




External Bleeding

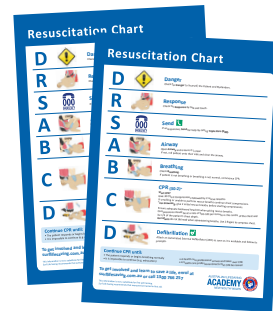


Management

Ring triple zero (000) immediately for severe bleeding

The three main types of bleeding are:

-  **Capillary** - Oozing bright red blood (Non Life Threatening)
-  **Vein** - Flowing dark red blood (Can Be Life Threatening)
-  **Artery** - Bright red blood spurting with the heart beat (Life Threatening)



Causes of Bleeding

Abrasion

Layers of skin are scraped off (Capillary Bleeding)

Incision

Deeper layers of skin are sliced open

Laceration

Deeper layers of skin are torn, edges looking ragged

Puncture

Objects entering and exiting the body

Penetrating

Object protruding from the wound

Treatment

DRSABCD

- Apply direct pressure with their own hand to stop the blood flow
- If helping to treat the wound wear gloves if you can. Use pad and bandage (direct pressure firmly)
- Arterial bleed apply direct pressure to cut artery (tourniquets should only be used if bleed cannot be controlled by direct pressure).

Remember always ring 000 for all life threatening situations for ambulance hospital transportation.