

# POOL SCHEDULE



**GOLD'S AQUATICS | WOODINVILLE**

**EFFECTIVE 8/24/2026 - 3/07/2027**

MON	TUE	WED	THU	FRI	SAT	SUN
5:15A- 6:15A RESERVED NO LAP SWIM	5:15A- 6:15A RESERVED NO LAP SWIM	5:15A- 6:15A RESERVED NO LAP SWIM	5:15A- 6:15A RESERVED NO LAP SWIM	5:15A- 6:15A RESERVED NO LAP SWIM	7A - 12P GOLD'S AQUATICS SWIM TEAM & LESSONS NO LAP SWIM	8A - 12:30P LAP SWIM
6:15A - 3:45P LAP SWIM	6:15A - 3:45P LAP SWIM	6:15A - 3:45P LAP SWIM	6:15A - 3:45P LAP SWIM	6:15A - 3:45P LAP SWIM	12:30P - 4:30P FAMILY SWIM* ALL AGES LAP SWIM LIFEGUARD ON DUTY	12:30P - 4:30P FAMILY SWIM* ALL AGES LAP SWIM LIFEGUARD ON DUTY
8:45A - 9:40A AQUA FITNESS 2 LANES OPEN		8:45A - 9:40A AQUA FITNESS 2 LANES OPEN		8:45A - 9:40A AQUA FITNESS 2 LANES OPEN	4:30P - 7P LAP SWIM	4:30P - 7P LAP SWIM
3:45P- 8:15P GOLD'S AQUATICS SWIM TEAM & LESSONS NO LAP SWIM	3:45P- 8:15P GOLD'S AQUATICS SWIM TEAM & LESSONS NO LAP SWIM	3:45P- 8:15P GOLD'S AQUATICS SWIM TEAM & LESSONS NO LAP SWIM	3:45P- 8:15P GOLD'S AQUATICS SWIM TEAM & LESSONS NO LAP SWIM	3:45P- 8:15P GOLD'S AQUATICS SWIM TEAM NO LAP SWIM		
8:15P - 10P LAP SWIM	8:15P - 10P LAP SWIM	8:15P - 10P LAP SWIM	8:15P - 10P LAP SWIM	8:15P - 9P LAP SWIM		

- LAP SWIM - AGES 18+ ONLY
- AQUA FITNESS
- GOLD'S AQUATICS SWIM TEAM AND LESSONS
- MEMBER FAMILY SWIM ALL AGES LAP SWIM

\*BRING A CHILD TO SWIM FOR FAMILY SWIM!  
 AGES 12+ PAY GUEST FEE  
 AGES 11&U PAY SWIM PASS \$10.00  
 PURCHASE AT FRONT DESK