

# MYSTIC MARKET LUNCH

ITALIAN LUNCH Our Baked Penne Pomodoro served with Caesar Salad & Garlic Bread	\$8.95   Per Person Serves 10
MINI TORTILLA & BAGUETTE PLATTER Cut Cocktail Size (3 per person) from a Selection of our Custom Sandwich Menu	\$10.95   Per Person
SANDWICH PLATTER Assorted Full Size (1 per person) from our Custom Sandwich Menu, Cut in Half & Plattered	\$12.95   Per Person
MARKET BOXED LUNCH Sandwiches or Wraps chosen from our Custom Menu, accompanied by Pasta Salad or Fruit Salad, Individual Chips & a Freshly Baked Jumbo Cookie	\$16.95   Per Person
MARKET DELI PLATTER Roast Turkey, Roast Beef, Ham, Genoa Salami, Provolone, Cheddar & Swiss, Lettuce, Tomato, Onion & assorted Sliced Breads	\$55   12" Platter \$90   16" Platter

## GREEN SALADS

### CHOICE OF DRESSINGS

Tomato Basil, Balsamic, Classic Caesar, Russian

Each Salad Serves 10 People

MYSTIC MARKET FIELD GREENS Spicy Walnuts, Dried Cranberries & Gorgonzola	\$49.95
CLASSIC CAESAR SALAD Garlic Croutons & Shredded Parmesan	\$49.95
GARDEN GREENS Cucumber, Tomato & Carrot	\$39.95
TURKEY COBB SALAD Greens, Diced Turkey, Cherry Tomatoes, Crispy Bacon, Gorgonzola, Hard Cooked Egg	\$64.95

## COMPOSED SALADS

3lb. Minimum Order for all Composed Salads

ANTIPASTO SALAD	\$10.99/lb.
APPLE, KALE & QUINOA SALAD	\$13.99/lb.
BUFFALO CHICKEN PASTA SALAD	\$12.99/lb.
CLASSIC GREEK SALAD	\$10.99/lb.
CHICKEN SALAD	\$13.99/lb.
CURRY CHICKEN SALAD	\$13.99/lb.
COWBOY CAVIAR	\$ 9.99/lb.
KALE & MANGO SALAD	\$10.99/lb.
MARKET COLESLAW	\$10.99/lb.
LEMON ORZO WITH SPINACH & FETA	\$ 9.99/lb.
RED BEET SALAD	\$ 9.99/lb.
RED BLISS POTATO SALAD	\$ 8.99/lb.
ROASTED EGGPLANT SALAD	\$14.99/lb.
SEASONAL FRUIT SALAD	\$ 8.99/lb.
SPICY BROCCOLI SALAD	\$ 9.99/lb.
SPICY SESAME NOODLES	\$10.99/lb.
TOMATO & MOZZARELLA	\$14.49/lb.

# BREAKFAST

Start your day right with a variety of delicious breakfast selections  
that will energize and satisfy your guests at your next gathering

CONTINENTAL BREAKFAST Freshly Baked Muffins, Scones, Croissants, Danishes & Bagels with Preserves, Butter, & Cream Cheese <i>vegetarian</i>	\$6.50   Per Person
GOURMET QUICHE Tomato, Basil & Fresh Mozzarella   <i>vegetarian</i> Broccoli, Onion & Cheddar   <i>vegetarian</i> Smoked Bacon, Spanish Onion & Swiss	\$24.99   Each Serves 6-8
COFFEE SERVICE 12 Cup Regular or Decaf Coffee in a Disposable Carafe with Cups, Creamers & Sweeteners	\$35   Per Carafe Serves 12
TEA SERVICE 12 Cup Disposable Carafe with Hot Water, Regular & Decaf Teas with Cups, Creamers & Sweeteners	\$25   Per Carafe Serves 12

## DESSERT

Sweeten your event and leave a  
lasting impression on your guests

ALL COOKIE PLATTER An assortment of freshly baked cookies.	\$4.00   Per Person
COOKIE & BAR PLATTER A combination of our freshly baked cookies and bars to include magic bars, lemon bars, peanut butter bars & raspberry key lime. <i>contains nuts</i>	\$4.95   Per Person
DELICATE DESSERT PLATTER Petite pastries to include cream puffs, seasonal tarts, cheesecake bites, chocolate covered strawberries & cannoli.	\$6.50   Per Person Minimum of 12ppl per order
GOURMET CUPCAKES - Reeses Peanut Butter - Rainbow Sprinkle - Chocolate Ganache	\$5.50   Each Minimum of 6 per order
CARROT CAKE Moist layers of spiced cake with chopped walnuts, frosted with velvety cream cheese icing. <i>contains nuts</i>	\$15   4" \$27   7"
FLOURLESS CHOCOLATE CAKE Rich & decadent chocolate cake made without flour, covered in dark chocolate ganache. <i>gf</i>	\$15   4" \$24   6" \$36   8" \$54   10"



## SHORT NOTICE

## CATERING MENU

ALL ORDERS REQUIRE

72 HOURS NOTICE

### EAST

63 Williams Avenue  
Mystic  
860.572.7992

### WEST

375 Noank Road  
Mystic  
860.536.1500

### SOUTH

70 Mill Rock Rd, E  
Old Saybrook  
860.661.5910

### FOXWOODS

350 Trolley Line Blvd  
Ledyard  
860.312.3150

# A LA CARTE HORS D'OEUVRES

Priced Per Dozen | Minimum 2 Dozen Per Item

*An extra touch of elegance and flavor to your upcoming event*

CRAB STUFFED CUCUMBERS Delicate cucumber boats generously filled with a blend of premium crabmeat, fresh herbs, and a hint of citrus. <i>gf</i>	\$28   Per Dozen
BISTRO BEEF FILET CROSTINI Tender Bistro beef filet with horseradish chive sauce, parmesan & freshly cracked black pepper atop a crisp crostini.	\$28   Per Dozen
SUNDRIED TOMATO BRUSCHETTA Sun-drenched tomatoes and creamy fresh mozzarella on crisp garlic crostini creates a burst of Mediterranean flavors in every bite. <i>vegetarian</i>	\$20   Per Dozen
GRILLED VEGETABLE T-RAVS Grilled vegetable filled ravioli, breaded & toasted. Served with our house-made spicy marinara. <i>vegetarian</i>	\$29   Per Dozen
VEGETABLE SPRING ROLLS Crispy spring rolls filled with vegetables. <i>vegetarian</i>	\$22   Per Dozen
STUFFED MUSHROOMS Mushrooms filled with our flavorful blend of seasoned Italian sausage and creamy goat cheese.	\$20   Per Dozen
SEARED AHI TUNA Delicately seared ahi tuna, nestled on a crispy wonton, and adorned with our house-made wasabi drizzle. <i>gf</i>	\$32   Per Dozen
SMOKED ATLANTIC SALMON CANAPÉ Delicately smoked salmon & cream cheese atop earthy pumpernickel bread creates a perfect balance of flavors and textures in each bite.	\$29   Per Dozen
CHICKEN WINGS Perfectly seasoned & tossed with choice of sauce Buffalo   Lemon Pepper   Firecracker	\$26   Per Dozen
MINI CRAB CAKES Bite sized crab cakes, baked and served with house-made remoulade sauce.	\$28   Per Dozen
CHILLED JUMBO SHRIMP Served with our house-made zesty horseradish cocktail sauce. <i>gf   df</i>	\$32   Per Dozen
SPANAKOPITA Flaky phyllo pastry filled with a delectable blend of spinach, feta cheese, and aromatic herbs. <i>vegetarian</i>	\$28   Per Dozen
CHICKEN & GINGER POT STICKERS Filled with chicken & ginger and steam fried to get a crispy golden bottom.	\$18   Per Dozen
COCKTAIL MEATBALLS Bite sized cocktail meatballs served with a creamy pesto alfredo sauce.	\$18   Per Dozen

# A LA CARTE APPETIZERS

12" platter (10 people) | 16" platter (16 people)

*Cold Items are Plattered*

SEASONAL SLICED FRUITS Freshly Sliced Melons, Grapes, Berries, Kiwis & Pineapples <i>vegan   gf   df</i>	12" \$35   16" \$53
ARTISAN CHEESE & FRUITS Assortment of Artisanal Cheeses, Gourmet Crackers & Seasonal Sliced Fruits <i>vegetarian</i>	12" \$55   16" \$80
VEGETABLE CRUIDTE Seasonal Vegetables accompanied by Mystic Market's Hummus <i>vegan   gf   hummus contains sesame</i>	12" \$30   16" \$50
THE MEDITERRANEAN Grilled Flatbreads, Artichoke & Jalapeno Dip, Hummus, Sundried Tomato Bruschetta, Grilled Vegetables, Feta Cheese, Olives <i>vegetarian   humus contains sesame</i>	12" \$45   16" \$60
ARTISAN CHARCUTERIE PLATTER Assortment of Pepper & Genoa Salami, Prosciutto, Capicola & Soppressata. Accompanied by Brie, Provolone & Manchego with Mediterranean Olives, Cornichons, Crostini and garnished with Grapes & Berries	12" \$55
ARTISAN CHARCUTERIE PLATTER Assortment of Pepper & Genoa Salami, Prosciutto, Capicola & Soppressata. Accompanied by Brie, Red Wax Gouda, Provolone & Manchego with Mediterranean Olives, Cornichons, Crostini, Lavash and garnished with Grapes & Berries	16" \$110
<b>12" Platter (1 doz ea.)   16" Platter (1.5doz ea.)</b> <i>Cold Items are Plattered &amp; Ready to Serve</i> <i>Hot Menu Items Come in Foils Ready to Heat</i>	
NEPTUNE'S BOUNTY Chilled Shrimp Cocktail, Salmon Canapés on Pumpernickel, Sesame Ahi Tuna & Wasabi on Wonton Crisps <i>Served Cold</i>	12" \$65   16" \$95
ROUND THE WORLD Chicken Sate with Peanut Sauce, Grilled Harissa & Honey Shrimp with Lime Crème Fraiche, Vegetable Spring Rolls with Thai Sweet Chili Sauce <i>Ready to Heat</i>	12" \$63   16" \$89
ITALIAN COCKTAIL Italian Stuffed Mushrooms, Truffled Mac & Cheese Croquets, Grilled Vegetable T-Ravs <i>Ready to Heat</i>	12" \$65   16" \$95
CLASSIC COCKTAIL ASSORTMENT Goat Cheese, Olive & Roasted Tomato Mini Tarts, Beef Crostini with Horseradish Cream, Freshly Cracked Pepper & Parmesan, Prosciutto Wrapped Asparagus with Garlic Herb Cream Cheese <i>Served Cold</i>	12" \$55   16" \$80
GRILLED BISTRO STEAK PLATTER Grilled Bistro Steak, Sliced & Plattered with Horseradish Cream, Roasted Tomatoes, Grilled Onions & Crostini <i>Served Room Temperature</i>	\$88   Serves 8-10

# ENTRÉES FOR A CROWD

Medium -M- serves 6-10 people | Large - L - serves 12-16 people

BEEF LASAGNA Italian spiced ground beef & delicate pasta sheets generously smothered in a blend of house-made pomodoro sauce & mozzarella	(M) \$65   (L) \$125
FOUR CHEESE LASAGNA The ultimate classic! Delicate pasta sheets & our four cheese blend combined with of house-made pomodoro sauce. <i>vegetarian</i>	(M) \$55   (L) \$100
EGGPLANT PARMESAN Breadcrumbs crusted Eggplant slices layered & baked with our pomodoro sauce, mozzarella & parmesan. <i>vegetarian</i>	(M) \$50   (L) \$95
GF EGGPLANT PARMESAN Gluten free breadcrumb crusted Eggplant slices layered & baked with our pomodoro sauce, mozzarella & parmesan. <i>vegetarian   gf</i>	(M) \$55   (L) \$105
CLASSIC MAC-N-CHEESE A timeless favorite that promises pure, heesy bliss in every bite. <i>vegetarian</i>	(M) \$45   (L) \$85
KICKED UP MAC-N-CHEESE A bold twist on the classic. Creamy baked mac & cheese meets your choice of tender buffalo chicken or bbq pulled pork.	(M) \$50   (L) \$95
BAKED PENNE ALA SAYBROOK Penne Pasta baked with Plum Tomato, Cream, Fresh Basil, Grilled Chicken, Pink Vodka Sauce, Ricotta & Spinach.	(M) \$50   (L) \$95
HERB ROASTED TURKEY BREAST Fully cooked & sliced for your convenience. Served with our tangy Cranberry Relish. <i>gf</i>	(M) \$55   (L) \$105
ROASTED PORK TENDERLOIN Pork tenderloin marinated in a blend of sweet pineapple and zesty garlic. Served with a vibrant chimichurri sauce. <i>gf   df</i>	\$90   Serves 10-14
BEEF TENDERLOIN Garlic & Herb crusted beef tenderloin. Accompanied by our signature Horseradish Chive Cream. <i>gf</i>	\$MKT   Inquire for Price
CLASSIC CHICKEN MARSALA Featuring a rich Mushroom Marsala Demi-Glace, tender chicken is sautéed in a marsala wine reduction and layered with savory mushrooms.	\$95   Serves 10
CHICKEN PARMESAN Crispy breaded chicken with melted cheese & our homemade pomodoro sauce.	\$100   Serves 10
ROASTED SALMON Served with your choice of topping: -Cilantro Honey Lime <i>gf   df</i> -Cucumber Dill <i>gf</i> -Mediterranean Topping <i>gf   df</i> <i>Artichokes, Grape Tomatoes, Capers, Kalamata Olives &amp; Garlic</i>	(M) \$70   <sup>2lbs</sup> Serves 4-6 (L) \$135   <sup>4lbs</sup> Serves 8-10

# SIDES

Priced Per Pound | Minimum 2 Pounds

GREEN BEANS ALMONDINE	\$12.99/lb.
SAVORY RICE PILAF	\$ 7.99/lb.
CREAMY MASHED POTATOES	\$ 7.99/lb.
ROASTED BUTTERNUT SQUASH	\$ 9.99/lb.
BACON & SHALLOT ROASTED BRUSSELS SPROUTS	\$11.99/lb.
GRILLED SEASONAL VEGETABLES	\$ 9.99/lb.