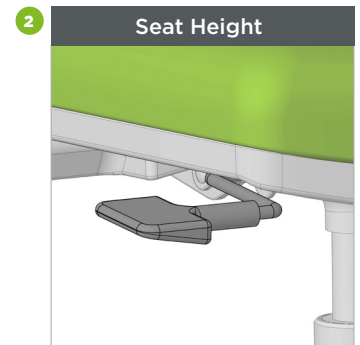


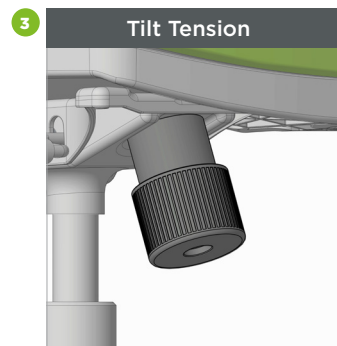
Raise or lower arms to help support forearms and to keep shoulders aligned in a neutral position.

Press button to move arm rest up and down.



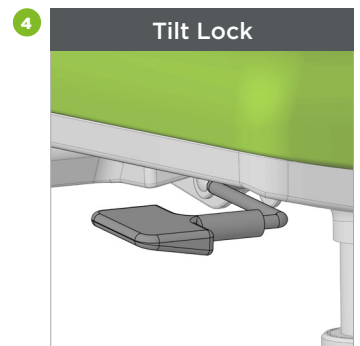
Adjust the seat height to find the optimal seated position. Legs should be at ninety degrees for the best support.

Press lever upward to adjust seat height.



Proper tension should allow you to lean back easily while providing support when reclining.

Turn knob clockwise or counter-clockwise to adjust the tilt tension.



Back can be locked in the upright position or set to recline freely.

Pull lever in and out for tilt lock.