

# POOL SCHEDULE



GOLD'S AQUATICS | WOODINVILLE

EFFECTIVE 9/01/2025

MON	TUE	WED	THU	FRI	SAT	SUN
5:15A- 6:15A RESERVED NO LAP SWIM HOT TUB CLOSED	5:15A- 6:15A RESERVED NO LAP SWIM HOT TUB CLOSED	5:15A- 6:15A RESERVED NO LAP SWIM HOT TUB CLOSED	5:15A- 6:15A RESERVED NO LAP SWIM HOT TUB CLOSED	5:15A- 6:15A RESERVED NO LAP SWIM HOT TUB CLOSED	7A - 12P GOLD'S AQUATICS SWIM TEAM & LESSONS NO LAP SWIM HOT TUB CLOSED	8A - 12:30P LAP SWIM
6:15A - 3:45P LAP SWIM	6:15A - 3:45P LAP SWIM	6:15A - 3:45P LAP SWIM	6:15A - 3:45P LAP SWIM	6:15A - 3:45P LAP SWIM	12:30P - 4:30P FAMILY SWIM* ALL AGES LAP SWIM LIFEGUARD ON DUTY	12:30P - 4:30P FAMILY SWIM* ALL AGES LAP SWIM LIFEGUARD ON DUTY
8:45A - 9:40A AQUA FITNESS 3 LANES OPEN		8:45A - 9:40A AQUA FITNESS 3 LANES OPEN		8:45A - 9:40A AQUA FITNESS 3 LANES OPEN	4:30P - 7P LAP SWIM	4:30P - 7P LAP SWIM
3:45P- 8:15P GOLD'S AQUATICS SWIM TEAM & LESSONS NO LAP SWIM HOT TUB CLOSED	3:45P- 8:15P GOLD'S AQUATICS SWIM TEAM & LESSONS NO LAP SWIM HOT TUB CLOSED	3:45P- 8:15P GOLD'S AQUATICS SWIM TEAM & LESSONS NO LAP SWIM HOT TUB CLOSED	3:45P- 8:15P GOLD'S AQUATICS SWIM TEAM & LESSONS NO LAP SWIM HOT TUB CLOSED	3:45P- 8:15P GOLD'S AQUATICS SWIM TEAM NO LAP SWIM HOT TUB CLOSED		
8:15P - 10P LAP SWIM	8:15P - 10P LAP SWIM	8:15P - 10P LAP SWIM	8:15P - 10P LAP SWIM	8:15P - 9P LAP SWIM		

**LAP SWIM - AGES 18+ ONLY**

**AQUA FITNESS**

**GOLD'S AQUATICS SWIM TEAM AND LESSONS**

**MEMBER FAMILY SWIM ALL AGES LAP SWIM**

**\*BRING A CHILD TO SWIM FOR FAMILY SWIM!**  
AGES 12+ PAY GUEST FEE  
AGES 11&U PAY SWIM PASS \$10.00  
PURCHASE AT FRONT DESK

REV. 9/2025 SCHEDULE IS SUBJECT TO CHANGE.