



# Patient Oriented Research in ethnocultural minority communities: challenges and opportunities Joyce Dogba, PhD

رو والمنظالية التراجية أو ال





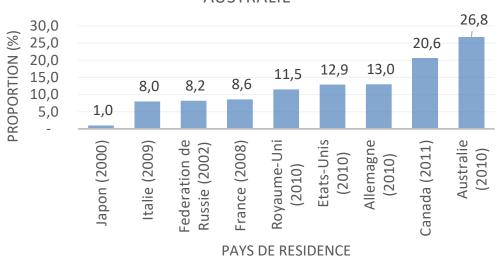
### THE RATIONALE

أألين والمنظلالين والمرد أميان





#### POPULATION NEE A L'ETRANGER EN PROPORTION DE LA POPULATION TOTALE, PAYS DU G8 ET AUSTRALIE



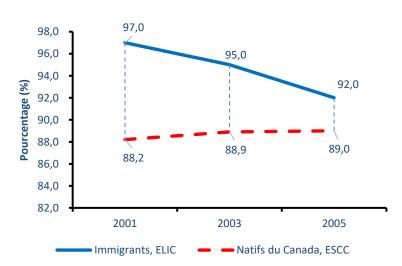
Source: Organisation de coopération et de développement économiques (OCDE). 2013. Perspectives des migrations internationales 2013. Paris, Éditions OCDE et et Statistique Canada: Enquête nationale





Figure: Part des immigrants et des personnes nées au Canada se déclarant en bonne santé

Immigration and Health



Source: ELIC (2005), ESCC (2000-2005)

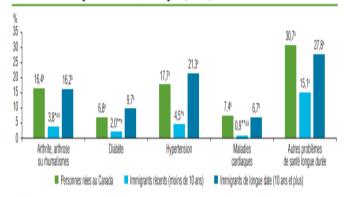




Health iniquities

Figure 2

Problèmes de santé de longue durée selon le statut d'immigration, Québec, 2010-2011



<sup>\*</sup> Coefficient de variation entre 15% et 25%; interpréter avec prudence.

a, b Pour la variable statut d'immigration, les différences significatives au seuil de 5% entre deux catégories d'une variable sont indiquées par le même exposant. Source: Institut de la statistique du Québec. Enquéte québécoise sur les limitations d'activités, les maladies chroniques et le vieillissement 2010-2011.

<sup>\*\*</sup> Coefficient de variation supérieur à 25%; estimation imprécise, fournie à titre indicatif seulement.



### Health iniquities



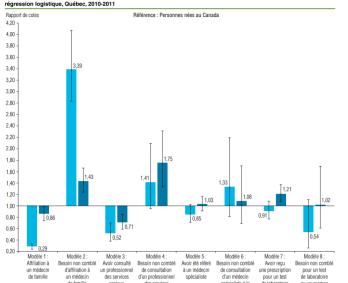
- Immigrants are in general more affected by :
  - Cardipvascular diseases( South Asian)
  - Type 2 diabetes ( Africans, Asians et Hispanics)
  - HIV/AIDS
  - Prostate Cancer (Africains )
  - Stress-related disorders (refugees )

https://journals.sagepub.com/doi/10.1177/1757975913512159





Figure 4
Utilisation des services de santé et besoins non comblés selon le statut d'immigration, synthèse des modèles de régression logistique. Québec. 2010-2011



Different pattern of using health services (unmet needs)



### Lessons from 2 Case studies



Case 1: Diabetic retinopathy screening project

Case 2: Patiented Oriented Research
 Network, the case of Diabetes Action Canada

أترج والمنظلانا والمورأة الم











Understanding the barriers and enablers to attending diabetic retinopathy screening by people with diabetes from ethnocultural minority settings





Theme	Sub-Theme	Representative Quote
Perceived Physical Harm		" Definitely, since pupil dilation is uncomfortable. Since the vision is blurred, I'm worried that the checkups may have an impact on my eyes, right?"
Practical Appointment Issues	It's hard to remember when my appointment is	"Well, he [the doctor] told me to go every year, but I always forget about it."
	It's hard to make an appointment	"It's hard to make an appointment with an ophthalmologist here. I've only done it once."
	Distance to Clinic	" It was faraway too! I had to go by bus and transfer three times since I don't drive."
	Cost of screening	"Economy is definitely one factor. I don't have work or income here. If the expense is high, then I won't be able to do it"
Social / Professional Influence	Influence of physicians and family were important determinants of attendance	"The doctor just told me to control the glucose level and exercise more. He hasn't mentioned anything about eyes"
	I need support from my family/friends to do it	"I will need my children to drive me there."
	I haven't spoken about it with anyone else with diabetes	"I don't have a lot of chances here (for the checkup) since I don't know any fellow patients, or the kind of events I should go to"
Knowledge Gaps		"This is the first time I am learning about the retinopathy aspect of diabetes. It is the first time, since I did not previously have this knowledge."
Language barrier		"In Canada, I can't really go to the screening due to the language barrier"
Preference for care outside Canada		"Actually, I only stay in Canada for half a year every year and spend the rest of the time in China. I mostly go to the doctors in China since it's convenient, considering that I can't speak the language here. Furthermore, I have access to health care in China too."
Priorities	Getting my eyes screened is more of a priority than other things in my life	"Since I take my health very seriously, I make the screening my first priority. I'll go to the screening even if that means cancelling everything else."







### **CHALLENGES**

فرو والمنظالين ويتمرو أميان



### "Political" or "apolitical" space





The space of partnership is not neutral



It is both political and apolitical (Fortin, 2013)

apolitical: professional status; political constant negociation of values, norms which are contextual, cultural and historical, in constance movement



It is a social space : relations of power and inequities

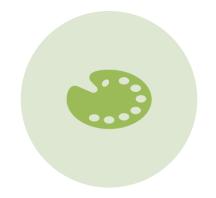


### "Political" or "apolitical" space

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DEFINITION OF ROLES ARE BEYOND INTENTIONS

HISTORY AND ITS
INTERPRETATION SHAPES THE
SOCIAL SPACE



### 2 Case studies



Case 1: Diabetic retinopathy screening project

Case 2: Patiented Oriented Research
 Network, the case of Diabetes Action Canada

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Preventing complications. Transforming lives.

Gary Lewis, Jean-Pierre Després Cathy Whiteside













70 Researchers

37 Partners

7 Provinces



# Patient Engagement within DAC



• Iniatilly planned as a unique platform RRUPP (Research and Research Users' Partnership Platform)

ورواله بالكوار والهجور أويال

- With
  - People living with diabetes
    - Indigenous
    - Immigrants
    - People from other categories
  - Researchers
  - Managers
  - Other partners



### **Initial Platform**



 Research and Research Users' Partnership Platform

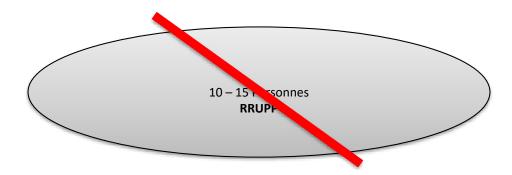


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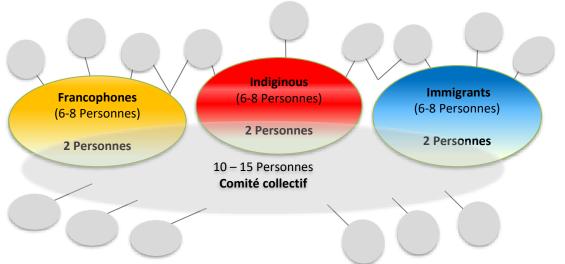






### New "structure"





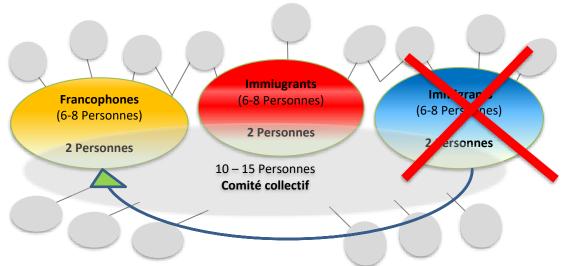
Lines represent connections with larger communities of people affected by diabetes

#ibtn2020



### New "structure"





Lines represent connections with larger communities of people affected by diabetes



### Arguments for merging



- Feeling of non belonging
- Administrative heaviness (anglais/français et nombre de cercles)
- Second generation immigrants
- Social discomfort ? Tension between the fear of losing one's identity while accomodating others?

والمنابقين والمناب أورا ومسمولاتها

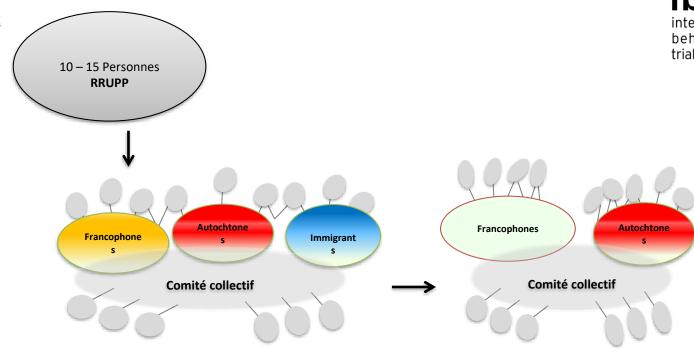
What lesson for the researchers?

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## Lessons learned and opportunities international behavioural trials network

- The magic recipe is yet to be discovered!
- Needs to be intentional!
- Acknowledge the interconnexions between our world and the world!

والمنابلات والمراجع أمراز ومورجه التا

- Neutral! Apolitical engagement?
- Change withouth lobbying?





### Dos and don'ts

- Uniqueness of each group
- Co-designing a buzzword but also the secret
- Taking into account cultural aspects
- Community organisations can be helpful

والمناكرة والمراه المالية والمراهدة

- Always increase trust
- Time: the best ennemy





### **THANK YOU**

فرو والمنطقاتان والمرور أميال