

POOL SCHEDULE



GOLD'S AQUATICS | WOODINVILLE

EFFECTIVE 8/25/2025

MON	TUE	WED	THU	FRI	SAT	SUN
5:15A- 6:15A RESERVED NO LAP SWIM	5:15A- 6:15A RESERVED NO LAP SWIM	7A - 12P GOLD'S AQUATICS SWIM TEAM & LESSONS NO LAP SWIM	8A - 12:30P LAP SWIM			
6:15A - 3:45P LAP SWIM	6:15A - 3:45P LAP SWIM	12:30P - 4:30P FAMILY SWIM* ALL AGES LAP SWIM LIFEGUARD ON DUTY	12:30P - 4:30P FAMILY SWIM* ALL AGES LAP SWIM LIFEGUARD ON DUTY			
8:45A - 9:40A AQUA FITNESS 2 LANES OPEN		8:45A - 9:40A AQUA FITNESS 2 LANES OPEN		8:45A - 9:40A AQUA FITNESS 2 LANES OPEN	4:30P - 7P LAP SWIM	4:30P - 7P LAP SWIM
3:45P- 8:30P GOLD'S AQUATICS SWIM TEAM & LESSONS NO LAP SWIM	3:45P- 8:30P GOLD'S AQUATICS SWIM TEAM NO LAP SWIM					
8:30P - 10P LAP SWIM	8:30P - 9P LAP SWIM					

- LAP SWIM - AGES 18+ ONLY
- AQUA FITNESS
- GOLD'S AQUATICS SWIM TEAM AND LESSONS
- MEMBER FAMILY SWIM ALL AGES LAP SWIM

*BRING A CHILD TO SWIM FOR FAMILY SWIM!
 AGES 12+ PAY GUEST FEE
 AGES 11&U PAY SWIM PASS \$10.00
 PURCHASE AT FRONT DESK