

Lauren Gendler, MPH

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Public health professional seeking a challenging position in education and policy

Experience

Field Director **July 2016 - November 2016**
Coalition for Healthy Oakland Children, Measure HH; Oakland, CA

- Led field staff and volunteers in organizing to educate voters about the sugary drinks tax
- Managed volunteer recruitment, stakeholder and endorser engagement, phone banking, canvassing, training of staff and volunteers, media and events at headquarters

Degreed Nutritionist & Nutrition Education Coordinator **May 2008 - June 2016**
Women, Infants, & Children (WIC) program, Indian Health Center of Santa Clara Valley; San Jose, CA

- Provided high-risk prenatal and family nutrition counseling and classes
- Developed nutrition curriculum, trained staff to facilitate classes
- Co-founded agency Wellness Program, co-wrote and implemented Healthy Beverage Policy
- Awarded Health Trust/First5 grant to screen "Sweet Revenge," a documentary about the health effects of excess sugar consumption

Nutritionist **January 2013 - present**
Legendary Health; San Jose, CA and remotely

- Guide clients' lifestyle habits to support optimal health, depending on client goals: weight loss, prenatal wellness, grocery shopping, cooking
- Led 21-day group sugar detoxification with email and social media support

Sports Nutrition Internship **March 2007 – June 2007**
University of California, Davis; Davis, CA

- Developed sport-specific educational materials and eating plans for Division 1 athletes

Education

Master of Public Health (Health Promotion) **May 2016**
National University, La Jolla, CA

Capstone Title: "Sugar-sweetened beverage consumption, chronic disease, and stance on "soda tax" in Watsonville, CA.

B.S. (Clinical Nutrition) **June 2007**
University of California, Davis; Davis, CA

Proficiencies and Skills

- Participant-Centered Education, Motivational Interviewing
- Professionally fluent in Spanish
- Computer Software – Data analysis/code (SAS); Mac/PC; Microsoft Office, Excel
- Public Speaking, Presentation and Writing (including grant writing)
- Supervision and Mentorship – from high school to graduate students, volunteers to full-time staff