

POOL SCHEDULE



GOLD'S AQUATICS | WOODINVILLE

EFFECTIVE 9/25/2026

MON	TUE	WED	THU	FRI	SAT	SUN
5:15A- 6:15A RESERVED NO LAP SWIM	5:15A- 6:15A RESERVED NO LAP SWIM	5:15A- 6:15A RESERVED NO LAP SWIM	5:15A- 6:15A RESERVED NO LAP SWIM	5:15A- 6:15A RESERVED NO LAP SWIM	7A - 12P GOLD'S AQUATICS SWIM TEAM & LESSONS NO LAP SWIM	8A - 12:30P LAP SWIM
6:15A - 3:45P LAP SWIM	6:15A- 7:15A RESERVED 4 LANES OPEN	6:15A - 3:45P LAP SWIM	6:15A- 7:15A RESERVED 4 LANES OPEN	6:15A - 3:45P LAP SWIM	12:30P - 4:30P FAMILY SWIM* ALL AGES LAP SWIM	12:30P - 4:30P FAMILY SWIM* ALL AGES LAP SWIM
8:45A - 9:40A AQUA FITNESS 2 LANES OPEN	LAP SWIM	8:45A - 9:40A AQUA FITNESS 2 LANES OPEN	LAP SWIM	8:45A - 9:40A AQUA FITNESS 2 LANES OPEN	LIFEGUARD ON DUTY	LIFEGUARD ON DUTY
3:45P- 8:45P GOLD'S AQUATICS SWIM TEAM & LESSONS NO LAP SWIM	3:45P- 8:45P GOLD'S AQUATICS SWIM TEAM & LESSONS NO LAP SWIM	3:45P- 8:45P GOLD'S AQUATICS SWIM TEAM & LESSONS NO LAP SWIM	3:45P- 8:45P GOLD'S AQUATICS SWIM TEAM & LESSONS NO LAP SWIM	3:45P- 8:45P GOLD'S AQUATICS SWIM TEAM NO LAP SWIM	4:30P - 7P LAP SWIM	4:30P - 7P LAP SWIM
8:45P - 10P LAP SWIM	8:45P - 10P LAP SWIM	8:45P - 10P LAP SWIM	8:45P - 10P LAP SWIM			

LAP SWIM - AGES 18+ ONLY

AQUA FITNESS

GOLD'S AQUATICS SWIM TEAM AND LESSONS

MEMBER FAMILY SWIM ALL AGES LAP SWIM

***BRING A CHILD TO SWIM FOR FAMILY SWIM!**
AGES 12+ PAY GUEST FEE
AGES 11&U PAY SWIM PASS \$10.00
PURCHASE AT FRONT DESK

REV. 09/2026 SCHEDULE IS SUBJECT TO CHANGE.