

HOW TO DONATE PLASMA

AND SAVE LIVES

STEP ONE: CHECK YOUR ELIGIBILITY

Generally, you can donate plasma if you:

- ☒ Are 18 years or older
- ☒ Weigh at least 110 pounds
- ☒ Are in good overall health*

*First-time plasma donors will complete a quick screening, which typically includes checking your vitals, measuring your iron levels, and answering medical history questions. Please check with your local plasma donation center for any additional requirements.

STEP TWO:

FIND A DONATION CENTER

You can find a plasma donation center near you at:

pptaglobal.org/donate



STEP THREE: DONATE

Similar to blood donation, during plasma donation a sterile needle is inserted into a vein in the arm. **The first appointment takes approximately two hours. Subsequent appointments typically take 90 minutes.**

STEP FOUR: SAVE LIVES

Primary Immunodeficiency (PI) is a group of more than 550 genetic disorders of the immune system. For many people living with PI, plasma is essential to the treatments that keep them well. Plasma cannot be made in a lab. It can only come from donors. It takes about 130 plasma donations a year to support one person's PI treatment.

Most plasma donation centers offer compensation for your donation. By donating plasma, you can help provide an essential source for life-saving treatments while also getting paid for your time and commitment.

