## 42

## Ideas for "We Are All in this Together"

- 1 Love All, Serve All with Head, Heart & Hand.
- Love our neighbors.
- 3 Listen to opinions with which we differ.
- 4 Vote in local elections.
- 5 Support local businesses.
- 6 Champion local art and artists—buy some art.
- 7 Pray for the people in our life by name.
- 8 Introduce ourselves to three neighbors we do not know.
- 9 Seek out community and kinship.
- 10 Ask what 'should' or 'could' be done and then do it
- Commit to a cause and then do at least one specific item for that cause.
- **12** Get our news from multiple sources.
- 13 Introduce ourselves to someone we see frequently but do not know their name.
- 14 Extend a hand to one person specifically, to lift up the most vulnerable

- 15 Get to know our City Council representative.
- 16 Start questioning how things have 'always' been done.
- 17 Invite someone of a different nationality to social distance with us in person.
- 18 Pick up the phone and call someone who's on our mind.
- 19 Share a meal with a new acquaintance.
- 20 Bring our unconscious biases to light so we are aware of them.
- 21 Start with "How can I help?" instead of "What can you do for me?"
- 22 Once we understand the rules of the game, start to make change.
- 23 Ask the PTA of the school closest to you what one thing we can do for the school
- 24 Perform acts of kindness for others without seeking anything in return.
- 25 Envision the Dallas we want to live in 20 years from now, not just the next two years.
- **26** Start a social media group with ten of

- our neighbors to share ideas.
- 27 Prioritize family dinner time, especially once 'normal' life resumes.
- **28** Seek reconciliation with those with whom we have disagreed.
- 29 Start paying attention to what's happening at City Hall vs. in Washington D.C.
- 30 Support local journalism and media outlets with a subscription or advertising.
- 31 Volunteer our time and expertise to a nonprofit or government agency.
- 32 Learn the name of at least one homeless person in the next month.
- 33 Ask a co-worker what their current biggest struggle is, and then listen.
- 34 Thank every frontline worker we see, whether they're a grocery store cashier or nurse or doctor.
- 35 Consistently petition our companies to have a quarterly service day.

- 36 Invest in the next generation by finding a elementary, middle school, high school or college student to mentor.
- 37 Listen to others' perspectives and stories, especially if it makes us uncomfortable.
- 38 Use our network to facilitate informational interviews and connections for a mentee.
- 39 Write a letter to an elderly person weekly who has to shelter in place longer than we do.
- 40 Read and study Dallas' history: we can't know where we're going without knowing where we came from.
- 41 Educate our children about the challenges our city faces and encourage them to do acts of direct service for others with a person of a different race.
- 42 Question how our city and region is designed: is it the most efficient and equitable way and how can we make it better?

## WE WOULD LOVE TO HEAR YOUR IDEAS— PLEASE EMAIL THEM TO IDEAS@42REALESTATE.COM

WWW.42REALESTATE.COM · 214.244.9300





