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GETTING TO KNOW CHILES

Family Tree: Chile Peppers

Dried Chiles

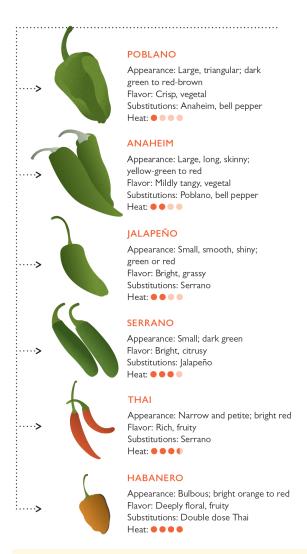
Just as dried fruit has a more concentrated taste than its fresh counterpart, chiles gain a more intense character when dried. Because they're allowed to ripen on the plant, chiles often taste sweeter dried.



Heat:

Fresh Chiles

The same chile can go by different names in different parts of the country and can range from green to red, depending on when it was harvested.



WHERE IS THE HEAT IN HOT PEPPERS?

The heat is not in the flesh but in the pith and the seeds. The pith contains 100 times more capsaicin than the flesh does. Seeds are hotter than the flesh because they are embedded in the pith.

