

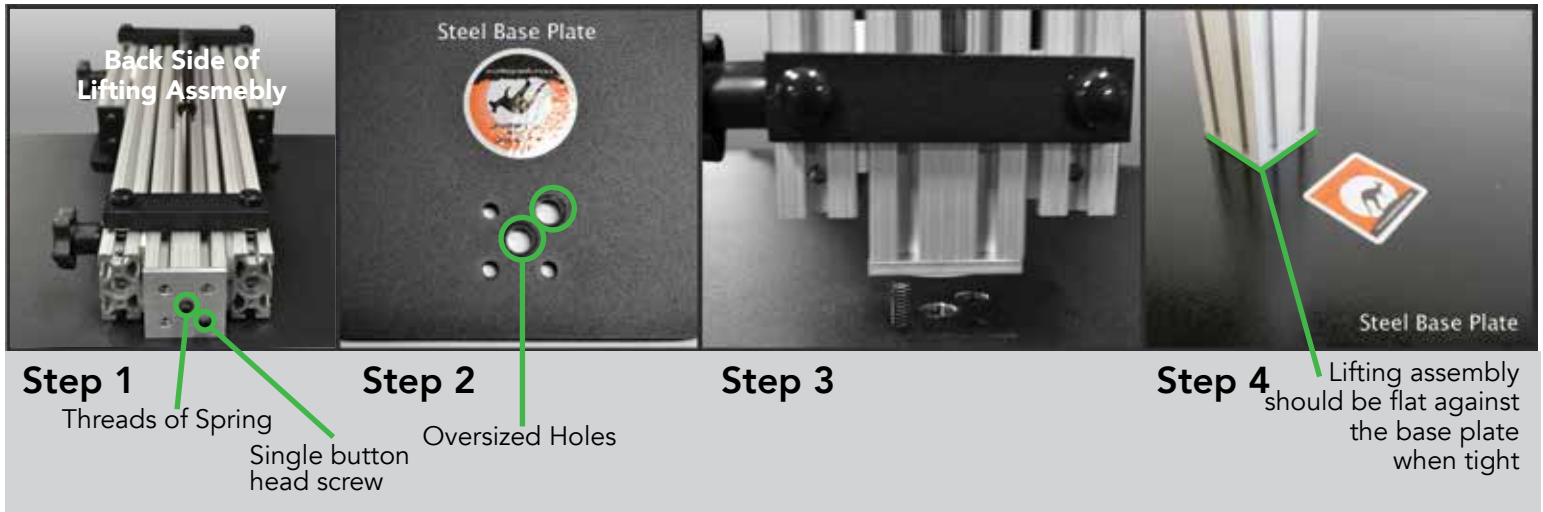
# THE MYMAC KANGAROO - ASSEMBLY INSTRUCTIONS

## Assembly Parts list

- A. (2) Black Screw Covers
- B. (2) 1/4-20 x 3.50 Hex Head Bolts
- C. (1) 5/32 Allen Wrench
- D. (2) Fender Washers
- E. (2) Acorn Nuts
- F. (3) 1/4-20 x 7/8 BHCS
- G. (2) Thick Black Washers
- H. (1) 7/16 Wrench
- I. (2) Locking Star Washers



Unit is shipped with (4) bolts threaded into the monitor lifting assembly



**Step 1:** Lay the lifting assembly on a solid surface with the back side up as shown. Notice the single Button Head Bolt in the assembly union plate. **DO NOT LOOSEN THE SINGLE BUTTON HEAD BOLT THAT IS NOTATED.**

**Step 2:** Notice the (2) oversized holes in the Base Plate. The Single Button Head Bolt will go into the oversized hole on the top right, while the other 3 holes should line up with the base. The center oversized hole is not used with this unit.

**Step 3:** With the Base Plate over hanging the table about 2 inches, hold the Lifting Assembly above the Base Plate and align the Single Button Bolt into the oversized hole. Place one 1/4-20 x 7/8 BHCS{F} through the base plate to screw in the lifting assembly.

**Step 4:** Insert and thread the other (2) 1/4-20 x 7/8 BHCS{F} through the Base Plate and into the Lifting Assembly. Once all (3) bolts are threaded in, tighten securely with the 5/32 allen wrench{C}. Lifting Assembly should be flat against the Base and all three bolts should look like the picture above.

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## STEP 5



**Step 5:** Loosen both brakes and bring the unit to its full height. Re-tighten the brakes to hold position. Remove the (4) 1/4-20 x 1.0 flat head bolts from the bottom of the Monitor Lifting Assembly.

## STEP 6,7



**Step 6:** Position the Monitor Shelf below the lifting assembly and align the holes in the Monitor Shelf with the threaded holes in the Monitor Lifting Assembly.

**Step 7:** Thread the (4) flat head bolts into the threaded holes in the Monitor Lifting Assembly to secure the Monitor shelf to the unit. Tighten securely with the provided 5/32 allen wrench.

## STEP 8,9,10

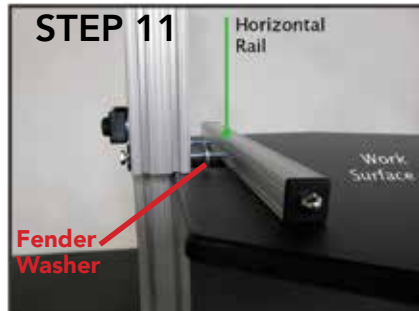


**Step 8:** Put (1) Locking Star Washer{I} on each of the 1/4 -20 x 3.50 Hex Head Bolts{B}.

**Step 9:** Insert the (2) 1/4-20 x 3.50 Hex Head Bolts{B} through the holes in the Vertical Rail.

**Step 10:** Put (1) Fender Washer{D} on each of the 1/4-20 x 3.50 Hex Head Bolts{B} on the other side of the Vertical Rail.

## STEP 11



**Step 11:** Lift the Work Surface up and align the holes in the Horizontal Rail with the (2) 1/4-20 x 3.50 Hex Head Bolts{B}. Push the Work Surface onto the Hex Head Bolts until the threads of the bolts come through the Horizontal Rail.

## STEP 12



**Step 12:** Put (1) Black Washer{G} and (1) Acorn Nut{E} on the end of each of the Hex Head Bolts. Using the 7/16 wrench{H} tighten the Acorn Nuts securely.

# THE MYMAC KANGAROO

The MyMac Kangaroo is designed to hold your iMac on the iMac Shelf and your Keyboard and Mouse on the Work Platform. Your MyMac Kangaroo is shipped in the down position with both the iMac Shelf Brake and the Work Platform Brakes tightened.

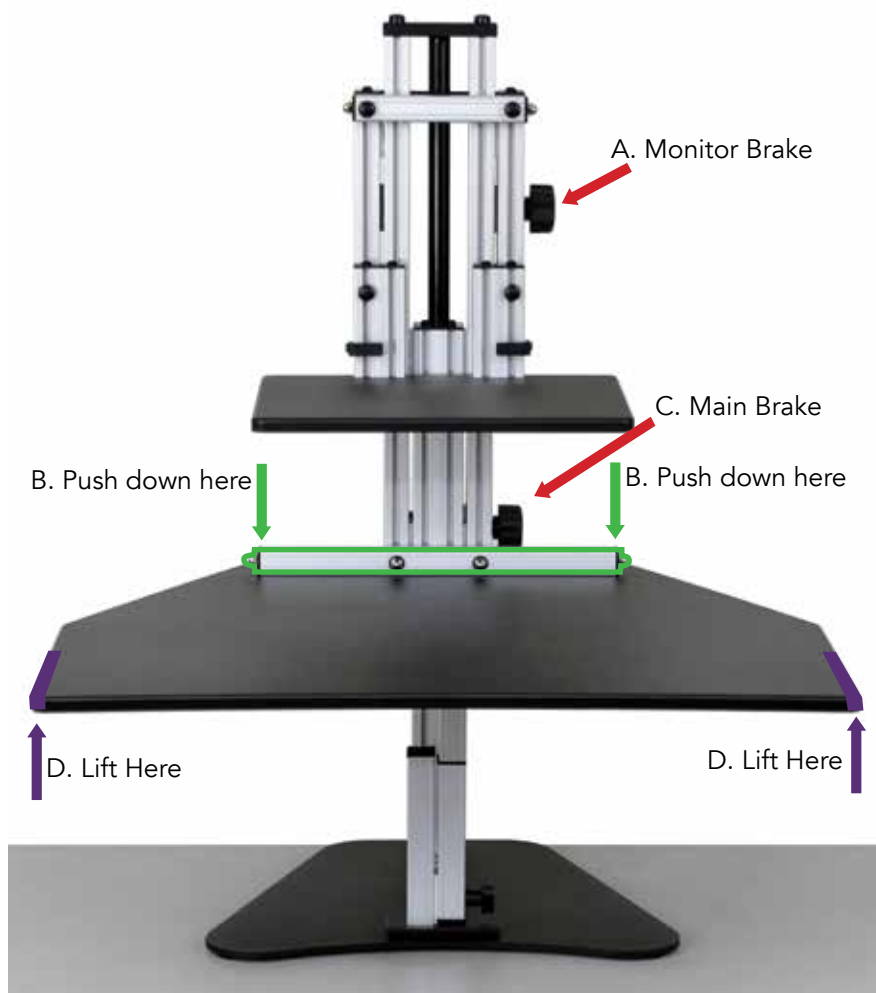
The MyMac Kangaroo has (2) very strong springs that assist in raising your unit to the standing position and work best when your iMac and Keyboard are in place. This reduces the amount of pressure needed to lower the unit. **Always push down with both hands on the horizontal rear rail when lowering the work platform.**

## POSITION THE BRACKETS

The Apple brackets will be position at the top of the shelf stubs, to prevent bending in shipment. To move them down, loosen the button head bolt notated in this picture **by one turn** with the provided 5/32 allen wrench. This should allow the brackets to slide down the rail to be positioned about 1 inch from the shelf. Once in the correct position, tighten the button head bolt to hold the brackets position.



## HOW TO USE THE MYMAC KANGAROO



Your iMac or Apple Monitor is very heavy and the springs used to support it are very strong. It may take a few days to get used to the body mechanics required to lower the unit.

To raise the Kangaroo, loosen the main brake(C) and lift the main work surface on the sides(D & D).

To raise your monitor, loosen the monitor brake(A) and lift the monitor shelf to the desired height.

To lower the Kangaroo, loosen the main brake(C) and lean into the unit using your upper body weight pushing down with both hands on the horizontal bar at the rear of the main horizontal work surface (B & B).

To Lower the monitor shelf, loosen the monitor brake(A) and push down with one or two hands on the monitor shelf.

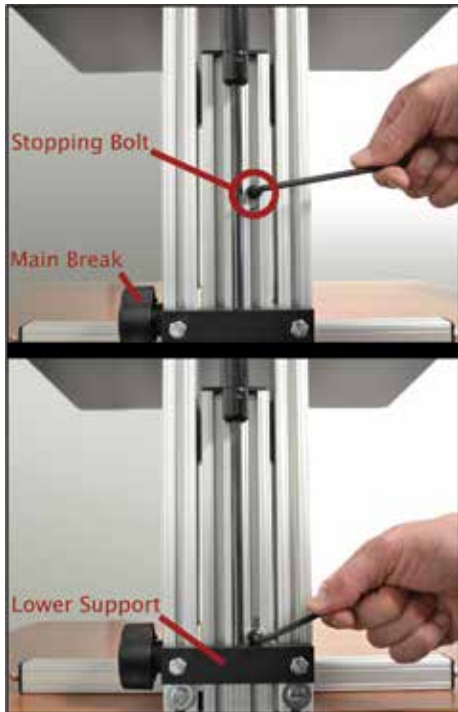
**A. Monitor Brake**

**B. Work Surface Rail**

**C. Main Work Surface Brake**

**D. Main Work Surface**

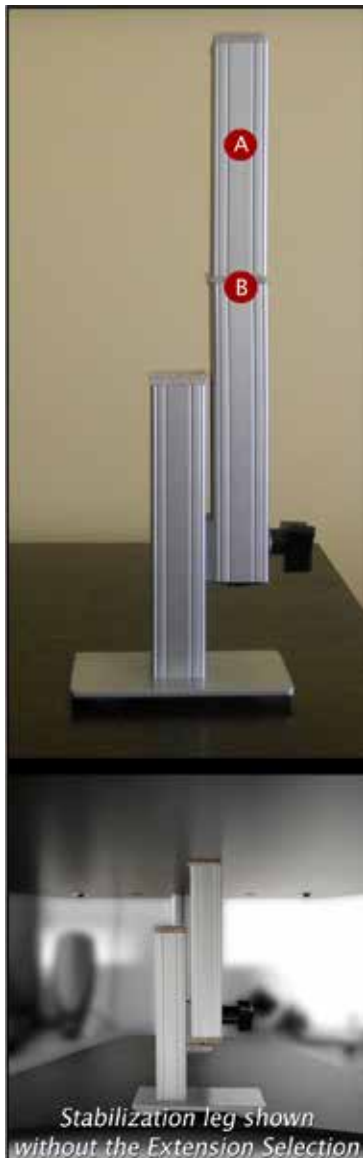
# ADJUST THE STOPPING BOLT



On the back side of your unit you will notice a small bolt located on the lifting tower. This bolt is used as our work surface stopper. It is currently set at 15", the highest our unit should go. This setting is for a 6'2" user on a 30" high desk. If you are shorter than this, raise the unit to your desired height and tighten the Main Brake. Adjust the stopping bolt by loosening the bolt **with one turn** and drop the bolt down to reach the lower support, and re-tighten the stopping bolt.

If you are a taller individual and need to raise the stopping bolt, please note that the work surface can get up to 16 1/2 inches but you will be raising the unit into the oil dampening zone of the spring. This makes it a little more difficult to lower the unit into the seated position when raised to this maximum point.

Our work surface should only be raised to your belt or navel line. This creates a 90-110 degree angle in your elbows which is suggested in the standing position. This will also allow you to lower the unit with ease by simply transferring your upper body weight into the back of the unit.



## THE STABILIZATION LEG

Your adjustable height desk top unit comes with an adjustable leg that can be used to give you maximum stability when you are using "The Kangaroo" in the standing position.

Raise the Kangaroo work surface to your desired standing height and tighten the work surface brake.

Place the adjustable leg under the work surface and loosen the adjustable leg brake. Only loosen the brake by a turn or two, too much and the brake will disengage from the slot.

Extend the adjustable leg until it engages the bottom of the work surface and then tighten the adjustable leg brake.

The leg is shipped with the extension section installed to give you additional height adjustment. If this is too tall for your application, simply unscrew the extension selection.

**A** Extension selection

**B** Screws into here

**ALWAYS REMEMBER TO REMOVE THE STABILIZATION LEG BEFORE LOWERING YOUR WORK SURFACE**