

WEEK 4 | YOUNGER ELEMENTARY

Need to Know: I Can Ask God for Help

Bible Story: God Feeds the Israelites

Bible Reference: Exodus 16-17



CIRCLE UP

- DO**
- Welcome kids to church and tell them who you are.
 - **Sanitize** kids' hands. Pass around the **cowboy hat** without looking at the **picture** taped inside. Allow kids to share their name, look at the picture without showing it to you, and answer a "yes" or "no" question that you ask them from the **Game Guide**. Remind kids not to tell you what the picture shows or give any extra hints.
 - After every child has had a turn, guess what the picture shows and let kids tell you if you are right or wrong.

SAY *That was so much fun! Just like I needed help figuring out what the mystery picture was, we all need help sometimes. No matter what problem we have, we can ask God to help us.*

That's what we're talking about today. So let me hear you say this after me:

I Can Ask God (cup hands around mouth)

For Help (hands out, palms up)

READ THE BIBLE

DO Read the **Bible Story Cards** to the group.

- SAY**
- *When the Israelites were faced with hard times in the desert, did they complain or celebrate? (Complain)*
 - *Even when they complained, did God still want to help them? (Yes)*
 - *Did God help His people by giving them food and water or by giving them cows and horses? (Food and water)*
 - *God saw the hard things His people were facing in the desert, and He gave them exactly what they needed. When we ask God for help, we can trust that He hears us and wants to help us, too.*

LET'S PRACTICE

- DO**
1. **Sanitize** kids' hands. Divide kids into two teams, and spread the **Game Cards** in the middle of the group, picture side up.
 2. Alternating teams, allow kids to use the **horse finger puppet** to "gallop" to a Card of their choice.
 3. After a child chooses a Card, read it to the group and allow the team to answer the questions. Allow kids to keep the Card and earn a point for their team.
 4. Count the Cards at the end of the game to see which team wins!

SAY *No matter what happens in our lives, we can ask God to help us. Let me hear you say this after me:*
I Can Ask (cup hands around mouth)
God for Help (hands out, palms up)

LET'S PRAY

SAY *Hey God! Thank You for loving us and giving us the things we need. Help us to remember that we can ask You for help, no matter what is happening in our lives. We love You. In Jesus' name we pray. Amen.*

MEMORIZE IT

SAY & DO *There's a verse in the Bible that tells us God is always working things out for our good. Let's practice it together. Say this after me:*

"We know that (both hands point to head)
God is always at work (pound fists)
for the good (thumbs to chest)
of everyone who loves Him. (cross arms over chest)
They are the ones (both hands point out)
God has chosen for His purpose." (hands out, palm up)
Romans 8:28 (make book with hands)

Place the **Memory Verse Footprints** on the ground in the correct order so that kids can step from one to the next. Have each child "chase the bandit" by stepping on the footprints and saying that portion of the memory verse. Assist kids as needed, and have kids sit down after their turn.

Place **coloring utensils** in the middle, and give each child a **Coloring Sheet** to color.