



Hey Alexa

Week 2 | What is Truth? | Pastor Robbie Gaines

Big Idea

Truth is not a fact, truth is a person. No matter the situation or circumstance that we find ourselves or this world, Jesus is Truth. Through the birth, death, and resurrection of Jesus, we can be assured that this is an absolute truth in which we can put our hope.

Let's Talk

What are some of your favorite things (foods, places, people, etc.)? After hearing some answers, ask, "Why are those your favorite things?"

Are your favorite things the same as those sitting around you? More than likely they are different. While I like bananas and love the beach, you may prefer chocolate and a trip to the mountains. We have different experiences. It becomes difficult to know what is true when everyone has different experiences in their personal beliefs and core values.

Here are two questions to consider...

1. How much do you rely on your feelings to make decisions on whether something is true?
2. When you think about God, what do you think about?

"What you think about God is the most important thing about you." A. W. Tozier

Not only did Jesus come to testify to the truth, He is Truth revealed! So, how do we better know the Truth? We live in truth by knowing Jesus and becoming more like Him.

"In fact, the reason I was born and came into the world is to testify to the truth. Everyone on the side of truth listens to me..." John 18:37a

"I am the way, the truth and the life. No one comes to the Father except through me." John 14:6

When you are confident that you know the truth, how do you typically go about communicating to others what you know? Are you boisterous, argumentative, excited, shy, calm?

Read 1 Peter 3:15 "But in your hearts revere Christ as Lord. Always be prepared to give an answer to everyone who asks you to give the reason for the hope that you have. But do this with gentleness and respect."

1. According to this verse, what is important for us to share with others?
2. Secondly, how should we approach others?

Reflect & Respond

There are truths that guide our lives based on our experiences, but Jesus being truth revealed is the foundation for faith. How can you work on your understanding of truth? How can you help someone else recognize the truth?