

# POOL SCHEDULE



GOLD'S AQUATICS | WOODINVILLE

JUNE 23 - JULY 31

MON	TUE	WED	THU	FRI	SAT	SUN
5:15A - 9A LAP SWIM	5:15A - 9A LAP SWIM	5:15A - 9A LAP SWIM	5:15A - 9A LAP SWIM	5:15A - 8:40A LAP SWIM	7A - 11A GOLD'S AQUATICS SWIM TEAM & LESSONS NO LAP SWIM	8A - 12:30P LAP SWIM
8:45A - 9:40A AQUA FITNESS 3 LANES OPEN		8:45A - 9:40A AQUA FITNESS 3 LANES OPEN		8:45A - 9:40A AQUA FITNESS 3 LANES OPEN		
10A - 11A GOLD'S AQUATICS SWIM LESSONS 3 LANES OPEN	10A - 11A GOLD'S AQUATICS SWIM LESSONS 3 LANES OPEN	10A - 11A GOLD'S AQUATICS SWIM LESSONS 3 LANES OPEN	10A - 11A GOLD'S AQUATICS SWIM LESSONS 3 LANES OPEN	10A - 11A GOLD'S AQUATICS SWIM LESSONS 3 LANES OPEN	12:30P - 4:30P FAMILY SWIM* ALL AGES LAP SWIM LIFEGUARD ON DUTY	12:30P - 4:30P FAMILY SWIM* ALL AGES LAP SWIM LIFEGUARD ON DUTY
11A - 3:45P LAP SWIM	11A - 3:45P LAP SWIM	11A - 3:45P LAP SWIM	11A - 3:45P LAP SWIM	9:45A - 3:45P LAP SWIM	4:30P - 7P LAP SWIM	4:30P - 7P LAP SWIM
3:45P - 8:15P GOLD'S AQUATICS SWIM TEAM & LESSONS NO LAP SWIM	3:45P - 8:15P GOLD'S AQUATICS SWIM TEAM & LESSONS NO LAP SWIM	3:45P - 8:15P GOLD'S AQUATICS SWIM TEAM & LESSONS NO LAP SWIM	3:45P - 8:15P GOLD'S AQUATICS SWIM TEAM & LESSONS NO LAP SWIM	3:45P - 8:15P GOLD'S AQUATICS SWIM TEAM NO LAP SWIM		
8:15P - 10P LAP SWIM	8:15P - 10P LAP SWIM	8:15P - 10P LAP SWIM	8:15P - 10P LAP SWIM	8:15P - 9P LAP SWIM		

LAP SWIM - AGES 18+ ONLY

AQUA FITNESS

GOLD'S AQUATICS SWIM TEAM AND LESSONS

MEMBER FAMILY SWIM ALL AGES LAP SWIM

\*BRING A CHILD TO SWIM FOR FAMILY SWIM!  
AGES 12+ PAY GUEST FEE  
AGES 11&U PAY SWIM PASS \$10.00  
PURCHASE AT FRONT DESK

REV. 06/2025 SCHEDULE IS SUBJECT TO CHANGE.