

# **Lauren Gendler, MPH**

P: 530-304-1245; E: lauren.gendler@gmail.com

*Public health professional seeking a challenging position in education and policy*

## ***Experience***

**Field Director** **July 2016 - November 2016**

**Coalition for Healthy Oakland Children, Measure HH; Oakland, CA**

- Led field staff and volunteers in organizing to educate voters about the sugary drinks tax
- Managed volunteer recruitment, stakeholder and endorser engagement, phone banking, canvassing, training of staff and volunteers, media and events at headquarters

**Degreed Nutritionist & Nutrition Education Coordinator** **May 2008 - June 2016**

**Women, Infants, & Children (WIC) program, Indian Health Center of Santa Clara Valley; San Jose, CA**

- Provided high-risk prenatal and family nutrition counseling and classes
- Developed nutrition curriculum, trained staff to facilitate classes
- Co-founded agency Wellness Program, co-wrote and implemented Healthy Beverage Policy
- Awarded Health Trust/First5 grant to screen "Sweet Revenge," a documentary about the health effects of excess sugar consumption

**Nutritionist** **January 2013 - present**

**Legendary Health; San Jose, CA and remotely**

- Guide clients' lifestyle habits to support optimal health, depending on client goals: weight loss, prenatal wellness, grocery shopping, cooking
- Led 21-day group sugar detoxification with email and social media support

**Sports Nutrition Internship** **March 2007 – June 2007**

**University of California, Davis; Davis, CA**

- Developed sport-specific educational materials and eating plans for Division 1 athletes

## ***Education***

**Master of Public Health (Health Promotion)** **May 2016**

**National University, La Jolla, CA**

**Capstone Title:** "Sugar-sweetened beverage consumption, chronic disease, and stance on "soda tax" in Watsonville, CA."

**B.S. (Clinical Nutrition)** **June 2007**

**University of California, Davis; Davis, CA**

## ***Proficiencies and Skills***

- Participant-Centered Education, Motivational Interviewing
- Professionally fluent in Spanish
- Computer Software – Data analysis/code (SAS); Mac/PC; Microsoft Office, Excel
- Public Speaking, Presentation and Writing (including grant writing)
- Supervision and Mentorship – from high school to graduate students, volunteers to full-time staff