

# FREE 9-WEEK PROGRAM FOR HAPPIER AND HEALTHIER KIDS

# Healthy Territory Kids.



**Healthy Territory Kids** is supporting **7 to 13 year old children** above a healthy weight and their parents/carers to adopt healthy lifestyles.

**Palmerston Recreation Centre**  
**Tuesdays - 12 February to 26 March**  
**5pm to 7pm**

Register at [www.healthyterritorykids.org.au](http://www.healthyterritorykids.org.au) or call 8927 8488 for more info