

POOL SCHEDULE



GOLD'S AQUATICS | WOODINVILLE

AUGUST 1 - AUGUST 31

| MON | TUE | WED | THU | FRI | SAT | SUN |
|---|---|---|---|--|---|---|
| 5:15A - 9A LAP SWIM | 5:15A - 9A LAP SWIM | 5:15A - 9A LAP SWIM | 5:15A - 9A LAP SWIM | 5:15A - 8:40A LAP SWIM | 7A - 11A GOLD'S AQUATICS SWIM TEAM & LESSONS NO LAP SWIM | 8A - 12:30P LAP SWIM |
| 8:45A - 9:40A AQUA FITNESS 3 LANES OPEN | | 8:45A - 9:40A AQUA FITNESS 3 LANES OPEN | | 8:45A - 9:40A AQUA FITNESS 3 LANES OPEN | | |
| 10A - 3:45P LAP SWIM | 10A - 3:45P LAP SWIM | 10A - 3:45P LAP SWIM | 10A - 3:45P LAP SWIM | 10A - 3:45P LAP SWIM | 12:30P - 4:30P FAMILY SWIM* ALL AGES LAP SWIM LIFEGUARD ON DUTY | 12:30P - 4:30P FAMILY SWIM* ALL AGES LAP SWIM LIFEGUARD ON DUTY |
| | | | | | 4:30P - 7P LAP SWIM | 4:30P - 7P LAP SWIM |
| 3:45P - 8:15P GOLD'S AQUATICS SWIM TEAM & LESSONS NO LAP SWIM | 3:45P - 8:15P GOLD'S AQUATICS SWIM TEAM & LESSONS NO LAP SWIM | 3:45P - 8:15P GOLD'S AQUATICS SWIM TEAM & LESSONS NO LAP SWIM | 3:45P - 8:15P GOLD'S AQUATICS SWIM TEAM & LESSONS NO LAP SWIM | 3:45P - 8:15P GOLD'S AQUATICS SWIM TEAM NO LAP SWIM | | |
| 8:15P - 10P LAP SWIM | 8:15P - 10P LAP SWIM | 8:15P - 10P LAP SWIM | 8:15P - 10P LAP SWIM | 8:15P - 9P LAP SWIM | | |

- LAP SWIM - AGES 18+ ONLY
- AQUA FITNESS
- GOLD'S AQUATICS SWIM TEAM AND LESSONS
- MEMBER FAMILY SWIM ALL AGES LAP SWIM
- *BRING A CHILD TO SWIM FOR FAMILY SWIM!
AGES 12+ PAY GUEST FEE
AGES 11&U PAY SWIM PASS \$10.00
PURCHASE AT FRONT DESK