

AEDTRC Eating Disorders Think Tank 2026
‘Coming Together to Advance Science and Understanding’
Pre-Think Tank ECR Event – Wednesday 11 November 2026

Time	Format	Venue Location
3:00pm - 4:30pm	eJournal Club in Person Meeting	The National Theatre, St Kilda
<i>As part of the annual Eating Disorders Think Tank, the AEDTRC eJournal Club will be held live and in-person. The eJournal Club provides a platform for academics and health professionals to meet and critically evaluate peer-reviewed research articles. Helping to support the field to keep up with the ever-increasing volume of scientific evidence, highlight new findings, and enhance skills in appraising research methodology, especially for those who are starting out in their career as a researcher.</i>		
4:30pm - 5:30pm	EMCR Networking Event	The National Theatre, St Kilda
<i>Following the eJournal Club, the networking event will be a wonderful chance for Early to Mid-Career Researchers (EMCRs) to connect, share experiences, and build collaborations in a supportive and friendly environment. This post-meeting networking event will be available to in-person conference delegates only, at no extra charge. Non-alcoholic drinks and light catering will be provided.</i>		

AEDTRC Eating Disorders Think Tank 2026
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DRAFT PROGRAM

Day One: Thursday 12 November 2026

Venue: Encore St Kilda Beach, 10-18 Jacka Blvd, St Kilda VIC 3182

Time	Format
Opening Plenary Chairs: Professor Elizabeth Rieger and Professor Sarah Maguire	
9:00am - 9:15am	Conference Open Welcome to Country Recognition of Lived Experience
9:15am - 9:25am	Opening Address
9:25am – 9:30am	AEDTRC Director
9.30am - 10:30am	Keynote Speaker: Professor Joanna Steinglass (Columbia University) Presentation Title: <i>From mechanism to treatment in anorexia nervosa</i>
10:30am - 11:00am	Morning Tea
Session One: Bridging Science and Practice - Advancing Personalised, Equitable Care in Eating Disorders Chair: Professor Antonio Verdejo-Garcia	
11:00am - 11:30am	Speaker: Associate Professor Peter Koval (University of Melbourne) Presentation Title: <i>The dynamics of emotion and emotion-regulation in daily life, especially on "emotional inertia" and "regulatory flexibility"</i>
11:30am - 12:00pm	Speaker: Professor Adam Guastella (University of Sydney) Presentation Title: <i>From evidence to impact: Transforming child neurodevelopmental services through research and co-design</i>
12:00pm - 12:30pm	Think Tanking Session

Time	Format
	Facilitator: Professor Antonio Verdejo-Garcia
12:30pm – 1:00pm	Rapid Fire Presentations Chair: Dr Romany McGuffog
12:30pm – 12:40pm	Speaker: Morgan James (University of Sydney) Presentation Title: <i>Sleep and binge eating: Evidence for a bidirectional relationship across human and preclinical studies</i>
12:40pm – 12:50pm	Speaker: Jessica Hoffman (University of Melbourne) Presentation Title: <i>Unravelling hypothalamic subnuclei connectivity in binge eating using ultra-high field fMRI</i>
12:50pm – 1:00pm	Speaker: Lauren Lynch (MobMind Collective Foundation) Presentation Title: <i>Belonging after the screen: Body, kin, country and food sovereignty in an Aboriginal-led eating disorder service</i>
1:00pm - 2:00pm	Lunch
Session Two: Research with Aboriginal and Torres Strait Islander Communities Chair: Leilani Darwin	
2:00pm - 2:30pm	Speaker: Dr Cas Sedran-Price (University of Sydney) TOPIC: <i>Aboriginal and Torres Strait Islander healthcare systems research – focus on the how-to of community engagement and Indigenous Data Sovereignty in health care research</i>
2:30pm - 3:00pm	Speakers: Dr Bronwyn Raykos and Lisa Collard (WA Country Health Service) Presentation Title: <i>“Feelings about my body and eating”: Co-designing an eating disorder screening tool for Aboriginal youth (12-24 years) in remote Western Australia</i>
3:00pm - 3:30pm	Think Tanking Session: Focus on researchers contributing to Aboriginal and Torres Strait Islander knowledge generation. Facilitators: Dr Cas Sedran-Price, Dr Bronny Raykos, Lisa Collard
3:30pm - 4:00pm	Afternoon Tea

Session Three: Rapid Fire Presentations	
Chair: Dr Romany McGuffog	
4:00pm - 4:10pm	Speaker: Sam Stone (Royal Children's Hospital Melbourne) Presentation Title: <i>Towards clarity: Expert consensus on defining recovery from anorexia nervosa</i>
4:10pm - 4:20pm	Speaker: Ying Qing Won (University of Melbourne) Presentation Title: <i>Profiling emotion regulation among individuals with anorexia nervosa: A person-centered approach</i>
4:20pm - 4:30pm	Speaker: Manahil Gillani (University of Melbourne) Presentation Title: <i>Momentary nature exposure is associated with reduced body dissatisfaction but not urges to engage in disordered eating behaviours: An ecological momentary assessment study</i>
4:30pm – 4:40pm	Speaker: Claudia Liu (Deakin University) Presentation Title: <i>Evaluating a novel stepped-care model for binge eating support with an adaptive randomised controlled trial</i>
4:40pm - 6:00pm	Research Trivia & Networking Drinks Eating disorder research trivia! Facilitator: Associate Professor Claire Foldi
End of Day One	

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Day Two: Friday 13 November 2026

Venue: Encore St Kilda Beach, 10-18 Jacka Blvd, St Kilda VIC 3182

Time	Format
Interactive Session: How to Co-Pro: The Practicalities of Co-Pro and Translation Facilitators: Professor Genevieve Pepin, Shannon Calvert, Dr Sanna Barrand	
8:00am - 9:30am	Interactive Session: <i>How to co-pro: The practicalities of co-pro and translation</i>
9:30am - 10:00am	Morning Tea
Plenary Session: Learning Health Systems and evidence translation Chair: Professor Leah Brennan	
10:00am - 12:00pm	Keynote Speaker and Interactive Session: Professor Helena Teede (Monash University) TOPIC: <i>Learning Health Systems and the translation of evidence within the eating disorder context</i>
12:00pm - 1:00pm	Lunch
Session Four: Eating Disorder Intersections Chair: Associate Professor Anita Raspovic	
1:00pm – 1:10pm	Speaker: Elian Au (Australian National University) Presentation Title: <i>“Transgender is the new anorexia” – Exploring the nature of eating disorder-related disinformation targeting transgender and gender diverse populations in news media</i>

Time	Format
1:10pm – 1:20pm	Speaker: Musa Jemal Negash (University of Melbourne) Presentation Title: <i>Connecting food insecurity and eating disorder pathology across clinical and subclinical presentations: A systematic review and meta-analysis</i>
1:20pm - 2:00pm	Speaker: Dr Hiba Jebeile (University of Sydney) Presentation Title: <i>Navigating the intersection of eating disorders and clinical obesity: Research and translation initiatives</i>
2:00pm - 2:30pm	Think Tanking Session: Navigating intersections in eating disorders research Facilitators: TBC
2:30pm - 3:00pm	Afternoon Tea
Plenary Session: Connecting Science, Practice and the AI Revolution to Advance Eating Disorder Care Chair: Professor Elizabeth Rieger	
3:00pm - 4:00pm	Keynote Speaker: Associate Professor Dom Dwyer (University of Melbourne/Orygen) Presentation Title: <i>Artificial Intelligence and mental health...coming, ready or not!</i>
4:00pm - 4:45pm	The Great Debate: Humans Vs Artificial Intelligence Moderator: Beth Shelton <i>The Great Debate is an entertaining, provocative event, with debaters demonstrating a serious degree of smarts and a high degree of fun! Moderated by the irreplaceable Beth Shelton, this year, it's Humans v A.I.! Will the humans prevail or will A.I. come out on top?</i>
4:45pm - 5:00pm	Wrap Up and Close
End of Conference	