

BRAG!

Use these questions to form your “brag bites.” Be specific in your answers to create clear and interesting **brag bites** and **bragologues** for those who don't know you well.

1. What would you and others say are five of your personality pluses?
2. What are the ten most interesting things you have done or that have happened to you?
3. What do you do (want to do) for a living and how did you end up doing it?
4. What do you like/love about your current job/career (school)?
5. How does your job/career use your skills and talents, and what (school) projects are you working on right now that best showcase them?
6. What career/school successes are you most proud of having accomplished?
7. What new skills have you learned in the last year?
8. What obstacles have you overcome to get where you are today, both professionally and personally, and what essential lessons have you learned from some of your mistakes?
9. What training/education have you completed and what did you gain from those experiences?
10. What professional organizations are you associated with and in what ways (i.e. member, board, treasurer)?
11. How do you spend your time outside of work (hobbies, interests, sports, family, volunteer activities)?
12. In what ways are you making a difference in people's lives?

Adapted from: Self-Evaluation Questionnaire from *BRAG! The Art of Tooting Your Own Horn Without Blowing It*, Peggy Klaus