

# SHOPPING LIST

## CHECK YOUR PANTRY

- Vegetable oil spray
- All-purpose flour
- Sugar
- Salt
- Pepper
- Extra-virgin olive oil

These common items are used in multiple recipes.

## WHITE CHOCOLATE SAUCE

- 1½ cups (8 ounces) white chocolate chips
- ⅛ teaspoon flavor extract ([see recipe card](#))
- Food coloring (optional)
- ½ cup heavy cream

## RASPBERRY-LIME COULIS

- 2½ cups (12 ounces) fresh or frozen raspberries
- 1 lime

## DOUBLE-CHOCOLATE SHEET CAKE

- ¾ cup mayonnaise
- ½ cup (1½ ounces) Dutch-processed cocoa powder
- ½ cup (2 ounces) semisweet chocolate chips
- 2 teaspoons vanilla extract
- ½ teaspoon baking soda
- 1 large egg
- 1 recipe [Raspberry-Lime Coulis](#) and/or [White Chocolate Sauce](#) ([see Sweet Sauces recipe card](#))

## SMOKY ROASTED RED PEPPER SAUCE

- 1 (12-ounce) jar roasted red peppers
- ¼ cup slivered or sliced almonds
- 1 tablespoon sherry vinegar
- 1 teaspoon honey
- ½ teaspoon smoked paprika
- 2 garlic cloves

## SCALLION-PARSLEY SAUCE

- 3 tablespoons mayonnaise
- 1 tablespoon red wine vinegar
- 6 scallions
- 1 cup fresh parsley leaves

## SIMPLE SEARED CHICKEN BREASTS

- 4 (6- to 8-ounce) boneless, skinless chicken breasts
- 1 recipe [Smoky Roasted Red Pepper Sauce](#) and/or [Scallion-Parsley Sauce](#) ([see Savory Sauces recipe card](#))

## FISH IN FOIL

- 4 (6-ounce) skinless halibut fillets, 1 to 1½ inches thick
- 4 tablespoons unsalted butter
- 1 recipe [Smoky Roasted Red Pepper Sauce](#) and/or [Scallion-Parsley Sauce](#) ([see Savory Sauces recipe card](#))

## FOOD-BASED TIE-DYE

Choose one of the following:

- 2 cups fresh or frozen blueberries (purple/blue dye)
- 2 tablespoons ground turmeric (yellow dye)