



# Home of The Hot Rock

## Shareables

### CHEESE QUESADILLA

Grilled tortilla filled with cheddar jack cheese and fresh diced tomatoes topped with scallions and served with a side of salsa and sour cream 8

**Add: Chicken + 5 | Chili + 3 | Crab + 8**

**Upgrade to a Cauliflower Tortilla + 3**

### FLINCHY'S NACHOS

Homemade tortilla chips smothered with our Chief Chili's chili and topped with cheddar jack cheese, lettuce, tomatoes, black olives and jalapeños served with a side of salsa and sour cream 12

### SOFT PRETZEL STICKS WITH BEER CHEESE

Bavarian style pretzels served with Fat Tire beer cheese sauce 8

### BLISTERED SHISHITO PEPPERS

Sprinkled with goat cheese and toasted pistachios and served with a side of roasted garlic parmesan sauce 10

### MALAYSIAN SCALLOPS

Giant U-10 sea scallops sautéed in sake, prosciutto, scallions and Asian spices *Market Price*

### MUSSELS MARINARA

Finished in a house-made red sauce and served with garlic bread 14

### TUNA POKE BITES

Sushi grade ahi tuna blackened, served on a bed of seaweed salad and garnished with sriracha aioli 16

### SAUTÉED CLAMS

Finished in a white wine sauce and served with garlic bread 14

### COCONUT SHRIMP

Six jumbo coconut breaded shrimp served with a sweet and spicy Asian sauce 12

### STUFFED SHRIMP

Four large shrimp stuffed with jumbo lump crab meat and baked to perfection 16

### FEATURE FLATBREAD

Rotating weekly assortment of fresh ingredients *Market Price*

### SQUEAKY CHEESE

Locally made cheddar cheese curds dipped in a homestyle breading and fried served with a side of sriracha ranch 10

### FRIED CAULIFLOWER

Flash fried and tossed in sweet chili and toasted pistachios 12

### SPINACH & ARTICHOKE DIP

A delicious mixture of spinach, artichokes and a five-cheese blend topped with diced tomatoes and served with warm pita chips 14

### FLINCHY'S WINGS

10 wings *Market Price* **Add: Ranch or Blue Cheese and Celery + 1.50**

**Choose Sauce:** Hidden Tracks - Ranch Dry Rub with a hot BBQ drizzle  
Slap Ya Momma with a Ranch and Pesto drizzle | TMI Meltdown  
Mango Habanero | Hot | Mild | Garlic | BBQ | Garlic and Herb  
Honey Mustard | Asian | Old Bay

### SEAFOOD FONDUE

A rich blend of jumbo lump crab meat and shrimp finished with diced tomatoes and served with warm pita chips 16

### POTATO SKINS

Loaded with cheddar cheese, bacon and scallions and served with a side of sour cream 11

### CHICKEN FINGERS AND FRIES

Your choice of honey mustard or BBQ sauce 12

**Make them Buffalo Style + .50**

### POUTINE FRIES

Smothered with Quebec-imported poutine gravy and fresh cheddar cheese curds 12

### BRUSSEL SPROUTS

Flash fried and topped with bacon, blue cheese crumbles and a balsamic drizzle 10

## Salads

**Add: Chicken +5 | Steak + 8 | Crab +8 | Salmon +8 | Crab Cake +16**

Blacken any protein

Dressings: Peppercorn Parmesan, Balsamic, Five Herb, Caesar, Ranch, Blue Cheese, Honey Mustard, Poppy Seed

### PITTSBURGH STEAK SALAD

Juicy slices of grilled steak over fresh greens with diced tomatoes, cucumbers, shredded carrots, cheddar jack cheese and our house-made French fries with your choice of dressing 18

### CAESAR SALAD

Crisp romaine lettuce, croutons and parmesan cheese tossed in our house-made Caesar dressing 10

### BERRIES AND BURRATA SALAD

Fresh spinach tossed in a lemon aioli topped with berries, kiwi, pecans, maple croutons and burrata finished with a balsamic drizzle 16

### ROASTED PEAR SALAD

Arugula, roasted pears, butternut squash, blue cheese crumbles and candied pecans served with our house-made apple cider vinaigrette 16

### RED BEET SALAD

Spring mix, red beets and candied pecans topped with feta cheese crumbles and your choice of dressing 12

### CHOPPED SALAD

Chopped greens, turkey, Swiss cheese, artichoke hearts, bell peppers, red onions, black olives, shredded carrots, diced tomatoes and shredded parmesan cheese with your choice of dressing 14

### SICILIAN SALAD

Romaine, ham, salami, capicola, provolone, parmesan, tomatoes, red onion, roasted red peppers and pepperoncinis served with red wine vinaigrette and finished with oregano 16

## Chili & Soup

### CHIEF CHILI'S CHILI

A Flinchy's house specialty Cup 6 | Bowl 8

### FRENCH ONION

Crock 8

### SEAFOOD SOUP

Cup 6 | Bowl 8



**New Menu Item**



**Gluten Free**



**Vegetarian**

**We are no longer accepting AAA**

\*CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SHELLFISH OR EGGS MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS.

# Hot Rocks

All served with choice of two complementary sides:

Garden Salad, Fresh Vegetables, Pasta Marinara, Coleslaw, Mashed Potatoes, or Baked Potato

Upgrade: French Fries + 2 | Sweet Potato Fries + 2  
Caesar Salad + 3 | Mac and Cheese + 3  
Onion Rings + 3 | Cauliflower Rice Risotto + 5

## FILET MIGNON

8 oz choice center cut beef tenderloin 36

## NEW YORK STRIP

12 oz center cut choice NY strip 32

## SIRLOIN FILET

6 oz portion 24

## SEAFOOD SKEWERS

Skewers of jumbo shrimp and scallops  
Lunch (One) 20 | Dinner (Two) 32

## HOT ROCK SAMPLER SKEWERS

Skewers with filet, pork sirloin, jumbo shrimp, and scallops. Lunch (One) 20 | Dinner (Two) 32

## FETA PORTABELLA

Portabella mushroom topped with feta cheese crumbles and served with balsamic vinaigrette 16

## SURF AND TURF

Warm water lobster tail and an 8 oz choice center cut beef tenderloin 48

# Sandwiches

Served with Homemade Chips or Coleslaw

Upgrade: French Fries + 2 | Sweet Potato Fries + 2 | Onion Rings + 3  
Substitute Cauliflower Tortilla + 3

## FISH 'N CHIPS

Crispy jumbo beer battered haddock filet served with French fries 16

## HAM AND SWISS PANINI

Freshly sliced ham, Swiss cheese and honey dijon mustard pressed on a buttered ciabatta roll 14

## FRENCH DIP

Shaved top round with sauteed mushrooms, onions and provolone cheese on a fresh toasted sub roll 14

Add: Jalapeño and Mayo + 1

## ITALIAN PANINI

Ham, salami, capicola, provolone, tomato and roasted garlic parmesan on a buttered ciabatta roll 15

## PHILLY CHEESESTEAK

Thinly sliced sirloin steak, caramelized onions, American cheese, cheese whiz and mayonnaise on a fresh toasted sub roll 14

Add: Jalapeño + 1

## CUBAN

Layered roasted pork, freshly sliced ham, Swiss cheese, bread and butter pickles and mustard pressed on a buttered ciabatta roll 16

## TWISTED TURKEY

Turkey, bacon and cheddar cheese piled high on a pretzel roll served with lettuce and tomato 12

## THE HOT CHICK

Nashville hot fried chicken, coleslaw and house-made mac and cheese on a toasted brioche bun 16

## MUFFULETTA

Layers of salami, ham, capicola, provolone, fresh mozzarella, chopped mixed olives, giardiniera, roasted red peppers and red wine vinegar on a buttered ciabatta roll 16

## TUNA MELT

Albacore tuna salad with melted cheddar cheese on grilled focaccia 11

## CRAB CAKE SANDWICH

Our famous house-made crab cake topped with lettuce, tomato and onion on a toasted brioche bun served with a side of cocktail or tartar sauce Market Price

# Pasta

Served with a side salad and bread. Gluten Free Pasta upcharge + 2

## MARYLAND CRAB PASTA

Sautéed jumbo lump crab, tomatoes, and mushrooms tossed in an Old Bay cream sauce over penne pasta 28

## BAKED SPAGHETTI

Layers of baked angel hair pasta, meat sauce and cheese 16

## SEAFOOD LINGUINE

Shrimp and scallops tossed with fresh tomatoes and spinach in a lobster cream sauce 28

## MEDITERRANEAN LINGUINE

Shrimp, clams and mussels tossed in a spicy red sauce sprinkled with parmesan cheese 28

# Burgers

Served with Homemade Chips or Coleslaw

Upgrade: French Fries + 2 | Sweet Potato Fries + 2 | Onion Rings + 3

Add: Mushrooms | Sautéed Onions | Bacon

Feta Cheese | Blue Cheese | Fried Egg + 1

## FLINCHBURGER

Juicy 8 oz Certified Angus Beef® burger grilled to your liking topped with your choice of cheese 13

## CHESAPEAKE BURGER

Juicy 8 oz Certified Angus Beef® burger grilled to your liking and topped with a broiled jumbo lump crab cake and your choice of cheese 18

## HARLEY BURGER

Juicy 8 oz Certified Angus Beef® burger combined with freshly chopped onions, seasoned with a special blend of house spices layered with crispy bacon and your choice of cheese 14

## IMPOSSIBLE BURGER

Plant-based burger topped with garlic aioli, arugula, sautéed onions and mushrooms and Swiss cheese 16

# Entrees

Served with your choice of two sides:

Garden Salad, Fresh Vegetables, Pasta Marinara, Cole Slaw, Mashed Potatoes, or Baked Potato

Upgrade: Caesar Salad + 3 | Mac and Cheese + 3 | Onion Rings + 3  
Sweet Potato Fries + 2 | French Fries + 2 | Cauliflower Rice Risotto + 5

## FLINCHY'S CRAB CAKES

Two crab cakes made with jumbo lump crabmeat and zero fillers broiled and served with a side of Old Bay aioli Market Price

## CHICKEN PICCATA

Chicken breast sautéed in a lemon caper sauce and sprinkled with fresh parsley 22

## CREAMY HERB CHICKEN

Chicken breast pan roasted in a creamy herb sauce and sprinkled with fresh parsley 22

## SHORT RIBS

Boneless short ribs slow-cooked and finished with a red wine gravy 25

## BLACKENED SALMON

Salmon filet blackened and topped with fresh mango salsa 23

## CRAB STUFFED SEA BASS

Sea bass filet topped with our jumbo lump crabmeat in a lemon cream sauce 38



New Menu Item  Gluten Free  Vegetarian

An automatic 20% gratuity will be added to groups of six or more. We are no longer accepting AAA

We will not split checks for parties larger than eight to ensure consistent service and an excellent experience for all.

\*CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SHELLFISH OR EGGS MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS.