

POOL SCHEDULE



GOLD'S AQUATICS | WOODINVILLE EFFECTIVE 6/22/2026 - 8/23/2026

MON	TUE	WED	THU	FRI	SAT	SUN
5:15A - 3:45P LAP SWIM	5:15A - 3:45P LAP SWIM	5:15A - 3:45P LAP SWIM	5:15A - 3:45P LAP SWIM	5:15A - 3:45P LAP SWIM	7A - 12P GOLD'S AQUATICS SWIM TEAM & LESSONS NO LAP SWIM	8A - 12:30P LAP SWIM
8:45A - 9:40A AQUA FITNESS 2 LANES OPEN		8:45A - 9:40A AQUA FITNESS 2 LANES OPEN		8:45A - 9:40A AQUA FITNESS 2 LANES OPEN	12:30P - 4:30P FAMILY SWIM* ALL AGES LAP SWIM LIFEGUARD ON DUTY	12:30P - 4:30P FAMILY SWIM* ALL AGES LAP SWIM LIFEGUARD ON DUTY
9:40A - 11:30A GOLD'S AQUATICS SWIM TEAM, LESSONS AND SUMMER CAMP 3 LANES OPEN	9:30A - 11:30A GOLD'S AQUATICS SWIM TEAM, LESSONS AND SUMMER CAMP 3 LANES OPEN	9:40A - 11:30A GOLD'S AQUATICS SWIM TEAM, LESSONS AND SUMMER CAMP 3 LANES OPEN	9:30A - 11:30A GOLD'S AQUATICS SWIM TEAM, LESSONS AND SUMMER CAMP 3 LANES OPEN	9:40A - 11:30A GOLD'S AQUATICS SWIM TEAM AND SUMMER CAMP 3 LANES OPEN	4:30P - 7P LAP SWIM	4:30P - 7P LAP SWIM
11:30A - 3:45P LAP SWIM	11:30A - 3:45P LAP SWIM	11:30A - 3:45P LAP SWIM	11:30A - 3:45P LAP SWIM	11:30A - 3:45P LAP SWIM		
3:45P - 8:15P GOLD'S AQUATICS SWIM TEAM & LESSONS NO LAP SWIM	3:45P - 8:15P GOLD'S AQUATICS SWIM TEAM & LESSONS NO LAP SWIM	3:45P - 8:15P GOLD'S AQUATICS SWIM TEAM & LESSONS NO LAP SWIM	3:45P - 8:15P GOLD'S AQUATICS SWIM TEAM & LESSONS NO LAP SWIM	3:45P - 8:15P GOLD'S AQUATICS SWIM TEAM NO LAP SWIM		
8:15P - 10P LAP SWIM	8:15P - 10P LAP SWIM	8:15P - 10P LAP SWIM	8:15P - 10P LAP SWIM	8:15P - 9P LAP SWIM		

- LAP SWIM - AGES 18+ ONLY
- AQUA FITNESS
- GOLD'S AQUATICS SWIM TEAM AND LESSONS
- MEMBER FAMILY SWIM ALL AGES LAP SWIM

*BRING A CHILD TO SWIM FOR FAMILY SWIM!
AGES 12+ PAY GUEST FEE
AGES 11&U PAY SWIM PASS \$10.00
PURCHASE AT FRONT DESK