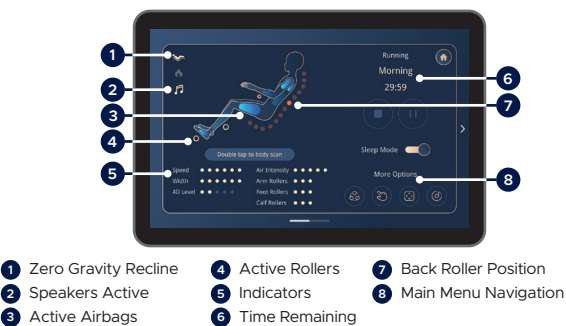


## In-Use Screen



After a Massage program is selected, you will be taken to the **Body Scanning screen**. Here you can use the arrows to adjust the back mechanism up and down to match your specific shoulder height. After the countdown timer has elapsed, your massage will start.



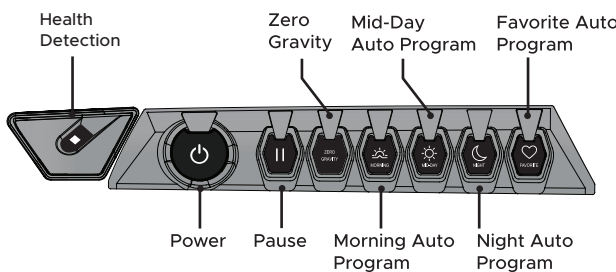
After adjusting your shoulder height, you will be taken to the **In-use screen** where you can observe all current settings and session information. To personalize your massage to your exact needs, swipe left on the touch screen to be taken to the Custom Selections screen.



The **Custom Selections screen** can be used to tailor your massage exactly to your needs. Here you will have complete control over the duration, airbag settings/intensity, arm/calf/foot rollers, and back/foot heat. To return to the In-use screen, simply swipe right or tap the left arrow on the Tablet Remote screen. If you slide on the **control panel lock**, your screen will not revert to the in-use screen. Slide the control panel lock off to return to the in-use screen.

## Quick Access Control Panel

The quick access control panel allows you to turn the chair on and off, pause your massage, select from three of the auto program's, select your favorite auto program, and take health measurements.



**Health Detection** - Select "Health" from main menu then press and hold the health sensor for personalize massage intensity and techniques.

**Power** - Press and hold to turn the chair on, press and hold again to turn the chair off.

**Pause** - Pause massage program. Press again to resume.

**Zero Gravity** - Press to enter Zero Gravity position 1, press again to enter Zero Gravity position 2, press again to return to upright position.

**Morning Auto Program** - Press to start the morning auto massage program.

**Midday Auto Program** - Press to start the midday auto massage program.

**Night Auto Program** - Press to start the night auto massage program.

**Favorite Auto Program** - Press and hold to set current massage program as favorite. Once set, press to start the favorite massage program.

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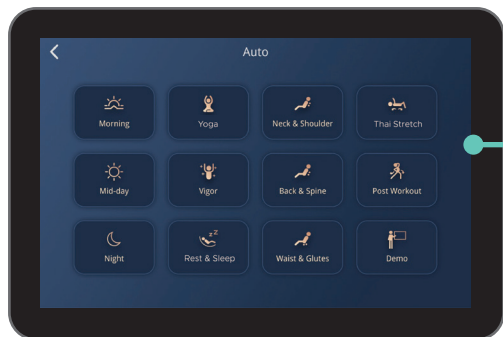
MASSAGE CHAIRS

## Quick Start Guide

## Circadian® 4D DualFlex Massage Chair



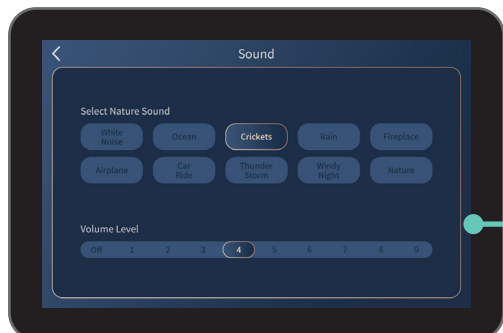
Alternatively, scan the  
QR code to watch a  
remote tutorial video.



**Auto Programs** - Select from 12 pre-set auto programs. To select simply tap the auto program you wish to run.



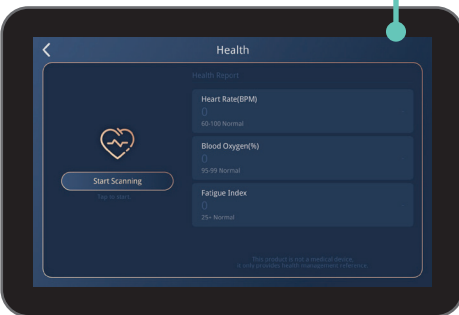
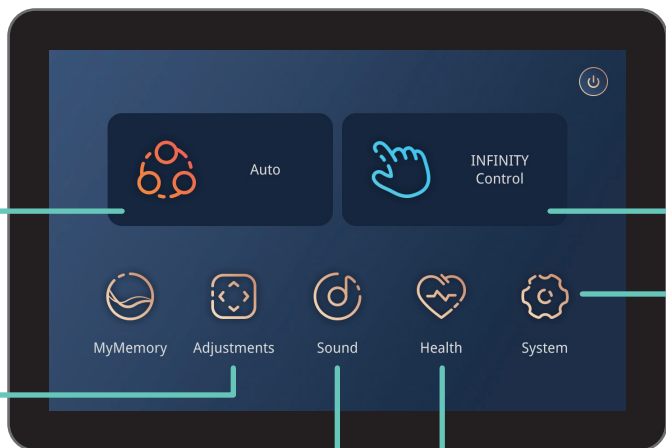
**Adjustments** - While your massage program is running, use this screen to make adjustments to time, lighting, the calf rollers and oscillation or chair angles. To turn lights off simply de-select the activated light color.



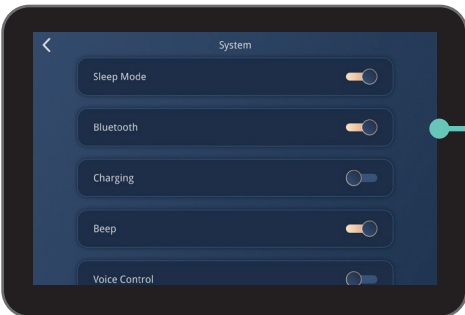
**Sound** - Use this screen to select and control the SootheMe® Sound Therapy feature of your chair. The selected sound will play from the speakers. To turn SootheMe® Nature Sounds off, de-select the activated sound.

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**Home Page** - After turning on your chair, this is the first screen you will see on your tablet. Use this screen to navigate all menu options. To select, simply tap the screen with your finger.



**System** - Use this screen to adjust and personalize your chair and remote control settings. Swipe up to roll through the menu.



**Infinity Control** - Use this screen to fully customize your own massage and find the perfect treatment for you. Slide the **Control Panel Lock** (top right corner) to prevent the screen from reverting to the In-Use screen, allowing continuous adjustments. Slide off to unlock.

After setting up selections you can tap **MyMemory** and **Save** the program to 1 of 3 Memory slots for recall later.

**Up / Down** - selects which massage mechanism to make adjustments to. Up for top and Down for bottom.

**Technique** - controls the massage technique of the selected back mechanism.

**Focus Zone** - controls the range of motion of the selected mechanism, **Whole** travels the entire range of the mechanism, **Partial** travels a short distance and reverses direction for focused relief, **Point** stops on the track for targeted relief.

**Adjust** - Partial and Point location can be fine tuned using the arrow up or arrow down buttons.

**Width** - increase or decrease width of selected mechanism. (Width can't be adjusted when in Kneading, or Sync modes).

**Maximum 4D level** - increase or decrease the depth intensity of the 4D level.

**Speed** - increase or decrease speed of the selected mechanism. (massage speed can't be adjusted when in Shiatsu Manual mode).

**Air Settings** - select your desired airbag region and it's maximum airbag intensity.

**Back Heat** - turn on back heat and control intensity.

**Foot Heat** - turn on foot heat and control intensity.

**Arm Rollers** - turn on and control the speed of the arm rollers.

**Foot Rollers** - turn on total sole foot reflexology rollers and control the speed of the rollers.

**Calf Rollers & Oscillation** - turn on and control the speed of calf rollers & calf oscillation.