

# DID YOU OR SOMEONE YOU KNOW HAVE POLIO?

## POLIO AUSTRALIA INVITES YOU TO ATTEND OUR POLIO COMMUNITY INFORMATION SESSION:

The Late Effects of Polio (including Post-Polio Syndrome) can cause symptoms such as fatigue, new or increased muscle weakness, pain, sleep problems and difficulty with breathing or swallowing.

### THE INFORMATION SESSION WILL COVER:

- Current information about the Late Effects of Polio
- What to tell your health professional
- Self-management strategies
- Q&A
- Local connections

### DATE

Thursday 5th November 2020

### TIME

12.00-1.00pm

### VENUE

Spinal Life Australia  
Community Rooms  
2-4 Smith Street, Cairns North, QLD

### REGISTER

[www.bit.ly/InfoSessionCairnsSLA](http://www.bit.ly/InfoSessionCairnsSLA)  
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