



SHORT NOTICE CATERING MENU

Elevate your best Occasion

Mystic Market's Gourmet Culinary Delights Redefine Catering Excellence

all orders require 72 hours notice



EAST

63 Williams Avenue Mystic 860.572.7992

WEST

375 Noank Road Mystic 860.536.1500

SOUTH

70 Mill Rock Rd E Old Saybrook 860.661.5910

FOXWOODS

350 Trolley Line Blvd Ledyard 860.312.3150

MYSTICMARKET.COM





MYSTIC MARKET BREAKFAST



CONTINENTAL BREAKFAST

\$6.50 per person

Freshly Baked Muffins, Scones, Croissants, Danishes & Bagels, served with Preserves, Butter, & Cream Cheese vegetarian

Whether it's a morning meeting or a celebratory brunch, the charm of a Continental Breakfast lies in its inclusive and easygoing nature. Our array of options ensures that everyone can find a favorite. Every bite becomes a shared moment, and the morning becomes a canvas for connection and success.



GOURMET QUICHE

\$24.99 per quiche Each quiche feeds 6-8 people

- -Tomato Basil & Fresh Mozzarella vegetarian
- -Broccoli, Onion & Cheddar vegetarian
- -Smoked Bacon, Spanish Onion & Swiss

These savory, custard-filled pies offer a delectable fusion of flavors and textures, making them a versatile and satisfying option for your next breakfast, brunch or luncheon.



COFFEE SERVICE

\$35

12 cup service

12 Cup Regular or Decaf Coffee in a Disposable Carafe with Cups, Creamers & Sweeteners



TEA SERVICE

\$25

12 cup service

12 Cup Disposable Carafe with Hot Water, Regular & Decaf Teas with Cups, Creamers & Sweeteners



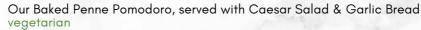


MYSTIC MARKET LUNCH



ITALIAN LUNCH

\$8.95 per person Serves 10



Prepare for a culinary journey that combines the heartiness of baked pasta, the freshness of a classic Caesar Salad, and the comforting allure of Garlic Bread. Our Italian Lunch is a feast that promises to delight every palate.



MINI TORTILLA & BAGUETTE PLATTER

\$10.95 per person Assorted Cut Cocktail Size (3 per person)

Choose three Sandwiches from our Custom Sandwich Menu*

Each sandwich is flavor-packed & cut into cocktail-sized bites. We platter your selection of sandwiches on assorted artisan breads & wraps. Ideal for a luncheon with other offerings, a casual cocktail party, or any occasion where variety is key, our selection of Custom Market Made Sandwiches promises a parade of flavors in every petite package.



SANDWICH PLATTER

\$12.95 per person Assorted Full Sized (1 per person) Cut in Half & Plattered

Choose three Sandwiches from our Custom Sandwich Menu*

Our Sandwich platter offers a convenient and delightful dining experience that will leave your guests impressed and satisfied, as one full sized sandwich is portioned per person. We cut each sandwich in half, allowing you guests to sample two different kinds for added variety if they wish. Ideal for social luncheons and corporate events.



MARKET BOXED LUNCH

\$16.95 per person

Your selection of three Sandwiches or Wraps chosen from our Custom Sandwich Menu* Accompanied by Pasta Salad *or* Fruit Salad, Individual Bag of Potato Chips & a Fresh Baked Jumbo Mystic Market Cookie

Each box is thoughtfully designed for easy handling and consumption, allowing your guests to enjoy a delicious meal without any fuss or formality.

Packed with wholesome ingredients, they offer the sustenance to fuel productivity, ensuring that everyone stays energized and focused throughout your gathering.



DELI PLATTER

12" Platter \$78

16" Platter \$125

An array of premium deli meats, including Roasted Turkey, tender Roast Beef, savory Ham, and Genoa Salami. Accompanied by Provolone, Cheddar, and Swiss Cheeses, this platter comes with Lettuce, Tomato, Onion & sssorted sliced breads. Mayonnaise, Honeycup Mustard & Dijon are served along side of this classic deli platter

Whether you're craving a classic sandwich or crafting your own flavor combination, our Market Deli Platterensures a delightful experience with every bite. Elevate your lunch with the finest ingredients, thoughtfully curated for a satisfying and savory journey through the flavors of Mystic Market.



SANDWICH SELECTIONS

THE FOLLOWING SANDWICHES ARE AVAILABLE
TO CHOOSE FROM FOR OUR SANDWICH PLATTERS & BOXED LUNCHES



FALAFEL & HUMMUS WRAP

Our house-made hummus & falafel rolled in a spinach wrap with leaf lettuce, fresh tomatoes, red onions, sweet & spicy pickles, crunchy daikon pickles & tzatziki vegetarian



THE ITALIAN COMBO

Black forest ham, genoa salami, pepperoni & provolone with roasted red peppers, lettuce, tomatoes & balsamic on a baguette



THE GREEN MONSTER

All-natural roasted turkey, green goddess dressing, cucumbers, baby spinach, avocado & pepper jack cheese on sourdough bread



JAMMIN' TURKEY

Roasted turkey, cheddar, bacon jam, lettuce, tomato, cranberry mayo on multigrain bread



THE RAGING BULL

Our house roasted beef & aged cheddar with lettuce, tomato, red onion & horseradish mayo on our freshly baked french bread



CALIFORNIA BLT

Crisp bacon, bacon jam, avocado, lettuce, tomato & black garlic aioli on sourdough bread



SMOKED TURKEY & SWISS

Smoked turkey breast & swiss cheese with red onion & garlic mayo on ciabatta bread



MEDITERRANEAN TUNA WRAP

Solid white tuna salad, olive tapenade, lime cucumbers, arugula & roasted red peppers in a tomato wrap



MYSTIC MARKET SALADS

CHOICE OF DRESSINGS INCLUDE TOMATO BASIL, BALSAMIC, CLASSIC CAESAR, RUSSIAN ADD GRILLED CHICKEN TO ANY SALAD \$3 PER PERSON



MYSTIC MARKET FIELD GREENS

\$49.95 Serves 10

Mixed Greens, Spicy Walnuts, Dried Cranberries & Gorgonzola Suggested Side Dressing: Dark Balsamic Vinaigrette vegetarian | gf



CLASSIC CAESAR SALAD

\$49.95 Serves 10

Crisp Romaine, Garlic Croutons & Shredded Parmesan Our Classic Caesar Dressing comes on the side vegetarian



GARDEN GREENS

\$39.95 Serves 10

Fresh Greens, Cucumbers, Tomatoes & Carrots Your Choice of Dressing on the side vegan | gf | df



TURKEY COBB SALAD

\$64.95 Serves 10

Fresh Greens, Diced Turkey, Cherry Tomatoes, Crispy Bacon, Gorgonzola & Hard Cooked Egg Your Choice of Dressing on the side af



MAY WE SUGGEST...

ASK US ABOUT OUR SEASONAL SOUP SELECTIONS

Embrace the spirit of the season and elevate your dining journey with our rotating soup offerings.

Ask our staff about our current tempting creations!





COMPO SA

3LB MINIMUM FOR ALL COMPOSED SALADS

Items subject to availabilty



ANTIPASTO SALAD \$10.99 per lb.

Rosemary ham, aged provolone, fresh mozzarella balls. roasted tomatoes, roasted red peppers, artichokes, marinated mushrooms, kalamata olives, pepperoncini & extra virgin olive oil.



APPLE, KALE & QUINOA \$13.99 per lb.

Apples, baby kale, cashews & quinoa mingle in our house-made apple cider vinaigrette. vegan | gf | df contains nuts



BUFFALO CHICKEN PASTA SALAD \$12.99 per lb.

This zesty creation combines chunks of grilled chicken, penne, red & green peppers, red onion & buffalo sauce with bleu cheese crumbles. A crowd favorite!



CLASSIC GREEK SALAD \$10.99 per lb.

A refreshing medley of vibrant mediterranean flavors! Plum tomatoes mingle with english cucumbers, kalamata olives, feta cheese, dill & our red wine vinaigrette. vegetarian | gf



CHICKEN SALAD \$13.99 per lb.

A timeless favorite with generous chunks of tender chicken, celery & fresh tarragon. Dijon mustard adds a hint of tangy sophistication to our mayo. gf | df



CURRY CHICKEN SALAD \$13.99 per lb.

Featuring the delightful crunch chutney. Infused with the warm gf | df



KALE & MANGO SALAD \$10.99 per lb.



COWBOY CAVIAR \$9.99 per lb.

Black beans & black eyed peas offer a hearty & protein-rich base to this popular composed salad. With roma tomatoes & corn, fresh cilantro adds a burst of herbaceous freshness, while red & yellow peppers bring a colorful crunch to the mix. Serve as a dip with our crisp tortilla chips or as a side dish to your favorite grilled meats. vegan | gf | df



Indulge in a healthful & delicious experience as you savor the crispiness of kale, protein punch of edamame, hearty texture of quinoa, and the luscious sweetness of mango. vegan | gf | df



COMPOSED SALADS

3LB MINIMUM FOR ALL COMPOSED SALADS

Items subject to availabilty



MARKET COLESLAW \$10.99 per lb.

Shredded cabbage & carrots come together in a creamy, tangy dressing, creating the perfect balance of textures and flavors. This timeless side dish is a crunchy delight that complements any meal, adding a burst of freshness to your plate.



LEMON ORZO \$9.99 per lb.

Each forkful is a blend of orzo, spinach, and the rich creaminess of feta with bursts of lemon. Perfect as a side dish for any occasion, this pasta salad is a refreshing choice that celebrates the essence of light and delicious Mediterranean-inspired cuisine. vegetarian



RED BEET SALAD \$9.99 per lb.

An ensemble of roasted red beets, balsamic glaze, Gorgonzola & pistachios creates a salad that is not only visually stunning but delicious. This salad is a true celebration of fresh & wholesome ingredients.

vegetarian | gf | contains nuts



RED BLISS POTATO SALAD \$8.99 per lb.

Featuring tender Red Bliss potatoes, this salad is elevated with hard cooked eggs, offering a creaminess & richness. A mild crunch of celery & herby freshness of parsley & dill makes this the perfect addition to any meal or a delightful standalone dish.



ROASTED EGGPLANT SALAD \$14.99 per lb.

Peppery arugula is complemented by the smoky richness of roasted eggplant. Fresh tomatoes and the aromatic allure of garlic, adds a subtle yet savory depth to every bite. Finished with our red wine vinaigrette. vegan | gf | dt



\$8.99 per lb.

Enhanced by the natural sweetness of the fruits, this salad is a burst of colors and flavors that evoke the freshness of the season.

vegan | gf | df



SPICY BROCCOLI SALAD \$9.99 per lb.

Fresh broccoli florets with vibrant red pepper strips & carrots create a colorful & crisp medley. The star of the show is our Spicy Broccoli Dressing, which adds a kick of heat and a burst of flavor to this refreshing creation.

vegetarian | gf | contains sesame



SPICY SESAME NOODLES \$10.99 per lb.

Fresh Lo Mein Noodles are coated with our signature Spicy Noodle Dressing & topped with sliced scallions & walnuts, offering a delightful balance of savory and nutty flavors to every bite.

vegetarian | contains sesame & soy



TOMATO & MOZZARELLA \$14.49 per lb.

A salad that captures the essence of simplicity and quality ingredients. Grape tomatoes, bursting with natural sweetness, mingle with fresh mozzarella, fragrant basil & garlic oil, creating a harmonious blend that celebrates the peak of freshness. vegetarian





A LA CARTE HORS D'OEUVRES

PRICED PER DOZEN | MINIMUM 2 DOZEN PER ITEM



CRAB STUFFED CUCUMBERS \$28 per dozen

Delicate cucumber boats generously filled with a blend of premium crabmeat, fresh herbs, and a hint of citrus. gf



SAUSAGE & GOAT CHEESE STUFFED MUSHROOMS \$20 per dozen

Filled with a flavorful blend of seasoned Italian sausage and creamy goat cheese. Each bite offers a burst of rich, satisfying goodness.



CHILLED JUMBO SHRIMP \$32 per dozen

Served with our house-made zesty horseradish cocktail sauce. Classic Shrimp cocktail is the perfect prelude to an exquisite dining experience.

gf | df



BISTRO BEEF FILET CROSTINI \$28 per dozen

Tender Bistro beef filet with horseradish chive sauce, parmesan & freshly cracked black pepper atop a crisp crostini.



SEARED AHI TUNA \$32 per dozen

Delicately seared ahi tuna, nestled on a crispy wonton, and adorned with our house-made wasabi drizzle.



SPANAKOPITA \$28 per dozen

Enjoy a taste of the Mediterranean with our Spanakopita - flaky phyllo pastry filled with a delectable blend of spinach, feta cheese, and aromatic herbs. vegetarian



SUNDRIED TOMATO BRUSCHETTA \$20 per dozen

The perfect marriage of sun-drenched tomatoes and creamy fresh mozzarella on crisp garlic crostini creates a burst of Mediterranean flavors in every bite.



SMOKED ATLANTIC SALMON CANAPÉ \$29 per dozen

Delicately smoked salmon & cream cheese atop earthy pumpernickel bread creates a perfect balance of flavors and textures in each bite.



CHICKEN & GINGER POT STICKERS \$18 per dozen

These delightful bites are steam fried to get a crispy golden bottom layer and ensures that the chicken & ginger filling is juicy and delicious.



GRILLED VEGETABLE T-RAVS \$29 per dozen

ΨZ7 per dozen

Grilled vegetable filled ravioli, breaded & toasted and served with our housemade spicy marinara vegetarian



CHICKEN WINGS \$26 per dozen

Perfectly seasoned and served with your choice of mouthwatering sauce: Buffalo | Lemon Pepper | Firecracker



COCKTAIL MEATBALLS \$18 per dozen

Bite sized cocktail meatballs served with a creamy pesto alfredo sauce.



VEGETABLE SPRING ROLLS \$22 per dozen

Crispy spring rolls filled with vegetables.
vegetarian



MINI CRAB CAKES \$28 per dozen

Bite sized crab cakes, baked and served with house-made remoulade sauce.





HORS D'OEUVRES PLATTERS

COLD ITEMS ARE PLATTERED & READY TO SERVE

12" Platter (10ppl) | 16" Platter (16ppl)



ARTISAN CHARCUTERIE PLATTER 12" \$55

Assortment of Pepper & Genoa Salami, Prosciutto, Capicola & Soppressata. Accompanied by Brie, Provolone & Manchego with Mediterranean Olives, Cornichons, Crostini and garnished with Grapes & Berries



ARTISAN CHARCUTERIE PLATTER 16" \$110

Assortment of Pepper & Genoa Salami, Prosciutto, Capicola & Soppressata.

Accompanied by Brie, Red Wax Gouda, Provolone & Manchego with Mediterranean Olives, Cornichons, Crostini, Lavash and garnished with Grapes & Berries



SEASONAL SLICED FRUITS 12" \$35 | 16" \$53

Freshly Sliced Melons, Grapes, Berries, Kiwis & Pineapples

vegan | gf | df



ARTISAN CHEESE & FRUIT 12" 55 | 16" \$80

Assortment of Artisanal Cheeses, Gourmet Crackers & Seasonal Sliced Fruits vegetarian



VEGETABLE CRUDITÉ 12" \$30 | 16" \$50

Seasonal Vegetables accompanied by Mystic Market's Hummus

vegan | gf hummus contains sesame



THE MEDITERRANEAN 12" \$45 | 16" \$60

Grilled Flatbreads, Artichoke & Jalapeno Dip, Hummus, Sundried Tomato Bruschetta, Grilled Vegetables, Feta Cheese, Olives

vegetarian | humus contains sesame





HORS D'OEUVRES PLATTERS

COLD ITEMS ARE PLATTERED & READY TO SERVE HOT MENU ITEMS COME IN FOILS READY TO HEAT

12" Platter (1 doz ea.) | 16" Platter (1.5doz ea.)



NEPTUNE'S BOUNTY 12" \$65 | 16" \$95

Chilled Shrimp Cocktail, Salmon Canapés on Pumpernickel, Sesame Ahi Tuna & Wasabi on Wonton Crisps Served Cold



GRILLED BISTRO STEAK PLATTER \$88 | Serves 8-10

Grilled Bistro Steak, Sliced & Plattered with Horseradish Cream, Roasted Tomatoes, Grilled Onions & Crostini Served Room Temperature



ROUND THE WORLD 12" \$63 | 16" \$89

Chicken Sate with Peanut Sauce, Grilled Harissa & Honey Shrimp with Lime Crème Fraiche, Vegetable Spring Rolls with Thai Sweet Chili Sauce Ready to Heat



ITALIAN COCKTAIL 12" \$65 | 16" \$95

Italian Stuffed Mushrooms, Truffled Mac & Cheese Croquets, Grilled Vegetable T-Ravs Ready to Heat



CLASSIC COCKTAIL TIME ASSORTMENT 12" \$55 | 16" \$80

Goat Cheese, Olive & Roasted Tomato Mini Tarts, Beef Crostini with Horseradish Cream, Freshly Cracked Pepper & Parmesan, Proscuitto Wrapped Asparagus with Garlic Herb Cream Cheese Served Cold





ENTRÉES FOR A CROWD

MEDIUM (M) SERVES 6-10 PEOPLE | LARGE (L) SERVES 12-16 PEOPLE



BEEF LASAGNA (M) \$65 | (L) \$125

Layers of delicate pasta sheets embrace a rich and robust blend of seasoned slow-simmered ground beef. Each layer is generously smothered in a luxurious blend of house-made pomodoro sauce and melted mozzarella.



FOUR CHEESE LASAGNA (M) \$55 | (L) \$100

The ultimate classic! This comforting & crowd-pleasing dish is perfect for sharing with friends and family. It's a celebration of the simple joys found in the union of pasta and the finest cheeses. vegetarian



EGGPLANT PARMESAN (M) \$50 | (L) \$95

Slices of fresh eggplant are encased in a golden breadcrumb crust, layered, and then baked to crispy perfection with our pomodoro sauce.

Melted mozzarella and Parmesan cheeses pull everything together in this traditional dish.

vegetarian



GF EGGPLANT PARMESAN (M) \$55 | (L) \$105

Indulge without compromise with our Gluten-Free Eggplant
Parmesan. This classic caters to palates seeking both taste and dietary considerations. Savor the crispy perfection of thinly sliced fresh eggplant coated in a gluten-free breadcrumb crust, and baked to golden, crunchy excellence. vegetarian | gf



CLASSIC MAC-N- CHEESE (M) \$45 | (L) \$80

The ultimate comfort food experience! Velvety elbow macaroni enveloped in rich, house-made cheese sauce, then baked to golden perfection. A timeless favorite that promises pure, cheesy bliss in every bite. vegetarian



BUFFALO CHICKEN OR PULLED PORK MAC-N-CHEESE (M) \$50 | (L) \$90

A bold twist on the classic.
Creamy baked mac & cheese
meets your choice of tender
buffalo chicken or bbq pulled pork
creating a mouthwatering fusion
of cheesy comfort and spicy kick.
An irresistible combination that
elevates comfort food to a whole
new level.



BAKED PENNE A LA SAYBROOK (M) \$50 | (L) \$90

Penne Pasta baked with Plum Tomato, Cream, Fresh Basil, Grilled Chicken, Pink Vodka Sauce, Ricotta & Spinach. An elevated option to traditional baked penne and most definitely a crowd pleaser!





ENTRÉES FOR A CROWD

MEDIUM (M) SERVES 6-10 PEOPLE | LARGE (L) SERVES 12-16 PEOPLE



PINEAPPLE GARLIC ROASTED PORK TENDERLOIN \$90 | Serves 10-14

Pork tenderloin marinated in a blend of sweet pineapple and zesty garlic, oven-roasted to perfection. Served with a vibrant chimichurri sauce for a burst of fresh herb goodness. gf | df



GARLIC & HERB CRUSTED BEEF TENDERLOIN \$MKT

Accompanied by our signature Horseradish Chive Cream that adds a delightful kick to complement the succulence of the tenderloin. Elevate your taste buds with this harmonious pairing of premium beef and bold & fresh creamy flavors.



HERB ROASTED TURKEY BREAST (M) \$55 | (L) \$105

Savor the delicious simplicity of our Herb Roasted Turkey Breast, fully cooked and expertly sliced for your convenience. Served with tangy Cranberry Relish, providing a delightful balance of sweet and tart. Enjoy a hassle-free and delectable turkey experience all year long!



CLASSIC CHICKEN MARSALA \$95 | Serves 10

Featuring a rich Mushroom Marsala Demi-Glace, tender chicken is sautéed in a luscious marsala wine reduction and layered with savory mushrooms, creating a mouthwatering dish. The depth of flavors in our demi-glace elevates this classic, providing a hearty and satisfying dining experience for a crowd.



CHICKEN PARMESAN \$100 | Serves 10

Crispy breaded chicken, adorned with melted cheese, harmonizes with the vibrant flavors of our homemade pomodoro sauce. A timeless dish and one of our most popular menu items!



ROASTED SALMON

(M) \$70 (2lbs- Serves 4-6)

(L) \$135 (4lbs- Serves 8-10)

Served with your choice of topping:
-Cilantro Honey Lime gf | df
Herbaceous, Sweet & Citrusy
-Cucumber Dill gf
Refreshing, Light & Creamy
-Mediterranean Topping gf | df
Artichokes, Grape Tomatoes,
Capers, Kalamata Olives & Garlic

MAY WE SUGGEST...

ADD OUR SIGNATURE GARLIC BREAD \$9.95 / Loaf

Crispy on the outside, pillowy on the inside – each golden slice is filled with a flavorful combination of garlic, aromatic herbs, and buttery goodness.







SIDES

PRICED PER POUND | MINIMUM 2 POUNDS





GREEN BEANS ALMONDINE \$12.99/lb

Crisp and vibrant green beans sautéed to perfection, tossed with toasted almonds for a delightful crunch. A simple yet sophisticated side dish that brings a burst of freshness to your plate.

gf | vegetarian | contains nuts

SAVORY RICE PILAF \$7.99/Ib

A fragrant blend of fluffy basmati rice, sautéed to perfection with aromatic herbs and savory spices. A comforting side dish that pairs seamlessly with any main course. Simple, yet undeniably delicious. vegetarian



CREAMY MASHED POTATOES \$7.99/Ib

Whipped to a smooth, luscious consistency, each spoonful is a heavenly blend of buttery richness and fluffy potatoes.

gf | vegetarian



ROASTED BUTTERNUT SQUASH \$9.99/lb

A blend of fresh rosemary, caramelized shallots, and a hint of brown sugar creates a symphony of sweet and savory flavors.

A delectable side dish that captures the essence of seasonal warmth on your plate.

gf | df | vegetarian



BACON & SHALLOT ROASTED BRUSSELS SPROUTS \$11.99/lb

Elevate your greens with our Brussels Sprouts, oven-roasted to perfection with crispy bacon and caramelized shallots. A delicious blend of smoky, savory, and slightly sweet flavors that transforms this classic vegetable into a delectable side dish.

gf | df



GRILLED SEASONAL VEGETABLES \$9.99/lb

Bursting with natural flavors and lightly charred for a perfect balance of smokiness, this dish is a celebration of simplicity and freshness.

gf | df | vegetarian





DESSERT

PRICED PER PERSON



ALL COOKIE PLATTER \$4 per person

An assortment of freshly baked cookies perfect for celebrations, gatherings, or any occasion where a touch of sweetness is required. made in our facility that processes nuts



COOKIE & BAR PLATTER \$4.95 per person

A combination of our freshly baked cookies and bars to include magic bars, lemon bars, peanut butter bars & raspberry key lime. contains nuts



DELICATE DESSERT PLATTER \$6.50 per person

A display of petite pastries to include cream puffs, seasonal tarts, cheesecake bites, chocolate covered strawberries & cannoli {minimum of 12ppl per order} made in our facility that processes nuts



FLOURLESS CHOCOLATE TORTE

Rich & decadent chocolate cake made without flour, covered in dark chocolate ganache. gf |

4" \$15

6" \$24

8" \$36

10" \$54

made in our facility that processes nuts



GOURMET CUPCAKES \$5.50ea | Min of 6

- Reeses Peanut Butter

- Rainbow Sprinkle

- Chocolate Ganache made in a facility that processes nuts



CARROT CAKE

Moist layers of spiced cake with chopped walnuts are generously frosted with velvety cream cheese icing. contains nuts

4" \$15

7" \$27