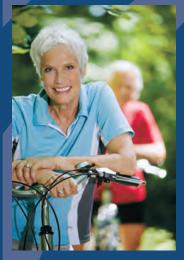
Pacifica Tidings



September 2018







A Note from the Executive Director

As you may have noticed, we have many new employees working here at Heritage Hills. We have been fortunate enough to hire some very talented individuals who are very caring and devoted to their jobs. Many of them are still learning how our community operates. Please reach out to them and make them feel welcome.

The best part of Heritage Hills has always been the people (both residents and staff) and the relationships we have built with each other.

-Mike Ring, ED

Who am I?

I was born into a close-knit Italian family in Brooklyn, New York. My sisters, Laura and Emma, my brother, Louie and I remained the best of friends throughout our lives. It was like a holiday whenever we got together. I met my husband, Frank, when I was just a teenager. He was the love of my life. We married on June 18, 1949 and were happily married for 56 magnificent years. I worked as a legal secretary in Manhattan until my children Donna and Frank were born.

Welcome to Our Community

- Robert Tom Strother
- Alice Felicitti
- Becky Lively
- Rebecca Massey
- Alex Wallace
- Penelope Becker
- Priscilla Dadzie

Birthdays

- Brenda Senn 6th
- Sandra Pitt 25th



alzheimer's 95 association

Join us a Free Workshop!
Family and Staff Education on
Alzheimer's Topics
Fletcher Seventh Day Adventist Church
141 Howard Gap Road
Fletcher, NC 28732
Tuesday, October 9th from 10 am to 2 pm
Lunch is provided

A Note from the Activities Director

We do not Remember days, we remember moments!!

We have a lot of Activities coming up around here and want to make sure that we keep everyone informed. We will have a Therapeutic Massage Therapist every Wednesday 11:00– 3:00 Her name is Etta Robinson All are welcome!! She will have a monthly drawing for a free massage. Also, we have a facility hair dresser at the Club House her name is Marjie Hare. To make appointments please see myself or Pamela.

~ Sandra Pitt

Up Coming Events:

9/14 Mountain State Fair (depart at 11:30) 9/18 Lunch Outing 9/21 Resident Council Meeting 9/24 Monthly Birthday Party 9/28 Luau Party

'Walk to End Alzheimer's'
The Alzheimer's Association-Western
Carolina Chapters is inviting Buncombe and Henderson county residents to turn their communities into
sea of purple and help fight Alzheimer's at the Walk in their community.
The walk in Hendersonville is Saturday, Sept. 29 at Jackson Park.
If you like to volunteer or Donate
Please see Sandra or Pam.





Snacktivity

Scenic Bus Drive



Activities & Special Events

Family Night



Health & Fitness by

We offer at least two physical activity programs a day one in the morning and one in the afternoon.

Everyday

Morning Exercise at 10am Some other form of exercise(Ex: Beach ball toss, Noodle Ball, Balloon Toss, Balloon Volleyball, Fun Dance etc.) at 3pm

Tuesdays

Pound Fit with King Goslin at 3:30pm

Wednesdays

Walking Club at 3pm outdoors **weather permitting**



Birthdays



Spiritual Activities

- First Sunday of each month Speak Life Comm. Church at 6:45pm
- Gaither video/hymn singings Sunday evenings
- Monday Mornings hymn singing at 11am
- Salvation Army fourth Tuesday of the month
- Tuesday Evenings Duane holds a service at 6:30pm
- Catholic Mass four times per year. Next Catholic Mass:

Who Am I? (answer)



Management Team

Michael Ring
Executive Director
Katie Mantz
Business Office Manager
Sally Mc Cue
Sales Director
Pamela Fish
Resident Care Director
Sandra Pitt
Activities Director-Memory
Care
Marcus Lanning
Maintenance Director
CC Dalton
Food Service Director



Pacifica Senior Living is committed to supporting our communities, residents, and the families we serve.

We strive to create a lifestyle of independence, security, and peace of mind.

It is through our dedicated and caring team members that our culture is exemplified in service, accountability, teamwork and compassion.

The right choice. The right time. Welcome Home!





2500 Heritage Circle Hendersonville, NC 28791 (828) 693-8292 www.PacificaHeritageHills.com

Welcome Home!