

Understanding Applications

Work Geometry



Table Height & Application

Considerations



Occasional 16" — 18"

Meeting Type: Casual conversations, shorter duration, likely free of technology.

Size of Group: Solo work or discussion with 2 – 3 people.

Postures: Relaxed sitting or reclining.

In this application, the table will likely be used to place items such as coffee cups or phones not in use. Power access may be beneficial to charge items during a brief get-away from work.



Continental 26" — 27"

Meeting Type: Discussions that are intimate or informal, technology may be necessary to complete work tasks.

Size of Group: Solo work or discussion with 2 – 3 people.

Postures: Relaxed sitting.

Smaller table sizes may be more appropriate for intimate conversations.



Standard 28" — 29.75"

Meeting Type: Suitable for technology-based meetings that are formal or informal, medium to long in duration.

Size of Group: Any, based on size of table.

Postures: Engaged sitting.

For longer meetings where technology is supported, power access will be important. This table height is versatile and can accommodate casual meeting or eating areas as well as formal conference spaces.



Counter 36" — 37.6"

Meeting Type: Short to medium length meetings, formal or in formal, technology or not.

Size of Group: Solo work or discussion with 2 – 6 people.

Postures: Engaged sitting and relaxed standing.

Comfortable for sitting and standing work and a great option to promote posture changes. Higher or mid-back stools may be used for longer conversations.



Bar 41" — 42"

Meeting Type: Quick, casual conversations. Place to pause and chat.

Size of Group: Solo work or discussion with 2 – 6 people.

Postures: Engaged sitting, leaning or upright standing.

Consider a lower stool back that can be tucked under the table and declutter the visual landscape. A footrest on the table or stool can support posture changes.