

# Ways to cope with persistent pain



Come along to a **free** community workshop and learn simple skills to live well despite pain.



**VENUE:** Murray Bridge Community Centre  
18 Beatty Terrace Murray Bridge

**DATE:** Monday 25th March

**TIME:** 1:00pm to 3:30pm

**FREE  
EVENT**

*Refreshments provided*

Supported by

**phn**  
COUNTRY SA

An Australian Government Initiative

Bookings essential

[Click here](#)

Or call: 8379 5711

[www.arthritissa.org.au](http://www.arthritissa.org.au)