 Bus to First Presbyterian 9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht) 11:00 Cherie The Card Lady (LL) 1:00 Open Scrabble (P) 1:00 Sunday Movie - "Operation Dumbo Drop" (1995) PG 1h 47min (Tht) 1:30 Open Hand in Foot Card Game (CR) 2:00 Episcopal Communion (ECU) 3:00 Columbia Christian Church (DR) 3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge) 5:45 Rummy Q in the Lofts (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>20</b></p> <p>9:30 Sit to be Fit in the Lofts (Lofts Lobby)</p> <p><b>9:30 Tour of Pendleton Weaving Mill in Washougal. Limited Seating. Free</b></p> <p>9:30 Threading Needles (AR) 12:30 Blood Pressures Reading for Plaza residents (P) 1:00 Aqua Fitness (Pool Room) 1:00 Monday Movie - "Annie" (1982) PG 2h 7min (Tht) 1:00 Open Bridge (CR) 1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p><b>1:00 Tour of Pendleton Weaving Mill in Washougal. Limited Seating Free.</b></p> <p><b>2:00 Photo Fun with Rebecca! Bring your Camera or Smartphone and let's take photos! (Computer Lab)</b></p> <p>3:00 Tai-Chi - Moving for Better Balance (P) 6:30 Bible Study (ECU) 6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>21</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) 10:00 Glenwood Theater Rehearsal (Tht) 10:30 Beach Ball Toss (in the Sky Gym) 11:30 Free Eyeglass Clinic - eyeglass cleaning and adjustments (LL) 1:00 Beanbag Baseball Teams B &amp; D (SG) 1:00 Farkle with Vicki (P) 1:00 Open Pool (SP) 2:30 BINGO (DR) 3:00 Happy Hour with Stan Lasley (P) 6:30 Hymn Sing-A-Long (P) 7:00 Open Poker (CR)</p> <p><b>7:00 Beanbag Baseball Banquet – Fried Chicken Dinner, drinks, and the award ceremony. Limited to one guest. RSVP. (DR)</b></p>	<p>9:00 Rhythm Reaction Fitness (SG) <b>22</b></p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby) 9:30 Veteran's Group (Tht) 10:30 Beanbag Baseball Teams A &amp; C (SG) 11:30 Jerlean on Piano (DR) 12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby) 1:00 Aqua Fitness (Pool Room) 1:00 Open Cribbage (CR) <b>1:00 Shopping at Fred Meyer</b> <b>2:30 Readings with Nick - Come listen to humorous stories from various popular authors (Tht)</b> 5:45 Rummy Q in the Lofts (Lofts Lobby) 6:30 Bridge (CR) 6:30 Open Pinochle Card Game (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>23</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) <b>10:30 Health Talks with Sabrina (Tht)</b> 12:30 Blood Pressure Reading for Terrace Residents (TL) 1:00 Beanbag Baseball Teams C &amp; D (SG) 1:00 Open Pool (SP) <b>1:00 Po-Ke-No Card Game with Vicki (TL)</b> 2:00 Life Goes On Support Group - with St. Luke's Episcopal Church (ECU) 2:30 BINGO (DR) 3:00 Tai-Chi - Moving for Better Balance (P) 4:30 Linda on Piano (DR) <b>4:30 Supper Outing to Golden City Restaurant. RSVP</b></p>	<p>9:00 Sit To Be Fit (SG) <b>24</b></p> <p><b>9:30 Shopping trip: - Walmart, Trader Joe's, Fred Meyer (RSVP at the front desk.)</b></p> <p>10:00 Chair Massage Therapy - Sign up at the Front Desk. \$20 (ECU) <b>10:30 Ted Talks (Tht)</b> 10:30 Beanbag Baseball Teams A &amp; B (SG) 12:30 Bus to Vancouver Mall. RSVP 1:00 Glenwood Choir (Tht) 1:00 Wii Bowling (SG) <b>2:30 Come Celebrate Chinese New Year with Shelly Voight (DR)</b> 6:00 Friday Night Movie - "Born Free" (1966) PG 1h 35min (Tht)</p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>25</b></p> <p>10:30 Open Chess &amp; Checkers (CR) 10:30 Saturday Morning with Madeline (SG) <b>1:00 5 Minute Mysteries - Entertaining stumpers will sharpen your powers of observation and test your deductive skills (Tht)</b> 1:00 Open Billiards (Cue Room 3rd Floor Lodge) <b>1:30 Outing to the Vancouver Symphony (Admission \$40)</b> 2:30 BINGO (DR) 6:00 Saturday Night Movie - "For Me and My Gal" (1942) 1h 44min (Tht)</p>
<p>8:20 Bus to Columbia Presbyterian <b>26</b></p> <p>8:20 Bus to St Joseph's. RSVP 8:20 Bus to St. Paul Lutheran 9:00 Bus to Immanuel Lutheran 9:20 Bus to First Presbyterian 9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht) 1:00 Open Scrabble (P) 1:00 Sunday Movie - "The Wild Country" (1970) G 1h 40min (Tht) 1:30 Open Hand in Foot Card Game (CR) 3:00 Hymns &amp; Devotions with Ron &amp; Donna (DR) 3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge) 5:45 Rummy Q in the Lofts (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>27</b></p> <p>9:30 Sit to be Fit in the Lofts (Lofts Lobby) 9:30 Threading Needles (AR) <b>10:30 Lunch Outing to Kitchen Table Cafe. RSVP</b></p> <p>10:30 Music Therapy with Dan - Join us for sing alongs and play instruments. (Tht) 12:30 Blood Pressures Reading for Plaza residents (P) 1:00 Aqua Fitness (Pool Room) 1:00 Monday Movie - "The Book Thief" (2013) PG-13 2h 11min (Tht) 1:00 Open Bridge (CR) 1:00 Open Farkle (Cue Room 3rd Floor Lodge) 2:00 Bulletin Board Crafters - come help decorate the bulletin boards with Rebecca! (AR) 3:00 Tai-Chi - Moving for Better Balance (P) 6:30 Bible Study (ECU) 6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>28</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) 10:00 Glenwood Theater Rehearsal (Tht) 10:30 Beach Ball Toss (in the Sky Gym) 1:00 Beanbag Baseball Teams B &amp; D (SG) 1:00 Open Pool (SP) 1:30 Classical Club with Terry. Must do if you are a music lover! (Tht) 2:30 BINGO (DR) 3:00 Happy Hour with Vladimir on Violin (P) 6:30 Hymn Sing-A-Long (P) <b>7:00 Bingo After Dark</b> 7:00 Open Poker (CR)</p>	<p>9:00 Rhythm Reaction Fitness (SG) <b>29</b></p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby) 9:30 Veteran's Group (Tht) <b>10:00 Outing to Fort Vancouver High School for their Community Love Lunch. Free. RSVP</b></p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG) 11:30 Jerlean on Piano (DR) 12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby) 1:00 Aqua Fitness (Pool Room) 1:00 Open Cribbage (CR) <b>1:00 Shopping at Fred Meyer</b> <b>2:30 Brain Games (Tht)</b> 4:00 Linda on Piano (DR) <b>4:00 Lodge Birthday Dinner - RSVP at the Front Desk (DR)</b> 5:45 Rummy Q in the Lofts (Lofts Lobby) 6:30 Bridge (CR) 6:30 Open Pinochle Card Game (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>30</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) <b>10:30 Film Appreciation with Nick - Come explore the aesthetics of cinema, the concepts behind storytelling and various elements of a film (Tht)</b> 12:30 Blood Pressure Reading for Terrace Residents (TL) 1:00 Beanbag Baseball Teams C &amp; D (SG) 1:00 Open Pool (SP) 2:30 BINGO (DR) 3:00 Tai-Chi - Moving for Better Balance (P) <b>4:00 Birthday Dinner for the Plaza, Terrace and Lofts (DR)</b> 4:30 Linda on Piano (DR)</p>	<p>9:00 Sit To Be Fit (SG) <b>31</b></p> <p><b>9:30 Shopping at Winco, Walgreens, Dollar Tree, Target, and Safeway</b></p> <p>10:00 Alzheimer's and Dementia Caregiver Support Group (Tht) 10:00 Chair Massage Therapy - Sign up at the Front Desk. \$20 (ECU) 10:30 Beanbag Baseball Teams A &amp; B (SG) 11:15 Grief Support Group (Tht) <b>12:30 Bus to Vancouver Mall. RSVP</b> <b>1:00 Glenwood Choir (Tht)</b> 1:00 Wii Bowling (SG) 2:30 Happy Hour with Emmy Horowitz (DR) 6:00 Friday Night Movie - "Armstrong" (2019) DOCUMENTARY 1h 40min (Tht)</p>	

## Room Key

(AR) = Activity Room	(AR) = Activity Room 2nd Floor Lodge	(BQ) = Buffet Dining Room	(CR) = Card Room, 3rd Floor Lodge	(COMP) = Computer Room	(CY) = Courtyard	(Cue) = Cue Room, 3rd Floor Lodge
(DR) = Dining Room	(ECU) = ECU Activity Room	(Lbal) = Lodge Balcony 2nd Floor	(Lbal) = Lodge Balcony, 2nd Floor	(DR) = Lodge Dining Room	(LG) = Lodge Gardens	(LLB) = Lodge Library
(LL) = Lodge Lobby	(MR) = Mailroom	(P) = Plaza Community Room	(P) = Plaza Community Room, 2nd floor	(PG) = Plaza Garage	(PP) = Pool Patio	(SP) = Pool Room, Lodge
(SG) = Sky Gym	(SR) = Spa Room, 2nd floor Lodge	(TP) = Terrace Front Patio	(TL) = Terrace Lobby	(TP) = Terrace Lobby/Front Patio Area	(Tht) = Theater	



# Glenwood Place Calendar

# JANUARY 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>DOCTOR DAYS TUESDAYS</b> West of ANDRESEN Road. Salmon Creek, Hazel Dell, Downtown Vancouver &amp; the VA.</p> <p><b>THURSDAYS</b> East of ANDRESEN Road. 87<sup>th</sup> Ave, Cascade Park, Fisher's Landing, Orchards Mall</p>	<p><b>All outings are highlighted in YELLOW.</b></p> <p>Sign up for these events at the front desk. If bus is full, please add your name to the waiting list</p>	<p>Glenwood Place 5500 NE 82nd Ave. Vancouver, WA 98662 (360) 892-1100</p> <p>Email Activities <a href="mailto:navdienko@glenwoodplace.net">navdienko@glenwoodplace.net</a></p>	<p>9:00 Rhythm Reaction Fitness (SG) <b>1</b></p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby)</p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Open Cribbage (CR)</p> <p>1:00 Shopping at Fred Meyer</p> <p>2:00 Rose Bowl on the Big Screen - Ducks vs. Badgers. Pizza &amp; Soda Provided!!! (P)</p> <p>5:45 Rummy Q (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>2</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>11:00 History Talks with John Griffin (Tht)</p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag C &amp; D (SG)</p> <p>1:00 Five Crowns Game (TL)</p> <p>1:00 Open Pool (SP)</p> <p>1:00 Activity Calendar Forum with Nick (Tht)</p> <p>2:30 Glentucky Derby Horse Races (Tht)</p> <p>3:00 Tai-Chi (P)</p> <p>4:30 Linda on Piano (DR)</p> <p>4:45 Supper Outing to Cameo Cafe. RSVP. Limited Seating</p>	<p>9:00 Sit To Be Fit (SG) <b>3</b></p> <p>9:30 Shopping at Winco, Walgreens, Dollar Tree, Target, and Safeway</p> <p>10:00 Chair Massage Therapy - \$20 (ECU)</p> <p>10:30 Brain Games (Tht)</p> <p>10:30 Beanbag A &amp; B (SG)</p> <p>12:30 Bus to Vanc Mall RSVP</p> <p>1:00 Glenwood Choir (Tht)</p> <p>1:00 Wii Bowling (SG)</p> <p>2:30 Happy Hour with Monte Watters (DR)</p> <p>6:00 No Friday Movie (Tht)</p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>4</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p>10:30 Saturday Morning with Madeline (SG)</p> <p>11:00 Sewing Lady - Mending and hemming at a reasonable rate (MR)</p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p>1:00 Symphony Saturday - Yuja Wang performs Schubert and Schumann (Tht)</p> <p>2:30 BINGO (DR)</p> <p>6:00 No Saturday Night Movie (Tht)</p>
<p>8:20 Bus to Columbia Presbyterian <b>5</b></p> <p>8:20 Bus to St Joseph's. RSVP</p> <p>8:20 Bus to St. Paul Lutheran</p> <p>9:00 Bus to Immanuel Lutheran</p> <p>9:20 Bus to First Presbyterian</p> <p>9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht)</p> <p>1:00 Open Scrabble (P)</p> <p>1:00 Sunday Movie - "McFarland, USA" (2015) PG 2h 9min (Tht)</p> <p>1:30 Open Hand in Foot Card Game (CR)</p> <p>2:00 Episcopal Communion (ECU)</p> <p>3:00 First Christian Church Service (DR)</p> <p>3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge)</p> <p>5:45 Rummy Q in the Lofts (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>6</b></p> <p>9:30 Casino Outing to Ilani Casino - RSVP Bring \$</p> <p>9:30 Sit to be Fit in the Lofts (Lofts Lobby)</p> <p>9:30 Threading Needles (AR)</p> <p>10:30 "People and Stories" Reading Group (LLB)</p> <p>10:30 Computer Lab - Bring your laptop, phone, or tablet and get your questions answered. (COMP)</p> <p>12:30 Blood Pressures Reading for Plaza residents (P)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Monday Movie - "Cinema Paradiso" (1988) FOREIGN FILM - RATED R 2h 35min (Tht)</p> <p>1:00 Open Bridge (CR)</p> <p>1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p>3:00 Tai-Chi (P)</p> <p>5:45 Bunco with Vicki. RSVP with Vicki (P)</p> <p>6:30 Bible Study (ECU)</p> <p>6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>7</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:00 Glenwood Theater Rehearsal (Tht)</p> <p>10:00 NEW - Kitchen Tours. RSVP at the Front Desk. Meet in the Lobby (LL)</p> <p>10:30 Beach Ball Toss (in the Sky Gym)</p> <p>1:00 Beanbag Teams B &amp; D (SG)</p> <p>1:00 Farkle with Vicki (P)</p> <p>1:00 Open Pool (SP)</p> <p>1:00 Watercolor with Becky (AR)</p> <p>2:00 NEW - Kitchen Tours. RSVP at the Front Desk. Meet in the Lobby (LL)</p> <p>2:30 BINGO (DR)</p> <p>3:00 Happy Hour with William Spilette (P)</p> <p>6:00 Rock Painting (AR)</p> <p>6:30 Hymn Sing-A-Long (P)</p> <p>7:00 Open Poker (CR)</p>	<p>8:00 Pedicures with Dawn - Cost is \$25, pay her. Sign up at the front desk for a time slot. (AR) <b>8</b></p> <p>9:00 Rhythm Reaction Fitness (SG)</p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby)</p> <p>9:30 Veteran's Group (Tht)</p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Language Club - Want to Learn Sign Language? One of our residents will be teaching! (COMP)</p> <p>1:00 Open Cribbage (CR)</p> <p>1:00 Red Hat Ladies - Tea &amp; Movie (Tht)</p> <p>1:00 Shopping at Fred Meyer</p> <p>5:45 Rummy Q (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>9</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:30 Health Talks with Sabrina (Tht)</p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag Baseball Teams C &amp; D (SG)</p> <p>1:00 Open Pool (SP)</p> <p>1:00 Po-Ke-No Card Game with Vicki (TL)</p> <p>2:30 Bingo Auction - Bring Your Bingo Bucks to Bid on Some Great Prizes (In the Dining Room)</p> <p>3:00 Tai-Chi - Moving for Better Balance (P)</p> <p>4:30 Linda on Piano (DR)</p> <p>4:30 Supper Outing to The Hammond Kitchen &amp; Craft Bar in Camas. RSVP</p>	<p>9:00 Sit To Be Fit (SG) <b>10</b></p> <p>9:30 Shopping trip: - Walmart, Trader Joe's, Fred Meyer (RSVP at the front desk.)</p> <p>10:00 Alzheimer's and Dementia Caregiver Support Group (Tht)</p> <p>10:00 Chair Massage Therapy - Sign up at the Front Desk. \$20 (ECU)</p> <p>10:30 Beanbag Teams A &amp; B (SG)</p> <p>11:15 Grief Support Group (Tht)</p> <p>12:30 Bus to Vanc Mall RSVP</p> <p>12:30 Glenwood Choir (Tht)</p> <p>1:00 Wii Bowling (SG)</p> <p>1:30 Residents Association Meeting (DR)</p> <p>2:30 Happy Hour with Karen Overton (DR)</p> <p>6:00 No Friday Movie</p> <p>7:00 Performance - The Dynamic Duo of Reno and Cindy Hollar. Great dancing music and songs (DR)</p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>11</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p>10:30 Saturday Morning with Madeline (SG)</p> <p>1:00 All the World's a Zoo (Tht)</p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p>2:00 Encore Performance - More Music with Reno and Cindy Hollar (DR)</p> <p>6:00 Saturday Night Movie - "Downton Abbey" (2019) PG 2h 2min (Tht)</p>
<p>8:20 Bus to Columbia Presbyterian <b>12</b></p> <p>8:20 Bus to St Joseph's. RSVP</p> <p>8:20 Bus to St. Paul Lutheran</p> <p>9:00 Bus to Immanuel Lutheran</p> <p>9:20 Bus to First Presbyterian</p> <p>9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht)</p> <p>1:00 Open Scrabble (P)</p> <p>1:00 Sunday Movie - "Larger Than Life" (1996) PG 1h 33min (Tht)</p> <p>1:30 Open Hand in Foot Card Game (CR)</p> <p>3:00 Open Boggle (Cue Room)</p> <p>5:45 Rummy Q (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>13</b></p> <p>9:30 Sit to be Fit (Lofts Lobby)</p> <p>9:30 Threading Needles (AR)</p> <p>10:30 Music Therapy with Dan (Tht)</p> <p>10:45 Lunch Outing to Red Lobster. RSVP</p> <p>12:30 Blood Pressures (P)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Monday Movie - "The Two Popes" (2019) PG-13 2h 5min (Tht)</p> <p>1:00 Open Bridge (CR)</p> <p>1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p>1:30 Outing to Local Thrift Stores. RSVP</p> <p>2:00 Bulletin Board Crafters - (AR)</p> <p>3:00 Tai-Chi (P)</p> <p>6:30 Bible Study (ECU)</p> <p>6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>14</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:00 Glenwood Theater Open House - Come join the Acting Group! (Tht)</p> <p>10:30 Beach Ball Toss (in the Sky Gym)</p> <p>1:00 Beanbag Baseball Teams B &amp; D (SG)</p> <p>1:00 Open Pool (SP)</p> <p>2:30 BINGO (DR)</p> <p>3:00 Happy Hour with Pianist Diome Alcomendac (P)</p> <p>6:00 Rock Painting (AR)</p> <p>6:30 Hymn Sing-A-Long (P)</p> <p>7:00 Open Poker (CR)</p>	<p>7:30 Women &amp; Men's Breakfast! Free. (7:30 - 8:30) (BQ) <b>15</b></p> <p>9:00 Rhythm Reaction (SG)</p> <p>9:30 "Sit to be Fit" (Lofts Lobby)</p> <p>9:30 Veteran's Group (Tht)</p> <p>10:30 Beanbag Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Open Cribbage (CR)</p> <p>1:00 Shopping at Fred Meyer</p> <p>2:30 Let's Play Jeopardy! (Tht)</p> <p>5:45 Rummy Q (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>16</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:30 Book Club hosted by Cynthia (ECU)</p> <p>11:00 History Talks with John Griffin (Tht)</p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag Teams C &amp; D (SG)</p> <p>1:00 5 Crowns Card Game (TL)</p> <p>1:00 Open Pool (SP)</p> <p>2:30 Glentucky Derby Horse Racing - Store is open! Bring your Derby Bucks (Tht)</p> <p>3:00 Tai-Chi (P)</p> <p>4:30 Linda on Piano (DR)</p> <p>4:30 Supper Outing to Patrick's Hawaiian Cafe. RSVP</p>	<p>9:00 Sit To Be Fit (SG) <b>17</b></p> <p>9:30 Shopping at Winco, Walgreens, Dollar Tree, Target, and Safeway</p> <p>10:00 Alzheimer's and Dementia Support Group (Tht)</p> <p>10:00 Chair Massage Therapy - \$20 (ECU)</p> <p>10:30 Beanbag Teams A &amp; B (SG)</p> <p>10:30 Headlines and Donuts (TL)</p> <p>11:15 Grief Support Group (Tht)</p> <p>12:30 Bus to Vanc Mall RSVP</p> <p>1:00 Glenwood Choir (Tht)</p> <p>1:00 Wii Bowling (SG)</p> <p>2:30 Happy Hour Mike Hart (DR)</p> <p>6:00 Friday Night Movie - "The Report" (2019) RATED R 1h 59min (Tht)</p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>18</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p>10:30 Saturday Morning with Madeline (SG)</p> <p>11:00 Sewing Lady - Mending and hemming at a reasonable rate (MR)</p> <p>1:00 Mystery Drive with Carroll. RSVP</p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p>1:00 Symphony Saturday - Rachmaninov, Piano Concerto No. 2 in C minor - Yuja Wang, Yuri Temirkanov (Tht)</p> <p>2:30 BINGO (DR)</p> <p>6:00 Saturday Night Movie - "Seven Brides for Seven Brothers" (1954) G 1h 42min (Tht)</p>

<p>8:20 Bus to Columbia Presbyterian <b>19</b></p> <p>8:20 Bus to St Joseph's. RSVP 8:20 Bus to St. Paul Lutheran 9:00 Bus to Immanuel Lutheran 9:20 Bus to First Presbyterian 9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht) 11:00 Cherie The Card Lady (LL) 1:00 Open Scrabble (P) 1:00 Sunday Movie - "Operation Dumbo Drop" (1995) PG 1h 47min (Tht) 1:30 Open Hand in Foot Card Game (CR) 2:00 Episcopal Communion (ECU) 3:00 Columbia Christian Church (DR) 3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge) 5:45 Rummy Q in the Lofts (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>20</b></p> <p>9:30 Sit to be Fit in the Lofts (Lofts Lobby)</p> <p><b>9:30 Tour of Pendleton Weaving Mill in Washougal. Limited Seating. Free</b></p> <p>9:30 Threading Needles (AR) 12:30 Blood Pressures Reading for Plaza residents (P) 1:00 Aqua Fitness (Pool Room) 1:00 Monday Movie - "Annie" (1982) PG 2h 7min (Tht) 1:00 Open Bridge (CR) 1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p><b>1:00 Tour of Pendleton Weaving Mill in Washougal. Limited Seating Free.</b></p> <p><b>2:00 Photo Fun with Rebecca! Bring your Camera or Smartphone and let's take photos! (Computer Lab)</b></p> <p>3:00 Tai-Chi - Moving for Better Balance (P) 6:30 Bible Study (ECU) 6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>21</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) 10:00 Glenwood Theater Rehearsal (Tht) 10:30 Beach Ball Toss (in the Sky Gym) 11:30 Free Eyeglass Clinic - eyeglass cleaning and adjustments (LL) 1:00 Beanbag Baseball Teams B &amp; D (SG) 1:00 Farkle with Vicki (P) 1:00 Open Pool (SP) 2:30 BINGO (DR) 3:00 Happy Hour with Stan Lasley (P) 6:30 Hymn Sing-A-Long (P) 7:00 Open Poker (CR)</p> <p><b>7:00 Beanbag Baseball Banquet – Fried Chicken Dinner, drinks, and the award ceremony. Limited to one guest. RSVP. (DR)</b></p>	<p>9:00 Rhythm Reaction Fitness (SG) <b>22</b></p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby) 9:30 Veteran's Group (Tht) 10:30 Beanbag Baseball Teams A &amp; C (SG) 11:30 Jerlean on Piano (DR) 12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby) 1:00 Aqua Fitness (Pool Room) 1:00 Open Cribbage (CR) <b>1:00 Shopping at Fred Meyer</b> <b>2:30 Readings with Nick - Come listen to humorous stories from various popular authors (Tht)</b> 5:45 Rummy Q in the Lofts (Lofts Lobby) 6:30 Bridge (CR) 6:30 Open Pinochle Card Game (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>23</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) <b>10:30 Health Talks with Sabrina (Tht)</b> 12:30 Blood Pressure Reading for Terrace Residents (TL) 1:00 Beanbag Baseball Teams C &amp; D (SG) 1:00 Open Pool (SP) <b>1:00 Po-Ke-No Card Game with Vicki (TL)</b> 2:00 Life Goes On Support Group - with St. Luke's Episcopal Church (ECU) 2:30 BINGO (DR) 3:00 Tai-Chi - Moving for Better Balance (P) 4:30 Linda on Piano (DR) <b>4:30 Supper Outing to Golden City Restaurant. RSVP</b></p>	<p>9:00 Sit To Be Fit (SG) <b>24</b></p> <p><b>9:30 Shopping trip: - Walmart, Trader Joe's, Fred Meyer (RSVP at the front desk.)</b></p> <p>10:00 Chair Massage Therapy - Sign up at the Front Desk. \$20 (ECU) <b>10:30 Ted Talks (Tht)</b> 10:30 Beanbag Baseball Teams A &amp; B (SG) 12:30 Bus to Vancouver Mall. RSVP 1:00 Glenwood Choir (Tht) 1:00 Wii Bowling (SG) <b>2:30 Come Celebrate Chinese New Year with Shelly Voight (DR)</b> 6:00 Friday Night Movie - "Born Free" (1966) PG 1h 35min (Tht)</p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>25</b></p> <p>10:30 Open Chess &amp; Checkers (CR) 10:30 Saturday Morning with Madeline (SG) <b>1:00 5 Minute Mysteries - Entertaining stumpers will sharpen your powers of observation and test your deductive skills (Tht)</b> 1:00 Open Billiards (Cue Room 3rd Floor Lodge) <b>1:30 Outing to the Vancouver Symphony (Admission \$40)</b> 2:30 BINGO (DR) 6:00 Saturday Night Movie - "For Me and My Gal" (1942) 1h 44min (Tht)</p>
<p>8:20 Bus to Columbia Presbyterian <b>26</b></p> <p>8:20 Bus to St Joseph's. RSVP 8:20 Bus to St. Paul Lutheran 9:00 Bus to Immanuel Lutheran 9:20 Bus to First Presbyterian 9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht) 1:00 Open Scrabble (P) 1:00 Sunday Movie - "The Wild Country" (1970) G 1h 40min (Tht) 1:30 Open Hand in Foot Card Game (CR) 3:00 Hymns &amp; Devotions with Ron &amp; Donna (DR) 3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge) 5:45 Rummy Q in the Lofts (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>27</b></p> <p>9:30 Sit to be Fit in the Lofts (Lofts Lobby) 9:30 Threading Needles (AR) <b>10:30 Lunch Outing to Kitchen Table Cafe. RSVP</b></p> <p>10:30 Music Therapy with Dan - Join us for sing alongs and play instruments. (Tht) 12:30 Blood Pressures Reading for Plaza residents (P) 1:00 Aqua Fitness (Pool Room) 1:00 Monday Movie - "The Book Thief" (2013) PG-13 2h 11min (Tht) 1:00 Open Bridge (CR) 1:00 Open Farkle (Cue Room 3rd Floor Lodge) 2:00 Bulletin Board Crafters - come help decorate the bulletin boards with Rebecca! (AR) 3:00 Tai-Chi - Moving for Better Balance (P) 6:30 Bible Study (ECU) 6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>28</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) 10:00 Glenwood Theater Rehearsal (Tht) 10:30 Beach Ball Toss (in the Sky Gym) 1:00 Beanbag Baseball Teams B &amp; D (SG) 1:00 Open Pool (SP) 1:30 Classical Club with Terry. Must do if you are a music lover! (Tht) 2:30 BINGO (DR) 3:00 Happy Hour with Vladimir on Violin (P) 6:30 Hymn Sing-A-Long (P) <b>7:00 Bingo After Dark</b> 7:00 Open Poker (CR)</p>	<p>9:00 Rhythm Reaction Fitness (SG) <b>29</b></p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby) 9:30 Veteran's Group (Tht) <b>10:00 Outing to Fort Vancouver High School for their Community Love Lunch. Free. RSVP</b></p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG) 11:30 Jerlean on Piano (DR) 12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby) 1:00 Aqua Fitness (Pool Room) 1:00 Open Cribbage (CR) <b>1:00 Shopping at Fred Meyer</b> <b>2:30 Brain Games (Tht)</b> 4:00 Linda on Piano (DR) <b>4:00 Lodge Birthday Dinner - RSVP at the Front Desk (DR)</b> 5:45 Rummy Q in the Lofts (Lofts Lobby) 6:30 Bridge (CR) 6:30 Open Pinochle Card Game (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>30</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) <b>10:30 Film Appreciation with Nick - Come explore the aesthetics of cinema, the concepts behind storytelling and various elements of a film (Tht)</b> 12:30 Blood Pressure Reading for Terrace Residents (TL) 1:00 Beanbag Baseball Teams C &amp; D (SG) 1:00 Open Pool (SP) 2:30 BINGO (DR) 3:00 Tai-Chi - Moving for Better Balance (P) <b>4:00 Birthday Dinner for the Plaza, Terrace and Lofts (DR)</b> 4:30 Linda on Piano (DR)</p>	<p>9:00 Sit To Be Fit (SG) <b>31</b></p> <p><b>9:30 Shopping at Winco, Walgreens, Dollar Tree, Target, and Safeway</b></p> <p>10:00 Alzheimer's and Dementia Caregiver Support Group (Tht) 10:00 Chair Massage Therapy - Sign up at the Front Desk. \$20 (ECU) 10:30 Beanbag Baseball Teams A &amp; B (SG) 11:15 Grief Support Group (Tht) <b>12:30 Bus to Vancouver Mall. RSVP</b> <b>1:00 Glenwood Choir (Tht)</b> 1:00 Wii Bowling (SG) 2:30 Happy Hour with Emmy Horowitz (DR) 6:00 Friday Night Movie - "Armstrong" (2019) DOCUMENTARY 1h 40min (Tht)</p>	

## Room Key

<p>(AR) = Activity Room (DR) = Dining Room (LL) = Lodge Lobby (SG) = Sky Gym</p>	<p>(AR) = Activity Room 2nd Floor Lodge (ECU) = ECU Activity Room (MR) = Mailroom (SR) = Spa Room, 2nd floor Lodge</p>	<p>(BQ) = Buffet Dining Room (Lbal) = Lodge Balcony 2nd Floor (P) = Plaza Community Room (TP) = Terrace Front Patio</p>	<p>(CR) = Card Room, 3rd Floor Lodge (Lbal) = Lodge Balcony, 2nd Floor (P) = Plaza Community Room, 2nd floor (TL) = Terrace Lobby</p>	<p>(COMP) = Computer Room (DR) = Lodge Dining Room (PG) = Plaza Garage (TP) = Terrace Lobby/Front Patio Area</p>	<p>(CY) = Courtyard (LG) = Lodge Gardens (PP) = Pool Patio (Tht) = Theater</p>	<p>(Cue) = Cue Room, 3rd Floor Lodge (LLB) = Lodge Library (SP) = Pool Room, Lodge</p>
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# Glenwood Place Calendar

# JANUARY 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>DOCTOR DAYS TUESDAYS</b> West of ANDRESEN Road. Salmon Creek, Hazel Dell, Downtown Vancouver &amp; the VA.</p> <p><b>THURSDAYS</b> East of ANDRESEN Road. 87<sup>th</sup> Ave, Cascade Park, Fisher's Landing, Orchards Mall</p>	<p><b>All outings are highlighted in YELLOW.</b></p> <p><b>Sign up for these events at the front desk. If bus is full, please add your name to the waiting list</b></p>	<p>Glenwood Place 5500 NE 82nd Ave. Vancouver, WA 98662 (360) 892-1100</p> <p><b>Email Activities</b> <a href="mailto:navdienko@glenwoodplace.net">navdienko@glenwoodplace.net</a></p>	<p>9:00 Rhythm Reaction Fitness (SG) <b>1</b></p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby)</p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Open Cribbage (CR)</p> <p><b>1:00 Shopping at Fred Meyer</b></p> <p><b>2:00 Rose Bowl on the Big Screen - Ducks vs. Badgers. Pizza &amp; Soda Provided!!! (P)</b></p> <p>5:45 Rummy Q (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>2</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p><b>11:00 History Talks with John Griffin (Tht)</b></p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag C &amp; D (SG)</p> <p>1:00 Five Crowns Game (TL)</p> <p>1:00 Open Pool (SP)</p> <p><b>1:00 Activity Calendar Forum with Nick (Tht)</b></p> <p>2:30 Glentucky Derby Horse Races (Tht)</p> <p>3:00 Tai-Chi (P)</p> <p>4:30 Linda on Piano (DR)</p> <p><b>4:45 Supper Outing to Cameo Cafe. RSVP. Limited Seating</b></p>	<p>9:00 Sit To Be Fit (SG) <b>3</b></p> <p><b>9:30 Shopping at Winco, Walgreens, Dollar Tree, Target, and Safeway</b></p> <p>10:00 Chair Massage Therapy - \$20 (ECU)</p> <p><b>10:30 Brain Games (Tht)</b></p> <p>10:30 Beanbag A &amp; B (SG)</p> <p><b>12:30 Bus to Vanc Mall RSVP</b></p> <p>1:00 Glenwood Choir (Tht)</p> <p>1:00 Wii Bowling (SG)</p> <p><b>2:30 Happy Hour with Monte Watters (DR)</b></p> <p><b>6:00 No Friday Movie (Tht)</b></p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>4</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p><b>10:30 Saturday Morning with Madeline (SG)</b></p> <p>11:00 Sewing Lady - Mending and hemming at a reasonable rate (MR)</p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p>1:00 Symphony Saturday - Yuja Wang performs Schubert and Schumann (Tht)</p> <p>2:30 BINGO (DR)</p> <p><b>6:00 No Saturday Night Movie (Tht)</b></p>
<p>8:20 Bus to Columbia Presbyterian <b>5</b></p> <p>8:20 Bus to St Joseph's. RSVP</p> <p>8:20 Bus to St. Paul Lutheran</p> <p>9:00 Bus to Immanuel Lutheran</p> <p>9:20 Bus to First Presbyterian</p> <p>9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht)</p> <p>1:00 Open Scrabble (P)</p> <p>1:00 Sunday Movie - "McFarland, USA" (2015) PG 2h 9min (Tht)</p> <p>1:30 Open Hand in Foot Card Game (CR)</p> <p>2:00 Episcopal Communion (ECU)</p> <p>3:00 First Christian Church Service (DR)</p> <p>3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge)</p> <p>5:45 Rummy Q in the Lofts (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>6</b></p> <p><b>9:30 Casino Outing to Ilani Casino - RSVP Bring \$</b></p> <p>9:30 Sit to be Fit in the Lofts (Lofts Lobby)</p> <p>9:30 Threading Needles (AR)</p> <p>10:30 "People and Stories" Reading Group (LLB)</p> <p>10:30 Computer Lab - Bring your laptop, phone, or tablet and get your questions answered. (COMP)</p> <p>12:30 Blood Pressures Reading for Plaza residents (P)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Monday Movie - "Cinema Paradiso" (1988) FOREIGN FILM - RATED R 2h 35min (Tht)</p> <p>1:00 Open Bridge (CR)</p> <p>1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p>3:00 Tai-Chi (P)</p> <p>5:45 Bunco with Vicki. RSVP with Vicki (P)</p> <p>6:30 Bible Study (ECU)</p> <p>6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>7</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:00 Glenwood Theater Rehearsal (Tht)</p> <p><b>10:00 NEW - Kitchen Tours. RSVP at the Front Desk. Meet in the Lobby (LL)</b></p> <p>10:30 Beach Ball Toss (in the Sky Gym)</p> <p>1:00 Beanbag Teams B &amp; D (SG)</p> <p>1:00 Farkle with Vicki (P)</p> <p>1:00 Open Pool (SP)</p> <p>1:00 Watercolor with Becky (AR)</p> <p><b>2:00 NEW - Kitchen Tours. RSVP at the Front Desk. Meet in the Lobby (LL)</b></p> <p>2:30 BINGO (DR)</p> <p>3:00 Happy Hour with William Spilette (P)</p> <p>6:00 Rock Painting (AR)</p> <p>6:30 Hymn Sing-A-Long (P)</p> <p>7:00 Open Poker (CR)</p>	<p>8:00 Pedicures with Dawn - Cost is \$25, pay her. Sign up at the front desk for a time slot. (AR) <b>8</b></p> <p>9:00 Rhythm Reaction Fitness (SG)</p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby)</p> <p>9:30 Veteran's Group (Tht)</p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Language Club - Want to Learn Sign Language? One of our residents will be teaching! (COMP)</p> <p>1:00 Open Cribbage (CR)</p> <p><b>1:00 Red Hat Ladies - Tea &amp; Movie (Tht)</b></p> <p><b>1:00 Shopping at Fred Meyer</b></p> <p>5:45 Rummy Q (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>9</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p><b>10:30 Health Talks with Sabrina (Tht)</b></p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag Baseball Teams C &amp; D (SG)</p> <p>1:00 Open Pool (SP)</p> <p><b>1:00 Po-Ke-No Card Game with Vicki (TL)</b></p> <p><b>2:30 Bingo Auction - Bring Your Bingo Bucks to Bid on Some Great Prizes (In the Dining Room)</b></p> <p>3:00 Tai-Chi - Moving for Better Balance (P)</p> <p>4:30 Linda on Piano (DR)</p> <p><b>4:30 Supper Outing to The Hammond Kitchen &amp; Craft Bar in Camas. RSVP</b></p>	<p>9:00 Sit To Be Fit (SG) <b>10</b></p> <p><b>9:30 Shopping trip: - Walmart, Trader Joe's, Fred Meyer (RSVP at the front desk.)</b></p> <p>10:00 Alzheimer's and Dementia Caregiver Support Group (Tht)</p> <p>10:00 Chair Massage Therapy - Sign up at the Front Desk. \$20 (ECU)</p> <p>10:30 Beanbag Teams A &amp; B (SG)</p> <p>11:15 Grief Support Group (Tht)</p> <p><b>12:30 Bus to Vanc Mall RSVP</b></p> <p><b>12:30 Glenwood Choir (Tht)</b></p> <p>1:00 Wii Bowling (SG)</p> <p><b>1:30 Residents Association Meeting (DR)</b></p> <p>2:30 Happy Hour with Karen Overton (DR)</p> <p>6:00 No Friday Movie</p> <p><b>7:00 Performance - The Dynamic Duo of Reno and Cindy Hollar. Great dancing music and songs (DR)</b></p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>11</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p>10:30 Saturday Morning with Madeline (SG)</p> <p><b>1:00 All the World's a Zoo (Tht)</b></p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p><b>2:00 Encore Performance - More Music with Reno and Cindy Hollar (DR)</b></p> <p>6:00 Saturday Night Movie - "Downton Abbey" (2019) PG 2h 2min (Tht)</p>
<p>8:20 Bus to Columbia Presbyterian <b>12</b></p> <p>8:20 Bus to St Joseph's. RSVP</p> <p>8:20 Bus to St. Paul Lutheran</p> <p>9:00 Bus to Immanuel Lutheran</p> <p>9:20 Bus to First Presbyterian</p> <p>9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht)</p> <p>1:00 Open Scrabble (P)</p> <p>1:00 Sunday Movie - "Larger Than Life" (1996) PG 1h 33min (Tht)</p> <p>1:30 Open Hand in Foot Card Game (CR)</p> <p>3:00 Open Boggle (Cue Room)</p> <p>5:45 Rummy Q (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>13</b></p> <p>9:30 Sit to be Fit (Lofts Lobby)</p> <p>9:30 Threading Needles (AR)</p> <p>10:30 Music Therapy with Dan (Tht)</p> <p><b>10:45 Lunch Outing to Red Lobster. RSVP</b></p> <p>12:30 Blood Pressures (P)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Monday Movie - "The Two Popes" (2019) PG-13 2h 5min (Tht)</p> <p>1:00 Open Bridge (CR)</p> <p>1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p><b>1:30 Outing to Local Thrift Stores. RSVP</b></p> <p>2:00 Bulletin Board Crafters - (AR)</p> <p>3:00 Tai-Chi (P)</p> <p>6:30 Bible Study (ECU)</p> <p>6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>14</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p><b>10:00 Glenwood Theater Open House - Come join the Acting Group! (Tht)</b></p> <p>10:30 Beach Ball Toss (in the Sky Gym)</p> <p>1:00 Beanbag Baseball Teams B &amp; D (SG)</p> <p>1:00 Open Pool (SP)</p> <p>2:30 BINGO (DR)</p> <p>3:00 Happy Hour with Pianist Diome Alcomendac (P)</p> <p>6:00 Rock Painting (AR)</p> <p>6:30 Hymn Sing-A-Long (P)</p> <p>7:00 Open Poker (CR)</p>	<p>7:30 Women &amp; Men's Breakfast! Free. (7:30 - 8:30) (BQ) <b>15</b></p> <p>9:00 Rhythm Reaction (SG)</p> <p>9:30 "Sit to be Fit" (Lofts Lobby)</p> <p>9:30 Veteran's Group (Tht)</p> <p>10:30 Beanbag Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Open Cribbage (CR)</p> <p><b>1:00 Shopping at Fred Meyer</b></p> <p><b>2:30 Let's Play Jeopardy! (Tht)</b></p> <p>5:45 Rummy Q (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>16</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:30 Book Club hosted by Cynthia (ECU)</p> <p>11:00 History Talks with John Griffin (Tht)</p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag Teams C &amp; D (SG)</p> <p>1:00 5 Crowns Card Game (TL)</p> <p>1:00 Open Pool (SP)</p> <p><b>2:30 Glentucky Derby Horse Racing - Store is open! Bring your Derby Bucks (Tht)</b></p> <p>3:00 Tai-Chi (P)</p> <p>4:30 Linda on Piano (DR)</p> <p><b>4:30 Supper Outing to Patrick's Hawaiian Cafe. RSVP</b></p>	<p>9:00 Sit To Be Fit (SG) <b>17</b></p> <p><b>9:30 Shopping at Winco, Walgreens, Dollar Tree, Target, and Safeway</b></p> <p>10:00 Alzheimer's and Dementia Support Group (Tht)</p> <p>10:00 Chair Massage Therapy - \$20 (ECU)</p> <p>10:30 Beanbag Teams A &amp; B (SG)</p> <p><b>10:30 Headlines and Donuts (TL)</b></p> <p>11:15 Grief Support Group (Tht)</p> <p><b>12:30 Bus to Vanc Mall RSVP</b></p> <p>1:00 Glenwood Choir (Tht)</p> <p>1:00 Wii Bowling (SG)</p> <p>2:30 Happy Hour Mike Hart (DR)</p> <p>6:00 Friday Night Movie - "The Report" (2019) RATED R 1h 59min (Tht)</p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>18</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p>10:30 Saturday Morning with Madeline (SG)</p> <p>11:00 Sewing Lady - Mending and hemming at a reasonable rate (MR)</p> <p><b>1:00 Mystery Drive with Carroll. RSVP</b></p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p>1:00 Symphony Saturday - Rachmaninov, Piano Concerto No. 2 in C minor - Yuja Wang, Yuri Temirkanov (Tht)</p> <p>2:30 BINGO (DR)</p> <p>6:00 Saturday Night Movie - "Seven Brides for Seven Brothers" (1954) G 1h 42min (Tht)</p>

<p>8:20 Bus to Columbia Presbyterian <b>19</b></p> <p>8:20 Bus to St Joseph's. RSVP</p> <p>8:20 Bus to St. Paul Lutheran</p> <p>9:00 Bus to Immanuel Lutheran</p> <p>9:20 Bus to First Presbyterian</p> <p>9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht)</p> <p>11:00 Cherie The Card Lady (LL)</p> <p>1:00 Open Scrabble (P)</p> <p>1:00 Sunday Movie - "Operation Dumbo Drop" (1995) PG 1h 47min (Tht)</p> <p>1:30 Open Hand in Foot Card Game (CR)</p> <p>2:00 Episcopal Communion (ECU)</p> <p>3:00 Columbia Christian Church (DR)</p> <p>3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge)</p> <p>5:45 Rummy Q in the Lofts (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>20</b></p> <p>9:30 Sit to be Fit in the Lofts (Lofts Lobby)</p> <p><b>9:30 Tour of Pendleton Weaving Mill in Washougal. Limited Seating. Free</b></p> <p>9:30 Threading Needles (AR)</p> <p>12:30 Blood Pressures Reading for Plaza residents (P)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Monday Movie - "Annie" (1982) PG 2h 7min (Tht)</p> <p>1:00 Open Bridge (CR)</p> <p>1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p><b>1:00 Tour of Pendleton Weaving Mill in Washougal. Limited Seating Free.</b></p> <p><b>2:00 Photo Fun with Rebecca! Bring your Camera or Smartphone and let's take photos! (Computer Lab)</b></p> <p>3:00 Tai-Chi - Moving for Better Balance (P)</p> <p>6:30 Bible Study (ECU)</p> <p>6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>21</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:00 Glenwood Theater Rehearsal (Tht)</p> <p>10:30 Beach Ball Toss (in the Sky Gym)</p> <p>11:30 Free Eyeglass Clinic - eyeglass cleaning and adjustments (LL)</p> <p>1:00 Beanbag Baseball Teams B &amp; D (SG)</p> <p>1:00 Farkle with Vicki (P)</p> <p>1:00 Open Pool (SP)</p> <p>2:30 BINGO (DR)</p> <p>3:00 Happy Hour with Stan Lasley (P)</p> <p>6:30 Hymn Sing-A-Long (P)</p> <p>7:00 Open Poker (CR)</p> <p><b>7:00 Beanbag Baseball Banquet – Fried Chicken Dinner, drinks, and the award ceremony. Limited to one guest. RSVP. (DR)</b></p>	<p>9:00 Rhythm Reaction Fitness (SG) <b>22</b></p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby)</p> <p>9:30 Veteran's Group (Tht)</p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Open Cribbage (CR)</p> <p><b>1:00 Shopping at Fred Meyer</b></p> <p><b>2:30 Readings with Nick - Come listen to humorous stories from various popular authors (Tht)</b></p> <p>5:45 Rummy Q in the Lofts (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle Card Game (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>23</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p><b>10:30 Health Talks with Sabrina (Tht)</b></p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag Baseball Teams C &amp; D (SG)</p> <p>1:00 Open Pool (SP)</p> <p><b>1:00 Po-Ke-No Card Game with Vicki (TL)</b></p> <p>2:00 Life Goes On Support Group - with St. Luke's Episcopal Church (ECU)</p> <p>2:30 BINGO (DR)</p> <p>3:00 Tai-Chi - Moving for Better Balance (P)</p> <p>4:30 Linda on Piano (DR)</p> <p><b>4:30 Supper Outing to Golden City Restaurant. RSVP</b></p>	<p>9:00 Sit To Be Fit (SG) <b>24</b></p> <p><b>9:30 Shopping trip: - Walmart, Trader Joe's, Fred Meyer (RSVP at the front desk.)</b></p> <p>10:00 Chair Massage Therapy - Sign up at the Front Desk. \$20 (ECU)</p> <p><b>10:30 Ted Talks (Tht)</b></p> <p>10:30 Beanbag Baseball Teams A &amp; B (SG)</p> <p>12:30 Bus to Vancouver Mall. RSVP</p> <p>1:00 Glenwood Choir (Tht)</p> <p>1:00 Wii Bowling (SG)</p> <p><b>2:30 Come Celebrate Chinese New Year with Shelly Voight (DR)</b></p> <p>6:00 Friday Night Movie - "Born Free" (1966) PG 1h 35min (Tht)</p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>25</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p>10:30 Saturday Morning with Madeline (SG)</p> <p><b>1:00 5 Minute Mysteries - Entertaining stumpers will sharpen your powers of observation and test your deductive skills (Tht)</b></p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p><b>1:30 Outing to the Vancouver Symphony (Admission \$40)</b></p> <p>2:30 BINGO (DR)</p> <p>6:00 Saturday Night Movie - "For Me and My Gal" (1942) 1h 44min (Tht)</p>
<p>8:20 Bus to Columbia Presbyterian <b>26</b></p> <p>8:20 Bus to St Joseph's. RSVP</p> <p>8:20 Bus to St. Paul Lutheran</p> <p>9:00 Bus to Immanuel Lutheran</p> <p>9:20 Bus to First Presbyterian</p> <p>9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht)</p> <p>1:00 Open Scrabble (P)</p> <p>1:00 Sunday Movie - "The Wild Country" (1970) G 1h 40min (Tht)</p> <p>1:30 Open Hand in Foot Card Game (CR)</p> <p>3:00 Hymns &amp; Devotions with Ron &amp; Donna (DR)</p> <p>3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge)</p> <p>5:45 Rummy Q in the Lofts (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>27</b></p> <p>9:30 Sit to be Fit in the Lofts (Lofts Lobby)</p> <p>9:30 Threading Needles (AR)</p> <p><b>10:30 Lunch Outing to Kitchen Table Cafe. RSVP</b></p> <p>10:30 Music Therapy with Dan - Join us for sing alongs and play instruments. (Tht)</p> <p>12:30 Blood Pressures Reading for Plaza residents (P)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Monday Movie - "The Book Thief" (2013) PG-13 2h 11min (Tht)</p> <p>1:00 Open Bridge (CR)</p> <p>1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p>2:00 Bulletin Board Crafters - come help decorate the bulletin boards with Rebecca! (AR)</p> <p>3:00 Tai-Chi - Moving for Better Balance (P)</p> <p>6:30 Bible Study (ECU)</p> <p>6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>28</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:00 Glenwood Theater Rehearsal (Tht)</p> <p>10:30 Beach Ball Toss (in the Sky Gym)</p> <p>1:00 Beanbag Baseball Teams B &amp; D (SG)</p> <p>1:00 Open Pool (SP)</p> <p>1:30 Classical Club with Terry. Must do if you are a music lover! (Tht)</p> <p>2:30 BINGO (DR)</p> <p>3:00 Happy Hour with Vladimir on Violin (P)</p> <p>6:30 Hymn Sing-A-Long (P)</p> <p><b>7:00 Bingo After Dark</b></p> <p>7:00 Open Poker (CR)</p>	<p>9:00 Rhythm Reaction Fitness (SG) <b>29</b></p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby)</p> <p>9:30 Veteran's Group (Tht)</p> <p><b>10:00 Outing to Fort Vancouver High School for their Community Love Lunch. Free. RSVP</b></p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Open Cribbage (CR)</p> <p><b>1:00 Shopping at Fred Meyer</b></p> <p><b>2:30 Brain Games (Tht)</b></p> <p>4:00 Linda on Piano (DR)</p> <p><b>4:00 Lodge Birthday Dinner - RSVP at the Front Desk (DR)</b></p> <p>5:45 Rummy Q in the Lofts (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle Card Game (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>30</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p><b>10:30 Film Appreciation with Nick - Come explore the aesthetics of cinema, the concepts behind storytelling and various elements of a film (Tht)</b></p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag Baseball Teams C &amp; D (SG)</p> <p>1:00 Open Pool (SP)</p> <p>2:30 BINGO (DR)</p> <p>3:00 Tai-Chi - Moving for Better Balance (P)</p> <p><b>4:00 Birthday Dinner for the Plaza, Terrace and Lofts (DR)</b></p> <p>4:30 Linda on Piano (DR)</p>	<p>9:00 Sit To Be Fit (SG) <b>31</b></p> <p><b>9:30 Shopping at Winco, Walgreens, Dollar Tree, Target, and Safeway</b></p> <p>10:00 Alzheimer's and Dementia Caregiver Support Group (Tht)</p> <p>10:00 Chair Massage Therapy - Sign up at the Front Desk. \$20 (ECU)</p> <p>10:30 Beanbag Baseball Teams A &amp; B (SG)</p> <p>11:15 Grief Support Group (Tht)</p> <p><b>12:30 Bus to Vancouver Mall. RSVP</b></p> <p><b>1:00 Glenwood Choir (Tht)</b></p> <p>1:00 Wii Bowling (SG)</p> <p>2:30 Happy Hour with Emmy Horowitz (DR)</p> <p>6:00 Friday Night Movie - "Armstrong" (2019) DOCUMENTARY 1h 40min (Tht)</p>	

## Room Key

(AR) = Activity Room	(AR) = Activity Room 2nd Floor Lodge	(BQ) = Buffet Dining Room	(CR) = Card Room, 3rd Floor Lodge	(COMP) = Computer Room	(CY) = Courtyard	(Cue) = Cue Room, 3rd Floor Lodge
(DR) = Dining Room	(ECU) = ECU Activity Room	(Lbal) = Lodge Balcony 2nd Floor	(Lbal) = Lodge Balcony, 2nd Floor	(DR) = Lodge Dining Room	(LG) = Lodge Gardens	(LLB) = Lodge Library
(LL) = Lodge Lobby	(MR) = Mailroom	(P) = Plaza Community Room	(P) = Plaza Community Room, 2nd floor	(PG) = Plaza Garage	(PP) = Pool Patio	(SP) = Pool Room, Lodge
(SG) = Sky Gym	(SR) = Spa Room, 2nd floor Lodge	(TP) = Terrace Front Patio	(TL) = Terrace Lobby	(TP) = Terrace Lobby/Front Patio Area	(Tht) = Theater	



# Glenwood Place Calendar

# JANUARY 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>DOCTOR DAYS TUESDAYS</b> West of ANDRESEN Road. Salmon Creek, Hazel Dell, Downtown Vancouver &amp; the VA.</p> <p><b>THURSDAYS</b> East of ANDRESEN Road. 87<sup>th</sup> Ave, Cascade Park, Fisher's Landing, Orchards Mall</p>	<p><b>All outings are highlighted in YELLOW.</b></p> <p>Sign up for these events at the front desk. If bus is full, please add your name to the waiting list</p>	<p>Glenwood Place 5500 NE 82nd Ave. Vancouver, WA 98662 (360) 892-1100</p> <p>Email Activities <a href="mailto:navdienko@glenwoodplace.net">navdienko@glenwoodplace.net</a></p>	<p>9:00 Rhythm Reaction Fitness (SG) <b>1</b></p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby)</p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Open Cribbage (CR)</p> <p>1:00 Shopping at Fred Meyer</p> <p>2:00 Rose Bowl on the Big Screen - Ducks vs. Badgers. Pizza &amp; Soda Provided!!! (P)</p> <p>5:45 Rummy Q (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>2</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>11:00 History Talks with John Griffin (Tht)</p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag C &amp; D (SG)</p> <p>1:00 Five Crowns Game (TL)</p> <p>1:00 Open Pool (SP)</p> <p>1:00 Activity Calendar Forum with Nick (Tht)</p> <p>2:30 Glentucky Derby Horse Races (Tht)</p> <p>3:00 Tai-Chi (P)</p> <p>4:30 Linda on Piano (DR)</p> <p>4:45 Supper Outing to Cameo Cafe. RSVP. Limited Seating</p>	<p>9:00 Sit To Be Fit (SG) <b>3</b></p> <p>9:30 Shopping at Winco, Walgreens, Dollar Tree, Target, and Safeway</p> <p>10:00 Chair Massage Therapy - \$20 (ECU)</p> <p>10:30 Brain Games (Tht)</p> <p>10:30 Beanbag A &amp; B (SG)</p> <p>12:30 Bus to Vanc Mall RSVP</p> <p>1:00 Glenwood Choir (Tht)</p> <p>1:00 Wii Bowling (SG)</p> <p>2:30 Happy Hour with Monte Watters (DR)</p> <p>6:00 No Friday Movie (Tht)</p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>4</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p>10:30 Saturday Morning with Madeline (SG)</p> <p>11:00 Sewing Lady - Mending and hemming at a reasonable rate (MR)</p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p>1:00 Symphony Saturday - Yuja Wang performs Schubert and Schumann (Tht)</p> <p>2:30 BINGO (DR)</p> <p>6:00 No Saturday Night Movie (Tht)</p>
<p>8:20 Bus to Columbia Presbyterian <b>5</b></p> <p>8:20 Bus to St Joseph's. RSVP</p> <p>8:20 Bus to St. Paul Lutheran</p> <p>9:00 Bus to Immanuel Lutheran</p> <p>9:20 Bus to First Presbyterian</p> <p>9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht)</p> <p>1:00 Open Scrabble (P)</p> <p>1:00 Sunday Movie - "McFarland, USA" (2015) PG 2h 9min (Tht)</p> <p>1:30 Open Hand in Foot Card Game (CR)</p> <p>2:00 Episcopal Communion (ECU)</p> <p>3:00 First Christian Church Service (DR)</p> <p>3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge)</p> <p>5:45 Rummy Q in the Lofts (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>6</b></p> <p>9:30 Casino Outing to Ilani Casino - RSVP Bring \$</p> <p>9:30 Sit to be Fit in the Lofts (Lofts Lobby)</p> <p>9:30 Threading Needles (AR)</p> <p>10:30 "People and Stories" Reading Group (LLB)</p> <p>10:30 Computer Lab - Bring your laptop, phone, or tablet and get your questions answered. (COMP)</p> <p>12:30 Blood Pressures Reading for Plaza residents (P)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Monday Movie - "Cinema Paradiso" (1988) FOREIGN FILM - RATED R 2h 35min (Tht)</p> <p>1:00 Open Bridge (CR)</p> <p>1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p>3:00 Tai-Chi (P)</p> <p>5:45 Bunco with Vicki. RSVP with Vicki (P)</p> <p>6:30 Bible Study (ECU)</p> <p>6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>7</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:00 Glenwood Theater Rehearsal (Tht)</p> <p>10:00 NEW - Kitchen Tours. RSVP at the Front Desk. Meet in the Lobby (LL)</p> <p>10:30 Beach Ball Toss (in the Sky Gym)</p> <p>1:00 Beanbag Teams B &amp; D (SG)</p> <p>1:00 Farkle with Vicki (P)</p> <p>1:00 Open Pool (SP)</p> <p>1:00 Watercolor with Becky (AR)</p> <p>2:00 NEW - Kitchen Tours. RSVP at the Front Desk. Meet in the Lobby (LL)</p> <p>2:30 BINGO (DR)</p> <p>3:00 Happy Hour with William Spilette (P)</p> <p>6:00 Rock Painting (AR)</p> <p>6:30 Hymn Sing-A-Long (P)</p> <p>7:00 Open Poker (CR)</p>	<p>8:00 Pedicures with Dawn - Cost is \$25, pay her. Sign up at the front desk for a time slot. (AR) <b>8</b></p> <p>9:00 Rhythm Reaction Fitness (SG)</p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby)</p> <p>9:30 Veteran's Group (Tht)</p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Language Club - Want to Learn Sign Language? One of our residents will be teaching! (COMP)</p> <p>1:00 Open Cribbage (CR)</p> <p>1:00 Red Hat Ladies - Tea &amp; Movie (Tht)</p> <p>1:00 Shopping at Fred Meyer</p> <p>5:45 Rummy Q (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>9</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:30 Health Talks with Sabrina (Tht)</p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag Baseball Teams C &amp; D (SG)</p> <p>1:00 Open Pool (SP)</p> <p>1:00 Po-Ke-No Card Game with Vicki (TL)</p> <p>2:30 Bingo Auction - Bring Your Bingo Bucks to Bid on Some Great Prizes (In the Dining Room)</p> <p>3:00 Tai-Chi - Moving for Better Balance (P)</p> <p>4:30 Linda on Piano (DR)</p> <p>4:30 Supper Outing to The Hammond Kitchen &amp; Craft Bar in Camas. RSVP</p>	<p>9:00 Sit To Be Fit (SG) <b>10</b></p> <p>9:30 Shopping trip: - Walmart, Trader Joe's, Fred Meyer (RSVP at the front desk.)</p> <p>10:00 Alzheimer's and Dementia Caregiver Support Group (Tht)</p> <p>10:00 Chair Massage Therapy - Sign up at the Front Desk. \$20 (ECU)</p> <p>10:30 Beanbag Teams A &amp; B (SG)</p> <p>11:15 Grief Support Group (Tht)</p> <p>12:30 Bus to Vanc Mall RSVP</p> <p>12:30 Glenwood Choir (Tht)</p> <p>1:00 Wii Bowling (SG)</p> <p>1:30 Residents Association Meeting (DR)</p> <p>2:30 Happy Hour with Karen Overton (DR)</p> <p>6:00 No Friday Movie</p> <p>7:00 Performance - The Dynamic Duo of Reno and Cindy Hollar. Great dancing music and songs (DR)</p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>11</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p>10:30 Saturday Morning with Madeline (SG)</p> <p>1:00 All the World's a Zoo (Tht)</p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p>2:00 Encore Performance - More Music with Reno and Cindy Hollar (DR)</p> <p>6:00 Saturday Night Movie - "Downton Abbey" (2019) PG 2h 2min (Tht)</p>
<p>8:20 Bus to Columbia Presbyterian <b>12</b></p> <p>8:20 Bus to St Joseph's. RSVP</p> <p>8:20 Bus to St. Paul Lutheran</p> <p>9:00 Bus to Immanuel Lutheran</p> <p>9:20 Bus to First Presbyterian</p> <p>9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht)</p> <p>1:00 Open Scrabble (P)</p> <p>1:00 Sunday Movie - "Larger Than Life" (1996) PG 1h 33min (Tht)</p> <p>1:30 Open Hand in Foot Card Game (CR)</p> <p>3:00 Open Boggle (Cue Room)</p> <p>5:45 Rummy Q (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>13</b></p> <p>9:30 Sit to be Fit (Lofts Lobby)</p> <p>9:30 Threading Needles (AR)</p> <p>10:30 Music Therapy with Dan (Tht)</p> <p>10:45 Lunch Outing to Red Lobster. RSVP</p> <p>12:30 Blood Pressures (P)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Monday Movie - "The Two Popes" (2019) PG-13 2h 5min (Tht)</p> <p>1:00 Open Bridge (CR)</p> <p>1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p>1:30 Outing to Local Thrift Stores. RSVP</p> <p>2:00 Bulletin Board Crafters - (AR)</p> <p>3:00 Tai-Chi (P)</p> <p>6:30 Bible Study (ECU)</p> <p>6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>14</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:00 Glenwood Theater Open House - Come join the Acting Group! (Tht)</p> <p>10:30 Beach Ball Toss (in the Sky Gym)</p> <p>1:00 Beanbag Baseball Teams B &amp; D (SG)</p> <p>1:00 Open Pool (SP)</p> <p>2:30 BINGO (DR)</p> <p>3:00 Happy Hour with Pianist Diome Alcomendac (P)</p> <p>6:00 Rock Painting (AR)</p> <p>6:30 Hymn Sing-A-Long (P)</p> <p>7:00 Open Poker (CR)</p>	<p>7:30 Women &amp; Men's Breakfast! Free. (7:30 - 8:30) (BQ) <b>15</b></p> <p>9:00 Rhythm Reaction (SG)</p> <p>9:30 "Sit to be Fit" (Lofts Lobby)</p> <p>9:30 Veteran's Group (Tht)</p> <p>10:30 Beanbag Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Open Cribbage (CR)</p> <p>1:00 Shopping at Fred Meyer</p> <p>2:30 Let's Play Jeopardy! (Tht)</p> <p>5:45 Rummy Q (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>16</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:30 Book Club hosted by Cynthia (ECU)</p> <p>11:00 History Talks with John Griffin (Tht)</p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag Teams C &amp; D (SG)</p> <p>1:00 5 Crowns Card Game (TL)</p> <p>1:00 Open Pool (SP)</p> <p>2:30 Glentucky Derby Horse Racing - Store is open! Bring your Derby Bucks (Tht)</p> <p>3:00 Tai-Chi (P)</p> <p>4:30 Linda on Piano (DR)</p> <p>4:30 Supper Outing to Patrick's Hawaiian Cafe. RSVP</p>	<p>9:00 Sit To Be Fit (SG) <b>17</b></p> <p>9:30 Shopping at Winco, Walgreens, Dollar Tree, Target, and Safeway</p> <p>10:00 Alzheimer's and Dementia Support Group (Tht)</p> <p>10:00 Chair Massage Therapy - \$20 (ECU)</p> <p>10:30 Beanbag Teams A &amp; B (SG)</p> <p>10:30 Headlines and Donuts (TL)</p> <p>11:15 Grief Support Group (Tht)</p> <p>12:30 Bus to Vanc Mall RSVP</p> <p>1:00 Glenwood Choir (Tht)</p> <p>1:00 Wii Bowling (SG)</p> <p>2:30 Happy Hour Mike Hart (DR)</p> <p>6:00 Friday Night Movie - "The Report" (2019) RATED R 1h 59min (Tht)</p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>18</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p>10:30 Saturday Morning with Madeline (SG)</p> <p>11:00 Sewing Lady - Mending and hemming at a reasonable rate (MR)</p> <p>1:00 Mystery Drive with Carroll. RSVP</p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p>1:00 Symphony Saturday - Rachmaninov, Piano Concerto No. 2 in C minor - Yuja Wang, Yuri Temirkanov (Tht)</p> <p>2:30 BINGO (DR)</p> <p>6:00 Saturday Night Movie - "Seven Brides for Seven Brothers" (1954) G 1h 42min (Tht)</p>

<p>8:20 Bus to Columbia Presbyterian <b>19</b></p> <p>8:20 Bus to St Joseph's. RSVP 8:20 Bus to St. Paul Lutheran 9:00 Bus to Immanuel Lutheran 9:20 Bus to First Presbyterian 9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht) 11:00 Cherie The Card Lady (LL) 1:00 Open Scrabble (P) 1:00 Sunday Movie - "Operation Dumbo Drop" (1995) PG 1h 47min (Tht) 1:30 Open Hand in Foot Card Game (CR) 2:00 Episcopal Communion (ECU) 3:00 Columbia Christian Church (DR) 3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge) 5:45 Rummy Q in the Lofts (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>20</b></p> <p>9:30 Sit to be Fit in the Lofts (Lofts Lobby)</p> <p><b>9:30 Tour of Pendleton Weaving Mill in Washougal. Limited Seating. Free</b></p> <p>9:30 Threading Needles (AR) 12:30 Blood Pressures Reading for Plaza residents (P) 1:00 Aqua Fitness (Pool Room) 1:00 Monday Movie - "Annie" (1982) PG 2h 7min (Tht) 1:00 Open Bridge (CR) 1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p><b>1:00 Tour of Pendleton Weaving Mill in Washougal. Limited Seating Free.</b></p> <p><b>2:00 Photo Fun with Rebecca! Bring your Camera or Smartphone and let's take photos! (Computer Lab)</b></p> <p>3:00 Tai-Chi - Moving for Better Balance (P) 6:30 Bible Study (ECU) 6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>21</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) 10:00 Glenwood Theater Rehearsal (Tht) 10:30 Beach Ball Toss (in the Sky Gym) 11:30 Free Eyeglass Clinic - eyeglass cleaning and adjustments (LL) 1:00 Beanbag Baseball Teams B &amp; D (SG) 1:00 Farkle with Vicki (P) 1:00 Open Pool (SP) 2:30 BINGO (DR) 3:00 Happy Hour with Stan Lasley (P) 6:30 Hymn Sing-A-Long (P) 7:00 Open Poker (CR)</p> <p><b>7:00 Beanbag Baseball Banquet – Fried Chicken Dinner, drinks, and the award ceremony. Limited to one guest. RSVP. (DR)</b></p>	<p>9:00 Rhythm Reaction Fitness (SG) <b>22</b></p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby) 9:30 Veteran's Group (Tht) 10:30 Beanbag Baseball Teams A &amp; C (SG) 11:30 Jerlean on Piano (DR) 12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby) 1:00 Aqua Fitness (Pool Room) 1:00 Open Cribbage (CR) <b>1:00 Shopping at Fred Meyer</b> <b>2:30 Readings with Nick - Come listen to humorous stories from various popular authors (Tht)</b> 5:45 Rummy Q in the Lofts (Lofts Lobby) 6:30 Bridge (CR) 6:30 Open Pinochle Card Game (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>23</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) <b>10:30 Health Talks with Sabrina (Tht)</b> 12:30 Blood Pressure Reading for Terrace Residents (TL) 1:00 Beanbag Baseball Teams C &amp; D (SG) 1:00 Open Pool (SP) <b>1:00 Po-Ke-No Card Game with Vicki (TL)</b> 2:00 Life Goes On Support Group - with St. Luke's Episcopal Church (ECU) 2:30 BINGO (DR) 3:00 Tai-Chi - Moving for Better Balance (P) 4:30 Linda on Piano (DR) <b>4:30 Supper Outing to Golden City Restaurant. RSVP</b></p>	<p>9:00 Sit To Be Fit (SG) <b>24</b></p> <p><b>9:30 Shopping trip: - Walmart, Trader Joe's, Fred Meyer (RSVP at the front desk.)</b></p> <p>10:00 Chair Massage Therapy - Sign up at the Front Desk. \$20 (ECU) <b>10:30 Ted Talks (Tht)</b> 10:30 Beanbag Baseball Teams A &amp; B (SG) 12:30 Bus to Vancouver Mall. RSVP 1:00 Glenwood Choir (Tht) 1:00 Wii Bowling (SG) <b>2:30 Come Celebrate Chinese New Year with Shelly Voight (DR)</b> 6:00 Friday Night Movie - "Born Free" (1966) PG 1h 35min (Tht)</p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>25</b></p> <p>10:30 Open Chess &amp; Checkers (CR) 10:30 Saturday Morning with Madeline (SG) <b>1:00 5 Minute Mysteries - Entertaining stumpers will sharpen your powers of observation and test your deductive skills (Tht)</b> 1:00 Open Billiards (Cue Room 3rd Floor Lodge) <b>1:30 Outing to the Vancouver Symphony (Admission \$40)</b> 2:30 BINGO (DR) 6:00 Saturday Night Movie - "For Me and My Gal" (1942) 1h 44min (Tht)</p>
<p>8:20 Bus to Columbia Presbyterian <b>26</b></p> <p>8:20 Bus to St Joseph's. RSVP 8:20 Bus to St. Paul Lutheran 9:00 Bus to Immanuel Lutheran 9:20 Bus to First Presbyterian 9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht) 1:00 Open Scrabble (P) 1:00 Sunday Movie - "The Wild Country" (1970) G 1h 40min (Tht) 1:30 Open Hand in Foot Card Game (CR) 3:00 Hymns &amp; Devotions with Ron &amp; Donna (DR) 3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge) 5:45 Rummy Q in the Lofts (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>27</b></p> <p>9:30 Sit to be Fit in the Lofts (Lofts Lobby) 9:30 Threading Needles (AR) <b>10:30 Lunch Outing to Kitchen Table Cafe. RSVP</b></p> <p>10:30 Music Therapy with Dan - Join us for sing alongs and play instruments. (Tht) 12:30 Blood Pressures Reading for Plaza residents (P) 1:00 Aqua Fitness (Pool Room) 1:00 Monday Movie - "The Book Thief" (2013) PG-13 2h 11min (Tht) 1:00 Open Bridge (CR) 1:00 Open Farkle (Cue Room 3rd Floor Lodge) 2:00 Bulletin Board Crafters - come help decorate the bulletin boards with Rebecca! (AR) 3:00 Tai-Chi - Moving for Better Balance (P) 6:30 Bible Study (ECU) 6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>28</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) 10:00 Glenwood Theater Rehearsal (Tht) 10:30 Beach Ball Toss (in the Sky Gym) 1:00 Beanbag Baseball Teams B &amp; D (SG) 1:00 Open Pool (SP) 1:30 Classical Club with Terry. Must do if you are a music lover! (Tht) 2:30 BINGO (DR) 3:00 Happy Hour with Vladimir on Violin (P) 6:30 Hymn Sing-A-Long (P) <b>7:00 Bingo After Dark</b> 7:00 Open Poker (CR)</p>	<p>9:00 Rhythm Reaction Fitness (SG) <b>29</b></p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby) 9:30 Veteran's Group (Tht) <b>10:00 Outing to Fort Vancouver High School for their Community Love Lunch. Free. RSVP</b></p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG) 11:30 Jerlean on Piano (DR) 12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby) 1:00 Aqua Fitness (Pool Room) 1:00 Open Cribbage (CR) <b>1:00 Shopping at Fred Meyer</b> <b>2:30 Brain Games (Tht)</b> 4:00 Linda on Piano (DR) <b>4:00 Lodge Birthday Dinner - RSVP at the Front Desk (DR)</b> 5:45 Rummy Q in the Lofts (Lofts Lobby) 6:30 Bridge (CR) 6:30 Open Pinochle Card Game (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>30</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) <b>10:30 Film Appreciation with Nick - Come explore the aesthetics of cinema, the concepts behind storytelling and various elements of a film (Tht)</b> 12:30 Blood Pressure Reading for Terrace Residents (TL) 1:00 Beanbag Baseball Teams C &amp; D (SG) 1:00 Open Pool (SP) 2:30 BINGO (DR) 3:00 Tai-Chi - Moving for Better Balance (P) <b>4:00 Birthday Dinner for the Plaza, Terrace and Lofts (DR)</b> 4:30 Linda on Piano (DR)</p>	<p>9:00 Sit To Be Fit (SG) <b>31</b></p> <p><b>9:30 Shopping at Winco, Walgreens, Dollar Tree, Target, and Safeway</b></p> <p>10:00 Alzheimer's and Dementia Caregiver Support Group (Tht) 10:00 Chair Massage Therapy - Sign up at the Front Desk. \$20 (ECU) 10:30 Beanbag Baseball Teams A &amp; B (SG) 11:15 Grief Support Group (Tht) <b>12:30 Bus to Vancouver Mall. RSVP</b> <b>1:00 Glenwood Choir (Tht)</b> 1:00 Wii Bowling (SG) 2:30 Happy Hour with Emmy Horowitz (DR) 6:00 Friday Night Movie - "Armstrong" (2019) DOCUMENTARY 1h 40min (Tht)</p>	

## Room Key

(AR) = Activity Room	(AR) = Activity Room 2nd Floor Lodge	(BQ) = Buffet Dining Room	(CR) = Card Room, 3rd Floor Lodge	(COMP) = Computer Room	(CY) = Courtyard	(Cue) = Cue Room, 3rd Floor Lodge
(DR) = Dining Room	(ECU) = ECU Activity Room	(Lbal) = Lodge Balcony 2nd Floor	(Lbal) = Lodge Balcony, 2nd Floor	(DR) = Lodge Dining Room	(LG) = Lodge Gardens	(LLB) = Lodge Library
(LL) = Lodge Lobby	(MR) = Mailroom	(P) = Plaza Community Room	(P) = Plaza Community Room, 2nd floor	(PG) = Plaza Garage	(PP) = Pool Patio	(SP) = Pool Room, Lodge
(SG) = Sky Gym	(SR) = Spa Room, 2nd floor Lodge	(TP) = Terrace Front Patio	(TL) = Terrace Lobby	(TP) = Terrace Lobby/Front Patio Area	(Tht) = Theater	



# Glenwood Place Calendar

# JANUARY 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>DOCTOR DAYS TUESDAYS</b> West of ANDRESEN Road. Salmon Creek, Hazel Dell, Downtown Vancouver &amp; the VA.</p> <p><b>THURSDAYS</b> East of ANDRESEN Road. 87<sup>th</sup> Ave, Cascade Park, Fisher's Landing, Orchards Mall</p>	<p><b>All outings are highlighted in YELLOW.</b></p> <p>Sign up for these events at the front desk. If bus is full, please add your name to the waiting list</p>	<p>Glenwood Place 5500 NE 82nd Ave. Vancouver, WA 98662 (360) 892-1100</p> <p>Email Activities <a href="mailto:navdienko@glenwoodplace.net">navdienko@glenwoodplace.net</a></p>	<p>9:00 Rhythm Reaction Fitness (SG) <b>1</b></p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby)</p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Open Cribbage (CR)</p> <p>1:00 Shopping at Fred Meyer</p> <p>2:00 Rose Bowl on the Big Screen - Ducks vs. Badgers. Pizza &amp; Soda Provided!!! (P)</p> <p>5:45 Rummy Q (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>2</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>11:00 History Talks with John Griffin (Tht)</p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag C &amp; D (SG)</p> <p>1:00 Five Crowns Game (TL)</p> <p>1:00 Open Pool (SP)</p> <p>1:00 Activity Calendar Forum with Nick (Tht)</p> <p>2:30 Glentucky Derby Horse Races (Tht)</p> <p>3:00 Tai-Chi (P)</p> <p>4:30 Linda on Piano (DR)</p> <p>4:45 Supper Outing to Cameo Cafe. RSVP. Limited Seating</p>	<p>9:00 Sit To Be Fit (SG) <b>3</b></p> <p>9:30 Shopping at Winco, Walgreens, Dollar Tree, Target, and Safeway</p> <p>10:00 Chair Massage Therapy - \$20 (ECU)</p> <p>10:30 Brain Games (Tht)</p> <p>10:30 Beanbag A &amp; B (SG)</p> <p>12:30 Bus to Vanc Mall RSVP</p> <p>1:00 Glenwood Choir (Tht)</p> <p>1:00 Wii Bowling (SG)</p> <p>2:30 Happy Hour with Monte Watters (DR)</p> <p>6:00 No Friday Movie (Tht)</p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>4</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p>10:30 Saturday Morning with Madeline (SG)</p> <p>11:00 Sewing Lady - Mending and hemming at a reasonable rate (MR)</p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p>1:00 Symphony Saturday - Yuja Wang performs Schubert and Schumann (Tht)</p> <p>2:30 BINGO (DR)</p> <p>6:00 No Saturday Night Movie (Tht)</p>
<p>8:20 Bus to Columbia Presbyterian <b>5</b></p> <p>8:20 Bus to St Joseph's. RSVP</p> <p>8:20 Bus to St. Paul Lutheran</p> <p>9:00 Bus to Immanuel Lutheran</p> <p>9:20 Bus to First Presbyterian</p> <p>9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht)</p> <p>1:00 Open Scrabble (P)</p> <p>1:00 Sunday Movie - "McFarland, USA" (2015) PG 2h 9min (Tht)</p> <p>1:30 Open Hand in Foot Card Game (CR)</p> <p>2:00 Episcopal Communion (ECU)</p> <p>3:00 First Christian Church Service (DR)</p> <p>3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge)</p> <p>5:45 Rummy Q in the Lofts (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>6</b></p> <p>9:30 Casino Outing to Ilani Casino - RSVP Bring \$</p> <p>9:30 Sit to be Fit in the Lofts (Lofts Lobby)</p> <p>9:30 Threading Needles (AR)</p> <p>10:30 "People and Stories" Reading Group (LLB)</p> <p>10:30 Computer Lab - Bring your laptop, phone, or tablet and get your questions answered. (COMP)</p> <p>12:30 Blood Pressures Reading for Plaza residents (P)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Monday Movie - "Cinema Paradiso" (1988) FOREIGN FILM - RATED R 2h 35min (Tht)</p> <p>1:00 Open Bridge (CR)</p> <p>1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p>3:00 Tai-Chi (P)</p> <p>5:45 Bunco with Vicki. RSVP with Vicki (P)</p> <p>6:30 Bible Study (ECU)</p> <p>6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>7</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:00 Glenwood Theater Rehearsal (Tht)</p> <p>10:00 NEW - Kitchen Tours. RSVP at the Front Desk. Meet in the Lobby (LL)</p> <p>10:30 Beach Ball Toss (in the Sky Gym)</p> <p>1:00 Beanbag Teams B &amp; D (SG)</p> <p>1:00 Farkle with Vicki (P)</p> <p>1:00 Open Pool (SP)</p> <p>1:00 Watercolor with Becky (AR)</p> <p>2:00 NEW - Kitchen Tours. RSVP at the Front Desk. Meet in the Lobby (LL)</p> <p>2:30 BINGO (DR)</p> <p>3:00 Happy Hour with William Spilette (P)</p> <p>6:00 Rock Painting (AR)</p> <p>6:30 Hymn Sing-A-Long (P)</p> <p>7:00 Open Poker (CR)</p>	<p>8:00 Pedicures with Dawn - Cost is \$25, pay her. Sign up at the front desk for a time slot. (AR) <b>8</b></p> <p>9:00 Rhythm Reaction Fitness (SG)</p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby)</p> <p>9:30 Veteran's Group (Tht)</p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Language Club - Want to Learn Sign Language? One of our residents will be teaching! (COMP)</p> <p>1:00 Open Cribbage (CR)</p> <p>1:00 Red Hat Ladies - Tea &amp; Movie (Tht)</p> <p>1:00 Shopping at Fred Meyer</p> <p>5:45 Rummy Q (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>9</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:30 Health Talks with Sabrina (Tht)</p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag Baseball Teams C &amp; D (SG)</p> <p>1:00 Open Pool (SP)</p> <p>1:00 Po-Ke-No Card Game with Vicki (TL)</p> <p>2:30 Bingo Auction - Bring Your Bingo Bucks to Bid on Some Great Prizes (In the Dining Room)</p> <p>3:00 Tai-Chi - Moving for Better Balance (P)</p> <p>4:30 Linda on Piano (DR)</p> <p>4:30 Supper Outing to The Hammond Kitchen &amp; Craft Bar in Camas. RSVP</p>	<p>9:00 Sit To Be Fit (SG) <b>10</b></p> <p>9:30 Shopping trip: - Walmart, Trader Joe's, Fred Meyer (RSVP at the front desk.)</p> <p>10:00 Alzheimer's and Dementia Caregiver Support Group (Tht)</p> <p>10:00 Chair Massage Therapy - Sign up at the Front Desk. \$20 (ECU)</p> <p>10:30 Beanbag Teams A &amp; B (SG)</p> <p>11:15 Grief Support Group (Tht)</p> <p>12:30 Bus to Vanc Mall RSVP</p> <p>12:30 Glenwood Choir (Tht)</p> <p>1:00 Wii Bowling (SG)</p> <p>1:30 Residents Association Meeting (DR)</p> <p>2:30 Happy Hour with Karen Overton (DR)</p> <p>6:00 No Friday Movie</p> <p>7:00 Performance - The Dynamic Duo of Reno and Cindy Hollar. Great dancing music and songs (DR)</p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>11</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p>10:30 Saturday Morning with Madeline (SG)</p> <p>1:00 All the World's a Zoo (Tht)</p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p>2:00 Encore Performance - More Music with Reno and Cindy Hollar (DR)</p> <p>6:00 Saturday Night Movie - "Downton Abbey" (2019) PG 2h 2min (Tht)</p>
<p>8:20 Bus to Columbia Presbyterian <b>12</b></p> <p>8:20 Bus to St Joseph's. RSVP</p> <p>8:20 Bus to St. Paul Lutheran</p> <p>9:00 Bus to Immanuel Lutheran</p> <p>9:20 Bus to First Presbyterian</p> <p>9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht)</p> <p>1:00 Open Scrabble (P)</p> <p>1:00 Sunday Movie - "Larger Than Life" (1996) PG 1h 33min (Tht)</p> <p>1:30 Open Hand in Foot Card Game (CR)</p> <p>3:00 Open Boggle (Cue Room)</p> <p>5:45 Rummy Q (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>13</b></p> <p>9:30 Sit to be Fit (Lofts Lobby)</p> <p>9:30 Threading Needles (AR)</p> <p>10:30 Music Therapy with Dan (Tht)</p> <p>10:45 Lunch Outing to Red Lobster. RSVP</p> <p>12:30 Blood Pressures (P)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Monday Movie - "The Two Popes" (2019) PG-13 2h 5min (Tht)</p> <p>1:00 Open Bridge (CR)</p> <p>1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p>1:30 Outing to Local Thrift Stores. RSVP</p> <p>2:00 Bulletin Board Crafters - (AR)</p> <p>3:00 Tai-Chi (P)</p> <p>6:30 Bible Study (ECU)</p> <p>6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>14</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:00 Glenwood Theater Open House - Come join the Acting Group! (Tht)</p> <p>10:30 Beach Ball Toss (in the Sky Gym)</p> <p>1:00 Beanbag Baseball Teams B &amp; D (SG)</p> <p>1:00 Open Pool (SP)</p> <p>2:30 BINGO (DR)</p> <p>3:00 Happy Hour with Pianist Diome Alcomendac (P)</p> <p>6:00 Rock Painting (AR)</p> <p>6:30 Hymn Sing-A-Long (P)</p> <p>7:00 Open Poker (CR)</p>	<p>7:30 Women &amp; Men's Breakfast! Free. (7:30 - 8:30) (BQ) <b>15</b></p> <p>9:00 Rhythm Reaction (SG)</p> <p>9:30 "Sit to be Fit" (Lofts Lobby)</p> <p>9:30 Veteran's Group (Tht)</p> <p>10:30 Beanbag Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Open Cribbage (CR)</p> <p>1:00 Shopping at Fred Meyer</p> <p>2:30 Let's Play Jeopardy! (Tht)</p> <p>5:45 Rummy Q (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>16</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:30 Book Club hosted by Cynthia (ECU)</p> <p>11:00 History Talks with John Griffin (Tht)</p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag Teams C &amp; D (SG)</p> <p>1:00 5 Crowns Card Game (TL)</p> <p>1:00 Open Pool (SP)</p> <p>2:30 Glentucky Derby Horse Racing - Store is open! Bring your Derby Bucks (Tht)</p> <p>3:00 Tai-Chi (P)</p> <p>4:30 Linda on Piano (DR)</p> <p>4:30 Supper Outing to Patrick's Hawaiian Cafe. RSVP</p>	<p>9:00 Sit To Be Fit (SG) <b>17</b></p> <p>9:30 Shopping at Winco, Walgreens, Dollar Tree, Target, and Safeway</p> <p>10:00 Alzheimer's and Dementia Support Group (Tht)</p> <p>10:00 Chair Massage Therapy - \$20 (ECU)</p> <p>10:30 Beanbag Teams A &amp; B (SG)</p> <p>10:30 Headlines and Donuts (TL)</p> <p>11:15 Grief Support Group (Tht)</p> <p>12:30 Bus to Vanc Mall RSVP</p> <p>1:00 Glenwood Choir (Tht)</p> <p>1:00 Wii Bowling (SG)</p> <p>2:30 Happy Hour Mike Hart (DR)</p> <p>6:00 Friday Night Movie - "The Report" (2019) RATED R 1h 59min (Tht)</p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>18</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p>10:30 Saturday Morning with Madeline (SG)</p> <p>11:00 Sewing Lady - Mending and hemming at a reasonable rate (MR)</p> <p>1:00 Mystery Drive with Carroll. RSVP</p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p>1:00 Symphony Saturday - Rachmaninov, Piano Concerto No. 2 in C minor - Yuja Wang, Yuri Temirkanov (Tht)</p> <p>2:30 BINGO (DR)</p> <p>6:00 Saturday Night Movie - "Seven Brides for Seven Brothers" (1954) G 1h 42min (Tht)</p>

<p>8:20 Bus to Columbia Presbyterian <b>19</b></p> <p>8:20 Bus to St Joseph's. RSVP 8:20 Bus to St. Paul Lutheran 9:00 Bus to Immanuel Lutheran 9:20 Bus to First Presbyterian 9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht) 11:00 Cherie The Card Lady (LL) 1:00 Open Scrabble (P) 1:00 Sunday Movie - "Operation Dumbo Drop" (1995) PG 1h 47min (Tht) 1:30 Open Hand in Foot Card Game (CR) 2:00 Episcopal Communion (ECU) 3:00 Columbia Christian Church (DR) 3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge) 5:45 Rummy Q in the Lofts (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>20</b></p> <p>9:30 Sit to be Fit in the Lofts (Lofts Lobby)</p> <p><b>9:30 Tour of Pendleton Weaving Mill in Washougal. Limited Seating. Free</b></p> <p>9:30 Threading Needles (AR) 12:30 Blood Pressures Reading for Plaza residents (P) 1:00 Aqua Fitness (Pool Room) 1:00 Monday Movie - "Annie" (1982) PG 2h 7min (Tht) 1:00 Open Bridge (CR) 1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p><b>1:00 Tour of Pendleton Weaving Mill in Washougal. Limited Seating Free.</b></p> <p><b>2:00 Photo Fun with Rebecca! Bring your Camera or Smartphone and let's take photos! (Computer Lab)</b></p> <p>3:00 Tai-Chi - Moving for Better Balance (P) 6:30 Bible Study (ECU) 6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>21</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) 10:00 Glenwood Theater Rehearsal (Tht) 10:30 Beach Ball Toss (in the Sky Gym) 11:30 Free Eyeglass Clinic - eyeglass cleaning and adjustments (LL) 1:00 Beanbag Baseball Teams B &amp; D (SG) 1:00 Farkle with Vicki (P) 1:00 Open Pool (SP) 2:30 BINGO (DR) 3:00 Happy Hour with Stan Lasley (P) 6:30 Hymn Sing-A-Long (P) 7:00 Open Poker (CR)</p> <p><b>7:00 Beanbag Baseball Banquet – Fried Chicken Dinner, drinks, and the award ceremony. Limited to one guest. RSVP. (DR)</b></p>	<p>9:00 Rhythm Reaction Fitness (SG) <b>22</b></p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby) 9:30 Veteran's Group (Tht) 10:30 Beanbag Baseball Teams A &amp; C (SG) 11:30 Jerlean on Piano (DR) 12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby) 1:00 Aqua Fitness (Pool Room) 1:00 Open Cribbage (CR) <b>1:00 Shopping at Fred Meyer</b> <b>2:30 Readings with Nick - Come listen to humorous stories from various popular authors (Tht)</b> 5:45 Rummy Q in the Lofts (Lofts Lobby) 6:30 Bridge (CR) 6:30 Open Pinochle Card Game (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>23</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) <b>10:30 Health Talks with Sabrina (Tht)</b> 12:30 Blood Pressure Reading for Terrace Residents (TL) 1:00 Beanbag Baseball Teams C &amp; D (SG) 1:00 Open Pool (SP) <b>1:00 Po-Ke-No Card Game with Vicki (TL)</b> 2:00 Life Goes On Support Group - with St. Luke's Episcopal Church (ECU) 2:30 BINGO (DR) 3:00 Tai-Chi - Moving for Better Balance (P) 4:30 Linda on Piano (DR) <b>4:30 Supper Outing to Golden City Restaurant. RSVP</b></p>	<p>9:00 Sit To Be Fit (SG) <b>24</b></p> <p><b>9:30 Shopping trip: - Walmart, Trader Joe's, Fred Meyer (RSVP at the front desk.)</b></p> <p>10:00 Chair Massage Therapy - Sign up at the Front Desk. \$20 (ECU) <b>10:30 Ted Talks (Tht)</b> 10:30 Beanbag Baseball Teams A &amp; B (SG) 12:30 Bus to Vancouver Mall. RSVP 1:00 Glenwood Choir (Tht) 1:00 Wii Bowling (SG) <b>2:30 Come Celebrate Chinese New Year with Shelly Voight (DR)</b> 6:00 Friday Night Movie - "Born Free" (1966) PG 1h 35min (Tht)</p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>25</b></p> <p>10:30 Open Chess &amp; Checkers (CR) 10:30 Saturday Morning with Madeline (SG) <b>1:00 5 Minute Mysteries - Entertaining stumpers will sharpen your powers of observation and test your deductive skills (Tht)</b> 1:00 Open Billiards (Cue Room 3rd Floor Lodge) <b>1:30 Outing to the Vancouver Symphony (Admission \$40)</b> 2:30 BINGO (DR) 6:00 Saturday Night Movie - "For Me and My Gal" (1942) 1h 44min (Tht)</p>
<p>8:20 Bus to Columbia Presbyterian <b>26</b></p> <p>8:20 Bus to St Joseph's. RSVP 8:20 Bus to St. Paul Lutheran 9:00 Bus to Immanuel Lutheran 9:20 Bus to First Presbyterian 9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht) 1:00 Open Scrabble (P) 1:00 Sunday Movie - "The Wild Country" (1970) G 1h 40min (Tht) 1:30 Open Hand in Foot Card Game (CR) 3:00 Hymns &amp; Devotions with Ron &amp; Donna (DR) 3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge) 5:45 Rummy Q in the Lofts (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>27</b></p> <p>9:30 Sit to be Fit in the Lofts (Lofts Lobby) 9:30 Threading Needles (AR) <b>10:30 Lunch Outing to Kitchen Table Cafe. RSVP</b></p> <p>10:30 Music Therapy with Dan - Join us for sing alongs and play instruments. (Tht) 12:30 Blood Pressures Reading for Plaza residents (P) 1:00 Aqua Fitness (Pool Room) 1:00 Monday Movie - "The Book Thief" (2013) PG-13 2h 11min (Tht) 1:00 Open Bridge (CR) 1:00 Open Farkle (Cue Room 3rd Floor Lodge) 2:00 Bulletin Board Crafters - come help decorate the bulletin boards with Rebecca! (AR) 3:00 Tai-Chi - Moving for Better Balance (P) 6:30 Bible Study (ECU) 6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>28</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) 10:00 Glenwood Theater Rehearsal (Tht) 10:30 Beach Ball Toss (in the Sky Gym) 1:00 Beanbag Baseball Teams B &amp; D (SG) 1:00 Open Pool (SP) 1:30 Classical Club with Terry. Must do if you are a music lover! (Tht) 2:30 BINGO (DR) 3:00 Happy Hour with Vladimir on Violin (P) 6:30 Hymn Sing-A-Long (P) <b>7:00 Bingo After Dark</b> 7:00 Open Poker (CR)</p>	<p>9:00 Rhythm Reaction Fitness (SG) <b>29</b></p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby) 9:30 Veteran's Group (Tht) <b>10:00 Outing to Fort Vancouver High School for their Community Love Lunch. Free. RSVP</b></p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG) 11:30 Jerlean on Piano (DR) 12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby) 1:00 Aqua Fitness (Pool Room) 1:00 Open Cribbage (CR) <b>1:00 Shopping at Fred Meyer</b> <b>2:30 Brain Games (Tht)</b> 4:00 Linda on Piano (DR) <b>4:00 Lodge Birthday Dinner - RSVP at the Front Desk (DR)</b> 5:45 Rummy Q in the Lofts (Lofts Lobby) 6:30 Bridge (CR) 6:30 Open Pinochle Card Game (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>30</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) <b>10:30 Film Appreciation with Nick - Come explore the aesthetics of cinema, the concepts behind storytelling and various elements of a film (Tht)</b></p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL) 1:00 Beanbag Baseball Teams C &amp; D (SG) 1:00 Open Pool (SP) 2:30 BINGO (DR) 3:00 Tai-Chi - Moving for Better Balance (P) <b>4:00 Birthday Dinner for the Plaza, Terrace and Lofts (DR)</b> 4:30 Linda on Piano (DR)</p>	<p>9:00 Sit To Be Fit (SG) <b>31</b></p> <p><b>9:30 Shopping at Winco, Walgreens, Dollar Tree, Target, and Safeway</b></p> <p>10:00 Alzheimer's and Dementia Caregiver Support Group (Tht) 10:00 Chair Massage Therapy - Sign up at the Front Desk. \$20 (ECU) 10:30 Beanbag Baseball Teams A &amp; B (SG) 11:15 Grief Support Group (Tht) <b>12:30 Bus to Vancouver Mall. RSVP</b></p> <p><b>1:00 Glenwood Choir (Tht)</b> 1:00 Wii Bowling (SG) 2:30 Happy Hour with Emmy Horowitz (DR) 6:00 Friday Night Movie - "Armstrong" (2019) DOCUMENTARY 1h 40min (Tht)</p>	

## Room Key

(AR) = Activity Room	(AR) = Activity Room 2nd Floor Lodge	(BQ) = Buffet Dining Room	(CR) = Card Room, 3rd Floor Lodge	(COMP) = Computer Room	(CY) = Courtyard	(Cue) = Cue Room, 3rd Floor Lodge
(DR) = Dining Room	(ECU) = ECU Activity Room	(Lbal) = Lodge Balcony 2nd Floor	(Lbal) = Lodge Balcony, 2nd Floor	(DR) = Lodge Dining Room	(LG) = Lodge Gardens	(LLB) = Lodge Library
(LL) = Lodge Lobby	(MR) = Mailroom	(P) = Plaza Community Room	(P) = Plaza Community Room, 2nd floor	(PG) = Plaza Garage	(PP) = Pool Patio	(SP) = Pool Room, Lodge
(SG) = Sky Gym	(SR) = Spa Room, 2nd floor Lodge	(TP) = Terrace Front Patio	(TL) = Terrace Lobby	(TP) = Terrace Lobby/Front Patio Area	(Tht) = Theater	



# Glenwood Place Calendar

# JANUARY 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>DOCTOR DAYS TUESDAYS</b> West of ANDRESEN Road. Salmon Creek, Hazel Dell, Downtown Vancouver &amp; the VA.</p> <p><b>THURSDAYS</b> East of ANDRESEN Road. 87<sup>th</sup> Ave, Cascade Park, Fisher's Landing, Orchards Mall</p>	<p><b>All outings are highlighted in YELLOW.</b></p> <p><b>Sign up for these events at the front desk. If bus is full, please add your name to the waiting list</b></p>	<p>Glenwood Place 5500 NE 82nd Ave. Vancouver, WA 98662 (360) 892-1100</p> <p><b>Email Activities</b> <a href="mailto:navdienko@glenwoodplace.net">navdienko@glenwoodplace.net</a></p>	<p>9:00 Rhythm Reaction Fitness (SG) <b>1</b></p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby)</p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Open Cribbage (CR)</p> <p><b>1:00 Shopping at Fred Meyer</b></p> <p><b>2:00 Rose Bowl on the Big Screen - Ducks vs. Badgers. Pizza &amp; Soda Provided!!! (P)</b></p> <p>5:45 Rummy Q (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>2</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p><b>11:00 History Talks with John Griffin (Th)</b></p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag C &amp; D (SG)</p> <p>1:00 Five Crowns Game (TL)</p> <p>1:00 Open Pool (SP)</p> <p><b>1:00 Activity Calendar Forum with Nick (Th)</b></p> <p>2:30 Glentucky Derby Horse Races (Th)</p> <p>3:00 Tai-Chi (P)</p> <p>4:30 Linda on Piano (DR)</p> <p><b>4:45 Supper Outing to Cameo Cafe. RSVP. Limited Seating</b></p>	<p>9:00 Sit To Be Fit (SG) <b>3</b></p> <p><b>9:30 Shopping at Winco, Walgreens, Dollar Tree, Target, and Safeway</b></p> <p>10:00 Chair Massage Therapy - \$20 (ECU)</p> <p><b>10:30 Brain Games (Th)</b></p> <p>10:30 Beanbag A &amp; B (SG)</p> <p><b>12:30 Bus to Vanc Mall RSVP</b></p> <p>1:00 Glenwood Choir (Th)</p> <p>1:00 Wii Bowling (SG)</p> <p><b>2:30 Happy Hour with Monte Watters (DR)</b></p> <p><b>6:00 No Friday Movie (Th)</b></p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>4</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p><b>10:30 Saturday Morning with Madeline (SG)</b></p> <p>11:00 Sewing Lady - Mending and hemming at a reasonable rate (MR)</p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p>1:00 Symphony Saturday - Yuja Wang performs Schubert and Schumann (Th)</p> <p>2:30 BINGO (DR)</p> <p><b>6:00 No Saturday Night Movie (Th)</b></p>
<p>8:20 Bus to Columbia Presbyterian <b>5</b></p> <p>8:20 Bus to St Joseph's. RSVP</p> <p>8:20 Bus to St. Paul Lutheran</p> <p>9:00 Bus to Immanuel Lutheran</p> <p>9:20 Bus to First Presbyterian</p> <p>9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Th)</p> <p>1:00 Open Scrabble (P)</p> <p>1:00 Sunday Movie - "McFarland, USA" (2015) PG 2h 9min (Th)</p> <p>1:30 Open Hand in Foot Card Game (CR)</p> <p>2:00 Episcopal Communion (ECU)</p> <p>3:00 First Christian Church Service (DR)</p> <p>3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge)</p> <p>5:45 Rummy Q in the Lofts (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>6</b></p> <p><b>9:30 Casino Outing to Ilani Casino - RSVP Bring \$</b></p> <p>9:30 Sit to be Fit in the Lofts (Lofts Lobby)</p> <p>9:30 Threading Needles (AR)</p> <p>10:30 "People and Stories" Reading Group (LLB)</p> <p>10:30 Computer Lab - Bring your laptop, phone, or tablet and get your questions answered. (COMP)</p> <p>12:30 Blood Pressures Reading for Plaza residents (P)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Monday Movie - "Cinema Paradiso" (1988) FOREIGN FILM - RATED R 2h 35min (Th)</p> <p>1:00 Open Bridge (CR)</p> <p>1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p>3:00 Tai-Chi (P)</p> <p>5:45 Bunco with Vicki. RSVP with Vicki (P)</p> <p>6:30 Bible Study (ECU)</p> <p>6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>7</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:00 Glenwood Theater Rehearsal (Th)</p> <p><b>10:00 NEW - Kitchen Tours. RSVP at the Front Desk. Meet in the Lobby (LL)</b></p> <p>10:30 Beach Ball Toss (in the Sky Gym)</p> <p>1:00 Beanbag Teams B &amp; D (SG)</p> <p>1:00 Farkle with Vicki (P)</p> <p>1:00 Open Pool (SP)</p> <p>1:00 Watercolor with Becky (AR)</p> <p><b>2:00 NEW - Kitchen Tours. RSVP at the Front Desk. Meet in the Lobby (LL)</b></p> <p>2:30 BINGO (DR)</p> <p>3:00 Happy Hour with William Spilette (P)</p> <p>6:00 Rock Painting (AR)</p> <p>6:30 Hymn Sing-A-Long (P)</p> <p>7:00 Open Poker (CR)</p>	<p>8:00 Pedicures with Dawn - Cost is \$25, pay her. Sign up at the front desk for a time slot. (AR) <b>8</b></p> <p>9:00 Rhythm Reaction Fitness (SG)</p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby)</p> <p>9:30 Veteran's Group (Th)</p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Language Club - Want to Learn Sign Language? One of our residents will be teaching! (COMP)</p> <p>1:00 Open Cribbage (CR)</p> <p><b>1:00 Red Hat Ladies - Tea &amp; Movie (Th)</b></p> <p><b>1:00 Shopping at Fred Meyer</b></p> <p>5:45 Rummy Q (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>9</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p><b>10:30 Health Talks with Sabrina (Th)</b></p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag Baseball Teams C &amp; D (SG)</p> <p>1:00 Open Pool (SP)</p> <p><b>1:00 Po-Ke-No Card Game with Vicki (TL)</b></p> <p><b>2:30 Bingo Auction - Bring Your Bingo Bucks to Bid on Some Great Prizes (In the Dining Room)</b></p> <p>3:00 Tai-Chi - Moving for Better Balance (P)</p> <p>4:30 Linda on Piano (DR)</p> <p><b>4:30 Supper Outing to The Hammond Kitchen &amp; Craft Bar in Camas. RSVP</b></p>	<p>9:00 Sit To Be Fit (SG) <b>10</b></p> <p><b>9:30 Shopping trip: - Walmart, Trader Joe's, Fred Meyer (RSVP at the front desk.)</b></p> <p>10:00 Alzheimer's and Dementia Caregiver Support Group (Th)</p> <p>10:00 Chair Massage Therapy - Sign up at the Front Desk. \$20 (ECU)</p> <p>10:30 Beanbag Teams A &amp; B (SG)</p> <p>11:15 Grief Support Group (Th)</p> <p><b>12:30 Bus to Vanc Mall RSVP</b></p> <p><b>12:30 Glenwood Choir (Th)</b></p> <p>1:00 Wii Bowling (SG)</p> <p><b>1:30 Residents Association Meeting (DR)</b></p> <p>2:30 Happy Hour with Karen Overton (DR)</p> <p>6:00 No Friday Movie</p> <p><b>7:00 Performance - The Dynamic Duo of Reno and Cindy Hollar. Great dancing music and songs (DR)</b></p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>11</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p>10:30 Saturday Morning with Madeline (SG)</p> <p><b>1:00 All the World's a Zoo (Th)</b></p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p><b>2:00 Encore Performance - More Music with Reno and Cindy Hollar (DR)</b></p> <p>6:00 Saturday Night Movie - "Downton Abbey" (2019) PG 2h 2min (Th)</p>
<p>8:20 Bus to Columbia Presbyterian <b>12</b></p> <p>8:20 Bus to St Joseph's. RSVP</p> <p>8:20 Bus to St. Paul Lutheran</p> <p>9:00 Bus to Immanuel Lutheran</p> <p>9:20 Bus to First Presbyterian</p> <p>9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Th)</p> <p>1:00 Open Scrabble (P)</p> <p>1:00 Sunday Movie - "Larger Than Life" (1996) PG 1h 33min (Th)</p> <p>1:30 Open Hand in Foot Card Game (CR)</p> <p>3:00 Open Boggle (Cue Room)</p> <p>5:45 Rummy Q (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>13</b></p> <p>9:30 Sit to be Fit (Lofts Lobby)</p> <p>9:30 Threading Needles (AR)</p> <p>10:30 Music Therapy with Dan (Th)</p> <p><b>10:45 Lunch Outing to Red Lobster. RSVP</b></p> <p>12:30 Blood Pressures (P)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Monday Movie - "The Two Popes" (2019) PG-13 2h 5min (Th)</p> <p>1:00 Open Bridge (CR)</p> <p>1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p><b>1:30 Outing to Local Thrift Stores. RSVP</b></p> <p>2:00 Bulletin Board Crafters - (AR)</p> <p>3:00 Tai-Chi (P)</p> <p>6:30 Bible Study (ECU)</p> <p>6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>14</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p><b>10:00 Glenwood Theater Open House - Come join the Acting Group! (Th)</b></p> <p>10:30 Beach Ball Toss (in the Sky Gym)</p> <p>1:00 Beanbag Baseball Teams B &amp; D (SG)</p> <p>1:00 Open Pool (SP)</p> <p>2:30 BINGO (DR)</p> <p>3:00 Happy Hour with Pianist Diome Alcomendac (P)</p> <p>6:00 Rock Painting (AR)</p> <p>6:30 Hymn Sing-A-Long (P)</p> <p>7:00 Open Poker (CR)</p>	<p>7:30 Women &amp; Men's Breakfast! Free. (7:30 - 8:30) (BQ) <b>15</b></p> <p>9:00 Rhythm Reaction (SG)</p> <p>9:30 "Sit to be Fit" (Lofts Lobby)</p> <p>9:30 Veteran's Group (Th)</p> <p>10:30 Beanbag Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Open Cribbage (CR)</p> <p><b>1:00 Shopping at Fred Meyer</b></p> <p><b>2:30 Let's Play Jeopardy! (Th)</b></p> <p>5:45 Rummy Q (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>16</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:30 Book Club hosted by Cynthia (ECU)</p> <p>11:00 History Talks with John Griffin (Th)</p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag Teams C &amp; D (SG)</p> <p>1:00 5 Crowns Card Game (TL)</p> <p>1:00 Open Pool (SP)</p> <p><b>2:30 Glentucky Derby Horse Racing - Store is open! Bring your Derby Bucks (Th)</b></p> <p>3:00 Tai-Chi (P)</p> <p>4:30 Linda on Piano (DR)</p> <p><b>4:30 Supper Outing to Patrick's Hawaiian Cafe. RSVP</b></p>	<p>9:00 Sit To Be Fit (SG) <b>17</b></p> <p><b>9:30 Shopping at Winco, Walgreens, Dollar Tree, Target, and Safeway</b></p> <p>10:00 Alzheimer's and Dementia Support Group (Th)</p> <p>10:00 Chair Massage Therapy - \$20 (ECU)</p> <p>10:30 Beanbag Teams A &amp; B (SG)</p> <p><b>10:30 Headlines and Donuts (TL)</b></p> <p>11:15 Grief Support Group (Th)</p> <p><b>12:30 Bus to Vanc Mall RSVP</b></p> <p>1:00 Glenwood Choir (Th)</p> <p>1:00 Wii Bowling (SG)</p> <p>2:30 Happy Hour Mike Hart (DR)</p> <p>6:00 Friday Night Movie - "The Report" (2019) RATED R 1h 59min (Th)</p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>18</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p>10:30 Saturday Morning with Madeline (SG)</p> <p>11:00 Sewing Lady - Mending and hemming at a reasonable rate (MR)</p> <p><b>1:00 Mystery Drive with Carroll. RSVP</b></p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p>1:00 Symphony Saturday - Rachmaninov, Piano Concerto No. 2 in C minor - Yuja Wang, Yuri Temirkanov (Th)</p> <p>2:30 BINGO (DR)</p> <p>6:00 Saturday Night Movie - "Seven Brides for Seven Brothers" (1954) G 1h 42min (Th)</p>

<p>8:20 Bus to Columbia Presbyterian <b>19</b></p> <p>8:20 Bus to St Joseph's. RSVP 8:20 Bus to St. Paul Lutheran 9:00 Bus to Immanuel Lutheran 9:20 Bus to First Presbyterian 9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht) 11:00 Cherie The Card Lady (LL) 1:00 Open Scrabble (P) 1:00 Sunday Movie - "Operation Dumbo Drop" (1995) PG 1h 47min (Tht) 1:30 Open Hand in Foot Card Game (CR) 2:00 Episcopal Communion (ECU) 3:00 Columbia Christian Church (DR) 3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge) 5:45 Rummy Q in the Lofts (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>20</b></p> <p>9:30 Sit to be Fit in the Lofts (Lofts Lobby)</p> <p><b>9:30 Tour of Pendleton Weaving Mill in Washougal. Limited Seating. Free</b></p> <p>9:30 Threading Needles (AR) 12:30 Blood Pressures Reading for Plaza residents (P) 1:00 Aqua Fitness (Pool Room) 1:00 Monday Movie - "Annie" (1982) PG 2h 7min (Tht) 1:00 Open Bridge (CR) 1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p><b>1:00 Tour of Pendleton Weaving Mill in Washougal. Limited Seating Free.</b></p> <p><b>2:00 Photo Fun with Rebecca! Bring your Camera or Smartphone and let's take photos! (Computer Lab)</b></p> <p>3:00 Tai-Chi - Moving for Better Balance (P) 6:30 Bible Study (ECU) 6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>21</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) 10:00 Glenwood Theater Rehearsal (Tht) 10:30 Beach Ball Toss (in the Sky Gym) 11:30 Free Eyeglass Clinic - eyeglass cleaning and adjustments (LL) 1:00 Beanbag Baseball Teams B &amp; D (SG) 1:00 Farkle with Vicki (P) 1:00 Open Pool (SP) 2:30 BINGO (DR) 3:00 Happy Hour with Stan Lasley (P) 6:30 Hymn Sing-A-Long (P) 7:00 Open Poker (CR)</p> <p><b>7:00 Beanbag Baseball Banquet – Fried Chicken Dinner, drinks, and the award ceremony. Limited to one guest. RSVP. (DR)</b></p>	<p>9:00 Rhythm Reaction Fitness (SG) <b>22</b></p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby) 9:30 Veteran's Group (Tht) 10:30 Beanbag Baseball Teams A &amp; C (SG) 11:30 Jerlean on Piano (DR) 12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby) 1:00 Aqua Fitness (Pool Room) 1:00 Open Cribbage (CR) <b>1:00 Shopping at Fred Meyer</b> <b>2:30 Readings with Nick - Come listen to humorous stories from various popular authors (Tht)</b> 5:45 Rummy Q in the Lofts (Lofts Lobby) 6:30 Bridge (CR) 6:30 Open Pinochle Card Game (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>23</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) <b>10:30 Health Talks with Sabrina (Tht)</b> 12:30 Blood Pressure Reading for Terrace Residents (TL) 1:00 Beanbag Baseball Teams C &amp; D (SG) 1:00 Open Pool (SP) <b>1:00 Po-Ke-No Card Game with Vicki (TL)</b> 2:00 Life Goes On Support Group - with St. Luke's Episcopal Church (ECU) 2:30 BINGO (DR) 3:00 Tai-Chi - Moving for Better Balance (P) 4:30 Linda on Piano (DR) <b>4:30 Supper Outing to Golden City Restaurant. RSVP</b></p>	<p>9:00 Sit To Be Fit (SG) <b>24</b></p> <p><b>9:30 Shopping trip: - Walmart, Trader Joe's, Fred Meyer (RSVP at the front desk.)</b></p> <p>10:00 Chair Massage Therapy - Sign up at the Front Desk. \$20 (ECU) <b>10:30 Ted Talks (Tht)</b> 10:30 Beanbag Baseball Teams A &amp; B (SG) 12:30 Bus to Vancouver Mall. RSVP 1:00 Glenwood Choir (Tht) 1:00 Wii Bowling (SG) <b>2:30 Come Celebrate Chinese New Year with Shelly Voight (DR)</b> 6:00 Friday Night Movie - "Born Free" (1966) PG 1h 35min (Tht)</p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>25</b></p> <p>10:30 Open Chess &amp; Checkers (CR) 10:30 Saturday Morning with Madeline (SG) <b>1:00 5 Minute Mysteries - Entertaining stumpers will sharpen your powers of observation and test your deductive skills (Tht)</b> 1:00 Open Billiards (Cue Room 3rd Floor Lodge) <b>1:30 Outing to the Vancouver Symphony (Admission \$40)</b> 2:30 BINGO (DR) 6:00 Saturday Night Movie - "For Me and My Gal" (1942) 1h 44min (Tht)</p>
<p>8:20 Bus to Columbia Presbyterian <b>26</b></p> <p>8:20 Bus to St Joseph's. RSVP 8:20 Bus to St. Paul Lutheran 9:00 Bus to Immanuel Lutheran 9:20 Bus to First Presbyterian 9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht) 1:00 Open Scrabble (P) 1:00 Sunday Movie - "The Wild Country" (1970) G 1h 40min (Tht) 1:30 Open Hand in Foot Card Game (CR) 3:00 Hymns &amp; Devotions with Ron &amp; Donna (DR) 3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge) 5:45 Rummy Q in the Lofts (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>27</b></p> <p>9:30 Sit to be Fit in the Lofts (Lofts Lobby) 9:30 Threading Needles (AR) <b>10:30 Lunch Outing to Kitchen Table Cafe. RSVP</b></p> <p>10:30 Music Therapy with Dan - Join us for sing alongs and play instruments. (Tht) 12:30 Blood Pressures Reading for Plaza residents (P) 1:00 Aqua Fitness (Pool Room) 1:00 Monday Movie - "The Book Thief" (2013) PG-13 2h 11min (Tht) 1:00 Open Bridge (CR) 1:00 Open Farkle (Cue Room 3rd Floor Lodge) 2:00 Bulletin Board Crafters - come help decorate the bulletin boards with Rebecca! (AR) 3:00 Tai-Chi - Moving for Better Balance (P) 6:30 Bible Study (ECU) 6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>28</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) 10:00 Glenwood Theater Rehearsal (Tht) 10:30 Beach Ball Toss (in the Sky Gym) 1:00 Beanbag Baseball Teams B &amp; D (SG) 1:00 Open Pool (SP) 1:30 Classical Club with Terry. Must do if you are a music lover! (Tht) 2:30 BINGO (DR) 3:00 Happy Hour with Vladimir on Violin (P) 6:30 Hymn Sing-A-Long (P) <b>7:00 Bingo After Dark</b> 7:00 Open Poker (CR)</p>	<p>9:00 Rhythm Reaction Fitness (SG) <b>29</b></p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby) 9:30 Veteran's Group (Tht) <b>10:00 Outing to Fort Vancouver High School for their Community Love Lunch. Free. RSVP</b></p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG) 11:30 Jerlean on Piano (DR) 12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby) 1:00 Aqua Fitness (Pool Room) 1:00 Open Cribbage (CR) <b>1:00 Shopping at Fred Meyer</b> <b>2:30 Brain Games (Tht)</b> 4:00 Linda on Piano (DR) <b>4:00 Lodge Birthday Dinner - RSVP at the Front Desk (DR)</b> 5:45 Rummy Q in the Lofts (Lofts Lobby) 6:30 Bridge (CR) 6:30 Open Pinochle Card Game (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>30</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) <b>10:30 Film Appreciation with Nick - Come explore the aesthetics of cinema, the concepts behind storytelling and various elements of a film (Tht)</b> 12:30 Blood Pressure Reading for Terrace Residents (TL) 1:00 Beanbag Baseball Teams C &amp; D (SG) 1:00 Open Pool (SP) 2:30 BINGO (DR) 3:00 Tai-Chi - Moving for Better Balance (P) <b>4:00 Birthday Dinner for the Plaza, Terrace and Lofts (DR)</b> 4:30 Linda on Piano (DR)</p>	<p>9:00 Sit To Be Fit (SG) <b>31</b></p> <p><b>9:30 Shopping at Winco, Walgreens, Dollar Tree, Target, and Safeway</b></p> <p>10:00 Alzheimer's and Dementia Caregiver Support Group (Tht) 10:00 Chair Massage Therapy - Sign up at the Front Desk. \$20 (ECU) 10:30 Beanbag Baseball Teams A &amp; B (SG) 11:15 Grief Support Group (Tht) <b>12:30 Bus to Vancouver Mall. RSVP</b> <b>1:00 Glenwood Choir (Tht)</b> 1:00 Wii Bowling (SG) 2:30 Happy Hour with Emmy Horowitz (DR) 6:00 Friday Night Movie - "Armstrong" (2019) DOCUMENTARY 1h 40min (Tht)</p>	

## Room Key

(AR) = Activity Room	(AR) = Activity Room 2nd Floor Lodge	(BQ) = Buffet Dining Room	(CR) = Card Room, 3rd Floor Lodge	(COMP) = Computer Room	(CY) = Courtyard	(Cue) = Cue Room, 3rd Floor Lodge
(DR) = Dining Room	(ECU) = ECU Activity Room	(Lbal) = Lodge Balcony 2nd Floor	(Lbal) = Lodge Balcony, 2nd Floor	(DR) = Lodge Dining Room	(LG) = Lodge Gardens	(LLB) = Lodge Library
(LL) = Lodge Lobby	(MR) = Mailroom	(P) = Plaza Community Room	(P) = Plaza Community Room, 2nd floor	(PG) = Plaza Garage	(PP) = Pool Patio	(SP) = Pool Room, Lodge
(SG) = Sky Gym	(SR) = Spa Room, 2nd floor Lodge	(TP) = Terrace Front Patio	(TL) = Terrace Lobby	(TP) = Terrace Lobby/Front Patio Area	(Tht) = Theater	



# Glenwood Place Calendar

# JANUARY 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>DOCTOR DAYS TUESDAYS</b> West of ANDRESEN Road. Salmon Creek, Hazel Dell, Downtown Vancouver &amp; the VA.</p> <p><b>THURSDAYS</b> East of ANDRESEN Road. 87<sup>th</sup> Ave, Cascade Park, Fisher's Landing, Orchards Mall</p>	<p><b>All outings are highlighted in YELLOW.</b></p> <p>Sign up for these events at the front desk. If bus is full, please add your name to the waiting list</p>	<p>Glenwood Place 5500 NE 82nd Ave. Vancouver, WA 98662 (360) 892-1100</p> <p>Email Activities <a href="mailto:navdienko@glenwoodplace.net">navdienko@glenwoodplace.net</a></p>	<p>9:00 Rhythm Reaction Fitness (SG) <b>1</b></p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby)</p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Open Cribbage (CR)</p> <p>1:00 Shopping at Fred Meyer</p> <p>2:00 Rose Bowl on the Big Screen - Ducks vs. Badgers. Pizza &amp; Soda Provided!!! (P)</p> <p>5:45 Rummy Q (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>2</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>11:00 History Talks with John Griffin (Tht)</p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag C &amp; D (SG)</p> <p>1:00 Five Crowns Game (TL)</p> <p>1:00 Open Pool (SP)</p> <p>1:00 Activity Calendar Forum with Nick (Tht)</p> <p>2:30 Glentucky Derby Horse Races (Tht)</p> <p>3:00 Tai-Chi (P)</p> <p>4:30 Linda on Piano (DR)</p> <p>4:45 Supper Outing to Cameo Cafe. RSVP. Limited Seating</p>	<p>9:00 Sit To Be Fit (SG) <b>3</b></p> <p>9:30 Shopping at Winco, Walgreens, Dollar Tree, Target, and Safeway</p> <p>10:00 Chair Massage Therapy - \$20 (ECU)</p> <p>10:30 Brain Games (Tht)</p> <p>10:30 Beanbag A &amp; B (SG)</p> <p>12:30 Bus to Vanc Mall RSVP</p> <p>1:00 Glenwood Choir (Tht)</p> <p>1:00 Wii Bowling (SG)</p> <p>2:30 Happy Hour with Monte Watters (DR)</p> <p>6:00 No Friday Movie (Tht)</p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>4</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p>10:30 Saturday Morning with Madeline (SG)</p> <p>11:00 Sewing Lady - Mending and hemming at a reasonable rate (MR)</p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p>1:00 Symphony Saturday - Yuja Wang performs Schubert and Schumann (Tht)</p> <p>2:30 BINGO (DR)</p> <p>6:00 No Saturday Night Movie (Tht)</p>
<p>8:20 Bus to Columbia Presbyterian <b>5</b></p> <p>8:20 Bus to St Joseph's. RSVP</p> <p>8:20 Bus to St. Paul Lutheran</p> <p>9:00 Bus to Immanuel Lutheran</p> <p>9:20 Bus to First Presbyterian</p> <p>9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht)</p> <p>1:00 Open Scrabble (P)</p> <p>1:00 Sunday Movie - "McFarland, USA" (2015) PG 2h 9min (Tht)</p> <p>1:30 Open Hand in Foot Card Game (CR)</p> <p>2:00 Episcopal Communion (ECU)</p> <p>3:00 First Christian Church Service (DR)</p> <p>3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge)</p> <p>5:45 Rummy Q in the Lofts (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>6</b></p> <p>9:30 Casino Outing to Ilani Casino - RSVP Bring \$</p> <p>9:30 Sit to be Fit in the Lofts (Lofts Lobby)</p> <p>9:30 Threading Needles (AR)</p> <p>10:30 "People and Stories" Reading Group (LLB)</p> <p>10:30 Computer Lab - Bring your laptop, phone, or tablet and get your questions answered. (COMP)</p> <p>12:30 Blood Pressures Reading for Plaza residents (P)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Monday Movie - "Cinema Paradiso" (1988) FOREIGN FILM - RATED R 2h 35min (Tht)</p> <p>1:00 Open Bridge (CR)</p> <p>1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p>3:00 Tai-Chi (P)</p> <p>5:45 Bunco with Vicki. RSVP with Vicki (P)</p> <p>6:30 Bible Study (ECU)</p> <p>6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>7</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:00 Glenwood Theater Rehearsal (Tht)</p> <p>10:00 NEW - Kitchen Tours. RSVP at the Front Desk. Meet in the Lobby (LL)</p> <p>10:30 Beach Ball Toss (in the Sky Gym)</p> <p>1:00 Beanbag Teams B &amp; D (SG)</p> <p>1:00 Farkle with Vicki (P)</p> <p>1:00 Open Pool (SP)</p> <p>1:00 Watercolor with Becky (AR)</p> <p>2:00 NEW - Kitchen Tours. RSVP at the Front Desk. Meet in the Lobby (LL)</p> <p>2:30 BINGO (DR)</p> <p>3:00 Happy Hour with William Spilette (P)</p> <p>6:00 Rock Painting (AR)</p> <p>6:30 Hymn Sing-A-Long (P)</p> <p>7:00 Open Poker (CR)</p>	<p>8:00 Pedicures with Dawn - Cost is \$25, pay her. Sign up at the front desk for a time slot. (AR) <b>8</b></p> <p>9:00 Rhythm Reaction Fitness (SG)</p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby)</p> <p>9:30 Veteran's Group (Tht)</p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Language Club - Want to Learn Sign Language? One of our residents will be teaching! (COMP)</p> <p>1:00 Open Cribbage (CR)</p> <p>1:00 Red Hat Ladies - Tea &amp; Movie (Tht)</p> <p>1:00 Shopping at Fred Meyer</p> <p>5:45 Rummy Q (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>9</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:30 Health Talks with Sabrina (Tht)</p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag Baseball Teams C &amp; D (SG)</p> <p>1:00 Open Pool (SP)</p> <p>1:00 Po-Ke-No Card Game with Vicki (TL)</p> <p>2:30 Bingo Auction - Bring Your Bingo Bucks to Bid on Some Great Prizes (In the Dining Room)</p> <p>3:00 Tai-Chi - Moving for Better Balance (P)</p> <p>4:30 Linda on Piano (DR)</p> <p>4:30 Supper Outing to The Hammond Kitchen &amp; Craft Bar in Camas. RSVP</p>	<p>9:00 Sit To Be Fit (SG) <b>10</b></p> <p>9:30 Shopping trip: - Walmart, Trader Joe's, Fred Meyer (RSVP at the front desk.)</p> <p>10:00 Alzheimer's and Dementia Caregiver Support Group (Tht)</p> <p>10:00 Chair Massage Therapy - Sign up at the Front Desk. \$20 (ECU)</p> <p>10:30 Beanbag Teams A &amp; B (SG)</p> <p>11:15 Grief Support Group (Tht)</p> <p>12:30 Bus to Vanc Mall RSVP</p> <p>12:30 Glenwood Choir (Tht)</p> <p>1:00 Wii Bowling (SG)</p> <p>1:30 Residents Association Meeting (DR)</p> <p>2:30 Happy Hour with Karen Overton (DR)</p> <p>6:00 No Friday Movie</p> <p>7:00 Performance - The Dynamic Duo of Reno and Cindy Hollar. Great dancing music and songs (DR)</p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>11</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p>10:30 Saturday Morning with Madeline (SG)</p> <p>1:00 All the World's a Zoo (Tht)</p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p>2:00 Encore Performance - More Music with Reno and Cindy Hollar (DR)</p> <p>6:00 Saturday Night Movie - "Downton Abbey" (2019) PG 2h 2min (Tht)</p>
<p>8:20 Bus to Columbia Presbyterian <b>12</b></p> <p>8:20 Bus to St Joseph's. RSVP</p> <p>8:20 Bus to St. Paul Lutheran</p> <p>9:00 Bus to Immanuel Lutheran</p> <p>9:20 Bus to First Presbyterian</p> <p>9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht)</p> <p>1:00 Open Scrabble (P)</p> <p>1:00 Sunday Movie - "Larger Than Life" (1996) PG 1h 33min (Tht)</p> <p>1:30 Open Hand in Foot Card Game (CR)</p> <p>3:00 Open Boggle (Cue Room)</p> <p>5:45 Rummy Q (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>13</b></p> <p>9:30 Sit to be Fit (Lofts Lobby)</p> <p>9:30 Threading Needles (AR)</p> <p>10:30 Music Therapy with Dan (Tht)</p> <p>10:45 Lunch Outing to Red Lobster. RSVP</p> <p>12:30 Blood Pressures (P)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Monday Movie - "The Two Popes" (2019) PG-13 2h 5min (Tht)</p> <p>1:00 Open Bridge (CR)</p> <p>1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p>1:30 Outing to Local Thrift Stores. RSVP</p> <p>2:00 Bulletin Board Crafters - (AR)</p> <p>3:00 Tai-Chi (P)</p> <p>6:30 Bible Study (ECU)</p> <p>6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>14</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:00 Glenwood Theater Open House - Come join the Acting Group! (Tht)</p> <p>10:30 Beach Ball Toss (in the Sky Gym)</p> <p>1:00 Beanbag Baseball Teams B &amp; D (SG)</p> <p>1:00 Open Pool (SP)</p> <p>2:30 BINGO (DR)</p> <p>3:00 Happy Hour with Pianist Diome Alcomendac (P)</p> <p>6:00 Rock Painting (AR)</p> <p>6:30 Hymn Sing-A-Long (P)</p> <p>7:00 Open Poker (CR)</p>	<p>7:30 Women &amp; Men's Breakfast! Free. (7:30 - 8:30) (BQ) <b>15</b></p> <p>9:00 Rhythm Reaction (SG)</p> <p>9:30 "Sit to be Fit" (Lofts Lobby)</p> <p>9:30 Veteran's Group (Tht)</p> <p>10:30 Beanbag Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Open Cribbage (CR)</p> <p>1:00 Shopping at Fred Meyer</p> <p>2:30 Let's Play Jeopardy! (Tht)</p> <p>5:45 Rummy Q (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>16</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:30 Book Club hosted by Cynthia (ECU)</p> <p>11:00 History Talks with John Griffin (Tht)</p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag Teams C &amp; D (SG)</p> <p>1:00 5 Crowns Card Game (TL)</p> <p>1:00 Open Pool (SP)</p> <p>2:30 Glentucky Derby Horse Racing - Store is open! Bring your Derby Bucks (Tht)</p> <p>3:00 Tai-Chi (P)</p> <p>4:30 Linda on Piano (DR)</p> <p>4:30 Supper Outing to Patrick's Hawaiian Cafe. RSVP</p>	<p>9:00 Sit To Be Fit (SG) <b>17</b></p> <p>9:30 Shopping at Winco, Walgreens, Dollar Tree, Target, and Safeway</p> <p>10:00 Alzheimer's and Dementia Support Group (Tht)</p> <p>10:00 Chair Massage Therapy - \$20 (ECU)</p> <p>10:30 Beanbag Teams A &amp; B (SG)</p> <p>10:30 Headlines and Donuts (TL)</p> <p>11:15 Grief Support Group (Tht)</p> <p>12:30 Bus to Vanc Mall RSVP</p> <p>1:00 Glenwood Choir (Tht)</p> <p>1:00 Wii Bowling (SG)</p> <p>2:30 Happy Hour Mike Hart (DR)</p> <p>6:00 Friday Night Movie - "The Report" (2019) RATED R 1h 59min (Tht)</p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>18</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p>10:30 Saturday Morning with Madeline (SG)</p> <p>11:00 Sewing Lady - Mending and hemming at a reasonable rate (MR)</p> <p>1:00 Mystery Drive with Carroll. RSVP</p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p>1:00 Symphony Saturday - Rachmaninov, Piano Concerto No. 2 in C minor - Yuja Wang, Yuri Temirkanov (Tht)</p> <p>2:30 BINGO (DR)</p> <p>6:00 Saturday Night Movie - "Seven Brides for Seven Brothers" (1954) G 1h 42min (Tht)</p>

<p>8:20 Bus to Columbia Presbyterian <b>19</b></p> <p>8:20 Bus to St Joseph's. RSVP 8:20 Bus to St. Paul Lutheran 9:00 Bus to Immanuel Lutheran 9:20 Bus to First Presbyterian 9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht) 11:00 Cherie The Card Lady (LL) 1:00 Open Scrabble (P) 1:00 Sunday Movie - "Operation Dumbo Drop" (1995) PG 1h 47min (Tht) 1:30 Open Hand in Foot Card Game (CR) 2:00 Episcopal Communion (ECU) 3:00 Columbia Christian Church (DR) 3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge) 5:45 Rummy Q in the Lofts (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>20</b></p> <p>9:30 Sit to be Fit in the Lofts (Lofts Lobby)</p> <p><b>9:30 Tour of Pendleton Weaving Mill in Washougal. Limited Seating. Free</b></p> <p>9:30 Threading Needles (AR) 12:30 Blood Pressures Reading for Plaza residents (P) 1:00 Aqua Fitness (Pool Room) 1:00 Monday Movie - "Annie" (1982) PG 2h 7min (Tht) 1:00 Open Bridge (CR) 1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p><b>1:00 Tour of Pendleton Weaving Mill in Washougal. Limited Seating Free.</b></p> <p><b>2:00 Photo Fun with Rebecca! Bring your Camera or Smartphone and let's take photos! (Computer Lab)</b></p> <p>3:00 Tai-Chi - Moving for Better Balance (P) 6:30 Bible Study (ECU) 6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>21</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) 10:00 Glenwood Theater Rehearsal (Tht) 10:30 Beach Ball Toss (in the Sky Gym) 11:30 Free Eyeglass Clinic - eyeglass cleaning and adjustments (LL) 1:00 Beanbag Baseball Teams B &amp; D (SG) 1:00 Farkle with Vicki (P) 1:00 Open Pool (SP) 2:30 BINGO (DR) 3:00 Happy Hour with Stan Lasley (P) 6:30 Hymn Sing-A-Long (P) 7:00 Open Poker (CR)</p> <p><b>7:00 Beanbag Baseball Banquet – Fried Chicken Dinner, drinks, and the award ceremony. Limited to one guest. RSVP. (DR)</b></p>	<p>9:00 Rhythm Reaction Fitness (SG) <b>22</b></p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby) 9:30 Veteran's Group (Tht) 10:30 Beanbag Baseball Teams A &amp; C (SG) 11:30 Jerlean on Piano (DR) 12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby) 1:00 Aqua Fitness (Pool Room) 1:00 Open Cribbage (CR) <b>1:00 Shopping at Fred Meyer</b> <b>2:30 Readings with Nick - Come listen to humorous stories from various popular authors (Tht)</b> 5:45 Rummy Q in the Lofts (Lofts Lobby) 6:30 Bridge (CR) 6:30 Open Pinochle Card Game (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>23</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) <b>10:30 Health Talks with Sabrina (Tht)</b> 12:30 Blood Pressure Reading for Terrace Residents (TL) 1:00 Beanbag Baseball Teams C &amp; D (SG) 1:00 Open Pool (SP) <b>1:00 Po-Ke-No Card Game with Vicki (TL)</b> 2:00 Life Goes On Support Group - with St. Luke's Episcopal Church (ECU) 2:30 BINGO (DR) 3:00 Tai-Chi - Moving for Better Balance (P) 4:30 Linda on Piano (DR) <b>4:30 Supper Outing to Golden City Restaurant. RSVP</b></p>	<p>9:00 Sit To Be Fit (SG) <b>24</b></p> <p><b>9:30 Shopping trip: - Walmart, Trader Joe's, Fred Meyer (RSVP at the front desk.)</b></p> <p>10:00 Chair Massage Therapy - Sign up at the Front Desk. \$20 (ECU) <b>10:30 Ted Talks (Tht)</b> 10:30 Beanbag Baseball Teams A &amp; B (SG) 12:30 Bus to Vancouver Mall. RSVP 1:00 Glenwood Choir (Tht) 1:00 Wii Bowling (SG) <b>2:30 Come Celebrate Chinese New Year with Shelly Voight (DR)</b> 6:00 Friday Night Movie - "Born Free" (1966) PG 1h 35min (Tht)</p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>25</b></p> <p>10:30 Open Chess &amp; Checkers (CR) 10:30 Saturday Morning with Madeline (SG) <b>1:00 5 Minute Mysteries - Entertaining stumpers will sharpen your powers of observation and test your deductive skills (Tht)</b> 1:00 Open Billiards (Cue Room 3rd Floor Lodge) <b>1:30 Outing to the Vancouver Symphony (Admission \$40)</b> 2:30 BINGO (DR) 6:00 Saturday Night Movie - "For Me and My Gal" (1942) 1h 44min (Tht)</p>
<p>8:20 Bus to Columbia Presbyterian <b>26</b></p> <p>8:20 Bus to St Joseph's. RSVP 8:20 Bus to St. Paul Lutheran 9:00 Bus to Immanuel Lutheran 9:20 Bus to First Presbyterian 9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht) 1:00 Open Scrabble (P) 1:00 Sunday Movie - "The Wild Country" (1970) G 1h 40min (Tht) 1:30 Open Hand in Foot Card Game (CR) 3:00 Hymns &amp; Devotions with Ron &amp; Donna (DR) 3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge) 5:45 Rummy Q in the Lofts (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>27</b></p> <p>9:30 Sit to be Fit in the Lofts (Lofts Lobby) 9:30 Threading Needles (AR) <b>10:30 Lunch Outing to Kitchen Table Cafe. RSVP</b></p> <p>10:30 Music Therapy with Dan - Join us for sing alongs and play instruments. (Tht) 12:30 Blood Pressures Reading for Plaza residents (P) 1:00 Aqua Fitness (Pool Room) 1:00 Monday Movie - "The Book Thief" (2013) PG-13 2h 11min (Tht) 1:00 Open Bridge (CR) 1:00 Open Farkle (Cue Room 3rd Floor Lodge) 2:00 Bulletin Board Crafters - come help decorate the bulletin boards with Rebecca! (AR) 3:00 Tai-Chi - Moving for Better Balance (P) 6:30 Bible Study (ECU) 6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>28</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) 10:00 Glenwood Theater Rehearsal (Tht) 10:30 Beach Ball Toss (in the Sky Gym) 1:00 Beanbag Baseball Teams B &amp; D (SG) 1:00 Open Pool (SP) 1:30 Classical Club with Terry. Must do if you are a music lover! (Tht) 2:30 BINGO (DR) 3:00 Happy Hour with Vladimir on Violin (P) 6:30 Hymn Sing-A-Long (P) <b>7:00 Bingo After Dark</b> 7:00 Open Poker (CR)</p>	<p>9:00 Rhythm Reaction Fitness (SG) <b>29</b></p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby) 9:30 Veteran's Group (Tht) <b>10:00 Outing to Fort Vancouver High School for their Community Love Lunch. Free. RSVP</b></p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG) 11:30 Jerlean on Piano (DR) 12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby) 1:00 Aqua Fitness (Pool Room) 1:00 Open Cribbage (CR) <b>1:00 Shopping at Fred Meyer</b> <b>2:30 Brain Games (Tht)</b> 4:00 Linda on Piano (DR) <b>4:00 Lodge Birthday Dinner - RSVP at the Front Desk (DR)</b> 5:45 Rummy Q in the Lofts (Lofts Lobby) 6:30 Bridge (CR) 6:30 Open Pinochle Card Game (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>30</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) <b>10:30 Film Appreciation with Nick - Come explore the aesthetics of cinema, the concepts behind storytelling and various elements of a film (Tht)</b> 12:30 Blood Pressure Reading for Terrace Residents (TL) 1:00 Beanbag Baseball Teams C &amp; D (SG) 1:00 Open Pool (SP) 2:30 BINGO (DR) 3:00 Tai-Chi - Moving for Better Balance (P) <b>4:00 Birthday Dinner for the Plaza, Terrace and Lofts (DR)</b> 4:30 Linda on Piano (DR)</p>	<p>9:00 Sit To Be Fit (SG) <b>31</b></p> <p><b>9:30 Shopping at Winco, Walgreens, Dollar Tree, Target, and Safeway</b></p> <p>10:00 Alzheimer's and Dementia Caregiver Support Group (Tht) 10:00 Chair Massage Therapy - Sign up at the Front Desk. \$20 (ECU) 10:30 Beanbag Baseball Teams A &amp; B (SG) 11:15 Grief Support Group (Tht) <b>12:30 Bus to Vancouver Mall. RSVP</b> <b>1:00 Glenwood Choir (Tht)</b> 1:00 Wii Bowling (SG) 2:30 Happy Hour with Emmy Horowitz (DR) 6:00 Friday Night Movie - "Armstrong" (2019) DOCUMENTARY 1h 40min (Tht)</p>	

## Room Key

(AR) = Activity Room	(AR) = Activity Room 2nd Floor Lodge	(BQ) = Buffet Dining Room	(CR) = Card Room, 3rd Floor Lodge	(COMP) = Computer Room	(CY) = Courtyard	(Cue) = Cue Room, 3rd Floor Lodge
(DR) = Dining Room	(ECU) = ECU Activity Room	(Lbal) = Lodge Balcony 2nd Floor	(Lbal) = Lodge Balcony, 2nd Floor	(DR) = Lodge Dining Room	(LG) = Lodge Gardens	(LLB) = Lodge Library
(LL) = Lodge Lobby	(MR) = Mailroom	(P) = Plaza Community Room	(P) = Plaza Community Room, 2nd floor	(PG) = Plaza Garage	(PP) = Pool Patio	(SP) = Pool Room, Lodge
(SG) = Sky Gym	(SR) = Spa Room, 2nd floor Lodge	(TP) = Terrace Front Patio	(TL) = Terrace Lobby	(TP) = Terrace Lobby/Front Patio Area	(Tht) = Theater	



# Glenwood Place Calendar

# JANUARY 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>DOCTOR DAYS TUESDAYS</b> West of ANDRESEN Road. Salmon Creek, Hazel Dell, Downtown Vancouver &amp; the VA.</p> <p><b>THURSDAYS</b> East of ANDRESEN Road. 87<sup>th</sup> Ave, Cascade Park, Fisher's Landing, Orchards Mall</p>	<p><b>All outings are highlighted in YELLOW.</b></p> <p><b>Sign up for these events at the front desk. If bus is full, please add your name to the waiting list</b></p>	<p>Glenwood Place 5500 NE 82nd Ave. Vancouver, WA 98662 (360) 892-1100</p> <p><b>Email Activities</b> <a href="mailto:navdienko@glenwoodplace.net">navdienko@glenwoodplace.net</a></p>	<p>9:00 Rhythm Reaction Fitness (SG) <b>1</b></p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby)</p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Open Cribbage (CR)</p> <p><b>1:00 Shopping at Fred Meyer</b></p> <p><b>2:00 Rose Bowl on the Big Screen - Ducks vs. Badgers. Pizza &amp; Soda Provided!!! (P)</b></p> <p>5:45 Rummy Q (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>2</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p><b>11:00 History Talks with John Griffin (Tht)</b></p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag C &amp; D (SG)</p> <p>1:00 Five Crowns Game (TL)</p> <p>1:00 Open Pool (SP)</p> <p><b>1:00 Activity Calendar Forum with Nick (Tht)</b></p> <p>2:30 Glentucky Derby Horse Races (Tht)</p> <p>3:00 Tai-Chi (P)</p> <p>4:30 Linda on Piano (DR)</p> <p><b>4:45 Supper Outing to Cameo Cafe. RSVP. Limited Seating</b></p>	<p>9:00 Sit To Be Fit (SG) <b>3</b></p> <p><b>9:30 Shopping at Winco, Walgreens, Dollar Tree, Target, and Safeway</b></p> <p>10:00 Chair Massage Therapy - \$20 (ECU)</p> <p><b>10:30 Brain Games (Tht)</b></p> <p>10:30 Beanbag A &amp; B (SG)</p> <p><b>12:30 Bus to Vanc Mall RSVP</b></p> <p>1:00 Glenwood Choir (Tht)</p> <p>1:00 Wii Bowling (SG)</p> <p><b>2:30 Happy Hour with Monte Watters (DR)</b></p> <p><b>6:00 No Friday Movie (Tht)</b></p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>4</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p><b>10:30 Saturday Morning with Madeline (SG)</b></p> <p>11:00 Sewing Lady - Mending and hemming at a reasonable rate (MR)</p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p>1:00 Symphony Saturday - Yuja Wang performs Schubert and Schumann (Tht)</p> <p>2:30 BINGO (DR)</p> <p><b>6:00 No Saturday Night Movie (Tht)</b></p>
<p>8:20 Bus to Columbia Presbyterian <b>5</b></p> <p>8:20 Bus to St Joseph's. RSVP</p> <p>8:20 Bus to St. Paul Lutheran</p> <p>9:00 Bus to Immanuel Lutheran</p> <p>9:20 Bus to First Presbyterian</p> <p>9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht)</p> <p>1:00 Open Scrabble (P)</p> <p>1:00 Sunday Movie - "McFarland, USA" (2015) PG 2h 9min (Tht)</p> <p>1:30 Open Hand in Foot Card Game (CR)</p> <p>2:00 Episcopal Communion (ECU)</p> <p>3:00 First Christian Church Service (DR)</p> <p>3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge)</p> <p>5:45 Rummy Q in the Lofts (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>6</b></p> <p><b>9:30 Casino Outing to Ilani Casino - RSVP Bring \$</b></p> <p>9:30 Sit to be Fit in the Lofts (Lofts Lobby)</p> <p>9:30 Threading Needles (AR)</p> <p>10:30 "People and Stories" Reading Group (LLB)</p> <p>10:30 Computer Lab - Bring your laptop, phone, or tablet and get your questions answered. (COMP)</p> <p>12:30 Blood Pressures Reading for Plaza residents (P)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Monday Movie - "Cinema Paradiso" (1988) FOREIGN FILM - RATED R 2h 35min (Tht)</p> <p>1:00 Open Bridge (CR)</p> <p>1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p>3:00 Tai-Chi (P)</p> <p>5:45 Bunco with Vicki. RSVP with Vicki (P)</p> <p>6:30 Bible Study (ECU)</p> <p>6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>7</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:00 Glenwood Theater Rehearsal (Tht)</p> <p><b>10:00 NEW - Kitchen Tours. RSVP at the Front Desk. Meet in the Lobby (LL)</b></p> <p>10:30 Beach Ball Toss (in the Sky Gym)</p> <p>1:00 Beanbag Teams B &amp; D (SG)</p> <p>1:00 Farkle with Vicki (P)</p> <p>1:00 Open Pool (SP)</p> <p>1:00 Watercolor with Becky (AR)</p> <p><b>2:00 NEW - Kitchen Tours. RSVP at the Front Desk. Meet in the Lobby (LL)</b></p> <p>2:30 BINGO (DR)</p> <p>3:00 Happy Hour with William Spilette (P)</p> <p>6:00 Rock Painting (AR)</p> <p>6:30 Hymn Sing-A-Long (P)</p> <p>7:00 Open Poker (CR)</p>	<p>8:00 Pedicures with Dawn - Cost is \$25, pay her. Sign up at the front desk for a time slot. (AR) <b>8</b></p> <p>9:00 Rhythm Reaction Fitness (SG)</p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby)</p> <p>9:30 Veteran's Group (Tht)</p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Language Club - Want to Learn Sign Language? One of our residents will be teaching! (COMP)</p> <p>1:00 Open Cribbage (CR)</p> <p><b>1:00 Red Hat Ladies - Tea &amp; Movie (Tht)</b></p> <p><b>1:00 Shopping at Fred Meyer</b></p> <p>5:45 Rummy Q (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>9</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p><b>10:30 Health Talks with Sabrina (Tht)</b></p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag Baseball Teams C &amp; D (SG)</p> <p>1:00 Open Pool (SP)</p> <p><b>1:00 Po-Ke-No Card Game with Vicki (TL)</b></p> <p><b>2:30 Bingo Auction - Bring Your Bingo Bucks to Bid on Some Great Prizes (In the Dining Room)</b></p> <p>3:00 Tai-Chi - Moving for Better Balance (P)</p> <p>4:30 Linda on Piano (DR)</p> <p><b>4:30 Supper Outing to The Hammond Kitchen &amp; Craft Bar in Camas. RSVP</b></p>	<p>9:00 Sit To Be Fit (SG) <b>10</b></p> <p><b>9:30 Shopping trip: - Walmart, Trader Joe's, Fred Meyer (RSVP at the front desk.)</b></p> <p>10:00 Alzheimer's and Dementia Caregiver Support Group (Tht)</p> <p>10:00 Chair Massage Therapy - Sign up at the Front Desk. \$20 (ECU)</p> <p>10:30 Beanbag Teams A &amp; B (SG)</p> <p>11:15 Grief Support Group (Tht)</p> <p><b>12:30 Bus to Vanc Mall RSVP</b></p> <p><b>12:30 Glenwood Choir (Tht)</b></p> <p>1:00 Wii Bowling (SG)</p> <p><b>1:30 Residents Association Meeting (DR)</b></p> <p>2:30 Happy Hour with Karen Overton (DR)</p> <p>6:00 No Friday Movie</p> <p><b>7:00 Performance - The Dynamic Duo of Reno and Cindy Hollar. Great dancing music and songs (DR)</b></p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>11</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p>10:30 Saturday Morning with Madeline (SG)</p> <p><b>1:00 All the World's a Zoo (Tht)</b></p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p><b>2:00 Encore Performance - More Music with Reno and Cindy Hollar (DR)</b></p> <p>6:00 Saturday Night Movie - "Downton Abbey" (2019) PG 2h 2min (Tht)</p>
<p>8:20 Bus to Columbia Presbyterian <b>12</b></p> <p>8:20 Bus to St Joseph's. RSVP</p> <p>8:20 Bus to St. Paul Lutheran</p> <p>9:00 Bus to Immanuel Lutheran</p> <p>9:20 Bus to First Presbyterian</p> <p>9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht)</p> <p>1:00 Open Scrabble (P)</p> <p>1:00 Sunday Movie - "Larger Than Life" (1996) PG 1h 33min (Tht)</p> <p>1:30 Open Hand in Foot Card Game (CR)</p> <p>3:00 Open Boggle (Cue Room)</p> <p>5:45 Rummy Q (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>13</b></p> <p>9:30 Sit to be Fit (Lofts Lobby)</p> <p>9:30 Threading Needles (AR)</p> <p>10:30 Music Therapy with Dan (Tht)</p> <p><b>10:45 Lunch Outing to Red Lobster. RSVP</b></p> <p>12:30 Blood Pressures (P)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Monday Movie - "The Two Popes" (2019) PG-13 2h 5min (Tht)</p> <p>1:00 Open Bridge (CR)</p> <p>1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p><b>1:30 Outing to Local Thrift Stores. RSVP</b></p> <p>2:00 Bulletin Board Crafters - (AR)</p> <p>3:00 Tai-Chi (P)</p> <p>6:30 Bible Study (ECU)</p> <p>6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>14</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p><b>10:00 Glenwood Theater Open House - Come join the Acting Group! (Tht)</b></p> <p>10:30 Beach Ball Toss (in the Sky Gym)</p> <p>1:00 Beanbag Baseball Teams B &amp; D (SG)</p> <p>1:00 Open Pool (SP)</p> <p>2:30 BINGO (DR)</p> <p>3:00 Happy Hour with Pianist Diome Alcomendac (P)</p> <p>6:00 Rock Painting (AR)</p> <p>6:30 Hymn Sing-A-Long (P)</p> <p>7:00 Open Poker (CR)</p>	<p>7:30 Women &amp; Men's Breakfast! Free. (7:30 - 8:30) (BQ) <b>15</b></p> <p>9:00 Rhythm Reaction (SG)</p> <p>9:30 "Sit to be Fit" (Lofts Lobby)</p> <p>9:30 Veteran's Group (Tht)</p> <p>10:30 Beanbag Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Open Cribbage (CR)</p> <p><b>1:00 Shopping at Fred Meyer</b></p> <p><b>2:30 Let's Play Jeopardy! (Tht)</b></p> <p>5:45 Rummy Q (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>16</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:30 Book Club hosted by Cynthia (ECU)</p> <p>11:00 History Talks with John Griffin (Tht)</p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag Teams C &amp; D (SG)</p> <p>1:00 5 Crowns Card Game (TL)</p> <p>1:00 Open Pool (SP)</p> <p><b>2:30 Glentucky Derby Horse Racing - Store is open! Bring your Derby Bucks (Tht)</b></p> <p>3:00 Tai-Chi (P)</p> <p>4:30 Linda on Piano (DR)</p> <p><b>4:30 Supper Outing to Patrick's Hawaiian Cafe. RSVP</b></p>	<p>9:00 Sit To Be Fit (SG) <b>17</b></p> <p><b>9:30 Shopping at Winco, Walgreens, Dollar Tree, Target, and Safeway</b></p> <p>10:00 Alzheimer's and Dementia Support Group (Tht)</p> <p>10:00 Chair Massage Therapy - \$20 (ECU)</p> <p>10:30 Beanbag Teams A &amp; B (SG)</p> <p><b>10:30 Headlines and Donuts (TL)</b></p> <p>11:15 Grief Support Group (Tht)</p> <p><b>12:30 Bus to Vanc Mall RSVP</b></p> <p>1:00 Glenwood Choir (Tht)</p> <p>1:00 Wii Bowling (SG)</p> <p>2:30 Happy Hour Mike Hart (DR)</p> <p>6:00 Friday Night Movie - "The Report" (2019) RATED R 1h 59min (Tht)</p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>18</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p>10:30 Saturday Morning with Madeline (SG)</p> <p>11:00 Sewing Lady - Mending and hemming at a reasonable rate (MR)</p> <p><b>1:00 Mystery Drive with Carroll. RSVP</b></p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p>1:00 Symphony Saturday - Rachmaninov, Piano Concerto No. 2 in C minor - Yuja Wang, Yuri Temirkanov (Tht)</p> <p>2:30 BINGO (DR)</p> <p>6:00 Saturday Night Movie - "Seven Brides for Seven Brothers" (1954) G 1h 42min (Tht)</p>

<p>8:20 Bus to Columbia Presbyterian <b>19</b></p> <p>8:20 Bus to St Joseph's. RSVP 8:20 Bus to St. Paul Lutheran 9:00 Bus to Immanuel Lutheran 9:20 Bus to First Presbyterian 9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht) 11:00 Cherie The Card Lady (LL) 1:00 Open Scrabble (P) 1:00 Sunday Movie - "Operation Dumbo Drop" (1995) PG 1h 47min (Tht) 1:30 Open Hand in Foot Card Game (CR) 2:00 Episcopal Communion (ECU) 3:00 Columbia Christian Church (DR) 3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge) 5:45 Rummy Q in the Lofts (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>20</b></p> <p>9:30 Sit to be Fit in the Lofts (Lofts Lobby)</p> <p><b>9:30 Tour of Pendleton Weaving Mill in Washougal. Limited Seating. Free</b></p> <p>9:30 Threading Needles (AR) 12:30 Blood Pressures Reading for Plaza residents (P) 1:00 Aqua Fitness (Pool Room) 1:00 Monday Movie - "Annie" (1982) PG 2h 7min (Tht) 1:00 Open Bridge (CR) 1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p><b>1:00 Tour of Pendleton Weaving Mill in Washougal. Limited Seating Free.</b></p> <p><b>2:00 Photo Fun with Rebecca! Bring your Camera or Smartphone and let's take photos! (Computer Lab)</b></p> <p>3:00 Tai-Chi - Moving for Better Balance (P) 6:30 Bible Study (ECU) 6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>21</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) 10:00 Glenwood Theater Rehearsal (Tht) 10:30 Beach Ball Toss (in the Sky Gym) 11:30 Free Eyeglass Clinic - eyeglass cleaning and adjustments (LL) 1:00 Beanbag Baseball Teams B &amp; D (SG) 1:00 Farkle with Vicki (P) 1:00 Open Pool (SP) 2:30 BINGO (DR) 3:00 Happy Hour with Stan Lasley (P) 6:30 Hymn Sing-A-Long (P) 7:00 Open Poker (CR)</p> <p><b>7:00 Beanbag Baseball Banquet – Fried Chicken Dinner, drinks, and the award ceremony. Limited to one guest. RSVP. (DR)</b></p>	<p>9:00 Rhythm Reaction Fitness (SG) <b>22</b></p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby) 9:30 Veteran's Group (Tht) 10:30 Beanbag Baseball Teams A &amp; C (SG) 11:30 Jerlean on Piano (DR) 12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby) 1:00 Aqua Fitness (Pool Room) 1:00 Open Cribbage (CR) <b>1:00 Shopping at Fred Meyer</b> <b>2:30 Readings with Nick - Come listen to humorous stories from various popular authors (Tht)</b> 5:45 Rummy Q in the Lofts (Lofts Lobby) 6:30 Bridge (CR) 6:30 Open Pinochle Card Game (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>23</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) <b>10:30 Health Talks with Sabrina (Tht)</b> 12:30 Blood Pressure Reading for Terrace Residents (TL) 1:00 Beanbag Baseball Teams C &amp; D (SG) 1:00 Open Pool (SP) <b>1:00 Po-Ke-No Card Game with Vicki (TL)</b> 2:00 Life Goes On Support Group - with St. Luke's Episcopal Church (ECU) 2:30 BINGO (DR) 3:00 Tai-Chi - Moving for Better Balance (P) 4:30 Linda on Piano (DR) <b>4:30 Supper Outing to Golden City Restaurant. RSVP</b></p>	<p>9:00 Sit To Be Fit (SG) <b>24</b></p> <p><b>9:30 Shopping trip: - Walmart, Trader Joe's, Fred Meyer (RSVP at the front desk.)</b></p> <p>10:00 Chair Massage Therapy - Sign up at the Front Desk. \$20 (ECU) <b>10:30 Ted Talks (Tht)</b> 10:30 Beanbag Baseball Teams A &amp; B (SG) 12:30 Bus to Vancouver Mall. RSVP 1:00 Glenwood Choir (Tht) 1:00 Wii Bowling (SG) <b>2:30 Come Celebrate Chinese New Year with Shelly Voight (DR)</b> 6:00 Friday Night Movie - "Born Free" (1966) PG 1h 35min (Tht)</p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>25</b></p> <p>10:30 Open Chess &amp; Checkers (CR) 10:30 Saturday Morning with Madeline (SG) <b>1:00 5 Minute Mysteries - Entertaining stumpers will sharpen your powers of observation and test your deductive skills (Tht)</b> 1:00 Open Billiards (Cue Room 3rd Floor Lodge) <b>1:30 Outing to the Vancouver Symphony (Admission \$40)</b> 2:30 BINGO (DR) 6:00 Saturday Night Movie - "For Me and My Gal" (1942) 1h 44min (Tht)</p>
<p>8:20 Bus to Columbia Presbyterian <b>26</b></p> <p>8:20 Bus to St Joseph's. RSVP 8:20 Bus to St. Paul Lutheran 9:00 Bus to Immanuel Lutheran 9:20 Bus to First Presbyterian 9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht) 1:00 Open Scrabble (P) 1:00 Sunday Movie - "The Wild Country" (1970) G 1h 40min (Tht) 1:30 Open Hand in Foot Card Game (CR) 3:00 Hymns &amp; Devotions with Ron &amp; Donna (DR) 3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge) 5:45 Rummy Q in the Lofts (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>27</b></p> <p>9:30 Sit to be Fit in the Lofts (Lofts Lobby) 9:30 Threading Needles (AR) <b>10:30 Lunch Outing to Kitchen Table Cafe. RSVP</b></p> <p>10:30 Music Therapy with Dan - Join us for sing alongs and play instruments. (Tht) 12:30 Blood Pressures Reading for Plaza residents (P) 1:00 Aqua Fitness (Pool Room) 1:00 Monday Movie - "The Book Thief" (2013) PG-13 2h 11min (Tht) 1:00 Open Bridge (CR) 1:00 Open Farkle (Cue Room 3rd Floor Lodge) 2:00 Bulletin Board Crafters - come help decorate the bulletin boards with Rebecca! (AR) 3:00 Tai-Chi - Moving for Better Balance (P) 6:30 Bible Study (ECU) 6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>28</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) 10:00 Glenwood Theater Rehearsal (Tht) 10:30 Beach Ball Toss (in the Sky Gym) 1:00 Beanbag Baseball Teams B &amp; D (SG) 1:00 Open Pool (SP) 1:30 Classical Club with Terry. Must do if you are a music lover! (Tht) 2:30 BINGO (DR) 3:00 Happy Hour with Vladimir on Violin (P) 6:30 Hymn Sing-A-Long (P) <b>7:00 Bingo After Dark</b> 7:00 Open Poker (CR)</p>	<p>9:00 Rhythm Reaction Fitness (SG) <b>29</b></p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby) 9:30 Veteran's Group (Tht) <b>10:00 Outing to Fort Vancouver High School for their Community Love Lunch. Free. RSVP</b></p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG) 11:30 Jerlean on Piano (DR) 12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby) 1:00 Aqua Fitness (Pool Room) 1:00 Open Cribbage (CR) <b>1:00 Shopping at Fred Meyer</b> <b>2:30 Brain Games (Tht)</b> 4:00 Linda on Piano (DR) <b>4:00 Lodge Birthday Dinner - RSVP at the Front Desk (DR)</b> 5:45 Rummy Q in the Lofts (Lofts Lobby) 6:30 Bridge (CR) 6:30 Open Pinochle Card Game (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>30</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) <b>10:30 Film Appreciation with Nick - Come explore the aesthetics of cinema, the concepts behind storytelling and various elements of a film (Tht)</b> 12:30 Blood Pressure Reading for Terrace Residents (TL) 1:00 Beanbag Baseball Teams C &amp; D (SG) 1:00 Open Pool (SP) 2:30 BINGO (DR) 3:00 Tai-Chi - Moving for Better Balance (P) <b>4:00 Birthday Dinner for the Plaza, Terrace and Lofts (DR)</b> 4:30 Linda on Piano (DR)</p>	<p>9:00 Sit To Be Fit (SG) <b>31</b></p> <p><b>9:30 Shopping at Winco, Walgreens, Dollar Tree, Target, and Safeway</b></p> <p>10:00 Alzheimer's and Dementia Caregiver Support Group (Tht) 10:00 Chair Massage Therapy - Sign up at the Front Desk. \$20 (ECU) 10:30 Beanbag Baseball Teams A &amp; B (SG) 11:15 Grief Support Group (Tht) <b>12:30 Bus to Vancouver Mall. RSVP</b> <b>1:00 Glenwood Choir (Tht)</b> 1:00 Wii Bowling (SG) 2:30 Happy Hour with Emmy Horowitz (DR) 6:00 Friday Night Movie - "Armstrong" (2019) DOCUMENTARY 1h 40min (Tht)</p>	

## Room Key

(AR) = Activity Room	(AR) = Activity Room 2nd Floor Lodge	(BQ) = Buffet Dining Room	(CR) = Card Room, 3rd Floor Lodge	(COMP) = Computer Room	(CY) = Courtyard	(Cue) = Cue Room, 3rd Floor Lodge
(DR) = Dining Room	(ECU) = ECU Activity Room	(Lbal) = Lodge Balcony 2nd Floor	(Lbal) = Lodge Balcony, 2nd Floor	(DR) = Lodge Dining Room	(LG) = Lodge Gardens	(LLB) = Lodge Library
(LL) = Lodge Lobby	(MR) = Mailroom	(P) = Plaza Community Room	(P) = Plaza Community Room, 2nd floor	(PG) = Plaza Garage	(PP) = Pool Patio	(SP) = Pool Room, Lodge
(SG) = Sky Gym	(SR) = Spa Room, 2nd floor Lodge	(TP) = Terrace Front Patio	(TL) = Terrace Lobby	(TP) = Terrace Lobby/Front Patio Area	(Tht) = Theater	



# Glenwood Place Calendar

# JANUARY 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>DOCTOR DAYS TUESDAYS</b> West of ANDRESEN Road. Salmon Creek, Hazel Dell, Downtown Vancouver &amp; the VA.</p> <p><b>THURSDAYS</b> East of ANDRESEN Road. 87<sup>th</sup> Ave, Cascade Park, Fisher's Landing, Orchards Mall</p>	<p><b>All outings are highlighted in YELLOW.</b></p> <p><b>Sign up for these events at the front desk. If bus is full, please add your name to the waiting list</b></p>	<p>Glenwood Place 5500 NE 82nd Ave. Vancouver, WA 98662 (360) 892-1100</p> <p><b>Email Activities</b> <a href="mailto:navdienko@glenwoodplace.net">navdienko@glenwoodplace.net</a></p>	<p>9:00 Rhythm Reaction Fitness (SG) <b>1</b></p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby)</p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Open Cribbage (CR)</p> <p><b>1:00 Shopping at Fred Meyer</b></p> <p><b>2:00 Rose Bowl on the Big Screen - Ducks vs. Badgers. Pizza &amp; Soda Provided!!! (P)</b></p> <p>5:45 Rummy Q (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>2</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p><b>11:00 History Talks with John Griffin (Tht)</b></p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag C &amp; D (SG)</p> <p>1:00 Five Crowns Game (TL)</p> <p>1:00 Open Pool (SP)</p> <p><b>1:00 Activity Calendar Forum with Nick (Tht)</b></p> <p>2:30 Glentucky Derby Horse Races (Tht)</p> <p>3:00 Tai-Chi (P)</p> <p>4:30 Linda on Piano (DR)</p> <p><b>4:45 Supper Outing to Cameo Cafe. RSVP. Limited Seating</b></p>	<p>9:00 Sit To Be Fit (SG) <b>3</b></p> <p><b>9:30 Shopping at Winco, Walgreens, Dollar Tree, Target, and Safeway</b></p> <p>10:00 Chair Massage Therapy - \$20 (ECU)</p> <p><b>10:30 Brain Games (Tht)</b></p> <p>10:30 Beanbag A &amp; B (SG)</p> <p><b>12:30 Bus to Vanc Mall RSVP</b></p> <p>1:00 Glenwood Choir (Tht)</p> <p>1:00 Wii Bowling (SG)</p> <p><b>2:30 Happy Hour with Monte Watters (DR)</b></p> <p><b>6:00 No Friday Movie (Tht)</b></p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>4</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p><b>10:30 Saturday Morning with Madeline (SG)</b></p> <p>11:00 Sewing Lady - Mending and hemming at a reasonable rate (MR)</p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p>1:00 Symphony Saturday - Yuja Wang performs Schubert and Schumann (Tht)</p> <p>2:30 BINGO (DR)</p> <p><b>6:00 No Saturday Night Movie (Tht)</b></p>
<p>8:20 Bus to Columbia Presbyterian <b>5</b></p> <p>8:20 Bus to St Joseph's. RSVP</p> <p>8:20 Bus to St. Paul Lutheran</p> <p>9:00 Bus to Immanuel Lutheran</p> <p>9:20 Bus to First Presbyterian</p> <p>9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht)</p> <p>1:00 Open Scrabble (P)</p> <p>1:00 Sunday Movie - "McFarland, USA" (2015) PG 2h 9min (Tht)</p> <p>1:30 Open Hand in Foot Card Game (CR)</p> <p>2:00 Episcopal Communion (ECU)</p> <p>3:00 First Christian Church Service (DR)</p> <p>3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge)</p> <p>5:45 Rummy Q in the Lofts (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>6</b></p> <p><b>9:30 Casino Outing to Ilani Casino - RSVP Bring \$</b></p> <p>9:30 Sit to be Fit in the Lofts (Lofts Lobby)</p> <p>9:30 Threading Needles (AR)</p> <p>10:30 "People and Stories" Reading Group (LLB)</p> <p>10:30 Computer Lab - Bring your laptop, phone, or tablet and get your questions answered. (COMP)</p> <p>12:30 Blood Pressures Reading for Plaza residents (P)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Monday Movie - "Cinema Paradiso" (1988) FOREIGN FILM - RATED R 2h 35min (Tht)</p> <p>1:00 Open Bridge (CR)</p> <p>1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p>3:00 Tai-Chi (P)</p> <p>5:45 Bunco with Vicki. RSVP with Vicki (P)</p> <p>6:30 Bible Study (ECU)</p> <p>6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>7</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:00 Glenwood Theater Rehearsal (Tht)</p> <p><b>10:00 NEW - Kitchen Tours. RSVP at the Front Desk. Meet in the Lobby (LL)</b></p> <p>10:30 Beach Ball Toss (in the Sky Gym)</p> <p>1:00 Beanbag Teams B &amp; D (SG)</p> <p>1:00 Farkle with Vicki (P)</p> <p>1:00 Open Pool (SP)</p> <p>1:00 Watercolor with Becky (AR)</p> <p><b>2:00 NEW - Kitchen Tours. RSVP at the Front Desk. Meet in the Lobby (LL)</b></p> <p>2:30 BINGO (DR)</p> <p>3:00 Happy Hour with William Spilette (P)</p> <p>6:00 Rock Painting (AR)</p> <p>6:30 Hymn Sing-A-Long (P)</p> <p>7:00 Open Poker (CR)</p>	<p>8:00 Pedicures with Dawn - Cost is \$25, pay her. Sign up at the front desk for a time slot. (AR) <b>8</b></p> <p>9:00 Rhythm Reaction Fitness (SG)</p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby)</p> <p>9:30 Veteran's Group (Tht)</p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Language Club - Want to Learn Sign Language? One of our residents will be teaching! (COMP)</p> <p>1:00 Open Cribbage (CR)</p> <p><b>1:00 Red Hat Ladies - Tea &amp; Movie (Tht)</b></p> <p><b>1:00 Shopping at Fred Meyer</b></p> <p>5:45 Rummy Q (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>9</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p><b>10:30 Health Talks with Sabrina (Tht)</b></p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag Baseball Teams C &amp; D (SG)</p> <p>1:00 Open Pool (SP)</p> <p><b>1:00 Po-Ke-No Card Game with Vicki (TL)</b></p> <p><b>2:30 Bingo Auction - Bring Your Bingo Bucks to Bid on Some Great Prizes (In the Dining Room)</b></p> <p>3:00 Tai-Chi - Moving for Better Balance (P)</p> <p>4:30 Linda on Piano (DR)</p> <p><b>4:30 Supper Outing to The Hammond Kitchen &amp; Craft Bar in Camas. RSVP</b></p>	<p>9:00 Sit To Be Fit (SG) <b>10</b></p> <p><b>9:30 Shopping trip: - Walmart, Trader Joe's, Fred Meyer (RSVP at the front desk.)</b></p> <p>10:00 Alzheimer's and Dementia Caregiver Support Group (Tht)</p> <p>10:00 Chair Massage Therapy - Sign up at the Front Desk. \$20 (ECU)</p> <p>10:30 Beanbag Teams A &amp; B (SG)</p> <p>11:15 Grief Support Group (Tht)</p> <p><b>12:30 Bus to Vanc Mall RSVP</b></p> <p><b>12:30 Glenwood Choir (Tht)</b></p> <p>1:00 Wii Bowling (SG)</p> <p><b>1:30 Residents Association Meeting (DR)</b></p> <p>2:30 Happy Hour with Karen Overton (DR)</p> <p>6:00 No Friday Movie</p> <p><b>7:00 Performance - The Dynamic Duo of Reno and Cindy Hollar. Great dancing music and songs (DR)</b></p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>11</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p>10:30 Saturday Morning with Madeline (SG)</p> <p><b>1:00 All the World's a Zoo (Tht)</b></p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p><b>2:00 Encore Performance - More Music with Reno and Cindy Hollar (DR)</b></p> <p>6:00 Saturday Night Movie - "Downton Abbey" (2019) PG 2h 2min (Tht)</p>
<p>8:20 Bus to Columbia Presbyterian <b>12</b></p> <p>8:20 Bus to St Joseph's. RSVP</p> <p>8:20 Bus to St. Paul Lutheran</p> <p>9:00 Bus to Immanuel Lutheran</p> <p>9:20 Bus to First Presbyterian</p> <p>9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht)</p> <p>1:00 Open Scrabble (P)</p> <p>1:00 Sunday Movie - "Larger Than Life" (1996) PG 1h 33min (Tht)</p> <p>1:30 Open Hand in Foot Card Game (CR)</p> <p>3:00 Open Boggle (Cue Room)</p> <p>5:45 Rummy Q (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>13</b></p> <p>9:30 Sit to be Fit (Lofts Lobby)</p> <p>9:30 Threading Needles (AR)</p> <p>10:30 Music Therapy with Dan (Tht)</p> <p><b>10:45 Lunch Outing to Red Lobster. RSVP</b></p> <p>12:30 Blood Pressures (P)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Monday Movie - "The Two Popes" (2019) PG-13 2h 5min (Tht)</p> <p>1:00 Open Bridge (CR)</p> <p>1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p><b>1:30 Outing to Local Thrift Stores. RSVP</b></p> <p>2:00 Bulletin Board Crafters - (AR)</p> <p>3:00 Tai-Chi (P)</p> <p>6:30 Bible Study (ECU)</p> <p>6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>14</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p><b>10:00 Glenwood Theater Open House - Come join the Acting Group! (Tht)</b></p> <p>10:30 Beach Ball Toss (in the Sky Gym)</p> <p>1:00 Beanbag Baseball Teams B &amp; D (SG)</p> <p>1:00 Open Pool (SP)</p> <p>2:30 BINGO (DR)</p> <p>3:00 Happy Hour with Pianist Diome Alcomendac (P)</p> <p>6:00 Rock Painting (AR)</p> <p>6:30 Hymn Sing-A-Long (P)</p> <p>7:00 Open Poker (CR)</p>	<p>7:30 Women &amp; Men's Breakfast! Free. (7:30 - 8:30) (BQ) <b>15</b></p> <p>9:00 Rhythm Reaction (SG)</p> <p>9:30 "Sit to be Fit" (Lofts Lobby)</p> <p>9:30 Veteran's Group (Tht)</p> <p>10:30 Beanbag Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Open Cribbage (CR)</p> <p><b>1:00 Shopping at Fred Meyer</b></p> <p><b>2:30 Let's Play Jeopardy! (Tht)</b></p> <p>5:45 Rummy Q (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>16</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:30 Book Club hosted by Cynthia (ECU)</p> <p>11:00 History Talks with John Griffin (Tht)</p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag Teams C &amp; D (SG)</p> <p>1:00 5 Crowns Card Game (TL)</p> <p>1:00 Open Pool (SP)</p> <p><b>2:30 Glentucky Derby Horse Racing - Store is open! Bring your Derby Bucks (Tht)</b></p> <p>3:00 Tai-Chi (P)</p> <p>4:30 Linda on Piano (DR)</p> <p><b>4:30 Supper Outing to Patrick's Hawaiian Cafe. RSVP</b></p>	<p>9:00 Sit To Be Fit (SG) <b>17</b></p> <p><b>9:30 Shopping at Winco, Walgreens, Dollar Tree, Target, and Safeway</b></p> <p>10:00 Alzheimer's and Dementia Support Group (Tht)</p> <p>10:00 Chair Massage Therapy - \$20 (ECU)</p> <p>10:30 Beanbag Teams A &amp; B (SG)</p> <p><b>10:30 Headlines and Donuts (TL)</b></p> <p>11:15 Grief Support Group (Tht)</p> <p><b>12:30 Bus to Vanc Mall RSVP</b></p> <p>1:00 Glenwood Choir (Tht)</p> <p>1:00 Wii Bowling (SG)</p> <p>2:30 Happy Hour Mike Hart (DR)</p> <p>6:00 Friday Night Movie - "The Report" (2019) RATED R 1h 59min (Tht)</p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>18</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p>10:30 Saturday Morning with Madeline (SG)</p> <p>11:00 Sewing Lady - Mending and hemming at a reasonable rate (MR)</p> <p><b>1:00 Mystery Drive with Carroll. RSVP</b></p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p>1:00 Symphony Saturday - Rachmaninov, Piano Concerto No. 2 in C minor - Yuja Wang, Yuri Temirkanov (Tht)</p> <p>2:30 BINGO (DR)</p> <p>6:00 Saturday Night Movie - "Seven Brides for Seven Brothers" (1954) G 1h 42min (Tht)</p>

<p>8:20 Bus to Columbia Presbyterian <b>19</b></p> <p>8:20 Bus to St Joseph's. RSVP 8:20 Bus to St. Paul Lutheran 9:00 Bus to Immanuel Lutheran 9:20 Bus to First Presbyterian 9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht) 11:00 Cherie The Card Lady (LL) 1:00 Open Scrabble (P) 1:00 Sunday Movie - "Operation Dumbo Drop" (1995) PG 1h 47min (Tht) 1:30 Open Hand in Foot Card Game (CR) 2:00 Episcopal Communion (ECU) 3:00 Columbia Christian Church (DR) 3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge) 5:45 Rummy Q in the Lofts (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>20</b></p> <p>9:30 Sit to be Fit in the Lofts (Lofts Lobby)</p> <p><b>9:30 Tour of Pendleton Weaving Mill in Washougal. Limited Seating. Free</b></p> <p>9:30 Threading Needles (AR) 12:30 Blood Pressures Reading for Plaza residents (P) 1:00 Aqua Fitness (Pool Room) 1:00 Monday Movie - "Annie" (1982) PG 2h 7min (Tht) 1:00 Open Bridge (CR) 1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p><b>1:00 Tour of Pendleton Weaving Mill in Washougal. Limited Seating Free.</b></p> <p><b>2:00 Photo Fun with Rebecca! Bring your Camera or Smartphone and let's take photos! (Computer Lab)</b></p> <p>3:00 Tai-Chi - Moving for Better Balance (P) 6:30 Bible Study (ECU) 6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>21</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) 10:00 Glenwood Theater Rehearsal (Tht) 10:30 Beach Ball Toss (in the Sky Gym) 11:30 Free Eyeglass Clinic - eyeglass cleaning and adjustments (LL) 1:00 Beanbag Baseball Teams B &amp; D (SG) 1:00 Farkle with Vicki (P) 1:00 Open Pool (SP) 2:30 BINGO (DR) 3:00 Happy Hour with Stan Lasley (P) 6:30 Hymn Sing-A-Long (P) 7:00 Open Poker (CR)</p> <p><b>7:00 Beanbag Baseball Banquet – Fried Chicken Dinner, drinks, and the award ceremony. Limited to one guest. RSVP. (DR)</b></p>	<p>9:00 Rhythm Reaction Fitness (SG) <b>22</b></p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby) 9:30 Veteran's Group (Tht) 10:30 Beanbag Baseball Teams A &amp; C (SG) 11:30 Jerlean on Piano (DR) 12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby) 1:00 Aqua Fitness (Pool Room) 1:00 Open Cribbage (CR) <b>1:00 Shopping at Fred Meyer</b> <b>2:30 Readings with Nick - Come listen to humorous stories from various popular authors (Tht)</b> 5:45 Rummy Q in the Lofts (Lofts Lobby) 6:30 Bridge (CR) 6:30 Open Pinochle Card Game (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>23</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) <b>10:30 Health Talks with Sabrina (Tht)</b> 12:30 Blood Pressure Reading for Terrace Residents (TL) 1:00 Beanbag Baseball Teams C &amp; D (SG) 1:00 Open Pool (SP) <b>1:00 Po-Ke-No Card Game with Vicki (TL)</b> 2:00 Life Goes On Support Group - with St. Luke's Episcopal Church (ECU) 2:30 BINGO (DR) 3:00 Tai-Chi - Moving for Better Balance (P) 4:30 Linda on Piano (DR) <b>4:30 Supper Outing to Golden City Restaurant. RSVP</b></p>	<p>9:00 Sit To Be Fit (SG) <b>24</b></p> <p><b>9:30 Shopping trip: - Walmart, Trader Joe's, Fred Meyer (RSVP at the front desk.)</b></p> <p>10:00 Chair Massage Therapy - Sign up at the Front Desk. \$20 (ECU) <b>10:30 Ted Talks (Tht)</b> 10:30 Beanbag Baseball Teams A &amp; B (SG) 12:30 Bus to Vancouver Mall. RSVP 1:00 Glenwood Choir (Tht) 1:00 Wii Bowling (SG) <b>2:30 Come Celebrate Chinese New Year with Shelly Voight (DR)</b> 6:00 Friday Night Movie - "Born Free" (1966) PG 1h 35min (Tht)</p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>25</b></p> <p>10:30 Open Chess &amp; Checkers (CR) 10:30 Saturday Morning with Madeline (SG) <b>1:00 5 Minute Mysteries - Entertaining stumpers will sharpen your powers of observation and test your deductive skills (Tht)</b> 1:00 Open Billiards (Cue Room 3rd Floor Lodge) <b>1:30 Outing to the Vancouver Symphony (Admission \$40)</b> 2:30 BINGO (DR) 6:00 Saturday Night Movie - "For Me and My Gal" (1942) 1h 44min (Tht)</p>
<p>8:20 Bus to Columbia Presbyterian <b>26</b></p> <p>8:20 Bus to St Joseph's. RSVP 8:20 Bus to St. Paul Lutheran 9:00 Bus to Immanuel Lutheran 9:20 Bus to First Presbyterian 9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht) 1:00 Open Scrabble (P) 1:00 Sunday Movie - "The Wild Country" (1970) G 1h 40min (Tht) 1:30 Open Hand in Foot Card Game (CR) 3:00 Hymns &amp; Devotions with Ron &amp; Donna (DR) 3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge) 5:45 Rummy Q in the Lofts (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>27</b></p> <p>9:30 Sit to be Fit in the Lofts (Lofts Lobby) 9:30 Threading Needles (AR) <b>10:30 Lunch Outing to Kitchen Table Cafe. RSVP</b></p> <p>10:30 Music Therapy with Dan - Join us for sing alongs and play instruments. (Tht) 12:30 Blood Pressures Reading for Plaza residents (P) 1:00 Aqua Fitness (Pool Room) 1:00 Monday Movie - "The Book Thief" (2013) PG-13 2h 11min (Tht) 1:00 Open Bridge (CR) 1:00 Open Farkle (Cue Room 3rd Floor Lodge) 2:00 Bulletin Board Crafters - come help decorate the bulletin boards with Rebecca! (AR) 3:00 Tai-Chi - Moving for Better Balance (P) 6:30 Bible Study (ECU) 6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>28</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) 10:00 Glenwood Theater Rehearsal (Tht) 10:30 Beach Ball Toss (in the Sky Gym) 1:00 Beanbag Baseball Teams B &amp; D (SG) 1:00 Open Pool (SP) 1:30 Classical Club with Terry. Must do if you are a music lover! (Tht) 2:30 BINGO (DR) 3:00 Happy Hour with Vladimir on Violin (P) 6:30 Hymn Sing-A-Long (P) <b>7:00 Bingo After Dark</b> 7:00 Open Poker (CR)</p>	<p>9:00 Rhythm Reaction Fitness (SG) <b>29</b></p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby) 9:30 Veteran's Group (Tht) <b>10:00 Outing to Fort Vancouver High School for their Community Love Lunch. Free. RSVP</b></p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG) 11:30 Jerlean on Piano (DR) 12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby) 1:00 Aqua Fitness (Pool Room) 1:00 Open Cribbage (CR) <b>1:00 Shopping at Fred Meyer</b> <b>2:30 Brain Games (Tht)</b> 4:00 Linda on Piano (DR) <b>4:00 Lodge Birthday Dinner - RSVP at the Front Desk (DR)</b> 5:45 Rummy Q in the Lofts (Lofts Lobby) 6:30 Bridge (CR) 6:30 Open Pinochle Card Game (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>30</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) <b>10:30 Film Appreciation with Nick - Come explore the aesthetics of cinema, the concepts behind storytelling and various elements of a film (Tht)</b> 12:30 Blood Pressure Reading for Terrace Residents (TL) 1:00 Beanbag Baseball Teams C &amp; D (SG) 1:00 Open Pool (SP) 2:30 BINGO (DR) 3:00 Tai-Chi - Moving for Better Balance (P) <b>4:00 Birthday Dinner for the Plaza, Terrace and Lofts (DR)</b> 4:30 Linda on Piano (DR)</p>	<p>9:00 Sit To Be Fit (SG) <b>31</b></p> <p><b>9:30 Shopping at Winco, Walgreens, Dollar Tree, Target, and Safeway</b></p> <p>10:00 Alzheimer's and Dementia Caregiver Support Group (Tht) 10:00 Chair Massage Therapy - Sign up at the Front Desk. \$20 (ECU) 10:30 Beanbag Baseball Teams A &amp; B (SG) 11:15 Grief Support Group (Tht) <b>12:30 Bus to Vancouver Mall. RSVP</b> <b>1:00 Glenwood Choir (Tht)</b> 1:00 Wii Bowling (SG) 2:30 Happy Hour with Emmy Horowitz (DR) 6:00 Friday Night Movie - "Armstrong" (2019) DOCUMENTARY 1h 40min (Tht)</p>	

## Room Key

(AR) = Activity Room	(AR) = Activity Room 2nd Floor Lodge	(BQ) = Buffet Dining Room	(CR) = Card Room, 3rd Floor Lodge	(COMP) = Computer Room	(CY) = Courtyard	(Cue) = Cue Room, 3rd Floor Lodge
(DR) = Dining Room	(ECU) = ECU Activity Room	(Lbal) = Lodge Balcony 2nd Floor	(Lbal) = Lodge Balcony, 2nd Floor	(DR) = Lodge Dining Room	(LG) = Lodge Gardens	(LLB) = Lodge Library
(LL) = Lodge Lobby	(MR) = Mailroom	(P) = Plaza Community Room	(P) = Plaza Community Room, 2nd floor	(PG) = Plaza Garage	(PP) = Pool Patio	(SP) = Pool Room, Lodge
(SG) = Sky Gym	(SR) = Spa Room, 2nd floor Lodge	(TP) = Terrace Front Patio	(TL) = Terrace Lobby	(TP) = Terrace Lobby/Front Patio Area	(Tht) = Theater	



# Glenwood Place Calendar

# JANUARY 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>DOCTOR DAYS TUESDAYS</b> West of ANDRESEN Road. Salmon Creek, Hazel Dell, Downtown Vancouver &amp; the VA.</p> <p><b>THURSDAYS</b> East of ANDRESEN Road. 87<sup>th</sup> Ave, Cascade Park, Fisher's Landing, Orchards Mall</p>	<p><b>All outings are highlighted in YELLOW.</b></p> <p><b>Sign up for these events at the front desk. If bus is full, please add your name to the waiting list</b></p>	<p>Glenwood Place 5500 NE 82nd Ave. Vancouver, WA 98662 (360) 892-1100</p> <p><b>Email Activities</b> <a href="mailto:navdienko@glenwoodplace.net">navdienko@glenwoodplace.net</a></p>	<p>9:00 Rhythm Reaction Fitness (SG) <b>1</b></p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby)</p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Open Cribbage (CR)</p> <p><b>1:00 Shopping at Fred Meyer</b></p> <p><b>2:00 Rose Bowl on the Big Screen - Ducks vs. Badgers. Pizza &amp; Soda Provided!!! (P)</b></p> <p>5:45 Rummy Q (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>2</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p><b>11:00 History Talks with John Griffin (Th)</b></p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag C &amp; D (SG)</p> <p>1:00 Five Crowns Game (TL)</p> <p>1:00 Open Pool (SP)</p> <p><b>1:00 Activity Calendar Forum with Nick (Th)</b></p> <p>2:30 Glentucky Derby Horse Races (Th)</p> <p>3:00 Tai-Chi (P)</p> <p>4:30 Linda on Piano (DR)</p> <p><b>4:45 Supper Outing to Cameo Cafe. RSVP. Limited Seating</b></p>	<p>9:00 Sit To Be Fit (SG) <b>3</b></p> <p><b>9:30 Shopping at Winco, Walgreens, Dollar Tree, Target, and Safeway</b></p> <p>10:00 Chair Massage Therapy - \$20 (ECU)</p> <p><b>10:30 Brain Games (Th)</b></p> <p>10:30 Beanbag A &amp; B (SG)</p> <p><b>12:30 Bus to Vanc Mall RSVP</b></p> <p>1:00 Glenwood Choir (Th)</p> <p>1:00 Wii Bowling (SG)</p> <p><b>2:30 Happy Hour with Monte Watters (DR)</b></p> <p><b>6:00 No Friday Movie (Th)</b></p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>4</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p><b>10:30 Saturday Morning with Madeline (SG)</b></p> <p>11:00 Sewing Lady - Mending and hemming at a reasonable rate (MR)</p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p>1:00 Symphony Saturday - Yuja Wang performs Schubert and Schumann (Th)</p> <p>2:30 BINGO (DR)</p> <p><b>6:00 No Saturday Night Movie (Th)</b></p>
<p>8:20 Bus to Columbia Presbyterian <b>5</b></p> <p>8:20 Bus to St Joseph's. RSVP</p> <p>8:20 Bus to St. Paul Lutheran</p> <p>9:00 Bus to Immanuel Lutheran</p> <p>9:20 Bus to First Presbyterian</p> <p>9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Th)</p> <p>1:00 Open Scrabble (P)</p> <p>1:00 Sunday Movie - "McFarland, USA" (2015) PG 2h 9min (Th)</p> <p>1:30 Open Hand in Foot Card Game (CR)</p> <p>2:00 Episcopal Communion (ECU)</p> <p>3:00 First Christian Church Service (DR)</p> <p>3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge)</p> <p>5:45 Rummy Q in the Lofts (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>6</b></p> <p><b>9:30 Casino Outing to Ilani Casino - RSVP Bring \$</b></p> <p>9:30 Sit to be Fit in the Lofts (Lofts Lobby)</p> <p>9:30 Threading Needles (AR)</p> <p>10:30 "People and Stories" Reading Group (LLB)</p> <p>10:30 Computer Lab - Bring your laptop, phone, or tablet and get your questions answered. (COMP)</p> <p>12:30 Blood Pressures Reading for Plaza residents (P)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Monday Movie - "Cinema Paradiso" (1988) FOREIGN FILM - RATED R 2h 35min (Th)</p> <p>1:00 Open Bridge (CR)</p> <p>1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p>3:00 Tai-Chi (P)</p> <p>5:45 Bunco with Vicki. RSVP with Vicki (P)</p> <p>6:30 Bible Study (ECU)</p> <p>6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>7</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:00 Glenwood Theater Rehearsal (Th)</p> <p><b>10:00 NEW - Kitchen Tours. RSVP at the Front Desk. Meet in the Lobby (LL)</b></p> <p>10:30 Beach Ball Toss (in the Sky Gym)</p> <p>1:00 Beanbag Teams B &amp; D (SG)</p> <p>1:00 Farkle with Vicki (P)</p> <p>1:00 Open Pool (SP)</p> <p>1:00 Watercolor with Becky (AR)</p> <p><b>2:00 NEW - Kitchen Tours. RSVP at the Front Desk. Meet in the Lobby (LL)</b></p> <p>2:30 BINGO (DR)</p> <p>3:00 Happy Hour with William Spilette (P)</p> <p>6:00 Rock Painting (AR)</p> <p>6:30 Hymn Sing-A-Long (P)</p> <p>7:00 Open Poker (CR)</p>	<p>8:00 Pedicures with Dawn - Cost is \$25, pay her. Sign up at the front desk for a time slot. (AR) <b>8</b></p> <p>9:00 Rhythm Reaction Fitness (SG)</p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby)</p> <p>9:30 Veteran's Group (Th)</p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Language Club - Want to Learn Sign Language? One of our residents will be teaching! (COMP)</p> <p>1:00 Open Cribbage (CR)</p> <p><b>1:00 Red Hat Ladies - Tea &amp; Movie (Th)</b></p> <p><b>1:00 Shopping at Fred Meyer</b></p> <p>5:45 Rummy Q (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>9</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p><b>10:30 Health Talks with Sabrina (Th)</b></p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag Baseball Teams C &amp; D (SG)</p> <p>1:00 Open Pool (SP)</p> <p><b>1:00 Po-Ke-No Card Game with Vicki (TL)</b></p> <p><b>2:30 Bingo Auction - Bring Your Bingo Bucks to Bid on Some Great Prizes (In the Dining Room)</b></p> <p>3:00 Tai-Chi - Moving for Better Balance (P)</p> <p>4:30 Linda on Piano (DR)</p> <p><b>4:30 Supper Outing to The Hammond Kitchen &amp; Craft Bar in Camas. RSVP</b></p>	<p>9:00 Sit To Be Fit (SG) <b>10</b></p> <p><b>9:30 Shopping trip: - Walmart, Trader Joe's, Fred Meyer (RSVP at the front desk.)</b></p> <p>10:00 Alzheimer's and Dementia Caregiver Support Group (Th)</p> <p>10:00 Chair Massage Therapy - Sign up at the Front Desk. \$20 (ECU)</p> <p>10:30 Beanbag Teams A &amp; B (SG)</p> <p>11:15 Grief Support Group (Th)</p> <p><b>12:30 Bus to Vanc Mall RSVP</b></p> <p><b>12:30 Glenwood Choir (Th)</b></p> <p>1:00 Wii Bowling (SG)</p> <p><b>1:30 Residents Association Meeting (DR)</b></p> <p>2:30 Happy Hour with Karen Overton (DR)</p> <p>6:00 No Friday Movie</p> <p><b>7:00 Performance - The Dynamic Duo of Reno and Cindy Hollar. Great dancing music and songs (DR)</b></p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>11</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p>10:30 Saturday Morning with Madeline (SG)</p> <p><b>1:00 All the World's a Zoo (Th)</b></p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p><b>2:00 Encore Performance - More Music with Reno and Cindy Hollar (DR)</b></p> <p>6:00 Saturday Night Movie - "Downton Abbey" (2019) PG 2h 2min (Th)</p>
<p>8:20 Bus to Columbia Presbyterian <b>12</b></p> <p>8:20 Bus to St Joseph's. RSVP</p> <p>8:20 Bus to St. Paul Lutheran</p> <p>9:00 Bus to Immanuel Lutheran</p> <p>9:20 Bus to First Presbyterian</p> <p>9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Th)</p> <p>1:00 Open Scrabble (P)</p> <p>1:00 Sunday Movie - "Larger Than Life" (1996) PG 1h 33min (Th)</p> <p>1:30 Open Hand in Foot Card Game (CR)</p> <p>3:00 Open Boggle (Cue Room)</p> <p>5:45 Rummy Q (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>13</b></p> <p>9:30 Sit to be Fit (Lofts Lobby)</p> <p>9:30 Threading Needles (AR)</p> <p>10:30 Music Therapy with Dan (Th)</p> <p><b>10:45 Lunch Outing to Red Lobster. RSVP</b></p> <p>12:30 Blood Pressures (P)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Monday Movie - "The Two Popes" (2019) PG-13 2h 5min (Th)</p> <p>1:00 Open Bridge (CR)</p> <p>1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p><b>1:30 Outing to Local Thrift Stores. RSVP</b></p> <p>2:00 Bulletin Board Crafters - (AR)</p> <p>3:00 Tai-Chi (P)</p> <p>6:30 Bible Study (ECU)</p> <p>6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>14</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p><b>10:00 Glenwood Theater Open House - Come join the Acting Group! (Th)</b></p> <p>10:30 Beach Ball Toss (in the Sky Gym)</p> <p>1:00 Beanbag Baseball Teams B &amp; D (SG)</p> <p>1:00 Open Pool (SP)</p> <p>2:30 BINGO (DR)</p> <p>3:00 Happy Hour with Pianist Diome Alcomendac (P)</p> <p>6:00 Rock Painting (AR)</p> <p>6:30 Hymn Sing-A-Long (P)</p> <p>7:00 Open Poker (CR)</p>	<p>7:30 Women &amp; Men's Breakfast! Free. (7:30 - 8:30) (BQ) <b>15</b></p> <p>9:00 Rhythm Reaction (SG)</p> <p>9:30 "Sit to be Fit" (Lofts Lobby)</p> <p>9:30 Veteran's Group (Th)</p> <p>10:30 Beanbag Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Open Cribbage (CR)</p> <p><b>1:00 Shopping at Fred Meyer</b></p> <p><b>2:30 Let's Play Jeopardy! (Th)</b></p> <p>5:45 Rummy Q (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>16</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:30 Book Club hosted by Cynthia (ECU)</p> <p>11:00 History Talks with John Griffin (Th)</p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag Teams C &amp; D (SG)</p> <p>1:00 5 Crowns Card Game (TL)</p> <p>1:00 Open Pool (SP)</p> <p><b>2:30 Glentucky Derby Horse Racing - Store is open! Bring your Derby Bucks (Th)</b></p> <p>3:00 Tai-Chi (P)</p> <p>4:30 Linda on Piano (DR)</p> <p><b>4:30 Supper Outing to Patrick's Hawaiian Cafe. RSVP</b></p>	<p>9:00 Sit To Be Fit (SG) <b>17</b></p> <p><b>9:30 Shopping at Winco, Walgreens, Dollar Tree, Target, and Safeway</b></p> <p>10:00 Alzheimer's and Dementia Support Group (Th)</p> <p>10:00 Chair Massage Therapy - \$20 (ECU)</p> <p>10:30 Beanbag Teams A &amp; B (SG)</p> <p><b>10:30 Headlines and Donuts (TL)</b></p> <p>11:15 Grief Support Group (Th)</p> <p><b>12:30 Bus to Vanc Mall RSVP</b></p> <p>1:00 Glenwood Choir (Th)</p> <p>1:00 Wii Bowling (SG)</p> <p>2:30 Happy Hour Mike Hart (DR)</p> <p>6:00 Friday Night Movie - "The Report" (2019) RATED R 1h 59min (Th)</p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>18</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p>10:30 Saturday Morning with Madeline (SG)</p> <p>11:00 Sewing Lady - Mending and hemming at a reasonable rate (MR)</p> <p><b>1:00 Mystery Drive with Carroll. RSVP</b></p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p>1:00 Symphony Saturday - Rachmaninov, Piano Concerto No. 2 in C minor - Yuja Wang, Yuri Temirkanov (Th)</p> <p>2:30 BINGO (DR)</p> <p>6:00 Saturday Night Movie - "Seven Brides for Seven Brothers" (1954) G 1h 42min (Th)</p>

<p>8:20 Bus to Columbia Presbyterian <b>19</b></p> <p>8:20 Bus to St Joseph's. RSVP</p> <p>8:20 Bus to St. Paul Lutheran</p> <p>9:00 Bus to Immanuel Lutheran</p> <p>9:20 Bus to First Presbyterian</p> <p>9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht)</p> <p>11:00 Cherie The Card Lady (LL)</p> <p>1:00 Open Scrabble (P)</p> <p>1:00 Sunday Movie - "Operation Dumbo Drop" (1995) PG 1h 47min (Tht)</p> <p>1:30 Open Hand in Foot Card Game (CR)</p> <p>2:00 Episcopal Communion (ECU)</p> <p>3:00 Columbia Christian Church (DR)</p> <p>3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge)</p> <p>5:45 Rummy Q in the Lofts (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>20</b></p> <p>9:30 Sit to be Fit in the Lofts (Lofts Lobby)</p> <p><b>9:30 Tour of Pendleton Weaving Mill in Washougal. Limited Seating. Free</b></p> <p>9:30 Threading Needles (AR)</p> <p>12:30 Blood Pressures Reading for Plaza residents (P)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Monday Movie - "Annie" (1982) PG 2h 7min (Tht)</p> <p>1:00 Open Bridge (CR)</p> <p>1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p><b>1:00 Tour of Pendleton Weaving Mill in Washougal. Limited Seating Free.</b></p> <p><b>2:00 Photo Fun with Rebecca! Bring your Camera or Smartphone and let's take photos! (Computer Lab)</b></p> <p>3:00 Tai-Chi - Moving for Better Balance (P)</p> <p>6:30 Bible Study (ECU)</p> <p>6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>21</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:00 Glenwood Theater Rehearsal (Tht)</p> <p>10:30 Beach Ball Toss (in the Sky Gym)</p> <p>11:30 Free Eyeglass Clinic - eyeglass cleaning and adjustments (LL)</p> <p>1:00 Beanbag Baseball Teams B &amp; D (SG)</p> <p>1:00 Farkle with Vicki (P)</p> <p>1:00 Open Pool (SP)</p> <p>2:30 BINGO (DR)</p> <p>3:00 Happy Hour with Stan Lasley (P)</p> <p>6:30 Hymn Sing-A-Long (P)</p> <p>7:00 Open Poker (CR)</p> <p><b>7:00 Beanbag Baseball Banquet – Fried Chicken Dinner, drinks, and the award ceremony. Limited to one guest. RSVP. (DR)</b></p>	<p>9:00 Rhythm Reaction Fitness (SG) <b>22</b></p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby)</p> <p>9:30 Veteran's Group (Tht)</p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Open Cribbage (CR)</p> <p><b>1:00 Shopping at Fred Meyer</b></p> <p><b>2:30 Readings with Nick - Come listen to humorous stories from various popular authors (Tht)</b></p> <p>5:45 Rummy Q in the Lofts (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle Card Game (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>23</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p><b>10:30 Health Talks with Sabrina (Tht)</b></p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag Baseball Teams C &amp; D (SG)</p> <p>1:00 Open Pool (SP)</p> <p><b>1:00 Po-Ke-No Card Game with Vicki (TL)</b></p> <p>2:00 Life Goes On Support Group - with St. Luke's Episcopal Church (ECU)</p> <p>2:30 BINGO (DR)</p> <p>3:00 Tai-Chi - Moving for Better Balance (P)</p> <p>4:30 Linda on Piano (DR)</p> <p><b>4:30 Supper Outing to Golden City Restaurant. RSVP</b></p>	<p>9:00 Sit To Be Fit (SG) <b>24</b></p> <p><b>9:30 Shopping trip: - Walmart, Trader Joe's, Fred Meyer (RSVP at the front desk.)</b></p> <p>10:00 Chair Massage Therapy - Sign up at the Front Desk. \$20 (ECU)</p> <p><b>10:30 Ted Talks (Tht)</b></p> <p>10:30 Beanbag Baseball Teams A &amp; B (SG)</p> <p>12:30 Bus to Vancouver Mall. RSVP</p> <p>1:00 Glenwood Choir (Tht)</p> <p>1:00 Wii Bowling (SG)</p> <p><b>2:30 Come Celebrate Chinese New Year with Shelly Voight (DR)</b></p> <p>6:00 Friday Night Movie - "Born Free" (1966) PG 1h 35min (Tht)</p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>25</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p>10:30 Saturday Morning with Madeline (SG)</p> <p><b>1:00 5 Minute Mysteries - Entertaining stumpers will sharpen your powers of observation and test your deductive skills (Tht)</b></p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p><b>1:30 Outing to the Vancouver Symphony (Admission \$40)</b></p> <p>2:30 BINGO (DR)</p> <p>6:00 Saturday Night Movie - "For Me and My Gal" (1942) 1h 44min (Tht)</p>
<p>8:20 Bus to Columbia Presbyterian <b>26</b></p> <p>8:20 Bus to St Joseph's. RSVP</p> <p>8:20 Bus to St. Paul Lutheran</p> <p>9:00 Bus to Immanuel Lutheran</p> <p>9:20 Bus to First Presbyterian</p> <p>9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht)</p> <p>1:00 Open Scrabble (P)</p> <p>1:00 Sunday Movie - "The Wild Country" (1970) G 1h 40min (Tht)</p> <p>1:30 Open Hand in Foot Card Game (CR)</p> <p>3:00 Hymns &amp; Devotions with Ron &amp; Donna (DR)</p> <p>3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge)</p> <p>5:45 Rummy Q in the Lofts (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>27</b></p> <p>9:30 Sit to be Fit in the Lofts (Lofts Lobby)</p> <p>9:30 Threading Needles (AR)</p> <p><b>10:30 Lunch Outing to Kitchen Table Cafe. RSVP</b></p> <p>10:30 Music Therapy with Dan - Join us for sing alongs and play instruments. (Tht)</p> <p>12:30 Blood Pressures Reading for Plaza residents (P)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Monday Movie - "The Book Thief" (2013) PG-13 2h 11min (Tht)</p> <p>1:00 Open Bridge (CR)</p> <p>1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p>2:00 Bulletin Board Crafters - come help decorate the bulletin boards with Rebecca! (AR)</p> <p>3:00 Tai-Chi - Moving for Better Balance (P)</p> <p>6:30 Bible Study (ECU)</p> <p>6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>28</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:00 Glenwood Theater Rehearsal (Tht)</p> <p>10:30 Beach Ball Toss (in the Sky Gym)</p> <p>1:00 Beanbag Baseball Teams B &amp; D (SG)</p> <p>1:00 Open Pool (SP)</p> <p>1:30 Classical Club with Terry. Must do if you are a music lover! (Tht)</p> <p>2:30 BINGO (DR)</p> <p>3:00 Happy Hour with Vladimir on Violin (P)</p> <p>6:30 Hymn Sing-A-Long (P)</p> <p><b>7:00 Bingo After Dark</b></p> <p>7:00 Open Poker (CR)</p>	<p>9:00 Rhythm Reaction Fitness (SG) <b>29</b></p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby)</p> <p>9:30 Veteran's Group (Tht)</p> <p><b>10:00 Outing to Fort Vancouver High School for their Community Love Lunch. Free. RSVP</b></p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Open Cribbage (CR)</p> <p><b>1:00 Shopping at Fred Meyer</b></p> <p><b>2:30 Brain Games (Tht)</b></p> <p>4:00 Linda on Piano (DR)</p> <p><b>4:00 Lodge Birthday Dinner - RSVP at the Front Desk (DR)</b></p> <p>5:45 Rummy Q in the Lofts (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle Card Game (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>30</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p><b>10:30 Film Appreciation with Nick - Come explore the aesthetics of cinema, the concepts behind storytelling and various elements of a film (Tht)</b></p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag Baseball Teams C &amp; D (SG)</p> <p>1:00 Open Pool (SP)</p> <p>2:30 BINGO (DR)</p> <p>3:00 Tai-Chi - Moving for Better Balance (P)</p> <p><b>4:00 Birthday Dinner for the Plaza, Terrace and Lofts (DR)</b></p> <p>4:30 Linda on Piano (DR)</p>	<p>9:00 Sit To Be Fit (SG) <b>31</b></p> <p><b>9:30 Shopping at Winco, Walgreens, Dollar Tree, Target, and Safeway</b></p> <p>10:00 Alzheimer's and Dementia Caregiver Support Group (Tht)</p> <p>10:00 Chair Massage Therapy - Sign up at the Front Desk. \$20 (ECU)</p> <p>10:30 Beanbag Baseball Teams A &amp; B (SG)</p> <p>11:15 Grief Support Group (Tht)</p> <p><b>12:30 Bus to Vancouver Mall. RSVP</b></p> <p><b>1:00 Glenwood Choir (Tht)</b></p> <p>1:00 Wii Bowling (SG)</p> <p>2:30 Happy Hour with Emmy Horowitz (DR)</p> <p>6:00 Friday Night Movie - "Armstrong" (2019) DOCUMENTARY 1h 40min (Tht)</p>	

## Room Key

(AR) = Activity Room	(AR) = Activity Room 2nd Floor Lodge	(BQ) = Buffet Dining Room	(CR) = Card Room, 3rd Floor Lodge	(COMP) = Computer Room	(CY) = Courtyard	(Cue) = Cue Room, 3rd Floor Lodge
(DR) = Dining Room	(ECU) = ECU Activity Room	(Lbal) = Lodge Balcony 2nd Floor	(Lbal) = Lodge Balcony, 2nd Floor	(DR) = Lodge Dining Room	(LG) = Lodge Gardens	(LLB) = Lodge Library
(LL) = Lodge Lobby	(MR) = Mailroom	(P) = Plaza Community Room	(P) = Plaza Community Room, 2nd floor	(PG) = Plaza Garage	(PP) = Pool Patio	(SP) = Pool Room, Lodge
(SG) = Sky Gym	(SR) = Spa Room, 2nd floor Lodge	(TP) = Terrace Front Patio	(TL) = Terrace Lobby	(TP) = Terrace Lobby/Front Patio Area	(Tht) = Theater	



# Glenwood Place Calendar

# JANUARY 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>DOCTOR DAYS TUESDAYS</b> West of ANDRESEN Road. Salmon Creek, Hazel Dell, Downtown Vancouver &amp; the VA.</p> <p><b>THURSDAYS</b> East of ANDRESEN Road. 87<sup>th</sup> Ave, Cascade Park, Fisher's Landing, Orchards Mall</p>	<p><b>All outings are highlighted in YELLOW.</b></p> <p><b>Sign up for these events at the front desk. If bus is full, please add your name to the waiting list</b></p>	<p>Glenwood Place 5500 NE 82nd Ave. Vancouver, WA 98662 (360) 892-1100</p> <p><b>Email Activities</b> <a href="mailto:navdienko@glenwoodplace.net">navdienko@glenwoodplace.net</a></p>	<p>9:00 Rhythm Reaction Fitness (SG) <b>1</b></p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby)</p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Open Cribbage (CR)</p> <p><b>1:00 Shopping at Fred Meyer</b></p> <p><b>2:00 Rose Bowl on the Big Screen - Ducks vs. Badgers. Pizza &amp; Soda Provided!!! (P)</b></p> <p>5:45 Rummy Q (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>2</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p><b>11:00 History Talks with John Griffin (Tht)</b></p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag C &amp; D (SG)</p> <p>1:00 Five Crowns Game (TL)</p> <p>1:00 Open Pool (SP)</p> <p><b>1:00 Activity Calendar Forum with Nick (Tht)</b></p> <p>2:30 Glentucky Derby Horse Races (Tht)</p> <p>3:00 Tai-Chi (P)</p> <p>4:30 Linda on Piano (DR)</p> <p><b>4:45 Supper Outing to Cameo Cafe. RSVP. Limited Seating</b></p>	<p>9:00 Sit To Be Fit (SG) <b>3</b></p> <p><b>9:30 Shopping at Winco, Walgreens, Dollar Tree, Target, and Safeway</b></p> <p>10:00 Chair Massage Therapy - \$20 (ECU)</p> <p><b>10:30 Brain Games (Tht)</b></p> <p>10:30 Beanbag A &amp; B (SG)</p> <p><b>12:30 Bus to Vanc Mall RSVP</b></p> <p>1:00 Glenwood Choir (Tht)</p> <p>1:00 Wii Bowling (SG)</p> <p><b>2:30 Happy Hour with Monte Watters (DR)</b></p> <p><b>6:00 No Friday Movie (Tht)</b></p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>4</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p><b>10:30 Saturday Morning with Madeline (SG)</b></p> <p>11:00 Sewing Lady - Mending and hemming at a reasonable rate (MR)</p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p>1:00 Symphony Saturday - Yuja Wang performs Schubert and Schumann (Tht)</p> <p>2:30 BINGO (DR)</p> <p><b>6:00 No Saturday Night Movie (Tht)</b></p>
<p>8:20 Bus to Columbia Presbyterian <b>5</b></p> <p>8:20 Bus to St Joseph's. RSVP</p> <p>8:20 Bus to St. Paul Lutheran</p> <p>9:00 Bus to Immanuel Lutheran</p> <p>9:20 Bus to First Presbyterian</p> <p>9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht)</p> <p>1:00 Open Scrabble (P)</p> <p>1:00 Sunday Movie - "McFarland, USA" (2015) PG 2h 9min (Tht)</p> <p>1:30 Open Hand in Foot Card Game (CR)</p> <p>2:00 Episcopal Communion (ECU)</p> <p>3:00 First Christian Church Service (DR)</p> <p>3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge)</p> <p>5:45 Rummy Q in the Lofts (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>6</b></p> <p><b>9:30 Casino Outing to Ilani Casino - RSVP Bring \$</b></p> <p>9:30 Sit to be Fit in the Lofts (Lofts Lobby)</p> <p>9:30 Threading Needles (AR)</p> <p>10:30 "People and Stories" Reading Group (LLB)</p> <p>10:30 Computer Lab - Bring your laptop, phone, or tablet and get your questions answered. (COMP)</p> <p>12:30 Blood Pressures Reading for Plaza residents (P)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Monday Movie - "Cinema Paradiso" (1988) FOREIGN FILM - RATED R 2h 35min (Tht)</p> <p>1:00 Open Bridge (CR)</p> <p>1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p>3:00 Tai-Chi (P)</p> <p>5:45 Bunco with Vicki. RSVP with Vicki (P)</p> <p>6:30 Bible Study (ECU)</p> <p>6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>7</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:00 Glenwood Theater Rehearsal (Tht)</p> <p><b>10:00 NEW - Kitchen Tours. RSVP at the Front Desk. Meet in the Lobby (LL)</b></p> <p>10:30 Beach Ball Toss (in the Sky Gym)</p> <p>1:00 Beanbag Teams B &amp; D (SG)</p> <p>1:00 Farkle with Vicki (P)</p> <p>1:00 Open Pool (SP)</p> <p>1:00 Watercolor with Becky (AR)</p> <p><b>2:00 NEW - Kitchen Tours. RSVP at the Front Desk. Meet in the Lobby (LL)</b></p> <p>2:30 BINGO (DR)</p> <p>3:00 Happy Hour with William Spilette (P)</p> <p>6:00 Rock Painting (AR)</p> <p>6:30 Hymn Sing-A-Long (P)</p> <p>7:00 Open Poker (CR)</p>	<p>8:00 Pedicures with Dawn - Cost is \$25, pay her. Sign up at the front desk for a time slot. (AR) <b>8</b></p> <p>9:00 Rhythm Reaction Fitness (SG)</p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby)</p> <p>9:30 Veteran's Group (Tht)</p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Language Club - Want to Learn Sign Language? One of our residents will be teaching! (COMP)</p> <p>1:00 Open Cribbage (CR)</p> <p><b>1:00 Red Hat Ladies - Tea &amp; Movie (Tht)</b></p> <p><b>1:00 Shopping at Fred Meyer</b></p> <p>5:45 Rummy Q (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>9</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p><b>10:30 Health Talks with Sabrina (Tht)</b></p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag Baseball Teams C &amp; D (SG)</p> <p>1:00 Open Pool (SP)</p> <p><b>1:00 Po-Ke-No Card Game with Vicki (TL)</b></p> <p><b>2:30 Bingo Auction - Bring Your Bingo Bucks to Bid on Some Great Prizes (In the Dining Room)</b></p> <p>3:00 Tai-Chi - Moving for Better Balance (P)</p> <p>4:30 Linda on Piano (DR)</p> <p><b>4:30 Supper Outing to The Hammond Kitchen &amp; Craft Bar in Camas. RSVP</b></p>	<p>9:00 Sit To Be Fit (SG) <b>10</b></p> <p><b>9:30 Shopping trip: - Walmart, Trader Joe's, Fred Meyer (RSVP at the front desk.)</b></p> <p>10:00 Alzheimer's and Dementia Caregiver Support Group (Tht)</p> <p>10:00 Chair Massage Therapy - Sign up at the Front Desk. \$20 (ECU)</p> <p>10:30 Beanbag Teams A &amp; B (SG)</p> <p>11:15 Grief Support Group (Tht)</p> <p><b>12:30 Bus to Vanc Mall RSVP</b></p> <p><b>12:30 Glenwood Choir (Tht)</b></p> <p>1:00 Wii Bowling (SG)</p> <p><b>1:30 Residents Association Meeting (DR)</b></p> <p>2:30 Happy Hour with Karen Overton (DR)</p> <p>6:00 No Friday Movie</p> <p><b>7:00 Performance - The Dynamic Duo of Reno and Cindy Hollar. Great dancing music and songs (DR)</b></p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>11</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p>10:30 Saturday Morning with Madeline (SG)</p> <p><b>1:00 All the World's a Zoo (Tht)</b></p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p><b>2:00 Encore Performance - More Music with Reno and Cindy Hollar (DR)</b></p> <p>6:00 Saturday Night Movie - "Downton Abbey" (2019) PG 2h 2min (Tht)</p>
<p>8:20 Bus to Columbia Presbyterian <b>12</b></p> <p>8:20 Bus to St Joseph's. RSVP</p> <p>8:20 Bus to St. Paul Lutheran</p> <p>9:00 Bus to Immanuel Lutheran</p> <p>9:20 Bus to First Presbyterian</p> <p>9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht)</p> <p>1:00 Open Scrabble (P)</p> <p>1:00 Sunday Movie - "Larger Than Life" (1996) PG 1h 33min (Tht)</p> <p>1:30 Open Hand in Foot Card Game (CR)</p> <p>3:00 Open Boggle (Cue Room)</p> <p>5:45 Rummy Q (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>13</b></p> <p>9:30 Sit to be Fit (Lofts Lobby)</p> <p>9:30 Threading Needles (AR)</p> <p>10:30 Music Therapy with Dan (Tht)</p> <p><b>10:45 Lunch Outing to Red Lobster. RSVP</b></p> <p>12:30 Blood Pressures (P)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Monday Movie - "The Two Popes" (2019) PG-13 2h 5min (Tht)</p> <p>1:00 Open Bridge (CR)</p> <p>1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p><b>1:30 Outing to Local Thrift Stores. RSVP</b></p> <p>2:00 Bulletin Board Crafters - (AR)</p> <p>3:00 Tai-Chi (P)</p> <p>6:30 Bible Study (ECU)</p> <p>6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>14</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p><b>10:00 Glenwood Theater Open House - Come join the Acting Group! (Tht)</b></p> <p>10:30 Beach Ball Toss (in the Sky Gym)</p> <p>1:00 Beanbag Baseball Teams B &amp; D (SG)</p> <p>1:00 Open Pool (SP)</p> <p>2:30 BINGO (DR)</p> <p>3:00 Happy Hour with Pianist Diome Alcomendac (P)</p> <p>6:00 Rock Painting (AR)</p> <p>6:30 Hymn Sing-A-Long (P)</p> <p>7:00 Open Poker (CR)</p>	<p>7:30 Women &amp; Men's Breakfast! Free. (7:30 - 8:30) (BQ) <b>15</b></p> <p>9:00 Rhythm Reaction (SG)</p> <p>9:30 "Sit to be Fit" (Lofts Lobby)</p> <p>9:30 Veteran's Group (Tht)</p> <p>10:30 Beanbag Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Open Cribbage (CR)</p> <p><b>1:00 Shopping at Fred Meyer</b></p> <p><b>2:30 Let's Play Jeopardy! (Tht)</b></p> <p>5:45 Rummy Q (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>16</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:30 Book Club hosted by Cynthia (ECU)</p> <p>11:00 History Talks with John Griffin (Tht)</p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag Teams C &amp; D (SG)</p> <p>1:00 5 Crowns Card Game (TL)</p> <p>1:00 Open Pool (SP)</p> <p><b>2:30 Glentucky Derby Horse Racing - Store is open! Bring your Derby Bucks (Tht)</b></p> <p>3:00 Tai-Chi (P)</p> <p>4:30 Linda on Piano (DR)</p> <p><b>4:30 Supper Outing to Patrick's Hawaiian Cafe. RSVP</b></p>	<p>9:00 Sit To Be Fit (SG) <b>17</b></p> <p><b>9:30 Shopping at Winco, Walgreens, Dollar Tree, Target, and Safeway</b></p> <p>10:00 Alzheimer's and Dementia Support Group (Tht)</p> <p>10:00 Chair Massage Therapy - \$20 (ECU)</p> <p>10:30 Beanbag Teams A &amp; B (SG)</p> <p><b>10:30 Headlines and Donuts (TL)</b></p> <p>11:15 Grief Support Group (Tht)</p> <p><b>12:30 Bus to Vanc Mall RSVP</b></p> <p>1:00 Glenwood Choir (Tht)</p> <p>1:00 Wii Bowling (SG)</p> <p>2:30 Happy Hour Mike Hart (DR)</p> <p>6:00 Friday Night Movie - "The Report" (2019) RATED R 1h 59min (Tht)</p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>18</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p>10:30 Saturday Morning with Madeline (SG)</p> <p>11:00 Sewing Lady - Mending and hemming at a reasonable rate (MR)</p> <p><b>1:00 Mystery Drive with Carroll. RSVP</b></p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p>1:00 Symphony Saturday - Rachmaninov, Piano Concerto No. 2 in C minor - Yuja Wang, Yuri Temirkanov (Tht)</p> <p>2:30 BINGO (DR)</p> <p>6:00 Saturday Night Movie - "Seven Brides for Seven Brothers" (1954) G 1h 42min (Tht)</p>

<p>8:20 Bus to Columbia Presbyterian <b>19</b></p> <p>8:20 Bus to St Joseph's. RSVP 8:20 Bus to St. Paul Lutheran 9:00 Bus to Immanuel Lutheran 9:20 Bus to First Presbyterian 9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht) 11:00 Cherie The Card Lady (LL) 1:00 Open Scrabble (P) 1:00 Sunday Movie - "Operation Dumbo Drop" (1995) PG 1h 47min (Tht) 1:30 Open Hand in Foot Card Game (CR) 2:00 Episcopal Communion (ECU) 3:00 Columbia Christian Church (DR) 3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge) 5:45 Rummy Q in the Lofts (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>20</b></p> <p>9:30 Sit to be Fit in the Lofts (Lofts Lobby)</p> <p><b>9:30 Tour of Pendleton Weaving Mill in Washougal. Limited Seating. Free</b></p> <p>9:30 Threading Needles (AR) 12:30 Blood Pressures Reading for Plaza residents (P) 1:00 Aqua Fitness (Pool Room) 1:00 Monday Movie - "Annie" (1982) PG 2h 7min (Tht) 1:00 Open Bridge (CR) 1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p><b>1:00 Tour of Pendleton Weaving Mill in Washougal. Limited Seating Free.</b></p> <p><b>2:00 Photo Fun with Rebecca! Bring your Camera or Smartphone and let's take photos! (Computer Lab)</b></p> <p>3:00 Tai-Chi - Moving for Better Balance (P) 6:30 Bible Study (ECU) 6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>21</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) 10:00 Glenwood Theater Rehearsal (Tht) 10:30 Beach Ball Toss (in the Sky Gym) 11:30 Free Eyeglass Clinic - eyeglass cleaning and adjustments (LL) 1:00 Beanbag Baseball Teams B &amp; D (SG) 1:00 Farkle with Vicki (P) 1:00 Open Pool (SP) 2:30 BINGO (DR) 3:00 Happy Hour with Stan Lasley (P) 6:30 Hymn Sing-A-Long (P) 7:00 Open Poker (CR)</p> <p><b>7:00 Beanbag Baseball Banquet – Fried Chicken Dinner, drinks, and the award ceremony. Limited to one guest. RSVP. (DR)</b></p>	<p>9:00 Rhythm Reaction Fitness (SG) <b>22</b></p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby) 9:30 Veteran's Group (Tht) 10:30 Beanbag Baseball Teams A &amp; C (SG) 11:30 Jerlean on Piano (DR) 12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby) 1:00 Aqua Fitness (Pool Room) 1:00 Open Cribbage (CR) <b>1:00 Shopping at Fred Meyer</b> <b>2:30 Readings with Nick - Come listen to humorous stories from various popular authors (Tht)</b> 5:45 Rummy Q in the Lofts (Lofts Lobby) 6:30 Bridge (CR) 6:30 Open Pinochle Card Game (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>23</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) <b>10:30 Health Talks with Sabrina (Tht)</b> 12:30 Blood Pressure Reading for Terrace Residents (TL) 1:00 Beanbag Baseball Teams C &amp; D (SG) 1:00 Open Pool (SP) <b>1:00 Po-Ke-No Card Game with Vicki (TL)</b> 2:00 Life Goes On Support Group - with St. Luke's Episcopal Church (ECU) 2:30 BINGO (DR) 3:00 Tai-Chi - Moving for Better Balance (P) 4:30 Linda on Piano (DR) <b>4:30 Supper Outing to Golden City Restaurant. RSVP</b></p>	<p>9:00 Sit To Be Fit (SG) <b>24</b></p> <p><b>9:30 Shopping trip: - Walmart, Trader Joe's, Fred Meyer (RSVP at the front desk.)</b></p> <p>10:00 Chair Massage Therapy - Sign up at the Front Desk. \$20 (ECU) <b>10:30 Ted Talks (Tht)</b> 10:30 Beanbag Baseball Teams A &amp; B (SG) 12:30 Bus to Vancouver Mall. RSVP 1:00 Glenwood Choir (Tht) 1:00 Wii Bowling (SG) <b>2:30 Come Celebrate Chinese New Year with Shelly Voight (DR)</b> 6:00 Friday Night Movie - "Born Free" (1966) PG 1h 35min (Tht)</p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>25</b></p> <p>10:30 Open Chess &amp; Checkers (CR) 10:30 Saturday Morning with Madeline (SG) <b>1:00 5 Minute Mysteries - Entertaining stumpers will sharpen your powers of observation and test your deductive skills (Tht)</b> 1:00 Open Billiards (Cue Room 3rd Floor Lodge) <b>1:30 Outing to the Vancouver Symphony (Admission \$40)</b> 2:30 BINGO (DR) 6:00 Saturday Night Movie - "For Me and My Gal" (1942) 1h 44min (Tht)</p>
<p>8:20 Bus to Columbia Presbyterian <b>26</b></p> <p>8:20 Bus to St Joseph's. RSVP 8:20 Bus to St. Paul Lutheran 9:00 Bus to Immanuel Lutheran 9:20 Bus to First Presbyterian 9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht) 1:00 Open Scrabble (P) 1:00 Sunday Movie - "The Wild Country" (1970) G 1h 40min (Tht) 1:30 Open Hand in Foot Card Game (CR) 3:00 Hymns &amp; Devotions with Ron &amp; Donna (DR) 3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge) 5:45 Rummy Q in the Lofts (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>27</b></p> <p>9:30 Sit to be Fit in the Lofts (Lofts Lobby) 9:30 Threading Needles (AR) <b>10:30 Lunch Outing to Kitchen Table Cafe. RSVP</b></p> <p>10:30 Music Therapy with Dan - Join us for sing alongs and play instruments. (Tht) 12:30 Blood Pressures Reading for Plaza residents (P) 1:00 Aqua Fitness (Pool Room) 1:00 Monday Movie - "The Book Thief" (2013) PG-13 2h 11min (Tht) 1:00 Open Bridge (CR) 1:00 Open Farkle (Cue Room 3rd Floor Lodge) 2:00 Bulletin Board Crafters - come help decorate the bulletin boards with Rebecca! (AR) 3:00 Tai-Chi - Moving for Better Balance (P) 6:30 Bible Study (ECU) 6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>28</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) 10:00 Glenwood Theater Rehearsal (Tht) 10:30 Beach Ball Toss (in the Sky Gym) 1:00 Beanbag Baseball Teams B &amp; D (SG) 1:00 Open Pool (SP) 1:30 Classical Club with Terry. Must do if you are a music lover! (Tht) 2:30 BINGO (DR) 3:00 Happy Hour with Vladimir on Violin (P) 6:30 Hymn Sing-A-Long (P) <b>7:00 Bingo After Dark</b> 7:00 Open Poker (CR)</p>	<p>9:00 Rhythm Reaction Fitness (SG) <b>29</b></p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby) 9:30 Veteran's Group (Tht) <b>10:00 Outing to Fort Vancouver High School for their Community Love Lunch. Free. RSVP</b></p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG) 11:30 Jerlean on Piano (DR) 12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby) 1:00 Aqua Fitness (Pool Room) 1:00 Open Cribbage (CR) <b>1:00 Shopping at Fred Meyer</b> <b>2:30 Brain Games (Tht)</b> 4:00 Linda on Piano (DR) <b>4:00 Lodge Birthday Dinner - RSVP at the Front Desk (DR)</b> 5:45 Rummy Q in the Lofts (Lofts Lobby) 6:30 Bridge (CR) 6:30 Open Pinochle Card Game (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>30</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) <b>10:30 Film Appreciation with Nick - Come explore the aesthetics of cinema, the concepts behind storytelling and various elements of a film (Tht)</b> 12:30 Blood Pressure Reading for Terrace Residents (TL) 1:00 Beanbag Baseball Teams C &amp; D (SG) 1:00 Open Pool (SP) 2:30 BINGO (DR) 3:00 Tai-Chi - Moving for Better Balance (P) <b>4:00 Birthday Dinner for the Plaza, Terrace and Lofts (DR)</b> 4:30 Linda on Piano (DR)</p>	<p>9:00 Sit To Be Fit (SG) <b>31</b></p> <p><b>9:30 Shopping at Winco, Walgreens, Dollar Tree, Target, and Safeway</b></p> <p>10:00 Alzheimer's and Dementia Caregiver Support Group (Tht) 10:00 Chair Massage Therapy - Sign up at the Front Desk. \$20 (ECU) 10:30 Beanbag Baseball Teams A &amp; B (SG) 11:15 Grief Support Group (Tht) <b>12:30 Bus to Vancouver Mall. RSVP</b> <b>1:00 Glenwood Choir (Tht)</b> 1:00 Wii Bowling (SG) 2:30 Happy Hour with Emmy Horowitz (DR) 6:00 Friday Night Movie - "Armstrong" (2019) DOCUMENTARY 1h 40min (Tht)</p>	

## Room Key

<p>(AR) = Activity Room (DR) = Dining Room (LL) = Lodge Lobby (SG) = Sky Gym</p>	<p>(AR) = Activity Room 2nd Floor Lodge (ECU) = ECU Activity Room (MR) = Mailroom (SR) = Spa Room, 2nd floor Lodge</p>	<p>(BQ) = Buffet Dining Room (Lbal) = Lodge Balcony 2nd Floor (P) = Plaza Community Room (TP) = Terrace Front Patio</p>	<p>(CR) = Card Room, 3rd Floor Lodge (Lbal) = Lodge Balcony, 2nd Floor (P) = Plaza Community Room, 2nd floor (TL) = Terrace Lobby</p>	<p>(COMP) = Computer Room (DR) = Lodge Dining Room (PG) = Plaza Garage (TP) = Terrace Lobby/Front Patio Area</p>	<p>(CY) = Courtyard (LG) = Lodge Gardens (PP) = Pool Patio (Tht) = Theater</p>	<p>(Cue) = Cue Room, 3rd Floor Lodge (LLB) = Lodge Library (SP) = Pool Room, Lodge</p>
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# Glenwood Place Calendar

# JANUARY 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>DOCTOR DAYS TUESDAYS</b> West of ANDRESEN Road. Salmon Creek, Hazel Dell, Downtown Vancouver &amp; the VA.</p> <p><b>THURSDAYS</b> East of ANDRESEN Road. 87<sup>th</sup> Ave, Cascade Park, Fisher's Landing, Orchards Mall</p>	<p><b>All outings are highlighted in YELLOW.</b></p> <p><b>Sign up for these events at the front desk. If bus is full, please add your name to the waiting list</b></p>	<p>Glenwood Place 5500 NE 82nd Ave. Vancouver, WA 98662 (360) 892-1100</p> <p><b>Email Activities</b> <a href="mailto:navdienko@glenwoodplace.net">navdienko@glenwoodplace.net</a></p>	<p>9:00 Rhythm Reaction Fitness (SG) <b>1</b></p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby)</p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Open Cribbage (CR)</p> <p><b>1:00 Shopping at Fred Meyer</b></p> <p><b>2:00 Rose Bowl on the Big Screen - Ducks vs. Badgers. Pizza &amp; Soda Provided!!! (P)</b></p> <p>5:45 Rummy Q (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>2</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p><b>11:00 History Talks with John Griffin (Th)</b></p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag C &amp; D (SG)</p> <p>1:00 Five Crowns Game (TL)</p> <p>1:00 Open Pool (SP)</p> <p><b>1:00 Activity Calendar Forum with Nick (Th)</b></p> <p>2:30 Glentucky Derby Horse Races (Th)</p> <p>3:00 Tai-Chi (P)</p> <p>4:30 Linda on Piano (DR)</p> <p><b>4:45 Supper Outing to Cameo Cafe. RSVP. Limited Seating</b></p>	<p>9:00 Sit To Be Fit (SG) <b>3</b></p> <p><b>9:30 Shopping at Winco, Walgreens, Dollar Tree, Target, and Safeway</b></p> <p>10:00 Chair Massage Therapy - \$20 (ECU)</p> <p><b>10:30 Brain Games (Th)</b></p> <p>10:30 Beanbag A &amp; B (SG)</p> <p><b>12:30 Bus to Vanc Mall RSVP</b></p> <p>1:00 Glenwood Choir (Th)</p> <p>1:00 Wii Bowling (SG)</p> <p><b>2:30 Happy Hour with Monte Watters (DR)</b></p> <p><b>6:00 No Friday Movie (Th)</b></p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>4</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p><b>10:30 Saturday Morning with Madeline (SG)</b></p> <p>11:00 Sewing Lady - Mending and hemming at a reasonable rate (MR)</p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p>1:00 Symphony Saturday - Yuja Wang performs Schubert and Schumann (Th)</p> <p>2:30 BINGO (DR)</p> <p><b>6:00 No Saturday Night Movie (Th)</b></p>
<p>8:20 Bus to Columbia Presbyterian <b>5</b></p> <p>8:20 Bus to St Joseph's. RSVP</p> <p>8:20 Bus to St. Paul Lutheran</p> <p>9:00 Bus to Immanuel Lutheran</p> <p>9:20 Bus to First Presbyterian</p> <p>9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Th)</p> <p>1:00 Open Scrabble (P)</p> <p>1:00 Sunday Movie - "McFarland, USA" (2015) PG 2h 9min (Th)</p> <p>1:30 Open Hand in Foot Card Game (CR)</p> <p>2:00 Episcopal Communion (ECU)</p> <p>3:00 First Christian Church Service (DR)</p> <p>3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge)</p> <p>5:45 Rummy Q in the Lofts (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>6</b></p> <p><b>9:30 Casino Outing to Ilani Casino - RSVP Bring \$</b></p> <p>9:30 Sit to be Fit in the Lofts (Lofts Lobby)</p> <p>9:30 Threading Needles (AR)</p> <p>10:30 "People and Stories" Reading Group (LLB)</p> <p>10:30 Computer Lab - Bring your laptop, phone, or tablet and get your questions answered. (COMP)</p> <p>12:30 Blood Pressures Reading for Plaza residents (P)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Monday Movie - "Cinema Paradiso" (1988) FOREIGN FILM - RATED R 2h 35min (Th)</p> <p>1:00 Open Bridge (CR)</p> <p>1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p>3:00 Tai-Chi (P)</p> <p>5:45 Bunco with Vicki. RSVP with Vicki (P)</p> <p>6:30 Bible Study (ECU)</p> <p>6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>7</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:00 Glenwood Theater Rehearsal (Th)</p> <p><b>10:00 NEW - Kitchen Tours. RSVP at the Front Desk. Meet in the Lobby (LL)</b></p> <p>10:30 Beach Ball Toss (in the Sky Gym)</p> <p>1:00 Beanbag Teams B &amp; D (SG)</p> <p>1:00 Farkle with Vicki (P)</p> <p>1:00 Open Pool (SP)</p> <p>1:00 Watercolor with Becky (AR)</p> <p><b>2:00 NEW - Kitchen Tours. RSVP at the Front Desk. Meet in the Lobby (LL)</b></p> <p>2:30 BINGO (DR)</p> <p>3:00 Happy Hour with William Spilette (P)</p> <p>6:00 Rock Painting (AR)</p> <p>6:30 Hymn Sing-A-Long (P)</p> <p>7:00 Open Poker (CR)</p>	<p>8:00 Pedicures with Dawn - Cost is \$25, pay her. Sign up at the front desk for a time slot. (AR) <b>8</b></p> <p>9:00 Rhythm Reaction Fitness (SG)</p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby)</p> <p>9:30 Veteran's Group (Th)</p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Language Club - Want to Learn Sign Language? One of our residents will be teaching! (COMP)</p> <p>1:00 Open Cribbage (CR)</p> <p><b>1:00 Red Hat Ladies - Tea &amp; Movie (Th)</b></p> <p><b>1:00 Shopping at Fred Meyer</b></p> <p>5:45 Rummy Q (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>9</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p><b>10:30 Health Talks with Sabrina (Th)</b></p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag Baseball Teams C &amp; D (SG)</p> <p>1:00 Open Pool (SP)</p> <p><b>1:00 Po-Ke-No Card Game with Vicki (TL)</b></p> <p><b>2:30 Bingo Auction - Bring Your Bingo Bucks to Bid on Some Great Prizes (In the Dining Room)</b></p> <p>3:00 Tai-Chi - Moving for Better Balance (P)</p> <p>4:30 Linda on Piano (DR)</p> <p><b>4:30 Supper Outing to The Hammond Kitchen &amp; Craft Bar in Camas. RSVP</b></p>	<p>9:00 Sit To Be Fit (SG) <b>10</b></p> <p><b>9:30 Shopping trip: - Walmart, Trader Joe's, Fred Meyer (RSVP at the front desk.)</b></p> <p>10:00 Alzheimer's and Dementia Caregiver Support Group (Th)</p> <p>10:00 Chair Massage Therapy - Sign up at the Front Desk. \$20 (ECU)</p> <p>10:30 Beanbag Teams A &amp; B (SG)</p> <p>11:15 Grief Support Group (Th)</p> <p><b>12:30 Bus to Vanc Mall RSVP</b></p> <p><b>12:30 Glenwood Choir (Th)</b></p> <p>1:00 Wii Bowling (SG)</p> <p><b>1:30 Residents Association Meeting (DR)</b></p> <p>2:30 Happy Hour with Karen Overton (DR)</p> <p>6:00 No Friday Movie</p> <p><b>7:00 Performance - The Dynamic Duo of Reno and Cindy Hollar. Great dancing music and songs (DR)</b></p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>11</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p>10:30 Saturday Morning with Madeline (SG)</p> <p><b>1:00 All the World's a Zoo (Th)</b></p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p><b>2:00 Encore Performance - More Music with Reno and Cindy Hollar (DR)</b></p> <p>6:00 Saturday Night Movie - "Downton Abbey" (2019) PG 2h 2min (Th)</p>
<p>8:20 Bus to Columbia Presbyterian <b>12</b></p> <p>8:20 Bus to St Joseph's. RSVP</p> <p>8:20 Bus to St. Paul Lutheran</p> <p>9:00 Bus to Immanuel Lutheran</p> <p>9:20 Bus to First Presbyterian</p> <p>9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Th)</p> <p>1:00 Open Scrabble (P)</p> <p>1:00 Sunday Movie - "Larger Than Life" (1996) PG 1h 33min (Th)</p> <p>1:30 Open Hand in Foot Card Game (CR)</p> <p>3:00 Open Boggle (Cue Room)</p> <p>5:45 Rummy Q (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>13</b></p> <p>9:30 Sit to be Fit (Lofts Lobby)</p> <p>9:30 Threading Needles (AR)</p> <p>10:30 Music Therapy with Dan (Th)</p> <p><b>10:45 Lunch Outing to Red Lobster. RSVP</b></p> <p>12:30 Blood Pressures (P)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Monday Movie - "The Two Popes" (2019) PG-13 2h 5min (Th)</p> <p>1:00 Open Bridge (CR)</p> <p>1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p><b>1:30 Outing to Local Thrift Stores. RSVP</b></p> <p>2:00 Bulletin Board Crafters - (AR)</p> <p>3:00 Tai-Chi (P)</p> <p>6:30 Bible Study (ECU)</p> <p>6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>14</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p><b>10:00 Glenwood Theater Open House - Come join the Acting Group! (Th)</b></p> <p>10:30 Beach Ball Toss (in the Sky Gym)</p> <p>1:00 Beanbag Baseball Teams B &amp; D (SG)</p> <p>1:00 Open Pool (SP)</p> <p>2:30 BINGO (DR)</p> <p>3:00 Happy Hour with Pianist Diome Alcomendac (P)</p> <p>6:00 Rock Painting (AR)</p> <p>6:30 Hymn Sing-A-Long (P)</p> <p>7:00 Open Poker (CR)</p>	<p>7:30 Women &amp; Men's Breakfast! Free. (7:30 - 8:30) (BQ) <b>15</b></p> <p>9:00 Rhythm Reaction (SG)</p> <p>9:30 "Sit to be Fit" (Lofts Lobby)</p> <p>9:30 Veteran's Group (Th)</p> <p>10:30 Beanbag Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Open Cribbage (CR)</p> <p><b>1:00 Shopping at Fred Meyer</b></p> <p><b>2:30 Let's Play Jeopardy! (Th)</b></p> <p>5:45 Rummy Q (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>16</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:30 Book Club hosted by Cynthia (ECU)</p> <p>11:00 History Talks with John Griffin (Th)</p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag Teams C &amp; D (SG)</p> <p>1:00 5 Crowns Card Game (TL)</p> <p>1:00 Open Pool (SP)</p> <p><b>2:30 Glentucky Derby Horse Racing - Store is open! Bring your Derby Bucks (Th)</b></p> <p>3:00 Tai-Chi (P)</p> <p>4:30 Linda on Piano (DR)</p> <p><b>4:30 Supper Outing to Patrick's Hawaiian Cafe. RSVP</b></p>	<p>9:00 Sit To Be Fit (SG) <b>17</b></p> <p><b>9:30 Shopping at Winco, Walgreens, Dollar Tree, Target, and Safeway</b></p> <p>10:00 Alzheimer's and Dementia Support Group (Th)</p> <p>10:00 Chair Massage Therapy - \$20 (ECU)</p> <p>10:30 Beanbag Teams A &amp; B (SG)</p> <p><b>10:30 Headlines and Donuts (TL)</b></p> <p>11:15 Grief Support Group (Th)</p> <p><b>12:30 Bus to Vanc Mall RSVP</b></p> <p>1:00 Glenwood Choir (Th)</p> <p>1:00 Wii Bowling (SG)</p> <p>2:30 Happy Hour Mike Hart (DR)</p> <p>6:00 Friday Night Movie - "The Report" (2019) RATED R 1h 59min (Th)</p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>18</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p>10:30 Saturday Morning with Madeline (SG)</p> <p>11:00 Sewing Lady - Mending and hemming at a reasonable rate (MR)</p> <p><b>1:00 Mystery Drive with Carroll. RSVP</b></p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p>1:00 Symphony Saturday - Rachmaninov, Piano Concerto No. 2 in C minor - Yuja Wang, Yuri Temirkanov (Th)</p> <p>2:30 BINGO (DR)</p> <p>6:00 Saturday Night Movie - "Seven Brides for Seven Brothers" (1954) G 1h 42min (Th)</p>

<p>8:20 Bus to Columbia Presbyterian <b>19</b></p> <p>8:20 Bus to St Joseph's. RSVP 8:20 Bus to St. Paul Lutheran 9:00 Bus to Immanuel Lutheran 9:20 Bus to First Presbyterian 9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht) 11:00 Cherie The Card Lady (LL) 1:00 Open Scrabble (P) 1:00 Sunday Movie - "Operation Dumbo Drop" (1995) PG 1h 47min (Tht) 1:30 Open Hand in Foot Card Game (CR) 2:00 Episcopal Communion (ECU) 3:00 Columbia Christian Church (DR) 3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge) 5:45 Rummy Q in the Lofts (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>20</b></p> <p>9:30 Sit to be Fit in the Lofts (Lofts Lobby)</p> <p><b>9:30 Tour of Pendleton Weaving Mill in Washougal. Limited Seating. Free</b></p> <p>9:30 Threading Needles (AR) 12:30 Blood Pressures Reading for Plaza residents (P) 1:00 Aqua Fitness (Pool Room) 1:00 Monday Movie - "Annie" (1982) PG 2h 7min (Tht) 1:00 Open Bridge (CR) 1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p><b>1:00 Tour of Pendleton Weaving Mill in Washougal. Limited Seating Free.</b></p> <p><b>2:00 Photo Fun with Rebecca! Bring your Camera or Smartphone and let's take photos! (Computer Lab)</b></p> <p>3:00 Tai-Chi - Moving for Better Balance (P) 6:30 Bible Study (ECU) 6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>21</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) 10:00 Glenwood Theater Rehearsal (Tht) 10:30 Beach Ball Toss (in the Sky Gym) 11:30 Free Eyeglass Clinic - eyeglass cleaning and adjustments (LL) 1:00 Beanbag Baseball Teams B &amp; D (SG) 1:00 Farkle with Vicki (P) 1:00 Open Pool (SP) 2:30 BINGO (DR) 3:00 Happy Hour with Stan Lasley (P) 6:30 Hymn Sing-A-Long (P) 7:00 Open Poker (CR)</p> <p><b>7:00 Beanbag Baseball Banquet – Fried Chicken Dinner, drinks, and the award ceremony. Limited to one guest. RSVP. (DR)</b></p>	<p>9:00 Rhythm Reaction Fitness (SG) <b>22</b></p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby) 9:30 Veteran's Group (Tht) 10:30 Beanbag Baseball Teams A &amp; C (SG) 11:30 Jerlean on Piano (DR) 12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby) 1:00 Aqua Fitness (Pool Room) 1:00 Open Cribbage (CR) <b>1:00 Shopping at Fred Meyer</b> <b>2:30 Readings with Nick - Come listen to humorous stories from various popular authors (Tht)</b> 5:45 Rummy Q in the Lofts (Lofts Lobby) 6:30 Bridge (CR) 6:30 Open Pinochle Card Game (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>23</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG)</p> <p><b>10:30 Health Talks with Sabrina (Tht)</b></p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL) 1:00 Beanbag Baseball Teams C &amp; D (SG) 1:00 Open Pool (SP) <b>1:00 Po-Ke-No Card Game with Vicki (TL)</b> 2:00 Life Goes On Support Group - with St. Luke's Episcopal Church (ECU) 2:30 BINGO (DR) 3:00 Tai-Chi - Moving for Better Balance (P) 4:30 Linda on Piano (DR) <b>4:30 Supper Outing to Golden City Restaurant. RSVP</b></p>	<p>9:00 Sit To Be Fit (SG) <b>24</b></p> <p><b>9:30 Shopping trip: - Walmart, Trader Joe's, Fred Meyer (RSVP at the front desk.)</b></p> <p>10:00 Chair Massage Therapy - Sign up at the Front Desk. \$20 (ECU) <b>10:30 Ted Talks (Tht)</b> 10:30 Beanbag Baseball Teams A &amp; B (SG) 12:30 Bus to Vancouver Mall. RSVP 1:00 Glenwood Choir (Tht) 1:00 Wii Bowling (SG) <b>2:30 Come Celebrate Chinese New Year with Shelly Voight (DR)</b> 6:00 Friday Night Movie - "Born Free" (1966) PG 1h 35min (Tht)</p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>25</b></p> <p>10:30 Open Chess &amp; Checkers (CR) 10:30 Saturday Morning with Madeline (SG) <b>1:00 5 Minute Mysteries - Entertaining stumpers will sharpen your powers of observation and test your deductive skills (Tht)</b> 1:00 Open Billiards (Cue Room 3rd Floor Lodge) <b>1:30 Outing to the Vancouver Symphony (Admission \$40)</b> 2:30 BINGO (DR) 6:00 Saturday Night Movie - "For Me and My Gal" (1942) 1h 44min (Tht)</p>
<p>8:20 Bus to Columbia Presbyterian <b>26</b></p> <p>8:20 Bus to St Joseph's. RSVP 8:20 Bus to St. Paul Lutheran 9:00 Bus to Immanuel Lutheran 9:20 Bus to First Presbyterian 9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht) 1:00 Open Scrabble (P) 1:00 Sunday Movie - "The Wild Country" (1970) G 1h 40min (Tht) 1:30 Open Hand in Foot Card Game (CR) 3:00 Hymns &amp; Devotions with Ron &amp; Donna (DR) 3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge) 5:45 Rummy Q in the Lofts (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>27</b></p> <p>9:30 Sit to be Fit in the Lofts (Lofts Lobby) 9:30 Threading Needles (AR)</p> <p><b>10:30 Lunch Outing to Kitchen Table Cafe. RSVP</b></p> <p>10:30 Music Therapy with Dan - Join us for sing alongs and play instruments. (Tht) 12:30 Blood Pressures Reading for Plaza residents (P) 1:00 Aqua Fitness (Pool Room) 1:00 Monday Movie - "The Book Thief" (2013) PG-13 2h 11min (Tht) 1:00 Open Bridge (CR) 1:00 Open Farkle (Cue Room 3rd Floor Lodge) 2:00 Bulletin Board Crafters - come help decorate the bulletin boards with Rebecca! (AR) 3:00 Tai-Chi - Moving for Better Balance (P) 6:30 Bible Study (ECU) 6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>28</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) 10:00 Glenwood Theater Rehearsal (Tht) 10:30 Beach Ball Toss (in the Sky Gym) 1:00 Beanbag Baseball Teams B &amp; D (SG) 1:00 Open Pool (SP) 1:30 Classical Club with Terry. Must do if you are a music lover! (Tht) 2:30 BINGO (DR) 3:00 Happy Hour with Vladimir on Violin (P) 6:30 Hymn Sing-A-Long (P) <b>7:00 Bingo After Dark</b> 7:00 Open Poker (CR)</p>	<p>9:00 Rhythm Reaction Fitness (SG) <b>29</b></p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby) 9:30 Veteran's Group (Tht)</p> <p><b>10:00 Outing to Fort Vancouver High School for their Community Love Lunch. Free. RSVP</b></p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG) 11:30 Jerlean on Piano (DR) 12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby) 1:00 Aqua Fitness (Pool Room) 1:00 Open Cribbage (CR) <b>1:00 Shopping at Fred Meyer</b> <b>2:30 Brain Games (Tht)</b> 4:00 Linda on Piano (DR) <b>4:00 Lodge Birthday Dinner - RSVP at the Front Desk (DR)</b> 5:45 Rummy Q in the Lofts (Lofts Lobby) 6:30 Bridge (CR) 6:30 Open Pinochle Card Game (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>30</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG)</p> <p><b>10:30 Film Appreciation with Nick - Come explore the aesthetics of cinema, the concepts behind storytelling and various elements of a film (Tht)</b></p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL) 1:00 Beanbag Baseball Teams C &amp; D (SG) 1:00 Open Pool (SP) 2:30 BINGO (DR) 3:00 Tai-Chi - Moving for Better Balance (P) <b>4:00 Birthday Dinner for the Plaza, Terrace and Lofts (DR)</b> 4:30 Linda on Piano (DR)</p>	<p>9:00 Sit To Be Fit (SG) <b>31</b></p> <p><b>9:30 Shopping at Winco, Walgreens, Dollar Tree, Target, and Safeway</b></p> <p>10:00 Alzheimer's and Dementia Caregiver Support Group (Tht) 10:00 Chair Massage Therapy - Sign up at the Front Desk. \$20 (ECU) 10:30 Beanbag Baseball Teams A &amp; B (SG) 11:15 Grief Support Group (Tht) <b>12:30 Bus to Vancouver Mall. RSVP</b> <b>1:00 Glenwood Choir (Tht)</b> 1:00 Wii Bowling (SG) 2:30 Happy Hour with Emmy Horowitz (DR) 6:00 Friday Night Movie - "Armstrong" (2019) DOCUMENTARY 1h 40min (Tht)</p>	

## Room Key

(AR) = Activity Room	(AR) = Activity Room 2nd Floor Lodge	(BQ) = Buffet Dining Room	(CR) = Card Room, 3rd Floor Lodge	(COMP) = Computer Room	(CY) = Courtyard	(Cue) = Cue Room, 3rd Floor Lodge
(DR) = Dining Room	(ECU) = ECU Activity Room	(Lbal) = Lodge Balcony 2nd Floor	(Lbal) = Lodge Balcony, 2nd Floor	(DR) = Lodge Dining Room	(LG) = Lodge Gardens	(LLB) = Lodge Library
(LL) = Lodge Lobby	(MR) = Mailroom	(P) = Plaza Community Room	(P) = Plaza Community Room, 2nd floor	(PG) = Plaza Garage	(PP) = Pool Patio	(SP) = Pool Room, Lodge
(SG) = Sky Gym	(SR) = Spa Room, 2nd floor Lodge	(TP) = Terrace Front Patio	(TL) = Terrace Lobby	(TP) = Terrace Lobby/Front Patio Area	(Tht) = Theater	



# Glenwood Place Calendar

# JANUARY 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>DOCTOR DAYS TUESDAYS</b> West of ANDRESEN Road. Salmon Creek, Hazel Dell, Downtown Vancouver &amp; the VA.</p> <p><b>THURSDAYS</b> East of ANDRESEN Road. 87<sup>th</sup> Ave, Cascade Park, Fisher's Landing, Orchards Mall</p>	<p><b>All outings are highlighted in YELLOW.</b></p> <p>Sign up for these events at the front desk. If bus is full, please add your name to the waiting list</p>	<p>Glenwood Place 5500 NE 82nd Ave. Vancouver, WA 98662 (360) 892-1100</p> <p>Email Activities <a href="mailto:navdienko@glenwoodplace.net">navdienko@glenwoodplace.net</a></p>	<p>9:00 Rhythm Reaction Fitness (SG) <b>1</b></p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby)</p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Open Cribbage (CR)</p> <p>1:00 Shopping at Fred Meyer</p> <p>2:00 Rose Bowl on the Big Screen - Ducks vs. Badgers. Pizza &amp; Soda Provided!!! (P)</p> <p>5:45 Rummy Q (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>2</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>11:00 History Talks with John Griffin (Tht)</p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag C &amp; D (SG)</p> <p>1:00 Five Crowns Game (TL)</p> <p>1:00 Open Pool (SP)</p> <p>1:00 Activity Calendar Forum with Nick (Tht)</p> <p>2:30 Glentucky Derby Horse Races (Tht)</p> <p>3:00 Tai-Chi (P)</p> <p>4:30 Linda on Piano (DR)</p> <p>4:45 Supper Outing to Cameo Cafe. RSVP. Limited Seating</p>	<p>9:00 Sit To Be Fit (SG) <b>3</b></p> <p>9:30 Shopping at Winco, Walgreens, Dollar Tree, Target, and Safeway</p> <p>10:00 Chair Massage Therapy - \$20 (ECU)</p> <p>10:30 Brain Games (Tht)</p> <p>10:30 Beanbag A &amp; B (SG)</p> <p>12:30 Bus to Vanc Mall RSVP</p> <p>1:00 Glenwood Choir (Tht)</p> <p>1:00 Wii Bowling (SG)</p> <p>2:30 Happy Hour with Monte Watters (DR)</p> <p>6:00 No Friday Movie (Tht)</p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>4</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p>10:30 Saturday Morning with Madeline (SG)</p> <p>11:00 Sewing Lady - Mending and hemming at a reasonable rate (MR)</p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p>1:00 Symphony Saturday - Yuja Wang performs Schubert and Schumann (Tht)</p> <p>2:30 BINGO (DR)</p> <p>6:00 No Saturday Night Movie (Tht)</p>
<p>8:20 Bus to Columbia Presbyterian <b>5</b></p> <p>8:20 Bus to St Joseph's. RSVP</p> <p>8:20 Bus to St. Paul Lutheran</p> <p>9:00 Bus to Immanuel Lutheran</p> <p>9:20 Bus to First Presbyterian</p> <p>9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht)</p> <p>1:00 Open Scrabble (P)</p> <p>1:00 Sunday Movie - "McFarland, USA" (2015) PG 2h 9min (Tht)</p> <p>1:30 Open Hand in Foot Card Game (CR)</p> <p>2:00 Episcopal Communion (ECU)</p> <p>3:00 First Christian Church Service (DR)</p> <p>3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge)</p> <p>5:45 Rummy Q in the Lofts (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>6</b></p> <p>9:30 Casino Outing to Ilani Casino - RSVP Bring \$</p> <p>9:30 Sit to be Fit in the Lofts (Lofts Lobby)</p> <p>9:30 Threading Needles (AR)</p> <p>10:30 "People and Stories" Reading Group (LLB)</p> <p>10:30 Computer Lab - Bring your laptop, phone, or tablet and get your questions answered. (COMP)</p> <p>12:30 Blood Pressures Reading for Plaza residents (P)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Monday Movie - "Cinema Paradiso" (1988) FOREIGN FILM - RATED R 2h 35min (Tht)</p> <p>1:00 Open Bridge (CR)</p> <p>1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p>3:00 Tai-Chi (P)</p> <p>5:45 Bunco with Vicki. RSVP with Vicki (P)</p> <p>6:30 Bible Study (ECU)</p> <p>6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>7</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:00 Glenwood Theater Rehearsal (Tht)</p> <p>10:00 NEW - Kitchen Tours. RSVP at the Front Desk. Meet in the Lobby (LL)</p> <p>10:30 Beach Ball Toss (in the Sky Gym)</p> <p>1:00 Beanbag Teams B &amp; D (SG)</p> <p>1:00 Farkle with Vicki (P)</p> <p>1:00 Open Pool (SP)</p> <p>1:00 Watercolor with Becky (AR)</p> <p>2:00 NEW - Kitchen Tours. RSVP at the Front Desk. Meet in the Lobby (LL)</p> <p>2:30 BINGO (DR)</p> <p>3:00 Happy Hour with William Spilette (P)</p> <p>6:00 Rock Painting (AR)</p> <p>6:30 Hymn Sing-A-Long (P)</p> <p>7:00 Open Poker (CR)</p>	<p>8:00 Pedicures with Dawn - Cost is \$25, pay her. Sign up at the front desk for a time slot. (AR) <b>8</b></p> <p>9:00 Rhythm Reaction Fitness (SG)</p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby)</p> <p>9:30 Veteran's Group (Tht)</p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Language Club - Want to Learn Sign Language? One of our residents will be teaching! (COMP)</p> <p>1:00 Open Cribbage (CR)</p> <p>1:00 Red Hat Ladies - Tea &amp; Movie (Tht)</p> <p>1:00 Shopping at Fred Meyer</p> <p>5:45 Rummy Q (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>9</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:30 Health Talks with Sabrina (Tht)</p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag Baseball Teams C &amp; D (SG)</p> <p>1:00 Open Pool (SP)</p> <p>1:00 Po-Ke-No Card Game with Vicki (TL)</p> <p>2:30 Bingo Auction - Bring Your Bingo Bucks to Bid on Some Great Prizes (In the Dining Room)</p> <p>3:00 Tai-Chi - Moving for Better Balance (P)</p> <p>4:30 Linda on Piano (DR)</p> <p>4:30 Supper Outing to The Hammond Kitchen &amp; Craft Bar in Camas. RSVP</p>	<p>9:00 Sit To Be Fit (SG) <b>10</b></p> <p>9:30 Shopping trip: - Walmart, Trader Joe's, Fred Meyer (RSVP at the front desk.)</p> <p>10:00 Alzheimer's and Dementia Caregiver Support Group (Tht)</p> <p>10:00 Chair Massage Therapy - Sign up at the Front Desk. \$20 (ECU)</p> <p>10:30 Beanbag Teams A &amp; B (SG)</p> <p>11:15 Grief Support Group (Tht)</p> <p>12:30 Bus to Vanc Mall RSVP</p> <p>12:30 Glenwood Choir (Tht)</p> <p>1:00 Wii Bowling (SG)</p> <p>1:30 Residents Association Meeting (DR)</p> <p>2:30 Happy Hour with Karen Overton (DR)</p> <p>6:00 No Friday Movie</p> <p>7:00 Performance - The Dynamic Duo of Reno and Cindy Hollar. Great dancing music and songs (DR)</p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>11</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p>10:30 Saturday Morning with Madeline (SG)</p> <p>1:00 All the World's a Zoo (Tht)</p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p>2:00 Encore Performance - More Music with Reno and Cindy Hollar (DR)</p> <p>6:00 Saturday Night Movie - "Downton Abbey" (2019) PG 2h 2min (Tht)</p>
<p>8:20 Bus to Columbia Presbyterian <b>12</b></p> <p>8:20 Bus to St Joseph's. RSVP</p> <p>8:20 Bus to St. Paul Lutheran</p> <p>9:00 Bus to Immanuel Lutheran</p> <p>9:20 Bus to First Presbyterian</p> <p>9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht)</p> <p>1:00 Open Scrabble (P)</p> <p>1:00 Sunday Movie - "Larger Than Life" (1996) PG 1h 33min (Tht)</p> <p>1:30 Open Hand in Foot Card Game (CR)</p> <p>3:00 Open Boggle (Cue Room)</p> <p>5:45 Rummy Q (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>13</b></p> <p>9:30 Sit to be Fit (Lofts Lobby)</p> <p>9:30 Threading Needles (AR)</p> <p>10:30 Music Therapy with Dan (Tht)</p> <p>10:45 Lunch Outing to Red Lobster. RSVP</p> <p>12:30 Blood Pressures (P)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Monday Movie - "The Two Popes" (2019) PG-13 2h 5min (Tht)</p> <p>1:00 Open Bridge (CR)</p> <p>1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p>1:30 Outing to Local Thrift Stores. RSVP</p> <p>2:00 Bulletin Board Crafters - (AR)</p> <p>3:00 Tai-Chi (P)</p> <p>6:30 Bible Study (ECU)</p> <p>6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>14</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:00 Glenwood Theater Open House - Come join the Acting Group! (Tht)</p> <p>10:30 Beach Ball Toss (in the Sky Gym)</p> <p>1:00 Beanbag Baseball Teams B &amp; D (SG)</p> <p>1:00 Open Pool (SP)</p> <p>2:30 BINGO (DR)</p> <p>3:00 Happy Hour with Pianist Diome Alcomendac (P)</p> <p>6:00 Rock Painting (AR)</p> <p>6:30 Hymn Sing-A-Long (P)</p> <p>7:00 Open Poker (CR)</p>	<p>7:30 Women &amp; Men's Breakfast! Free. (7:30 - 8:30) (BQ) <b>15</b></p> <p>9:00 Rhythm Reaction (SG)</p> <p>9:30 "Sit to be Fit" (Lofts Lobby)</p> <p>9:30 Veteran's Group (Tht)</p> <p>10:30 Beanbag Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Open Cribbage (CR)</p> <p>1:00 Shopping at Fred Meyer</p> <p>2:30 Let's Play Jeopardy! (Tht)</p> <p>5:45 Rummy Q (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>16</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:30 Book Club hosted by Cynthia (ECU)</p> <p>11:00 History Talks with John Griffin (Tht)</p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag Teams C &amp; D (SG)</p> <p>1:00 5 Crowns Card Game (TL)</p> <p>1:00 Open Pool (SP)</p> <p>2:30 Glentucky Derby Horse Racing - Store is open! Bring your Derby Bucks (Tht)</p> <p>3:00 Tai-Chi (P)</p> <p>4:30 Linda on Piano (DR)</p> <p>4:30 Supper Outing to Patrick's Hawaiian Cafe. RSVP</p>	<p>9:00 Sit To Be Fit (SG) <b>17</b></p> <p>9:30 Shopping at Winco, Walgreens, Dollar Tree, Target, and Safeway</p> <p>10:00 Alzheimer's and Dementia Support Group (Tht)</p> <p>10:00 Chair Massage Therapy - \$20 (ECU)</p> <p>10:30 Beanbag Teams A &amp; B (SG)</p> <p>10:30 Headlines and Donuts (TL)</p> <p>11:15 Grief Support Group (Tht)</p> <p>12:30 Bus to Vanc Mall RSVP</p> <p>1:00 Glenwood Choir (Tht)</p> <p>1:00 Wii Bowling (SG)</p> <p>2:30 Happy Hour Mike Hart (DR)</p> <p>6:00 Friday Night Movie - "The Report" (2019) RATED R 1h 59min (Tht)</p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>18</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p>10:30 Saturday Morning with Madeline (SG)</p> <p>11:00 Sewing Lady - Mending and hemming at a reasonable rate (MR)</p> <p>1:00 Mystery Drive with Carroll. RSVP</p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p>1:00 Symphony Saturday - Rachmaninov, Piano Concerto No. 2 in C minor - Yuja Wang, Yuri Temirkanov (Tht)</p> <p>2:30 BINGO (DR)</p> <p>6:00 Saturday Night Movie - "Seven Brides for Seven Brothers" (1954) G 1h 42min (Tht)</p>

<p>8:20 Bus to Columbia Presbyterian <b>19</b></p> <p>8:20 Bus to St Joseph's. RSVP</p> <p>8:20 Bus to St. Paul Lutheran</p> <p>9:00 Bus to Immanuel Lutheran</p> <p>9:20 Bus to First Presbyterian</p> <p>9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht)</p> <p>11:00 Cherie The Card Lady (LL)</p> <p>1:00 Open Scrabble (P)</p> <p>1:00 Sunday Movie - "Operation Dumbo Drop" (1995) PG 1h 47min (Tht)</p> <p>1:30 Open Hand in Foot Card Game (CR)</p> <p>2:00 Episcopal Communion (ECU)</p> <p>3:00 Columbia Christian Church (DR)</p> <p>3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge)</p> <p>5:45 Rummy Q in the Lofts (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>20</b></p> <p>9:30 Sit to be Fit in the Lofts (Lofts Lobby)</p> <p><b>9:30 Tour of Pendleton Weaving Mill in Washougal. Limited Seating. Free</b></p> <p>9:30 Threading Needles (AR)</p> <p>12:30 Blood Pressures Reading for Plaza residents (P)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Monday Movie - "Annie" (1982) PG 2h 7min (Tht)</p> <p>1:00 Open Bridge (CR)</p> <p>1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p><b>1:00 Tour of Pendleton Weaving Mill in Washougal. Limited Seating Free.</b></p> <p><b>2:00 Photo Fun with Rebecca! Bring your Camera or Smartphone and let's take photos! (Computer Lab)</b></p> <p>3:00 Tai-Chi - Moving for Better Balance (P)</p> <p>6:30 Bible Study (ECU)</p> <p>6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>21</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:00 Glenwood Theater Rehearsal (Tht)</p> <p>10:30 Beach Ball Toss (in the Sky Gym)</p> <p>11:30 Free Eyeglass Clinic - eyeglass cleaning and adjustments (LL)</p> <p>1:00 Beanbag Baseball Teams B &amp; D (SG)</p> <p>1:00 Farkle with Vicki (P)</p> <p>1:00 Open Pool (SP)</p> <p>2:30 BINGO (DR)</p> <p>3:00 Happy Hour with Stan Lasley (P)</p> <p>6:30 Hymn Sing-A-Long (P)</p> <p>7:00 Open Poker (CR)</p> <p><b>7:00 Beanbag Baseball Banquet – Fried Chicken Dinner, drinks, and the award ceremony. Limited to one guest. RSVP. (DR)</b></p>	<p>9:00 Rhythm Reaction Fitness (SG) <b>22</b></p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby)</p> <p>9:30 Veteran's Group (Tht)</p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Open Cribbage (CR)</p> <p><b>1:00 Shopping at Fred Meyer</b></p> <p><b>2:30 Readings with Nick - Come listen to humorous stories from various popular authors (Tht)</b></p> <p>5:45 Rummy Q in the Lofts (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle Card Game (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>23</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p><b>10:30 Health Talks with Sabrina (Tht)</b></p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag Baseball Teams C &amp; D (SG)</p> <p>1:00 Open Pool (SP)</p> <p><b>1:00 Po-Ke-No Card Game with Vicki (TL)</b></p> <p>2:00 Life Goes On Support Group - with St. Luke's Episcopal Church (ECU)</p> <p>2:30 BINGO (DR)</p> <p>3:00 Tai-Chi - Moving for Better Balance (P)</p> <p>4:30 Linda on Piano (DR)</p> <p><b>4:30 Supper Outing to Golden City Restaurant. RSVP</b></p>	<p>9:00 Sit To Be Fit (SG) <b>24</b></p> <p><b>9:30 Shopping trip: - Walmart, Trader Joe's, Fred Meyer (RSVP at the front desk.)</b></p> <p>10:00 Chair Massage Therapy - Sign up at the Front Desk. \$20 (ECU)</p> <p><b>10:30 Ted Talks (Tht)</b></p> <p>10:30 Beanbag Baseball Teams A &amp; B (SG)</p> <p>12:30 Bus to Vancouver Mall. RSVP</p> <p>1:00 Glenwood Choir (Tht)</p> <p>1:00 Wii Bowling (SG)</p> <p><b>2:30 Come Celebrate Chinese New Year with Shelly Voight (DR)</b></p> <p>6:00 Friday Night Movie - "Born Free" (1966) PG 1h 35min (Tht)</p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>25</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p>10:30 Saturday Morning with Madeline (SG)</p> <p><b>1:00 5 Minute Mysteries - Entertaining stumpers will sharpen your powers of observation and test your deductive skills (Tht)</b></p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p><b>1:30 Outing to the Vancouver Symphony (Admission \$40)</b></p> <p>2:30 BINGO (DR)</p> <p>6:00 Saturday Night Movie - "For Me and My Gal" (1942) 1h 44min (Tht)</p>
<p>8:20 Bus to Columbia Presbyterian <b>26</b></p> <p>8:20 Bus to St Joseph's. RSVP</p> <p>8:20 Bus to St. Paul Lutheran</p> <p>9:00 Bus to Immanuel Lutheran</p> <p>9:20 Bus to First Presbyterian</p> <p>9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht)</p> <p>1:00 Open Scrabble (P)</p> <p>1:00 Sunday Movie - "The Wild Country" (1970) G 1h 40min (Tht)</p> <p>1:30 Open Hand in Foot Card Game (CR)</p> <p>3:00 Hymns &amp; Devotions with Ron &amp; Donna (DR)</p> <p>3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge)</p> <p>5:45 Rummy Q in the Lofts (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>27</b></p> <p>9:30 Sit to be Fit in the Lofts (Lofts Lobby)</p> <p>9:30 Threading Needles (AR)</p> <p><b>10:30 Lunch Outing to Kitchen Table Cafe. RSVP</b></p> <p>10:30 Music Therapy with Dan - Join us for sing alongs and play instruments. (Tht)</p> <p>12:30 Blood Pressures Reading for Plaza residents (P)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Monday Movie - "The Book Thief" (2013) PG-13 2h 11min (Tht)</p> <p>1:00 Open Bridge (CR)</p> <p>1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p>2:00 Bulletin Board Crafters - come help decorate the bulletin boards with Rebecca! (AR)</p> <p>3:00 Tai-Chi - Moving for Better Balance (P)</p> <p>6:30 Bible Study (ECU)</p> <p>6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>28</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:00 Glenwood Theater Rehearsal (Tht)</p> <p>10:30 Beach Ball Toss (in the Sky Gym)</p> <p>1:00 Beanbag Baseball Teams B &amp; D (SG)</p> <p>1:00 Open Pool (SP)</p> <p>1:30 Classical Club with Terry. Must do if you are a music lover! (Tht)</p> <p>2:30 BINGO (DR)</p> <p>3:00 Happy Hour with Vladimir on Violin (P)</p> <p>6:30 Hymn Sing-A-Long (P)</p> <p><b>7:00 Bingo After Dark</b></p> <p>7:00 Open Poker (CR)</p>	<p>9:00 Rhythm Reaction Fitness (SG) <b>29</b></p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby)</p> <p>9:30 Veteran's Group (Tht)</p> <p><b>10:00 Outing to Fort Vancouver High School for their Community Love Lunch. Free. RSVP</b></p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Open Cribbage (CR)</p> <p><b>1:00 Shopping at Fred Meyer</b></p> <p><b>2:30 Brain Games (Tht)</b></p> <p>4:00 Linda on Piano (DR)</p> <p><b>4:00 Lodge Birthday Dinner - RSVP at the Front Desk (DR)</b></p> <p>5:45 Rummy Q in the Lofts (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle Card Game (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>30</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p><b>10:30 Film Appreciation with Nick - Come explore the aesthetics of cinema, the concepts behind storytelling and various elements of a film (Tht)</b></p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag Baseball Teams C &amp; D (SG)</p> <p>1:00 Open Pool (SP)</p> <p>2:30 BINGO (DR)</p> <p>3:00 Tai-Chi - Moving for Better Balance (P)</p> <p><b>4:00 Birthday Dinner for the Plaza, Terrace and Lofts (DR)</b></p> <p>4:30 Linda on Piano (DR)</p>	<p>9:00 Sit To Be Fit (SG) <b>31</b></p> <p><b>9:30 Shopping at Winco, Walgreens, Dollar Tree, Target, and Safeway</b></p> <p>10:00 Alzheimer's and Dementia Caregiver Support Group (Tht)</p> <p>10:00 Chair Massage Therapy - Sign up at the Front Desk. \$20 (ECU)</p> <p>10:30 Beanbag Baseball Teams A &amp; B (SG)</p> <p>11:15 Grief Support Group (Tht)</p> <p><b>12:30 Bus to Vancouver Mall. RSVP</b></p> <p><b>1:00 Glenwood Choir (Tht)</b></p> <p>1:00 Wii Bowling (SG)</p> <p>2:30 Happy Hour with Emmy Horowitz (DR)</p> <p>6:00 Friday Night Movie - "Armstrong" (2019) DOCUMENTARY 1h 40min (Tht)</p>	

## Room Key

(AR) = Activity Room	(AR) = Activity Room 2nd Floor Lodge	(BQ) = Buffet Dining Room	(CR) = Card Room, 3rd Floor Lodge	(COMP) = Computer Room	(CY) = Courtyard	(Cue) = Cue Room, 3rd Floor Lodge
(DR) = Dining Room	(ECU) = ECU Activity Room	(Lbal) = Lodge Balcony 2nd Floor	(Lbal) = Lodge Balcony, 2nd Floor	(DR) = Lodge Dining Room	(LG) = Lodge Gardens	(LLB) = Lodge Library
(LL) = Lodge Lobby	(MR) = Mailroom	(P) = Plaza Community Room	(P) = Plaza Community Room, 2nd floor	(PG) = Plaza Garage	(PP) = Pool Patio	(SP) = Pool Room, Lodge
(SG) = Sky Gym	(SR) = Spa Room, 2nd floor Lodge	(TP) = Terrace Front Patio	(TL) = Terrace Lobby	(TP) = Terrace Lobby/Front Patio Area	(Tht) = Theater	



# Glenwood Place Calendar

# JANUARY 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>DOCTOR DAYS TUESDAYS</b> West of ANDRESEN Road. Salmon Creek, Hazel Dell, Downtown Vancouver &amp; the VA.</p> <p><b>THURSDAYS</b> East of ANDRESEN Road. 87<sup>th</sup> Ave, Cascade Park, Fisher's Landing, Orchards Mall</p>	<p><b>All outings are highlighted in YELLOW.</b></p> <p><b>Sign up for these events at the front desk. If bus is full, please add your name to the waiting list</b></p>	<p>Glenwood Place 5500 NE 82nd Ave. Vancouver, WA 98662 (360) 892-1100</p> <p><b>Email Activities</b> <a href="mailto:navdienko@glenwoodplace.net">navdienko@glenwoodplace.net</a></p>	<p>9:00 Rhythm Reaction Fitness (SG) <b>1</b></p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby)</p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Open Cribbage (CR)</p> <p><b>1:00 Shopping at Fred Meyer</b></p> <p><b>2:00 Rose Bowl on the Big Screen - Ducks vs. Badgers. Pizza &amp; Soda Provided!!! (P)</b></p> <p>5:45 Rummy Q (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>2</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p><b>11:00 History Talks with John Griffin (Th)</b></p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag C &amp; D (SG)</p> <p>1:00 Five Crowns Game (TL)</p> <p>1:00 Open Pool (SP)</p> <p><b>1:00 Activity Calendar Forum with Nick (Th)</b></p> <p>2:30 Glentucky Derby Horse Races (Th)</p> <p>3:00 Tai-Chi (P)</p> <p>4:30 Linda on Piano (DR)</p> <p><b>4:45 Supper Outing to Cameo Cafe. RSVP. Limited Seating</b></p>	<p>9:00 Sit To Be Fit (SG) <b>3</b></p> <p><b>9:30 Shopping at Winco, Walgreens, Dollar Tree, Target, and Safeway</b></p> <p>10:00 Chair Massage Therapy - \$20 (ECU)</p> <p><b>10:30 Brain Games (Th)</b></p> <p>10:30 Beanbag A &amp; B (SG)</p> <p><b>12:30 Bus to Vanc Mall RSVP</b></p> <p>1:00 Glenwood Choir (Th)</p> <p>1:00 Wii Bowling (SG)</p> <p><b>2:30 Happy Hour with Monte Watters (DR)</b></p> <p><b>6:00 No Friday Movie (Th)</b></p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>4</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p><b>10:30 Saturday Morning with Madeline (SG)</b></p> <p>11:00 Sewing Lady - Mending and hemming at a reasonable rate (MR)</p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p>1:00 Symphony Saturday - Yuja Wang performs Schubert and Schumann (Th)</p> <p>2:30 BINGO (DR)</p> <p><b>6:00 No Saturday Night Movie (Th)</b></p>
<p>8:20 Bus to Columbia Presbyterian <b>5</b></p> <p>8:20 Bus to St Joseph's. RSVP</p> <p>8:20 Bus to St. Paul Lutheran</p> <p>9:00 Bus to Immanuel Lutheran</p> <p>9:20 Bus to First Presbyterian</p> <p>9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Th)</p> <p>1:00 Open Scrabble (P)</p> <p>1:00 Sunday Movie - "McFarland, USA" (2015) PG 2h 9min (Th)</p> <p>1:30 Open Hand in Foot Card Game (CR)</p> <p>2:00 Episcopal Communion (ECU)</p> <p>3:00 First Christian Church Service (DR)</p> <p>3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge)</p> <p>5:45 Rummy Q in the Lofts (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>6</b></p> <p><b>9:30 Casino Outing to Ilani Casino - RSVP Bring \$</b></p> <p>9:30 Sit to be Fit in the Lofts (Lofts Lobby)</p> <p>9:30 Threading Needles (AR)</p> <p>10:30 "People and Stories" Reading Group (LLB)</p> <p>10:30 Computer Lab - Bring your laptop, phone, or tablet and get your questions answered. (COMP)</p> <p>12:30 Blood Pressures Reading for Plaza residents (P)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Monday Movie - "Cinema Paradiso" (1988) FOREIGN FILM - RATED R 2h 35min (Th)</p> <p>1:00 Open Bridge (CR)</p> <p>1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p>3:00 Tai-Chi (P)</p> <p>5:45 Bunco with Vicki. RSVP with Vicki (P)</p> <p>6:30 Bible Study (ECU)</p> <p>6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>7</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:00 Glenwood Theater Rehearsal (Th)</p> <p><b>10:00 NEW - Kitchen Tours. RSVP at the Front Desk. Meet in the Lobby (LL)</b></p> <p>10:30 Beach Ball Toss (in the Sky Gym)</p> <p>1:00 Beanbag Teams B &amp; D (SG)</p> <p>1:00 Farkle with Vicki (P)</p> <p>1:00 Open Pool (SP)</p> <p>1:00 Watercolor with Becky (AR)</p> <p><b>2:00 NEW - Kitchen Tours. RSVP at the Front Desk. Meet in the Lobby (LL)</b></p> <p>2:30 BINGO (DR)</p> <p>3:00 Happy Hour with William Spilette (P)</p> <p>6:00 Rock Painting (AR)</p> <p>6:30 Hymn Sing-A-Long (P)</p> <p>7:00 Open Poker (CR)</p>	<p>8:00 Pedicures with Dawn - Cost is \$25, pay her. Sign up at the front desk for a time slot. (AR) <b>8</b></p> <p>9:00 Rhythm Reaction Fitness (SG)</p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby)</p> <p>9:30 Veteran's Group (Th)</p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Language Club - Want to Learn Sign Language? One of our residents will be teaching! (COMP)</p> <p>1:00 Open Cribbage (CR)</p> <p><b>1:00 Red Hat Ladies - Tea &amp; Movie (Th)</b></p> <p><b>1:00 Shopping at Fred Meyer</b></p> <p>5:45 Rummy Q (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>9</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p><b>10:30 Health Talks with Sabrina (Th)</b></p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag Baseball Teams C &amp; D (SG)</p> <p>1:00 Open Pool (SP)</p> <p><b>1:00 Po-Ke-No Card Game with Vicki (TL)</b></p> <p><b>2:30 Bingo Auction - Bring Your Bingo Bucks to Bid on Some Great Prizes (In the Dining Room)</b></p> <p>3:00 Tai-Chi - Moving for Better Balance (P)</p> <p>4:30 Linda on Piano (DR)</p> <p><b>4:30 Supper Outing to The Hammond Kitchen &amp; Craft Bar in Camas. RSVP</b></p>	<p>9:00 Sit To Be Fit (SG) <b>10</b></p> <p><b>9:30 Shopping trip: - Walmart, Trader Joe's, Fred Meyer (RSVP at the front desk.)</b></p> <p>10:00 Alzheimer's and Dementia Caregiver Support Group (Th)</p> <p>10:00 Chair Massage Therapy - Sign up at the Front Desk. \$20 (ECU)</p> <p>10:30 Beanbag Teams A &amp; B (SG)</p> <p>11:15 Grief Support Group (Th)</p> <p><b>12:30 Bus to Vanc Mall RSVP</b></p> <p><b>12:30 Glenwood Choir (Th)</b></p> <p>1:00 Wii Bowling (SG)</p> <p><b>1:30 Residents Association Meeting (DR)</b></p> <p>2:30 Happy Hour with Karen Overton (DR)</p> <p>6:00 No Friday Movie</p> <p><b>7:00 Performance - The Dynamic Duo of Reno and Cindy Hollar. Great dancing music and songs (DR)</b></p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>11</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p>10:30 Saturday Morning with Madeline (SG)</p> <p><b>1:00 All the World's a Zoo (Th)</b></p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p><b>2:00 Encore Performance - More Music with Reno and Cindy Hollar (DR)</b></p> <p>6:00 Saturday Night Movie - "Downton Abbey" (2019) PG 2h 2min (Th)</p>
<p>8:20 Bus to Columbia Presbyterian <b>12</b></p> <p>8:20 Bus to St Joseph's. RSVP</p> <p>8:20 Bus to St. Paul Lutheran</p> <p>9:00 Bus to Immanuel Lutheran</p> <p>9:20 Bus to First Presbyterian</p> <p>9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Th)</p> <p>1:00 Open Scrabble (P)</p> <p>1:00 Sunday Movie - "Larger Than Life" (1996) PG 1h 33min (Th)</p> <p>1:30 Open Hand in Foot Card Game (CR)</p> <p>3:00 Open Boggle (Cue Room)</p> <p>5:45 Rummy Q (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>13</b></p> <p>9:30 Sit to be Fit (Lofts Lobby)</p> <p>9:30 Threading Needles (AR)</p> <p>10:30 Music Therapy with Dan (Th)</p> <p><b>10:45 Lunch Outing to Red Lobster. RSVP</b></p> <p>12:30 Blood Pressures (P)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Monday Movie - "The Two Popes" (2019) PG-13 2h 5min (Th)</p> <p>1:00 Open Bridge (CR)</p> <p>1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p><b>1:30 Outing to Local Thrift Stores. RSVP</b></p> <p>2:00 Bulletin Board Crafters - (AR)</p> <p>3:00 Tai-Chi (P)</p> <p>6:30 Bible Study (ECU)</p> <p>6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>14</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p><b>10:00 Glenwood Theater Open House - Come join the Acting Group! (Th)</b></p> <p>10:30 Beach Ball Toss (in the Sky Gym)</p> <p>1:00 Beanbag Baseball Teams B &amp; D (SG)</p> <p>1:00 Open Pool (SP)</p> <p>2:30 BINGO (DR)</p> <p>3:00 Happy Hour with Pianist Diome Alcomendac (P)</p> <p>6:00 Rock Painting (AR)</p> <p>6:30 Hymn Sing-A-Long (P)</p> <p>7:00 Open Poker (CR)</p>	<p>7:30 Women &amp; Men's Breakfast! Free. (7:30 - 8:30) (BQ) <b>15</b></p> <p>9:00 Rhythm Reaction (SG)</p> <p>9:30 "Sit to be Fit" (Lofts Lobby)</p> <p>9:30 Veteran's Group (Th)</p> <p>10:30 Beanbag Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Open Cribbage (CR)</p> <p><b>1:00 Shopping at Fred Meyer</b></p> <p><b>2:30 Let's Play Jeopardy! (Th)</b></p> <p>5:45 Rummy Q (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>16</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:30 Book Club hosted by Cynthia (ECU)</p> <p>11:00 History Talks with John Griffin (Th)</p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag Teams C &amp; D (SG)</p> <p>1:00 5 Crowns Card Game (TL)</p> <p>1:00 Open Pool (SP)</p> <p><b>2:30 Glentucky Derby Horse Racing - Store is open! Bring your Derby Bucks (Th)</b></p> <p>3:00 Tai-Chi (P)</p> <p>4:30 Linda on Piano (DR)</p> <p><b>4:30 Supper Outing to Patrick's Hawaiian Cafe. RSVP</b></p>	<p>9:00 Sit To Be Fit (SG) <b>17</b></p> <p><b>9:30 Shopping at Winco, Walgreens, Dollar Tree, Target, and Safeway</b></p> <p>10:00 Alzheimer's and Dementia Support Group (Th)</p> <p>10:00 Chair Massage Therapy - \$20 (ECU)</p> <p>10:30 Beanbag Teams A &amp; B (SG)</p> <p><b>10:30 Headlines and Donuts (TL)</b></p> <p>11:15 Grief Support Group (Th)</p> <p><b>12:30 Bus to Vanc Mall RSVP</b></p> <p>1:00 Glenwood Choir (Th)</p> <p>1:00 Wii Bowling (SG)</p> <p>2:30 Happy Hour Mike Hart (DR)</p> <p>6:00 Friday Night Movie - "The Report" (2019) RATED R 1h 59min (Th)</p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>18</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p>10:30 Saturday Morning with Madeline (SG)</p> <p>11:00 Sewing Lady - Mending and hemming at a reasonable rate (MR)</p> <p><b>1:00 Mystery Drive with Carroll. RSVP</b></p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p>1:00 Symphony Saturday - Rachmaninov, Piano Concerto No. 2 in C minor - Yuja Wang, Yuri Temirkanov (Th)</p> <p>2:30 BINGO (DR)</p> <p>6:00 Saturday Night Movie - "Seven Brides for Seven Brothers" (1954) G 1h 42min (Th)</p>

<p>8:20 Bus to Columbia Presbyterian <b>19</b></p> <p>8:20 Bus to St Joseph's. RSVP 8:20 Bus to St. Paul Lutheran 9:00 Bus to Immanuel Lutheran 9:20 Bus to First Presbyterian 9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht) 11:00 Cherie The Card Lady (LL) 1:00 Open Scrabble (P) 1:00 Sunday Movie - "Operation Dumbo Drop" (1995) PG 1h 47min (Tht) 1:30 Open Hand in Foot Card Game (CR) 2:00 Episcopal Communion (ECU) 3:00 Columbia Christian Church (DR) 3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge) 5:45 Rummy Q in the Lofts (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>20</b></p> <p>9:30 Sit to be Fit in the Lofts (Lofts Lobby)</p> <p><b>9:30 Tour of Pendleton Weaving Mill in Washougal. Limited Seating. Free</b></p> <p>9:30 Threading Needles (AR) 12:30 Blood Pressures Reading for Plaza residents (P) 1:00 Aqua Fitness (Pool Room) 1:00 Monday Movie - "Annie" (1982) PG 2h 7min (Tht) 1:00 Open Bridge (CR) 1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p><b>1:00 Tour of Pendleton Weaving Mill in Washougal. Limited Seating Free.</b></p> <p><b>2:00 Photo Fun with Rebecca! Bring your Camera or Smartphone and let's take photos! (Computer Lab)</b></p> <p>3:00 Tai-Chi - Moving for Better Balance (P) 6:30 Bible Study (ECU) 6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>21</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) 10:00 Glenwood Theater Rehearsal (Tht) 10:30 Beach Ball Toss (in the Sky Gym) 11:30 Free Eyeglass Clinic - eyeglass cleaning and adjustments (LL) 1:00 Beanbag Baseball Teams B &amp; D (SG) 1:00 Farkle with Vicki (P) 1:00 Open Pool (SP) 2:30 BINGO (DR) 3:00 Happy Hour with Stan Lasley (P) 6:30 Hymn Sing-A-Long (P) 7:00 Open Poker (CR)</p> <p><b>7:00 Beanbag Baseball Banquet – Fried Chicken Dinner, drinks, and the award ceremony. Limited to one guest. RSVP. (DR)</b></p>	<p>9:00 Rhythm Reaction Fitness (SG) <b>22</b></p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby) 9:30 Veteran's Group (Tht) 10:30 Beanbag Baseball Teams A &amp; C (SG) 11:30 Jerlean on Piano (DR) 12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby) 1:00 Aqua Fitness (Pool Room) 1:00 Open Cribbage (CR) <b>1:00 Shopping at Fred Meyer</b> <b>2:30 Readings with Nick - Come listen to humorous stories from various popular authors (Tht)</b> 5:45 Rummy Q in the Lofts (Lofts Lobby) 6:30 Bridge (CR) 6:30 Open Pinochle Card Game (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>23</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) <b>10:30 Health Talks with Sabrina (Tht)</b> 12:30 Blood Pressure Reading for Terrace Residents (TL) 1:00 Beanbag Baseball Teams C &amp; D (SG) 1:00 Open Pool (SP) <b>1:00 Po-Ke-No Card Game with Vicki (TL)</b> 2:00 Life Goes On Support Group - with St. Luke's Episcopal Church (ECU) 2:30 BINGO (DR) 3:00 Tai-Chi - Moving for Better Balance (P) 4:30 Linda on Piano (DR) <b>4:30 Supper Outing to Golden City Restaurant. RSVP</b></p>	<p>9:00 Sit To Be Fit (SG) <b>24</b></p> <p><b>9:30 Shopping trip: - Walmart, Trader Joe's, Fred Meyer (RSVP at the front desk.)</b></p> <p>10:00 Chair Massage Therapy - Sign up at the Front Desk. \$20 (ECU) <b>10:30 Ted Talks (Tht)</b> 10:30 Beanbag Baseball Teams A &amp; B (SG) 12:30 Bus to Vancouver Mall. RSVP 1:00 Glenwood Choir (Tht) 1:00 Wii Bowling (SG) <b>2:30 Come Celebrate Chinese New Year with Shelly Voight (DR)</b> 6:00 Friday Night Movie - "Born Free" (1966) PG 1h 35min (Tht)</p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>25</b></p> <p>10:30 Open Chess &amp; Checkers (CR) 10:30 Saturday Morning with Madeline (SG) <b>1:00 5 Minute Mysteries - Entertaining stumpers will sharpen your powers of observation and test your deductive skills (Tht)</b> 1:00 Open Billiards (Cue Room 3rd Floor Lodge) <b>1:30 Outing to the Vancouver Symphony (Admission \$40)</b> 2:30 BINGO (DR) 6:00 Saturday Night Movie - "For Me and My Gal" (1942) 1h 44min (Tht)</p>
<p>8:20 Bus to Columbia Presbyterian <b>26</b></p> <p>8:20 Bus to St Joseph's. RSVP 8:20 Bus to St. Paul Lutheran 9:00 Bus to Immanuel Lutheran 9:20 Bus to First Presbyterian 9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht) 1:00 Open Scrabble (P) 1:00 Sunday Movie - "The Wild Country" (1970) G 1h 40min (Tht) 1:30 Open Hand in Foot Card Game (CR) 3:00 Hymns &amp; Devotions with Ron &amp; Donna (DR) 3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge) 5:45 Rummy Q in the Lofts (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>27</b></p> <p>9:30 Sit to be Fit in the Lofts (Lofts Lobby) 9:30 Threading Needles (AR) <b>10:30 Lunch Outing to Kitchen Table Cafe. RSVP</b></p> <p>10:30 Music Therapy with Dan - Join us for sing alongs and play instruments. (Tht) 12:30 Blood Pressures Reading for Plaza residents (P) 1:00 Aqua Fitness (Pool Room) 1:00 Monday Movie - "The Book Thief" (2013) PG-13 2h 11min (Tht) 1:00 Open Bridge (CR) 1:00 Open Farkle (Cue Room 3rd Floor Lodge) 2:00 Bulletin Board Crafters - come help decorate the bulletin boards with Rebecca! (AR) 3:00 Tai-Chi - Moving for Better Balance (P) 6:30 Bible Study (ECU) 6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>28</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) 10:00 Glenwood Theater Rehearsal (Tht) 10:30 Beach Ball Toss (in the Sky Gym) 1:00 Beanbag Baseball Teams B &amp; D (SG) 1:00 Open Pool (SP) 1:30 Classical Club with Terry. Must do if you are a music lover! (Tht) 2:30 BINGO (DR) 3:00 Happy Hour with Vladimir on Violin (P) 6:30 Hymn Sing-A-Long (P) <b>7:00 Bingo After Dark</b> 7:00 Open Poker (CR)</p>	<p>9:00 Rhythm Reaction Fitness (SG) <b>29</b></p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby) 9:30 Veteran's Group (Tht) <b>10:00 Outing to Fort Vancouver High School for their Community Love Lunch. Free. RSVP</b></p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG) 11:30 Jerlean on Piano (DR) 12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby) 1:00 Aqua Fitness (Pool Room) 1:00 Open Cribbage (CR) <b>1:00 Shopping at Fred Meyer</b> <b>2:30 Brain Games (Tht)</b> 4:00 Linda on Piano (DR) <b>4:00 Lodge Birthday Dinner - RSVP at the Front Desk (DR)</b> 5:45 Rummy Q in the Lofts (Lofts Lobby) 6:30 Bridge (CR) 6:30 Open Pinochle Card Game (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>30</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) <b>10:30 Film Appreciation with Nick - Come explore the aesthetics of cinema, the concepts behind storytelling and various elements of a film (Tht)</b> 12:30 Blood Pressure Reading for Terrace Residents (TL) 1:00 Beanbag Baseball Teams C &amp; D (SG) 1:00 Open Pool (SP) 2:30 BINGO (DR) 3:00 Tai-Chi - Moving for Better Balance (P) <b>4:00 Birthday Dinner for the Plaza, Terrace and Lofts (DR)</b> 4:30 Linda on Piano (DR)</p>	<p>9:00 Sit To Be Fit (SG) <b>31</b></p> <p><b>9:30 Shopping at Winco, Walgreens, Dollar Tree, Target, and Safeway</b></p> <p>10:00 Alzheimer's and Dementia Caregiver Support Group (Tht) 10:00 Chair Massage Therapy - Sign up at the Front Desk. \$20 (ECU) 10:30 Beanbag Baseball Teams A &amp; B (SG) 11:15 Grief Support Group (Tht) <b>12:30 Bus to Vancouver Mall. RSVP</b> <b>1:00 Glenwood Choir (Tht)</b> 1:00 Wii Bowling (SG) 2:30 Happy Hour with Emmy Horowitz (DR) 6:00 Friday Night Movie - "Armstrong" (2019) DOCUMENTARY 1h 40min (Tht)</p>	

## Room Key

<p>(AR) = Activity Room (DR) = Dining Room (LL) = Lodge Lobby (SG) = Sky Gym</p>	<p>(AR) = Activity Room 2nd Floor Lodge (ECU) = ECU Activity Room (MR) = Mailroom (SR) = Spa Room, 2nd floor Lodge</p>	<p>(BQ) = Buffet Dining Room (Lbal) = Lodge Balcony 2nd Floor (P) = Plaza Community Room (TP) = Terrace Front Patio</p>	<p>(CR) = Card Room, 3rd Floor Lodge (Lbal) = Lodge Balcony, 2nd Floor (P) = Plaza Community Room, 2nd floor (TL) = Terrace Lobby</p>	<p>(COMP) = Computer Room (DR) = Lodge Dining Room (PG) = Plaza Garage (TP) = Terrace Lobby/Front Patio Area</p>	<p>(CY) = Courtyard (LG) = Lodge Gardens (PP) = Pool Patio (Tht) = Theater</p>	<p>(Cue) = Cue Room, 3rd Floor Lodge (LLB) = Lodge Library (SP) = Pool Room, Lodge</p>
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# Glenwood Place Calendar

# JANUARY 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>DOCTOR DAYS TUESDAYS</b> West of ANDRESEN Road. Salmon Creek, Hazel Dell, Downtown Vancouver &amp; the VA.</p> <p><b>THURSDAYS</b> East of ANDRESEN Road. 87<sup>th</sup> Ave, Cascade Park, Fisher's Landing, Orchards Mall</p>	<p><b>All outings are highlighted in YELLOW.</b></p> <p><b>Sign up for these events at the front desk. If bus is full, please add your name to the waiting list</b></p>	<p>Glenwood Place 5500 NE 82nd Ave. Vancouver, WA 98662 (360) 892-1100</p> <p><b>Email Activities</b> <a href="mailto:navdienko@glenwoodplace.net">navdienko@glenwoodplace.net</a></p>	<p>9:00 Rhythm Reaction Fitness (SG) <b>1</b></p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby)</p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Open Cribbage (CR)</p> <p><b>1:00 Shopping at Fred Meyer</b></p> <p><b>2:00 Rose Bowl on the Big Screen - Ducks vs. Badgers. Pizza &amp; Soda Provided!!! (P)</b></p> <p>5:45 Rummy Q (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>2</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p><b>11:00 History Talks with John Griffin (Th)</b></p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag C &amp; D (SG)</p> <p>1:00 Five Crowns Game (TL)</p> <p>1:00 Open Pool (SP)</p> <p><b>1:00 Activity Calendar Forum with Nick (Th)</b></p> <p>2:30 Glentucky Derby Horse Races (Th)</p> <p>3:00 Tai-Chi (P)</p> <p>4:30 Linda on Piano (DR)</p> <p><b>4:45 Supper Outing to Cameo Cafe. RSVP. Limited Seating</b></p>	<p>9:00 Sit To Be Fit (SG) <b>3</b></p> <p><b>9:30 Shopping at Winco, Walgreens, Dollar Tree, Target, and Safeway</b></p> <p>10:00 Chair Massage Therapy - \$20 (ECU)</p> <p><b>10:30 Brain Games (Th)</b></p> <p>10:30 Beanbag A &amp; B (SG)</p> <p><b>12:30 Bus to Vanc Mall RSVP</b></p> <p>1:00 Glenwood Choir (Th)</p> <p>1:00 Wii Bowling (SG)</p> <p><b>2:30 Happy Hour with Monte Watters (DR)</b></p> <p><b>6:00 No Friday Movie (Th)</b></p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>4</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p><b>10:30 Saturday Morning with Madeline (SG)</b></p> <p>11:00 Sewing Lady - Mending and hemming at a reasonable rate (MR)</p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p>1:00 Symphony Saturday - Yuja Wang performs Schubert and Schumann (Th)</p> <p>2:30 BINGO (DR)</p> <p><b>6:00 No Saturday Night Movie (Th)</b></p>
<p>8:20 Bus to Columbia Presbyterian <b>5</b></p> <p>8:20 Bus to St Joseph's. RSVP</p> <p>8:20 Bus to St. Paul Lutheran</p> <p>9:00 Bus to Immanuel Lutheran</p> <p>9:20 Bus to First Presbyterian</p> <p>9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Th)</p> <p>1:00 Open Scrabble (P)</p> <p>1:00 Sunday Movie - "McFarland, USA" (2015) PG 2h 9min (Th)</p> <p>1:30 Open Hand in Foot Card Game (CR)</p> <p>2:00 Episcopal Communion (ECU)</p> <p>3:00 First Christian Church Service (DR)</p> <p>3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge)</p> <p>5:45 Rummy Q in the Lofts (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>6</b></p> <p><b>9:30 Casino Outing to Ilani Casino - RSVP Bring \$</b></p> <p>9:30 Sit to be Fit in the Lofts (Lofts Lobby)</p> <p>9:30 Threading Needles (AR)</p> <p>10:30 "People and Stories" Reading Group (LLB)</p> <p>10:30 Computer Lab - Bring your laptop, phone, or tablet and get your questions answered. (COMP)</p> <p>12:30 Blood Pressures Reading for Plaza residents (P)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Monday Movie - "Cinema Paradiso" (1988) FOREIGN FILM - RATED R 2h 35min (Th)</p> <p>1:00 Open Bridge (CR)</p> <p>1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p>3:00 Tai-Chi (P)</p> <p>5:45 Bunco with Vicki. RSVP with Vicki (P)</p> <p>6:30 Bible Study (ECU)</p> <p>6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>7</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:00 Glenwood Theater Rehearsal (Th)</p> <p><b>10:00 NEW - Kitchen Tours. RSVP at the Front Desk. Meet in the Lobby (LL)</b></p> <p>10:30 Beach Ball Toss (in the Sky Gym)</p> <p>1:00 Beanbag Teams B &amp; D (SG)</p> <p>1:00 Farkle with Vicki (P)</p> <p>1:00 Open Pool (SP)</p> <p>1:00 Watercolor with Becky (AR)</p> <p><b>2:00 NEW - Kitchen Tours. RSVP at the Front Desk. Meet in the Lobby (LL)</b></p> <p>2:30 BINGO (DR)</p> <p>3:00 Happy Hour with William Spilette (P)</p> <p>6:00 Rock Painting (AR)</p> <p>6:30 Hymn Sing-A-Long (P)</p> <p>7:00 Open Poker (CR)</p>	<p>8:00 Pedicures with Dawn - Cost is \$25, pay her. Sign up at the front desk for a time slot. (AR) <b>8</b></p> <p>9:00 Rhythm Reaction Fitness (SG)</p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby)</p> <p>9:30 Veteran's Group (Th)</p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Language Club - Want to Learn Sign Language? One of our residents will be teaching! (COMP)</p> <p>1:00 Open Cribbage (CR)</p> <p><b>1:00 Red Hat Ladies - Tea &amp; Movie (Th)</b></p> <p><b>1:00 Shopping at Fred Meyer</b></p> <p>5:45 Rummy Q (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>9</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p><b>10:30 Health Talks with Sabrina (Th)</b></p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag Baseball Teams C &amp; D (SG)</p> <p>1:00 Open Pool (SP)</p> <p><b>1:00 Po-Ke-No Card Game with Vicki (TL)</b></p> <p><b>2:30 Bingo Auction - Bring Your Bingo Bucks to Bid on Some Great Prizes (In the Dining Room)</b></p> <p>3:00 Tai-Chi - Moving for Better Balance (P)</p> <p>4:30 Linda on Piano (DR)</p> <p><b>4:30 Supper Outing to The Hammond Kitchen &amp; Craft Bar in Camas. RSVP</b></p>	<p>9:00 Sit To Be Fit (SG) <b>10</b></p> <p><b>9:30 Shopping trip: - Walmart, Trader Joe's, Fred Meyer (RSVP at the front desk.)</b></p> <p>10:00 Alzheimer's and Dementia Caregiver Support Group (Th)</p> <p>10:00 Chair Massage Therapy - Sign up at the Front Desk. \$20 (ECU)</p> <p>10:30 Beanbag Teams A &amp; B (SG)</p> <p>11:15 Grief Support Group (Th)</p> <p><b>12:30 Bus to Vanc Mall RSVP</b></p> <p><b>12:30 Glenwood Choir (Th)</b></p> <p>1:00 Wii Bowling (SG)</p> <p><b>1:30 Residents Association Meeting (DR)</b></p> <p>2:30 Happy Hour with Karen Overton (DR)</p> <p>6:00 No Friday Movie</p> <p><b>7:00 Performance - The Dynamic Duo of Reno and Cindy Hollar. Great dancing music and songs (DR)</b></p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>11</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p>10:30 Saturday Morning with Madeline (SG)</p> <p><b>1:00 All the World's a Zoo (Th)</b></p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p><b>2:00 Encore Performance - More Music with Reno and Cindy Hollar (DR)</b></p> <p>6:00 Saturday Night Movie - "Downton Abbey" (2019) PG 2h 2min (Th)</p>
<p>8:20 Bus to Columbia Presbyterian <b>12</b></p> <p>8:20 Bus to St Joseph's. RSVP</p> <p>8:20 Bus to St. Paul Lutheran</p> <p>9:00 Bus to Immanuel Lutheran</p> <p>9:20 Bus to First Presbyterian</p> <p>9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Th)</p> <p>1:00 Open Scrabble (P)</p> <p>1:00 Sunday Movie - "Larger Than Life" (1996) PG 1h 33min (Th)</p> <p>1:30 Open Hand in Foot Card Game (CR)</p> <p>3:00 Open Boggle (Cue Room)</p> <p>5:45 Rummy Q (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>13</b></p> <p>9:30 Sit to be Fit (Lofts Lobby)</p> <p>9:30 Threading Needles (AR)</p> <p>10:30 Music Therapy with Dan (Th)</p> <p><b>10:45 Lunch Outing to Red Lobster. RSVP</b></p> <p>12:30 Blood Pressures (P)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Monday Movie - "The Two Popes" (2019) PG-13 2h 5min (Th)</p> <p>1:00 Open Bridge (CR)</p> <p>1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p><b>1:30 Outing to Local Thrift Stores. RSVP</b></p> <p>2:00 Bulletin Board Crafters - (AR)</p> <p>3:00 Tai-Chi (P)</p> <p>6:30 Bible Study (ECU)</p> <p>6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>14</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p><b>10:00 Glenwood Theater Open House - Come join the Acting Group! (Th)</b></p> <p>10:30 Beach Ball Toss (in the Sky Gym)</p> <p>1:00 Beanbag Baseball Teams B &amp; D (SG)</p> <p>1:00 Open Pool (SP)</p> <p>2:30 BINGO (DR)</p> <p>3:00 Happy Hour with Pianist Diome Alcomendac (P)</p> <p>6:00 Rock Painting (AR)</p> <p>6:30 Hymn Sing-A-Long (P)</p> <p>7:00 Open Poker (CR)</p>	<p>7:30 Women &amp; Men's Breakfast! Free. (7:30 - 8:30) (BQ) <b>15</b></p> <p>9:00 Rhythm Reaction (SG)</p> <p>9:30 "Sit to be Fit" (Lofts Lobby)</p> <p>9:30 Veteran's Group (Th)</p> <p>10:30 Beanbag Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Open Cribbage (CR)</p> <p><b>1:00 Shopping at Fred Meyer</b></p> <p><b>2:30 Let's Play Jeopardy! (Th)</b></p> <p>5:45 Rummy Q (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>16</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:30 Book Club hosted by Cynthia (ECU)</p> <p>11:00 History Talks with John Griffin (Th)</p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag Teams C &amp; D (SG)</p> <p>1:00 5 Crowns Card Game (TL)</p> <p>1:00 Open Pool (SP)</p> <p><b>2:30 Glentucky Derby Horse Racing - Store is open! Bring your Derby Bucks (Th)</b></p> <p>3:00 Tai-Chi (P)</p> <p>4:30 Linda on Piano (DR)</p> <p><b>4:30 Supper Outing to Patrick's Hawaiian Cafe. RSVP</b></p>	<p>9:00 Sit To Be Fit (SG) <b>17</b></p> <p><b>9:30 Shopping at Winco, Walgreens, Dollar Tree, Target, and Safeway</b></p> <p>10:00 Alzheimer's and Dementia Support Group (Th)</p> <p>10:00 Chair Massage Therapy - \$20 (ECU)</p> <p>10:30 Beanbag Teams A &amp; B (SG)</p> <p><b>10:30 Headlines and Donuts (TL)</b></p> <p>11:15 Grief Support Group (Th)</p> <p><b>12:30 Bus to Vanc Mall RSVP</b></p> <p>1:00 Glenwood Choir (Th)</p> <p>1:00 Wii Bowling (SG)</p> <p>2:30 Happy Hour Mike Hart (DR)</p> <p>6:00 Friday Night Movie - "The Report" (2019) RATED R 1h 59min (Th)</p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>18</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p>10:30 Saturday Morning with Madeline (SG)</p> <p>11:00 Sewing Lady - Mending and hemming at a reasonable rate (MR)</p> <p><b>1:00 Mystery Drive with Carroll. RSVP</b></p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p>1:00 Symphony Saturday - Rachmaninov, Piano Concerto No. 2 in C minor - Yuja Wang, Yuri Temirkanov (Th)</p> <p>2:30 BINGO (DR)</p> <p>6:00 Saturday Night Movie - "Seven Brides for Seven Brothers" (1954) G 1h 42min (Th)</p>

<p>8:20 Bus to Columbia Presbyterian <b>19</b></p> <p>8:20 Bus to St Joseph's. RSVP 8:20 Bus to St. Paul Lutheran 9:00 Bus to Immanuel Lutheran 9:20 Bus to First Presbyterian 9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht) 11:00 Cherie The Card Lady (LL) 1:00 Open Scrabble (P) 1:00 Sunday Movie - "Operation Dumbo Drop" (1995) PG 1h 47min (Tht) 1:30 Open Hand in Foot Card Game (CR) 2:00 Episcopal Communion (ECU) 3:00 Columbia Christian Church (DR) 3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge) 5:45 Rummy Q in the Lofts (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>20</b></p> <p>9:30 Sit to be Fit in the Lofts (Lofts Lobby)</p> <p><b>9:30 Tour of Pendleton Weaving Mill in Washougal. Limited Seating. Free</b></p> <p>9:30 Threading Needles (AR) 12:30 Blood Pressures Reading for Plaza residents (P) 1:00 Aqua Fitness (Pool Room) 1:00 Monday Movie - "Annie" (1982) PG 2h 7min (Tht) 1:00 Open Bridge (CR) 1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p><b>1:00 Tour of Pendleton Weaving Mill in Washougal. Limited Seating Free.</b></p> <p><b>2:00 Photo Fun with Rebecca! Bring your Camera or Smartphone and let's take photos! (Computer Lab)</b></p> <p>3:00 Tai-Chi - Moving for Better Balance (P) 6:30 Bible Study (ECU) 6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>21</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) 10:00 Glenwood Theater Rehearsal (Tht) 10:30 Beach Ball Toss (in the Sky Gym) 11:30 Free Eyeglass Clinic - eyeglass cleaning and adjustments (LL) 1:00 Beanbag Baseball Teams B &amp; D (SG) 1:00 Farkle with Vicki (P) 1:00 Open Pool (SP) 2:30 BINGO (DR) 3:00 Happy Hour with Stan Lasley (P) 6:30 Hymn Sing-A-Long (P) 7:00 Open Poker (CR)</p> <p><b>7:00 Beanbag Baseball Banquet – Fried Chicken Dinner, drinks, and the award ceremony. Limited to one guest. RSVP. (DR)</b></p>	<p>9:00 Rhythm Reaction Fitness (SG) <b>22</b></p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby) 9:30 Veteran's Group (Tht) 10:30 Beanbag Baseball Teams A &amp; C (SG) 11:30 Jerlean on Piano (DR) 12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby) 1:00 Aqua Fitness (Pool Room) 1:00 Open Cribbage (CR) <b>1:00 Shopping at Fred Meyer</b> <b>2:30 Readings with Nick - Come listen to humorous stories from various popular authors (Tht)</b> 5:45 Rummy Q in the Lofts (Lofts Lobby) 6:30 Bridge (CR) 6:30 Open Pinochle Card Game (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>23</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG)</p> <p><b>10:30 Health Talks with Sabrina (Tht)</b></p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL) 1:00 Beanbag Baseball Teams C &amp; D (SG) 1:00 Open Pool (SP) <b>1:00 Po-Ke-No Card Game with Vicki (TL)</b> 2:00 Life Goes On Support Group - with St. Luke's Episcopal Church (ECU) 2:30 BINGO (DR) 3:00 Tai-Chi - Moving for Better Balance (P) 4:30 Linda on Piano (DR) <b>4:30 Supper Outing to Golden City Restaurant. RSVP</b></p>	<p>9:00 Sit To Be Fit (SG) <b>24</b></p> <p><b>9:30 Shopping trip: - Walmart, Trader Joe's, Fred Meyer (RSVP at the front desk.)</b></p> <p>10:00 Chair Massage Therapy - Sign up at the Front Desk. \$20 (ECU) <b>10:30 Ted Talks (Tht)</b> 10:30 Beanbag Baseball Teams A &amp; B (SG) 12:30 Bus to Vancouver Mall. RSVP 1:00 Glenwood Choir (Tht) 1:00 Wii Bowling (SG) <b>2:30 Come Celebrate Chinese New Year with Shelly Voight (DR)</b> 6:00 Friday Night Movie - "Born Free" (1966) PG 1h 35min (Tht)</p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>25</b></p> <p>10:30 Open Chess &amp; Checkers (CR) 10:30 Saturday Morning with Madeline (SG) <b>1:00 5 Minute Mysteries - Entertaining stumpers will sharpen your powers of observation and test your deductive skills (Tht)</b> 1:00 Open Billiards (Cue Room 3rd Floor Lodge) <b>1:30 Outing to the Vancouver Symphony (Admission \$40)</b> 2:30 BINGO (DR) 6:00 Saturday Night Movie - "For Me and My Gal" (1942) 1h 44min (Tht)</p>
<p>8:20 Bus to Columbia Presbyterian <b>26</b></p> <p>8:20 Bus to St Joseph's. RSVP 8:20 Bus to St. Paul Lutheran 9:00 Bus to Immanuel Lutheran 9:20 Bus to First Presbyterian 9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht) 1:00 Open Scrabble (P) 1:00 Sunday Movie - "The Wild Country" (1970) G 1h 40min (Tht) 1:30 Open Hand in Foot Card Game (CR) 3:00 Hymns &amp; Devotions with Ron &amp; Donna (DR) 3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge) 5:45 Rummy Q in the Lofts (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>27</b></p> <p>9:30 Sit to be Fit in the Lofts (Lofts Lobby) 9:30 Threading Needles (AR)</p> <p><b>10:30 Lunch Outing to Kitchen Table Cafe. RSVP</b></p> <p>10:30 Music Therapy with Dan - Join us for sing alongs and play instruments. (Tht) 12:30 Blood Pressures Reading for Plaza residents (P) 1:00 Aqua Fitness (Pool Room) 1:00 Monday Movie - "The Book Thief" (2013) PG-13 2h 11min (Tht) 1:00 Open Bridge (CR) 1:00 Open Farkle (Cue Room 3rd Floor Lodge) 2:00 Bulletin Board Crafters - come help decorate the bulletin boards with Rebecca! (AR) 3:00 Tai-Chi - Moving for Better Balance (P) 6:30 Bible Study (ECU) 6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>28</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) 10:00 Glenwood Theater Rehearsal (Tht) 10:30 Beach Ball Toss (in the Sky Gym) 1:00 Beanbag Baseball Teams B &amp; D (SG) 1:00 Open Pool (SP) 1:30 Classical Club with Terry. Must do if you are a music lover! (Tht) 2:30 BINGO (DR) 3:00 Happy Hour with Vladimir on Violin (P) 6:30 Hymn Sing-A-Long (P) <b>7:00 Bingo After Dark</b> 7:00 Open Poker (CR)</p>	<p>9:00 Rhythm Reaction Fitness (SG) <b>29</b></p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby) 9:30 Veteran's Group (Tht)</p> <p><b>10:00 Outing to Fort Vancouver High School for their Community Love Lunch. Free. RSVP</b></p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG) 11:30 Jerlean on Piano (DR) 12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby) 1:00 Aqua Fitness (Pool Room) 1:00 Open Cribbage (CR) <b>1:00 Shopping at Fred Meyer</b> <b>2:30 Brain Games (Tht)</b> 4:00 Linda on Piano (DR) <b>4:00 Lodge Birthday Dinner - RSVP at the Front Desk (DR)</b> 5:45 Rummy Q in the Lofts (Lofts Lobby) 6:30 Bridge (CR) 6:30 Open Pinochle Card Game (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>30</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG)</p> <p><b>10:30 Film Appreciation with Nick - Come explore the aesthetics of cinema, the concepts behind storytelling and various elements of a film (Tht)</b></p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL) 1:00 Beanbag Baseball Teams C &amp; D (SG) 1:00 Open Pool (SP) 2:30 BINGO (DR) 3:00 Tai-Chi - Moving for Better Balance (P) <b>4:00 Birthday Dinner for the Plaza, Terrace and Lofts (DR)</b> 4:30 Linda on Piano (DR)</p>	<p>9:00 Sit To Be Fit (SG) <b>31</b></p> <p><b>9:30 Shopping at Winco, Walgreens, Dollar Tree, Target, and Safeway</b></p> <p>10:00 Alzheimer's and Dementia Caregiver Support Group (Tht) 10:00 Chair Massage Therapy - Sign up at the Front Desk. \$20 (ECU) 10:30 Beanbag Baseball Teams A &amp; B (SG) 11:15 Grief Support Group (Tht) <b>12:30 Bus to Vancouver Mall. RSVP</b> <b>1:00 Glenwood Choir (Tht)</b> 1:00 Wii Bowling (SG) 2:30 Happy Hour with Emmy Horowitz (DR) 6:00 Friday Night Movie - "Armstrong" (2019) DOCUMENTARY 1h 40min (Tht)</p>	

## Room Key

(AR) = Activity Room	(AR) = Activity Room 2nd Floor Lodge	(BQ) = Buffet Dining Room	(CR) = Card Room, 3rd Floor Lodge	(COMP) = Computer Room	(CY) = Courtyard	(Cue) = Cue Room, 3rd Floor Lodge
(DR) = Dining Room	(ECU) = ECU Activity Room	(Lbal) = Lodge Balcony 2nd Floor	(Lbal) = Lodge Balcony, 2nd Floor	(DR) = Lodge Dining Room	(LG) = Lodge Gardens	(LLB) = Lodge Library
(LL) = Lodge Lobby	(MR) = Mailroom	(P) = Plaza Community Room	(P) = Plaza Community Room, 2nd floor	(PG) = Plaza Garage	(PP) = Pool Patio	(SP) = Pool Room, Lodge
(SG) = Sky Gym	(SR) = Spa Room, 2nd floor Lodge	(TP) = Terrace Front Patio	(TL) = Terrace Lobby	(TP) = Terrace Lobby/Front Patio Area	(Tht) = Theater	



# Glenwood Place Calendar

# JANUARY 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>DOCTOR DAYS TUESDAYS</b> West of ANDRESEN Road. Salmon Creek, Hazel Dell, Downtown Vancouver &amp; the VA.</p> <p><b>THURSDAYS</b> East of ANDRESEN Road. 87<sup>th</sup> Ave, Cascade Park, Fisher's Landing, Orchards Mall</p>	<p><b>All outings are highlighted in YELLOW.</b></p> <p><b>Sign up for these events at the front desk. If bus is full, please add your name to the waiting list</b></p>	<p>Glenwood Place 5500 NE 82nd Ave. Vancouver, WA 98662 (360) 892-1100</p> <p><b>Email Activities</b> <a href="mailto:navdienko@glenwoodplace.net">navdienko@glenwoodplace.net</a></p>	<p>9:00 Rhythm Reaction Fitness (SG) <b>1</b></p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby)</p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Open Cribbage (CR)</p> <p><b>1:00 Shopping at Fred Meyer</b></p> <p><b>2:00 Rose Bowl on the Big Screen - Ducks vs. Badgers. Pizza &amp; Soda Provided!!! (P)</b></p> <p>5:45 Rummy Q (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>2</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p><b>11:00 History Talks with John Griffin (Th)</b></p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag C &amp; D (SG)</p> <p>1:00 Five Crowns Game (TL)</p> <p>1:00 Open Pool (SP)</p> <p><b>1:00 Activity Calendar Forum with Nick (Th)</b></p> <p>2:30 Glentucky Derby Horse Races (Th)</p> <p>3:00 Tai-Chi (P)</p> <p>4:30 Linda on Piano (DR)</p> <p><b>4:45 Supper Outing to Cameo Cafe. RSVP. Limited Seating</b></p>	<p>9:00 Sit To Be Fit (SG) <b>3</b></p> <p><b>9:30 Shopping at Winco, Walgreens, Dollar Tree, Target, and Safeway</b></p> <p>10:00 Chair Massage Therapy - \$20 (ECU)</p> <p><b>10:30 Brain Games (Th)</b></p> <p>10:30 Beanbag A &amp; B (SG)</p> <p><b>12:30 Bus to Vanc Mall RSVP</b></p> <p>1:00 Glenwood Choir (Th)</p> <p>1:00 Wii Bowling (SG)</p> <p><b>2:30 Happy Hour with Monte Watters (DR)</b></p> <p><b>6:00 No Friday Movie (Th)</b></p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>4</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p><b>10:30 Saturday Morning with Madeline (SG)</b></p> <p>11:00 Sewing Lady - Mending and hemming at a reasonable rate (MR)</p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p>1:00 Symphony Saturday - Yuja Wang performs Schubert and Schumann (Th)</p> <p>2:30 BINGO (DR)</p> <p><b>6:00 No Saturday Night Movie (Th)</b></p>
<p>8:20 Bus to Columbia Presbyterian <b>5</b></p> <p>8:20 Bus to St Joseph's. RSVP</p> <p>8:20 Bus to St. Paul Lutheran</p> <p>9:00 Bus to Immanuel Lutheran</p> <p>9:20 Bus to First Presbyterian</p> <p>9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Th)</p> <p>1:00 Open Scrabble (P)</p> <p>1:00 Sunday Movie - "McFarland, USA" (2015) PG 2h 9min (Th)</p> <p>1:30 Open Hand in Foot Card Game (CR)</p> <p>2:00 Episcopal Communion (ECU)</p> <p>3:00 First Christian Church Service (DR)</p> <p>3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge)</p> <p>5:45 Rummy Q in the Lofts (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>6</b></p> <p><b>9:30 Casino Outing to Ilani Casino - RSVP Bring \$</b></p> <p>9:30 Sit to be Fit in the Lofts (Lofts Lobby)</p> <p>9:30 Threading Needles (AR)</p> <p>10:30 "People and Stories" Reading Group (LLB)</p> <p>10:30 Computer Lab - Bring your laptop, phone, or tablet and get your questions answered. (COMP)</p> <p>12:30 Blood Pressures Reading for Plaza residents (P)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Monday Movie - "Cinema Paradiso" (1988) FOREIGN FILM - RATED R 2h 35min (Th)</p> <p>1:00 Open Bridge (CR)</p> <p>1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p>3:00 Tai-Chi (P)</p> <p>5:45 Bunco with Vicki. RSVP with Vicki (P)</p> <p>6:30 Bible Study (ECU)</p> <p>6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>7</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:00 Glenwood Theater Rehearsal (Th)</p> <p><b>10:00 NEW - Kitchen Tours. RSVP at the Front Desk. Meet in the Lobby (LL)</b></p> <p>10:30 Beach Ball Toss (in the Sky Gym)</p> <p>1:00 Beanbag Teams B &amp; D (SG)</p> <p>1:00 Farkle with Vicki (P)</p> <p>1:00 Open Pool (SP)</p> <p>1:00 Watercolor with Becky (AR)</p> <p><b>2:00 NEW - Kitchen Tours. RSVP at the Front Desk. Meet in the Lobby (LL)</b></p> <p>2:30 BINGO (DR)</p> <p>3:00 Happy Hour with William Spilette (P)</p> <p>6:00 Rock Painting (AR)</p> <p>6:30 Hymn Sing-A-Long (P)</p> <p>7:00 Open Poker (CR)</p>	<p>8:00 Pedicures with Dawn - Cost is \$25, pay her. Sign up at the front desk for a time slot. (AR) <b>8</b></p> <p>9:00 Rhythm Reaction Fitness (SG)</p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby)</p> <p>9:30 Veteran's Group (Th)</p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Language Club - Want to Learn Sign Language? One of our residents will be teaching! (COMP)</p> <p>1:00 Open Cribbage (CR)</p> <p><b>1:00 Red Hat Ladies - Tea &amp; Movie (Th)</b></p> <p><b>1:00 Shopping at Fred Meyer</b></p> <p>5:45 Rummy Q (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>9</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p><b>10:30 Health Talks with Sabrina (Th)</b></p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag Baseball Teams C &amp; D (SG)</p> <p>1:00 Open Pool (SP)</p> <p><b>1:00 Po-Ke-No Card Game with Vicki (TL)</b></p> <p><b>2:30 Bingo Auction - Bring Your Bingo Bucks to Bid on Some Great Prizes (In the Dining Room)</b></p> <p>3:00 Tai-Chi - Moving for Better Balance (P)</p> <p>4:30 Linda on Piano (DR)</p> <p><b>4:30 Supper Outing to The Hammond Kitchen &amp; Craft Bar in Camas. RSVP</b></p>	<p>9:00 Sit To Be Fit (SG) <b>10</b></p> <p><b>9:30 Shopping trip: - Walmart, Trader Joe's, Fred Meyer (RSVP at the front desk.)</b></p> <p>10:00 Alzheimer's and Dementia Caregiver Support Group (Th)</p> <p>10:00 Chair Massage Therapy - Sign up at the Front Desk. \$20 (ECU)</p> <p>10:30 Beanbag Teams A &amp; B (SG)</p> <p>11:15 Grief Support Group (Th)</p> <p><b>12:30 Bus to Vanc Mall RSVP</b></p> <p><b>12:30 Glenwood Choir (Th)</b></p> <p>1:00 Wii Bowling (SG)</p> <p><b>1:30 Residents Association Meeting (DR)</b></p> <p>2:30 Happy Hour with Karen Overton (DR)</p> <p>6:00 No Friday Movie</p> <p><b>7:00 Performance - The Dynamic Duo of Reno and Cindy Hollar. Great dancing music and songs (DR)</b></p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>11</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p>10:30 Saturday Morning with Madeline (SG)</p> <p><b>1:00 All the World's a Zoo (Th)</b></p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p><b>2:00 Encore Performance - More Music with Reno and Cindy Hollar (DR)</b></p> <p>6:00 Saturday Night Movie - "Downton Abbey" (2019) PG 2h 2min (Th)</p>
<p>8:20 Bus to Columbia Presbyterian <b>12</b></p> <p>8:20 Bus to St Joseph's. RSVP</p> <p>8:20 Bus to St. Paul Lutheran</p> <p>9:00 Bus to Immanuel Lutheran</p> <p>9:20 Bus to First Presbyterian</p> <p>9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Th)</p> <p>1:00 Open Scrabble (P)</p> <p>1:00 Sunday Movie - "Larger Than Life" (1996) PG 1h 33min (Th)</p> <p>1:30 Open Hand in Foot Card Game (CR)</p> <p>3:00 Open Boggle (Cue Room)</p> <p>5:45 Rummy Q (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>13</b></p> <p>9:30 Sit to be Fit (Lofts Lobby)</p> <p>9:30 Threading Needles (AR)</p> <p>10:30 Music Therapy with Dan (Th)</p> <p><b>10:45 Lunch Outing to Red Lobster. RSVP</b></p> <p>12:30 Blood Pressures (P)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Monday Movie - "The Two Popes" (2019) PG-13 2h 5min (Th)</p> <p>1:00 Open Bridge (CR)</p> <p>1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p><b>1:30 Outing to Local Thrift Stores. RSVP</b></p> <p>2:00 Bulletin Board Crafters - (AR)</p> <p>3:00 Tai-Chi (P)</p> <p>6:30 Bible Study (ECU)</p> <p>6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>14</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p><b>10:00 Glenwood Theater Open House - Come join the Acting Group! (Th)</b></p> <p>10:30 Beach Ball Toss (in the Sky Gym)</p> <p>1:00 Beanbag Baseball Teams B &amp; D (SG)</p> <p>1:00 Open Pool (SP)</p> <p>2:30 BINGO (DR)</p> <p>3:00 Happy Hour with Pianist Diome Alcomendac (P)</p> <p>6:00 Rock Painting (AR)</p> <p>6:30 Hymn Sing-A-Long (P)</p> <p>7:00 Open Poker (CR)</p>	<p>7:30 Women &amp; Men's Breakfast! Free. (7:30 - 8:30) (BQ) <b>15</b></p> <p>9:00 Rhythm Reaction (SG)</p> <p>9:30 "Sit to be Fit" (Lofts Lobby)</p> <p>9:30 Veteran's Group (Th)</p> <p>10:30 Beanbag Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Open Cribbage (CR)</p> <p><b>1:00 Shopping at Fred Meyer</b></p> <p><b>2:30 Let's Play Jeopardy! (Th)</b></p> <p>5:45 Rummy Q (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>16</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:30 Book Club hosted by Cynthia (ECU)</p> <p>11:00 History Talks with John Griffin (Th)</p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag Teams C &amp; D (SG)</p> <p>1:00 5 Crowns Card Game (TL)</p> <p>1:00 Open Pool (SP)</p> <p><b>2:30 Glentucky Derby Horse Racing - Store is open! Bring your Derby Bucks (Th)</b></p> <p>3:00 Tai-Chi (P)</p> <p>4:30 Linda on Piano (DR)</p> <p><b>4:30 Supper Outing to Patrick's Hawaiian Cafe. RSVP</b></p>	<p>9:00 Sit To Be Fit (SG) <b>17</b></p> <p><b>9:30 Shopping at Winco, Walgreens, Dollar Tree, Target, and Safeway</b></p> <p>10:00 Alzheimer's and Dementia Support Group (Th)</p> <p>10:00 Chair Massage Therapy - \$20 (ECU)</p> <p>10:30 Beanbag Teams A &amp; B (SG)</p> <p><b>10:30 Headlines and Donuts (TL)</b></p> <p>11:15 Grief Support Group (Th)</p> <p><b>12:30 Bus to Vanc Mall RSVP</b></p> <p>1:00 Glenwood Choir (Th)</p> <p>1:00 Wii Bowling (SG)</p> <p>2:30 Happy Hour Mike Hart (DR)</p> <p>6:00 Friday Night Movie - "The Report" (2019) RATED R 1h 59min (Th)</p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>18</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p>10:30 Saturday Morning with Madeline (SG)</p> <p>11:00 Sewing Lady - Mending and hemming at a reasonable rate (MR)</p> <p><b>1:00 Mystery Drive with Carroll. RSVP</b></p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p>1:00 Symphony Saturday - Rachmaninov, Piano Concerto No. 2 in C minor - Yuja Wang, Yuri Temirkanov (Th)</p> <p>2:30 BINGO (DR)</p> <p>6:00 Saturday Night Movie - "Seven Brides for Seven Brothers" (1954) G 1h 42min (Th)</p>

<p>8:20 Bus to Columbia Presbyterian <b>19</b></p> <p>8:20 Bus to St Joseph's. RSVP 8:20 Bus to St. Paul Lutheran 9:00 Bus to Immanuel Lutheran 9:20 Bus to First Presbyterian 9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht) 11:00 Cherie The Card Lady (LL) 1:00 Open Scrabble (P) 1:00 Sunday Movie - "Operation Dumbo Drop" (1995) PG 1h 47min (Tht) 1:30 Open Hand in Foot Card Game (CR) 2:00 Episcopal Communion (ECU) 3:00 Columbia Christian Church (DR) 3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge) 5:45 Rummy Q in the Lofts (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>20</b></p> <p>9:30 Sit to be Fit in the Lofts (Lofts Lobby)</p> <p><b>9:30 Tour of Pendleton Weaving Mill in Washougal. Limited Seating. Free</b></p> <p>9:30 Threading Needles (AR) 12:30 Blood Pressures Reading for Plaza residents (P) 1:00 Aqua Fitness (Pool Room) 1:00 Monday Movie - "Annie" (1982) PG 2h 7min (Tht) 1:00 Open Bridge (CR) 1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p><b>1:00 Tour of Pendleton Weaving Mill in Washougal. Limited Seating Free.</b></p> <p><b>2:00 Photo Fun with Rebecca! Bring your Camera or Smartphone and let's take photos! (Computer Lab)</b></p> <p>3:00 Tai-Chi - Moving for Better Balance (P) 6:30 Bible Study (ECU) 6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>21</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) 10:00 Glenwood Theater Rehearsal (Tht) 10:30 Beach Ball Toss (in the Sky Gym) 11:30 Free Eyeglass Clinic - eyeglass cleaning and adjustments (LL) 1:00 Beanbag Baseball Teams B &amp; D (SG) 1:00 Farkle with Vicki (P) 1:00 Open Pool (SP) 2:30 BINGO (DR) 3:00 Happy Hour with Stan Lasley (P) 6:30 Hymn Sing-A-Long (P) 7:00 Open Poker (CR)</p> <p><b>7:00 Beanbag Baseball Banquet – Fried Chicken Dinner, drinks, and the award ceremony. Limited to one guest. RSVP. (DR)</b></p>	<p>9:00 Rhythm Reaction Fitness (SG) <b>22</b></p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby) 9:30 Veteran's Group (Tht) 10:30 Beanbag Baseball Teams A &amp; C (SG) 11:30 Jerlean on Piano (DR) 12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby) 1:00 Aqua Fitness (Pool Room) 1:00 Open Cribbage (CR) <b>1:00 Shopping at Fred Meyer</b> <b>2:30 Readings with Nick - Come listen to humorous stories from various popular authors (Tht)</b> 5:45 Rummy Q in the Lofts (Lofts Lobby) 6:30 Bridge (CR) 6:30 Open Pinochle Card Game (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>23</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG)</p> <p><b>10:30 Health Talks with Sabrina (Tht)</b></p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL) 1:00 Beanbag Baseball Teams C &amp; D (SG) 1:00 Open Pool (SP) <b>1:00 Po-Ke-No Card Game with Vicki (TL)</b> 2:00 Life Goes On Support Group - with St. Luke's Episcopal Church (ECU) 2:30 BINGO (DR) 3:00 Tai-Chi - Moving for Better Balance (P) 4:30 Linda on Piano (DR) <b>4:30 Supper Outing to Golden City Restaurant. RSVP</b></p>	<p>9:00 Sit To Be Fit (SG) <b>24</b></p> <p><b>9:30 Shopping trip: - Walmart, Trader Joe's, Fred Meyer (RSVP at the front desk.)</b></p> <p>10:00 Chair Massage Therapy - Sign up at the Front Desk. \$20 (ECU) <b>10:30 Ted Talks (Tht)</b> 10:30 Beanbag Baseball Teams A &amp; B (SG) 12:30 Bus to Vancouver Mall. RSVP 1:00 Glenwood Choir (Tht) 1:00 Wii Bowling (SG) <b>2:30 Come Celebrate Chinese New Year with Shelly Voight (DR)</b> 6:00 Friday Night Movie - "Born Free" (1966) PG 1h 35min (Tht)</p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>25</b></p> <p>10:30 Open Chess &amp; Checkers (CR) 10:30 Saturday Morning with Madeline (SG) <b>1:00 5 Minute Mysteries - Entertaining stumpers will sharpen your powers of observation and test your deductive skills (Tht)</b> 1:00 Open Billiards (Cue Room 3rd Floor Lodge) <b>1:30 Outing to the Vancouver Symphony (Admission \$40)</b> 2:30 BINGO (DR) 6:00 Saturday Night Movie - "For Me and My Gal" (1942) 1h 44min (Tht)</p>
<p>8:20 Bus to Columbia Presbyterian <b>26</b></p> <p>8:20 Bus to St Joseph's. RSVP 8:20 Bus to St. Paul Lutheran 9:00 Bus to Immanuel Lutheran 9:20 Bus to First Presbyterian 9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht) 1:00 Open Scrabble (P) 1:00 Sunday Movie - "The Wild Country" (1970) G 1h 40min (Tht) 1:30 Open Hand in Foot Card Game (CR) 3:00 Hymns &amp; Devotions with Ron &amp; Donna (DR) 3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge) 5:45 Rummy Q in the Lofts (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>27</b></p> <p>9:30 Sit to be Fit in the Lofts (Lofts Lobby) 9:30 Threading Needles (AR)</p> <p><b>10:30 Lunch Outing to Kitchen Table Cafe. RSVP</b></p> <p>10:30 Music Therapy with Dan - Join us for sing alongs and play instruments. (Tht) 12:30 Blood Pressures Reading for Plaza residents (P) 1:00 Aqua Fitness (Pool Room) 1:00 Monday Movie - "The Book Thief" (2013) PG-13 2h 11min (Tht) 1:00 Open Bridge (CR) 1:00 Open Farkle (Cue Room 3rd Floor Lodge) 2:00 Bulletin Board Crafters - come help decorate the bulletin boards with Rebecca! (AR) 3:00 Tai-Chi - Moving for Better Balance (P) 6:30 Bible Study (ECU) 6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>28</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) 10:00 Glenwood Theater Rehearsal (Tht) 10:30 Beach Ball Toss (in the Sky Gym) 1:00 Beanbag Baseball Teams B &amp; D (SG) 1:00 Open Pool (SP) 1:30 Classical Club with Terry. Must do if you are a music lover! (Tht) 2:30 BINGO (DR) 3:00 Happy Hour with Vladimir on Violin (P) 6:30 Hymn Sing-A-Long (P) <b>7:00 Bingo After Dark</b> 7:00 Open Poker (CR)</p>	<p>9:00 Rhythm Reaction Fitness (SG) <b>29</b></p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby) 9:30 Veteran's Group (Tht)</p> <p><b>10:00 Outing to Fort Vancouver High School for their Community Love Lunch. Free. RSVP</b></p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG) 11:30 Jerlean on Piano (DR) 12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby) 1:00 Aqua Fitness (Pool Room) 1:00 Open Cribbage (CR) <b>1:00 Shopping at Fred Meyer</b> <b>2:30 Brain Games (Tht)</b> 4:00 Linda on Piano (DR) <b>4:00 Lodge Birthday Dinner - RSVP at the Front Desk (DR)</b> 5:45 Rummy Q in the Lofts (Lofts Lobby) 6:30 Bridge (CR) 6:30 Open Pinochle Card Game (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>30</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG)</p> <p><b>10:30 Film Appreciation with Nick - Come explore the aesthetics of cinema, the concepts behind storytelling and various elements of a film (Tht)</b></p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL) 1:00 Beanbag Baseball Teams C &amp; D (SG) 1:00 Open Pool (SP) 2:30 BINGO (DR) 3:00 Tai-Chi - Moving for Better Balance (P) <b>4:00 Birthday Dinner for the Plaza, Terrace and Lofts (DR)</b> 4:30 Linda on Piano (DR)</p>	<p>9:00 Sit To Be Fit (SG) <b>31</b></p> <p><b>9:30 Shopping at Winco, Walgreens, Dollar Tree, Target, and Safeway</b></p> <p>10:00 Alzheimer's and Dementia Caregiver Support Group (Tht) 10:00 Chair Massage Therapy - Sign up at the Front Desk. \$20 (ECU) 10:30 Beanbag Baseball Teams A &amp; B (SG) 11:15 Grief Support Group (Tht) <b>12:30 Bus to Vancouver Mall. RSVP</b> <b>1:00 Glenwood Choir (Tht)</b> 1:00 Wii Bowling (SG) 2:30 Happy Hour with Emmy Horowitz (DR) 6:00 Friday Night Movie - "Armstrong" (2019) DOCUMENTARY 1h 40min (Tht)</p>	

## Room Key

(AR) = Activity Room	(AR) = Activity Room 2nd Floor Lodge	(BQ) = Buffet Dining Room	(CR) = Card Room, 3rd Floor Lodge	(COMP) = Computer Room	(CY) = Courtyard	(Cue) = Cue Room, 3rd Floor Lodge
(DR) = Dining Room	(ECU) = ECU Activity Room	(Lbal) = Lodge Balcony 2nd Floor	(Lbal) = Lodge Balcony, 2nd Floor	(DR) = Lodge Dining Room	(LG) = Lodge Gardens	(LLB) = Lodge Library
(LL) = Lodge Lobby	(MR) = Mailroom	(P) = Plaza Community Room	(P) = Plaza Community Room, 2nd floor	(PG) = Plaza Garage	(PP) = Pool Patio	(SP) = Pool Room, Lodge
(SG) = Sky Gym	(SR) = Spa Room, 2nd floor Lodge	(TP) = Terrace Front Patio	(TL) = Terrace Lobby	(TP) = Terrace Lobby/Front Patio Area	(Tht) = Theater	



# Glenwood Place Calendar

# JANUARY 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>DOCTOR DAYS TUESDAYS</b> West of ANDRESEN Road. Salmon Creek, Hazel Dell, Downtown Vancouver &amp; the VA.</p> <p><b>THURSDAYS</b> East of ANDRESEN Road. 87<sup>th</sup> Ave, Cascade Park, Fisher's Landing, Orchards Mall</p>	<p><b>All outings are highlighted in YELLOW.</b></p> <p><b>Sign up for these events at the front desk. If bus is full, please add your name to the waiting list</b></p>	<p>Glenwood Place 5500 NE 82nd Ave. Vancouver, WA 98662 (360) 892-1100</p> <p><b>Email Activities</b> <a href="mailto:navdienko@glenwoodplace.net">navdienko@glenwoodplace.net</a></p>	<p>9:00 Rhythm Reaction Fitness (SG) <b>1</b></p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby)</p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Open Cribbage (CR)</p> <p><b>1:00 Shopping at Fred Meyer</b></p> <p><b>2:00 Rose Bowl on the Big Screen - Ducks vs. Badgers. Pizza &amp; Soda Provided!!! (P)</b></p> <p>5:45 Rummy Q (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>2</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p><b>11:00 History Talks with John Griffin (Th)</b></p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag C &amp; D (SG)</p> <p>1:00 Five Crowns Game (TL)</p> <p>1:00 Open Pool (SP)</p> <p><b>1:00 Activity Calendar Forum with Nick (Th)</b></p> <p>2:30 Glentucky Derby Horse Races (Th)</p> <p>3:00 Tai-Chi (P)</p> <p>4:30 Linda on Piano (DR)</p> <p><b>4:45 Supper Outing to Cameo Cafe. RSVP. Limited Seating</b></p>	<p>9:00 Sit To Be Fit (SG) <b>3</b></p> <p><b>9:30 Shopping at Winco, Walgreens, Dollar Tree, Target, and Safeway</b></p> <p>10:00 Chair Massage Therapy - \$20 (ECU)</p> <p><b>10:30 Brain Games (Th)</b></p> <p>10:30 Beanbag A &amp; B (SG)</p> <p><b>12:30 Bus to Vanc Mall RSVP</b></p> <p>1:00 Glenwood Choir (Th)</p> <p>1:00 Wii Bowling (SG)</p> <p><b>2:30 Happy Hour with Monte Watters (DR)</b></p> <p><b>6:00 No Friday Movie (Th)</b></p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>4</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p><b>10:30 Saturday Morning with Madeline (SG)</b></p> <p>11:00 Sewing Lady - Mending and hemming at a reasonable rate (MR)</p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p>1:00 Symphony Saturday - Yuja Wang performs Schubert and Schumann (Th)</p> <p>2:30 BINGO (DR)</p> <p><b>6:00 No Saturday Night Movie (Th)</b></p>
<p>8:20 Bus to Columbia Presbyterian <b>5</b></p> <p>8:20 Bus to St Joseph's. RSVP</p> <p>8:20 Bus to St. Paul Lutheran</p> <p>9:00 Bus to Immanuel Lutheran</p> <p>9:20 Bus to First Presbyterian</p> <p>9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Th)</p> <p>1:00 Open Scrabble (P)</p> <p>1:00 Sunday Movie - "McFarland, USA" (2015) PG 2h 9min (Th)</p> <p>1:30 Open Hand in Foot Card Game (CR)</p> <p>2:00 Episcopal Communion (ECU)</p> <p>3:00 First Christian Church Service (DR)</p> <p>3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge)</p> <p>5:45 Rummy Q in the Lofts (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>6</b></p> <p><b>9:30 Casino Outing to Ilani Casino - RSVP Bring \$</b></p> <p>9:30 Sit to be Fit in the Lofts (Lofts Lobby)</p> <p>9:30 Threading Needles (AR)</p> <p>10:30 "People and Stories" Reading Group (LLB)</p> <p>10:30 Computer Lab - Bring your laptop, phone, or tablet and get your questions answered. (COMP)</p> <p>12:30 Blood Pressures Reading for Plaza residents (P)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Monday Movie - "Cinema Paradiso" (1988) FOREIGN FILM - RATED R 2h 35min (Th)</p> <p>1:00 Open Bridge (CR)</p> <p>1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p>3:00 Tai-Chi (P)</p> <p>5:45 Bunco with Vicki. RSVP with Vicki (P)</p> <p>6:30 Bible Study (ECU)</p> <p>6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>7</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:00 Glenwood Theater Rehearsal (Th)</p> <p><b>10:00 NEW - Kitchen Tours. RSVP at the Front Desk. Meet in the Lobby (LL)</b></p> <p>10:30 Beach Ball Toss (in the Sky Gym)</p> <p>1:00 Beanbag Teams B &amp; D (SG)</p> <p>1:00 Farkle with Vicki (P)</p> <p>1:00 Open Pool (SP)</p> <p>1:00 Watercolor with Becky (AR)</p> <p><b>2:00 NEW - Kitchen Tours. RSVP at the Front Desk. Meet in the Lobby (LL)</b></p> <p>2:30 BINGO (DR)</p> <p>3:00 Happy Hour with William Spilette (P)</p> <p>6:00 Rock Painting (AR)</p> <p>6:30 Hymn Sing-A-Long (P)</p> <p>7:00 Open Poker (CR)</p>	<p>8:00 Pedicures with Dawn - Cost is \$25, pay her. Sign up at the front desk for a time slot. (AR) <b>8</b></p> <p>9:00 Rhythm Reaction Fitness (SG)</p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby)</p> <p>9:30 Veteran's Group (Th)</p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Language Club - Want to Learn Sign Language? One of our residents will be teaching! (COMP)</p> <p>1:00 Open Cribbage (CR)</p> <p><b>1:00 Red Hat Ladies - Tea &amp; Movie (Th)</b></p> <p><b>1:00 Shopping at Fred Meyer</b></p> <p>5:45 Rummy Q (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>9</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p><b>10:30 Health Talks with Sabrina (Th)</b></p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag Baseball Teams C &amp; D (SG)</p> <p>1:00 Open Pool (SP)</p> <p><b>1:00 Po-Ke-No Card Game with Vicki (TL)</b></p> <p><b>2:30 Bingo Auction - Bring Your Bingo Bucks to Bid on Some Great Prizes (In the Dining Room)</b></p> <p>3:00 Tai-Chi - Moving for Better Balance (P)</p> <p>4:30 Linda on Piano (DR)</p> <p><b>4:30 Supper Outing to The Hammond Kitchen &amp; Craft Bar in Camas. RSVP</b></p>	<p>9:00 Sit To Be Fit (SG) <b>10</b></p> <p><b>9:30 Shopping trip: - Walmart, Trader Joe's, Fred Meyer (RSVP at the front desk.)</b></p> <p>10:00 Alzheimer's and Dementia Caregiver Support Group (Th)</p> <p>10:00 Chair Massage Therapy - Sign up at the Front Desk. \$20 (ECU)</p> <p>10:30 Beanbag Teams A &amp; B (SG)</p> <p>11:15 Grief Support Group (Th)</p> <p><b>12:30 Bus to Vanc Mall RSVP</b></p> <p><b>12:30 Glenwood Choir (Th)</b></p> <p>1:00 Wii Bowling (SG)</p> <p><b>1:30 Residents Association Meeting (DR)</b></p> <p>2:30 Happy Hour with Karen Overton (DR)</p> <p>6:00 No Friday Movie</p> <p><b>7:00 Performance - The Dynamic Duo of Reno and Cindy Hollar. Great dancing music and songs (DR)</b></p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>11</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p>10:30 Saturday Morning with Madeline (SG)</p> <p><b>1:00 All the World's a Zoo (Th)</b></p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p><b>2:00 Encore Performance - More Music with Reno and Cindy Hollar (DR)</b></p> <p>6:00 Saturday Night Movie - "Downton Abbey" (2019) PG 2h 2min (Th)</p>
<p>8:20 Bus to Columbia Presbyterian <b>12</b></p> <p>8:20 Bus to St Joseph's. RSVP</p> <p>8:20 Bus to St. Paul Lutheran</p> <p>9:00 Bus to Immanuel Lutheran</p> <p>9:20 Bus to First Presbyterian</p> <p>9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Th)</p> <p>1:00 Open Scrabble (P)</p> <p>1:00 Sunday Movie - "Larger Than Life" (1996) PG 1h 33min (Th)</p> <p>1:30 Open Hand in Foot Card Game (CR)</p> <p>3:00 Open Boggle (Cue Room)</p> <p>5:45 Rummy Q (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>13</b></p> <p>9:30 Sit to be Fit (Lofts Lobby)</p> <p>9:30 Threading Needles (AR)</p> <p>10:30 Music Therapy with Dan (Th)</p> <p><b>10:45 Lunch Outing to Red Lobster. RSVP</b></p> <p>12:30 Blood Pressures (P)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Monday Movie - "The Two Popes" (2019) PG-13 2h 5min (Th)</p> <p>1:00 Open Bridge (CR)</p> <p>1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p><b>1:30 Outing to Local Thrift Stores. RSVP</b></p> <p>2:00 Bulletin Board Crafters - (AR)</p> <p>3:00 Tai-Chi (P)</p> <p>6:30 Bible Study (ECU)</p> <p>6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>14</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p><b>10:00 Glenwood Theater Open House - Come join the Acting Group! (Th)</b></p> <p>10:30 Beach Ball Toss (in the Sky Gym)</p> <p>1:00 Beanbag Baseball Teams B &amp; D (SG)</p> <p>1:00 Open Pool (SP)</p> <p>2:30 BINGO (DR)</p> <p>3:00 Happy Hour with Pianist Diome Alcomendac (P)</p> <p>6:00 Rock Painting (AR)</p> <p>6:30 Hymn Sing-A-Long (P)</p> <p>7:00 Open Poker (CR)</p>	<p>7:30 Women &amp; Men's Breakfast! Free. (7:30 - 8:30) (BQ) <b>15</b></p> <p>9:00 Rhythm Reaction (SG)</p> <p>9:30 "Sit to be Fit" (Lofts Lobby)</p> <p>9:30 Veteran's Group (Th)</p> <p>10:30 Beanbag Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Open Cribbage (CR)</p> <p><b>1:00 Shopping at Fred Meyer</b></p> <p><b>2:30 Let's Play Jeopardy! (Th)</b></p> <p>5:45 Rummy Q (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>16</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:30 Book Club hosted by Cynthia (ECU)</p> <p>11:00 History Talks with John Griffin (Th)</p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag Teams C &amp; D (SG)</p> <p>1:00 5 Crowns Card Game (TL)</p> <p>1:00 Open Pool (SP)</p> <p><b>2:30 Glentucky Derby Horse Racing - Store is open! Bring your Derby Bucks (Th)</b></p> <p>3:00 Tai-Chi (P)</p> <p>4:30 Linda on Piano (DR)</p> <p><b>4:30 Supper Outing to Patrick's Hawaiian Cafe. RSVP</b></p>	<p>9:00 Sit To Be Fit (SG) <b>17</b></p> <p><b>9:30 Shopping at Winco, Walgreens, Dollar Tree, Target, and Safeway</b></p> <p>10:00 Alzheimer's and Dementia Support Group (Th)</p> <p>10:00 Chair Massage Therapy - \$20 (ECU)</p> <p>10:30 Beanbag Teams A &amp; B (SG)</p> <p><b>10:30 Headlines and Donuts (TL)</b></p> <p>11:15 Grief Support Group (Th)</p> <p><b>12:30 Bus to Vanc Mall RSVP</b></p> <p>1:00 Glenwood Choir (Th)</p> <p>1:00 Wii Bowling (SG)</p> <p>2:30 Happy Hour Mike Hart (DR)</p> <p>6:00 Friday Night Movie - "The Report" (2019) RATED R 1h 59min (Th)</p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>18</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p>10:30 Saturday Morning with Madeline (SG)</p> <p>11:00 Sewing Lady - Mending and hemming at a reasonable rate (MR)</p> <p><b>1:00 Mystery Drive with Carroll. RSVP</b></p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p>1:00 Symphony Saturday - Rachmaninov, Piano Concerto No. 2 in C minor - Yuja Wang, Yuri Temirkanov (Th)</p> <p>2:30 BINGO (DR)</p> <p>6:00 Saturday Night Movie - "Seven Brides for Seven Brothers" (1954) G 1h 42min (Th)</p>

<p>8:20 Bus to Columbia Presbyterian <b>19</b></p> <p>8:20 Bus to St Joseph's. RSVP 8:20 Bus to St. Paul Lutheran 9:00 Bus to Immanuel Lutheran 9:20 Bus to First Presbyterian 9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht) 11:00 Cherie The Card Lady (LL) 1:00 Open Scrabble (P) 1:00 Sunday Movie - "Operation Dumbo Drop" (1995) PG 1h 47min (Tht) 1:30 Open Hand in Foot Card Game (CR) 2:00 Episcopal Communion (ECU) 3:00 Columbia Christian Church (DR) 3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge) 5:45 Rummy Q in the Lofts (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>20</b></p> <p>9:30 Sit to be Fit in the Lofts (Lofts Lobby)</p> <p><b>9:30 Tour of Pendleton Weaving Mill in Washougal. Limited Seating. Free</b></p> <p>9:30 Threading Needles (AR) 12:30 Blood Pressures Reading for Plaza residents (P) 1:00 Aqua Fitness (Pool Room) 1:00 Monday Movie - "Annie" (1982) PG 2h 7min (Tht) 1:00 Open Bridge (CR) 1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p><b>1:00 Tour of Pendleton Weaving Mill in Washougal. Limited Seating Free.</b></p> <p><b>2:00 Photo Fun with Rebecca! Bring your Camera or Smartphone and let's take photos! (Computer Lab)</b></p> <p>3:00 Tai-Chi - Moving for Better Balance (P) 6:30 Bible Study (ECU) 6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>21</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) 10:00 Glenwood Theater Rehearsal (Tht) 10:30 Beach Ball Toss (in the Sky Gym) 11:30 Free Eyeglass Clinic - eyeglass cleaning and adjustments (LL) 1:00 Beanbag Baseball Teams B &amp; D (SG) 1:00 Farkle with Vicki (P) 1:00 Open Pool (SP) 2:30 BINGO (DR) 3:00 Happy Hour with Stan Lasley (P) 6:30 Hymn Sing-A-Long (P) 7:00 Open Poker (CR)</p> <p><b>7:00 Beanbag Baseball Banquet – Fried Chicken Dinner, drinks, and the award ceremony. Limited to one guest. RSVP. (DR)</b></p>	<p>9:00 Rhythm Reaction Fitness (SG) <b>22</b></p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby) 9:30 Veteran's Group (Tht) 10:30 Beanbag Baseball Teams A &amp; C (SG) 11:30 Jerlean on Piano (DR) 12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby) 1:00 Aqua Fitness (Pool Room) 1:00 Open Cribbage (CR) <b>1:00 Shopping at Fred Meyer</b> <b>2:30 Readings with Nick - Come listen to humorous stories from various popular authors (Tht)</b> 5:45 Rummy Q in the Lofts (Lofts Lobby) 6:30 Bridge (CR) 6:30 Open Pinochle Card Game (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>23</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) <b>10:30 Health Talks with Sabrina (Tht)</b> 12:30 Blood Pressure Reading for Terrace Residents (TL) 1:00 Beanbag Baseball Teams C &amp; D (SG) 1:00 Open Pool (SP) <b>1:00 Po-Ke-No Card Game with Vicki (TL)</b> 2:00 Life Goes On Support Group - with St. Luke's Episcopal Church (ECU) 2:30 BINGO (DR) 3:00 Tai-Chi - Moving for Better Balance (P) 4:30 Linda on Piano (DR) <b>4:30 Supper Outing to Golden City Restaurant. RSVP</b></p>	<p>9:00 Sit To Be Fit (SG) <b>24</b></p> <p><b>9:30 Shopping trip: - Walmart, Trader Joe's, Fred Meyer (RSVP at the front desk.)</b></p> <p>10:00 Chair Massage Therapy - Sign up at the Front Desk. \$20 (ECU) <b>10:30 Ted Talks (Tht)</b> 10:30 Beanbag Baseball Teams A &amp; B (SG) 12:30 Bus to Vancouver Mall. RSVP 1:00 Glenwood Choir (Tht) 1:00 Wii Bowling (SG) <b>2:30 Come Celebrate Chinese New Year with Shelly Voight (DR)</b> 6:00 Friday Night Movie - "Born Free" (1966) PG 1h 35min (Tht)</p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>25</b></p> <p>10:30 Open Chess &amp; Checkers (CR) 10:30 Saturday Morning with Madeline (SG) <b>1:00 5 Minute Mysteries - Entertaining stumpers will sharpen your powers of observation and test your deductive skills (Tht)</b> 1:00 Open Billiards (Cue Room 3rd Floor Lodge) <b>1:30 Outing to the Vancouver Symphony (Admission \$40)</b> 2:30 BINGO (DR) 6:00 Saturday Night Movie - "For Me and My Gal" (1942) 1h 44min (Tht)</p>
<p>8:20 Bus to Columbia Presbyterian <b>26</b></p> <p>8:20 Bus to St Joseph's. RSVP 8:20 Bus to St. Paul Lutheran 9:00 Bus to Immanuel Lutheran 9:20 Bus to First Presbyterian 9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht) 1:00 Open Scrabble (P) 1:00 Sunday Movie - "The Wild Country" (1970) G 1h 40min (Tht) 1:30 Open Hand in Foot Card Game (CR) 3:00 Hymns &amp; Devotions with Ron &amp; Donna (DR) 3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge) 5:45 Rummy Q in the Lofts (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>27</b></p> <p>9:30 Sit to be Fit in the Lofts (Lofts Lobby) 9:30 Threading Needles (AR) <b>10:30 Lunch Outing to Kitchen Table Cafe. RSVP</b></p> <p>10:30 Music Therapy with Dan - Join us for sing alongs and play instruments. (Tht) 12:30 Blood Pressures Reading for Plaza residents (P) 1:00 Aqua Fitness (Pool Room) 1:00 Monday Movie - "The Book Thief" (2013) PG-13 2h 11min (Tht) 1:00 Open Bridge (CR) 1:00 Open Farkle (Cue Room 3rd Floor Lodge) 2:00 Bulletin Board Crafters - come help decorate the bulletin boards with Rebecca! (AR) 3:00 Tai-Chi - Moving for Better Balance (P) 6:30 Bible Study (ECU) 6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>28</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) 10:00 Glenwood Theater Rehearsal (Tht) 10:30 Beach Ball Toss (in the Sky Gym) 1:00 Beanbag Baseball Teams B &amp; D (SG) 1:00 Open Pool (SP) 1:30 Classical Club with Terry. Must do if you are a music lover! (Tht) 2:30 BINGO (DR) 3:00 Happy Hour with Vladimir on Violin (P) 6:30 Hymn Sing-A-Long (P) <b>7:00 Bingo After Dark</b> 7:00 Open Poker (CR)</p>	<p>9:00 Rhythm Reaction Fitness (SG) <b>29</b></p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby) 9:30 Veteran's Group (Tht) <b>10:00 Outing to Fort Vancouver High School for their Community Love Lunch. Free. RSVP</b></p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG) 11:30 Jerlean on Piano (DR) 12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby) 1:00 Aqua Fitness (Pool Room) 1:00 Open Cribbage (CR) <b>1:00 Shopping at Fred Meyer</b> <b>2:30 Brain Games (Tht)</b> 4:00 Linda on Piano (DR) <b>4:00 Lodge Birthday Dinner - RSVP at the Front Desk (DR)</b> 5:45 Rummy Q in the Lofts (Lofts Lobby) 6:30 Bridge (CR) 6:30 Open Pinochle Card Game (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>30</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) <b>10:30 Film Appreciation with Nick - Come explore the aesthetics of cinema, the concepts behind storytelling and various elements of a film (Tht)</b> 12:30 Blood Pressure Reading for Terrace Residents (TL) 1:00 Beanbag Baseball Teams C &amp; D (SG) 1:00 Open Pool (SP) 2:30 BINGO (DR) 3:00 Tai-Chi - Moving for Better Balance (P) <b>4:00 Birthday Dinner for the Plaza, Terrace and Lofts (DR)</b> 4:30 Linda on Piano (DR)</p>	<p>9:00 Sit To Be Fit (SG) <b>31</b></p> <p><b>9:30 Shopping at Winco, Walgreens, Dollar Tree, Target, and Safeway</b></p> <p>10:00 Alzheimer's and Dementia Caregiver Support Group (Tht) 10:00 Chair Massage Therapy - Sign up at the Front Desk. \$20 (ECU) 10:30 Beanbag Baseball Teams A &amp; B (SG) 11:15 Grief Support Group (Tht) <b>12:30 Bus to Vancouver Mall. RSVP</b> <b>1:00 Glenwood Choir (Tht)</b> 1:00 Wii Bowling (SG) 2:30 Happy Hour with Emmy Horowitz (DR) 6:00 Friday Night Movie - "Armstrong" (2019) DOCUMENTARY 1h 40min (Tht)</p>	

## Room Key

(AR) = Activity Room	(AR) = Activity Room 2nd Floor Lodge	(BQ) = Buffet Dining Room	(CR) = Card Room, 3rd Floor Lodge	(COMP) = Computer Room	(CY) = Courtyard	(Cue) = Cue Room, 3rd Floor Lodge
(DR) = Dining Room	(ECU) = ECU Activity Room	(Lbal) = Lodge Balcony 2nd Floor	(Lbal) = Lodge Balcony, 2nd Floor	(DR) = Lodge Dining Room	(LG) = Lodge Gardens	(LLB) = Lodge Library
(LL) = Lodge Lobby	(MR) = Mailroom	(P) = Plaza Community Room	(P) = Plaza Community Room, 2nd floor	(PG) = Plaza Garage	(PP) = Pool Patio	(SP) = Pool Room, Lodge
(SG) = Sky Gym	(SR) = Spa Room, 2nd floor Lodge	(TP) = Terrace Front Patio	(TL) = Terrace Lobby	(TP) = Terrace Lobby/Front Patio Area	(Tht) = Theater	



# Glenwood Place Calendar

# JANUARY 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>DOCTOR DAYS TUESDAYS</b> West of ANDRESEN Road. Salmon Creek, Hazel Dell, Downtown Vancouver &amp; the VA.</p> <p><b>THURSDAYS</b> East of ANDRESEN Road. 87<sup>th</sup> Ave, Cascade Park, Fisher's Landing, Orchards Mall</p>	<p><b>All outings are highlighted in YELLOW.</b></p> <p>Sign up for these events at the front desk. If bus is full, please add your name to the waiting list</p>	<p>Glenwood Place 5500 NE 82nd Ave. Vancouver, WA 98662 (360) 892-1100</p> <p>Email Activities <a href="mailto:navdienko@glenwoodplace.net">navdienko@glenwoodplace.net</a></p>	<p>9:00 Rhythm Reaction Fitness (SG) <b>1</b></p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby)</p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Open Cribbage (CR)</p> <p>1:00 Shopping at Fred Meyer</p> <p>2:00 Rose Bowl on the Big Screen - Ducks vs. Badgers. Pizza &amp; Soda Provided!!! (P)</p> <p>5:45 Rummy Q (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>2</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>11:00 History Talks with John Griffin (Tht)</p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag C &amp; D (SG)</p> <p>1:00 Five Crowns Game (TL)</p> <p>1:00 Open Pool (SP)</p> <p>1:00 Activity Calendar Forum with Nick (Tht)</p> <p>2:30 Glentucky Derby Horse Races (Tht)</p> <p>3:00 Tai-Chi (P)</p> <p>4:30 Linda on Piano (DR)</p> <p>4:45 Supper Outing to Cameo Cafe. RSVP. Limited Seating</p>	<p>9:00 Sit To Be Fit (SG) <b>3</b></p> <p>9:30 Shopping at Winco, Walgreens, Dollar Tree, Target, and Safeway</p> <p>10:00 Chair Massage Therapy - \$20 (ECU)</p> <p>10:30 Brain Games (Tht)</p> <p>10:30 Beanbag A &amp; B (SG)</p> <p>12:30 Bus to Vanc Mall RSVP</p> <p>1:00 Glenwood Choir (Tht)</p> <p>1:00 Wii Bowling (SG)</p> <p>2:30 Happy Hour with Monte Watters (DR)</p> <p>6:00 No Friday Movie (Tht)</p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>4</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p>10:30 Saturday Morning with Madeline (SG)</p> <p>11:00 Sewing Lady - Mending and hemming at a reasonable rate (MR)</p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p>1:00 Symphony Saturday - Yuja Wang performs Schubert and Schumann (Tht)</p> <p>2:30 BINGO (DR)</p> <p>6:00 No Saturday Night Movie (Tht)</p>
<p>8:20 Bus to Columbia Presbyterian <b>5</b></p> <p>8:20 Bus to St Joseph's. RSVP</p> <p>8:20 Bus to St. Paul Lutheran</p> <p>9:00 Bus to Immanuel Lutheran</p> <p>9:20 Bus to First Presbyterian</p> <p>9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht)</p> <p>1:00 Open Scrabble (P)</p> <p>1:00 Sunday Movie - "McFarland, USA" (2015) PG 2h 9min (Tht)</p> <p>1:30 Open Hand in Foot Card Game (CR)</p> <p>2:00 Episcopal Communion (ECU)</p> <p>3:00 First Christian Church Service (DR)</p> <p>3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge)</p> <p>5:45 Rummy Q in the Lofts (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>6</b></p> <p>9:30 Casino Outing to Ilani Casino - RSVP Bring \$</p> <p>9:30 Sit to be Fit in the Lofts (Lofts Lobby)</p> <p>9:30 Threading Needles (AR)</p> <p>10:30 "People and Stories" Reading Group (LLB)</p> <p>10:30 Computer Lab - Bring your laptop, phone, or tablet and get your questions answered. (COMP)</p> <p>12:30 Blood Pressures Reading for Plaza residents (P)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Monday Movie - "Cinema Paradiso" (1988) FOREIGN FILM - RATED R 2h 35min (Tht)</p> <p>1:00 Open Bridge (CR)</p> <p>1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p>3:00 Tai-Chi (P)</p> <p>5:45 Bunco with Vicki. RSVP with Vicki (P)</p> <p>6:30 Bible Study (ECU)</p> <p>6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>7</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:00 Glenwood Theater Rehearsal (Tht)</p> <p>10:00 NEW - Kitchen Tours. RSVP at the Front Desk. Meet in the Lobby (LL)</p> <p>10:30 Beach Ball Toss (in the Sky Gym)</p> <p>1:00 Beanbag Teams B &amp; D (SG)</p> <p>1:00 Farkle with Vicki (P)</p> <p>1:00 Open Pool (SP)</p> <p>1:00 Watercolor with Becky (AR)</p> <p>2:00 NEW - Kitchen Tours. RSVP at the Front Desk. Meet in the Lobby (LL)</p> <p>2:30 BINGO (DR)</p> <p>3:00 Happy Hour with William Spilette (P)</p> <p>6:00 Rock Painting (AR)</p> <p>6:30 Hymn Sing-A-Long (P)</p> <p>7:00 Open Poker (CR)</p>	<p>8:00 Pedicures with Dawn - Cost is \$25, pay her. Sign up at the front desk for a time slot. (AR) <b>8</b></p> <p>9:00 Rhythm Reaction Fitness (SG)</p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby)</p> <p>9:30 Veteran's Group (Tht)</p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Language Club - Want to Learn Sign Language? One of our residents will be teaching! (COMP)</p> <p>1:00 Open Cribbage (CR)</p> <p>1:00 Red Hat Ladies - Tea &amp; Movie (Tht)</p> <p>1:00 Shopping at Fred Meyer</p> <p>5:45 Rummy Q (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>9</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:30 Health Talks with Sabrina (Tht)</p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag Baseball Teams C &amp; D (SG)</p> <p>1:00 Open Pool (SP)</p> <p>1:00 Po-Ke-No Card Game with Vicki (TL)</p> <p>2:30 Bingo Auction - Bring Your Bingo Bucks to Bid on Some Great Prizes (In the Dining Room)</p> <p>3:00 Tai-Chi - Moving for Better Balance (P)</p> <p>4:30 Linda on Piano (DR)</p> <p>4:30 Supper Outing to The Hammond Kitchen &amp; Craft Bar in Camas. RSVP</p>	<p>9:00 Sit To Be Fit (SG) <b>10</b></p> <p>9:30 Shopping trip: - Walmart, Trader Joe's, Fred Meyer (RSVP at the front desk.)</p> <p>10:00 Alzheimer's and Dementia Caregiver Support Group (Tht)</p> <p>10:00 Chair Massage Therapy - Sign up at the Front Desk. \$20 (ECU)</p> <p>10:30 Beanbag Teams A &amp; B (SG)</p> <p>11:15 Grief Support Group (Tht)</p> <p>12:30 Bus to Vanc Mall RSVP</p> <p>12:30 Glenwood Choir (Tht)</p> <p>1:00 Wii Bowling (SG)</p> <p>1:30 Residents Association Meeting (DR)</p> <p>2:30 Happy Hour with Karen Overton (DR)</p> <p>6:00 No Friday Movie</p> <p>7:00 Performance - The Dynamic Duo of Reno and Cindy Hollar. Great dancing music and songs (DR)</p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>11</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p>10:30 Saturday Morning with Madeline (SG)</p> <p>1:00 All the World's a Zoo (Tht)</p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p>2:00 Encore Performance - More Music with Reno and Cindy Hollar (DR)</p> <p>6:00 Saturday Night Movie - "Downton Abbey" (2019) PG 2h 2min (Tht)</p>
<p>8:20 Bus to Columbia Presbyterian <b>12</b></p> <p>8:20 Bus to St Joseph's. RSVP</p> <p>8:20 Bus to St. Paul Lutheran</p> <p>9:00 Bus to Immanuel Lutheran</p> <p>9:20 Bus to First Presbyterian</p> <p>9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht)</p> <p>1:00 Open Scrabble (P)</p> <p>1:00 Sunday Movie - "Larger Than Life" (1996) PG 1h 33min (Tht)</p> <p>1:30 Open Hand in Foot Card Game (CR)</p> <p>3:00 Open Boggle (Cue Room)</p> <p>5:45 Rummy Q (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>13</b></p> <p>9:30 Sit to be Fit (Lofts Lobby)</p> <p>9:30 Threading Needles (AR)</p> <p>10:30 Music Therapy with Dan (Tht)</p> <p>10:45 Lunch Outing to Red Lobster. RSVP</p> <p>12:30 Blood Pressures (P)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Monday Movie - "The Two Popes" (2019) PG-13 2h 5min (Tht)</p> <p>1:00 Open Bridge (CR)</p> <p>1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p>1:30 Outing to Local Thrift Stores. RSVP</p> <p>2:00 Bulletin Board Crafters - (AR)</p> <p>3:00 Tai-Chi (P)</p> <p>6:30 Bible Study (ECU)</p> <p>6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>14</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:00 Glenwood Theater Open House - Come join the Acting Group! (Tht)</p> <p>10:30 Beach Ball Toss (in the Sky Gym)</p> <p>1:00 Beanbag Baseball Teams B &amp; D (SG)</p> <p>1:00 Open Pool (SP)</p> <p>2:30 BINGO (DR)</p> <p>3:00 Happy Hour with Pianist Diome Alcomendac (P)</p> <p>6:00 Rock Painting (AR)</p> <p>6:30 Hymn Sing-A-Long (P)</p> <p>7:00 Open Poker (CR)</p>	<p>7:30 Women &amp; Men's Breakfast! Free. (7:30 - 8:30) (BQ) <b>15</b></p> <p>9:00 Rhythm Reaction (SG)</p> <p>9:30 "Sit to be Fit" (Lofts Lobby)</p> <p>9:30 Veteran's Group (Tht)</p> <p>10:30 Beanbag Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Open Cribbage (CR)</p> <p>1:00 Shopping at Fred Meyer</p> <p>2:30 Let's Play Jeopardy! (Tht)</p> <p>5:45 Rummy Q (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>16</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:30 Book Club hosted by Cynthia (ECU)</p> <p>11:00 History Talks with John Griffin (Tht)</p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag Teams C &amp; D (SG)</p> <p>1:00 5 Crowns Card Game (TL)</p> <p>1:00 Open Pool (SP)</p> <p>2:30 Glentucky Derby Horse Racing - Store is open! Bring your Derby Bucks (Tht)</p> <p>3:00 Tai-Chi (P)</p> <p>4:30 Linda on Piano (DR)</p> <p>4:30 Supper Outing to Patrick's Hawaiian Cafe. RSVP</p>	<p>9:00 Sit To Be Fit (SG) <b>17</b></p> <p>9:30 Shopping at Winco, Walgreens, Dollar Tree, Target, and Safeway</p> <p>10:00 Alzheimer's and Dementia Support Group (Tht)</p> <p>10:00 Chair Massage Therapy - \$20 (ECU)</p> <p>10:30 Beanbag Teams A &amp; B (SG)</p> <p>10:30 Headlines and Donuts (TL)</p> <p>11:15 Grief Support Group (Tht)</p> <p>12:30 Bus to Vanc Mall RSVP</p> <p>1:00 Glenwood Choir (Tht)</p> <p>1:00 Wii Bowling (SG)</p> <p>2:30 Happy Hour Mike Hart (DR)</p> <p>6:00 Friday Night Movie - "The Report" (2019) RATED R 1h 59min (Tht)</p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>18</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p>10:30 Saturday Morning with Madeline (SG)</p> <p>11:00 Sewing Lady - Mending and hemming at a reasonable rate (MR)</p> <p>1:00 Mystery Drive with Carroll. RSVP</p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p>1:00 Symphony Saturday - Rachmaninov, Piano Concerto No. 2 in C minor - Yuja Wang, Yuri Temirkanov (Tht)</p> <p>2:30 BINGO (DR)</p> <p>6:00 Saturday Night Movie - "Seven Brides for Seven Brothers" (1954) G 1h 42min (Tht)</p>

<p>8:20 Bus to Columbia Presbyterian <b>19</b></p> <p>8:20 Bus to St Joseph's. RSVP 8:20 Bus to St. Paul Lutheran 9:00 Bus to Immanuel Lutheran 9:20 Bus to First Presbyterian 9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht) 11:00 Cherie The Card Lady (LL) 1:00 Open Scrabble (P) 1:00 Sunday Movie - "Operation Dumbo Drop" (1995) PG 1h 47min (Tht) 1:30 Open Hand in Foot Card Game (CR) 2:00 Episcopal Communion (ECU) 3:00 Columbia Christian Church (DR) 3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge) 5:45 Rummy Q in the Lofts (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>20</b></p> <p>9:30 Sit to be Fit in the Lofts (Lofts Lobby)</p> <p><b>9:30 Tour of Pendleton Weaving Mill in Washougal. Limited Seating. Free</b></p> <p>9:30 Threading Needles (AR) 12:30 Blood Pressures Reading for Plaza residents (P) 1:00 Aqua Fitness (Pool Room) 1:00 Monday Movie - "Annie" (1982) PG 2h 7min (Tht) 1:00 Open Bridge (CR) 1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p><b>1:00 Tour of Pendleton Weaving Mill in Washougal. Limited Seating Free.</b></p> <p><b>2:00 Photo Fun with Rebecca! Bring your Camera or Smartphone and let's take photos! (Computer Lab)</b></p> <p>3:00 Tai-Chi - Moving for Better Balance (P) 6:30 Bible Study (ECU) 6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>21</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) 10:00 Glenwood Theater Rehearsal (Tht) 10:30 Beach Ball Toss (in the Sky Gym) 11:30 Free Eyeglass Clinic - eyeglass cleaning and adjustments (LL) 1:00 Beanbag Baseball Teams B &amp; D (SG) 1:00 Farkle with Vicki (P) 1:00 Open Pool (SP) 2:30 BINGO (DR) 3:00 Happy Hour with Stan Lasley (P) 6:30 Hymn Sing-A-Long (P) 7:00 Open Poker (CR)</p> <p><b>7:00 Beanbag Baseball Banquet – Fried Chicken Dinner, drinks, and the award ceremony. Limited to one guest. RSVP. (DR)</b></p>	<p>9:00 Rhythm Reaction Fitness (SG) <b>22</b></p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby) 9:30 Veteran's Group (Tht) 10:30 Beanbag Baseball Teams A &amp; C (SG) 11:30 Jerlean on Piano (DR) 12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby) 1:00 Aqua Fitness (Pool Room) 1:00 Open Cribbage (CR) <b>1:00 Shopping at Fred Meyer</b> <b>2:30 Readings with Nick - Come listen to humorous stories from various popular authors (Tht)</b> 5:45 Rummy Q in the Lofts (Lofts Lobby) 6:30 Bridge (CR) 6:30 Open Pinochle Card Game (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>23</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) <b>10:30 Health Talks with Sabrina (Tht)</b> 12:30 Blood Pressure Reading for Terrace Residents (TL) 1:00 Beanbag Baseball Teams C &amp; D (SG) 1:00 Open Pool (SP) <b>1:00 Po-Ke-No Card Game with Vicki (TL)</b> 2:00 Life Goes On Support Group - with St. Luke's Episcopal Church (ECU) 2:30 BINGO (DR) 3:00 Tai-Chi - Moving for Better Balance (P) 4:30 Linda on Piano (DR) <b>4:30 Supper Outing to Golden City Restaurant. RSVP</b></p>	<p>9:00 Sit To Be Fit (SG) <b>24</b></p> <p><b>9:30 Shopping trip: - Walmart, Trader Joe's, Fred Meyer (RSVP at the front desk.)</b></p> <p>10:00 Chair Massage Therapy - Sign up at the Front Desk. \$20 (ECU) <b>10:30 Ted Talks (Tht)</b> 10:30 Beanbag Baseball Teams A &amp; B (SG) 12:30 Bus to Vancouver Mall. RSVP 1:00 Glenwood Choir (Tht) 1:00 Wii Bowling (SG) <b>2:30 Come Celebrate Chinese New Year with Shelly Voight (DR)</b> 6:00 Friday Night Movie - "Born Free" (1966) PG 1h 35min (Tht)</p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>25</b></p> <p>10:30 Open Chess &amp; Checkers (CR) 10:30 Saturday Morning with Madeline (SG) <b>1:00 5 Minute Mysteries - Entertaining stumpers will sharpen your powers of observation and test your deductive skills (Tht)</b> 1:00 Open Billiards (Cue Room 3rd Floor Lodge) <b>1:30 Outing to the Vancouver Symphony (Admission \$40)</b> 2:30 BINGO (DR) 6:00 Saturday Night Movie - "For Me and My Gal" (1942) 1h 44min (Tht)</p>
<p>8:20 Bus to Columbia Presbyterian <b>26</b></p> <p>8:20 Bus to St Joseph's. RSVP 8:20 Bus to St. Paul Lutheran 9:00 Bus to Immanuel Lutheran 9:20 Bus to First Presbyterian 9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht) 1:00 Open Scrabble (P) 1:00 Sunday Movie - "The Wild Country" (1970) G 1h 40min (Tht) 1:30 Open Hand in Foot Card Game (CR) 3:00 Hymns &amp; Devotions with Ron &amp; Donna (DR) 3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge) 5:45 Rummy Q in the Lofts (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>27</b></p> <p>9:30 Sit to be Fit in the Lofts (Lofts Lobby) 9:30 Threading Needles (AR) <b>10:30 Lunch Outing to Kitchen Table Cafe. RSVP</b></p> <p>10:30 Music Therapy with Dan - Join us for sing alongs and play instruments. (Tht) 12:30 Blood Pressures Reading for Plaza residents (P) 1:00 Aqua Fitness (Pool Room) 1:00 Monday Movie - "The Book Thief" (2013) PG-13 2h 11min (Tht) 1:00 Open Bridge (CR) 1:00 Open Farkle (Cue Room 3rd Floor Lodge) 2:00 Bulletin Board Crafters - come help decorate the bulletin boards with Rebecca! (AR) 3:00 Tai-Chi - Moving for Better Balance (P) 6:30 Bible Study (ECU) 6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>28</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) 10:00 Glenwood Theater Rehearsal (Tht) 10:30 Beach Ball Toss (in the Sky Gym) 1:00 Beanbag Baseball Teams B &amp; D (SG) 1:00 Open Pool (SP) 1:30 Classical Club with Terry. Must do if you are a music lover! (Tht) 2:30 BINGO (DR) 3:00 Happy Hour with Vladimir on Violin (P) 6:30 Hymn Sing-A-Long (P) <b>7:00 Bingo After Dark</b> 7:00 Open Poker (CR)</p>	<p>9:00 Rhythm Reaction Fitness (SG) <b>29</b></p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby) 9:30 Veteran's Group (Tht) <b>10:00 Outing to Fort Vancouver High School for their Community Love Lunch. Free. RSVP</b></p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG) 11:30 Jerlean on Piano (DR) 12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby) 1:00 Aqua Fitness (Pool Room) 1:00 Open Cribbage (CR) <b>1:00 Shopping at Fred Meyer</b> <b>2:30 Brain Games (Tht)</b> 4:00 Linda on Piano (DR) <b>4:00 Lodge Birthday Dinner - RSVP at the Front Desk (DR)</b> 5:45 Rummy Q in the Lofts (Lofts Lobby) 6:30 Bridge (CR) 6:30 Open Pinochle Card Game (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>30</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) <b>10:30 Film Appreciation with Nick - Come explore the aesthetics of cinema, the concepts behind storytelling and various elements of a film (Tht)</b> 12:30 Blood Pressure Reading for Terrace Residents (TL) 1:00 Beanbag Baseball Teams C &amp; D (SG) 1:00 Open Pool (SP) 2:30 BINGO (DR) 3:00 Tai-Chi - Moving for Better Balance (P) <b>4:00 Birthday Dinner for the Plaza, Terrace and Lofts (DR)</b> 4:30 Linda on Piano (DR)</p>	<p>9:00 Sit To Be Fit (SG) <b>31</b></p> <p><b>9:30 Shopping at Winco, Walgreens, Dollar Tree, Target, and Safeway</b></p> <p>10:00 Alzheimer's and Dementia Caregiver Support Group (Tht) 10:00 Chair Massage Therapy - Sign up at the Front Desk. \$20 (ECU) 10:30 Beanbag Baseball Teams A &amp; B (SG) 11:15 Grief Support Group (Tht) <b>12:30 Bus to Vancouver Mall. RSVP</b> <b>1:00 Glenwood Choir (Tht)</b> 1:00 Wii Bowling (SG) 2:30 Happy Hour with Emmy Horowitz (DR) 6:00 Friday Night Movie - "Armstrong" (2019) DOCUMENTARY 1h 40min (Tht)</p>	

## Room Key

(AR) = Activity Room	(AR) = Activity Room 2nd Floor Lodge	(BQ) = Buffet Dining Room	(CR) = Card Room, 3rd Floor Lodge	(COMP) = Computer Room	(CY) = Courtyard	(Cue) = Cue Room, 3rd Floor Lodge
(DR) = Dining Room	(ECU) = ECU Activity Room	(Lbal) = Lodge Balcony 2nd Floor	(Lbal) = Lodge Balcony, 2nd Floor	(DR) = Lodge Dining Room	(LG) = Lodge Gardens	(LLB) = Lodge Library
(LL) = Lodge Lobby	(MR) = Mailroom	(P) = Plaza Community Room	(P) = Plaza Community Room, 2nd floor	(PG) = Plaza Garage	(PP) = Pool Patio	(SP) = Pool Room, Lodge
(SG) = Sky Gym	(SR) = Spa Room, 2nd floor Lodge	(TP) = Terrace Front Patio	(TL) = Terrace Lobby	(TP) = Terrace Lobby/Front Patio Area	(Tht) = Theater	



# Glenwood Place Calendar

# JANUARY 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>DOCTOR DAYS TUESDAYS</b> West of ANDRESEN Road. Salmon Creek, Hazel Dell, Downtown Vancouver &amp; the VA.</p> <p><b>THURSDAYS</b> East of ANDRESEN Road. 87<sup>th</sup> Ave, Cascade Park, Fisher's Landing, Orchards Mall</p>	<p><b>All outings are highlighted in YELLOW.</b></p> <p>Sign up for these events at the front desk. If bus is full, please add your name to the waiting list</p>	<p>Glenwood Place 5500 NE 82nd Ave. Vancouver, WA 98662 (360) 892-1100</p> <p>Email Activities <a href="mailto:navdienko@glenwoodplace.net">navdienko@glenwoodplace.net</a></p>	<p>9:00 Rhythm Reaction Fitness (SG) <b>1</b></p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby)</p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Open Cribbage (CR)</p> <p>1:00 Shopping at Fred Meyer</p> <p>2:00 Rose Bowl on the Big Screen - Ducks vs. Badgers. Pizza &amp; Soda Provided!!! (P)</p> <p>5:45 Rummy Q (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>2</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>11:00 History Talks with John Griffin (Tht)</p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag C &amp; D (SG)</p> <p>1:00 Five Crowns Game (TL)</p> <p>1:00 Open Pool (SP)</p> <p>1:00 Activity Calendar Forum with Nick (Tht)</p> <p>2:30 Glentucky Derby Horse Races (Tht)</p> <p>3:00 Tai-Chi (P)</p> <p>4:30 Linda on Piano (DR)</p> <p>4:45 Supper Outing to Cameo Cafe. RSVP. Limited Seating</p>	<p>9:00 Sit To Be Fit (SG) <b>3</b></p> <p>9:30 Shopping at Winco, Walgreens, Dollar Tree, Target, and Safeway</p> <p>10:00 Chair Massage Therapy - \$20 (ECU)</p> <p>10:30 Brain Games (Tht)</p> <p>10:30 Beanbag A &amp; B (SG)</p> <p>12:30 Bus to Vanc Mall RSVP</p> <p>1:00 Glenwood Choir (Tht)</p> <p>1:00 Wii Bowling (SG)</p> <p>2:30 Happy Hour with Monte Watters (DR)</p> <p>6:00 No Friday Movie (Tht)</p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>4</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p>10:30 Saturday Morning with Madeline (SG)</p> <p>11:00 Sewing Lady - Mending and hemming at a reasonable rate (MR)</p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p>1:00 Symphony Saturday - Yuja Wang performs Schubert and Schumann (Tht)</p> <p>2:30 BINGO (DR)</p> <p>6:00 No Saturday Night Movie (Tht)</p>
<p>8:20 Bus to Columbia Presbyterian <b>5</b></p> <p>8:20 Bus to St Joseph's. RSVP</p> <p>8:20 Bus to St. Paul Lutheran</p> <p>9:00 Bus to Immanuel Lutheran</p> <p>9:20 Bus to First Presbyterian</p> <p>9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht)</p> <p>1:00 Open Scrabble (P)</p> <p>1:00 Sunday Movie - "McFarland, USA" (2015) PG 2h 9min (Tht)</p> <p>1:30 Open Hand in Foot Card Game (CR)</p> <p>2:00 Episcopal Communion (ECU)</p> <p>3:00 First Christian Church Service (DR)</p> <p>3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge)</p> <p>5:45 Rummy Q in the Lofts (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>6</b></p> <p>9:30 Casino Outing to Ilani Casino - RSVP Bring \$</p> <p>9:30 Sit to be Fit in the Lofts (Lofts Lobby)</p> <p>9:30 Threading Needles (AR)</p> <p>10:30 "People and Stories" Reading Group (LLB)</p> <p>10:30 Computer Lab - Bring your laptop, phone, or tablet and get your questions answered. (COMP)</p> <p>12:30 Blood Pressures Reading for Plaza residents (P)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Monday Movie - "Cinema Paradiso" (1988) FOREIGN FILM - RATED R 2h 35min (Tht)</p> <p>1:00 Open Bridge (CR)</p> <p>1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p>3:00 Tai-Chi (P)</p> <p>5:45 Bunco with Vicki. RSVP with Vicki (P)</p> <p>6:30 Bible Study (ECU)</p> <p>6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>7</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:00 Glenwood Theater Rehearsal (Tht)</p> <p>10:00 NEW - Kitchen Tours. RSVP at the Front Desk. Meet in the Lobby (LL)</p> <p>10:30 Beach Ball Toss (in the Sky Gym)</p> <p>1:00 Beanbag Teams B &amp; D (SG)</p> <p>1:00 Farkle with Vicki (P)</p> <p>1:00 Open Pool (SP)</p> <p>1:00 Watercolor with Becky (AR)</p> <p>2:00 NEW - Kitchen Tours. RSVP at the Front Desk. Meet in the Lobby (LL)</p> <p>2:30 BINGO (DR)</p> <p>3:00 Happy Hour with William Spilette (P)</p> <p>6:00 Rock Painting (AR)</p> <p>6:30 Hymn Sing-A-Long (P)</p> <p>7:00 Open Poker (CR)</p>	<p>8:00 Pedicures with Dawn - Cost is \$25, pay her. Sign up at the front desk for a time slot. (AR) <b>8</b></p> <p>9:00 Rhythm Reaction Fitness (SG)</p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby)</p> <p>9:30 Veteran's Group (Tht)</p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Language Club - Want to Learn Sign Language? One of our residents will be teaching! (COMP)</p> <p>1:00 Open Cribbage (CR)</p> <p>1:00 Red Hat Ladies - Tea &amp; Movie (Tht)</p> <p>1:00 Shopping at Fred Meyer</p> <p>5:45 Rummy Q (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>9</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:30 Health Talks with Sabrina (Tht)</p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag Baseball Teams C &amp; D (SG)</p> <p>1:00 Open Pool (SP)</p> <p>1:00 Po-Ke-No Card Game with Vicki (TL)</p> <p>2:30 Bingo Auction - Bring Your Bingo Bucks to Bid on Some Great Prizes (In the Dining Room)</p> <p>3:00 Tai-Chi - Moving for Better Balance (P)</p> <p>4:30 Linda on Piano (DR)</p> <p>4:30 Supper Outing to The Hammond Kitchen &amp; Craft Bar in Camas. RSVP</p>	<p>9:00 Sit To Be Fit (SG) <b>10</b></p> <p>9:30 Shopping trip: - Walmart, Trader Joe's, Fred Meyer (RSVP at the front desk.)</p> <p>10:00 Alzheimer's and Dementia Caregiver Support Group (Tht)</p> <p>10:00 Chair Massage Therapy - Sign up at the Front Desk. \$20 (ECU)</p> <p>10:30 Beanbag Teams A &amp; B (SG)</p> <p>11:15 Grief Support Group (Tht)</p> <p>12:30 Bus to Vanc Mall RSVP</p> <p>12:30 Glenwood Choir (Tht)</p> <p>1:00 Wii Bowling (SG)</p> <p>1:30 Residents Association Meeting (DR)</p> <p>2:30 Happy Hour with Karen Overton (DR)</p> <p>6:00 No Friday Movie</p> <p>7:00 Performance - The Dynamic Duo of Reno and Cindy Hollar. Great dancing music and songs (DR)</p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>11</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p>10:30 Saturday Morning with Madeline (SG)</p> <p>1:00 All the World's a Zoo (Tht)</p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p>2:00 Encore Performance - More Music with Reno and Cindy Hollar (DR)</p> <p>6:00 Saturday Night Movie - "Downton Abbey" (2019) PG 2h 2min (Tht)</p>
<p>8:20 Bus to Columbia Presbyterian <b>12</b></p> <p>8:20 Bus to St Joseph's. RSVP</p> <p>8:20 Bus to St. Paul Lutheran</p> <p>9:00 Bus to Immanuel Lutheran</p> <p>9:20 Bus to First Presbyterian</p> <p>9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht)</p> <p>1:00 Open Scrabble (P)</p> <p>1:00 Sunday Movie - "Larger Than Life" (1996) PG 1h 33min (Tht)</p> <p>1:30 Open Hand in Foot Card Game (CR)</p> <p>3:00 Open Boggle (Cue Room)</p> <p>5:45 Rummy Q (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>13</b></p> <p>9:30 Sit to be Fit (Lofts Lobby)</p> <p>9:30 Threading Needles (AR)</p> <p>10:30 Music Therapy with Dan (Tht)</p> <p>10:45 Lunch Outing to Red Lobster. RSVP</p> <p>12:30 Blood Pressures (P)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Monday Movie - "The Two Popes" (2019) PG-13 2h 5min (Tht)</p> <p>1:00 Open Bridge (CR)</p> <p>1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p>1:30 Outing to Local Thrift Stores. RSVP</p> <p>2:00 Bulletin Board Crafters - (AR)</p> <p>3:00 Tai-Chi (P)</p> <p>6:30 Bible Study (ECU)</p> <p>6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>14</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:00 Glenwood Theater Open House - Come join the Acting Group! (Tht)</p> <p>10:30 Beach Ball Toss (in the Sky Gym)</p> <p>1:00 Beanbag Baseball Teams B &amp; D (SG)</p> <p>1:00 Open Pool (SP)</p> <p>2:30 BINGO (DR)</p> <p>3:00 Happy Hour with Pianist Diome Alcomendac (P)</p> <p>6:00 Rock Painting (AR)</p> <p>6:30 Hymn Sing-A-Long (P)</p> <p>7:00 Open Poker (CR)</p>	<p>7:30 Women &amp; Men's Breakfast! Free. (7:30 - 8:30) (BQ) <b>15</b></p> <p>9:00 Rhythm Reaction (SG)</p> <p>9:30 "Sit to be Fit" (Lofts Lobby)</p> <p>9:30 Veteran's Group (Tht)</p> <p>10:30 Beanbag Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Open Cribbage (CR)</p> <p>1:00 Shopping at Fred Meyer</p> <p>2:30 Let's Play Jeopardy! (Tht)</p> <p>5:45 Rummy Q (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>16</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:30 Book Club hosted by Cynthia (ECU)</p> <p>11:00 History Talks with John Griffin (Tht)</p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag Teams C &amp; D (SG)</p> <p>1:00 5 Crowns Card Game (TL)</p> <p>1:00 Open Pool (SP)</p> <p>2:30 Glentucky Derby Horse Racing - Store is open! Bring your Derby Bucks (Tht)</p> <p>3:00 Tai-Chi (P)</p> <p>4:30 Linda on Piano (DR)</p> <p>4:30 Supper Outing to Patrick's Hawaiian Cafe. RSVP</p>	<p>9:00 Sit To Be Fit (SG) <b>17</b></p> <p>9:30 Shopping at Winco, Walgreens, Dollar Tree, Target, and Safeway</p> <p>10:00 Alzheimer's and Dementia Support Group (Tht)</p> <p>10:00 Chair Massage Therapy - \$20 (ECU)</p> <p>10:30 Beanbag Teams A &amp; B (SG)</p> <p>10:30 Headlines and Donuts (TL)</p> <p>11:15 Grief Support Group (Tht)</p> <p>12:30 Bus to Vanc Mall RSVP</p> <p>1:00 Glenwood Choir (Tht)</p> <p>1:00 Wii Bowling (SG)</p> <p>2:30 Happy Hour Mike Hart (DR)</p> <p>6:00 Friday Night Movie - "The Report" (2019) RATED R 1h 59min (Tht)</p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>18</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p>10:30 Saturday Morning with Madeline (SG)</p> <p>11:00 Sewing Lady - Mending and hemming at a reasonable rate (MR)</p> <p>1:00 Mystery Drive with Carroll. RSVP</p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p>1:00 Symphony Saturday - Rachmaninov, Piano Concerto No. 2 in C minor - Yuja Wang, Yuri Temirkanov (Tht)</p> <p>2:30 BINGO (DR)</p> <p>6:00 Saturday Night Movie - "Seven Brides for Seven Brothers" (1954) G 1h 42min (Tht)</p>

<p>8:20 Bus to Columbia Presbyterian <b>19</b></p> <p>8:20 Bus to St Joseph's. RSVP 8:20 Bus to St. Paul Lutheran 9:00 Bus to Immanuel Lutheran 9:20 Bus to First Presbyterian 9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht) 11:00 Cherie The Card Lady (LL) 1:00 Open Scrabble (P) 1:00 Sunday Movie - "Operation Dumbo Drop" (1995) PG 1h 47min (Tht) 1:30 Open Hand in Foot Card Game (CR) 2:00 Episcopal Communion (ECU) 3:00 Columbia Christian Church (DR) 3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge) 5:45 Rummy Q in the Lofts (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>20</b></p> <p>9:30 Sit to be Fit in the Lofts (Lofts Lobby)</p> <p><b>9:30 Tour of Pendleton Weaving Mill in Washougal. Limited Seating. Free</b></p> <p>9:30 Threading Needles (AR) 12:30 Blood Pressures Reading for Plaza residents (P) 1:00 Aqua Fitness (Pool Room) 1:00 Monday Movie - "Annie" (1982) PG 2h 7min (Tht) 1:00 Open Bridge (CR) 1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p><b>1:00 Tour of Pendleton Weaving Mill in Washougal. Limited Seating Free.</b></p> <p><b>2:00 Photo Fun with Rebecca! Bring your Camera or Smartphone and let's take photos! (Computer Lab)</b></p> <p>3:00 Tai-Chi - Moving for Better Balance (P) 6:30 Bible Study (ECU) 6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>21</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) 10:00 Glenwood Theater Rehearsal (Tht) 10:30 Beach Ball Toss (in the Sky Gym) 11:30 Free Eyeglass Clinic - eyeglass cleaning and adjustments (LL) 1:00 Beanbag Baseball Teams B &amp; D (SG) 1:00 Farkle with Vicki (P) 1:00 Open Pool (SP) 2:30 BINGO (DR) 3:00 Happy Hour with Stan Lasley (P) 6:30 Hymn Sing-A-Long (P) 7:00 Open Poker (CR)</p> <p><b>7:00 Beanbag Baseball Banquet – Fried Chicken Dinner, drinks, and the award ceremony. Limited to one guest. RSVP. (DR)</b></p>	<p>9:00 Rhythm Reaction Fitness (SG) <b>22</b></p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby) 9:30 Veteran's Group (Tht) 10:30 Beanbag Baseball Teams A &amp; C (SG) 11:30 Jerlean on Piano (DR) 12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby) 1:00 Aqua Fitness (Pool Room) 1:00 Open Cribbage (CR) <b>1:00 Shopping at Fred Meyer</b> <b>2:30 Readings with Nick - Come listen to humorous stories from various popular authors (Tht)</b> 5:45 Rummy Q in the Lofts (Lofts Lobby) 6:30 Bridge (CR) 6:30 Open Pinochle Card Game (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>23</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) <b>10:30 Health Talks with Sabrina (Tht)</b> 12:30 Blood Pressure Reading for Terrace Residents (TL) 1:00 Beanbag Baseball Teams C &amp; D (SG) 1:00 Open Pool (SP) <b>1:00 Po-Ke-No Card Game with Vicki (TL)</b> 2:00 Life Goes On Support Group - with St. Luke's Episcopal Church (ECU) 2:30 BINGO (DR) 3:00 Tai-Chi - Moving for Better Balance (P) 4:30 Linda on Piano (DR) <b>4:30 Supper Outing to Golden City Restaurant. RSVP</b></p>	<p>9:00 Sit To Be Fit (SG) <b>24</b></p> <p><b>9:30 Shopping trip: - Walmart, Trader Joe's, Fred Meyer (RSVP at the front desk.)</b></p> <p>10:00 Chair Massage Therapy - Sign up at the Front Desk. \$20 (ECU) <b>10:30 Ted Talks (Tht)</b> 10:30 Beanbag Baseball Teams A &amp; B (SG) 12:30 Bus to Vancouver Mall. RSVP 1:00 Glenwood Choir (Tht) 1:00 Wii Bowling (SG) <b>2:30 Come Celebrate Chinese New Year with Shelly Voight (DR)</b> 6:00 Friday Night Movie - "Born Free" (1966) PG 1h 35min (Tht)</p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>25</b></p> <p>10:30 Open Chess &amp; Checkers (CR) 10:30 Saturday Morning with Madeline (SG) <b>1:00 5 Minute Mysteries - Entertaining stumpers will sharpen your powers of observation and test your deductive skills (Tht)</b> 1:00 Open Billiards (Cue Room 3rd Floor Lodge) <b>1:30 Outing to the Vancouver Symphony (Admission \$40)</b> 2:30 BINGO (DR) 6:00 Saturday Night Movie - "For Me and My Gal" (1942) 1h 44min (Tht)</p>
<p>8:20 Bus to Columbia Presbyterian <b>26</b></p> <p>8:20 Bus to St Joseph's. RSVP 8:20 Bus to St. Paul Lutheran 9:00 Bus to Immanuel Lutheran 9:20 Bus to First Presbyterian 9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht) 1:00 Open Scrabble (P) 1:00 Sunday Movie - "The Wild Country" (1970) G 1h 40min (Tht) 1:30 Open Hand in Foot Card Game (CR) 3:00 Hymns &amp; Devotions with Ron &amp; Donna (DR) 3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge) 5:45 Rummy Q in the Lofts (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>27</b></p> <p>9:30 Sit to be Fit in the Lofts (Lofts Lobby) 9:30 Threading Needles (AR) <b>10:30 Lunch Outing to Kitchen Table Cafe. RSVP</b></p> <p>10:30 Music Therapy with Dan - Join us for sing alongs and play instruments. (Tht) 12:30 Blood Pressures Reading for Plaza residents (P) 1:00 Aqua Fitness (Pool Room) 1:00 Monday Movie - "The Book Thief" (2013) PG-13 2h 11min (Tht) 1:00 Open Bridge (CR) 1:00 Open Farkle (Cue Room 3rd Floor Lodge) 2:00 Bulletin Board Crafters - come help decorate the bulletin boards with Rebecca! (AR) 3:00 Tai-Chi - Moving for Better Balance (P) 6:30 Bible Study (ECU) 6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>28</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) 10:00 Glenwood Theater Rehearsal (Tht) 10:30 Beach Ball Toss (in the Sky Gym) 1:00 Beanbag Baseball Teams B &amp; D (SG) 1:00 Open Pool (SP) 1:30 Classical Club with Terry. Must do if you are a music lover! (Tht) 2:30 BINGO (DR) 3:00 Happy Hour with Vladimir on Violin (P) 6:30 Hymn Sing-A-Long (P) <b>7:00 Bingo After Dark</b> 7:00 Open Poker (CR)</p>	<p>9:00 Rhythm Reaction Fitness (SG) <b>29</b></p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby) 9:30 Veteran's Group (Tht) <b>10:00 Outing to Fort Vancouver High School for their Community Love Lunch. Free. RSVP</b></p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG) 11:30 Jerlean on Piano (DR) 12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby) 1:00 Aqua Fitness (Pool Room) 1:00 Open Cribbage (CR) <b>1:00 Shopping at Fred Meyer</b> <b>2:30 Brain Games (Tht)</b> 4:00 Linda on Piano (DR) <b>4:00 Lodge Birthday Dinner - RSVP at the Front Desk (DR)</b> 5:45 Rummy Q in the Lofts (Lofts Lobby) 6:30 Bridge (CR) 6:30 Open Pinochle Card Game (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>30</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) <b>10:30 Film Appreciation with Nick - Come explore the aesthetics of cinema, the concepts behind storytelling and various elements of a film (Tht)</b> 12:30 Blood Pressure Reading for Terrace Residents (TL) 1:00 Beanbag Baseball Teams C &amp; D (SG) 1:00 Open Pool (SP) 2:30 BINGO (DR) 3:00 Tai-Chi - Moving for Better Balance (P) <b>4:00 Birthday Dinner for the Plaza, Terrace and Lofts (DR)</b> 4:30 Linda on Piano (DR)</p>	<p>9:00 Sit To Be Fit (SG) <b>31</b></p> <p><b>9:30 Shopping at Winco, Walgreens, Dollar Tree, Target, and Safeway</b></p> <p>10:00 Alzheimer's and Dementia Caregiver Support Group (Tht) 10:00 Chair Massage Therapy - Sign up at the Front Desk. \$20 (ECU) 10:30 Beanbag Baseball Teams A &amp; B (SG) 11:15 Grief Support Group (Tht) <b>12:30 Bus to Vancouver Mall. RSVP</b> <b>1:00 Glenwood Choir (Tht)</b> 1:00 Wii Bowling (SG) 2:30 Happy Hour with Emmy Horowitz (DR) 6:00 Friday Night Movie - "Armstrong" (2019) DOCUMENTARY 1h 40min (Tht)</p>	

## Room Key

(AR) = Activity Room	(AR) = Activity Room 2nd Floor Lodge	(BQ) = Buffet Dining Room	(CR) = Card Room, 3rd Floor Lodge	(COMP) = Computer Room	(CY) = Courtyard	(Cue) = Cue Room, 3rd Floor Lodge
(DR) = Dining Room	(ECU) = ECU Activity Room	(Lbal) = Lodge Balcony 2nd Floor	(Lbal) = Lodge Balcony, 2nd Floor	(DR) = Lodge Dining Room	(LG) = Lodge Gardens	(LLB) = Lodge Library
(LL) = Lodge Lobby	(MR) = Mailroom	(P) = Plaza Community Room	(P) = Plaza Community Room, 2nd floor	(PG) = Plaza Garage	(PP) = Pool Patio	(SP) = Pool Room, Lodge
(SG) = Sky Gym	(SR) = Spa Room, 2nd floor Lodge	(TP) = Terrace Front Patio	(TL) = Terrace Lobby	(TP) = Terrace Lobby/Front Patio Area	(Tht) = Theater	



# Glenwood Place Calendar

# JANUARY 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>DOCTOR DAYS TUESDAYS</b> West of ANDRESEN Road. Salmon Creek, Hazel Dell, Downtown Vancouver &amp; the VA.</p> <p><b>THURSDAYS</b> East of ANDRESEN Road. 87<sup>th</sup> Ave, Cascade Park, Fisher's Landing, Orchards Mall</p>	<p><b>All outings are highlighted in YELLOW.</b></p> <p><b>Sign up for these events at the front desk. If bus is full, please add your name to the waiting list</b></p>	<p>Glenwood Place 5500 NE 82nd Ave. Vancouver, WA 98662 (360) 892-1100</p> <p><b>Email Activities</b> <a href="mailto:navdienko@glenwoodplace.net">navdienko@glenwoodplace.net</a></p>	<p>9:00 Rhythm Reaction Fitness (SG) <b>1</b></p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby)</p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Open Cribbage (CR)</p> <p><b>1:00 Shopping at Fred Meyer</b></p> <p><b>2:00 Rose Bowl on the Big Screen - Ducks vs. Badgers. Pizza &amp; Soda Provided!!! (P)</b></p> <p>5:45 Rummy Q (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>2</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p><b>11:00 History Talks with John Griffin (Th)</b></p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag C &amp; D (SG)</p> <p>1:00 Five Crowns Game (TL)</p> <p>1:00 Open Pool (SP)</p> <p><b>1:00 Activity Calendar Forum with Nick (Th)</b></p> <p>2:30 Glentucky Derby Horse Races (Th)</p> <p>3:00 Tai-Chi (P)</p> <p>4:30 Linda on Piano (DR)</p> <p><b>4:45 Supper Outing to Cameo Cafe. RSVP. Limited Seating</b></p>	<p>9:00 Sit To Be Fit (SG) <b>3</b></p> <p><b>9:30 Shopping at Winco, Walgreens, Dollar Tree, Target, and Safeway</b></p> <p>10:00 Chair Massage Therapy - \$20 (ECU)</p> <p><b>10:30 Brain Games (Th)</b></p> <p>10:30 Beanbag A &amp; B (SG)</p> <p><b>12:30 Bus to Vanc Mall RSVP</b></p> <p>1:00 Glenwood Choir (Th)</p> <p>1:00 Wii Bowling (SG)</p> <p><b>2:30 Happy Hour with Monte Watters (DR)</b></p> <p><b>6:00 No Friday Movie (Th)</b></p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>4</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p><b>10:30 Saturday Morning with Madeline (SG)</b></p> <p>11:00 Sewing Lady - Mending and hemming at a reasonable rate (MR)</p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p>1:00 Symphony Saturday - Yuja Wang performs Schubert and Schumann (Th)</p> <p>2:30 BINGO (DR)</p> <p><b>6:00 No Saturday Night Movie (Th)</b></p>
<p>8:20 Bus to Columbia Presbyterian <b>5</b></p> <p>8:20 Bus to St Joseph's. RSVP</p> <p>8:20 Bus to St. Paul Lutheran</p> <p>9:00 Bus to Immanuel Lutheran</p> <p>9:20 Bus to First Presbyterian</p> <p>9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Th)</p> <p>1:00 Open Scrabble (P)</p> <p>1:00 Sunday Movie - "McFarland, USA" (2015) PG 2h 9min (Th)</p> <p>1:30 Open Hand in Foot Card Game (CR)</p> <p>2:00 Episcopal Communion (ECU)</p> <p>3:00 First Christian Church Service (DR)</p> <p>3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge)</p> <p>5:45 Rummy Q in the Lofts (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>6</b></p> <p><b>9:30 Casino Outing to Ilani Casino - RSVP Bring \$</b></p> <p>9:30 Sit to be Fit in the Lofts (Lofts Lobby)</p> <p>9:30 Threading Needles (AR)</p> <p>10:30 "People and Stories" Reading Group (LLB)</p> <p>10:30 Computer Lab - Bring your laptop, phone, or tablet and get your questions answered. (COMP)</p> <p>12:30 Blood Pressures Reading for Plaza residents (P)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Monday Movie - "Cinema Paradiso" (1988) FOREIGN FILM - RATED R 2h 35min (Th)</p> <p>1:00 Open Bridge (CR)</p> <p>1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p>3:00 Tai-Chi (P)</p> <p>5:45 Bunco with Vicki. RSVP with Vicki (P)</p> <p>6:30 Bible Study (ECU)</p> <p>6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>7</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:00 Glenwood Theater Rehearsal (Th)</p> <p><b>10:00 NEW - Kitchen Tours. RSVP at the Front Desk. Meet in the Lobby (LL)</b></p> <p>10:30 Beach Ball Toss (in the Sky Gym)</p> <p>1:00 Beanbag Teams B &amp; D (SG)</p> <p>1:00 Farkle with Vicki (P)</p> <p>1:00 Open Pool (SP)</p> <p>1:00 Watercolor with Becky (AR)</p> <p><b>2:00 NEW - Kitchen Tours. RSVP at the Front Desk. Meet in the Lobby (LL)</b></p> <p>2:30 BINGO (DR)</p> <p>3:00 Happy Hour with William Spilette (P)</p> <p>6:00 Rock Painting (AR)</p> <p>6:30 Hymn Sing-A-Long (P)</p> <p>7:00 Open Poker (CR)</p>	<p>8:00 Pedicures with Dawn - Cost is \$25, pay her. Sign up at the front desk for a time slot. (AR) <b>8</b></p> <p>9:00 Rhythm Reaction Fitness (SG)</p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby)</p> <p>9:30 Veteran's Group (Th)</p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Language Club - Want to Learn Sign Language? One of our residents will be teaching! (COMP)</p> <p>1:00 Open Cribbage (CR)</p> <p><b>1:00 Red Hat Ladies - Tea &amp; Movie (Th)</b></p> <p><b>1:00 Shopping at Fred Meyer</b></p> <p>5:45 Rummy Q (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>9</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p><b>10:30 Health Talks with Sabrina (Th)</b></p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag Baseball Teams C &amp; D (SG)</p> <p>1:00 Open Pool (SP)</p> <p><b>1:00 Po-Ke-No Card Game with Vicki (TL)</b></p> <p><b>2:30 Bingo Auction - Bring Your Bingo Bucks to Bid on Some Great Prizes (In the Dining Room)</b></p> <p>3:00 Tai-Chi - Moving for Better Balance (P)</p> <p>4:30 Linda on Piano (DR)</p> <p><b>4:30 Supper Outing to The Hammond Kitchen &amp; Craft Bar in Camas. RSVP</b></p>	<p>9:00 Sit To Be Fit (SG) <b>10</b></p> <p><b>9:30 Shopping trip: - Walmart, Trader Joe's, Fred Meyer (RSVP at the front desk.)</b></p> <p>10:00 Alzheimer's and Dementia Caregiver Support Group (Th)</p> <p>10:00 Chair Massage Therapy - Sign up at the Front Desk. \$20 (ECU)</p> <p>10:30 Beanbag Teams A &amp; B (SG)</p> <p>11:15 Grief Support Group (Th)</p> <p><b>12:30 Bus to Vanc Mall RSVP</b></p> <p><b>12:30 Glenwood Choir (Th)</b></p> <p>1:00 Wii Bowling (SG)</p> <p><b>1:30 Residents Association Meeting (DR)</b></p> <p>2:30 Happy Hour with Karen Overton (DR)</p> <p>6:00 No Friday Movie</p> <p><b>7:00 Performance - The Dynamic Duo of Reno and Cindy Hollar. Great dancing music and songs (DR)</b></p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>11</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p>10:30 Saturday Morning with Madeline (SG)</p> <p><b>1:00 All the World's a Zoo (Th)</b></p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p><b>2:00 Encore Performance - More Music with Reno and Cindy Hollar (DR)</b></p> <p>6:00 Saturday Night Movie - "Downton Abbey" (2019) PG 2h 2min (Th)</p>
<p>8:20 Bus to Columbia Presbyterian <b>12</b></p> <p>8:20 Bus to St Joseph's. RSVP</p> <p>8:20 Bus to St. Paul Lutheran</p> <p>9:00 Bus to Immanuel Lutheran</p> <p>9:20 Bus to First Presbyterian</p> <p>9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Th)</p> <p>1:00 Open Scrabble (P)</p> <p>1:00 Sunday Movie - "Larger Than Life" (1996) PG 1h 33min (Th)</p> <p>1:30 Open Hand in Foot Card Game (CR)</p> <p>3:00 Open Boggle (Cue Room)</p> <p>5:45 Rummy Q (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>13</b></p> <p>9:30 Sit to be Fit (Lofts Lobby)</p> <p>9:30 Threading Needles (AR)</p> <p>10:30 Music Therapy with Dan (Th)</p> <p><b>10:45 Lunch Outing to Red Lobster. RSVP</b></p> <p>12:30 Blood Pressures (P)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Monday Movie - "The Two Popes" (2019) PG-13 2h 5min (Th)</p> <p>1:00 Open Bridge (CR)</p> <p>1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p><b>1:30 Outing to Local Thrift Stores. RSVP</b></p> <p>2:00 Bulletin Board Crafters - (AR)</p> <p>3:00 Tai-Chi (P)</p> <p>6:30 Bible Study (ECU)</p> <p>6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>14</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p><b>10:00 Glenwood Theater Open House - Come join the Acting Group! (Th)</b></p> <p>10:30 Beach Ball Toss (in the Sky Gym)</p> <p>1:00 Beanbag Baseball Teams B &amp; D (SG)</p> <p>1:00 Open Pool (SP)</p> <p>2:30 BINGO (DR)</p> <p>3:00 Happy Hour with Pianist Diome Alcomendac (P)</p> <p>6:00 Rock Painting (AR)</p> <p>6:30 Hymn Sing-A-Long (P)</p> <p>7:00 Open Poker (CR)</p>	<p>7:30 Women &amp; Men's Breakfast! Free. (7:30 - 8:30) (BQ) <b>15</b></p> <p>9:00 Rhythm Reaction (SG)</p> <p>9:30 "Sit to be Fit" (Lofts Lobby)</p> <p>9:30 Veteran's Group (Th)</p> <p>10:30 Beanbag Teams A &amp; C (SG)</p> <p>11:30 Jerlean on Piano (DR)</p> <p>12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby)</p> <p>1:00 Aqua Fitness (Pool Room)</p> <p>1:00 Open Cribbage (CR)</p> <p><b>1:00 Shopping at Fred Meyer</b></p> <p><b>2:30 Let's Play Jeopardy! (Th)</b></p> <p>5:45 Rummy Q (Lofts Lobby)</p> <p>6:30 Bridge (CR)</p> <p>6:30 Open Pinochle (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>16</b></p> <p>9:00 Sit To Be Fit (SG)</p> <p>9:45 Gentle Moves Fitness (SG)</p> <p>10:30 Book Club hosted by Cynthia (ECU)</p> <p>11:00 History Talks with John Griffin (Th)</p> <p>12:30 Blood Pressure Reading for Terrace Residents (TL)</p> <p>1:00 Beanbag Teams C &amp; D (SG)</p> <p>1:00 5 Crowns Card Game (TL)</p> <p>1:00 Open Pool (SP)</p> <p><b>2:30 Glentucky Derby Horse Racing - Store is open! Bring your Derby Bucks (Th)</b></p> <p>3:00 Tai-Chi (P)</p> <p>4:30 Linda on Piano (DR)</p> <p><b>4:30 Supper Outing to Patrick's Hawaiian Cafe. RSVP</b></p>	<p>9:00 Sit To Be Fit (SG) <b>17</b></p> <p><b>9:30 Shopping at Winco, Walgreens, Dollar Tree, Target, and Safeway</b></p> <p>10:00 Alzheimer's and Dementia Support Group (Th)</p> <p>10:00 Chair Massage Therapy - \$20 (ECU)</p> <p>10:30 Beanbag Teams A &amp; B (SG)</p> <p><b>10:30 Headlines and Donuts (TL)</b></p> <p>11:15 Grief Support Group (Th)</p> <p><b>12:30 Bus to Vanc Mall RSVP</b></p> <p>1:00 Glenwood Choir (Th)</p> <p>1:00 Wii Bowling (SG)</p> <p>2:30 Happy Hour Mike Hart (DR)</p> <p>6:00 Friday Night Movie - "The Report" (2019) RATED R 1h 59min (Th)</p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>18</b></p> <p>10:30 Open Chess &amp; Checkers (CR)</p> <p>10:30 Saturday Morning with Madeline (SG)</p> <p>11:00 Sewing Lady - Mending and hemming at a reasonable rate (MR)</p> <p><b>1:00 Mystery Drive with Carroll. RSVP</b></p> <p>1:00 Open Billiards (Cue Room 3rd Floor Lodge)</p> <p>1:00 Symphony Saturday - Rachmaninov, Piano Concerto No. 2 in C minor - Yuja Wang, Yuri Temirkanov (Th)</p> <p>2:30 BINGO (DR)</p> <p>6:00 Saturday Night Movie - "Seven Brides for Seven Brothers" (1954) G 1h 42min (Th)</p>

<p>8:20 Bus to Columbia Presbyterian <b>19</b></p> <p>8:20 Bus to St Joseph's. RSVP 8:20 Bus to St. Paul Lutheran 9:00 Bus to Immanuel Lutheran 9:20 Bus to First Presbyterian 9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht) 11:00 Cherie The Card Lady (LL) 1:00 Open Scrabble (P) 1:00 Sunday Movie - "Operation Dumbo Drop" (1995) PG 1h 47min (Tht) 1:30 Open Hand in Foot Card Game (CR) 2:00 Episcopal Communion (ECU) 3:00 Columbia Christian Church (DR) 3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge) 5:45 Rummy Q in the Lofts (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>20</b></p> <p>9:30 Sit to be Fit in the Lofts (Lofts Lobby)</p> <p><b>9:30 Tour of Pendleton Weaving Mill in Washougal. Limited Seating. Free</b></p> <p>9:30 Threading Needles (AR) 12:30 Blood Pressures Reading for Plaza residents (P) 1:00 Aqua Fitness (Pool Room) 1:00 Monday Movie - "Annie" (1982) PG 2h 7min (Tht) 1:00 Open Bridge (CR) 1:00 Open Farkle (Cue Room 3rd Floor Lodge)</p> <p><b>1:00 Tour of Pendleton Weaving Mill in Washougal. Limited Seating Free.</b></p> <p><b>2:00 Photo Fun with Rebecca! Bring your Camera or Smartphone and let's take photos! (Computer Lab)</b></p> <p>3:00 Tai-Chi - Moving for Better Balance (P) 6:30 Bible Study (ECU) 6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>21</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) 10:00 Glenwood Theater Rehearsal (Tht) 10:30 Beach Ball Toss (in the Sky Gym) 11:30 Free Eyeglass Clinic - eyeglass cleaning and adjustments (LL) 1:00 Beanbag Baseball Teams B &amp; D (SG) 1:00 Farkle with Vicki (P) 1:00 Open Pool (SP) 2:30 BINGO (DR) 3:00 Happy Hour with Stan Lasley (P) 6:30 Hymn Sing-A-Long (P) 7:00 Open Poker (CR)</p> <p><b>7:00 Beanbag Baseball Banquet – Fried Chicken Dinner, drinks, and the award ceremony. Limited to one guest. RSVP. (DR)</b></p>	<p>9:00 Rhythm Reaction Fitness (SG) <b>22</b></p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby) 9:30 Veteran's Group (Tht) 10:30 Beanbag Baseball Teams A &amp; C (SG) 11:30 Jerlean on Piano (DR) 12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby) 1:00 Aqua Fitness (Pool Room) 1:00 Open Cribbage (CR) <b>1:00 Shopping at Fred Meyer</b> <b>2:30 Readings with Nick - Come listen to humorous stories from various popular authors (Tht)</b> 5:45 Rummy Q in the Lofts (Lofts Lobby) 6:30 Bridge (CR) 6:30 Open Pinochle Card Game (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>23</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) <b>10:30 Health Talks with Sabrina (Tht)</b> 12:30 Blood Pressure Reading for Terrace Residents (TL) 1:00 Beanbag Baseball Teams C &amp; D (SG) 1:00 Open Pool (SP) <b>1:00 Po-Ke-No Card Game with Vicki (TL)</b> 2:00 Life Goes On Support Group - with St. Luke's Episcopal Church (ECU) 2:30 BINGO (DR) 3:00 Tai-Chi - Moving for Better Balance (P) 4:30 Linda on Piano (DR) <b>4:30 Supper Outing to Golden City Restaurant. RSVP</b></p>	<p>9:00 Sit To Be Fit (SG) <b>24</b></p> <p><b>9:30 Shopping trip: - Walmart, Trader Joe's, Fred Meyer (RSVP at the front desk.)</b></p> <p>10:00 Chair Massage Therapy - Sign up at the Front Desk. \$20 (ECU) <b>10:30 Ted Talks (Tht)</b> 10:30 Beanbag Baseball Teams A &amp; B (SG) 12:30 Bus to Vancouver Mall. RSVP 1:00 Glenwood Choir (Tht) 1:00 Wii Bowling (SG) <b>2:30 Come Celebrate Chinese New Year with Shelly Voight (DR)</b> 6:00 Friday Night Movie - "Born Free" (1966) PG 1h 35min (Tht)</p>	<p>10:00 Open Shuffleboard (Cue Room 3rd Floor Lodge) <b>25</b></p> <p>10:30 Open Chess &amp; Checkers (CR) 10:30 Saturday Morning with Madeline (SG) <b>1:00 5 Minute Mysteries - Entertaining stumpers will sharpen your powers of observation and test your deductive skills (Tht)</b> 1:00 Open Billiards (Cue Room 3rd Floor Lodge) <b>1:30 Outing to the Vancouver Symphony (Admission \$40)</b> 2:30 BINGO (DR) 6:00 Saturday Night Movie - "For Me and My Gal" (1942) 1h 44min (Tht)</p>
<p>8:20 Bus to Columbia Presbyterian <b>26</b></p> <p>8:20 Bus to St Joseph's. RSVP 8:20 Bus to St. Paul Lutheran 9:00 Bus to Immanuel Lutheran 9:20 Bus to First Presbyterian 9:20 Bus to United Methodist</p> <p>10:30 Catholic Communion (Tht) 1:00 Open Scrabble (P) 1:00 Sunday Movie - "The Wild Country" (1970) G 1h 40min (Tht) 1:30 Open Hand in Foot Card Game (CR) 3:00 Hymns &amp; Devotions with Ron &amp; Donna (DR) 3:00 Open Boggle Word Game (Cue Room 3rd Floor Lodge) 5:45 Rummy Q in the Lofts (Lofts Lobby)</p>	<p>9:00 Sit To Be Fit (SG) <b>27</b></p> <p>9:30 Sit to be Fit in the Lofts (Lofts Lobby) 9:30 Threading Needles (AR) <b>10:30 Lunch Outing to Kitchen Table Cafe. RSVP</b></p> <p>10:30 Music Therapy with Dan - Join us for sing alongs and play instruments. (Tht) 12:30 Blood Pressures Reading for Plaza residents (P) 1:00 Aqua Fitness (Pool Room) 1:00 Monday Movie - "The Book Thief" (2013) PG-13 2h 11min (Tht) 1:00 Open Bridge (CR) 1:00 Open Farkle (Cue Room 3rd Floor Lodge) 2:00 Bulletin Board Crafters - come help decorate the bulletin boards with Rebecca! (AR) 3:00 Tai-Chi - Moving for Better Balance (P) 6:30 Bible Study (ECU) 6:30 Open Pinochle (CR)</p>	<p>7:00 Aqua Fitness (SP) <b>28</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) 10:00 Glenwood Theater Rehearsal (Tht) 10:30 Beach Ball Toss (in the Sky Gym) 1:00 Beanbag Baseball Teams B &amp; D (SG) 1:00 Open Pool (SP) 1:30 Classical Club with Terry. Must do if you are a music lover! (Tht) 2:30 BINGO (DR) 3:00 Happy Hour with Vladimir on Violin (P) 6:30 Hymn Sing-A-Long (P) <b>7:00 Bingo After Dark</b> 7:00 Open Poker (CR)</p>	<p>9:00 Rhythm Reaction Fitness (SG) <b>29</b></p> <p>9:30 "Sit to be Fit" at the Lofts (Lofts Lobby) 9:30 Veteran's Group (Tht) <b>10:00 Outing to Fort Vancouver High School for their Community Love Lunch. Free. RSVP</b></p> <p>10:30 Beanbag Baseball Teams A &amp; C (SG) 11:30 Jerlean on Piano (DR) 12:30 Blood Pressure Reading for Lofts Residents (The Lofts Lobby) 1:00 Aqua Fitness (Pool Room) 1:00 Open Cribbage (CR) <b>1:00 Shopping at Fred Meyer</b> <b>2:30 Brain Games (Tht)</b> 4:00 Linda on Piano (DR) <b>4:00 Lodge Birthday Dinner - RSVP at the Front Desk (DR)</b> 5:45 Rummy Q in the Lofts (Lofts Lobby) 6:30 Bridge (CR) 6:30 Open Pinochle Card Game (COMP)</p>	<p>7:00 Aqua Fitness (SP) <b>30</b></p> <p>9:00 Sit To Be Fit (SG) 9:45 Gentle Moves Fitness (SG) <b>10:30 Film Appreciation with Nick - Come explore the aesthetics of cinema, the concepts behind storytelling and various elements of a film (Tht)</b> 12:30 Blood Pressure Reading for Terrace Residents (TL) 1:00 Beanbag Baseball Teams C &amp; D (SG) 1:00 Open Pool (SP) 2:30 BINGO (DR) 3:00 Tai-Chi - Moving for Better Balance (P) <b>4:00 Birthday Dinner for the Plaza, Terrace and Lofts (DR)</b> 4:30 Linda on Piano (DR)</p>	<p>9:00 Sit To Be Fit (SG) <b>31</b></p> <p><b>9:30 Shopping at Winco, Walgreens, Dollar Tree, Target, and Safeway</b></p> <p>10:00 Alzheimer's and Dementia Caregiver Support Group (Tht) 10:00 Chair Massage Therapy - Sign up at the Front Desk. \$20 (ECU) 10:30 Beanbag Baseball Teams A &amp; B (SG) 11:15 Grief Support Group (Tht) <b>12:30 Bus to Vancouver Mall. RSVP</b> <b>1:00 Glenwood Choir (Tht)</b> 1:00 Wii Bowling (SG) 2:30 Happy Hour with Emmy Horowitz (DR) 6:00 Friday Night Movie - "Armstrong" (2019) DOCUMENTARY 1h 40min (Tht)</p>	

## Room Key

(AR) = Activity Room	(AR) = Activity Room 2nd Floor Lodge	(BQ) = Buffet Dining Room	(CR) = Card Room, 3rd Floor Lodge	(COMP) = Computer Room	(CY) = Courtyard	(Cue) = Cue Room, 3rd Floor Lodge
(DR) = Dining Room	(ECU) = ECU Activity Room	(Lbal) = Lodge Balcony 2nd Floor	(Lbal) = Lodge Balcony, 2nd Floor	(DR) = Lodge Dining Room	(LG) = Lodge Gardens	(LLB) = Lodge Library
(LL) = Lodge Lobby	(MR) = Mailroom	(P) = Plaza Community Room	(P) = Plaza Community Room, 2nd floor	(PG) = Plaza Garage	(PP) = Pool Patio	(SP) = Pool Room, Lodge
(SG) = Sky Gym	(SR) = Spa Room, 2nd floor Lodge	(TP) = Terrace Front Patio	(TL) = Terrace Lobby	(TP) = Terrace Lobby/Front Patio Area	(Tht) = Theater	