



HOME OF THE HOT ROCK

Shareables

CHEESE QUESADILLA **V**

Grilled tortilla filled with cheddar jack cheese and fresh diced tomatoes, topped with scallions and served with salsa and sour cream on the side 8

Add: Chicken +5 | Chili +3 | Crab +8
Upgrade to a Cauliflower Tortilla +2

FLINCHY'S NACHOS **GF**

Homemade Tortilla chips smothered with our Chief Chili's chili and melted cheese. Layered with lettuce, tomatoes, black olives and jalapeños served with salsa and sour cream 12

SOFT PRETZEL STICKS WITH BEER CHEESE **V**

Bavarian style pretzels served with Fat Tire beer cheese sauce 8

MALAYSIAN SCALLOPS **GF**

Giant U-10 sea scallops sautéed in sake, prosciutto, scallions and Asian spices mkt

BRUSSEL SPROUTS

Tossed with bacon and blue cheese then finished with a balsamic drizzle 10

COCONUT SHRIMP

Six jumbo coconut breaded shrimp served with a sweet and spicy Asian sauce 12

SQUEAKY CHEESE **V**

Locally made cheddar cheese bites dipped in a homestyle breading served with sriracha ranch dressing 8

SPINACH & ARTICHOKE DIP **V**

A delicious mixture of spinach, artichokes and a five-cheese blend topped with diced tomatoes and served with warm pita chips 12

POTATO SKINS **GF**

Loaded with cheddar cheese, bacon, and scallions served with a side of sour cream 8

FLINCHYS WINGS **GF**

10 wings mkt

Add: Ranch or Bleu Cheese & Celery 1.50

Choose Sauce: Hidden Tracks - Ranch Dry Rub with a hot BBQ drizzle | Slap Ya Momma with a Ranch & Pesto drizzle | TMI Meltdown | Mango Habanero | Hot | Mild | Garlic | BBQ | Garlic and Herb | Honey Mustard | Asian | Old Bay

SEAFOOD FONDUE

A rich blend of jumbo lump crab meat and shrimp finished with diced tomatoes and served with warm pita chips 16

CHICKEN FINGERS AND FRIES

Your choice of honey mustard or BBQ sauce 10
Make them Buffalo Style +.50

POUTINE FRIES

Smothered with Quebec-imported poutine gravy and fresh cheddar cheese curds 7

Salads

Add: Chicken +5 | Steak + 8 | Crab +8 | Salmon +8 | Crab Cake +14

Blacken any protein

Dressings: Peppercorn Parmesan, Balsamic, Five Herb, Caesar, Ranch, Blue Cheese, Honey Mustard, Poppy Seed

PITTSBURGH STEAK SALAD **GF**

Juicy slices of grilled steak over fresh greens with diced tomatoes, cucumbers, shredded carrots, cheddar jack cheese and topped with French Fries 16

CHOPPED SALAD **GF**

A mix of chopped greens, turkey, Swiss cheese, artichoke hearts, bell peppers, red onions, black olives, carrots, tomatoes and parmesan cheese served with house dressing 12

RED BEET SALAD **GF V**

Spring mix, fresh red beets and candied pecans topped with feta cheese crumbles 12

INSALATA CAPRESE SALAD **V**

Sliced beef steak tomatoes, fresh mozzarella topped with basil, garlic, olive oil and balsamic glaze 12

CAESAR SALAD **V**

Crisp romaine lettuce, croutons and parmesan cheese 10

Chili & Soup

CHIEF CHILI'S CHILI **GF**

A Flinchy's house specialty
Cup 5 | Bowl 7

FRENCH ONION **V**

Crock 7

CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SHELLFISH OR EGGS MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS.

Hot Rocks

All served with choice of two complementary sides.
Upgrade to specialty sides for extra charge.
Please do not use pepper on hot rocks.


FILET MIGNON 
8 oz choice center cut beef tenderloin 32

NEW YORK STRIP 
12 oz center cut choice NY strip 29

SIRLOIN FILET 
6 oz portion 18

SEAFOOD SKEWERS 
Skewers of jumbo shrimp and scallops
Lunch (One) 18 | Dinner (Two) 30

SURF AND TURF 
7oz warm water lobster tail and an
8 oz choice center cut beef tenderloin 42

HOT ROCK SAMPLER SKEWERS 
Skewers with filet, pork sirloin, jumbo shrimp,
and scallops Lunch (One) 16 | Dinner (Two) 28

FETA PORTABELLA 
Portabella mushroom topped with
crumbled feta cheese and served
with balsamic vinaigrette 16

Sandwiches

Served with *Homemade Chips or Coleslaw*
Upgrade: *French Fries +1 | Sweet Potato Fries +2 | Onion Rings +2*
Cauliflower Tortilla +2

FISH N CHIPS
Crispy jumbo beer battered haddock filet served with French Fries 14

FRENCH DIP
Shaved top round topped with sautéed mushrooms, onions and
provolone cheese on a fresh toasted sub roll 13

PHILLY CHEESESTEAK
Thinly sliced sirloin steak, caramelized onions, American cheese,
cheese whiz and mayonnaise on a fresh toasted sub roll 14
Add: *Jalapeño +1*

TWISTED TURKEY
Turkey, bacon and cheddar cheese piled high on a pretzel roll.
Served with lettuce and tomato 12

GRILLED CHICKEN BREAST
Grilled chicken on a toasted Kaiser roll topped with cheddar jack
cheese and bacon. Served with lettuce, tomato and onion 10

TUNA MELT
Albacore tuna salad with melted cheddar cheese on grilled focaccia 10

THE MANSTER
Turkey, spinach, roasted red peppers, sautéed portabella mushroom
and provolone cheese on a toasted sub roll 12

CRAB CAKE SANDWICH
Lettuce, tomato and onion on a toasted brioche roll.
Served with your choice of cocktail or tartar sauce mkt

Pasta

Served with a side salad and bread. *Gluten Free Pasta upcharge +2*

PENNE WITH VODKA SAUCE
Penne pasta covered with a robust spicy vodka sauce
and a blend of prosciutto ham and snow peas 16

MARYLAND CRAB PASTA
Sautéed jumbo lump crab, tomatoes, and mushrooms
tossed in an Old Bay cream sauce over penne pasta 25

BAKED SPAGHETTI
Layers of baked angel hair pasta, meat sauce and cheese 15


Burgers

Served with *Homemade Chips or Coleslaw*
Upgrade: *French Fries +1 | Sweet Potato Fries +2 | Onion Rings +2*
Add: *Mushrooms | Sautéed Onions | Bacon | Feta Cheese*
Blue Cheese | Fried Egg +1

FLINCHBURGER
Juicy 8oz. *Certified Angus Beef*[®] burger grilled to your liking topped
with your choice of cheese 12

CHESAPEAKE BURGER
Juicy 8oz. *Certified Angus Beef*[®] burger grilled to your liking and topped
with a broiled jumbo lump crab cake and your choice of cheese 18

HARLEY BURGER
Juicy 8 oz *Certified Angus Beef*[®] burger combined with freshly chopped
onions, seasoned with a special blend of house spices layered with your
choice of cheese and crispy bacon 13


BEYOND BEET BURGER 
Plant based burger, topped with lettuce, tomato, onion, sliced avocado,
bean sprouts and siracha mayo on a toasted roll with your choice of
cheese 12

Entrees

Served with your choice of two sides: *Garden Salad, Fresh Vegetables,*
Pasta Marinara, Cole Slaw, French Fries, Mashed Potatoes, or
Baked Potato

Upgrade: *Caesar Salad +3 | Mac & Cheese + 2*
Sweet Potato Fries +2 | Baked Sweet Potato +3

FLINCHY'S CRAB CAKES 
Two large broiled crab cakes made with jumbo lump
crabmeat and zero fillers served with Old Bay aioli mkt

SHORT RIBS 
Certified Angus Beef[®] boneless short rib, slow cooked
and finished with a red wine gravy 23

BLACKENED SALMON 
Topped with fresh mango salsa 23

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