



GLIDE VHD

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User's Guide - English  
Guía del usuario - Español  
Manuel de l'utilisateur - Français  
Gebruikersgids - Nederlands  
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Guida per l'utente - Italiano  
Användarhandbok - svenska  
ユーザーガイド : 日本語  
用户指南 : 汉语



Max weight 70lbs (31.8 kg)

CAUTION: DO NOT EXCEED MAXIMUM LISTED WEIGHT CAPACITY. SERIOUS INJURY OR PROPERTY DAMAGE MAY OCCUR!

OM#	OM1100607
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Reduce  
Reuse  
Recycle

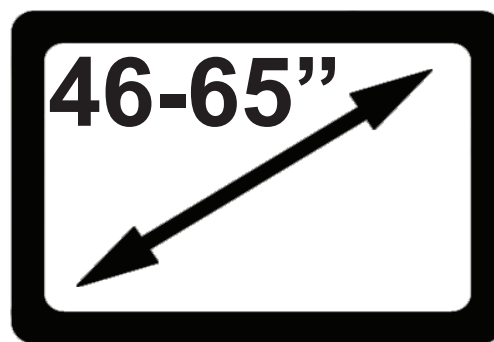
**CAUTION!**

**MAXIMUM WEIGHT CAPACITY**



**CAUTION!**

**MAXIMUM SCREEN SIZE**



**USE WITH FLAT PANELS EXCEEDING THE MAXIMUM WEIGHT CAPACITY OF THIS PRODUCT MAY RESULT IN PRODUCT FAILURE CAUSING POSSIBLE INJURY AND OR PROPERTY DAMAGE.**

EL USO CON TELEVISORES DE PANTALLA PLANA CUYO PESO EXCEDA LA CAPACIDAD MÁXIMA DEL PRODUCTO PUEDE OCASIONAR FALLAS EN ÉSTE Y CAUSAR LESIONES O DAÑOS MATERIALES.

SI VOUS UTILISEZ CE PRODUIT AVEC DES ÉCRANS PLATS DÉPASSANT LA CHARGE MAXIMALE AUTORISÉE, LE PRODUIT POURRAIT MAL FONCTIONNER, ENTRAÎNANT BLESSURES ET ENDOMMAGEMENT DE MATÉRIEL.

DIE BEFESTIGUNG VON FLACHBILDSCHIRMEN, DEREN GEWICHT DIE MAXIMALE BELASTBARKEIT DIESER HALTERUNG ÜBERSCHREITET, KANN ZUR BESCHÄDIGUNG DES PRODUKTS SOWIE ZU VERLETZUNGEN UND/ODER SACHSCHADEN FÜHREN.

GEBRUIK IN COMBINATIE MET VLAKKE SCHERMEN DIE DE MAXIMALE GEWICHTSCAPACITEIT VAN DIT PRODUCT OVERSCHRIJDEN, KAN LEIDEN TOT DEFECTEN AAN HET PRODUCT MET MOGELIJK LETSEL EN/OF SCHADE ALS GEVOLG.

L'USO CON PANNELLI PIATTI CHE ECCEDONO LA PORTATA MASSIMA DEL PRODOTTO PUÒ COMPORTARE IL DANNEGGIAMENTO DEL PRODOTTO, CON LA POSSIBILITÀ DI LESIONI ALLE PERSONE E DANNI ALLE COSE.

UŻYWANIE W POŁĄCZENIU Z TELEWIZORAMI O WADZE PRZEKRACZAJĄCEJ DOPUSZCZALNE OBCIĄŻENIE TEGO PRODUKTU MOŻE SPOWODOWAĆ AWARIĘ PRODUKTU PROWADZĄCĄ DO URAZU CIAŁA LUB USZKODZENIA MIENIA.

POUŽITÍ S PLOCHÝMI OBRAZOVKAMI PŘESAHOJÍCÍMI MAXIMÁLNÍ NOSNOST TOHOTO VÝROBKU MŮŽE ZPŮSOBIT DEFEKT VÝROBKU, KTERÝ BUDE PŘÍČINOU MOŽNÉHO PORANĚNÍ NEBO POŠKOZENÍ MAJETKU.

HA A TERMÉKET A MAXIMÁLIS TERHELHETŐSÉGET MAGHALADÓ LAPOSKÉPERNYŐKKEK HASZNÁLJA, A TERMÉK MŰKÖDÉSE SORÁN HIBA LÉPHET FEL, AMELY SÉRÜLÉST VAGY ANYAGI KÁRT OKOZHAT.

Η ΧΡΗΣΗ ΜΕ ΕΠΙΠΕΔΕΣ ΟΘΟΝΕΣ ΠΟΥ ΥΠΕΡΒΑΙΝΟΥΝ ΤΟΝ ΜΕΓΙΣΤΟ ΑΡΙΘΜΟ ΙΚΑΝΟΤΗΤΑΣ ΒΑΡΟΥΣ ΑΥΤΟΥ ΤΟΥ ΠΡΟΪΟΝΤΟΣ, ΕΝΔΕΧΕΤΑΙ ΝΑ ΠΡΟΚΑΛΕΣΕΙ ΒΛΑΒ ΣΤΟ ΠΡΟΪΟΝ, ΠΙΘΑΝΗ ΣΩΜΑΤΙΚΗ ΒΛΑΒΗ Η ΥΛΙΚΗ ΖΗΜΙΑ.

A UTILIZAÇÃO DE ECRÃS PLANOS QUE EXCEDAM A CAPACIDADE DE PESO MÁXIMA DESTA PRODUTO PODERÁ RESULTAR NA AVARIA DO PRODUTO E CAUSAR POSSÍVEIS DANOS CORPORAIS E/OU MATERIAIS.

BRUG MED FLADSKÆRME, HVIS VÆGT OVERSKRIDER DETTE PRODUKT MAKSIMALE KAPACITET, KAN RESULTERE I PRODUKTETS DRIFTSSVIGT OG MULIGVIS SKADE OG ELLER EJENDOMSSKADE.

TÄMÄN TUOTTEEN SUURIMMAN PAINORAJAN YLITTÄMINEN TAULUTELEVISIOIDEN KANSSA KÄYTETTÄESSÄ, SAATTA JOHTAA TUOTTEEN VIOITTUMISEEN JA AIHEUTTAA MAHDOLLISESTI LOUKKAANTUMISEN JA/TAI OMAISUUSVAHINGON.

ANVÄNDNING MED PLATTSKÄRMAR SOM ÖVERSKRIDER VIKTKAPACITETEN FÖR DENNA PRODUKT KAN LEDA TILL ATT PRODUKTEN GÅR SÖNDER, MÖJLIG PERSONSKADA ELLER SKADA PÅ EGENDOM.

UTILIZAREA CU ECRANE PLATE CARE DEPĂȘESC CAPACITATEA MAXIMĂ DE GREUTATE A ACESTUI PRODUS POATE CAUZA DEFECTAREA PRODUSULUI ȘI POSIBILE RĂNIRI ȘI/SAU PAGUBE MATERIALE.

ИСПОЛЗВАНЕ С ПЛОСКИ ПАНЕЛИ, НАДВИШАВАЩИ МАКСИМАЛНАТА ТОВАРОНОСИМОСТ НА ТОЗИ ПРОДУКТ, МОЖЕ ДА ДОВЕДЕ ДО ПОВРЕДА НА ПРОДУКТА С ЕВЕНТУАЛНО НАРАНЯВАНЕ И/ИЛИ МАТЕРИАЛНИ ЩЕТИ.

TOOTE KASUTAMINE LAMEEKRAANIDEGA, MILLE MAKSIMAALNE MASS ÜLETAB SELLE TOOTE KANDEVÕIMET, VÕIB PÕHJUSTADA TOOTE KATKINEKU, MILLE TAGAJÄRJESK VÕIB OLLA VIGASTUS JAVÕI VARA KAHJUSTUMINE.

IZMANTOŠANA AR PLAKANIEM PANĒLIEM, KAS PĀRSNIEDZ MAKSIMĀLO ŠĪ IZSTRĀDĀJUMA NESTSPĒJU, VAR IZRAISĪT IZSTRĀDĀJUMA BOJĀJUMUS, KAS VAR IZRAISĪT IESPĒJAMAS TRAUMAS UN VAI ĪPAŠUMA BOJĀJUMUS.

JEI NAUDOJAMA SU PLOKŠČIAISIAIS VAIZDUOKLIAIS, KURIŲ SVORIS VIRŠIJA MAKSIMALŲ ŠIO GAMINIO ATLAIKOMĄ SVORĮ, GAMINYS GALI SUGESTI. DĒL TO GALI BŪTI SUŽALOTI ŽMONĒS ARBA PADĀRYTA ŽĀLA TURTUI.

UPORABA TEGA IZDELKA ZA PLOSKE ZASLONE, KI PRESEGAJO NAJVEČJO DOVOLJENO TEŽO TEGA IZDELKA, LAHKO POVZROČI LOMLJENJE IZDELKA IN POSLEDIČNE TELESNE POŠKODBE ALI POŠKODBE LASTNINE.

POUŽITIE S PLOCHÝMI PANELMI PREKRAČUJÚCIMI MAXIMÁLNŤU HMOTNOSTNŤU KAPACITU TOHTO VÝROBKU MÔŽE MAŤ ZA NÁSLEDOK ZLYHANIE VÝROBKU S NÁSLEDKOM PRÍPADNÝCH ÚRAZOV A/ ALEBO POŠKODENIU MAJETKU.

ИСПОЛЬЗОВАНИЕ ТЕЛЕВИЗИОННЫХ ПАНЕЛЕЙ, ВЕС КОТОРЫХ ПРЕВЫШАЕТ МАКСИМАЛЬНО ДОПУСТИМЫЙ ВЕС НАГРУЗКИ ЭТОГО ИЗДЕЛИЯ, МОЖЕТ СТАТЬ ПРИЧИНОЙ ПОЛОМКИ ИЗДЕЛИЯ И ПОЛЕЧЬ ВОЗМОЖНЫЕ ТРАВМЫ И МАТЕРИАЛЬНЫЙ УЩЕРБ.

BU ÜRÜNÜN MAKSİMUM AĞIRLIK KAPASİTESİNİ AŞAN FLAT PANEL TELEVİZYONLARLA KULLANIM, ÜRÜNÜN BOZULMASINA YOL AÇARAK KİŞİSEL YARALANMA VE/VEYA MAL ZARARINA NEDEN OLABİLİR.

BRUK AV FLATSKJERMER SOM OVERSTIGER DEN MAKSIMALE VEKTKAPASITETEN FOR DETTE PRODUKTET KAN RESULTERE I AT PRODUKTET KOLLAPSER OG FØRER TIL PERSONLIG SKADE OG/ELLER MATERIELL SKADE.

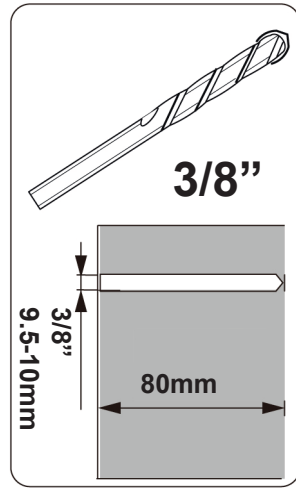
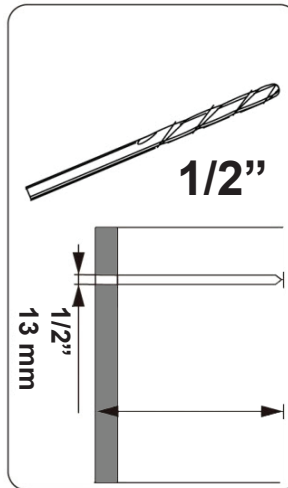
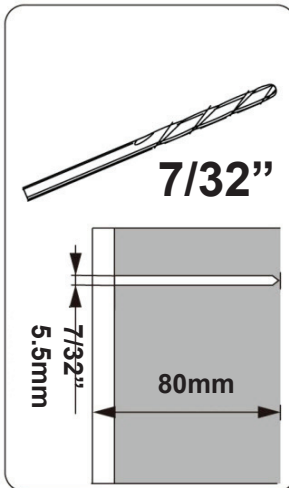
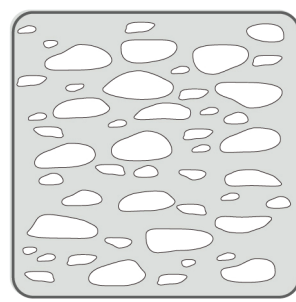
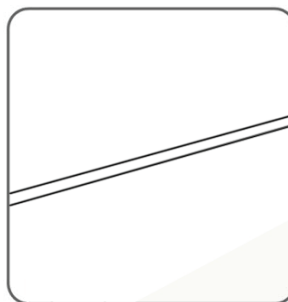
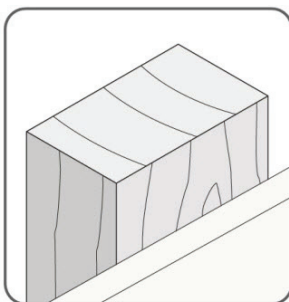
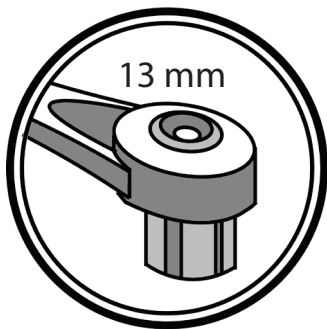
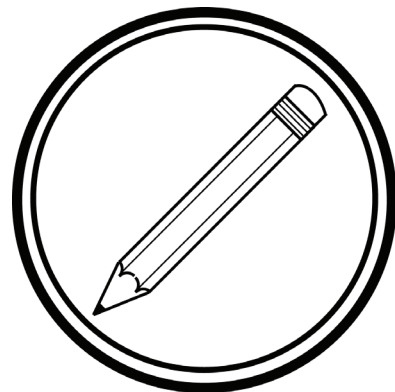
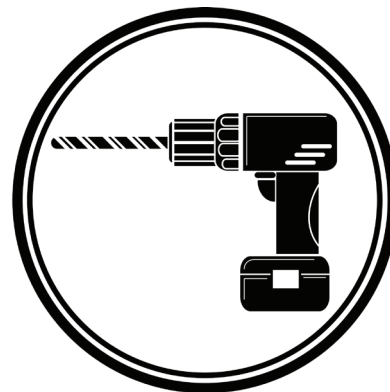
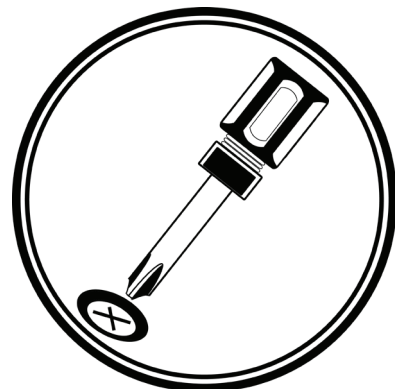
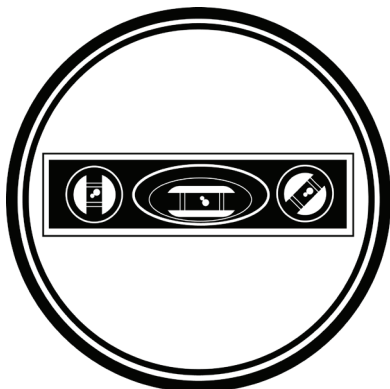
使用超过本产品最大重量能力的平板电视可能导致产品故障，造成人身伤害或财产损坏。

耐荷重を超えるフラットパネルに本製品を使用すると、製品が破損し、けがをしたり、壁などが破損する場合があります。

# TOOLS NEEDED - NOT INCLUDED

## Tools Needed

Herramientas necesarias  
 Outils requis  
 Benötigte Werkzeuge  
 Benodigde gereedschappen  
 Strumenti necessari  
 Potrzebne narzędzia  
 Potřebné nástroje  
 Szükséges eszközök  
 Απαιτούμενα εργαλεία  
 Ferramentas necessárias  
 Nødvendigt værktøj  
 Tarvittavat työkalut  
 Verktyg som krävs  
 Instrumente necesare  
 Необходимы уреди  
 Vajalikud tööriistad  
 Nepieciešamie rīki  
 Reikalingi įrankiai  
 Potrebno orodje  
 Potřebné náradie  
 Необходимые инструменты  
 Gereklí Aletler  
 Nødvendige verktøyt  
 قېزىلدا ساوادا  
 需要的工具  
 必要なツール



## Screws / Hardware for Flat Panel

Part #	Qty	Description
M-A	4	Philips screws M4 x 15mm
M-B	4	Philips screws M4 x 30mm
M-C	4	Philips screws M5 x 15mm
M-D	4	Philips screws M5 x 30mm
M-E	4	Philips screws M6 x 15mm
M-F	4	Philips screws M6 x 30mm
M-G	4	Philips screws M8 x 15mm
M-H	4	Philips screws M8 x 30mm
M-I	4	Round Spacers: M6-M8 x 5mm
M-J	4	Round Spacers: M6-M8 x 10mm
M-K	4	Round Washers: M4-M5

## Wall Kit

Part #	Qty	Description
W-A	4	Lag Bolts (8mm x 80mm)
W-B	4	Wall Anchor (10mm OD x 8mm ID)

## Specialty Hardware

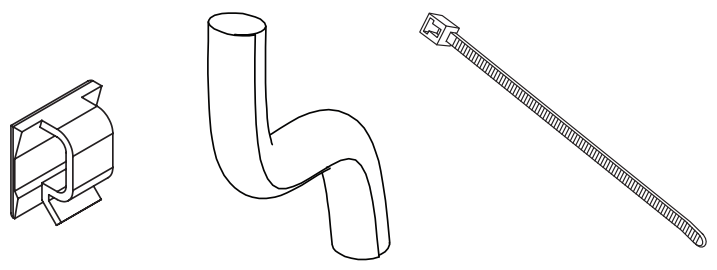
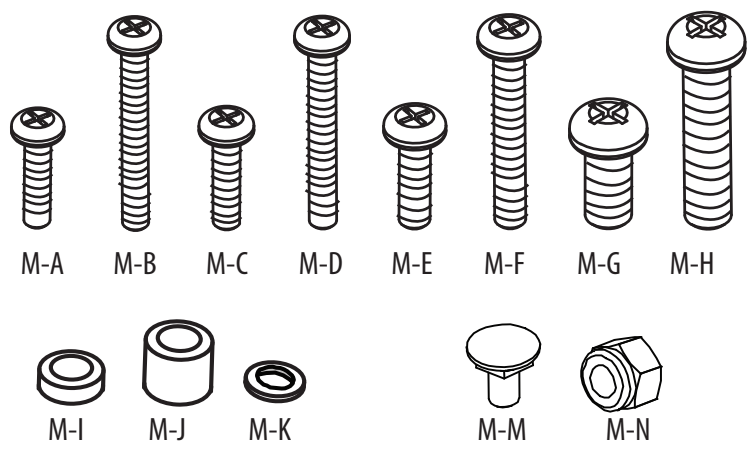
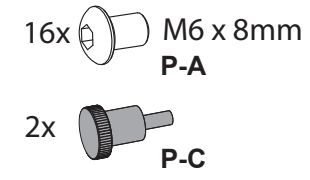
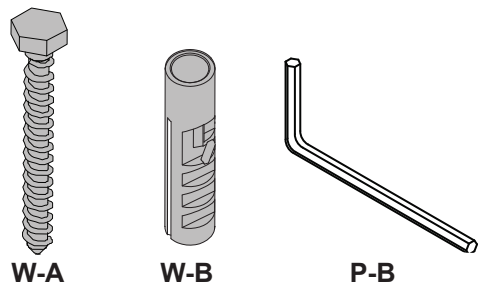
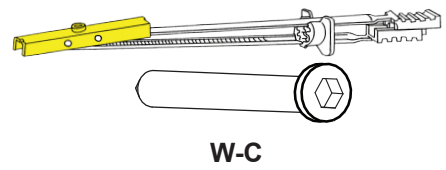
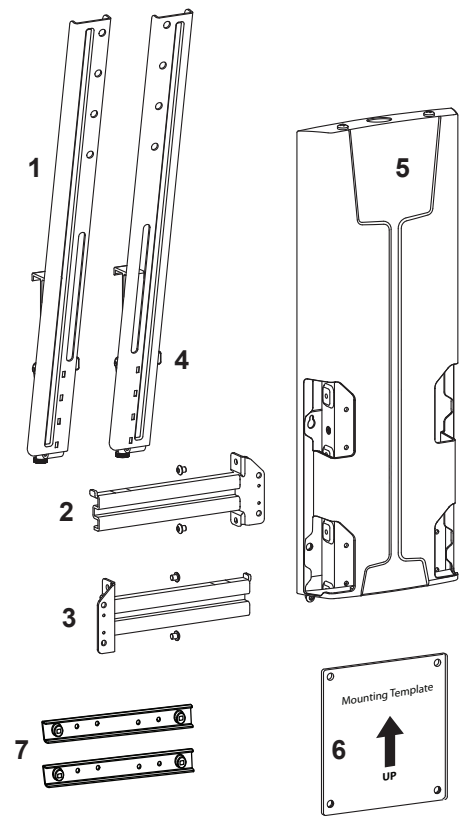
Part #	Qty	Description
P-A	16	Button Head Screw M6X8mm
P-B	1	4mm Allen Wrench
P-C	2	Knob Screws M4x0.7"
M-M	4	Pan Head Screws M8x15mm
M-N	4	M8 Nylock Nut

## Cable Management/Hollow Wall

Part #	Qty	Description
	2	Cable Clips
	1	Cable Tubing
	4	Cable Ties
	2	Snap Toggle Anchors
W-C	2	1/4-20 x 24mm Philips Screws

## Contents

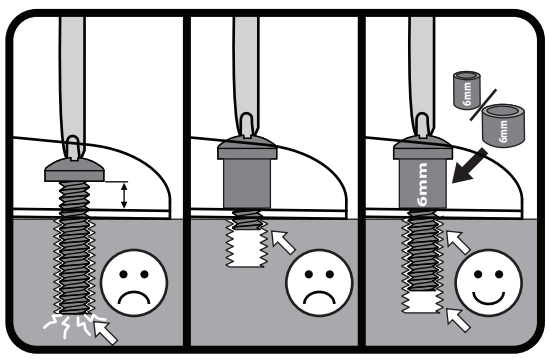
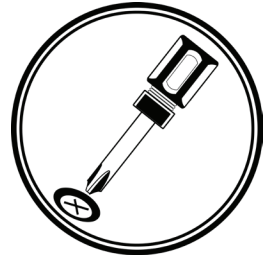
Part #	Qty	Description
1	2	Vertical Rails
2	2	Left Horizontal Rails
3	2	Right Horizontal Rails
4	2	Tilt Tension Knob
5	1	Lift Assembly
6	1	Wall Template
7	2	200mm x 200mm Adapter



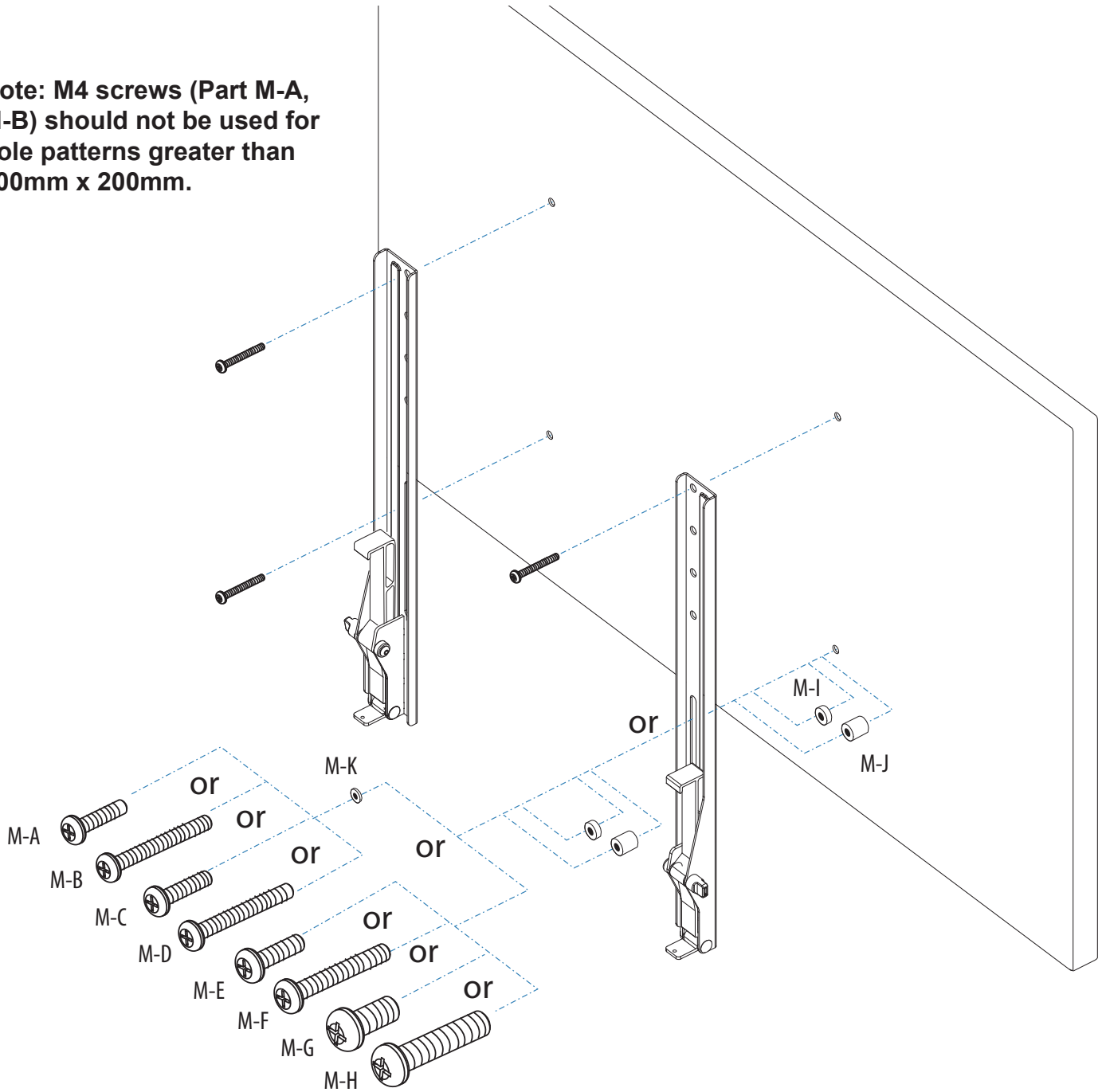


# STEP 1 - Option A (>200mm x 200mm)

**Attach monitor using monitor hardware, M-A, M-B, etc...**  
 Coloque la pantalla utilizando los materiales de instalación de la pantalla, M-A, M-B, etc...  
 Installer le moniteur avec les fixations de moniteur, M-A, M-B, etc...  
 Bringen Sie den Bildschirm mit den Bildschirm-Befestigungsteilen M-A, M-B usw. an.  
 Bevestig monitor via monitor hardware, M-A, M-B, enz...  
 Fissare il monitor utilizzando i componenti di montaggio, M-A, M-B, ecc...  
 Zamontuj monitor, używając narzędzi dołączonych do monitora, M-A, M-B, itp...  
 Pripevňte monitor pomocí k tomu určených dílů, M-A, M-B, apod.  
 Szerelje fel a monitort az M-A, M-B stb. monitorszerelvénnyel...  
 Τοποθετήστε την οθόνη με το υλικό οθόνης, M-A, M-B, κ.λπ...  
 Prender o monitor utilizando o equipamento do monitor, M-A, M-B, etc...  
 Pásæt skærm ved hjælp af skærm-hardware, M-A, M-B osv...  
 Kiinnitä näyttö käyttämällä näytön osia, M-A, M-B jne.  
 Fäst bildskärm genom att använda bildskärms hårdvara, M-A, M-B, etc...  
 Ataşați monitorul utilizând structura hardware pentru monitor, M-A, M-B etc...  
 Прикачете монитора, като използвате хардуер за монитор, M-A, M-B и др...  
 Kinnitage ekraan ekraani paigaldusosade abil, M-A, M-B jne...  
 Piestipriniet monitoru, izmantojot monitora detaļas, M-A, M-B utt.  
 Pritvirtinti monitorių naudojant monitoriaus aparatūrą, M-A, M-B ir t.t.  
 Pritrdite monitor s pomočjo kovinskih delov za monitor, M-A, M-B itd...  
 Pripevnite obrazovku pomocou na to určených dielov, M-A, M-B atd.  
 Прикрепите монитор с помощью крепежа для монитора, M-A, M-B, и т. д.  
 Monitor donanımı, M-A, M-B vb. kullanarak monitörü takın...  
 Fest skjermen med skjermdelelene M-A, M-B etc...  
 باقارملا تامازلستسم مادختساب باقارملا طبرا، M-A، M-B، الخ.  
 使用显示器硬件 M-A、M-B 等联接显示器  
 モニタハードウェア、M-A、M-Bなどを使って、モニタを取り付けます。



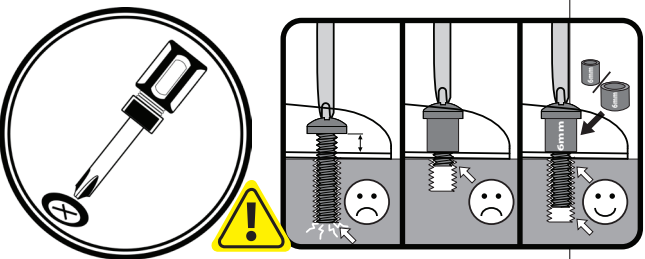
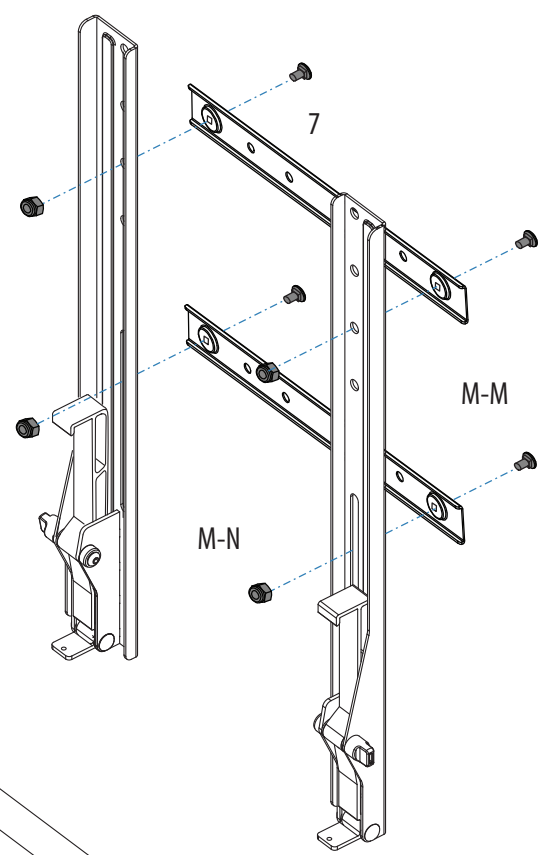
**Note: M4 screws (Part M-A, M-B) should not be used for hole patterns greater than 200mm x 200mm.**



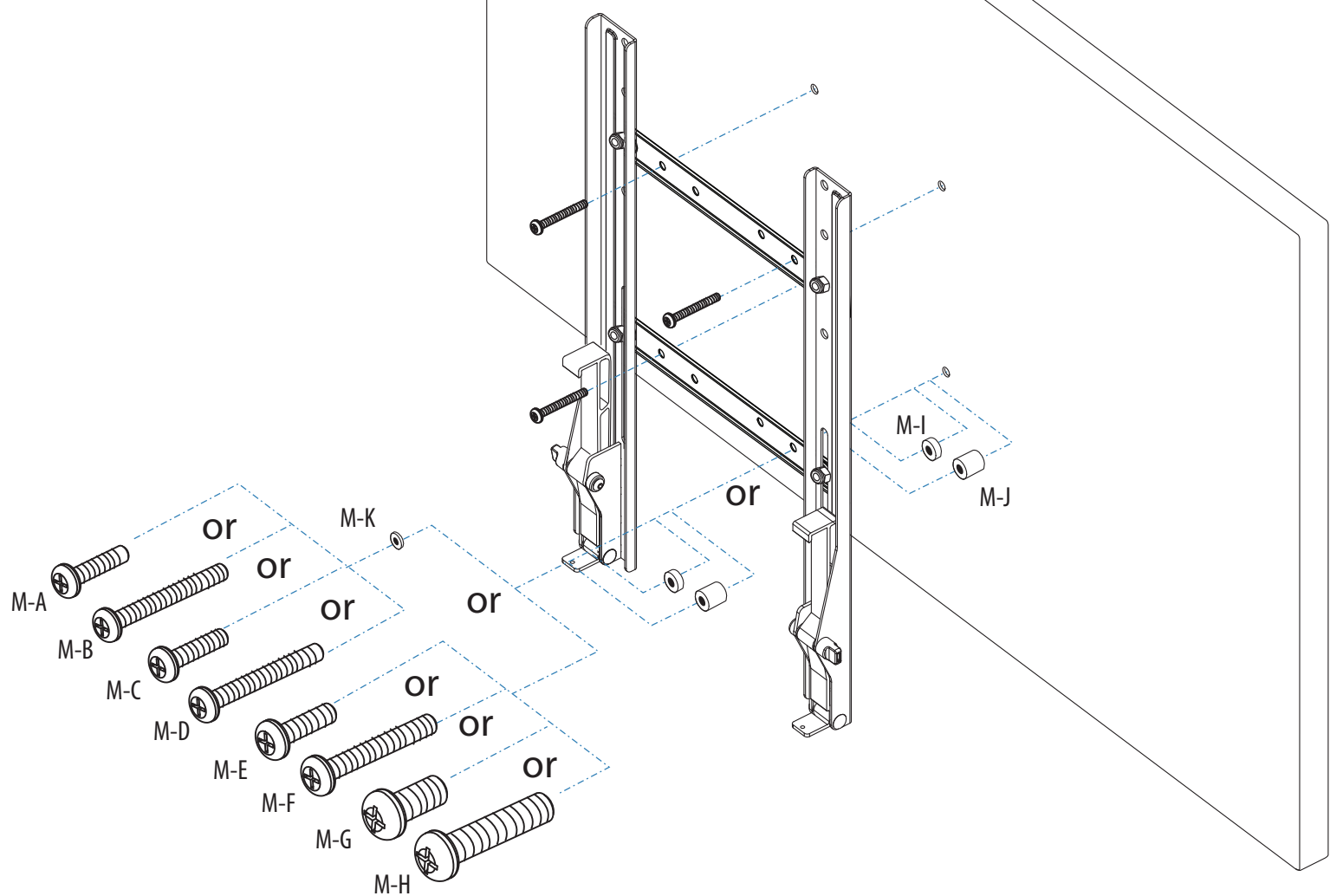
# STEP 1 - Option B (200mm x 200mm/Adapter Use)

**Attach monitor using monitor hardware, M-A, M-B, etc...**  
 Coloque la pantalla utilizando los materiales de instalación de la pantalla, M-A, M-B, etc...  
 Installer le moniteur avec les fixations de moniteur, M-A, M-B, etc...  
 Bringen Sie den Bildschirm mit den Bildschirm-Befestigungsteilen M-A, M-B usw. an.  
 Bevestig monitor via monitor hardware, M-A, M-B, enz...  
 Fissare il monitor utilizzando i componenti di montaggio, M-A, M-B, ecc...  
 Zamontuj monitor, używając narzędzi dołączonych do monitora, M-A, M-B, itp...  
 Pripevnite monitor pomocí k tomu určených dílů, M-A, M-B, apod.  
 Szerelje fel a monitort az M-A, M-B stb. monitorszerelvénnyel...  
 Τοποθετήστε την οθόνη με το υλικό οθόνης, M-A, M-B, κ.λπ...  
 Prender o monitor utilizando o equipamento do monitor, M-A, M-B, etc...  
 Pásæt skærm ved hjælp af skærm-hardware, M-A, M-B osv...  
 Kiinnitä näyttö käyttämällä näyttön osia, M-A, M-B jne.  
 Fäst bildskärm genom att använda bildskärms hårdvara, M-A, M-B, etc...  
 Ataşağı monitorul utilizând structura hardware pentru monitor, M-A, M-B etc...  
 Прикачете монитора, като използвате хардуер за монитор, M-A, M-B и др...  
 Kinnitage ekraan ekraani paigaldusosade abil, M-A, M-B jne...  
 Piestipriniet monitoru, izmantojot monitora detaļas, M-A, M-B utt.  
 Pritvirtinti monitorių naudojant monitoriaus aparatūrą, M-A, M-B ir t.t.  
 Pritrdite monitor s pomočjo kovinskih delov za monitor, M-A, M-B itd...  
 Pripevnite obrazovku pomocou na to určených dielov, M-A, M-B atd.  
 Прикрепите монитор с помощью крепежа для монитора, M-A, M-B, и т. д.  
 Monitor donanımı, M-A, M-B vb. kullanarak monitörü takın...  
 Fest skjermen med skjermdelene M-A, M-B etc...  
 باقارچلانا تامازلستسم مادختساب باقارچلانا طبريا، M-A، M-B، خا.  
 使用显示器硬件 M-A、M-B 等联接显示器  
 モニタハードウェア、M-A、M-Bなどを使って、モニタを取り付けます。

## A. Attach Adapters to Vertical Rails



## B. Attach Monitor



# Determine Mounting Height



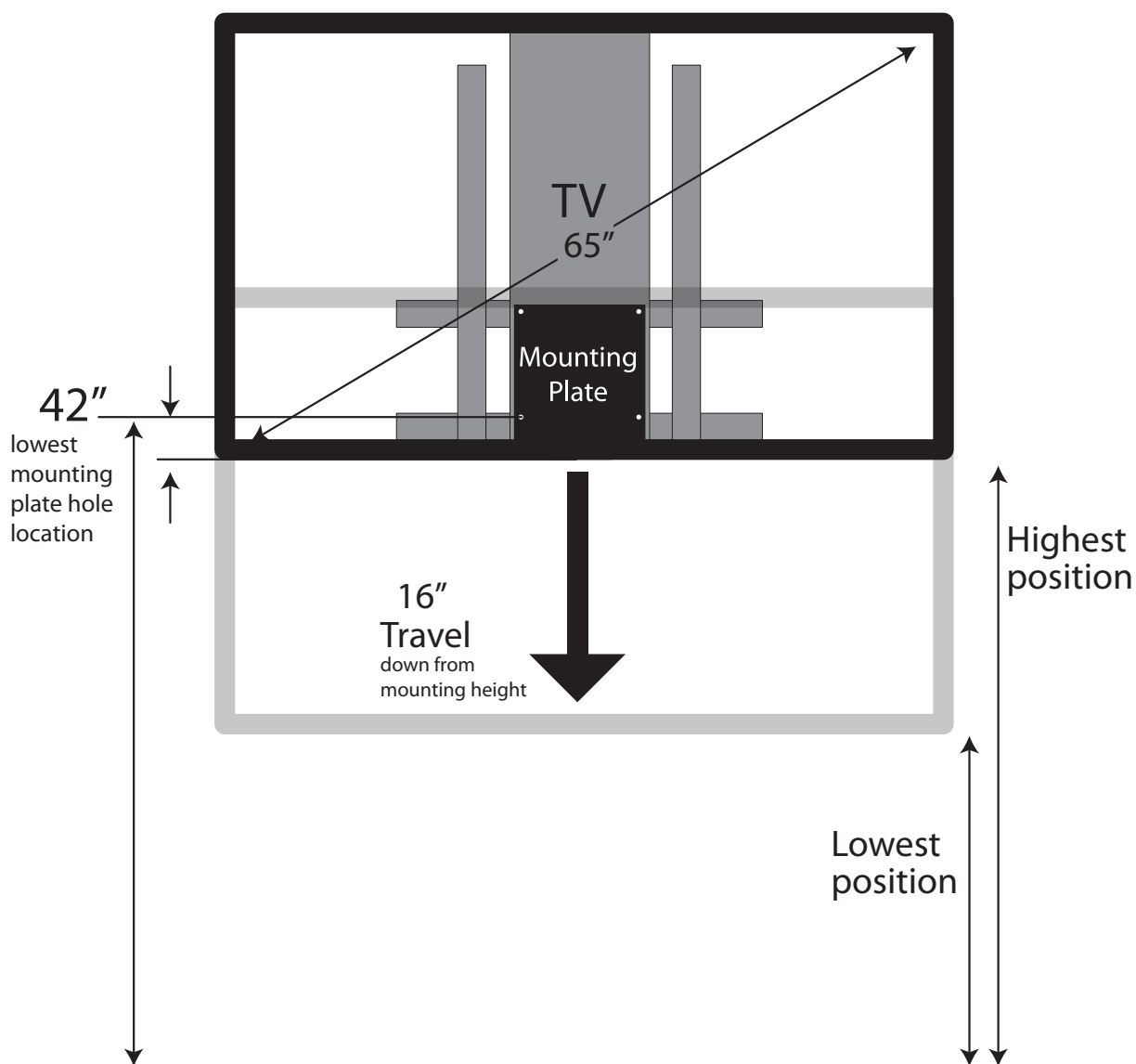
**CAUTION:** Before proceeding with this installation consult your TV product guide for manufacturer recommendations on choosing a mounting location that will ensure optimum TV performance. Location considerations might include: TV height and viewing angle - based on height and distance of seating, room dimensions and size of TV; access to power outlets; cable connections for speakers and other devices; protection from glare and heat, (windows, lamps, fireplace, air ducts) and vibration.

**Please take into account that this product is being installed in it's highest position. Your TV will only be able to be lowered from it's installed position.**

Due to the wide variety of flat screen televisions and interior design options, it is difficult to predict what your TV configuration will be. However, as a general guideline attach the mounting plate(bottom holes) 42" from floor for comfortable sit-stand viewing.

**EXAMPLE:** If mounting a 46" - 65" diagonal TV with centrally located VESA hole pattern, locate the lowest set of mounting plate holes 42" from floor.

You can modify the mounting height according to your TV size, VESA location and personal preference. For more information, please contact Ergotron Customer Care at 800-888-8458, [www.ergotron.com](http://www.ergotron.com)



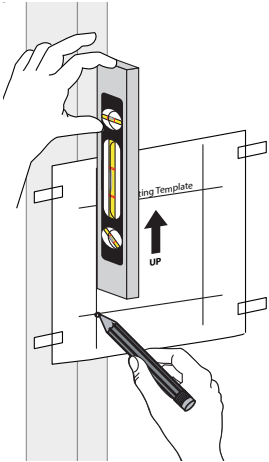
# Determine Mounting Height



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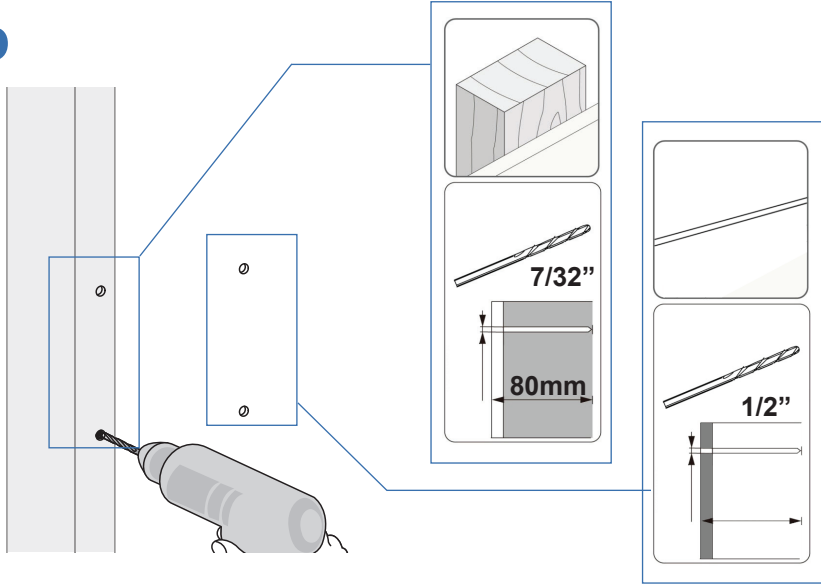
Drill 4 holes: 2 at stud and 2 at solid wall using appropriate bits.

**a**



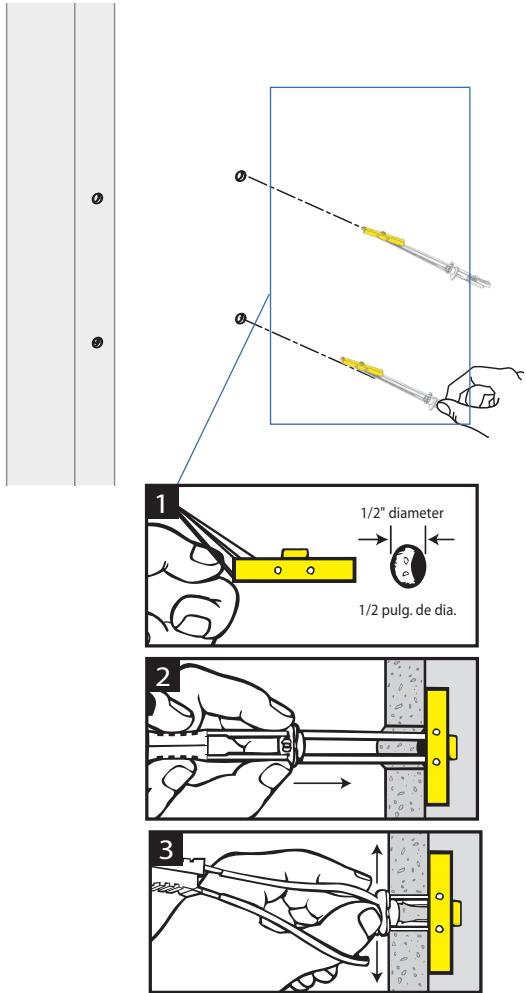
Place template on wall so that it covers at least one wood stud and mark the mounting holes with a pencil.

**b**



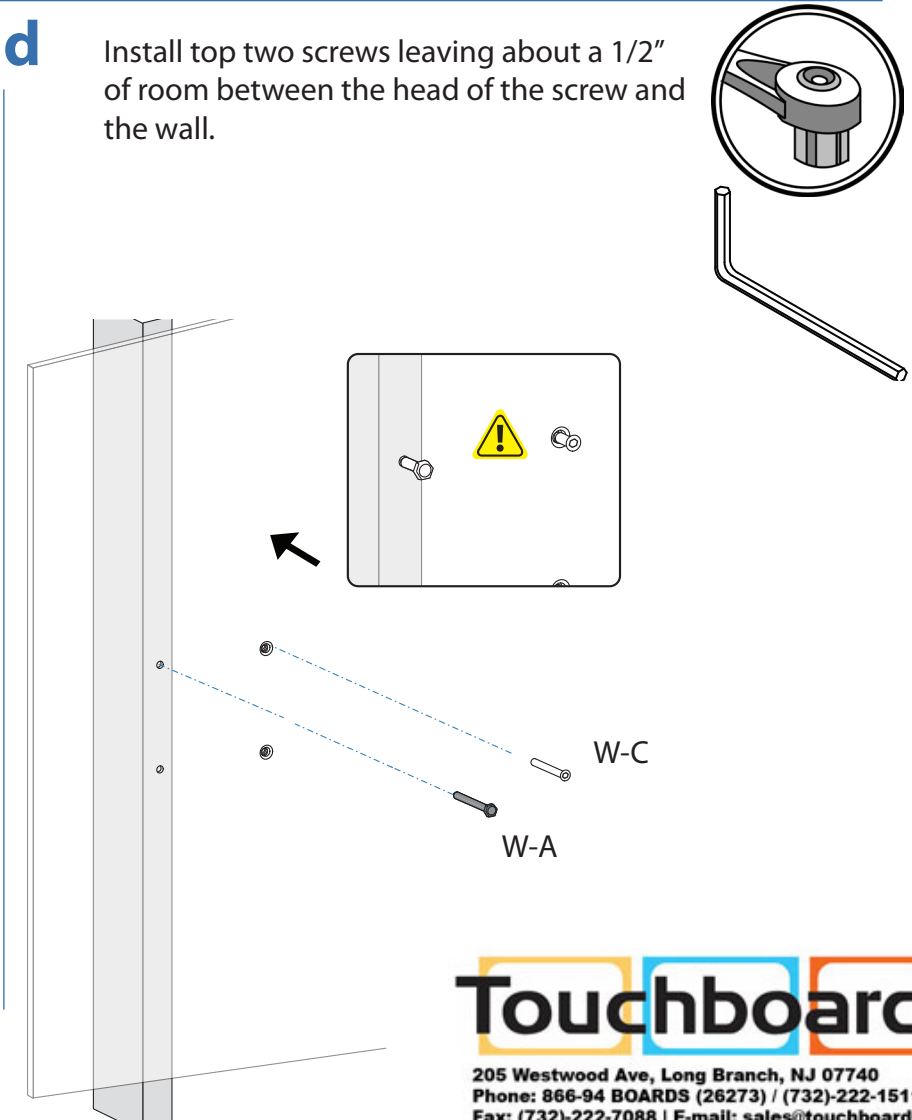
**c**

Insert wall anchors into wall (not wood stud).



**d**

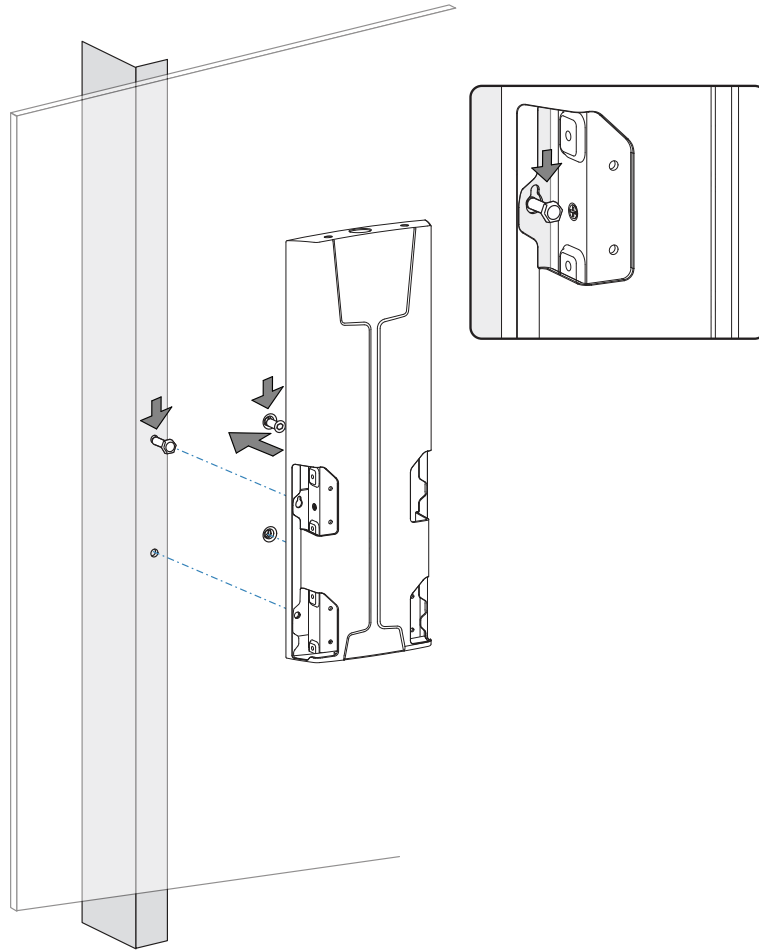
Install top two screws leaving about a 1/2" of room between the head of the screw and the wall.



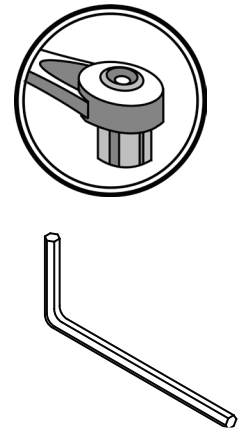
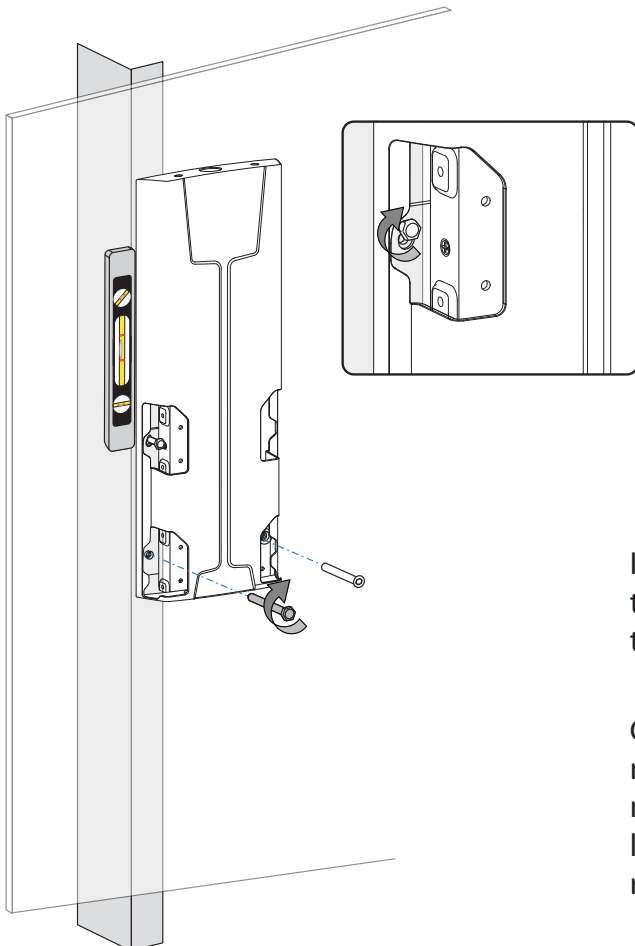
205 Westwood Ave, Long Branch, NJ 07740  
 Phone: 866-94 BOARDS (26273) / (732)-222-1511  
 Fax: (732)-222-7088 | E-mail: sales@touchboards.com

# Wood Stud Installation

**e** Using the wall plate keyholes, hang the lift assembly on the wall screws.



**f**



Install and tighten bottom two wall screws and securely tighten top screws. Be sure that the lift engine is level before tightening.

**DO NOT OVER TIGHTEN.** ⚠

**CAUTION:** When mounting to wood frame wall, one set of mounting holes must be located in the center of a wood stud no smaller than 2x4 inches (nominal). If in doubt, consult a local construction expert. Failure to heed this caution may result in equipment damage and personal injury

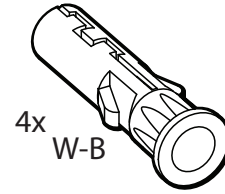
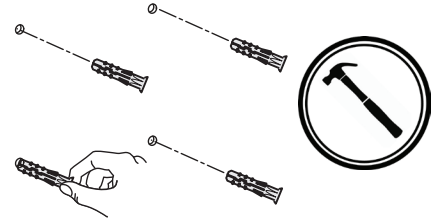


# Determine Mounting Height



CAUTION: Before proceeding with this installation consult your TV product guide for manufacturer recommendations on choosing a mounting location that will ensure optimum TV performance. Location considerations might include: TV height and viewing angle - based on height and distance of seating, room dimensions and size of TV; access to power outlets; cable connections for speakers and other devices; protection from glare and heat, (windows, lamps, fireplace, air ducts) and vibration. Please take into account that this product is being installed in it's highest position. Your TV will only be able to be lowered from it's installed position.

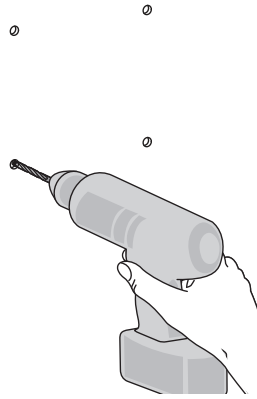
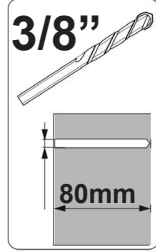
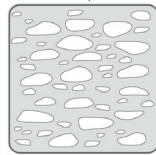
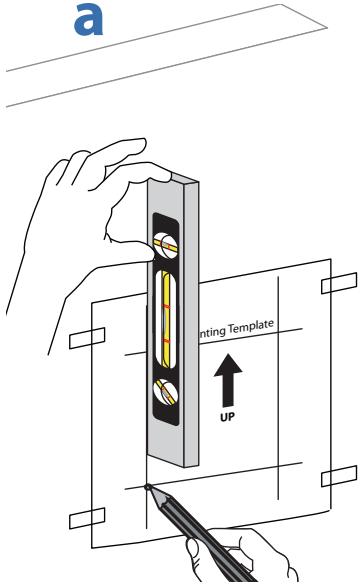
**C** Insert wall anchors into wall.



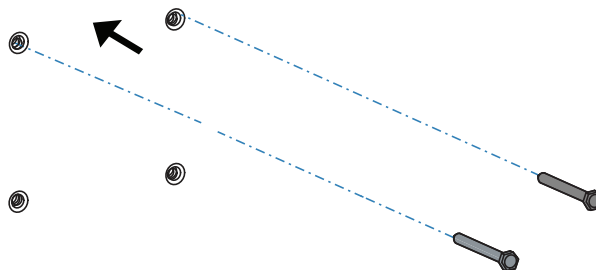
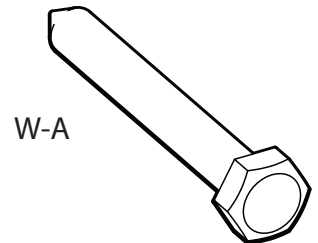
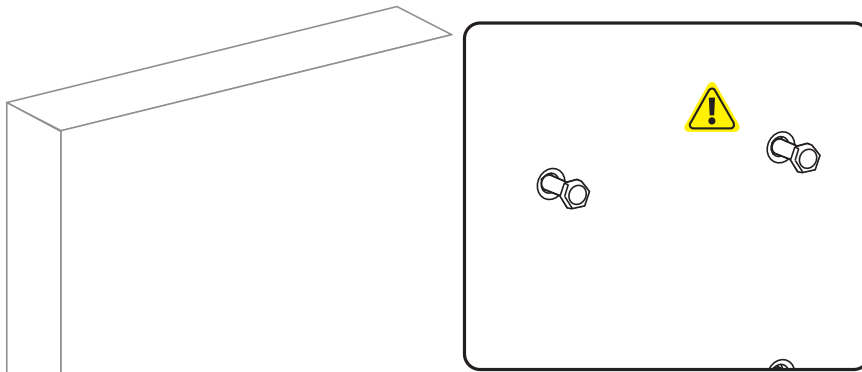
**a**

Place template on wall and mark the mounting holes with a pencil.

**b** Drill 4 holes.

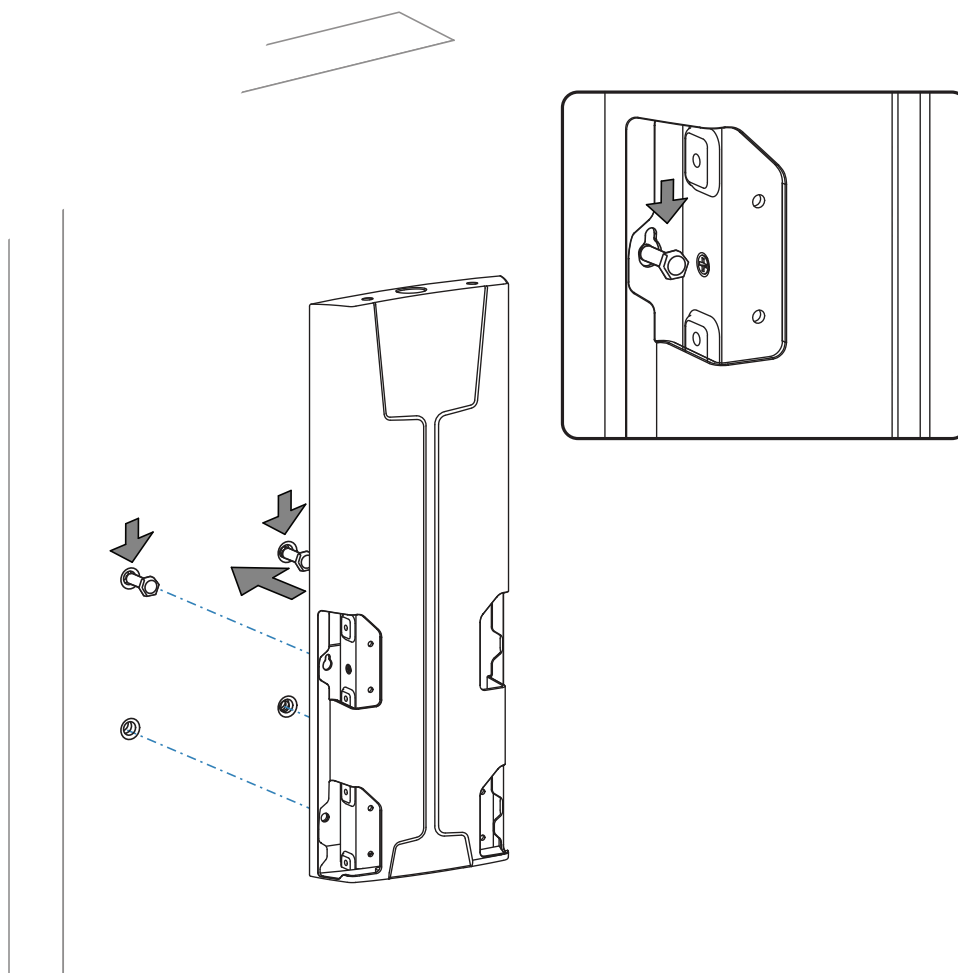


**d** Install top two screws leaving about a 1/2" of room between the head of the screw and the wall.

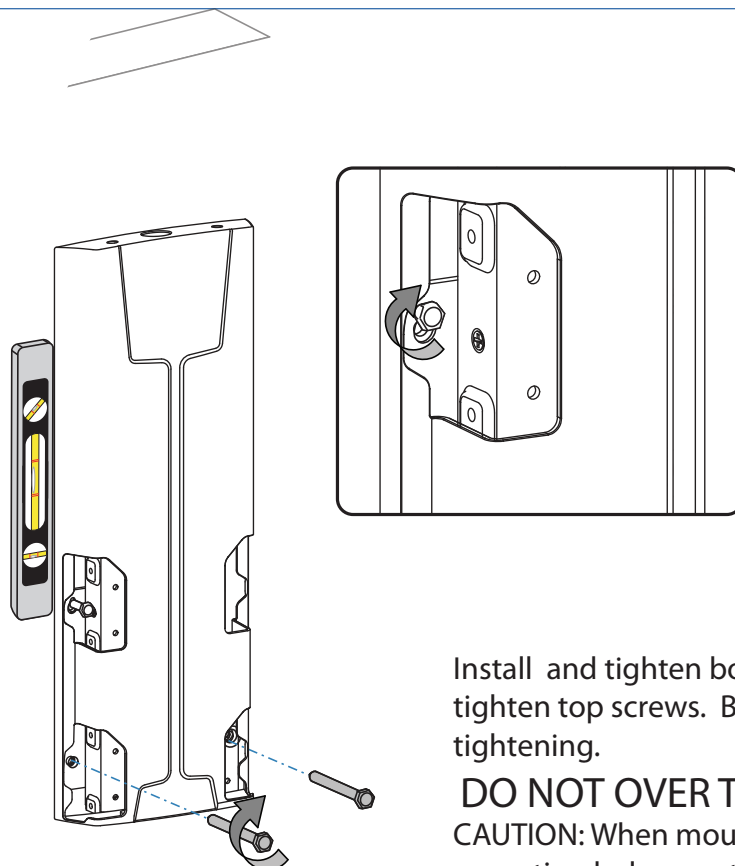


# Solid Wall Installation

- e** Using the wall plate keyholes, hang the lift assembly on the wall screws.



**f**

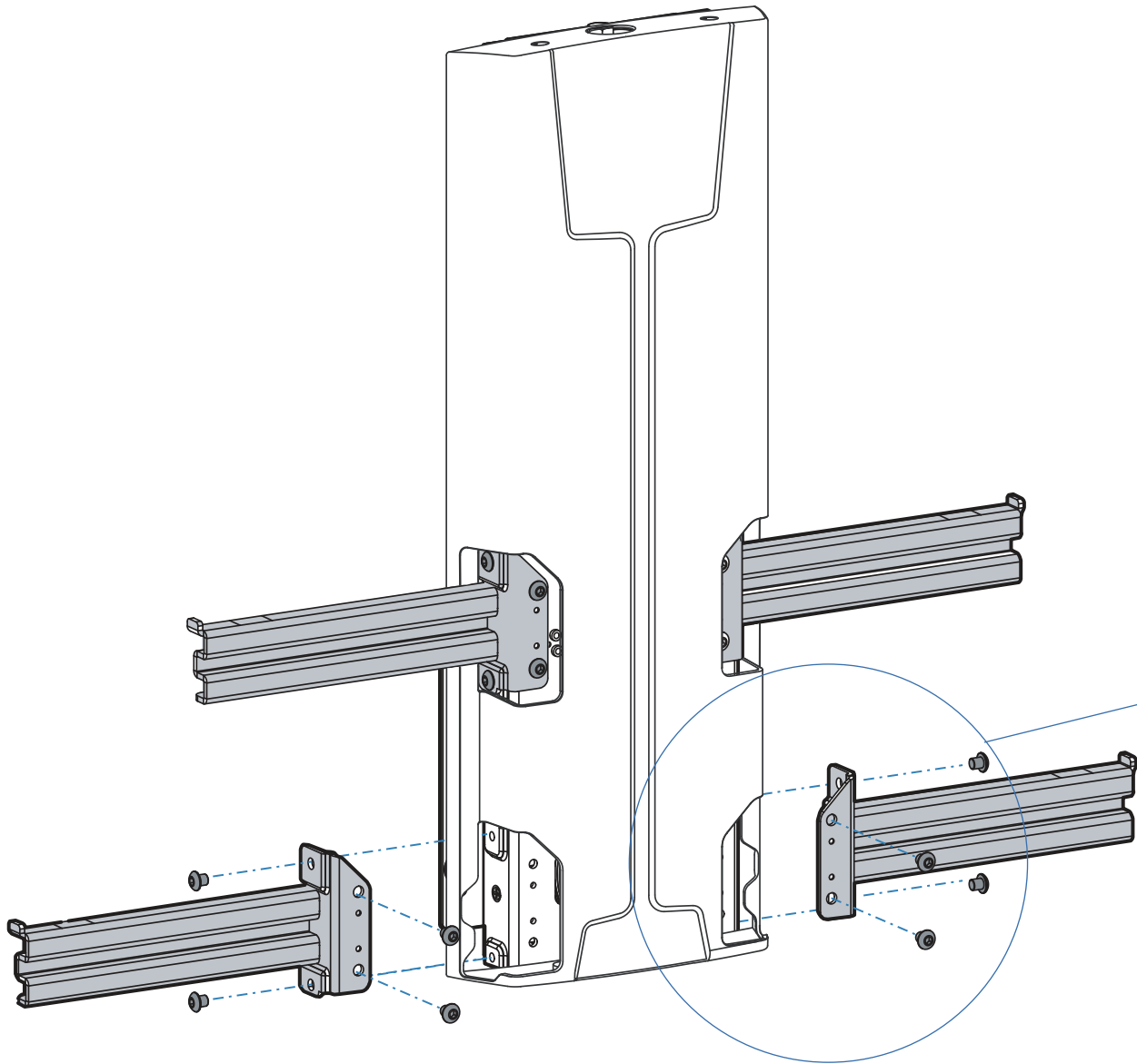
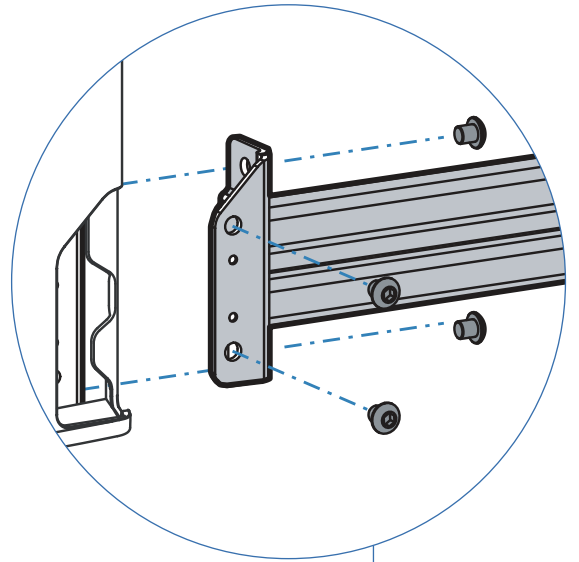
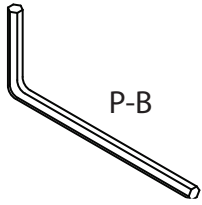


Install and tighten bottom two wall screws and securely tighten top screws. Be sure that the lift engine is level before tightening.

**DO NOT OVER TIGHTEN.** ⚠

**CAUTION:** When mounting to wood frame wall, one set of mounting holes must be located in the center of a wood stud no smaller than 2x4 inches (nominal). If in doubt, consult a local construction expert. Failure to heed this caution may result in equipment damage and personal injury

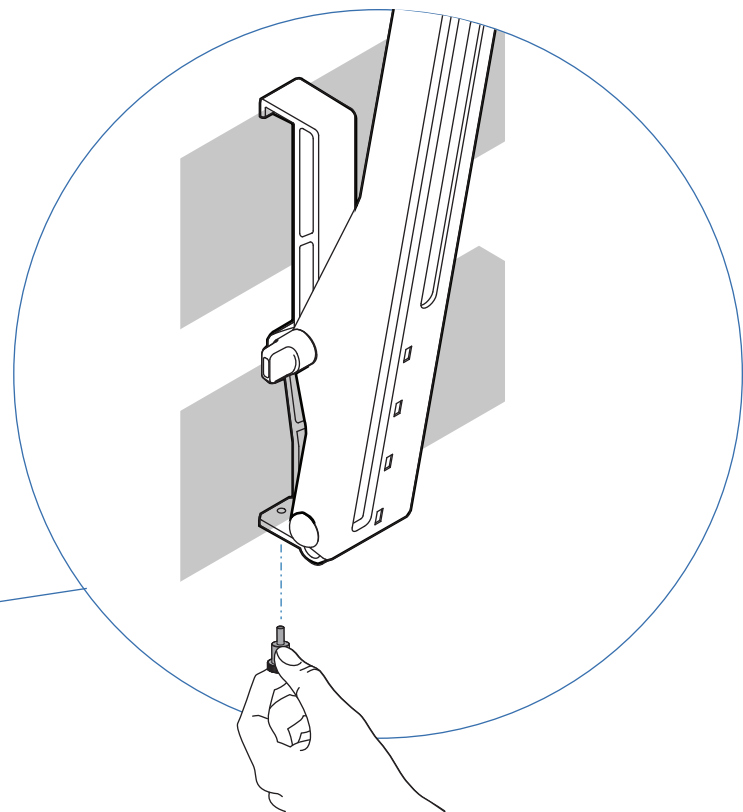
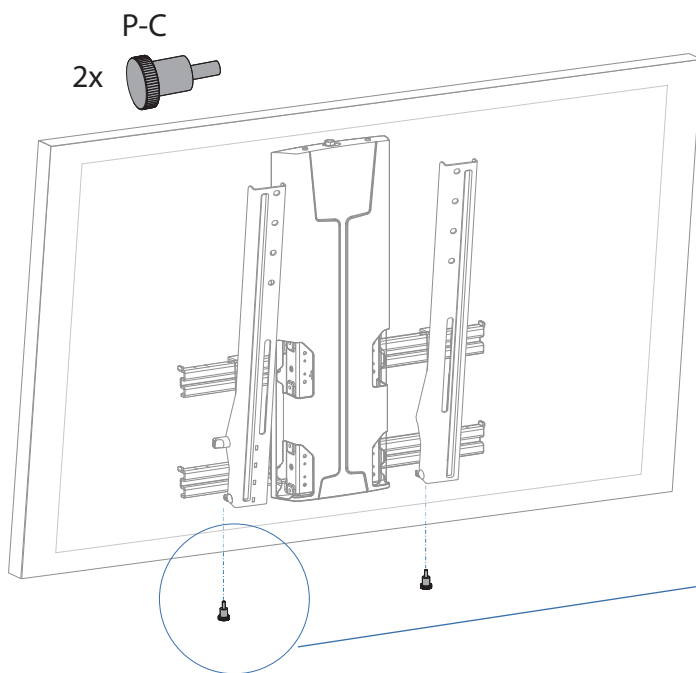
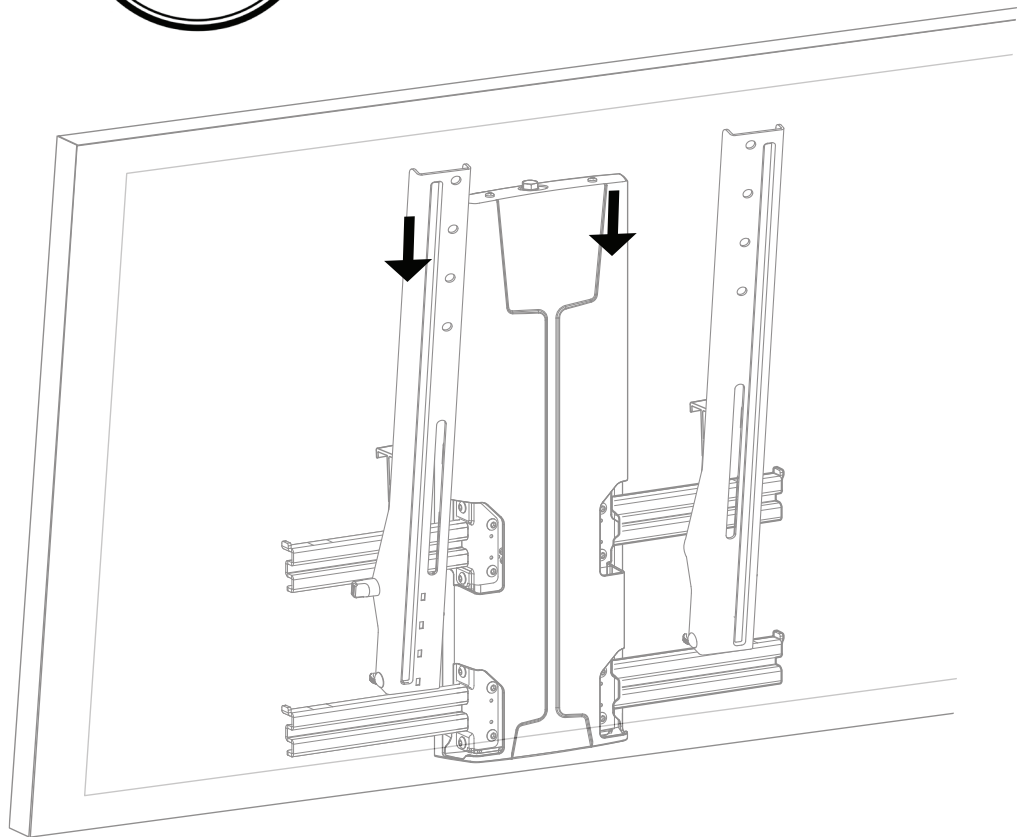
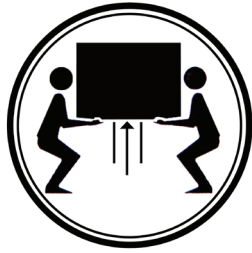
# Attach Rails to Lift Assembly



# Hang TV on the Lift Assembly

## Hang with monitor attached

Cuelgue con el monitor adherido.  
Accrochez avec le moniteur installé.  
Mit dem befestigten Monitor aufhängen.  
Hang op terwijl de monitor is bevestigd.  
Appendere con lo schermo attaccato.  
Powiesz z przymocowanym monitorem.  
Zavěste s připevněným monitorem.  
Függessze fel a monitorral együtt.  
Κρεμάστε με την οθόνη προσαρτημένη  
Suporte com monitor preso  
Hæng op med skærm påsat  
Ripusta näyttö kiinnitettynä  
Häng med bildskärm fastsatt  
Agāṭaṭi cu monitorul atașat  
Закачи с монитора прикрепен  
Riputage koos kinnitatud ekraaniga  
Piekārt ar pievienoto monitoru  
Pakabinti su pritvirtintu monitoriumi  
Obesite s pritvrjenim monitorjem  
Zaveste s pripevnenou obrazovkou.  
Навесъте с установленият монитор.  
Takılı monitörle asın  
Heng med skjermen festet  
اطوبيرم باقربملاو قويلعتلاب مق  
在显示器已联接的条件下悬挂  
モニタを取り付けた状態で掛けます。




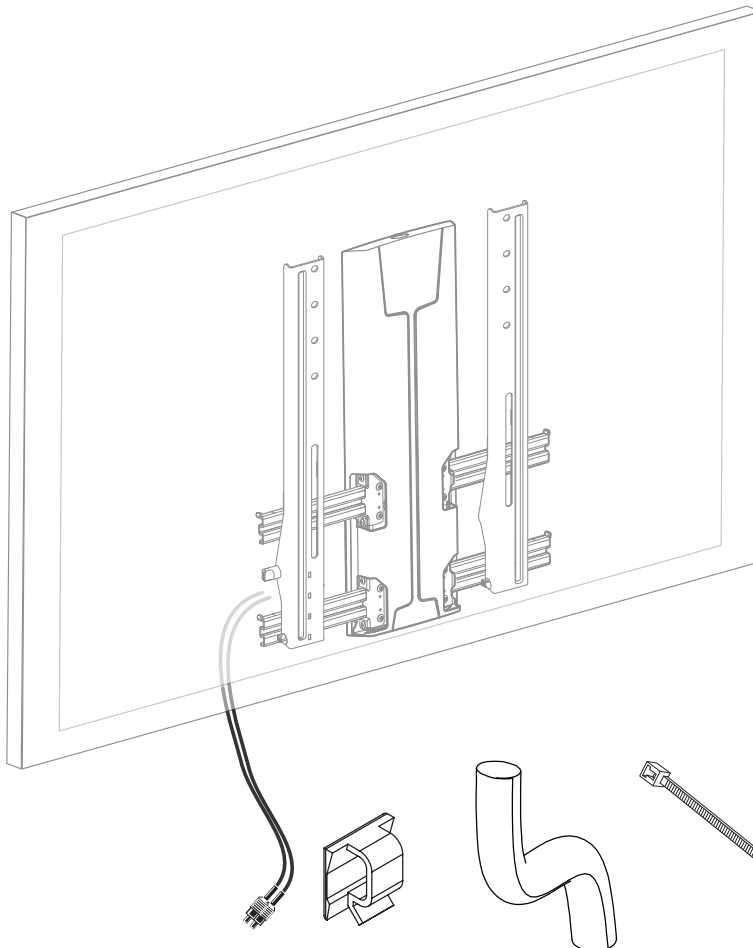
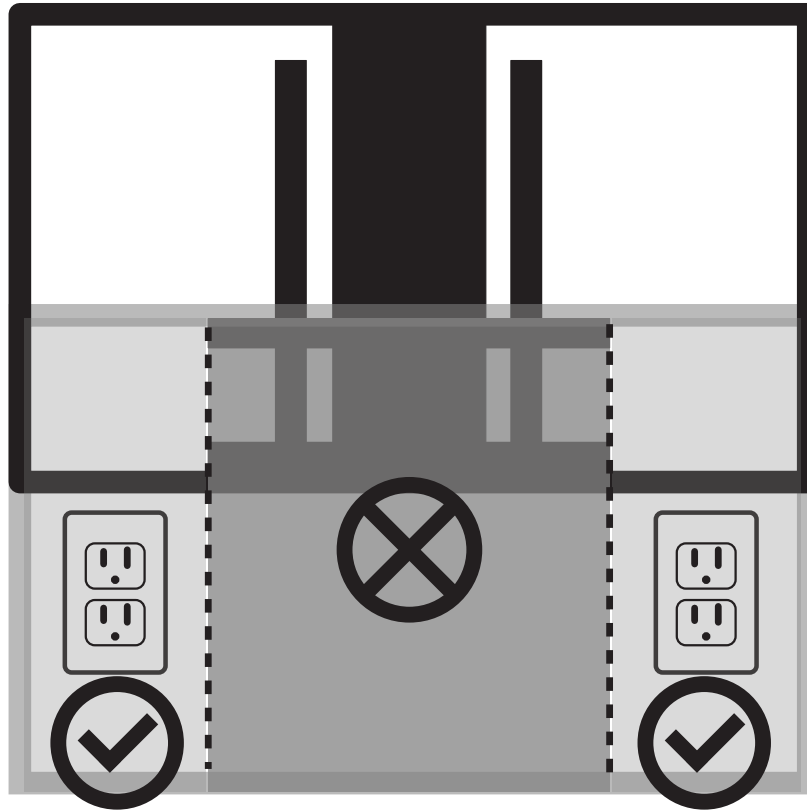
**NOTE:** For safe and proper installation be sure to install the locking screw as shown.

# Route Cables

## Route Cables

Tienda los cables  
Installez les câbles  
Verlegen Sie die Kabel  
Plaats de kabels  
Inserire i cavi  
Poprowadź kable  
Natáhněte kabely  
Vezesse el a kábeleket.  
Δρομολόγηση καλωδίων  
Dispor os cabos  
Føringskabler  
Reititää kaapelit  
Lägg kablar  
Direcționați cablurile  
Маршрутни кабели  
Suunake kaablid oma kohale  
Virzienu kabelji  
Kabelių išvedžiojimas  
Napeljava kablov  
Natiahnite káble  
Укладка кабелей  
Kabloları Düzenleyin  
Før kablene  
تالابكلا دي جوت  
布线  
ケーブルを配線します

 **CAUTION:** Risk of electrical shock. To ensure safe use of this product, install power outlets or supplies outside of the horizontal rails. Do not route electrical cords within the path of the horizontal rails. Use the below items to appropriately route your power, hdmi, and AV cables. Be aware of pinch points when routing cables. Failure to heed this caution may result in equipment damage or personal injury.







It is important that you adjust this product according to the weight of the mounted equipment as described in the following steps. Any time equipment is added or removed from this product, resulting in a change in the weight of the mounted load, you should repeat these adjustment steps to ensure safe and optimum operation. • Adjustments should move smoothly and easily through the full range of motion and stay where you set it. If adjustments are difficult and do not stay in the desired position, follow the instructions to loosen or tighten the tension to create a smooth, easy adjustment motion. Depending on your product and the adjustment, it may take several turns to notice a difference.

Es importante ajustar este producto conforme al peso del equipo montado, según se describe en los pasos siguientes. Cada vez que se agregue o quite equipo de este producto y cambie el peso de la carga montada, deberá repetir estos ajustes para garantizar un funcionamiento seguro y óptimo. • Los movimientos de ajuste deben poder realizarse de manera suave y firme dentro de la amplitud de movimiento permitida, y mantenerse donde usted los fije. Si los ajustes son abruptos o no permanecen en dicha posición, siga las instrucciones para aflojar o ajustar la tensión y suavizar así el movimiento. Dependiendo del producto y el ajuste, es posible que deba hacer varios intentos hasta poder observar la diferencia.

Il est important que vous fixiez ce produit par rapport au poids du matériel installé, comme l'indiquent les étapes suivantes. À chaque fois que vous ajoutez ou que vous retirez du matériel de ce produit, et que le poids du matériel change, répétez ces étapes d'ajustement pour garantir la sécurité et une utilisation optimale. • Les réglages doivent s'effectuer facilement et sans forcer dans toutes les positions et rester en place une fois réalisés. Si les réglages sont difficiles à effectuer et ne restent pas en position, suivez les instructions pour desserrer ou resserrer la tension afin que les mouvements soient plus aisés. Selon le produit que vous utilisez et le réglage, il faut parfois effectuer plusieurs tours de vis avant de remarquer une différence.

Es ist von Bedeutung, dass Sie dieses Produkt entsprechend dem Gewicht des installierten Geräts wie in den folgenden Schritten beschrieben anpassen. Wenn Zubehör von diesem Produkt entfernt oder dazu hinzugefügt wird, was zu einer Änderung der Last führt, sollten Sie diese Einstellungsschritte wiederholen, um einen sicheren und optimalen Betrieb zu gewährleisten. • Einstellungen sollten über den gesamten Verstellbereich gleichmäßig und leicht durchzuführen sein und an der eingestellten Position verbleiben. Lassen sich die Einstellungen nur schwer durchführen oder bleibt das Gerät nicht in der gewünschten Position, folgen Sie der Anleitung und lockern oder verstärken Sie die Spannung für eine gleichmäßige und leichte Einstellung. Je nach Produkt und Einstellung muss dies mehrmals wiederholt werden, um einen Unterschied zu merken.

Het is belangrijk dat u dit product aanpast volgens het gewicht van de gemonteerde apparatuur zoals beschreven staat in de volgende stappen. Telkens als er apparatuur toegevoegd wordt aan of verwijderd wordt van dit product, wat een verandering van het gewicht van de gemonteerde belasting tot gevolg heeft, moet u deze aanpassingsstappen herhalen om een veilige en optimale werking te garanderen. • Verplaatsingen moeten soepel en eenvoudig over het volle bewegingsbereik mogelijk zijn, en de ingestelde positie moet gehandhaafd blijven. Als aanpassingen moeilijk zijn en de gewenste positie blijft niet gehandhaafd, dan volgt u de instructies om de spanning te verminderen of vergroten om een soepele, eenvoudige aanpassing mogelijk te maken. Al naargelang uw product en de gewenste aanpassing, kunnen een paar slagen nodig zijn om verschil te merken.

È importante regolare questo prodotto in base al peso dell'attrezzatura montata, come descritto nella procedura seguente. Ogni volta che si aggiungono o si rimuovono componenti da questo prodotto, variando quindi il peso del carico fissato, ripetere questa procedura di regolazione per garantire il funzionamento ottimale e in sicurezza. • I componenti a posizione regolabile devono essere spostabili in modo regolare e agevolmente per la loro intera corsa e rimanere fermi quando li si rilasciano. Se risulta difficile regolare la posizione di un componente o questo non rimane nella posizione desiderata, seguire le istruzioni per ridurre o aumentare la tensione di bloccaggio affinché il movimento risulti agevole e facilmente regolabile. A seconda del prodotto e del tipo di regolazione, possono essere necessarie più corse prima di notare una differenza.

Det är viktigt att du justerar denna produkt enligt den monterade utrustningens vikt, som beskrivet i följande steg. När utrustning läggs till eller tas bort från denna produkt och vikten av den monterade belastningen förändras, bör du upprepa dessa justeringar för att säkerställa säker och optimal drift.

Justeringar ska röra sig smidigt och lätt genom hela uppsättningen rörelser, och stanna där du ställer in dem. Om justeringarna är besvärliga och inte stannar i önskad position, följ instruktionerna om att lossa på eller skruva åt skruvar för att skapa en smidig och lätt justeringsrörelse. Beroende på din produkt, och på justeringen, kan det ta flera varv innan man märker någon skillnad.

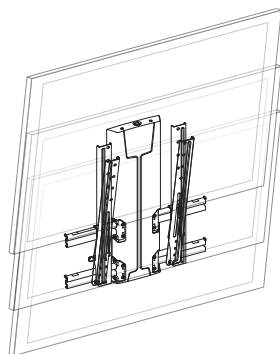
この製品は、取り付けた機器の重量に応じて次の手順で調整してください。この製品に機器を取り付けたり、取り外したりして重量が変わった場合は、安全かつ最適な操作を保証するために同じ手順をふたたび実行してください。

調整は可動域内でスムーズかつ簡単に動く必要があり、選定した位置にしっかりと固定されなければなりません。調整の動きがごちなく、選定位置で固定されない場合は、調整がスムーズにできるよう、説明書に従って張力を増減します。お使いの製品や調整によっては、違いがはっきりするまで何回か回さなければならないこともあります。

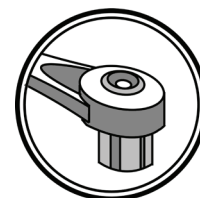
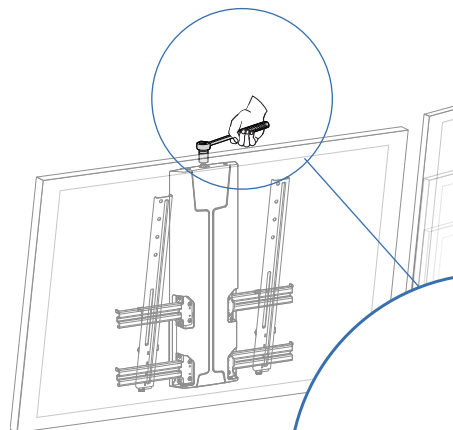
调节应当在整个动作范围内灵活自如，并能固定在所调整的位置。如果调节困难且不能固定在想要的位置上，请遵照说明书拧松或拧紧，使调节动作灵活自如。根据您所用产品及调节方式，可能需要旋转几圈后才能注意到差别。



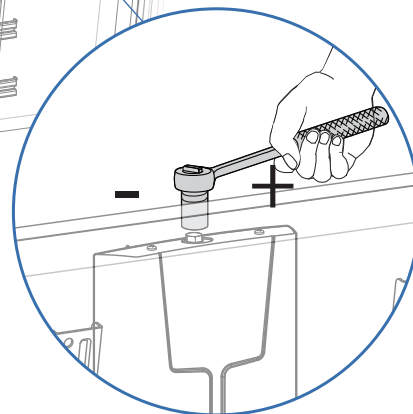
**Lift – Up and down**  
Elevación (arriba y abajo)  
Ajustement en hauteur : bas et haut  
Höhenverstellung – rauf und runter  
Verstel in hoogte – Omhoog en omlaag  
Sollevamento – Su e Giù  
Lyft – upp och ned  
リフト(上下)  
升降 (上下)  
높이 (위/아래로)



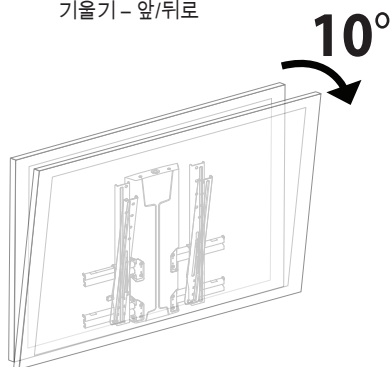
↑  
**16"**  
406 mm  
↓



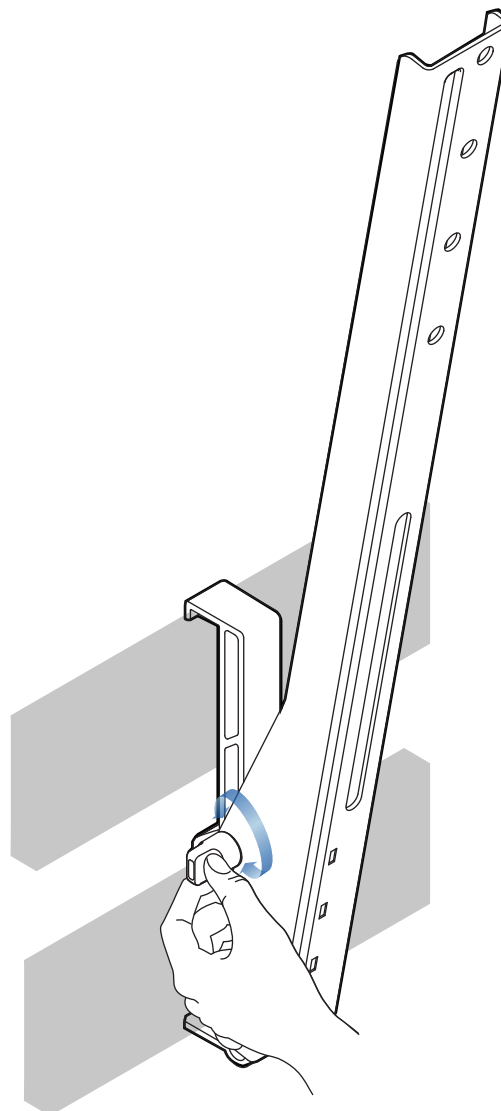
13 mm



**Tilt – Forward and Backward**  
Inclinación (adelante y atrás)  
Inclinaison : Avant et arrière  
Neigung – vor und zurück  
Kantel – Naar voren en naar achteren  
Inclinazione – Avanti ed Indietro  
Vinkla – framåt och bakåt  
チルト (前後)  
傾斜 (前後)  
기울기 – 앞/뒤로



10°



# Touchboards

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