



EAT WITH YOUR EARS!



Can the sounds around you influence the flavor of your food?
Find out using a few bites of chocolate and a little bit of music.

LISTENING TO SONG #1

Take a bite of chocolate while you're listening to Song #1. Circle how sweet and bitter the chocolate tastes to you:

HOW SWEET DOES THE CHOCOLATE TASTE?

1	2	3	4	5
Not sweet at all		A little sweet		Very sweet

HOW BITTER DOES THE CHOCOLATE TASTE?

1	2	3	4	5
Not bitter at all		A little bitter		Very bitter

● You might be wondering, "What does bitter taste like?" Examples of bitter foods include: arugula, grapefruit, eggplant, coffee, radicchio, and kale.

LISTENING TO SONG #2

Take a bite of chocolate while you're listening to Song #2. Circle how sweet and bitter the chocolate tastes to you:

HOW SWEET DOES THE CHOCOLATE TASTE?

1	2	3	4	5
Not sweet at all		A little sweet		Very sweet

HOW BITTER DOES THE CHOCOLATE TASTE?

1	2	3	4	5
Not bitter at all		A little bitter		Very bitter

Did the flavor of the chocolate change when you were listening to Sound #1 and Sound #2? How so?