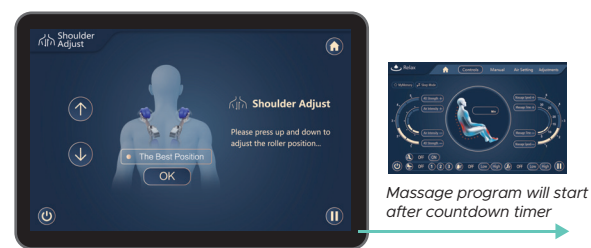


Program Screens



After a Massage program is selected, you will be taken to the **Body Scanning screen**. Here you can use the arrows to adjust the back mechanism up and down to match your specific shoulder height. After the countdown timer has elapsed, your massage will start.



- 1 Auto Program Name
- 2 4D Strength
- 3 Air intensity
- 4 Calf Rollers
- 5 Top Menu Nav
- 6 Massage Speed
- 7 Massage Time
- 8 Body Icon
- 9 Lumbar Heat

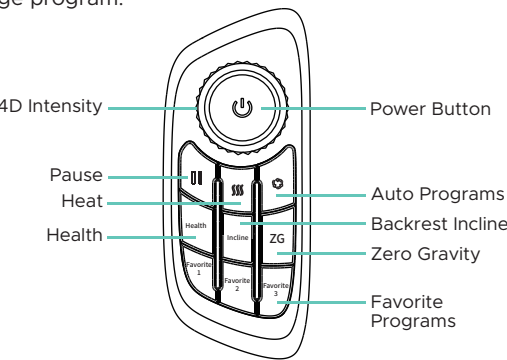
After adjusting your shoulder height, you will be taken to the **Controls screen** where you can observe all current settings and session information. Here you can adjust 4D Strength, Air Intensity, Massage Speed, Massage Time, Calf/Foot Rollers, Lumbar Heat, and Foot Heat.



The **Manual screen** can be used to tailor your massage exactly to your needs. Here you will have complete control over upper and lower mechs, roller position adjustment, roller width, area selection, massage techniques, calf rollers, foot rollers, lumbar heat, foot heat, play/pause your massage, and accessing the top navigation menu.

Quick Access Control Panel

The quick access control panel offers options to start a massage program.



4D Intensity - Turn the dial clockwise to increase intensity and counterclockwise to decrease intensity.

Power Button - Press the power button to turn the chair on and press and hold to turn off.

Pause Button - Press the pause button to pause your massage program, press again to play.

Heat Button - Press this button to activate lumbar and foot heat (low). Press again to turn off heat.

Auto Program - Press this button to start a Therapy Program. Press continuously to cycle through all 8 Therapy Programs. The program name will show on the tablet.

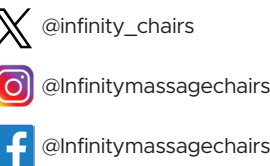
Health Sensor - Uses AI sensors to check your heart rate and blood oxygen, then suggests a program based on your data.

Incline - Press this button to raise the backrest to an inclined position.

Zero Gravity - Toggles between Zero Gravity (button is lit) and incline position (button not lit).

Favorite 1/2/3 - Press to activate a saved favorite massage program. Press and hold to save a program.

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Quick Start
Guide

Sovana 4D DualPro
Massage Chair



Alternatively, scan the QR code to watch a remote tutorial video.

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Home Screen - After turning on your chair, this is the first screen you will see on your tablet. Use this screen to navigate all menu options. To select, simply tap the screen with your finger.



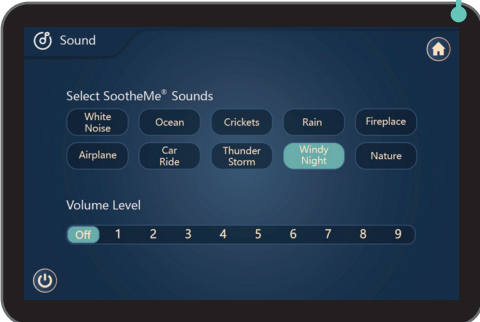
Air Setting - Adjust airbag intensity and select from full body, shoulder, arm, waist & hip, or leg & foot.



MyMemory® - Save your custom massage program for easy access anytime. Tap the "+" to save.



Adjustments - Change chair positions and zero gravity during your massage.



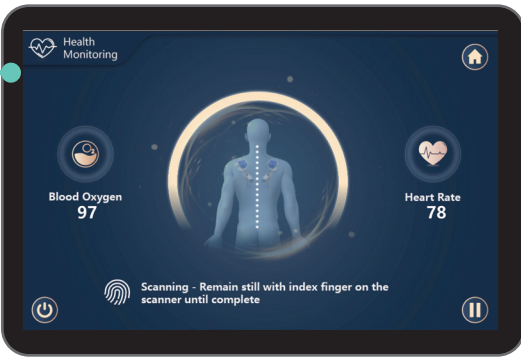
Setting - Adjust screen timeout, backlight, key tone, Bluetooth, sleep mode, ambient light, voice demo, voice control, and language.



Auto - Choose from 24 auto programs in 3 different categories.



Manual - Need extra relief in one spot? Switch to manual mode to fully customize your massage and target problem areas.



Health Monitoring - Health Monitoring - Uses AI and sensors to check your heart rate and blood oxygen, then suggests a program based on your scanned data.