

APPETIZERS AND SALADS

APPROXIMATELY FEEDS HALF TRAY(8-10) /WHOLE TRAY (18-20)

MIXED GREENS SALAD

mixed greens, onions, tomato. house balsamic vinaigrette.

Half **30**

Whole **55**

BIG FAT GREEK SALAD

House Made Hummus, Baby Arugula, Baby Spinach, Cucumbers, Pepperoncini peppers, Kalamata Olives, Onion, Tomato, Feta, Pita Bread. Balsamic Vinaigrette

Half **59**

Whole **99**

BRUSSELS SPROUT SALAD

Shaved Brussels Sprouts, Basmati Rice Cake, Parmesan Cheese Truffle Oil Vinaigrette

Half **55**

Whole **95**

MESON SALA

Field Greens, Granny Smith Apples, Red Onions, Tomatoes, Gorgonzola Cheese, caramelized walnuts and cranberries, Shallot Champagne Vinaigrette

Half **59**

Whole **99**

CLAMS CASINO

littleneck clams topped with roasted pepper butter and bacon then baked with a lemon white wine sauce.

Half **75**

Whole **140**

DRUNKEN MUSSELS

Mussels, Garlic, Onions, Tequila, Tomatoes, Fresh Herbs, Lemon Grass Coconut Sweet Chili, Garlic Crostini

Half **55**

Whole **95**

FRA DIAVOLO CLAMS

"Solun Style" Steamed Clams, Spanish Chorizo, Hot Cherry Peppers, White Wine Garlic Butter Sauce, Tomatoes Herbs

Half **75**

Whole **140**

STEAK CROSTINI

Grilled Steak, Gorgonzola Fondue, Caramelized Onions, Modena Balsamic Glaze

Half **79**

Whole **149**

HAM CROQUETTES

24 Months aged Monte Nevado Serrano Ham, Creamy Cheese Sauce, Chipotle Aioli

Half **59**

Whole **119**

FRIED CALAMARI

Lightly Dusted Calamari, Hot Peppers, Baby Greens, Spicy Tomato Sauce

Half **69**

Whole **120**

CHICKEN TURNOVER

Creamy Organic Chicken, Spinach and parmesan cheese Turnover, Smoked Chipotle Aioli

Half **59**

Whole **99**

CHICKEN WINGS

Buffalo, sweet chili, habanero, BBQ, carrots, celery, blue cheese

30.PCS Half **59**

60.PC Whole **115**

PULL PORK TOSTONES

Crispy Plantain, Marinated Smoked Berkshire pork, Smoked Chipotle Aioli

Half **59**

Whole **99**

GUACAMOLE

Fresh Avocado, Cilantro, Red Onions, Tomatoes, Jalapeños, Lime Juice, Corn Tortilla Chips

Half **65**

Whole **110**

ORGANIC HUMUS

Moorish Chickpeas, Lime Juice, Olive Oil, Garlic, Celery, Carrots And Grilled Flatbread

Half **59**

Whole **99**

EGGPLANT STACKER

Lightly breaded eggplant, fresh tomato, farmers cheese, pesto sauce, touch of marinara sauce, drizzled balsamic truffle reduction

Half **65**

Whole **119**

GRILLED ARTICHOKE

Long Stem Artichokes, Paprika Oil, Sea Salt

Half **59**

Whole **99**

CHICKPEAS & SPINACH

Moorish Chickpeas & Saffron Stew with Spinach Fresh Garlic & Tomato, Manchego Cheese

Half **55**

Whole **99**

BRUSSELS SPROUTS

Roasted brussels sprouts, caramelized onions, grey poupon mustard glaze

Half **65**

Whole **110**

GRILLED CHICKEN FLATBREAD

Grilled Organic Chicken, Cheddar Jack Cheese, Tapenade (Black Olives, Tomatoes, Onions, Cilantro, Garlic, Sesame

Half **65**

Whole **110**

DIABLO CALAMARI

Sautéed Calamari, Garlic, Baby Spinach, Hot Cherry Peppers, Spicy marinara Sauce

Half **65**

Whole **119**

MEATBALLS

Freshly Ground Certified Angus Beef Meatballs, Solun's Fresh Tomato Sauce

Half **69**

Whole **119**

GARLIC SHRIMP

Garlic Tiger Shrimp, Spicy Guindilla Pepper, Roasted Tomato Wine Demi Glaz

Half **65**

Whole **119**

BAMM BAMM

SHRIMP Crispy Beer Battered Gulf Shrimp Tossed In Citrus Mild Chipotle Barbecue Sauce, Fresh Herbs

Half **65**

Whole **119**

MEATBALLS & SAUSAGE

Combination of Spanish sausage and meatballs over pasta in marinara sauce.

Half **70**

Whole **140**

EGGPLANT PARMIGIANA

battered eggplant baked with marinara and mozzarella

Half **65**

Whole **119**

CRABMEAT TOSTONES

Crispy Plantains, Jumbo lump crabmeat, Guacamole, fresh herbs, pico de gallo, Passion Fruit Vinaigrette

Half **79**

Whole **149**

PLANTAIN AND SHRIMP

Crispy Plantains, Grilled Tiger Shrimp, Our Delicious Homemade Guacamole, Passion Fruit Vinaigrette

Half **65**

Whole **119**

AHI RAW TUNA OR SMOKED SALMON SUSHI

Crispy Basmati Rice Cake, Fresh Guacamole, Fresh Herbs, spicy mayo, Soy orange & ginger dressing

Half **69**

Whole **125**

PASTAS

HALF TRAY SERVES 8-10. WHOLE TRAY SERVES 14-16

PASTA MARINARA

pasta in our marinara sauce.

Half **45** Whole **79**

MEATBALLS & SAUSAGE

combination of Spanish sausage and meatballs over pasta in marinara sauce.

Half **65** Whole **119**

PASTA & MEATBALLS

meatballs and pasta marinara sauce.

Half **65** Whole **119**

PASTA & SPANISH CHORIZO

Spanish sausage and pasta in marinara sauce.

Half **65** Whole **119**

ALFREDO

traditional cream and Romano cheese sauce.

Half **55** Whole **99**

GARLIC AND OIL

roasted garlic, herbs and extra virgin olive oil.

Half **49** Whole **89**

PUTTANESCA

garlic, onions, anchovies, olives , capers and fresh tomato sautéed in a light tomato

Half **69** Whole **139**

PRIMAVERA

fresh vegetables sautéed and finished in a white wine sauce.

Half **59** Whole **99**

BOLOGNESE

traditional meat ragu.

Half **79** Whole **149**

SHORT RIB PASTA

Fresh pasta Slow cooked angus beef birria marinated truffle creamy rioja wine sauce

Half **89** Whole **160**

SHRIMP & BACON ALFREDO

Tiger shrimp, smoked applewood turkey bacon, fresh pasta, creamy Alfredo sauce, parmesan

Half **85** Whole **165**

CHICKEN VODKA

Organic Grilled Chicken Chunks, Fresh Pasta, Our Delicious Homemade Creamy Vodka Sauce

Half **59** Whole **110**

SEAFOOD MITTY

Fresh Pasta, Tiger Shrimp, Atlantic Salmon, Mussels, Little Neck Clams, Calamari, Homemade Cognac Lobster Cream Sauc

Half **119** Whole **199**

DIABLO CALAMARI

Fresh pasta sautéed Calamari, Garlic, Baby arugula, Hot Cherry Peppers, Spacy marinara Sauce

Half **59** Whole **99**

CHICKEN DISHES

HALF TRAY SERVES 8-10. WHOLE TRAY SERVES 14-16

CHICKEN SCAPARIELLO

Chorizo sausage, potatoes, onions garlic, cherry peppers in a dry vermouth brown sauce

Half **59** Whole **110**

CHICKEN PIZZAIOLA

sautéed onions, peppers, mushrooms, garlic, capers and olives in light tomato sauce.

Half **59** Whole **110**

CHICKEN PARMIGIANA

breaded chicken cutlets baked with homemade marinara and mozzarella cheese.

Half **55** Whole **99**

CHICKEN FRANCESE

egg battered boneless breast of chicken finished with a lemon white wine sauce.

Half **55** Whole **99**

CHICKEN PICCATA

served with capers and a lemon white wine sauce.

Half **55** Whole **99**

CHICKEN MARSALA

sautéed mushrooms with a marsala wine sauce.

Half **68** Whole **119**

CHICKEN MEDITERRANEO

Organic Chicken Breast, Artichokes, Baby Arugula, White Wine Cherry Pepper, Tomato, Mascarpone Cream Sauce

Half **68** Whole **119**

SPANISH CHICKEN

Organic chicken, Spanish chorizo, pork tenderloin, garlic, saffron onions and peppers sofrito

Half **68** Whole **119**

ENTRES

HALF TRAY SERVES 8-10. WHOLE TRAY SERVES 14-16

SHORT RIBS

Slow Cooked Boneless Angus Beef, Roasted Garlic Mashed Potatoes, Seasonal Vegetables, Rioja Wine Demi-Glace

Half **119** whole **229**

MEDITERRANEAN SEA BASS

Crispy plantain encrusted Mediterranean Seabass, sautéed spinach, fresh lemon grass coconut sweet chili sauce

Half **79** Whole **149**

SPANISH STYLE JAMBALAYA

Great Combination Of Mediterranean Fish, Tiger Shrimp little neck Clams, Mussels, Calamari, Spanish Chorizo, Pork Tenderloin, Chicken, Hot Cherry Peppers, Onions Peppers Sofrito, Saffron Seafood Tomato Broth, Spanish Rice

Half **99** Whole **169**

VALENCIANA PAELLA

Saffron, Arborio Rice, Tiger Shrimp, Clams, Calamari, Mussels, Spanish Chorizo, Organic Chicken, Pork Tenderloin, Onions And Peppers Sofrito

Half **116** Whole **199**

SOLUN PARRILLADA

High Grade Black Angus Steak, Organic Chicken, Spanish Chorizo, New Zealand Lamb Grilled, To Your Liking, Seasonal Vegetables, Parmesan Truffle Potato Wedges, Fresh Herbs Drawn Butter

Half **195** Whole **369**

RISOTTOS

HALF TRAY SERVES 8-10. WHOLE TRAY SERVES 14-16

SPANISH

Creamy cheese Bomba Rice, spanish chorizo, organic chicken, pork tenderloin, garlic, saffron onions and peppers sofrito

Half 59 Whole 105

ARTICHOKE

Creamy cheese Bomba Rice, onions, Imported Artichokes Parmesan & Mascarpone Cheese

Half 69 Whole 115

SHORT RIB

Creamy Bomba Rice, Beef Short Rib, Assortment of Wild Mushroom Drizzled with Truffle Oil, Parmesan & Mascarpone Cheese

Half 75 Whole 125

SHRIMP RISOTTO

Creamy Arborio Rice, Onions, Garlic, Tiger Shrimp, Cognac Pink Sauce

Half 75 Whole 125

MEXICAN CORNER

HALF TRAY SERVES 8-10. WHOLE TRAY SERVES 14-16

SHORT RIB ENCHILADAS

Flour Tortillas, Birria Marinated Beef, Jack And Cheddar, Mild Sour Green Tomatillo Salsa, Spanish Rice And Beans, Sour Cream, Traditional Pico De Gallo

Half 69 Whole 119

SEAFOOD ENCHILADAS

Flour Tortillas, Tiger Shrimp, Calamari, Mediterranean Fish, Onions, Peppers, Homemade Cognac Lobster Cream Sauce, Spanish Rice And Beans, Traditional Pico De Gallo, Sour Cream

Half 69 Whole 119

BEER BATTERED FISH TACOS

Local New England Beer Battered, Pico De Gallo, Spanish Rice And Beans, Remoulade Sauce

SHRIMP TACOS Grilled Tiger Shrimp, Fresh Mango And Passion Fruit Pico De Gallo, Guacamole, Spanish Rice & Beans

Half 69 Whole 119

SHRIMP TACOS

Grilled Tiger Shrimp, Fresh Mango & Passion Fruit Pico De Gallo, Guacamole, Spanish Rice & Beans

Half 69 Whole 119

SHORT RIB TACOS

Corn Tortillas, Birria Species Slow Cooked Angus Beef Short Ribs, Pico De Gallo, Spanish Rice And Beans,

Half 69 Whole 119

SIDES DISHES

HALF TRAY SERVES 8-10. WHOLE TRAY SERVES 14-16

SQUASH AND ZUCCHINI

Half Tray 35

Full Tray 65

SEASONAL VEGETABLES

Half Tray 29

Full Tray 59

SAUTEE SPINACH

Half Tray 29

Full Tray 59

SPANISH RICE

Half Tray 29

Full Tray 59

BLACK BEANS

Half Tray 29

Full Tray 59

MASHED POTATO OF THE DAY

Half Tray 35

Full Tray 65

ROASTED POTATOES

Half Tray 29

Full Tray 59

PARMESAN TRUFFLE POTATO

Half Tray 35

Full Tray 65

POTATOES OU GRATIN

Half Tray 35

Full Tray 59