 JLL SEE A BRIGHTER WAY

For lease

Plug & Play Office space for sublease
Flexible on area & term - 37,000 SF

7250 Mile-End Street
Montréal, Québec

jll.com

7250 Mile-End

Nestled in Montreal’s vibrant Mile End neighborhood, 7250 Rue du Mile End offers a prime office location with a blend of modern amenities and eco-friendly features. This building stands out for its commitment to sustainability, boasting prestigious environmental certifications. With easy access to public transportation and surrounded by urban conveniences, it provides an ideal setting for businesses seeking a dynamic work environment. The property combines functionality with urban charm, offering employees the perfect balance of professional space and local flavor, all while maintaining a focus on energy efficiency and environmental responsibility.



Highlights

Plug and play premium loft space in a LEED certified building, ideal technology-driven enterprises





Sustainability
BOMA BEST Silver




Certification
LEED Silver



Amenities
Rooftop terrace, gym, café and Showers



Parking
Interior & exterior parking
1:1,300 SF
Bike rack in the building



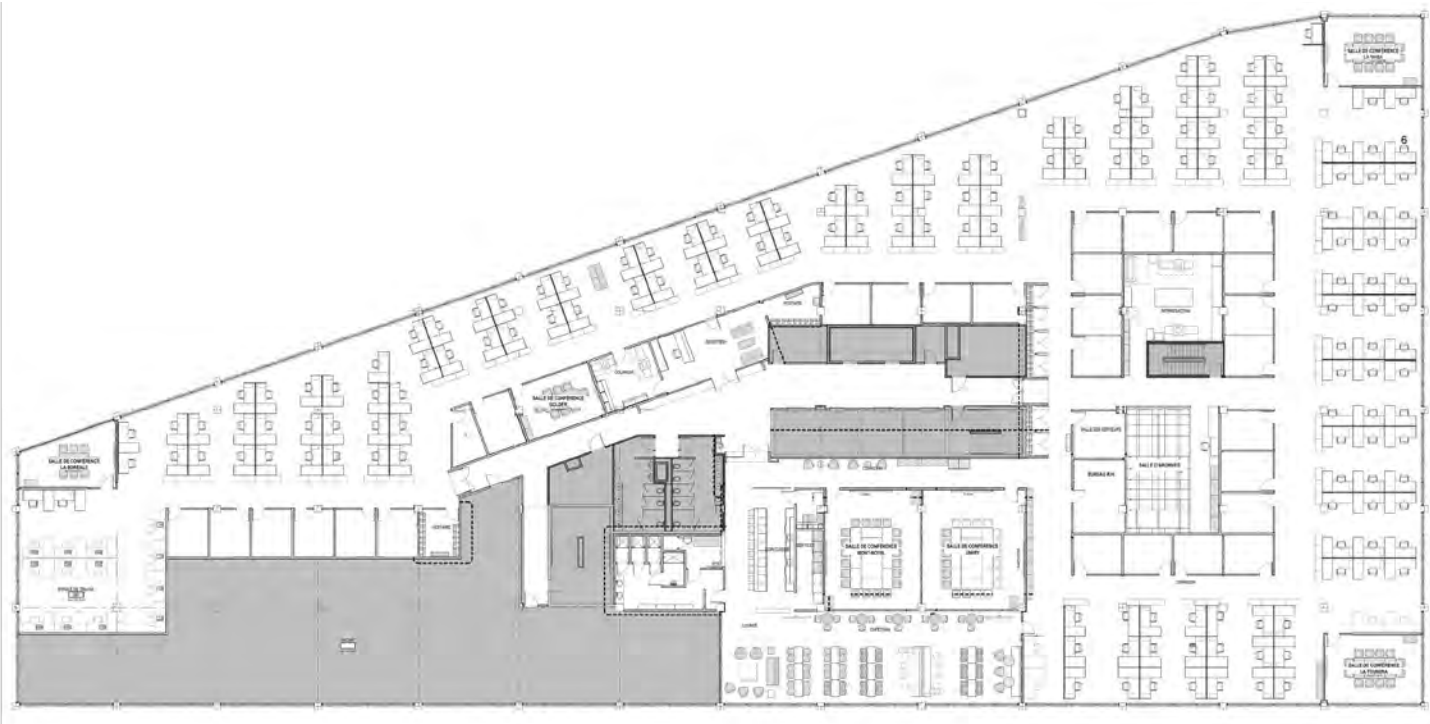
Location
Plenty of amenities and restaurants in proximity



Public Transit
Steps away from Parc train station and Parc metro station



Floor plan



SUITE 300

Workstations	173 workstations
Closed offices	31 closed offices
Reception	1 reception
Server room	1 server room
Showers	3 showers
Eat & relax	1 kitchen area, 1 cafeteria, 1 lounge area
Conference rooms	2 8-person
	2 12-person
	2 20-person



Location and accessibility



AMENITIES
In walking distance to all major amenities such as grocery stores, gyms, pharmacies, banks, restaurants, cafés and daycares.

- BUS:**
92, 93, 372
- TRAIN:**
2-minute walk: Parc train station
- METRO:**
3-minute walk: Parc metro station
5-minute walk: DeCastelneau metro station

97
Walk score

74
Transit score

82
Bike score

Space overview



Suite	Suite 300 - 37,000 SF (divisible)
Sublease term	December 31 st , 2031 (flexible)
Availability	Immediate
Net rent	Contact Broker
Additional rent (2025)	\$16.31 PSF Electricity and daily cleaning included



for more information, please contact:

Frédéric Seigneur

Executive Vice President
Real Estate Broker
+1 514 793 2403
frederic.seigneur@jll.com

Loraine Clamens

Associate
Real Estate Broker
+1 514 603 7622
loraine.clamens@jll.com