

Ultimate Safety Guide to Avoiding COVID-19 in College



Partying. Maybe Just...Don't

Drunk people don't make smart decisions, even in the best of times. Do you really trust them to stay six feet away from you? Didn't think so.



Wear a Mask. No Excuses

Imagine you have to sign up for a class called "coronavirus prevention 101" in the fall. Want to know the easiest way to fail the course? Not wearing your mask.



Embrace Social Distancing

Visualize being surrounded by a personal bubble six feet in diameter as you walk around campus (sort of like "Bubble Boy"). Or, pretend there's a 6-foot stick between yourself and another person.



Avoid Roommates (Whenever Possible)

Self-isolation is crucial for avoiding coronavirus. It's the best way to separate yourself from people who are potentially sick -- including roommates.



Campus Buffets Are Convenient but Risky

The chances of coming into contact with respiratory droplets or infected surfaces increase when you walk into an all-you-can-eat dining room. Wear a mask, take your food to go, and wash your hands before eating.



Stop Touching Your Face. Seriously

Imagine sprinkling droplets of coronavirus directly into your mouth, nose, and eyes. Gross, right? Well, touching your face after touching a contaminated surface is basically the same thing.



Wash Your Hands (Duh!)

One of the best ways to protect yourself from coronavirus is to wash your hands regularly. This helps prevent droplets from a sick person or a contaminated surface from entering your body.



Learn How to Sneeze With Etiquette

Are you still sneezing into your hands? Ick! That has to stop during the COVID-19 era — and probably forever.



Feeling Sick? Don't Leave Your Dorm

Don't be "that person" and show up to class if you're feeling sick. It's not worth spreading whatever you have to anyone else — especially if it's coronavirus.

Conclusion

COVID-19 isn't the end of the college experience. You can still enjoy yourself — just be cautious.