

Thara Murali

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Result orientated and dedicated with experience of leading high performance team .

Personal Summary

Creating an IT enabled patient centric clinical process across Diabetacare centres-UK and an unmatched continuum of care for patients specially for people with diabetes. Always been focused on the need to create healthcare of the future and has championed in telemedicine and e-healthcare. Have a steer thrust on research, innovation and healthcare initiatives, evaluate opportunities and risks.. Lead quality department as a focal. Directed QA activities to ensure maximum quality of patient care. Interested to be connected with medical fraternity with my knowledge of diet & research.

Professional Experience

● **Head- India Operations – April 2018 till Date**

- **General Manager Clinical Services and Head of Quality Accreditation at Diabetacare-UK.** Since *May 2014* to *April 2018*
 - **Head of Nutrition** specialized in **Diabetes Nutrition** at Diabetacare-UK. Since *February 2013* to *April 2014*
 - **Head of clinical Nutrition and Dietetics and Management Representative at Mallya Hospital for Quality ISO/NABH** from *April 2009* to *January 2013*
 - **Chief Dietician, F&B Manager, Critical Care Dietician Specialist** at Mallya Hospital, Bangalore. Since *February 1993* to *January 2013*
 - **Clinical Dietician at Mallya Hospital, Bangalore-India** ,Since *January 1991* to *January 1993*
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Organizational Experience

Head- India Operation Diabetacare-UK

Providing leadership and management to the business and fully responsible for clinical and Quality departments. Focused on developing programmes that deliver efficiencies and playing a leading role in the mobilisation, development and implementation of robust clinical processes in setting up Diabetacare-UK in India .

- Directing various clinical departments to ensure the smooth running of the company.
- Ensures organization's quality standards meet clinical compliance and patient's expectations.
- Training and leading a large team, providing discipline and performance feedback.
- Possessing personality, energy & charisma to inspire, lead and develop staff.
- Involved in the recruitment and mentoring of new staff.
- Ensuring that best practice is followed in safety, legality and quality of service.

Key skills and competencies: Excellent hands on management & communications skills. Able to communicate and present confidently, clearly and expressively. Accustomed to working with corporate management. Able to think to create options and solutions for the Organisation.

Head of Clinical Nutrition and Management Representative-Mallya Hospital

Leading a team in providing high standard of specialist dietetic services in the hospital to patients. Helping to translate the science of nutrition and food into everyday understandable information. Contributed my efforts for NABH Re-accreditation & ISO Re-auditing in Mallya Hospital. Part of the core team in the formulation of departmental policies, standards and procedures.

Key skills and competencies: Clinical knowledge of specialised therapeutic diets, prescribable dietetic products and medications. experience in both hospital and community settings. Dealing with complex situations. Knowledge of infection prevention and control policies. Experience of working with the elderly, children, and individuals with special needs

Key Achievements

- Have participated in national level seminars and presented papers on clinical nutrition
- Conduct training classes for PG students for RD training.
- **Media** : Written articles in leading news papers and magazine and given talk shows on Television and Radio
- Developed Medical Nutrition Therapy Guidelines and patient information leaflets for patients
- Actively been involved in Management policies and NABH, CORE TEAM MEMBER & key player in getting NABH to the organization.
- Been a Clinical Coordinator for IPL Team (Royal Challenger Bangalore)
- Management Representative for ISO , Internal Auditor / NABH Auditor
- Developed Individual Manuals for Dietary and Food and Beverage.
- Worked as Management Representative, Quality , Senior Manager and Chief Dietician of Mallya Hospital with staff of 65 and 8 Dieticians.
- Worked as soft ware coordinator for Installation of MEDIMAN software in the hospital.
- Actively involved in developing DXNET software which is a robust electronic diabetes management system.
- Member of all Management new ideas and co-ordinations and events.
- Achieved first stand alone NABH Accreditation for three diabetic centres in India.
- Achieved BS EN ISO 27001:2013 for Diabetacare-UK.

Awards

- **2017-Shinning Star award from ISBR and Public relations council of India.**
- **2016-Best Dietician award from CIMS Health Care Excellence Awards.**
- **2015-Best Innovative Health Care Diabetes IT Dietician of the year from Health Minister J.P.Nadda.**
- **2015-Best Innovative Health Care IT Product of the year (Transforming Health Care With IT received from SHRI UT KHADEER Health minister of Karnataka**
- **2014- Best Citizen Award from International Publishing House Delhi**
- **2013 – Best Manager of year Diabetacare**
- **2012- Excellence in patient care awarded for the recognition of patient care and clinical outcomes**
- **2011 – Best Chief Dietician award for the critical care**
- **2010- Best Senior Dietician for patient care**

- 2009- Awarded for developing soft ware for Nutrition Module and trained in Mediman software .(Was the key account manager to implement Mediman software across the hospital)

Research Papers Presented in National Forums-(RSSDI, IDA 2014)

- Obesity is not associated with poor metabolic control in Urban Indian Subjects with Diabetes
- Vegetarian Diet does not offer advantage over Non-Vegetarian diet in Diabetes Management
- Remote monitoring improves diabetes control in Urban Indian population within 3 months

Membership in Professional Body

- Active Life member of the Indian Dietetic Association (IDA)
- ISPEN and member in various association related to nutrition and Dietetics

Educational Qualification

NAME OF THE INSTITUTION	QUALIFICATION
Sikkim Manipal University	MBA in Hospital Administration
Lancashire Teaching Hospitals NHS	International Fellowship Diabetes-UK
American Dietetic Association	Diabetes Nutrition Specialization
American Dietetic Association	Critical Care Nutrition
NABH/ISO	Quality Management Certification
Bangalore University	Master of Science in Clinical Nutrition and Dietetics
Bangalore University	Bachelor of Science in Clinical Nutrition and Dietetics

Language Skills

- English, Hindi, Kannada - Excellent written and verbal communication skills
- Malyalam,Tamil, Telugu - Excellent verbal communication skills

Personal Profile

Date of Birth : 11.09.1971
 Nationality : Indian
 Residential Address : No.244, 1st floor, 5th main, Viveknagar
 Bangalore- 560047
 Marital Status : Married