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# The Behavioral Medicine Research Council

An Effort to Collaborate in Behavioral Medicine

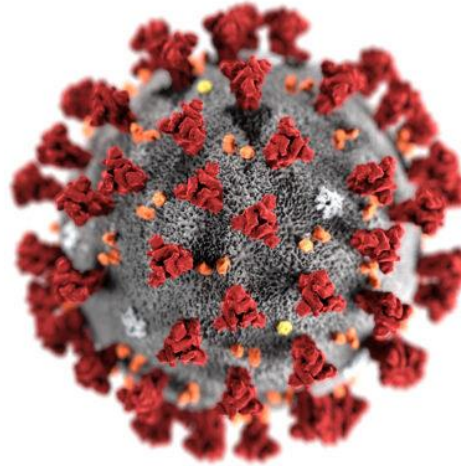
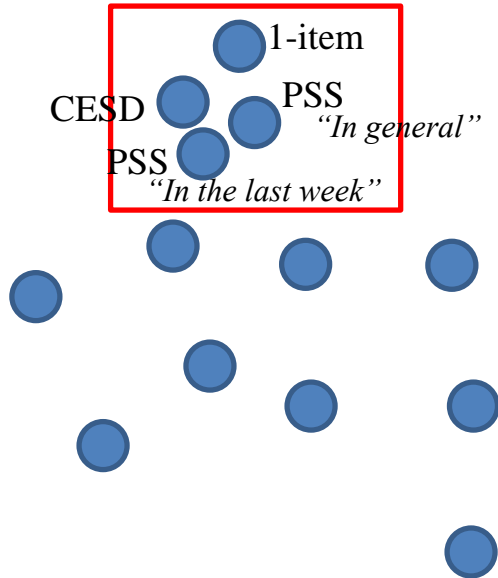


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## Stress and infectious risk



## Heterogeneity in...

- Questions
- Measures
- Procedures
- Data

Challenges

BMRC

Mission

Deliverables

Membership

Officers

Members

Website

# Behavioral Medicine Research Council (BMRC): Need

Challenges for the field:

- Fragmented and incremental research approach
- Limited aims
- Lack of reinforcements and resources for research

Challenges

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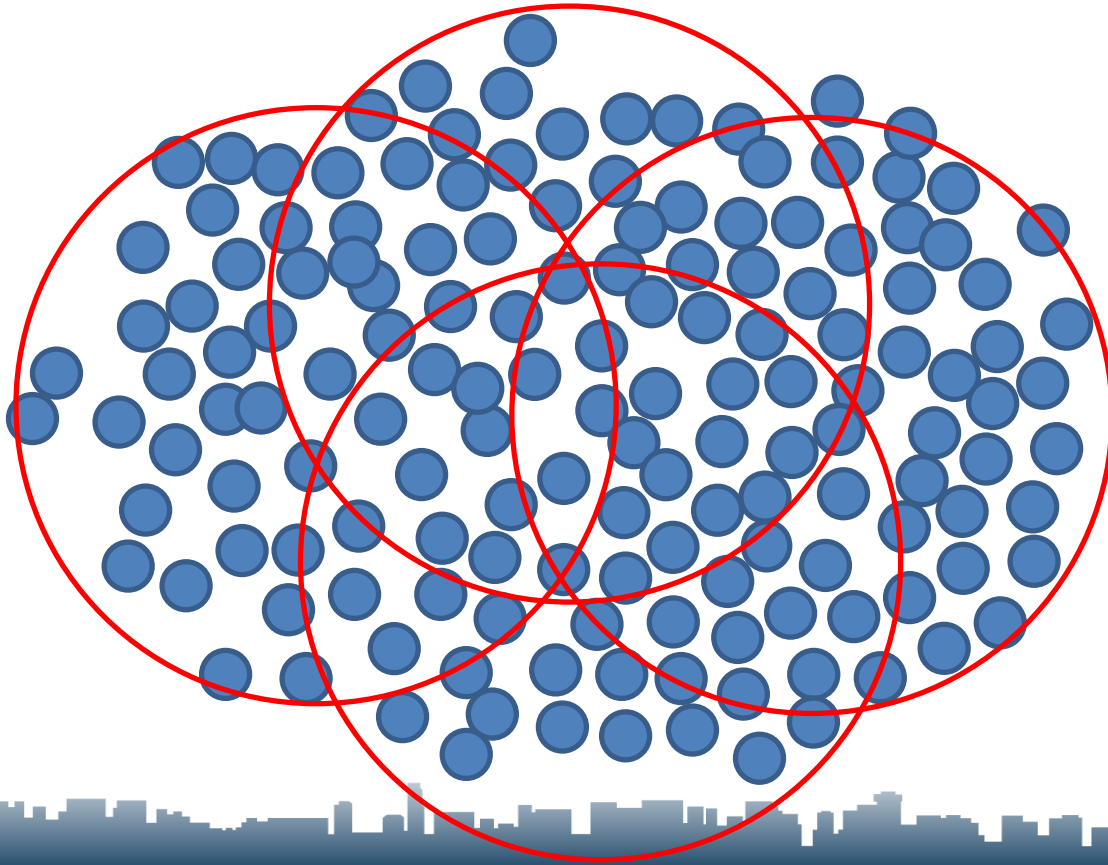
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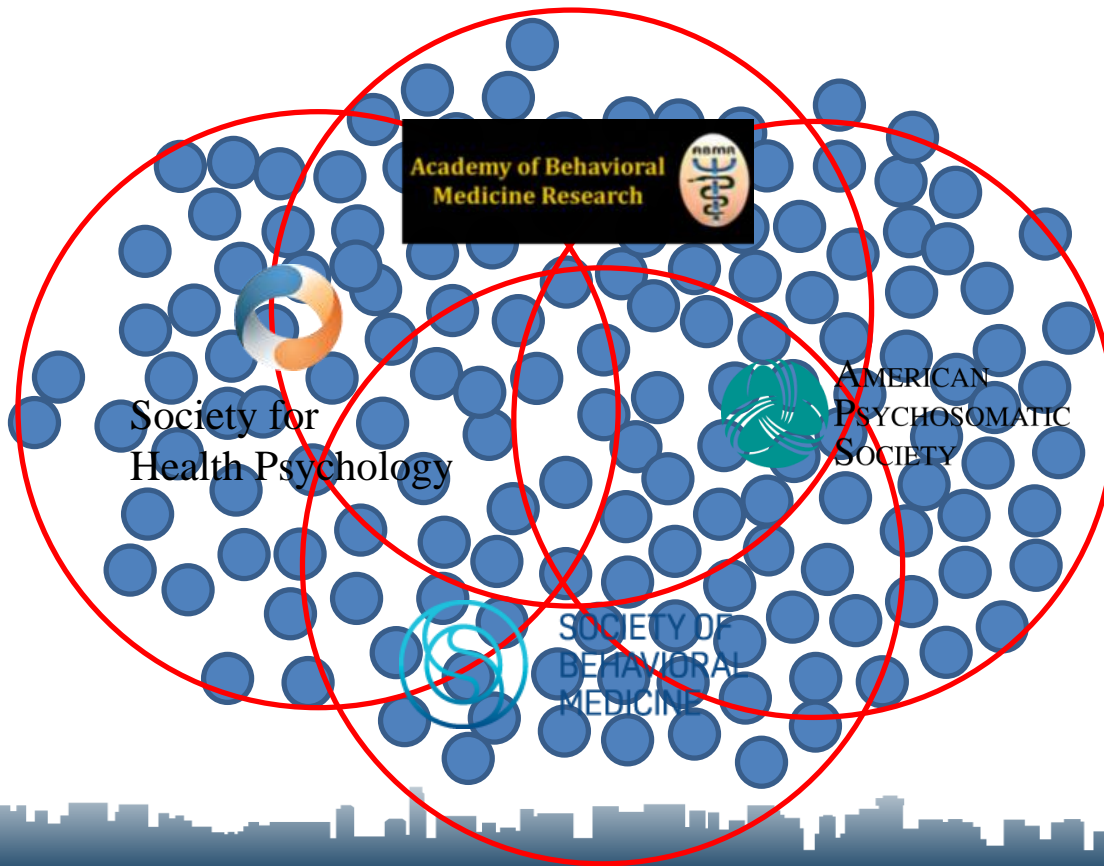


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If you had the collective firepower of the behavioral medicine workforce – what challenge or issue would you target first?

And how???



SPECIAL REPORT

The Behavioral Medicine Research Council: Its Origins, Mission, and Methods

Kenneth E. Freedland  
Washington University School of Medicine

The Behavioral Medicine Research Council (BMRC) is a new, autonomous joint committee of 4 of the leading behavioral medicine research organizations, including the Academy of Behavioral Medicine Research, the American Psychosomatic Society, the Society for Health Psychology, and the Society of Behavioral Medicine. The BMRC's work has important implications for the science and practice of behavioral medicine. The distinguished senior scientists who comprise this new committee will identify a series of strategic research goals for behavioral medicine and promote systematic, interdisciplinary efforts to achieve them. This special report discusses the developments that led to the formation of the BMRC, describes the BMRC's mission, and explains the methods that its members will use.

*Keywords:* behavioral medicine, health behavior, multicenter studies, randomized controlled trials as topic, societies

BMRC Founding Conference – Dec 10-11, 2018

Stakeholders:

- Presidents of organizations
- National Institutes of Health (NIH)
- National Science Foundation (NSF)
- Patient Centered Outcomes Research Institute (PCORI)
- Robert Wood Johnson Foundation (RWJF)
- International Behavioral Trials Network (IBTN)
- Veterans Administration (VA)
- Agency for Healthcare Research and Quality
- U.S. Preventive Services Task Force
- Others

Challenges

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# Behavioral Medicine Research Council (BMRC): Mission



## *The mission of the Behavioral Medicine Research Council*

is to identify strategic, high-priority research goals and encourage multidisciplinary and multicenter research networks to pursue them.

- Commission overview papers
- Create an online registry

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# Behavioral Medicine Research Council (BMRC): Deliverables

- Two strategic research goals per year
- Articles on strategic topics
- Promotion of BMRC efforts
- Online registry

Challenges

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# Behavioral Medicine Research Council (BMRC): Deliverables (cont.)

- The BMRC aims to borrow best practices from exemplars:
  - Children's Oncology Group (COG)
  - Defense Advanced Research Projects Agency (DARPA)
  - The National Cancer Institute and Cancer Research UK

Challenges

BMRC

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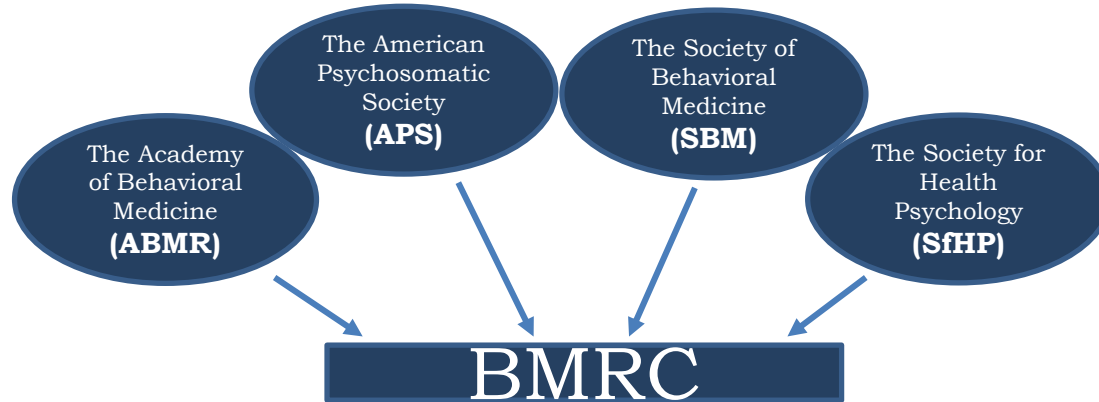
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# Behavioral Medicine Research Council (BMRC): Membership



# Behavioral Medicine Research Council (BMRC): Officers

- President
  - **Karina W. Davidson**, PhD, MASc, Senior Vice President of Research, Feinstein Institutes for Medical Research, Northwell Health, Manhasset, NY
- President-Elect
  - **John M. Ruiz**, PhD, Associate Professor, College of Science, University of Arizona, Tucson, AZ
- Secretary-Treasurer
  - **Suzanne C. Segerstrom**, PhD, MPH, Professor, College of Arts & Sciences, University of Kentucky, Lexington, KY

Challenges

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# Behavioral Medicine Research Council (BMRC): Members

- **Simon L. Bacon**, PhD, Professor, Department of Health, Kinesiology & Applied Physiology, Concordia University, Montreal, Quebec
- **Michael A. Diefenbach**, PhD, MS, Professor, Feinstein Institutes for Medical Research, Northwell Health, Manhasset, NY
- **Elissa S. Epel**, PhD, Professor, Weill Institute for Neurosciences, School of Medicine, University of California, San Francisco, CA
- **Karen A. Matthews**, PhD, Professor, Department of Psychiatry, University of Pittsburgh, Pittsburgh, PA
- **Tracey A. Revenson**, PhD, Professor, Department of Psychology, Hunter College, New York, NY

Challenges

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# Behavioral Medicine Research Council (BMRC): Website

- Domains:
  - [BehavioralMedicineResearch.org](http://BehavioralMedicineResearch.org)
  - [BehavioralMedicineResearchCouncil.org](http://BehavioralMedicineResearchCouncil.org)
- Features any and all information relating to the BMRC:
  - History
  - Member bios
  - Council priorities
  - Council bylaws
  - Suggestions

Challenges

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Behavioral Medicine Research  
Council

HOME

ABOUT US

PRIORITIES

SUGGESTIONS

MEMBERS PORTAL



## We Want to Hear From You

Feel free to propose a suggestion  
for improvements you want to see  
in behavioral science.

*\*YOUR ANSWERS ARE ANONYMOUS\**

How do you want to see the field improve? (We  
welcome ideas, research focuses, goals for the future,  
thoughts on the major issues in behavioral medicine, etc.)

enter answer here

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