

Eye Injuries

Minor Eye Injuries

When something enters the eye ie. dust, sand, smoke or an eyelash etc, it causes irritation on the eye.

Signs and Symptoms

- Itchy
- Redness around the white of the eye
- Swelling
- Irritability

Treatment

- Do NOT rub the eye
- Avoid putting pressure on the eye
- Irrigate the eye with the injured eye down
- Cover with a moist bandage and seek medical assistance if unable to remove object.

Major Eye Injury

A major eye injury can be classified as something that is embedded in the eye or severe blunt trauma to the eye area.

Signs and Symptoms

- Something visible sticking from the eye
- Blood in the eye
- Altered vision
- Severe pain
- Protrusion of the eyeball

Treatment

- Call 000
- Lie patient flat with head and shoulders slightly raised
- Use a ring bandage to cover the injured eye to prevent movement of the object
- Advise patient not to move eyes
- Cover uninjured eye as well to prevent movement
- Never attempt to remove the object from the eye.

